

ALASKA LEGISLATURE COMMITTEE FILES 1995-1996 8672

8884 SENATE HEALTH EDUCATION & SOCIAL SERVICES

HCR

27

REPRESENTATIVE CON BUNDE
CO CHAIR HEALTH, EDUCATION
& SOCIAL SERVICES
VICE CHAIR RULES

**Alaska State Legislature
House of Representatives**

DURING SESSION:
STATE CAPITOL, ROOM 108
JUNEAU, ALASKA 99801-1182
T (907) 485-4843

DURING INTERIM
716 WEST 4th AVENUE
ANCHORAGE, ALASKA 99501-2133
T (907) 258-8108

MEMORANDUM

DATE: March 18, 1996

TO: Sen. Lyda Green
Chair Senate Health Education & Social Services Committee

FROM: Rep. Con Bunde
Co-Chair House HESS

RE: HCR 27

HCR 27 is in the Senate Health Education & Social Services Committee. This memo is to request a committee hearing as soon as you are able to schedule the resolution.

A packet of information regarding this legislation is attached. If you need further information please call Patti at ext. 6824.

Thank you for your cooperation.

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& SOCIAL SERVICES
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**SPONSOR STATEMENT
HCR 27**

The impetus for HCR 27 is an ongoing successful "Sugar Baby" project at Mears Junior High School in Anchorage. HCR 27 supports the use of the "Sugar Baby Project" in school districts throughout Alaska. The project will provide students the opportunity to experience some of the difficult responsibilities involved in being a parent.

A "Sugar Baby" is a 10 pound sack of sugar. Students must be responsible for the total care and protection of the "Sugar Baby" for five consecutive days. Students may not lose, break or drop the baby, and they may not cause the child to be taken away. It is the students responsibility to make sure that the baby is protected from hazardous situations at all times, and they must plan to include their baby in all activities, dates, and shopping sprees. The project rules also prohibit hiring a baby-sitter.

Establishing a positive, responsible, healthy approach to sexual behavior is critical for the prevention of adolescent sexual activity and the related problems of teen pregnancies, childbirth, and sexually transmitted diseases. Adolescent sexual activity has profound long-term economic and social costs. Alaska teens report an early onset of sexual activity. This premature sexual activity results in a high teen birth rate, and serious concerns about sexually transmitted diseases.

The "Sugar Baby" project will instill an understanding of parental responsibility in students. More importantly, students may learn responsible sexual conduct which is the key to reducing teen pregnancy and sexually transmitted diseases.

I urge your positive consideration of this resolution.

STATE OF ALASKA
1998 LEGISLATIVE SESSION

N^o 1
Bill Version: HCR 27
(H) Publish Date: 2/21/96

Revision Date: _____
Title: Relating to prevention of teenage pregnancy by implementation of the Sugar Baby project.
Sponsor: Representative Bunde
Requestor: House HESS

Department Affected: Legislative Affairs Agency
BRU: All
Component: All

COMPONENT SERIAL NO:

Expenditures/Revenues: (Thousands of Dollars)

OPERATING	FY 97	FY 98	FY 99	FY 00	FY 01	FY 02
PERSONAL SERVICES	0	0	0	0	0	0
TRAVEL	0	0	0	0	0	0
CONTRACTUAL	0	0	0	0	0	0
SUPPLIES	0	0	0	0	0	0
EQUIPMENT	0	0	0	0	0	0
LAND & STRUCTURES						
GRANTS, CLAIMS						
MISCELLANEOUS						
TOTAL OPERATING	0	0	0	0	0	0

CAPITAL	0	0	0	0	0	0
---------	---	---	---	---	---	---

REVENUE FUND SOURCE	0	0	0	0	0	0
---------------------	---	---	---	---	---	---

FUNDING: (Thousands of Dollars)

GENERAL FUND	0	0	0	0	0	0
FEDERAL FUNDS						
OTHER FUND SOURCE						
TOTAL	0	0	0	0	0	0

POSITIONS:

FULL-TIME	0	0	0	0	0	0
PART-TIME	0	0	0	0	0	0
TEMPORARY	0	0	0	0	0	0

Estimate of current year impact: _____

ANALYSIS: (Attach a separate page if necessary)

Zero fiscal impact to Legislative Affairs Agency

Prepared By: Karla Schofield, Deputy Director *Karla Schofield* Phone: 465-3852
Division: Administrative Services Date: 2/16/96

Approved By: Pamela A. Varni, Executive Director *Pamela Varni*
Agency: Legislative Affairs Agency Date: 2/16/96

Distribution (by preparer): Leg. Finance, Legislative Sponsor, Requestor, CME, Gov. , & Impacted Agency(ies).

COMMITTEE COPY

Health Class
Mears Junior High School

“Sugar Baby” Project



Cost Analysis

Directions Now is the time to budget for expenses, so here is a list of items that you will have to "purchase". You may use a current home catalog, newspaper, etc. for as many "purchases" as possible. Some items may require you to "shop" in our area. Find a price for every item listed.

I: Clothing:

Baby clothes come in sizes "newborn, 3 months, 6 months, 9 months, 12 months, 18 months, and 24 months. Assume your child will outgrow three sets of sizes its first year of life.

ITEM	COST	TOTAL COST/YEAR
bootie socks (6 pairs)	\$	X3 \$
shoes (1 pair)	\$	X3 \$
play shirts (6 pairs)	\$	X3 \$
pants (6)	\$	X3 \$
overalls (2)	\$	X3 \$
sweaters (2)	\$	X3 \$
coats (1)	\$	X3 \$
dresses (3- girls only)	\$	X3 \$
swimsuit (1)	\$	X3 \$
shorts (3)	\$	X3 \$
sunwits (3)	\$	X3 \$
pajamas (4)	\$	X3 \$
undershirts (6)	\$	X3 \$
light jacket (1)	\$	X3 \$
bibs (3)	\$	X3 \$
	TOTAL:	\$

Name: _____

Date: _____

Period: _____

JOURNAL

Day 1 _____

Day 2 _____

Day 3 _____

Day 4 _____

Day 5 _____

Health Class
Mears Junior High School

"Sugar Baby" Project



1507
1150
Excellent Project

THE FOLLOWING PAGES MAY
NOT FILM LEGIBLY BECAUSE OF
THE POOR QUALITY OF THE ORIGINAL

Name: _____
Date: 1-6-00
Period: 2: +

JOURNAL

Thursday

Day 1 It was a very long day. You could see it in the way he carried it with him.

Friday

Day 2 The weather was terrible. It was hard to take a walk. I guess I was a bit out of shape.

Saturday

Day 3 We went to a nice movie. Lugging it around was a bit of a pain. I'm getting a bit out of shape.

Sunday

Day 4 Had to chop up the food. It was a bit of a pain. I was a bit out of shape.

Day 5 Had to carry it around the mall. Could barely keep up w/ friends while carry it when they were walking.

Cost Analysis

Directions Now is the time to budget for expenses, so here is a list of items that you will have to "purchase". You may use a current home catalog, newspaper, etc. for as many "purchases" as possible. Some items may require you to "shop" in our area. Find a price for every item listed.

I: Clothing:

Baby clothes come in sizes "newborn, 3 months, 6 months, 9 months, 12 months, 18 months, and 24 months. Assume your child will outgrow three sets of sizes its first year of life.

ITEM	COST	TOTAL COST/YEAR
bootie socks (6 pairs)	\$ 11.94 X3	\$ 35.82
shoes (1 pair)	\$ 12.00 X3	\$ 36.00
play shirts (6 pairs)	\$ 10.75 X3	\$ 32.25
pants (6)	\$ X3	\$
overalls (2)	\$ X3	\$
sweaters (2)	\$ 27.00 X3	\$ 81.00
coats (1)	\$ X3	\$
dresses (3- girls only)	\$ 72.00 X3	\$ 216.00
swimsuit (1)	\$ 12.00 X3	\$ 36.00
shorts (3)	\$ 15.00 X3	\$ 45.00
sun suits (3)	\$ 24.78 X3	\$ 74.34
pajamas (4)	\$ 33.96 X3	\$ 101.88
undershirts (6)	\$ 23.97 X3	\$ 71.91
light jacket (1)	\$ 36.00 X3	\$ 108.00
bibs (3)	\$ 9.00 X3	\$ 27.00
TOTAL:		\$ 1000.93

Food and Formula

III: Formula

- 1) You are to choose one of three choices powdered, concentrate, or ready mix
- 2) Your baby will drink 24 oz of formula per day
- 3) To calculate how much formula the baby will drink in one month

$$24 \text{ oz} \times 30 \text{ days} = \underline{720} \text{ oz per month}$$

- 4) To calculate how much formula the baby will drink in one year

$$= \text{oz per month} \times 12 \text{ months} = \underline{8640} \text{ oz per year}$$

- 5) Now write down your formula choice

A Formula chosen 1 can

B How many oz per can? 48 oz

C What is the cost per can? 7.99

- 6) How many cans of the formula will you purchase for the year?

A Ready mix formulas are not diluted (open and pour) so 8 oz. = 8 oz.

B Concentrate formula is like canned soup 8 oz = 16 oz when mixed with an equal amount of water

C Powdered formula is like powdered milk; a certain number of oz of powder is mixed with water to make formula

D How many oz of formula will your canned formula convert to when you are ready

to use it? (Read the label) _____

- E Now divide the number of oz your "ready to use" formula makes into the total number of oz needed for the year

$$\text{oz per year } \underline{8640} \text{ divided by oz per can } \underline{48 \text{ oz}} = \underline{180}$$

The final figure is the number of cans of formula you will need to purchase for the entire year.

"I will need to purchase 180 cans of formula for one year."

\$1,438.20 per year

20

V. Other Expenses:

A		Medical Costs (Birth)	
1	Doctor (Pre and Post-natal Care)	\$ 5,000	
2	Hospital	\$ 5,000	
3	Complications (C-Section)	\$ 5,000	
4	Well-child Checkups and Vaccinations	\$ 5,000	
B		Housing Costs	
1	Average Rent	\$ _____	per yr
2	Utilities		
	Gas	\$ _____	per yr
	Electricity	\$ _____	per yr
	Garbage	\$ _____	per yr
	Water and Sewer	\$ _____	per yr
3	Approximate Phone Bill	\$ _____	per yr
4	Cable Television	\$ _____	per yr
C		Transportation	
1	Car Payment	\$ _____	per yr
2	Gasoline	\$ _____	per yr
3	Car repairs	\$ _____	per yr
4	License and Insurance	\$ _____	per yr

First Year Total Baby Expenditures:

I.	Child's Clothing:	\$ 1060.83
II.	Nursery:	\$ 5,580.05
III/IV.	Food/Formula:	\$ 1,537.68
V.	Other:	\$ 29,590.52

Cost that I may incur if I should become a parent: TOTAL: \$ 34,269.08

20

Final Student Response

My child is a

BOY

GIRL

My child's name is

Sophie

Did you enjoy your assignment most of the time?

YES NO

Why or why not?

It felt like I was really taking care of a baby.

List any activities you had to give up in order to take care of your baby.

I had to give up some of my free time.

How did being a parent change your life style?

It changed some of my habits. I have to be more responsible.

Do you think your experience would have been different if you had been married, rather than a single parent?

yes

Explain your answer.

You would have more support from a spouse.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

It's a great feeling to take care of someone.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would be harder because they all need attention.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES NO

Explain:

Of course it did. I know how much a baby needs! I think I will be a great parent!

Final Student Response

My child is a

BOY

GIRL

18/20

My child's name is

~~scribble~~

Did you enjoy your assignment most of the time? YES

NO

Why or why not?

It was a pain taking it ~~in~~ where ever you go

List any activities you had to give up in order to take care of your baby

None

How did being a parent change your life style?

~~about~~ made more difficult to get around

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer:

then the responsibilities could have been split

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

I don't know can't get treated like a kid sugar? you're a kid - what do you bring to your family?

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

it would have been more restricting have to plan more

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself? YES

NO X

Explain:

I think you should still have children but only after marriage

scribble

Final Student Response

My child is a

BOY

GIRL

Period 1

My child's name is

Lorenz Sciliccia

18/20

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

I don't know I just did kinda hard to explain

List any activities you had to give up in order to take care of your baby

going to the movies

How did being a parent change your life style?

at me

everyone kept staring at me

Do you think your experience would have been different if you had been married rather than a single parent?

married

Explain your answer:

because when you can

take turns

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

having beautiful child

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

don't know

really?

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- shyness
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

?

Final Student Response

1-6-95 152 Hours

My child is a

BOY

GIRL

My child's name is

Hubert

18/20

Did you enjoy your assignment most of the time?

YES

NO X

Why or why not?

Because it was a pain carrying that bag or "baby" around all the time.

List any activities you had to give up in order to take care of your baby:

none

How did being a parent change your life style?

It tired me out and made my arm hurt

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

because I would let my wife carry my baby and take care of it most of the time. good luck

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

I don't think there are none.

what do you bring to your family?

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would of been harder.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

overwhelmed
maternal instinct
resentfulness
trapped X
happiness
love

contentment X
possessiveness X
excitement
smothered
anger X
pride

defensiveness X
fulfillment
joy
sadness X
fear
frustration X

Has this assignment affected your attitude toward being a parent yourself?

YES X

NO

Explain:

I am not going to have (until) I am a happy old man in a retirement home again. good luck

Final Student Response

My child is a

BOY

GIRL

My child's name is

Pubert

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

It was a pain carrying it around all the time

List any activities you had to give up in order to take care of your baby

I couldn't go to a bowling league why?

How did being a parent change your life style?

I didn't get to do as many things

Do you think your experience would have been different if you had been married, rather than a single parent?

yes

Explain your answer:

you could share the responsibility

You experienced some of the restrictions of being a parent

What do you think are some of the rewards of parenting?

none, it was all a big pain in the butt. What do you bring to your family?

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would have been harder

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered
- anger _____
- pride _____
- defensiveness
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO _____

Explain:

having a kid is a pain because it is heavy the burdens that when it is desired + loved

Final Student Response

My child is a

BOY

GIRL

My child's name is

Jake

Did you enjoy your assignment most of the time?

YES

NO X

Why or why not? BECAUSE IT WAS SOMETHING THAT YOU HAD TO CARRY AROUND WHEREVER YOU WENT, AND IT WAS TRING

List any activities you had to give up in order to take care of your baby GOING ICE SKATING WITH FRIENDS

How did being a parent change your life style? I GOT TO DO LESS AND LESS ACTIVITIES WITH MY FRIENDS.

Do you think your experience would have been different if you had been married rather than a single parent?

NO

Explain your answer BECAUSE YOU COULD HAVE SHARED THE RESPONSIBILITIES WITH YOUR PARTNER

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

WHEN IT GROWS OLDER IT IS ALWAYS THERE FOR YOU LOPEFULLY

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

IT WOULD HAVE BEEN HARDER BECAUSE YOU WOULD HAVE HAD TO WATCH OVER 2 OR 3 NOT JUST ONLY ONE

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed X
- maternal instinct _____
- resentfulness _____
- trapped X
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered _____
- anger _____
- pride _____
- defensiveness X
- fulfillment _____
- joy _____
- widness _____
- fear _____
- frustration X

Has this assignment affected your attitude toward being a parent yourself?

YES X

NO _____

Explain: IT HAS SHOWN ME HOW HARD IT IS, AND THAT IT IS BEST TO WAIT UNTIL YOUR OLDER

JUST WISHES

Final Student Response

My child is a

BOY

GIRL

My child's name is

Iron Mike : great name!

Did you enjoy your assignment most of the time? YES

10.1 ✓

Why or why not

because he is heavy

List any activities you had to give up in order to take care of your baby

Have watching the

the championship (why?)

How did being a parent change your life with

It changed my sleeping

pattern (why?)

Do you think your experience would have been different if you had been married, rather than a single parent?

yes

Explain your answer

because 2 people would have the responsibility

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

to love your child & raise him

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would take 3 times the energy

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped
- happiness _____
- love _____
- commitment _____
- possessiveness _____
- excitement _____
- sorrowful _____
- jealous _____
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration _____

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain

It takes more energy than you think it
gen

Final Student Response

My child is a

BOY

GIRL

My child's name is

Cassey-Batista

Did you enjoy your assignment most of the time?

YES X

NO

Why or why not?

I love my cabbage patch, so I
am carrying it.

List any activities you had to give up in order to take care of your baby

I would've
had to give up bowling, but my

How did being a parent change your life style?

I didn't have much
free hands!

mom
watched?
!!

Do you think your experience would have been different if you had been married, rather than a single parent?

YES

Explain your answer

because i wouldn't be the only
one taking care of it.

You experienced some of the restrictions of being a parent

What do you think are some of the rewards of parenting?

I don't know yet
what do you bring
to your family?

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

O - god - i would die, its
hard caring for one

Put a check by any of the emotions that, as a "parent", you felt during this five day period.

overwhelmed

contentment

defensiveness

maternal instinct

possessiveness

fulfillment

resentfulness

excitement

joy

trapped

smothered

wedness

happiness

anger

fear

love

pride

frustration

Has this assignment affected your attitude toward being a parent yourself?

YES X

NO

Explain:

I'm now definitely waiting to
have one
best wishes

Final Student Response

My child is a

BOY

GIRL

My child's name is

Suzior

Carrot

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

cause it was hard to do

List any activities you had to give up in order to take care of your baby

Swimming,

going to the mall, movies (most were still options)

How did being a parent change your life style?

It made my weekends boring

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

then there are 2 people and not just one so there are more people to care for it

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

love and discipline when they older

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

you would need more energy

Put a check by any of the emotions that as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness
- trapped
- happiness _____
- love _____
- commitment _____
- possessiveness _____
- excitement _____
- smothered _____
- anger _____
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration _____

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

I already knew it and I don't know if it will affect my attitude

Final Student Response

My child is a

BOY

GIRL

My child's name is

SNOOP

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

It was too really just beginning

List any activities you had to give up in order to take care of your baby

none

How did being a parent change your life style?

It changed my sleeping pattern (how?)

Do you think your experience would have been different if you had been married, rather than a single parent?

yes

Explain your answer

cause we would have been able to take turns watching i.M.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

to see your child

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

more energy

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- | | | |
|---|---|--|
| overwhelmed <input type="checkbox"/> | contentment <input type="checkbox"/> | defensiveness <input type="checkbox"/> |
| maternal instinct <input type="checkbox"/> | possessiveness <input type="checkbox"/> | fulfillment <input type="checkbox"/> |
| resentfulness <input type="checkbox"/> | excitement <input type="checkbox"/> | joy <input type="checkbox"/> |
| trapped <input checked="" type="checkbox"/> | smothered <input type="checkbox"/> | sadness <input type="checkbox"/> |
| happiness <input type="checkbox"/> | anger <input type="checkbox"/> | fear <input type="checkbox"/> |
| love <input type="checkbox"/> | pride <input type="checkbox"/> | frustration <input type="checkbox"/> |

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain

more than you think. more a life!

Final Student Response

My child is a BOY GIRL
My child's name is Claudia Wice

Did you enjoy your assignment most of the time? YES ✓ NO

Why or why not? I thought it is interesting as

I thought I could take some responsibility

things we
List any activities you had to give up in order to take care of your baby I couldnt

do much of anything over the

weekend, except stuff I had to do.

How did being a parent change your life style? we decided not to become

a parent (and is a great parent some day)

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes
Explain your answer You would have double - hopefully

the income and you'd have help.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting? There isn't any rewards.

You give everything to them

and get nothing in return (at first - sort of)

How do you think your experience would have differed if you had been a parent to other children in addition to your baby? It would be harder

to care for two.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- | | | |
|------------------------------|---------------------------|--------------------------|
| overwhelmed <u> </u> | contentment <u>X</u> | defensiveness <u> </u> |
| maternal instinct <u> </u> | possessiveness <u> </u> | fulfillment <u> </u> |
| resentfulness <u> </u> | excitement <u> </u> | joy <u> </u> |
| trapped <u>X</u> | smothered <u> </u> | sadness <u> </u> |
| happiness <u> </u> | anger <u>X</u> | fear <u> </u> |
| love <u> </u> | pride <u> </u> | frustration <u>X</u> |

Has this assignment affected your attitude toward being a parent yourself? YES X NO

Explain: Ohm my girl going to

have kids. you don't get

nothing out of it. two much

... .. "much" thing

Final Student Response

My child is a

BOY

GIRL

My child's name is

Michael Jr

Did you enjoy your assignment most of the time?

YES

NO ✓

Why or why not?

Because it was easy

List any activities you had to give up in order to take care of your baby

none

How did being a parent change your life style?

You had to focus

mostly on the baby

Do you think your experience would have been different if you had been married rather than a single parent?

yes

Explain your answer

You would be hard help

see you get it

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

You have a child to support

when you get old maybe
will you be supporting your parents? to be changing

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

Your life would be even more hectic and focused on the children

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- contentment _____
- defensiveness _____
- maternal instinct _____
- possessiveness _____
- fulfillment _____
- resentfulness _____
- excitement _____
- joy _____
- trapped _____
- smothered _____
- sadness _____
- happiness _____
- anger _____
- fear _____
- love _____
- pride _____
- frustration ✓

Has this assignment affected your attitude toward being a parent yourself?

YES ✓

NO

Explain:

I found it to expensive

Final Student Response

My child is a

BOY

GIRL

My child's name is

Alexander

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

it's a good thing to start now
and not learn how later.

List any activities you had to give up in order to take care of your baby

SNOW boarding

How did being a parent change your life style?

It seemed I became more
mature but?

Do you think your experience would have been different if you had been married rather than a single parent?

No

Explain your answer

Because you have two people to
take care of the baby then one person

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

having a wonderful family
you

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

There'd be easier for the baby, I would already
know how to parent a baby for the first one

Put a check by any of the emotions that, as a "parent", you felt during this five day period.

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

to my self I feel I could
probably have more responsibility, great!

Final Student Response

My child is a

BOY

GIRL

My child's name is

Charley

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

Because this was the way I did it

List any activities you had to give up in order to take care of your baby

Boyscouts

How did being a parent change your life style?

I + admit

Do you think your experience would have been different if you had been married rather than a single parent?

yes

Because I could have had a partner to help with the baby.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

the love, larger family tree, etc!

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would have been harder especially at school.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

Because now I now to wait till I get it of her to have hold on.

Final Student Response

My child is a

BOY

GIRL

My child's name is

Kaylea

Did you enjoy your assignment most of the time?

YES

NO X

Why or why not?

because it was a little

I like to be free

List any activities you had to give up in order to take care of your baby

The Mall

and JESSICA

How did being a parent change your life style?

My life was so

Dull boring, stupid. I like to be free to make my choices

Do you think your experience would have been different if you had been married rather than a single parent?

Yes

Explain your answer:

Because it wouldn't be

just me taking care of the baby by myself

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

You're not free to make your own choices

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

VERY HARD = you have no life

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped X
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered X
- anger X
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness X
- fear _____
- frustration X

Has this assignment affected your attitude toward being a parent yourself?

YES

NO X

Explain:

I am still the same

but now I am free again

Final Student Response

1/6/12

My child is a

BOY

GIRL

My child's name is

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

List any activities you had to give up in order to take care of your baby

_____ (these were options)

How did being a parent change your life style?

I was to include

Do you think your experience would have been different if you had been married rather than a single parent?

YES

Explain your answer

I could + the course

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

_____ you did I am you hopefully

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

YES I would have gone ~~gone~~ insane.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped _____
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered _____
- anger _____
- pride _____
- defensiveness
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO _____

Explain:

This was + worked really great!

Final Student Response

My child is a BOY GIRL

My child's name is Lucas

Did you enjoy your assignment most of the time? YES NO

Why or why not? It was hard to write - and as I
was in a hurry.

List any activities you had to give up in order to take care of your baby nothing - coz
it was so great!

How did being a parent change your life style? You had to include it
where every you went and couldn't leave it out.

Do you think your experience would have been different if you had been married rather than a single parent?
Yes

Explain your answer It would be different - carry for her,
she wouldn't have to do anything.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting? The love they will give you later on in life. Seeing
the child grow up.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby? It would be very difficult to care for all the
children while trying to take care of a baby.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- | | | |
|---|---|---|
| overwhelmed <input type="checkbox"/> | contentment <input type="checkbox"/> | defensiveness <input type="checkbox"/> |
| maternal instinct <input type="checkbox"/> | possessiveness <input type="checkbox"/> | fulfillment <input type="checkbox"/> |
| resentfulness <input type="checkbox"/> | excitement <input type="checkbox"/> | joy <input type="checkbox"/> |
| trapped <input checked="" type="checkbox"/> | smothered <input type="checkbox"/> | sadness <input type="checkbox"/> |
| happiness <input type="checkbox"/> | anger <input type="checkbox"/> | fear <input type="checkbox"/> |
| love <input type="checkbox"/> | pride <input type="checkbox"/> | frustration <input checked="" type="checkbox"/> |

Has this assignment affected your attitude toward being a parent yourself? YES NO

Explain: It taught me my responsibilities of being a
parent that you won't always have a babysitter
in case it is when you go out, you!

Final Student Response

11

My child is a

BOY

(GIRL)

My child's name is

Mary Jane

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

Just most of it because I think babies are cute.

List any activities you had to give up in order to take care of your baby

None

How did being a parent change your life style?

I couldn't have as much fun as I wanted to

after having a baby early

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

You can't take care of it.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

Respect, love & Trust & Cookies. ha!

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It make me tired.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

It's harder than I thought.

Just!

Final Student Response

My child is a

BOY

GIRL

My child's name is

THEORETIC THINKS I. S. C. D.

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

IT WAS WITH MYSELF THE ONLY
SINCE MYSELF ONLY I GET ALONE. ^{time}

List any activities you had to give up in order to take care of your baby

WIK

How did being a parent change your life style?

IT CHANGED MY
LIFE BECAUSE I HAD TO USE TO
CARRYING 20 POUNDS AT SCHOOL.

Do you think your experience would have been different if you had been married, rather than a single parent?

Explain your answer

BECAUSE I HAD MY FRIENDS
HELP ME.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

THERE ARE NOT MANY REWARDS
TO PARENTING; JUST WATCHING YOUR
CHILD GROW.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

I WOULD HAVE HAD MORE TO
CARRY AND RESPONSIBILITY.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered
- anger _____
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

BECAUSE I GOT A QUICKER
IDEA OF WHAT CRIMINALS AROUND
WILL BE THE TIME LIKE YOU!

Final Student Response

My child is a

BOY

GIRL

My child's name is

~~_____~~ _____

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

because I was really into it

List any activities you had to give up in order to take care of your baby

Could go to the mall or I would get laughed at (not a problem for many)

How did being a parent change your life style?

learned more responsibilities

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes because she could take care of it

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

Watching it grow up and being able to talk to someone to talk to
beginning around two years - you hear a lot about "winnie-the-pooh", etc.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It wouldn't be different

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain: Now I know what they have to go through

Final Student Response

My child is a

BOY

GIRL



My child's name is

Mara Jade

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

It was embarrassing. People looked at you weird. In most I think...

List any activities you had to give up in order to take care of your baby

None

How did being a parent change your life style?

It really didn't. I just had to drag it around.

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

I wouldn't have had to spend the entire time taking it along only half the time.

good luck children often prefer one parent over the other

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

Eventually, with a real child you would have the satisfaction of knowing that you made a difference.

yes.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

You would have to spend less time talking to the children & the baby

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- maternal instinct _____
- resentfulness
- trapped _____
- happiness _____
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered _____
- anger
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

I did this in 6th grade. It's still the same. I always knew a child would be out of control.

Final Student Response

My child is a

BOY

GIRL

My child's name is

Lorenzo

Did you enjoy your assignment most of the time?

YES

NO

Why or why not? Because there wasn't much to do and it was
funny.

List any activities you had to give up in order to take care of your baby

Not really any

activity I had to give up.

How did being a parent change your life style? Not much but having to

carry a around and people looking at me.

Do you think your experience would have been different if you had been married rather than a single parent?

Yes

Explain your answer because you wouldn't have to care for all the
time just half the time.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting? that when these older they could help around

the house, etc.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby? would of changed alot because there would be more

responsibilities.

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- | | | |
|-------------------------|----------------------|---------------------|
| overwhelmed _____ | containment _____ | defensiveness _____ |
| maternal instinct _____ | possessiveness _____ | fulfillment _____ |
| resentfulness _____ | excitement _____ | joy _____ |
| trapped _____ | smothered _____ | sadness _____ |
| happiness _____ | anger _____ | fear _____ |
| love _____ | pride _____ | frustration _____ |

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain: I don't think I want to take care of a baby until

I have the money to care for it and older.

Final Student Response

My child is a

BOY

GIRL

My child's name is

Falkons Grant!

Did you enjoy your assignment most of the time? YES ___

NO

Why or why not?

because I enjoyed it so much

List any activities you had to give up in order to take care of your baby

hobby, going out

with friends

How did being a parent change your life style?

didn't see time for

myself

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

because you would have

help on taking care of a child

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

having a child to take care of
love to death Grant!

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

it probably would be a lot harder because you'd have to look after more children

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed ___
- maternal instinct ___
- resentfulness ___
- trapped ___
- happiness ___
- love ___
- contentment ___
- possessiveness ___
- excitement ___
- smothered ___
- anger ___
- pride ___
- defensiveness
- fulfillment ___
- joy ___
- sadness ___
- fear ___
- frustration ___

Has this assignment affected your attitude toward being a parent yourself?

YES

NO ___

Explain

it isn't very fun - actually it can be under the right circumstances

Final Student Response

My child is a BOY

GIRL

My child's name is Gretta Grace Bisson
nice name - interesting

Did you enjoy your assignment most of the time? YES NO

Why or why not? FUN - I like it. I like your stuff. I like to give

List any activities you had to give up in order to take care of your baby I had to give up going to G-20

How did being a parent change your life style? Well I had to take it everywhere and that - kinda changed my life. I had to use to care for it.

Do you think your experience would have been different if you had been married rather than a single parent?

Explain your answer. I don't know - want to be married. I don't see how it is my basic sugar. I don't know. interesting

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting? watching your child grow into an adult. you!

How do you think your experience would have differed if you had been a parent to other children in addition to your baby? Well I don't know

Put a check by any of the emotions that, as a "parent" you felt during this five day period.

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- commitment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- sadness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself? YES NO

Explain: Well no. I don't know. Well I most definitely would like to be a parent. I am great!

Final Student Response

My child is a

BOY

GIRL

My child's name is

Sheely nice

Did you enjoy your assignment most of the time?

YES



NO

Why or why not?

I think it was almost cool!

List any activities you had to give up in order to take care of your baby

swimming and a lot of stuff

How did being a parent change your life?

I can't do so much stuff.

Do you think your experience would have been different if you had been married, rather than a single parent?

No

Explain your answer.

well, I don't mean if it well

Some-one I trust, ok. bit

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

See them grow. interesting? could be doing

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

more money and more of the hard times

Put a check by any of the emotions that, as a "parent", you felt during this five day period.

- overwhelmed
- maternal instinct
- resentfulness
- trapped
- happiness
- love
- contentment
- possessiveness
- excitement
- smothered
- anger
- pride
- defensiveness
- fulfillment
- joy
- widness
- fear
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain.

I well always had my first well I'm (21)

Final Student Response

My child is a

BOY

GIRL

My child's name is

Katie

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

Because it was kind of fun

to see how the city could grow with it.

List any activities you had to give up in order to take care of your baby

Like my job

Shopping

How did being a parent change your life style?

I couldn't go shopping

as much as I wanted to

save

Do you think your experience would have been different if you had been married rather than a single parent?

Yes

Explain your answer

I wouldn't have to be

working the baby the whole time

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

You are able to watch your

child grow up!

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

I would have been harder

to pay attention to everybody

Put a check by any of the emotions that as a "parent" you felt during this five day period:

overwhelmed

contentment

defensiveness

maternal instinct

possessiveness

fulfillment

resentfulness

excitement

joy

trapped

smothered

sadness

happiness

anger

fear

love

pride

frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain

I think I am going to adapt

kid

ha!

Final Student Response

My child is a

BOY

GIRL

My child's name is

Mikal ^{interests}

Did you enjoy your assignment most of the time?

YES

X

NO

Why or why not?

Too Heavy.

List any activities you had to give up in order to take care of your baby

Gymnastics,

Dance,

singing!

How did being a parent change your life style?

Can't do anything without a ten pound thing coming along with you. ^{it's limiting}

Do you think your experience would have been different if you had been married, rather than a single parent?

Yes

Explain your answer

If you were married you would have more help.

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

?

what do you bring to your family

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

You would have more to take care of.

Put a check by any of the emotions that, as a "parent", you felt during this five day period.

- overwhelmed _____
- maternal instinct _____
- resentfulness _____
- trapped _____
- happiness
- love _____
- contentment _____
- possessiveness _____
- excitement _____
- smothered _____
- anger _____
- pride _____
- defensiveness _____
- fulfillment _____
- joy _____
- sadness _____
- fear _____
- frustration

Has this assignment affected your attitude toward being a parent yourself?

YES

NO _____

Explain:

Not to have twins!

he!

18/20

Final Student Response

My child is a

BOY

GIRL

My child's name is

April Eugene

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

because I didn't like it

Sorry

List any activities you had to give up in order to take care of your baby

1/4

How did being a parent change your life style?

it made me more responsible if you

Do you think your experience would have been different if you had been married rather than a single parent?

Yes

you would have more help

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

to be able to take care of your child
just beginning

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

be more tired

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- | | | | |
|-------------------|----------------|---------------|-------------------------------------|
| overwhelmed | contentment | defensiveness | <input checked="" type="checkbox"/> |
| maternal instinct | possessiveness | fulfillment | <input checked="" type="checkbox"/> |
| resentfulness | excitement | joy | <input checked="" type="checkbox"/> |
| trapped | smothered | sadness | |
| happiness | anger | fear | |
| love | pride | frustration | |

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

because I've done this in the past

it has not affected my attitude in the grade

Final Student Response

My child is a

BOY

GIRL

My child's name is

Dabs

Did you enjoy your assignment most of the time?

YES

NO

Why or why not?

I didn't like it because it restricted my play time.

List any activities you had to give up in order to take care of your baby.

None

How did being a parent change your life style?

It didn't really change my lifestyle.

Do you think your experience would have been different if you had been married rather than a single parent?

Yes

Explain your answer.

It would be much different because there would be someone else

to take care of the baby part of the time also this is a possibility of 2 incomes

You experienced some of the restrictions of being a parent. What do you think are some of the rewards of parenting?

You would have a child to love.

How do you think your experience would have differed if you had been a parent to other children in addition to your baby?

It would be overwhelming because there are many papers around

Put a check by any of the emotions that, as a "parent", you felt during this five day period:

- overwhelmed _____
- contentment _____
- defensiveness
- maternal instinct _____
- possessiveness _____
- fulfillment _____
- resentfulness _____
- excitement _____
- joy _____
- trapped _____
- smothered _____
- sadness _____
- happiness _____
- anger _____
- fear _____
- love _____
- pride _____
- frustration _____

Has this assignment affected your attitude toward being a parent yourself?

YES

NO

Explain:

Carrying around the weight is nothing like having a real baby.



REPRESENTATIVE CON BUNDE
CO-CHAIR HEALTH, EDUCATION
& SOCIAL SERVICES
VICE-CHAIR RULES

**Alaska State Legislature
House of Representatives**

DURING SESSION:
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SPONSOR STATEMENT HCR 27

The impetus for HCR 27 is an ongoing successful "Sugar Baby" project at Mears Junior High School in Anchorage. HCR 27 supports the use of the "Sugar Baby Project" in school districts throughout Alaska. The project will provide students the opportunity to experience some of the difficult responsibilities involved in being a parent.

A "Sugar Baby" is a 10 pound sack of sugar. Students must be responsible for the total care and protection of the "Sugar Baby" for five consecutive days. Students may not lose, break or drop the baby, and they may not cause the child to be taken away. It is the students responsibility to make sure that the baby is protected from hazardous situations at all times, and they must plan to include their baby in all activities, dates, and shopping sprees. The project rules also prohibit hiring a baby-sitter.

Establishing a positive, responsible, healthy approach to sexual behavior is critical for the prevention of adolescent sexual activity and the related problems of teen pregnancies, childbirth, and sexually transmitted diseases. Adolescent sexual activity has profound long-term economic and social costs. Alaska teens report an early onset of sexual activity. This premature sexual activity results in a high teen birth rate, and serious concerns about sexually transmitted diseases.

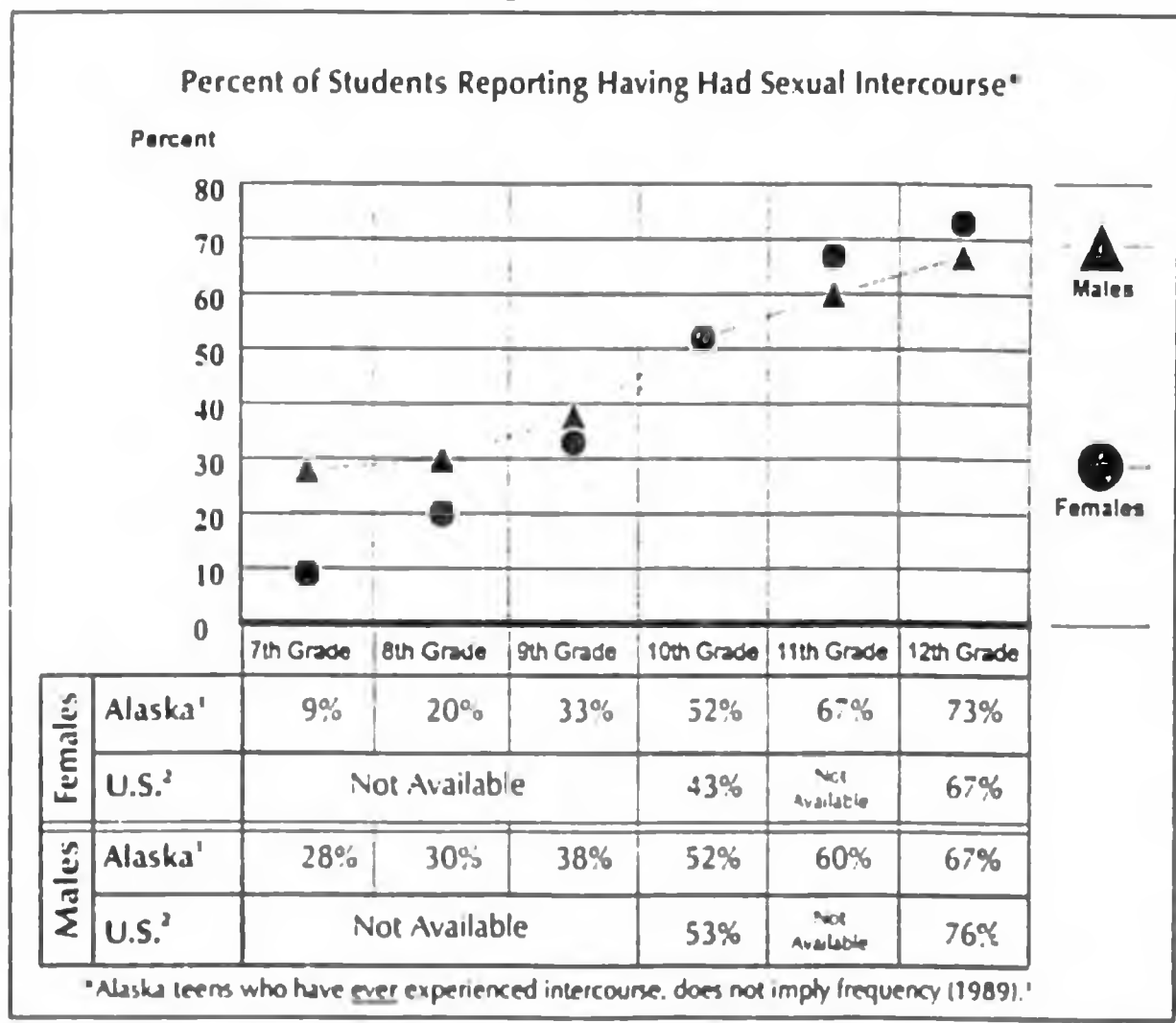
The "Sugar Baby" project will instill an understanding of parental responsibility in students. More importantly, students may learn responsible sexual conduct which is the key to reducing teen pregnancy and sexually transmitted diseases.

I urge your positive consideration of this resolution.

Sexual Experience

- Alaska teens (grades 7-12) report an onset of sexual intercourse at an earlier age (females - 14, males - 13) than teens nationally (females - 17, males 16).¹
- 25% of surveyed Alaskan 8th graders (junior high students) report having had sexual intercourse.¹

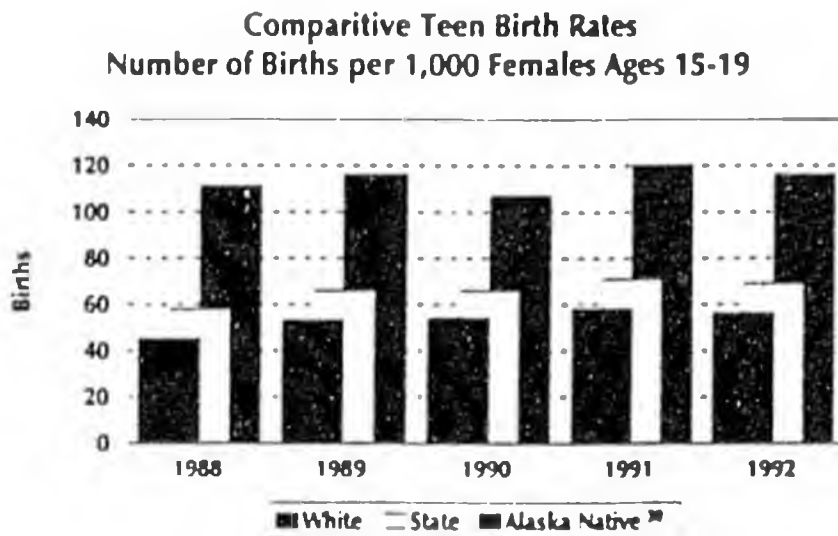
Figure 2.6/Table 2.7



Teen Pregnancy and Births

- For Alaska teens ages 15-19, pregnancy and birth rates are on the increase. Birth rates fell in the mid-1980's but are rising again. 1991 estimates show a higher rate than anytime in the 1980's.^{19,24}
- Estimated teen pregnancy rate, for the three year period 1990 - 1992: 140 pregnancies per 1,000 Alaska females ages 15 - 19 (Alaska's teen pregnancy rate is an estimated number derived by using national pregnancy outcome studies).^{24,15}

Figure 2.9/Table 2.9



		1988	1989	1990	1991*	1992*
Alaska ¹⁰ Teen Births	White	45	53	54	58	56
	Native	111	116	107	120	116
	State	58	66	66	71	69
U.S. ¹⁰ Teen Births	White	42	49	51	Not Available	
	Black	112	110	113		
	U.S.	50	58	60		

*1991 and 1992 data are provisional; the Alaska Bureau of Vital Statistics cautions the reader that the data may change.

Public Cost of Teen Pregnancy and Births

- The public cost of teen parenting is defined as Food Stamps, Medicaid, and state and federal AFDC (Aid to Families with Dependent Children).⁵ Other significant costs omitted from this estimate include:
 - education/job training;
 - child care;
 - child protective services for teen or child;
 - foster care;
 - housing;
 - psychological counseling; and
 - partial loss of mother and child as contributing members of society.
- Over 50% of the national AFDC budget is spent in households in which the mother was a teenager at the time her first child was born.³¹
- Nationally, public funds pay for the delivery costs of at least 50% of the births to teenagers.²⁶

Annual Public Cost of Teen Parenting in Alaska

A 1988 cost analysis of teen parenting found:

- \$51.4 million is spent to assist Alaska families that began when the mother was a teenager.⁶
- \$4 million is spent annually to assist mothers who are currently teens.⁶
- More than \$12,000 in public monies is spent annually to support each family headed by a teenager.⁶

1993 Teen Parenting AFDC Costs

- The number of teenage parents heading families and receiving public assistance has more than doubled since 1989.¹⁹
- In December 1992, 714 teen parents received AFDC services compared to 335 in January 1989.¹⁹
- The costs of AFDC for teen parents will be a minimum of \$7 million in 1993.¹⁹
- In Alaska, for the three year period 1989-1992, 73% of mothers under age 20 were Medicaid recipients.³⁰

HJR

18

Alaska State Legislature House of Representatives

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TO: Senator Lyda Green, Chair
Health, Education & Social Services Committee

FROM: Representative Pete Kott

DATE: February 23, 1995

RE: HJR 18

HJR 18, Relating to medical savings account legislation has been referred to the Senate Health, Education and Social Services Committee.

This resolution calls on Congress to enact legislation to allow individuals to establish medical savings accounts. These accounts would be funded through savings and efficiencies of use by private citizens. The concept requires no new federal bureaucracy and would not bear an additional cost for employers.

Medical savings accounts are an important element in allowing the private sector to control health care costs without government interference.

Enclosed is a copy of HJR 18, a copy of the adopted fiscal note, and a sponsor statement.

Please schedule this resolution for a hearing at your earliest convenience. Thank you in advance for your consideration.



Representative Pete Kott

FEB 23 1995

A handwritten signature in black ink, appearing to read "Pete Kott".

FISCAL NOTE

STATE OF ALASKA
1995 LEGISLATIVE SESSION

NO. _____
BILL VERSION: HJR 18
PUBLISH DATE: _____

Revision Date: _____
Title: Relating to medical savings account
legislation.
Sponsor: Representative Kott
Requestor: Hon. HESS

Department Affected: Legislative Affairs Agency
BRU: All
Component: All

COMPONENT SERIAL NO:

Expenditures/Revenues: (Thousands of Dollars)

OPERATING	FY 96	FY 97	FY 98	FY 99	FY 00	FY 01
PERSONAL SERVICES	0	0	0	0	0	0
TRAVEL	0	0	0	0	0	0
CONTRACTUAL	0	0	0	0	0	0
SUPPLIES	0	0	0	0	0	0
EQUIPMENT	0	0	0	0	0	0
LAND & STRUCTURES						
GRANTS, CLAIMS						
MISCELLANEOUS						
TOTAL OPERATING	0	0	0	0	0	0

CAPITAL	0	0	0	0	0	0
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REVENUE FUND SOURCE	0	0	0	0	0	0
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FUNDING: (Thousands of Dollars)

GENERAL FUND	0	0	0	0	0	0
FEDERAL FUNDS						
OTHER FUND SOURCE						
TOTAL	0	0	0	0	0	0

POSITIONS:

FULL-TIME	0	0	0	0	0	0
PART-TIME	0	0	0	0	0	0
TEMPORARY	0	0	0	0	0	0

Estimate of current year impact: _____

ANALYSIS: (Attach a separate page if necessary)

Zero fiscal impact.

Prepared By: Karla Schofield, Deputy Director
Division: Administrative Services

Phone: 465-3852
Date: 2/13/95

Approved By: Pamela A. Vami, Executive Director
Agency: Legislative Affairs Agency

Pamela A. Vami

Date: 2/13/95

Distribution (by preparer): Leg. Finance, Legislative Sponsor, Requestor, OMB, Gov., & Impacted Agency(ies).

Alaska State Legislature House of Representatives

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HJR 18 SPONSOR STATEMENT

As medical costs nationally and in Alaska continue to rise, the need for innovative approaches to health care cost containment becomes more acute. The concept behind Medical Savings Accounts is to encourage employees to shop more carefully for medical services. It recommends the purchase of high deductible coverage by employers. The savings realized by this effort results in reduced health insurance premiums. These savings are then placed by the employers in individual employee Medical Savings Accounts.

Employee Medical Savings Accounts then may be used by employees to purchase additional, more specific insurance coverage and to pay deductibles incurred under employer provided or employee purchased medical coverage plans.

Medical Savings Accounts belong to the individual employee and move with the individual to purchase health insurance when between jobs or for coverage when re-employed, even when with a different employer.

The additional benefit to Medical Savings Accounts is that they allow the individual to select and purchase coverage at reduced cost without a new federal bureaucracy and would be revenue neutral to employers. It is compatible with the free market in that it protects individual freedom and rewards prudent decision making.

HJR 18 urges Congress to enact legislation that will make Medical Savings Accounts a viable option in the national effort to reduce and contain health care costs.

I urge your support for this legislation.



Representative Pete Kott



Alaska State Legislature House of Representatives

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Medical Savings Accounts belong to the individual employee and move with the individual to purchase health insurance when between jobs or for coverage when re-employed, even when with a different employer.

The additional benefit to Medical Savings Accounts is that they allow the individual to select and purchase coverage at reduced cost without a new federal bureaucracy and would be revenue neutral to employers. It is compatible with the free market in that it protects individual freedom and rewards prudent decision making.

HJR 18 urges Congress to enact legislation that will make Medical Savings Accounts a viable option in the national effort to reduce and contain health care costs.

I urge your support for this legislation.



Representative Pete Kott



A L A S K A



NFIB

National Federation of
Independent Business

February 23, 1995

Representative Pete Kott
State Capitol
Juneau, AK 99801-1182

Subject: NFIB Support for HJR 18

Dear Representative Kott,

With nearly 4,590 Alaska members, the National Federation of Independent Business/Alaska is the state's largest small-business advocacy organization. On behalf of the Alaska membership I would like to thank you for introducing House Joint Resolution 18 in support of Congress establishing Medical Savings Accounts.

Each year, NFIB/Alaska polls its diverse membership on a variety of issues. The federation uses the poll results to form its legislative agenda. The August 1994 Federal ballot results showed a clear majority of respondents favored Congressional action to create tax-free medical savings accounts.

Enclosed you will find an article on Medical Savings Accounts prepared by the National Center for Policy Analysis. I hope you find this to be helpful background information on this issue.

Sincerely,

Thyas Shaub



Based On Brief Analysis No. 105
Released on Wednesday, April 20, 1994

Medical Savings Accounts The Private Sector Already Has Them

All across the country, private employers are discovering a new way of controlling health care costs. It works so well that at some companies health care costs are actually going down. The secret: giving employees incentives

Take the United Mine Workers, for example. Last year they had a health plan with first-dollar coverage for most medical services. This year they accepted a plan with a \$1,000 deductible. In return, each employee receives a \$1,000 bonus at the beginning of the year, and employees get to keep whatever they don't spend. As a result, the mine workers still have first-dollar coverage, but now, the first \$1,000 they spend will be their own money rather than their employers' money.

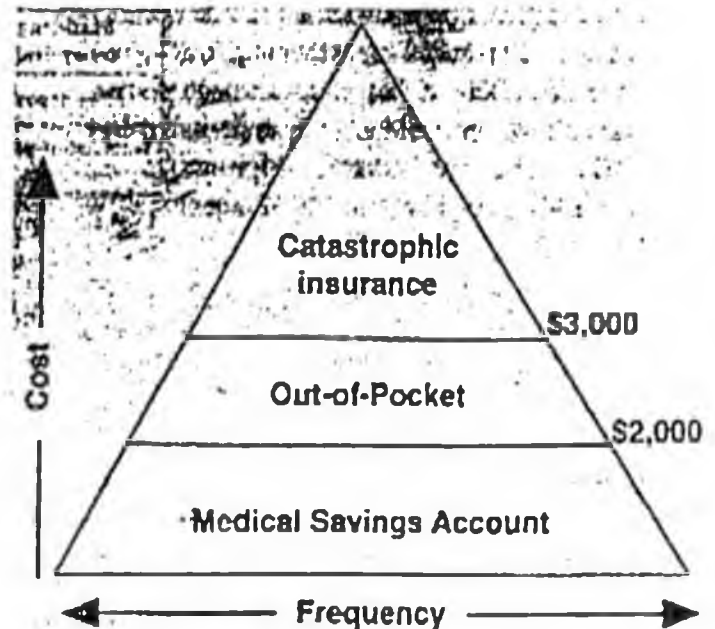
If the mine workers are like other employees, they and their families will respond to the new incentives by finding numerous ways to cut out waste and reduce their health care spending.

Saving Money by Empowering Employees. Most health economists agree that the primary reason why health care costs are rising is that the money we are spending in the medical marketplace is usually someone else's.

More than a decade ago, the Rand Corporation discovered that when people are spending their own money on health care they spend 30 percent less with no adverse effects on their health. Some employers are putting this principle to work:

- Until the IRS forced a change in the plan, Quaker Oats had a high-deductible policy and paid \$300 annually into the personal health accounts of employees, who got to keep any unspent balance; the result: over the past decade the company's health care costs grew at an average of 6.3 percent per year, while premiums for the rest of the nation grew at double digit rates.

- *Forbes* magazine pays each employee \$2 for every \$1 of medical claims they do not incur up to a maximum of \$1,000; the result: *Forbes'* health costs fell 17 percent in 1992 and 12 percent in 1993.



- Dominion Resources, a utility holding company, deposits \$1,620 a year into a bank account for the 80 percent of employees who choose a \$3,000 deductible rather than a lower deductible; the result: the company has experienced no premium increase since 1989, while other employers faced annual increases of 13 percent

- Golden Rule Insurance Company deposits \$2,000 a year into a medical savings account (MSA) for employees who choose a \$3,000 family deductible (see the figure); the result: in 1993, the first year of the plan, health costs were 40 percent lower than they otherwise would have been.

Why Employees Like Medical Savings Accounts. These plans are popular with employees because: (1) they can save money in an amount directly related to their own efforts; (2) they are not deterred from seeking medical care by the traditional out-of-pocket deductibles; (3) they can usually use their medical savings to buy

National Center for Policy Analysis

services not covered by the employer's plan; and (4) they are usually not restricted to certain doctors as they would be under managed care plans.

Take Golden Rule's experience, for example. As the table shows, employees can choose a traditional policy with a \$500 deductible and a 20 percent copayment up to a maximum of \$1,000. If they choose a high deductible, however, Golden Rule deposits \$1,000 (individual) or \$2,000 (family) into their medical savings account in 12 equal installments.

Last year, 80 percent chose the medical savings account option, and in 1994 the number is up to 90 percent. It's not hard to understand why. At year-end 1993, employees withdrew the surplus remaining in their MSAs — an average of \$602 per employee. These funds were a direct reward for being a prudent shopper in the medical marketplace.

Why Employers Like Medical Savings Accounts. When employees save money for themselves, they save for their employers as well. For example, at Golden Rule last year, medical costs above the catastrophic limits were about 60 percent of what had been projected.

What About Preventive Medical Care? Some critics claim that MSAs will encourage people to avoid preventive care. Yet experience shows the reverse is true.

With MSAs, people get preventive care that they might have otherwise postponed.

MSAs make money available immediately when the medical need for it exists. This allows people to make purchases they might not make if they had a traditional deductible requiring an immediate out-of-pocket payment. A survey of Golden Rule employees who opted for MSAs found that one out of every five used their MSA for a medical service they would not have purchased under

Options For Golden Rule Employees

	INDIVIDUAL		FAMILY	
	Conventional Policy	Medical Savings Account Policy	Conventional Policy ¹	Medical Savings Account Policy
Maximum deductible	\$500	\$2,000	\$500	\$3,000
Maximum copayment	\$1,000 ²	- 0 -	\$1,000 ²	- 0 -
MSA deposit	- 0 -	\$1,000	- 0 -	\$2,000
Total out-of-pocket exposure	\$1,500	\$1,000	\$1,500	\$1,000

¹ The figures in this column are per family member up to a maximum of three people.

² 20 percent of the first \$5,000 of expenses above the deductible.

What About Adverse Selection? MSAs benefit the sick as well as the healthy. For example, those Golden Rule employees who are certain to have more than \$3,000 of expenses are better off choosing MSAs. That's because their overall out-of-pocket costs will be lower. Moreover, Golden Rule allows employees to borrow against future MSA deposits in cases of catastrophic illness that occur early in the year.

What About Taxes? Under current law, unspent medical savings account balances are taxable, but health insurance premiums paid by an employer are not. Thus the tax law subsidizes third-party insurance and penalizes individual self-insurance. In this way, the tax law subsidizes the problem and penalizes the solution. Wise tax policy would give just as much encouragement to self-insurance through medical savings accounts as it gives to third party insurance

Recommended Reading: John Merline, "Employers as Health Reformers," *Investor's Business Daily*, March 18, 1994 and Rachel Wildavsky, "Here's Health-Care Reform That Works," *Reader's Digest*, October 1993; "Personal Medical Savings Accounts: Medical IRAs: An Idea Whose Time Has Come," *NCPI Policy Solutions*, No. 22, July 22, 1994.



Based on a forthcoming Brief Analysis

Answering the Critics of Medical Savings Accounts: Part I

Medical Savings Accounts (MSAs) are probably the single most popular idea on Capitol Hill. In this session of Congress they have been included in 24 different proposals with 243 cosponsors. They have been endorsed by Democrats and Republicans, liberals and conservatives — by people as divergent in views as Senator Harris Wofford (D-PA) and Senator Phil Gramm (R-TX).

At the same time, Medical Savings Accounts are being attacked on the left, on the right and by special interests. They have been criticized by the liberal *New York Times* and the conservative American Enterprise Institute. The most vocal criticism comes from large insurance companies who fear a huge loss of premium income if MSA deposits are tax free. Most of the criticisms are bogus. Let's see why.

Bogus Argument: Medical Savings Accounts Won't Control Costs Because...

Response: The strongest argument in favor of MSAs is that their use will control health care costs. By choosing a high deductible rather than a low one and putting the premium savings in an MSA, employees gain control over a large portion of their own health care dollars. Since MSAs are their private property, when they spend a dollar from an MSA they know that they are spending their own money rather than an employer's or an insurance company's. With this incentive, most employees find ways to cut spending without harming their health.

The critics present a number of ingenious arguments about why MSAs won't control costs. What they ignore are the facts. Even without the advantage of tax free deposits, many companies have already adopted MSAs and their experiences prove that MSAs work.

■ Until the IRS forced a change in the plan, Quaker Oats had a high-deductible policy and paid \$300 annually into the personal health account of each employee, who got to keep any unspent balance; the result, over the past decade the company's health care costs grew an average of 6.3 percent per year, while premiums for the rest of the nation grew at double digit rates

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■ Golden Rule Insurance Company deposits \$2,000 a year into an MSA for each employee who chooses a \$3,000 family deductible; the result: in 1993, the first year of the plan, health costs were 40 percent lower than they otherwise would have been.

In virtually every instance in which companies have empowered consumers rather than bureaucracies, the companies — and their employees — have saved money.

Bogus Argument: ... Individuals cannot bargain with providers as well as managed care plans can.

Response: Individuals frequently outperform third-party bureaucracies in deciding whether to obtain a service and in negotiating a price if they do obtain it. The tradition in medicine has been to undercharge individuals and overcharge bureaucracies, not the other way around. Furthermore, among different medical services, costs have been contained largely in proportion to the percentage of payments made out-of-pocket by patients. Over the past 30 years, for example, drug costs (mainly paid by individuals) have increased modestly, while hospital costs (mainly paid by third parties) have soared.

Most patients already know that many physicians will give them a better deal if they pay their own bills — especially at the time of treatment — rather than ask the physician to collect from a third-party payer. Increasingly, the same is true of hospitals. Although they rarely discuss it, many hospitals have special package prices and discount rates for uninsured patients who pay their own bills — usually lower than the fee charged by insurance companies and large employers.

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Will individuals *always* outperform bureaucracies in the medical marketplace? That's not clear, but the burden of proof is on anyone who argues in favor of bureaucracies. There also may be a third option. Most employers already have negotiated special discounts with doctors and hospitals. If employees find they cannot get a better deal on their own, they can take advantage of their employer's discount, even if they are paying the bill from their MSA.

Bogus Argument: ... people would spend MSA funds on services not covered by an employer's policy.

Response: Many employer policies do not cover such providers as chiropractors and marriage counselors and such services as acupuncture or in vitro fertilization. Given access to MSA funds, would employees spend more on these types of services? Some might. But many employees can spend pretax dollars on these services today through Flexible Spending Accounts.

More importantly, this argument is irrelevant. Health care spending is a social problem only because most of the time we are spending someone else's money. If we were spending our own money, it would not be a social problem. For example, most of us do not know or care how much the nation spends on shoes, or what shoe spending is as a fraction of GDP. Similarly, we have no social reason to care how much people spend on chiropractors — as long as it is their own money.

Bogus Argument: ... Medical Savings Accounts would undermine the ability of managed care to control costs.

Response: Some evidence suggests that managed care has improved quality and reduced costs for such very expensive procedures as heart surgery. Because these procedures are so costly, it pays to spend money managing them. However, there is very little evidence that managed care saves more than it costs for smaller expenditures such as CAT scans and blood tests. The view that managed care works better than Medical Savings Accounts should be tested in the market, not imposed by fiat.

If the purpose of managed care is to save money by rationing health care, it probably does work best when the managers control all of the money. But if the purpose is to meet medical needs in an efficient way, it probably works best if the patients have a financial interest in seeing their needs met efficiently.

Bogus Argument: ... MSAs would affect a very small percentage of total health care spending.

Response: In a typical insurance pool, 4 percent of the people spend about half the health care dollars. However, one-third to one-half of *all* health spending is on bills below \$3,000 to \$5,000. That's why MSAs would result in such a huge transfer of money from third-party payers to individuals.

Moreover, when individuals eliminate war for themselves, in many cases they frequently also reduce costs for their employers as well. For example, if a male employee with a \$3,000 deductible finds a way to avoid a \$6,000 operation (say, because a second opinion establishes that the surgery is unnecessary), he saves \$3,000 for his employer as well as \$3,000 for himself.

Bogus Argument: ... people would use MSAs as a device to get a tax subsidy for out-of-pocket spending.

Response: Suppose that people did not increase their deductible, and that every time they had a medical expense they deposited their share of the costs in an MSA to pay the bills in order to get a tax deduction. In this case, there would be no reduction in health spending. In fact, there might be an increase because the tax deductibility of MSA deposits would amount to a subsidy for out-of-pocket health care spending.

To discourage such behavior, most serious MSA proposals restrict MSA deposits to the difference in premiums between high- and low-deductible plans. Well-designed MSA plans also prohibit making deposits in anticipation of paying medical bills. Instead, they require people to make annual decisions about their insurance coverage and MSA deposits — before, not after, medical episodes occur.



Based on a forthcoming Brief Analysis

Answering the Critics of Medical Savings Accounts: Part II

Medical Savings Accounts (MSAs) are probably the single most popular idea on Capitol Hill. In this session of Congress they have been included in 24 different proposals with 243 cosponsors. They have been endorsed by Democrats and Republicans, liberals and conservatives — by people as divergent in views as Senator Harris Wofford (D-PA) and Senator Phil Gramm (R-TX).

At the same time, Medical Savings Accounts are being attacked on the left, on the right and by special interests. They have been criticized by the liberal *New York Times* and the conservative American Enterprise Institute. The most vocal criticism comes from large insurance companies who fear a huge loss of premium income if MSA deposits are tax free. Most of the criticisms are bogus. Let's see why.

Bogus Argument: Individuals do not have sufficient information to be intelligent consumers of health care.

• **Response:** If they do not, they can solicit advice and assistance. For example, most large employers and practically all insurance companies have teams of cost management experts who judge whether, when and where medical procedures should be performed. These experienced professionals might help patients decide about complicated and expensive procedures. But their advisory roles should not include decision-making power. We should let the experts advise and the patients decide.

In addition, markets naturally generate information for those with purchasing power. One of the primary tasks of purveyors of goods and services is to provide information to potential customers. If patients had greater control over their health care dollars, health care providers would supply more information that would enable informed decisions.

Quaker Oats, International Paper and other companies have provided their empowered employees with access to sophisticated databases containing information about quality and price. But even if employers do nothing, employees can get numerous medical questions

answered at little or no cost. According to the *Harvard Health Letter*.

- Ask-A-Nurse is a 24-hour-a-day free service under which registered nurses with an average of 10 years of emergency room experience answer patient inquires.
- Doctors By Phone charges \$3.00 per minute over a 900 number and callers' questions are answered by physicians who are usually board certified.
- Pharmacy Questions? Ask the Pharmacist is another 900 number service; at \$1.95 per minute, licensed pharmacists answer questions about drugs 24 hours a day.

There are many other public and private sources from which laypersons can learn about treatment options. For example, the National Institutes of Health makes available to the general public recommendations on a range of treatments and technologies, as does the Public Health Services Agency for Health Care Policy and Research. People without access to a major medical library can access the latest journal articles via computer and modem; Medline, the National Library of Medicine's database, contains as many as 3,700 different journals. And several private organizations will search out data for a modest fee. These include the Planetree Health Resource Center in San Francisco and the nonprofit World Research Foundation in Sherman Oaks, California.

Bogus Argument: MSAs benefit only the rich.

Response: The tax treatment of all employee fringe benefits helps higher-income employees more than lower income employees. Whenever a tax is avoided, the higher the employee's tax bracket, the greater the gain. That could be changed through a system of refundable tax credits — weighted to benefit lower-income families. However, MSAs can fit into any tax structure.

MSAs for employees are not a new tax-favored fringe benefit. They are simply a new way of paying for health care that can partially substitute for traditional health insurance. Wise tax policy would treat MSA deposits the same way it treats health insurance premiums. That would level the playing field on which individuals choose between self-insurance and third-party insurance.

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Even under the current tax system, however, the allowable MSA deposits are likely to be viewed as insignificant to a rich person but important to a poor one. A single mother, living from paycheck to paycheck, may be deterred from taking her child to the doctor by the \$200 deductible in the Clinton health care plan. With an MSA, she would have the money at hand.

When MSAs empower people in the medical marketplace, those who gain the most power are not rich. They're poor.

Bogus Argument: MSAs benefit only the healthy.

Response: MSAs confer their greatest benefit on people who are sick — especially the chronically ill. Under the current system, people are being priced out of the market for fee-for-service insurance, under which they can choose their own doctor. The alternative for most people is a health maintenance organization (HMO) or other managed care plan under which the choice of doctors is limited, the doctor-patient relationship is disrupted and the bureaucracy dictates to its doctors how they will practice medicine. In this environment, it is all too easy for the bureaucracy to pursue its financial self-interest by skimping on care for the chronically ill.

That's why MSAs are a lot more valuable to sick people than to people who are well. MSAs allow people to freely enter the medical marketplace, choose any doctor and select any therapy.

When MSAs empower people, those who gain the most are sick, not healthy.

Bogus Argument: MSAs encourage people to avoid preventive care.

Response: MSAs encourage people to make sure they get a dollar's worth of value when they spend a dollar. They do not encourage people to defer needed health care. In fact, people with MSAs are more likely to get the preventive care they need. Under conventional health insurance, people receive no reimbursement until they have met the deductible, which can be a major out-of-pocket expense for low-income individuals. MSAs, by contrast, provide first-dollar coverage so that people with limited funds can pay medical expenses. A survey of Golden Rule employees who opted

for MSAs found that *one out of every five used their MSA for a medical service they would not have purchased under the traditional insurance plan.*

Bogus Argument: MSAs would attract the healthy, making the cost of a standard plan much higher than otherwise for sick people who are likely to choose it.

Response: "Adverse selection" occurs when plans attract a disproportionate number of healthy or sick people. The plans tend to adjust their premiums to reflect these choices. But the premiums then become a reflection of the people who joined the plan rather than the actuarial value of the benefits. This problem is much more serious for systems of managed competition, since adverse selection is greatest when premiums are artificially distorted by government regulations. However, some adverse selection could occur with Medical Savings Accounts.

Even so, 90 percent of the people with private health insurance obtain it through an employer, any problems are confined to the workplace and employers can easily deal with the problems. For example, if employers offer a choice of health plans, they can "tax" one plan and "subsidize" another so that the revealed price to the employees reflects actuarial value rather than the results of adverse selection.

For the remaining 10 percent who purchase individual and family policies, the marketplace premiums are already higher for people who are older and sicker. Yet these are the very people for whom the financial gain from selecting a higher deductible is greatest.

Bogus Argument: If some (healthy) employees have positive MSA balances at the end of the year, there would not be enough money to pay the medical expenses of the other (sick) employees.

Response: Even if employees did not change their behavior, the savings from lower administrative costs would be significant. As existing MSA plans prove, employees' behavior changes substantially and leads to less overall spending on medical care. As an example, *Ferber* discovered that when it paid employees bonuses for not making claims against the company insurance plan, the bonuses paid for themselves in reduced overall health costs.