

ALASKA LEGISLATURE COMMITTEE FILES 1983-1980 00/2

4377 SSTA HB 124

256

APPLICANT: ANCHORAGE COMMUNITY MENTAL HEALTH

STAFF Howard DeVore

ANALYSIS: Title III- OUTREACH

Anchorage CMH Geriatric Project has been funded under AS 47.65 as peer counseling, providing elderly minority and Alaska Native persons with individual and group activities to encourage access to mental health services, increasing the numbers of elderly receiving services from the Southcentral Counseling Center, including minorities and Alaska Natives. The funding issue is not the validity of the services but the appropriate source of funding, Title III, which is proposed for 1985, or AS 47.65 where it has been for several years. "Outreach is an initial, one-time contact with a senior who has not been served by a program to inform him (or her) about services and invited him to participate or avail himself of services," according to OAC Service Definitions attached to the grant application. However, under AS 47.65 Counseling is "the use of a caseworker mode by a qualified individual to assist an elderly person and/or his family in resolving problems, such as mental health counseling. May be done on a one-to-one basis or on a group basis and may be conducted by paid, donated and/or volunteer staff."

As the new CY 1985 objectives provide for escort trips, first time outreach contacts, referral/personal advocacy, and information giving to agencies, Title III access funding appears appropriate. Whereas CY 1984 objectives providing home counseling, group counseling, and group sessions are absent in 1985, outreach now appears to be the new emphasis while counseling by the two workers, a minority person and an Alaska Native, is to be carried out by other staff.

The question of duplication of services must be raised. With the Mabel T. Caverly Senior Center carrying on a strong outreach and assessment program among the low income and frail elderly of the city, does the new emphasis of Anchorage Community Health in outreach constitute serious duplication of services or can the two programs be coordinated to avoid duplication? If ACMH is funded for Outreach, special conditions for both agencies should require regular meetings of staff and plans for coordination.

Duplication of services may also be the result of funding ACMH for escort which has long been provided by both the Salvation Army of Anchorage and the Mabel T. Caverly Senior Center, now coordinated within the Older Alaskans Transportation Service and OAC Policies. Since all three agencies target the economic and social needy, how much escort is really needed in Anchorage? If funded, special condition should require coordination of escort through the Older Alaskans Transportation Services.

The unknown factor is whether these three agencies are targeting the same unduplicated low income, minority and Alaska Native, frail elderly with both Outreach and Escort services proposed in 1985. If funded by the OAC, close monitoring requiring the confidential lists of outreach and escort clients in 1985 should be required as provided by Title III regulations and made a special condition of CY 1985 grants to these three agencies and any other agency funded for outreach or escort.

AS 47.65 Alzheimer's Day Care

See page 5, AS 47.65 Budget Notes for analysis.

APPLICANT: Anchorage Community Mental Health

STAFF: Howard DeVore

STAFF RECOMMENDATION:	State/Federal	Match	100%
TITLE III	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
AS 47.65	\$ <u>97,072</u>	\$ <u>10,786 (10%)</u>	\$ <u>107,858</u>
TOTAL	\$ <u>97,072</u>	\$ <u>10,786</u>	\$ <u>107,858</u>

Staff recommends funding the Alzheimer's Daybreak Adult Day Care program under AS 47.65 and adding \$4,516 to the request and recommends not to fund the new outreach program request under Title III but to carry out such activities as are necessary for outreach for day care under AS 47.65. For the following reasons, staff recommends not funding mental health outreach under Title III:

1. OAC already funds three major grantees in this area to provide outreach to the elderly to access services and to add another at this time would appear to be a duplication of services and not cost effective.
2. Funds requested for outreach under Title III to fund a new program would require further cuts in the regional allocation for this area.
3. Outreach funding under Title III, as a priority, should be provided for Title III funded programs such as nutrition and access services.
4. Outreach for mental health services would be more appropriately funded directly by mental health centers.
5. During this period of funding the Older Alaskans Commission will initiate efforts to develop increased mental health services provided the elderly through Community Mental Health Centers and to coordinate aging and mental health services.

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-8 by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
6. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Servi-

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Bristol Bay Native Association STAFF: Ruth G. Browne

SUMMARY:

Bristol Bay Native Association (BBNA) proposes to continue the provision of information, referral, outreach, homemaker, chore, home repair/maintenance/renovation, counseling, congregate and home-delivered meals to the elders of the Bristol Bay region.

According to a needs assessment conducted by BBNA there are at least 248 elders 60+ years of age in the Bristol Bay region. The average age is 70; 25% are over 75; 95% are Native; 53% male and a minimum of 25% are eligible for Old Age Assistance.

BBNA coordinates closely with the school districts, village councils, Dillingham Senior Citizens' Center, and the Village Public Safety Officers.

Letters of support are on file from Dillingham Senior Citizens Center, Bristol Bay School District, Public Assistance and Alaska Legal Services.

BBNA was funded to provide meal service in eight villages during CY 84: Koliganek, Manokotak, Naknek, South Naknek, Newhalen, New Stuyahok; Nondalton and Togiak. By using volunteer site managers, the meal service expanded to Ekwok, Kokhanok and Twin Hills during the last quarter of CY 84. BBNA proposes to begin meal service to Levelock and Portage Creek, again using volunteer site managers. All meals are served three days a week in the local school through subcontracts with the school districts. Transportation to the meal site is provided by the Bristol Bay Borough for the elders in Naknek and South Naknek. Vans were purchased in Manokotak, New Stuyahok and Newhalen through a legislature appropriation to provide elderly transportation. A dietitian travels to each meal site once a year to provide nutrition education.

BBNA proposes to provide home/repair/renovation services to 30 elders. The type of conditions to be corrected are faulty electrical wiring, faulty stoves and repairing dangerous stairs. It is proposed that 15 elders will receive homemaker/chore service. This service is intended to be a stop-gap measure "to take care of those neglected by the current system."

ANALYSIS:

The applicants' Title III requests equals its CY 84 award plus 22%; its AS 47.65 request equals its CY 84 award plus 3%.

The increase in Title III is due to:

- . as \$13,680 increase in personnel (No new positions were requested; the CY 84 level was reduced by a budget adjustment requested due to prolonged vacancies and late start-up dates)
 - . increasing the number of meals to be served from 7,500 to 13,920
- BBNA has requested \$30,810 in access services which is for information, forms

completion and referral. As of September 30, 1984 the applicant has not reported any expenditures in access services.

The increase in AS 47.65 funds is due to proposed expansion of home renovation services. As of 9/30/84, BBNA had expended 35% of their current AS 47.65 award.

RECOMMENDATION:

OAC staff recommends Title III funding at the level of \$175,590. This equals the applicants request in congregate and home-delivered meals. Access services was decreased by \$33,423. It is recommended that BBNA request Title V positions to provide information and referral services in the villages.

AS 47.65 funding is recommended at the level of \$50,000. The applicant should help elders apply for Farmer Home Administration grants instead of seeking OAC funds for this purpose.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Captain Cook Jaycees
Foster Grandparents/Sr. Companions STAFF: Dinah Van Der Hyde

Summary

The Captain Cook Jaycees have submitted a continuing grant request for AS 47.65 funds of \$91,454.

This program has been established for 12 years in Anchorage, with programs beginning in Fairbanks in 1980 and Juneau in 1982. The program provides employment/training services to seniors who, in turn, provide services to frail elders in the community, as well as to school children. The program benefits both groups of seniors.

For CY 85 the Captain Cook Jaycees/Senior Companions propose a program administratively supported by OAC for Juneau and Fairbanks, with Federal Action money to pay stipends for the volunteer participants. A total of 213 older persons will be benefited, 83 volunteers and 134 recipients of their volunteer services.

Analysis

The CY 85 request reflects a 40.8% increase over CY 84 awards. Increases requested in the budget for Juneau are for a \$4,881 RSVP program, which would add a new component to the OAC program. Increases requested in the budget for Fairbanks are for three additional Senior Companion stipends (meals and transportation) for \$14,691. OAC has not previously funded stipends for the program. Doing so at this time would set a precedent and also increase their operating level.

The Captain Cook Jaycees are operating an excellent program, with responsible reporting. The recent implementation of more appropriate reporting forms by OAC will assist in future assessment of this type of program.

Recommendation

OAC staff recommend that, with currently limited OAC funds, the program be funded at their CY 84 OAC operating level, with two separate grants. The grant for Fairbanks is recommended at the level of \$31,263. The grant for Juneau is recommended at the level of \$36,539.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Catholic Community Services
Southwest Senior Services STAFF: Dinah Van Der Hude

SUMMARY

Southwest Senior Services (SESS) requests \$1,239,808 in Title III funding and \$205,557 in AS 47.65 funding for CY 85. The program has been funded since 1974, starting with 5 sites serving 783 persons and now serving 1,750 persons for CY 84 at 19 meal sites.

SESS provides all basic nutrition and access services under Title III. Home-maker/chore service and home maintenance and repair are currently provided under AS 47.65. In CY 85, they have requested funds for Day Care Services in Juneau. They hope to provide service to 2,100 seniors in CY 85.

ANALYSIS

SESS is current on reporting requirements and has submitted a thorough and well-documented grant application. Requested funds are 17% higher for Title III and 26% for AS 47.65. These budgeted increases are proposed:

- . Salary equity for site managers, cooks and aides. SESS has implemented a salary study recommendation that would increase the lower-level positions to equity but does not affect positions in their central office. Total implementation is costly, but they will step it in with three increments over three years. A 4% increase is the overall effect.
- . Skagway requests an additional day of meals, beyond their current 2 days/week.
- . Haines' program is growing and needs more hours for meal preparation.
- . Mt. View will receive a new (UMTA) van and the operating costs for it will be incurred.
- . SESS would like to operate a day care program for frail elderly in Juneau. They operated a volunteer-run program for a short time but found that it was necessary to have more control and responsibility for this level of service. A paid staff is requested.
- . The Craig site has started with local funds but can not continue operations throughout CY 85 unless SESS is able to increase its operating level.

SESS program has increased meals over projections by 10% which is consistent with its 10% increase in persons served. SESS has operated below requested operating levels and has limited expansion of services and salary increments for several years. Their program is delivering basic services, Homemaker/Chore, and home maintenance/repair at about \$688 per senior per year.

Page 2

Letters of support from seniors have been received from many of the SESS sites. Skagway and Haines, Sheldon Jackson Museum, and Chilkat Historical Society support the Haines Center.

RECOMMENDATIONS

OAC Staff recommends Title III funding at \$1,032,536 which is 97% of the CY 84 award and \$172,027 for AS 47.65 which is 5.5% above the current operating level for CY 84. This recommendation is due to limited OAC funds and may cause a reduction in services to Southeast seniors.

Bottom Joe City

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: MABEL T. CAVERLY SENIOR CENTER, ANCHORAGE STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Caverly Senior Center, at a downtown location near population areas of higher elderly and low income density, targets the hard to reach, low income isolated, frail, and minority elderly, providing one or more services to about 1500 older persons or 33,500 units of service in 1984. The Center coordinates transportation and escort in a single access and dispatch service with the Salvation Army, volunteer services with the Retired Senior Volunteer Program and Senior Companion/Foster Grandparents, and counseling services with the Southcentral Counseling Center of Anchorage Community Mental Health. Information and Referral is coordinated with Older Persons Action Group and special dental programs, funded by United Way, with dentists and the Neighborhood Dental Clinic. Craft, arts, and recreational activities are coordinated with the Anchorage Senior Center.

Proposed Objectives for 1985 are:	Compare with Oct 1983-September 1984
30,100 rides for 650 unduplicated	27,773 rides for 683
1,200 escort rides for 75	1,282 escort rides for 53
600 outreach contacts	600 outreach contacts
775 simple information units	764 simple information units
120 referral/personal advocacy	878 referral/personal advocacy
4,560 reassurance calls to 95	reassurance calls to 379
800 home visits	691 home visits
520 counseling units for 300	296 counseling units for 20
2,080 volunteer hours by 15	volunteer hours by

PSVP
20808
47757
68567

Outreach, as described in the grant application and presently carried on, goes beyond the OAC service definition with multiple contacts for personal advocacy and counseling.

ANALYSIS:

The CY 1985 Budget and Objectives provide for an expansion of the Outreach program with a full time headed by one with 3 years college in social work and psychology, as well as a half time outreach position. The state/federal Title III CY 1985 request of \$216,122 is a 12.6% increase over the allocation in 1984 and in addition new AS 47.65 funds requested are \$18,727 for a total 19.6% increase over current year funding. New salaries and increases of 9.09% in salaries add \$44,189 in 1985. \$6,000 is requested for parking lot paving.

STAFF RECOMMENDATIONS:

Staff recommends funding of the Title III Access, Transportation, Information and Referral/Personal Advocacy, and Outreach programs at a level 7.5% below the current funding level, the amount of available Title III funds after accommodating a reduction of total Title III funds in this region and distributing the decrease equitably.

Staff recommends not funding the proposed new AS 47.65 Social Services program due to the lack of new funding available in this region, the lack of justification for expanding the existing counseling program, the lack of job descriptions and adequate resumes of those who would carry out the program, and that the proposal moves toward case management which may be funded as a special project.

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APPLICANT: Mabel T. Caverly Senior Center

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>168,363</u>	\$ <u>29,711</u> 15%	\$ <u>198,074</u>
AS 47.65	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
TOTAL	\$ <u>168,363</u>	\$ <u>29,711</u>	\$ <u>198,074</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Rides are to be maintained at the current level of 30,000 in CY 1985.
6. Coordinate with the Salvation Army Older Alaskans Program which will provide dispatch and scheduling services for the M.T. Caverly Senior Center which will operate an elderly supplementary transportation service in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
7. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
8. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
9. Coordinate with Anchorage Mental Health Elderly Service projects and the Anchorage Senior Center in development of male counseling and group programs.
10. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin,

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*Ind. Graham
Dorothy Hume
Office*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Chugiak Senior Citizens, Anchorage

STAFF: Howard DeVore

SUMMARY OF PROGRAM:

Chugiak Senior Citizens, Inc. proposes to increase services to 784 older persons in their area in nutrition, access, geriatric day care, and transportation in a comprehensive delivery system in order to help individuals maintain their independence and promote a productive life style.

Objectives for 1985 are:

- 19,020 congregate meals to 72.
- 2,100 home delivered meals to 8.
- nutrition education to 80.
- 15,840 rides for 30.
- 96 escort trips to 8.
- 500 units of information.
- 10 units of outreach to 10.
- 12 units of referral/advocacy.
- 208 shopping assistance for 10.
- 7,920 phone reassurance calls to 30.
- 7,920 hours of adult day care for 30.
- 528 hours of respite for 2.

Comparison with Oct 1983-Sept 1984

- 14,981 congregate meals for 75.
- 831 home delivered meals to 14.
- 2,632 nutrition education to 10.
- 7,819 rides for 39.
- 1,592 escorts for 9.
- 8,700 units of information for 160.
- outreach units for
- 2,237 information/referral for 11.
- shopping assistance for
- telephone reassurance for
- 7,392 adult day care hours for 15.
- 1,056 respite care services for 4.

ANALYSIS:

Chugiak continues a unique nutrition program (three lunches/two dinners weekly), expecting the same number of persons to eat more often in 1985 both in the home delivered meals and congregate setting. The Title III requested 1985 funding level, \$266,196 is 60% above the 1984 state/federal grant which includes seven new positions, once Title V but due to reduction to 20 hours are currently funded by United Way. Increases in Title III and AS 47.65 due also to salary increases of 7.5% to 16.8% provide equity with comparable positions. Proposal includes a new recreational leader under Title III which is not allowable.

STAFF RECOMMENDATION:

Staff recommends funding the Chugiak Title III Nutrition and Transportation program at 7.5% less than the current operating level due to the reduction of funds available in the Anchorage region with the decrease distributed equitably among the current grantees. The reduction in Title III funds for the Anchorage region is due, in part (63%), to the designation of Older Persons Action Group as an Anchorage Information and Referral Service which has been funded in previous years as a statewide program. The balance of the reduction (37%) came from fewer unused funds available from other regions than in the current year. Staff recommends an increase of no more than 10% in the number of meals or 15,430 congregate and 960 home delivered meals.

Staff recommends funding the Chugiak AS 47.65 Adult Day Care program at the current 1984 operating level in CY 1985.

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APPLICANT: Chugiak Senior Citizens, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>148,447</u>	\$ <u>26,197</u> 15%	\$ <u>174,644</u>
AS 47.65	\$ <u>71,007</u>	\$ <u>7,890</u> 10%	\$ <u>78,897</u>
TOTAL	\$ <u>219,454</u>	\$ <u>34,087</u>	\$ <u>253,541</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 16,390 meals with USDA calculated at the new rate of 58.75 cents per meal.
6. Maintain adult day care program and participate in the Anchorage Day Care Consortium.
7. Rides are to be maintained at the current level of 15,000 in CY 1985.
8. Provide dispatch and scheduling services for and coordinate with the M.T. Caverly Senior Center and operate supplementary transportation in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
9. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
10. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Copper River Native Assoc STAFF: Fran Toland

SUMMARY

Copper River Native Association is the non-profit arm of Ahtna, Inc. CRNA has been providing congregate nutrition and transportation to seniors from Cantwell to Chitina for several years. There are approximately 220 seniors in the service area with 125 males and 95 females. CRNA serves approximately 120 or 55%. Of those, 54% are Native and 46% are non-native.

CRNA has requested funding for existing services plus funding to initiate home-delivered meals.

Their request for CY 85 Title III is \$107,850, a reduction of 11% in their current award of \$120,713.

ANALYSIS

Copper River Native Association provides excellent reliable service to the area seniors. The need for the services is well documented. The reduction of this year's grant request is a result of an overestimation of services last year as well as a rearrangement of personnel and reduced cost per meal due to changing restaurants in Glennallen. As a result of a recommendation last year, service to Mentasta has been discontinued by CRNA and begun by Tok. This has further reduced CRNA's request. They deserve recognition for their efforts to provide the same high quality of service with the addition of a new service at a reduced cost.

In figuring cost of meal contracts (600) the total cost was listed as the Title III request with USDA and Program Income added on rather than subtracted out.

Vehicle supplies (400) were miscalculated and are actually \$252 more.

CRNA has claimed a match of vehicle and radio depreciation totalling \$8,763. In the past they claimed match based on the market rental value for two vehicles obtained through Alaska DOT/PF. This match was disallowed in a Region X opinion. When depreciation is claimed as match, vehicle maintenance costs cannot be charged against the grant.

RECOMMENDATIONS

Staff recommends that CRNA be awarded \$107,850 in Title III.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Cordova

STAFF: Dinah Van Der Hyde

SUMMARY

The City of Cordova has submitted a continuing Title III grant application for \$81,273, a decrease of 6% over their CY 84 award. Population of the area is estimated at 3,000 with about 150 seniors; seasonal variance is high.

Cordova provides service to approximately 130 seniors. The program began in 1979 and provides basic nutrition and access services. The Senior Adjutant position additionally provides telephone reassurance, visiting, and emergency homemaker/chore service. Contracting for transportation with a taxi company continues to be the program's choice for transportation services. There are no new services proposed for 1985; targeted clients are the frail and homebound elderly.

ANALYSIS

Cordova is responsible in submitting quarterly program and fiscal reports. Planned performance compared to actual shows a high degree of variance. Rides are much higher (142%) than planned; other measures are approximately 75% of planned. Home-delivered meals are very close to planned, but Congregate were only 70% of planned. The application does not document a clear assessment of needs other than by declaration. There has been no formal attempt to reassess needs since 1979. The current reduction in grant requests may reflect a more accurate relationship between funding and performance expectations for CY 85.

Personnel requests remain the same with no increase in salary requests.

RECOMMENDATIONS

Staff recommends funding at the level requested and suggests that a cola increase of 4% be implemented and that the "Other (600)" line item be reduced correspondingly.

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Delta Seniors, Inc. STAFF: Ruth G. Browne

Summary

Delta Seniors, Inc. has requested \$32,095 in Title III funds to continue to provide transportation, information, outreach, escort, and visiting to the senior citizens of the Delta region. The applicant has also requested \$21,226 in AS 47.65 funds to begin providing hot meals two days a week to 20 persons. They intend to contract with a local restaurant that will charge \$6.50 per meal.

Delta Seniors, Inc. has acquired a new UMTA van equipped with a wheelchair lift. They intend to expand transportation services due to the proposed meal program and a new crafts program being initiated at Fort Greely Crafts Shop.

According to a census conducted of the Delta region in September 1984, there are 160 persons eligible for Title III services. Of those, 150 are caucasian and "48 are low-income, the balance in the low to middle income range". Over 16 seniors do not own automobiles.

Analysis

The applicant's Title III request equals its CY 84 award plus 22%. This increase is due to increasing the project directors job from 25 hours per week to 37.5 and increased transportation costs due to the proposed start up of a meal program.

The AS 47.65 request is new. The number of meals budgeted assumes the attendance of 20 persons 2 days per week, 52 weeks a year.

The needs of the seniors in Delta have been seriously questioned during past years. Due to questions raised this year, the grantee was required to complete a needs survey. Commission staff developed a survey for the program to use. The grantee chose not to use the survey because it was felt the questions were "irrelevant or too probing". The grantee mailed approximately 100 surveys and received 31 responses. Of these responders, 28 had their own car. Seven needed transportation for shopping and medical visits. The letter transmitting the survey results states:

" The role of the Senior Lounge... can best be served as ... an information and referral service, an escape from ailing spouses or grandchildren, a place to share joys and sorrows with one's peers..."

The need statement in the CY 84 grant application states:

"Those questioned, in surveys, feel the need for socializing, inter-relating with other people and groups and for the lack upon government for the daily wants of a person."

Following is the grantees' problem statement regarding nutrition.

"The elderly people of the Greater Delta area feel the wish to retain the dignity of self, lack of dependence upon others, and to maintain a separate household. The OAC seems to recognize this state of mind, and it was with

this intention that the Program of Nutrition was formed to assist these person in gathering together and to present Information... and Referral..."

Prior to the needs survey conducted by the grantee in June, it had always been strongly emphasized that none of the Delta seniors were in need of a nutrition program. The survey indicates 9 persons would "like the Delta Seniors" to provide meals. The new grant does not indicate how it was determined that 20 persons would be interested in a meal program.

In summary, the applicant's need statement continues to be weak. From information submitted to date, the Delta program appears primarily recreational.

Recommendation

Due to the information outlined above, OAC staff recommends:

1. Delta Seniors, Inc. demonstrate to the Commission that the program and needs of local seniors are not primarily recreational.
2. Data and the source of data used to identify the problems of local seniors and how the proposed services will assist in solving those problems must be given.

It is recommended the above two items be satisfactorily addressed by March 1, 1984 and that \$12,500 in AS 47.65 funds and \$21,872 in Title III funds be reserved for possible award in March, 1985. The award of funds is contingent upon satisfying the above requirements.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Dillingham STAFF: Ruth G. Browne

Summary

The legislature appropriated \$157,800 to continue operations of the Dillingham Senior Citizen's Center. The city has applied for the entire \$157,800 and \$21,124 in AS 47.65 funds to continue to provide congregate and home-delivered meals, transportation, information, referral, homemaker services, adult day care, advocacy, education and health services. They intend to expand services to those who have not yet used them.

The senior center serves the elders in Dillingham and the village elders who are in Dillingham for shopping or medical reasons. The applicant estimates a target population of 327. Of the potential participants, 5% are non-native, 52.6% are women and 25% are 75+ years of age. 97% of the seniors currently served are below the poverty level in income.

Surveys of the community have shown 72% of Dillingham seniors do not own vehicles and most all consumed inadequate amounts of foods from the fruit/vegetable groups. Transportation is provided Monday through Friday 8:30 a.m. - 5:00 p.m., Saturdays from noon to 9:00 p.m. and Sundays from 8:00 a.m. to noon. Meals are served five days a week. The elders from Aleknagik participate in the meal service on Tuesdays and Fridays.

Analysis

The applicant's request for the entire legislative appropriation of \$157,800 equals its current Title III operating level. Its AS 47.65 request equals its CY 84 award less 22%.

The major reason for the decrease in AS 47.65 funds requested is due to:

- decreasing the activities aide position, previously funded under Title III (now legislative intent), reducing AS 47.65 homemaker hours and transferring those funds to legislative intent funding to add a part-time dishwasher/janitor position.
- using money raised from fund-raising to support program costs.

Recommendation

OAC recommends funding the entire legislative appropriation of \$157,800 and \$11,596 in AS 47.65 funds. The AS 47.65 request was reduced by \$9,528 which equals the amount requested for the relief driver under the legislative intent. This recommendation is based on the fact no other OAC program is allowed to provide weekend transportation with OAC funds. Weekend transportation is not considered needed to access essential services. Weekend transportation may be provided with other resources.

The reduction in AS 47.65 is not intended to cutback on AS 47.65 services. Legislative intent funding should be used to provide AS 47.65 services.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Fairbanks Native Association

STAFF: Ruth G. Browne

Summary

Fairbanks Native Association (FNA) has requested \$42,207 in AS 47.65 funds to continue to provide transportation, interpretation, telephone reassurance, information and many other supportive services to the Native elders residing in Fairbanks. Funds are also requested to help support the monthly potluck gatherings.

Studies conducted by FNA estimate there are 226 Native Elders in Fairbanks. The majority of the elders are from rural villages who have come to Fairbanks for an easier lifestyle and to access better medical care. Lack of family, transportation and an interpreter create problems for these elders.

The geriatric social worker has gained the trust and confidence of these people. She assists them with day-to-day living problems. She devotes many of her after-hours tending to a sick person in the middle of the night, bringing wood to someone, going grocery shopping, providing telephone reassurance, etc. She is known by the Native elders throughout the State. Various health clinics keep her phone number on file to assist in patient - doctor communication.

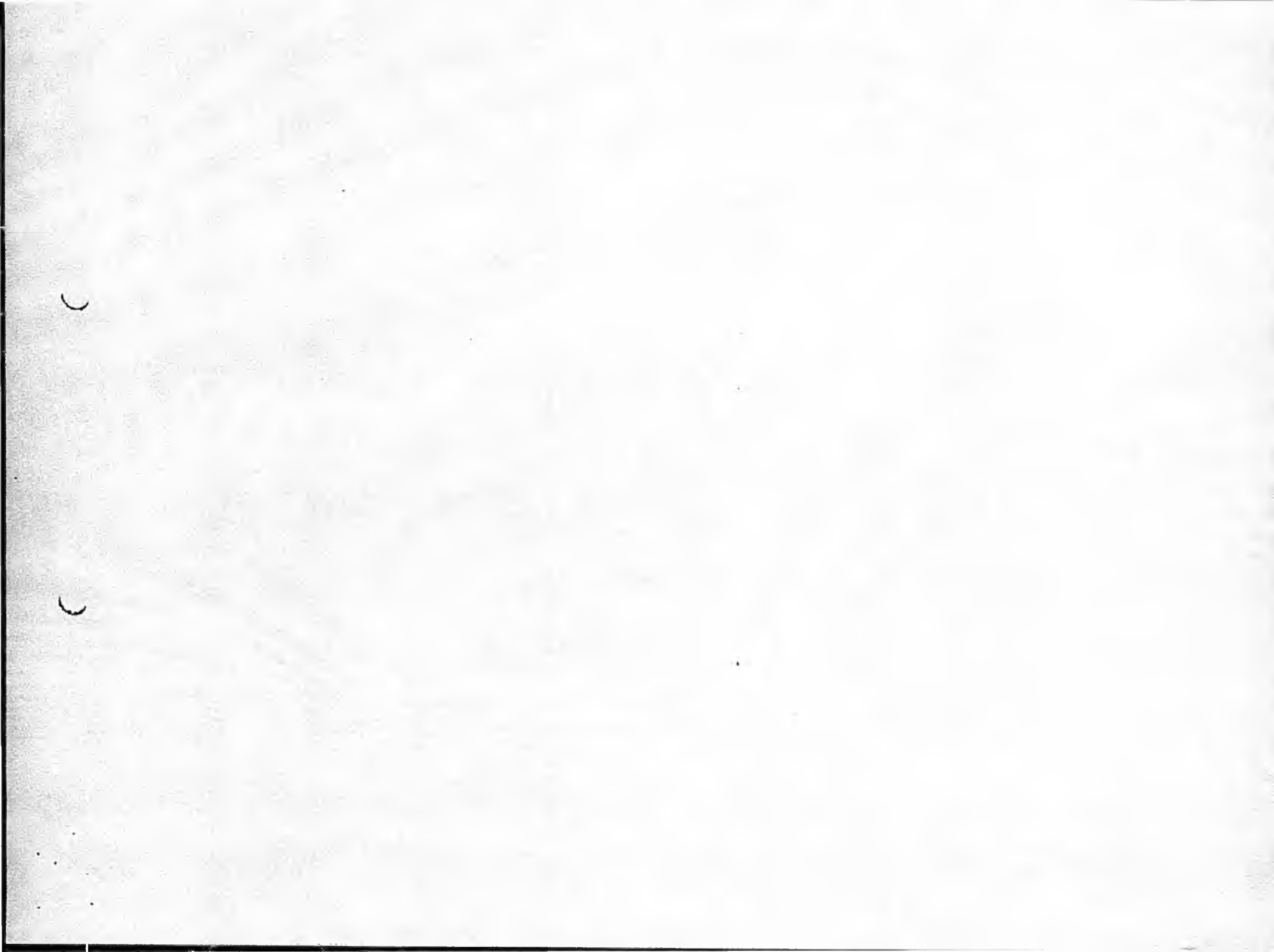
Although Native elders are referred to North Star Council on Aging, most do not avail themselves of the services for the following reasons:

- . they prefer to confide in a Native
- . the escort service leaves them alone to long
- . congregate meals do not offer traditional Native foods
- . there is no interaction with Native youth

Analysis

FNA is currently funded under Title III; they have requested AS 47.65 funding for CY 85. FNA's request equals its CY 84 award plus 93%. This increase is due:

- . increasing the time worked by the community services aide to assist in the monthly potlucks
- . addition of a driver/aide for the new UMTA station wagon and van
- . travel to attend elders conferences
- . space rental for potlucks
- . gasoline for new vehicles
- . supplies for potlucks



Page 2

Many of the costs listed under AS 47.65 should be under Title III access services.

Recommendation

OAC staff recommends Title III funding at the level of \$17,696 and AS 47.65 funding at the level of 10,924.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Respite Care
Fairbanks Rehabilitation Assn. STAFF: Ruth G. Browne

Summary

Fairbanks Rehabilitation Association (FRA) requests \$45,476 in AS 47.65 funds to continue to provide respite services to families in the Fairbanks area. The respite program is designed to offer temporary support to families that provide a residence to disabled persons 60+ year of age; it gives the family relief from the responsibilities of care provision. Temporary care is from one hour to 21 days. It may be used for family emergencies, vacations, planned activities or occasional relief from the day to day responsibilities of caring for the disabled person.

The majority of the care is provided within the home of the individual being cared for. Some out-of-home care is provided in the homes of families employed by the program.

FRA coordinates primarily with North Star Council on Aging and Fairbanks Home Health Care.

Analysis

The applicant's request equals its CY 84 award plus 15%. The increase is due to increasing the number of hours of respite service to be provided.

During CY 84, FRA proposed to provide 2200 hours of respite care. As of 9/30/84, 2040 hours of service have already been provided. They propose to provide a minimum of 4,000 hours during CY 85.

Recommendation

OAC staff recommends funding at the level of \$42,276 which is a 6.7% increase from CY 84 award.

Maple - City of Ft. Yukon

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Ft. Yukon STAFF: Fran Toland

SUMMARY

During the past year, the City of Ft. Yukon has been serving hot meals to approximately 25 low income Native seniors through local restaurants and providing transportation with a vehicle obtained from Urban Mass Transit Act (UMTA). Their grant was written by a consultant and not developed by the city administration.

This year OAC received an application for \$102,077 in Title III funds, an increase of 21% over their current award of \$84,075.

ANALYSIS

The City of Fort Yukon has been plagued with reporting difficulties. In September the City itself decided to suspend the senior program. Required documents such as a food service contract were not obtained until October. In March the Nutrition Administrator and Associate Coordinator travelled to Ft. Yukon to work with the Program Coordinator. Within a month, a change of staff negated OAC's efforts. In early October the Associate Coordinator again traveled to Ft. Yukon to assist in reopening the senior program, reviewing accounts and discussing the new grant. The senior program reopened on October 8.

In reviewing the grant application as submitted by the city, most of the required information was found to be missing. In addition the detail budget pages and request did not correspond.

The need for this program is documented, though not on the grant application.

RECOMMENDATION

Staff considered this application to be unacceptable for review since so much information was missing or inaccurate. Since there is a need for Title III services in Ft. Yukon, staff recommends that OAC consider setting aside \$63,000 to award at a later date if Ft. Yukon desires to submit a completed application.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Galena

STAFF: Fran Toland, Assoc. Coord.

Summary

In 1982 the City of Galena allocated \$7,500 in Municipal Funds for a Pilot Project for elderly transportation in Galena. Those funds provided services for 1½ years. In 1982 the City requested funds from OAC for continuation of the program but were turned down. In 1983 Galena was awarded \$3,024 to provide 1,008 rides at \$3.00 each to 14-16 seniors. The 20 seniors in Galena age 60 and over are primarily low-income (\$300 - 500/month); 15 are Natives.

The program is administered through the city offices with transportation provided by local cab companies. Each participating senior is presented with coupons each quarter with the number of coupons evenly divided among the seniors. Cab companies return the coupons to the city offices for reimbursement. Because of city match, all the awarded funds provide direct services to seniors.

Analysis

This year's request is \$1,008, or 33% over current award, reflecting an increase in cab fare from \$3 to \$4 per ride.

The program was originally initiated by the seniors and serves a vital function in helping to maintain their independence. The need for this transportation service is well documented.

Staff Recommendations

Staff recommends funding at the requested level of \$4,032.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Homer Senior Citizens

STAFF: Dinah Van Der Hyde

SUMMARY

Homer Senior Citizens requests a Title III award of \$157,807 for CY 85. Homer has operated a senior program since 1972 and currently there are 452 area seniors of which 177 (39%) are low income and 38 minority. The goal for CY 1985 is to serve 500 seniors, as Homer is a high growth area and also has many seasonal visitors. In FY 84 Homer served 403 seniors at an average of \$362 per person.

Homer Senior Citizens provides all basic access and nutrition services. They also provide health maintenance, physical fitness and visiting services. For CY 85 they propose a volunteer recruitment and training program to supplement their home visiting and meal delivery services.

ANALYSIS

Homer's request is 8% higher than their CY 84 award. They have complied with program and fiscal reporting requirements and have prepared a good application. Homer overestimated CY 84 planned performance. For example, planned meals were 16,000; actual meals provided were 11,294 or 71% of planned; and the number of rides were about 50% of planned. Budget increases in Homer's request were for program assistant and cooks salary increases plus increased facility expenses. Homer decreased their request for "supplies" and "other" line items.

RECOMMENDATIONS

Due to very limited OAC funds, staff recommends funding at 94.1% of the CY 84 operating level for Title III which is \$137,465. This funding level will maintain services at approximately their current level.

John O'Brien
P.M.
City of Houston

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: CITY OF HOUSTON/MID-VALLEY SENIORS, INC. STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Mid-Valley Seniors in cooperative relationship with the City of Houston join the city to apply for \$20,222 to provide a new program in their area. Mid-Valley Seniors attempted to work through an agreement with the Wasilla Area Seniors, Inc, in 1984, to provide meals in the Houston-Big Lake Area at the Homesteaders' Club and though the Older Alaskans Commission did not directly approve this new nutrition site or provide a direct allocation to WASI to do so, the WASI Board of Directors found sufficient funds in their 1984 allocation to begin delivering prepackage meals to the Homesteaders' Club. A formal agreement with the OAC and with the Mid-Valley Seniors to budget funds for this purpose failed and through disagreements between WASI and MVS, the delivery of meals was discontinued. Since, the Mid-Valley Seniors have continued to meet for potluck lunches and now have chosen to attempt an independent nutrition program.

With in-kind match as administrative and secretarial services provided by City of Houston employees, MVS and the City propose to contract for a cook for six hours, three days a week, costing \$9,000, half of which will be paid by voluntary participant contributions, providing an average of 20 meals three times a week or 3,000 meals @ \$3.50, a cost of \$10,500.

Travel for Board Members to attend the Aging Conference in May are requested as well as travel to Anchorage for the Board Chairman and Project Director.

ANALYSIS:

The Mid-Valley Seniors have explored contracting with schools and restaurants in the area without satisfaction and previous attempts to associate with Wasilla were not successful. With necessary approval and clearance for use of the Homesteaders' Club facility by health officials for food services, the project would require at least \$15,000 to cover minimum food and preparation costs.

STAFF RECOMMENDATION:

Staff recommends funding this new program at a level to provide for food costs, half of the food preparation costs, the other half of food costs to be funded by participant contributions, and incidental food supplies, due to the limited AS 47.65 funds available in the Southcentral area. Staff recommends that funding begin only after special conditions of a food service permit, cook job description, and menus have been met.

Continued next page.

APPLICANT: City of Houston/Mid-Valley Seniors, Inc. STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
AS 47.65	\$ <u>15,140</u>	\$ <u>1,682 (10%)</u>	\$ <u>16,822</u>
TOTAL	\$ <u>15,140</u>	\$ <u>1,682</u>	\$ <u>16,822</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 3,000 meals.
6. Provide 20 meals, three day a week in the Houston area at a facility approved by the Department of Environmental Conservation for food service.
7. The senior meal program must meet the nutritional requirements outlined in the Older Alaskans Commission Nutritional Manual. Menus for the first month, the food service permit, and the cook job description must be submitted to and approved by the OAC prior to the award of funds.
8. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex, or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
9. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
10. Out of state travel under this grant requires prior approval of OAC.
11. Attendance at OAC meetings is not a requirement of funding and grant funds shall not be used for this purpose.
12. Funds awarded under this grant are not allowed for travel expenses of board members or expenses of board members at the OAC Aging Conference.
13. Funds may not be used to pay health benefits for Title V enrollees.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Juneau Women's Resource Center STAFF: Dinah Van Der Hvde

SUMMARY

The Juneau Women's Resource Center is requesting \$6,270 in AS 47.65 funding for a continuing grant to operate the Widowed Persons Service.

The Widowed Persons Service began in December 1983 with the Title V Older Women's Specialist position coordinating the service. This service provides support to recently bereaved persons in the new situations they face. These situations are loneliness, financial and legal affairs problems, employment, housing arrangements, and even meal preparation.

JWRC proposes to provide service to 100 widowed persons in CY 85, as well as sponsor workshops about organizing a Widowed Persons Service, and to develop information and brochures.

ANALYSIS

The applicant did not provide a well-documented proposal. It is not signed and the procedures specified are not followed. Program and fiscal reporting has been tardy from this project.

The original plan was for this project to be self-sufficient after the first grant cycle. At this time it is unclear whether plans for sufficiency are underway. The application and reports do not show the status of the program's support by the JWRC. Reports do indicate that the WPS is meeting its goals. Community interest and acceptance are high. The Older Women's specialist has been devoting more than 20 hours per week to the program; and participation is higher than the expected 20 third quarter participants, as they report 33 at the third quarter.

The budget primarily requests facility costs, travel to Widowed Persons Services national conference, and a substantial amount for accounting (\$1,800) which is 29% of the grant request.

RECOMMENDATIONS

OAC staff recommends funding at \$2,570 AS 47.65 funds for CY 85. This funding would be for six months only for transition and to develop and present information about the project.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Kenai
Kenai Senior Services

STAFF: Dinah Van Der Hyde

City of Kenai has submitted a request for Title III funds of \$144,554 and AS 47.65 of \$23,192. This is a continuing request for a program existing since 1971. The program provides OAC basic nutrition services, access services and community services.

The program proposes to implement a physical fitness program in CY 85 and to assess expanding meal services to Soldotna in the CY 1986 grant.

The target population of seniors for Kenai has seen rapid growth; their CY 84 projection was 282 - actual count 764. Kenai targets 900 seniors for CY 85 service. In FY 84, Kenai served 764 seniors at an average cost of \$155 per person.

Analysis

This project has been responsive in reporting and is fiscally accountable.

The request for Title III funds is 22% more than CY 84, the AS 47.65 is 300% more, reflecting the request for administrative costs of a physical fitness program. Justification is provided for requested increases.

The program has received letters of support from the Kenaitze Indian Tribe; Coda C. Hompton, Social Worker, Central Penns. Mental Health; Betty Warren, Margaret Shervanick and Ruth Winteroud, Seniors.

Performance data indicate the program is on target with demand exceeding planned levels in numbers of persons served, congregate meals and emergency homemaker/chore services. The program is very efficiently administered and is one of the most cost-effective in the State.

The Title III personnel budget eliminates a CY 84 request for part-time cook but adds a request for a full-time driver and cola increases. Kenai Borough funds to support the driver position are not as high because of reduced revenue sharing to Kenai.

Recommendation

Due to limited OAC funds, staff recommends \$125,300 in Title III which is 5.7% above CY 84 operating level and \$6,193 which is 18% above CY 84. Since OAC cannot use Title III funds to supplant local funds, the driver position is disallowed with funds from this grant.

OLDER ALASKANS' COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Senior Citizens of Kodiak

STAFF: Fran Toland, Assoc. Coord.

Summary

The Senior Citizens of Kodiak incorporated in 1973 and have been serving senior citizens since then, providing nutrition, transportation, escort, I&R, shopping assistance, outreach, health maintenance, in-home services including chore and homemaker services, and a variety of social and recreational activities. Excavation has begun for a new senior center which will hopefully be open by July, 1985.

Kodiak has requested \$111,923 in Title III, a 20% increase over the current award of \$92,967; and \$56,109 in AS 47.65; a 1% decrease over the current award of \$56,924.

Analysis

Personnel reflects a 4% COLA plus \$1500 in the accrued leave account. Kodiak was given a supplemental award in July of \$1,147 to open such an account.

Relocation costs to the new senior center, increased operation costs to be incurred with the opening of the center and 6-month repair and maintenance costs were requested.

Expenses relating to maintenance or repair should not be included in this grant as those should be covered under the construction grant. Also requested was \$1050 for a new copier and \$500 for kitchen equipment.

Program income from meals was figured at \$1.00/meal. Additional program income is anticipated from donations for in-home services for a total of \$17,400. That money appeared in (600) Other to pay for accounting services, insurance, printing, subscriptions, the KANA contract for meals and the nutrition consultant. Title III regulations require PI to be used for direct or supportive services to seniors. PI used for accounting, insurance, printing and subscriptions is inappropriate.

Recommendations

Staff recommends that Kodiak be funded for \$90,000 in Title III, 97% current funding; and \$53,699 in AS 47.65, 94% of current funding. This level of funding represents 96% of continuation.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Lower Kuskokwim School District

STAFF: Fran Toland

Summary

A grant application was received from the Lower Kuskokwim School District after the deadline in 1983 requesting approximately \$343,000 to serve hot meals to seniors through the village schools. Because of the merit of the proposal, the low overhead cost and the possibility of better serving an underserved area, staff recommended reserving funds for the SW region. In June a second application was submitted and the Commission awarded LKSD \$75,000 to provide senior meals in 24 villages. Because of late start up, the program did not officially begin until October, 1984.

LKSD requests \$336,594, on annualized increase of 50% over current funding. This proposal continues the program based on unit cost contracting. The cost per congregate meal is approximately \$3.10; that of a home delivered meal is approximately \$4.60. LKSD proposes to serve a total of 91,530 meals to 559 low income native Yupit seniors during the 9 month school year.

LKSD is requesting an increase in the percentage of Home Delivered meals to 37%.

Analysis

No figures are available on participation in this program. October's figures should be available by December. The work put into this program may serve as a model for other rural school districts wishing to provide meals to senior citizens.

Recommendation

Because this program serves a here-to-fore underserved area, it is recommended that it be continued. Until figures are available for the last quarter of '84, staff recommends that the funding level not exceed \$225,000, a projection based on the current award of \$75,000.

OLDER ALASKANS, COMMISSION
APPLICATION REVIEW

CY'85

Ross Anderson
Katya
APPLICANT: Maniilaq Association

Telephone Wood
STAFF: Fran Toland

Summary

Maniilaq Association has been providing services to seniors in the Kotzebue area for the past 2 years through the Kotzebue Senior Citizens Cultural Center. Title III services provided are: transportation, escort, outreach, shopping assistance. Under AS 47.65 meals 3 days per week are served. Because of the scope of funding for the KSCCC, other services are provided to community seniors beyond the scope of OAC grants.

The Title III request is \$41,553, a 241% increase over the current grant of \$12,170. The AS 47.65 request is for \$80,990. Due to an error in indirect cost, the corrected request is \$78,781, a 73% increase over the current award of \$45,590. Proposed new services under OAC grants include home-delivered meals and chore services.

Analysis

OAC services to seniors are provided through the Elders Residence in Kotzebue which is funded by the Department of Health and Social Services. The facility houses up to 20 individuals, but maintains four transient beds for seniors traveling from the villages. The OAC program hires its own cook and food service worker for the three days of AS 47.65 meals each week. Food is supplemented by donations of fish and game from local hunters. The center provides a wholesome environment for seniors to congregate. Both OAC and DHSS programs are similar. When similar programs interface it is difficult to distinguish services. Yet, to maintain integrity of each, this effort is necessary.

In August a grant application was received on last year's forms. OAC didn't receive an updated application postmarked by October 15. Following a phone call to Maniilaq, an application was received dated October 22.

Adjustments made to the grant request included moving all of the cook's and food service worker's salaries to AS 47.65; establishing number of meals and subtracting program income, donations and match. Indirect cost had to be recalculated. Travel to Pt. Hope was requested by both Kotzebue and Barrow. Between the 2 programs, one or the other needs to decide which will provide services. Issues of client intake, safeguarding client information, confidential donations, food service permit were not addressed.

Accurate records of nutrition and access services under OAC grants have not been received regularly. Kotzebue plans to serve 7,800 meals. Based on their only reliable report for the third quarter of this year, a more realistic figure for meals would be 3,050. The cost per meal has risen from \$3.78 to \$4.01. The primary increase in the grant request is in supplies and personnel. As submitted the proposal was undermatched for both Title III and AS 47.65.

Recommendations

Staff recommends that Maniilaq Association be awarded continuation funding of \$12,170 Title III. Staff recommends continuation funding of \$45,590 in AS 47.65

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Metlakatla Indian Community STAFF: Dinah Van Der Hyde

Summary

The Metlakatla Indian Community requests a continuing Title III grant of \$97,869 and a new AS 47.65 grant of \$23,727. This program began as a Southeast Senior Services site and has operated independently since approximately 1977 and in FY 84 provided services to 96 seniors at a cost of approximately \$933 per senior.

Metlakatla's goal is to provide all OAC-funded basic access and nutrition services to 83 seniors on the Metlakatla Reserve and serve senior tourists during the summer season. They provide a visiting service to 15 seniors and wish to add homemaker/chore services to 13 identified seniors in their CY 85 request for AS 47.65 funds.

Analysis

The amount requested for Title III reflects a 9% increase and the AS 47.65 would be a new grant related to the request for a homemaker/chore worker.

Project performance is difficult to document. Report data reliability is low and often numbers do not total and must be estimated. Cost per senior served is very high and at the requested level would be \$1,179 per senior.

This program has submitted reports in a timely manner and complied with most application process requirements with the exception of a sanitation report and poor budget balancing.

Comparison of planned performance with actual shows a significant discrepancy (i.e., 73% of planned congregate meals were accomplished but 520% of home-delivered creating a total 89% of planned attained.) The addition of homemaker/chore services is supported by letters from Metlakatla Social Services; Steven Weems, Health Educator for Metlakatla Indian Community; and Brenda Montgomery, Nursing Student volunteer in Metlakatla Indian Community. If funded, the requested service would provide over 2.5 hrs/week per senior for 13 identified seniors on a year-round basis.

Recommendation

Performance data do not support increased funding for nutrition and access services, as meals are projected beyond what performance would indicate.

Documentation of need for Homemaker/Chores is only by declaration. A Title V request for funds is suggested for a start up and evaluation of level of need. The demand would not seem to justify a full-time staff person considering OAC's limited resources.

Staff recommends Title III funding at \$87,103, 97% of the CY 84 operating level. Staff recommends no AS 47.65 grant be awarded, as Title V will support a part-time position for homemaker/chore services. This funding level is at the regional average.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Minto Village Council

STAFF: Ruth G. Browne

Summary

Minto Village Council requests \$77,367 in Title III funds to continue to provide congregate meals five days a week, information, referral and transportation to the elders of Minto. The applicant has also requested \$9,956 in AS 47.65 funds to begin the provision of homemaker services.

Of the 275 Minto residents, 37 are eligible for Title III services. There are another 10 in Fairbanks who will return to the village when the housing project is completed. All the Minto elderly are income brackets below poverty guidelines.

A major concern of the elders is to have a reliable van for transportation to Fairbanks. The program recently purchased a new van with supplemental funding awarded by the Commission.

Analysis

The applicant's Title III requests equals its CY'84 award plus 25%. The increase is due to:

- Increase in the cost per meal from \$5.00 to \$7.50.
- Driver position increased by 5 hours/week.
- Elderly Services Coordinator and bookkeeper's hourly wage was raised from \$8.50 to \$10.00

The increase in meal costs is due to a revised menu plan prepared by the Tanana Chiefs dietitian.

Recommendation

OAC recommends funding at the level of \$68,211 which is a 10% increase. It is recommended that meals be budgeted at \$6.00 per meal. It is also recommended that the Elderly Services Coordinator be given a salary increase. Currently, this position earns \$1.00 more per hour than the Title V enrollees yet has much more responsibility.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Nenana Tortella Council on Aging STAFF: Ruth G. Browne

Summary

Nenana Tortella Council on Aging (NTCA) requests \$26,161 in Title III funds and \$37,942 in AS 47.65 funds to continue to serve the senior citizens of Nenana. NTCA proposes to continue to provide transportation, escort, information, visiting, shopping assistance and congregate meals twice a week.

Analysis

NTCA's Title III request equals its CY 84 award plus 10%, its AS 47.65 request equals its CY 84 award less 1%. The increase in Title III is due to:

- . addition of an alternate driver for trips to Fairbanks, \$1,920
- . purchase of a copier
- . increased maintenance for the van which is in poor condition
- . bookkeeping contract was increased from 1,200 to 1,800 per year

The decrease in AS 47.65 is due to deleting a chore service worker and adding a part-time janitor at a reduced hours.

Recommendation

OAC staff recommends Title III funding in the amount of \$25,661 and AS 47.65 funding in the amount of \$37,442.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Ninilchik Senior Citizens

STAFF: Dinah Van Der Hyde

SUMMARY

The Ninilchik Senior Citizens Inc. have submitted a CY 85 request for Title III funds of \$17,911 and AS 47.65 funds of \$13,800. This is a new grant request for starting a senior program in Ninilchik.

The applicant wishes to operate a congregate nutrition program one day per week using the Ninilchik Fairgrounds Building until a proposed Senior Center is completed in late 1985. A two-day-per-week home-delivered meal service will be contracted with a local restaurant. Access services would be provided to meals.

Currently the organization operates a monthly potluck meal and opens a recreation area three days a week for activities.

They have contacted 100 seniors in the area, the majority are low income, and 20% are native. The goal is to serve 75 seniors.

The Fairgrounds building is centrally located and accessible. It would be open three days a week for meals and activities. Transportation services would be provided by volunteers using their own vehicles or a housing project vehicle.

ANALYSIS

The planned activities for services show 1,200 rides to 6 persons - for 200 rides per year per person and a 35-mile-per-ride average. This objective is not realistic in comparison with other projects and needs reassessment.

Congregate meals would be served to 30 persons (1,360 meals). The home-delivered meals would be contracted (3 meals for 2 days a week at a cost of \$6.40 meal). Meal contributions are estimated at 37¢ per meal, less than the 50¢ per meal grant stipulation.

Total paid staff will be a 24-hour-per-week site manager position, with volunteers providing the remainder of support. OAC staff doubt that one part-time staff person can manage to do all the activities necessary to operate a nutrition project. Methods as to how the program would do outreach, coordination, access are not well documented. How the site manager would have time to perform all of the required functions, cook, and make 2 trips per month to Soldotna for supplies is unclear.

Community Support letters have been received from Kenai Senior Services Director Pat Porter; Ninilchik Chamber of Commerce; St. Peters Catholic Church. The Borough Revenue Sharing \$7,000 and Tribal Council donations are primary financial support, with the Fairgrounds contributing in-kind match.

RECOMMENDATIONS

JAC staff recommends \$15,000 of Title III funds be set aside for Ninilchik to be included in the Kenai or Homer project budget as a meal site for the first year of operation. This would allow the Ninilchik seniors time to further research and evaluate their needs and still be able to provide seniors a nutrition program for CY 85.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Nome Community Center

STAFF: Eran Toland, Assoc. Coord.

Summary

The Nome Community Center has been serving approximately 200 primarily native seniors for the past 10 years, two years of that in the XYZ Senior Center. Specific services include: home-delivered and congregate nutrition, including weekly native meal; transportation, escort, shopping assistance; subsistence gathering; translation and letter writing; home visits; telephone reassurance; in-home support services. In addition, for the past two summers the center has provided chore services at subsistence fish camps.

The request for Title III funding is \$130,320, a 28% increase over the current award of \$101,790. The request for AS 47.65 is \$51,311, a 65% increase over the current award of \$31,147. The overall increase requested is 37% above continuation.

Analysis

In 1984 Nome's senior program underwent a major turnover in staff. Resultant personnel adjustments have led to late reporting. This situation is still being worked on. Both area need and service delivery are adequately documented in the grant application, indicating that service records are being kept.

New staff conducted program evaluations and assessments. The decision to discontinue fish camp chore services and was made. Standard center oriented services will be continued and expanded based on documented increases in service delivery. Meals show a projected increase of 13% and rides up 27%.

Service activities describe an ambitious program for 1985. New services requested include: counseling, physical fitness, volunteer program, a crafts shop, evening activities, intergenerational activities.

Many of these activities can be added at no additional cost to the program. Physical fitness is available through community schools and was not adequately addressed as a new program component under this grant. Operation of a craft shop is not an allowable grant expense. Through coordination of the youth and senior programs, intergenerational activities have a great potential without additional cost. Service activities were not broken into nutrition, access, or community services by funding source. Chore/repair was not well defined as a program component.

The single largest addition to the budget is \$24,000 for electricity. The City of Nome has been paying both heat and electricity for the center. Funds are requested to supplant local funds. This is unallowable under requirements for maintenance of effort.

Program income was computed at \$.24 but should be targeted at \$.50/meal. USDA cash reimbursement was recalculated at \$.5875. The program is overmatched with the bulk of match appearing in personnel as the Executive Director's and bookkeeper's salaries. Housing is no longer partial compensation for the program coordinator.

Salary request for that position has increased \$12,931. Again the issue of maintenance of effort arises. The nutrition supervisor's salary has increased 15%. She was budgeted for a raise for the first time in 8 years.

Recommendations

Staff recommends funding Title III at \$105,000, or 3% over current funding. No AS 47.65 funds are recommended. This recommendation represents a 21% decrease in continuation funding.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: North Slope Borough STAFF: Fran Toland

Summary

The North Slope Borough Health and Social Services Agency has been providing Title III services to Barrow's approximately 100 Inupiat Seniors for several years. These services include nutrition, transportation, and escort.

This year's request is \$226,300 which represents an 81% increase over current award of \$124,950.

Analysis

Since summer Barrow has had three project directors. Despite the turnover there has been no disruption in service.

As with most remote projects the Barrow senior center serves native elders who rely on the center for translating services, help with filling out forms and other services besides nutrition and transportation.

The service activities were not accurately written to reflect the number of specific services to be provided. Access services were grouped together. The number of meals to be served in the proposed service activities does not agree with the number of meals under food contracts in budget category 600.

The budget summary, cover sheet and detail budgets do not agree in terms of total Title III request. The request in personnel increased by 47%. This reflects a 20-30% salary increase for the positions of project director and Outreach worker. In the past the Borough matched salaries which reduced the Title III request. The travel request has increased by 460% over current award. Efforts to establish nutrition programs in other villages is encouraged. In (400) supplies the request for gasoline increased by 61% due to demands of a new vehicle.

Under (600) Other for meal contracts, program income was not included and USDA was incorrectly placed in another budget category. With those adjustments, the amount requested for meals, \$41,300, represents a 148% increase over current award. The North Slope Borough paid for half the meals served in past grant cycles. In the new application they have not included that support.

A new senior housing project with senior center is in the early construction stages. By next grant cycle, funds for the center will probably be requested.

Recommendations

Because of shortage of funds, staff recommends Title III funding at \$126,575 which includes travel for program development in Anaktuvik Pass, Point Lay, and Pt. Hope (\$1,625). This represents an overall increase of 1%.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: North Star Council on Aging STAFF: Ruth G. Browne

Summary

North Star Council on Aging requests \$252,980 in Title III funds and \$59,929 in AS 47.65 to continue to provide congregate and home-delivered meals, transportation, escort, outreach, information, referral, health maintenance, physical fitness and home-visits to the seniors of the Fairbanks area.

NSCA intends to improve the quality of service and expand the provision of services through increased outreach efforts. The program plans to provide services to the frail elderly by replacing an old van with a new one equipped with a wheelchair lift. Currently NSCA lacks transportation to bring handicapped seniors to the center.

The applicant has been awarded a grant to put in a physical fitness walking course on their center's site. The City of Fairbanks has included NSCA's request of \$560,00 for an addition to the senior center in Programs for Progress.

It is estimated that there are 2,935 persons 60+ years of age in the North Star Borough. It is also estimated that 85% are non-minority and 20% are in economic need. Of the 2,216 seniors registered at the center, 646 are over the age of 75.

NSCA coordinates with Fairbanks Home Health Care, Fairbanks Memorial Hospital, Tanana Valley Community College, Pre-Trial Diversion Program, Foster Grandparents/Senior Companion Program, the Homemaker Program, Alaska Legal Services, Literacy Council of Alaska and has letters of support from these programs.

Analysis

NSCA's Title III request of 252,980 is an increase of 38%. Their AS 47.65 request of \$59,929 is an increase of 9%. The applicant decreased its original request by 20156 eliminating a full-time bookkeeper and contracting with a C.P.A. firm.

The increase in the CY 84 operating level is due to:

- . Salary increases for the director, assistant director, community resource coordinator and secretary to bring them in line with comparable salaries in the community
- . the addition of a part-time outreach worker
- . an employee insurance plan
- . proposed increase in transportation
- . increase in meals

During the last year the number of persons and meals served has increased substantially.

Recommendation

OAC staff recommends Title III funding at the level of \$213,796, an increase of 16% and AS 47.65 funding at \$56,201 an increase of 2%.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Older Persons Action Group

STAFF: Barbara McPherson

Summary

Older Persons Action Group requests \$70,448 in Title III funds to continue Statewide Information, Referral and Support Services. OPAG currently receives \$65,820 in Title III funds for this program. During CY 1984 OPAG was funded for a toll-free Zenith line to expand the Statewide capability of the program. Approximately 400 persons are served each month. *J J August*

Analysis

OPAG's I & R program is well utilized and its staff is responsive to a wide range of information and referral requests and provides supportive services to persons who have complicated or long term problems. The support services are critically needed in the Anchorage area and work in cooperation with the local aging service network.

Although OPAG targets this program Statewide, service delivery has been predominately to Anchorage and the Southcentral area. Sixty-six long distance calls were placed to OPAG from June 1 to September 30, 1984 via the toll-free Zenith line. These calls originated from 23 Alaskan communities, 18 of which have local senior service programs. Twelve calls were received from the six communities that do not have senior programs.

The application contained omissions which must be resolved prior to expenditure of any awarded funds:

1. Goals and objectives: The proposed objectives and service activities need to be revised to incorporate the number of units of information that will be provided and the total number of persons that will be served. Several activities included in this application are not objectives of this funding and need to be deleted.
2. Matching Funds: As in the SENIOR VOICE application, OPAG addresses in-kind facility space and in-kind advertising as match. The in-kind advertising is unallowable. Ads donated to other agencies are benefits provided by OPAG to other agencies. Ads used as barter for items such as travel result in program income. All matching funds should be addressed to the facility budget category, page F-5.
3. Personnel: Costs addressed under total cost of position are not consistent with total costs addressed to funding sources, page F-3. Salaries addressed here are also not consistent with those listed in OPAG's SENIOR VOICE application or with the position costs resubmitted on November 21 which are attached. Also attached is a comparison of OPAG's 1984 salaries and requested 1985 salaries. Matching funds in the personnel line are inappropriate and should be deleted.

Recommendations

OAC staff recommends funding of \$60,712 for OPAG's information, referral and support program for 1985. It is further recommended that the Statewide focus of this project be eliminated and that the project be directed entirely at Anchorage and the adjoining Southcentral area. Although the program has made a commendable attempt to disseminate information Statewide through this project that function is more appropriately addressed by SENIOR VOICE and local senior service programs. Further, OPAG's clientele is primarily local people. The caseload of persons needing more intensive supportive services is currently growing and moving the program toward case management services. This direction should be pursued more intensely by OPAG.

Due to the need to focus the program locally and to end duplication of service, it is recommended that funds be deleted for staff travel to other communities and for the Zenith line. The line is currently underutilized by communities that do not have senior programs. Its use by communities with OAC funded programs is not cost effective.

It is recommended that the CY 1985 award be contingent upon the following special conditions:

1. Grant funds shall be used for services to Anchorage and the adjoining Southcentral area.
2. Revised objectives and service activities based on the award of funds shall be submitted to OAC on form F-B by February 15, 1985.
3. A revised budget shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
4. Staff funded under this award shall not be utilized by Older Persons Action Group for activities of the membership organization.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantee audits must comply with OAC-PI-84-5 and Circular A-102, Attachment P.
6. Grantees must have an equal employment opportunity policy, as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
7. Out-of-state travel under this grant requires prior approval by OAC.
8. Attendance at OAC meeting is not a requirement of funding and grant funds shall not be used for this purpose.

Applicant: Older Persons Action Group
Information, Referral and Support

Title III Budget Revision Notes:

OPAG's budget request is attached. The budget revision for the information and referral program reflects the following:

1. Personnel: Salaries have been reduced to reflect available funds.
2. Travel: Travel funds have been deleted for travel to other communities. Local mileage may be included in the budget revision submitted by OPAG.
3. Facility Expenses: Funds for telephone expenses are reduced to \$1,500 as the Zenith Line is not recommended for continuation in 1985.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Older Persons Action Group STAFF: Barbara McPherson

Summary

Older Persons Action Group requests \$123,084 to continue monthly publication of SENIOR VOICE during CY 1985. The newspaper focuses on programs, legislation and issues which directly affect the elderly in the State and strives to provide a forum for seniors, senior organizations and policy-makers. SENIOR VOICE is distributed statewide to 7,500 persons each month. Although it is available without charge, 2,100 are paid subscribers.

SENIOR VOICE staff consists of three full-time positions: a media manager, a researcher/reporter and a reporter. OPAG's director, administrative assistant and secretary positions contribute 12 to 8 hours per week to the production of the paper.

Analysis

In 1984 SENIOR VOICE continued to be a high-quality, well written publication. It has earned the respect of its readers and journalists Statewide. Letters commending and supporting SENIOR VOICE during the past year are on file from Charles Mundorff, Southcentral Counseling Center; Thelma Langdon, Alzheimer's Disease Family Support Group; Mary Carey, Tex-Alaska Manuscripts; Sue McCarty, North Star Council on Aging; Randi Paquin, Home Health Care; Association of Older Alaskans Programs; Mary Johnson, the WGS Connection.

OPAG's CY 1985 funding request for SENIOR VOICE is 116% higher than their CY 1984 OAC grant award.

The budget request contains a number of omissions which must be resolved prior to expenditure of any awarded grant funds:

1. Matching Funds: OPAG addresses in-kind facility space and in-kind advertising as match. The in-kind advertising is unallowable. Ads donated to other agencies are benefits provided by OPAG to other agencies. Ads used as barter for items such as travel result in program income.
2. Program Income: OPAG projects \$61,000 in program income during 1985; however, this amount is not shown in the budget summary, page F-1.
3. Personnel: Costs addressed under total cost of position are not consistent with total costs addressed to funding sources, page F-3. Salaries addressed here are also not consistent with those listed in OPAG's I&R grant or with the position costs resubmitted on November 21 which are attached. Also attached is a comparison of OPAG's 1984 salaries and requested 1985 salaries. Matching funds in the personnel line are inappropriate and should be deleted.
4. Travel: Travel funds are requested; however, OPAG was awarded legislative intent funding for travel for SENIOR VOICE staff.

5. Facility Expenses: OPAG is utilizing in-kind match for facility costs. These funds should be addressed to the facility budget category, page F-5.
6. Other: During CY 1984 OPAG provided SENIOR VOICE to OAC projects as a condition of the funding award. OPAG has included \$1,000 in this grant request for distribution to OAC agencies. As the paper is produced under OAC grant funds, as well as the program income generated by those funds, and distributed statewide to the elderly, this additional charges for OAC projects is inappropriate.

Currently OPAG has approximately \$8,000 in unexpended program income that could be carried forward to the 1985 grant period. It is important that OPAG develop a clearer accounting method for grant funds and program income for SENIOR VOICE. Program income must be applied exclusively to the costs of producing SENIOR VOICE. The revised personnel budget submitted on November 23 indicates that program income is utilized for the accounting technician's salary. This shall not exceed 4 percent of the total salary for this position as that is the percentage of work time allotted to SENIOR VOICE by the accounting position. It should also be noted that a student intern position is included in the revised salary schedule that does not appear in the media application. Funds for this position are also addressed to program income. OAC did not support a reporter trainee position requested by OPAG under legislative intent funding.

Recommendation

OAC staff recommends funding of \$47,952 for SENIOR VOICE for CY 1985 contingent upon the following special conditions:

1. By February 15, 1985, OPAG must submit a complete revised budget for the operation of SENIOR VOICE during CY 1985 using budget detail pages F-1 through F-10. This budget must include all program income and funding from other sources for SENIOR VOICE. All revenue and expenditures for SENIOR VOICE must be reported to OAC quarterly by line item in accordance with the accepted revised budget.
2. OPAG shall carry forward any unexpended CY 1984 program income to CY 1985. OPAG shall notify OAC of the amount of this unexpended program income prior to February 15, 1984 and incorporate it into the revised CY 1985 budget.
3. Program income generated by SENIOR VOICE must be used exclusively for the operation of SENIOR VOICE and cannot be utilized for the support of any other program operated by the Older Persons Action Group.
4. SENIOR VOICE may not be utilized by the Older Persons Action Group or any other organization to solicit membership unless such solicitation is incorporated in a paid advertisement.
5. Staff funded under this award shall not be utilized by Older Persons Action Group for activities of the membership organization.
6. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantee audits must comply with OAC-PI-84-5 and Circular A-102, Attachment P.

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Palmer Senior Citizens, Inc. STAFF: Howard DeVore

SUMMARY OF PROGRAM: Palmer Seniors have submitted CY 1985 Grant Applications for both AS 47.65 and Title III funding to continue nutrition and access services, handyman and home maintenance services, and social worker services. Objectives for CY 1985 show slight increases in number of services provided.

TITLE III

CY 1985 Objectives proposed are:	Compare Oct 83-Sept 84 performance:
15000 congregate meals to 85 or an average of 60 a day.	13416 congregate meals to or an average of 54 a day.
1400 home delivered meals to 16 nutrition education to 16 HB	1813 meals to average 8 a day nutrition education
4000 rides to 25 (17 rides a day)	3193 rides to (13 a day)
120 escort rides to 16	399 escort rides provided
40 outreach contacts/first time	outreach
80 referral/advocacy cases closed	304/294-referral/personal advocacy
220 units of information (fewer)	629 units of information

AS 47.65

CY 1985 Objectives proposed are:	Compare Oct 83-Sept 84 performance:
1330 health maintenance activities to 66 physical fitness activities to 20	health maintenance (none) physical fitness (none)
270 telephone reassurance contacts-40	659 telephone reassurance contacts
600 hours home repair for 20 persons	117 home chores/repairs for
820 home visits to 65 persons	886 home visits provided to
	96 psychological assessments <i>47?</i>

Although the contract with an Anchorage-Mat/Su Psychologist continues in the grant for \$8320, no objectives for psychological assessments was found in the grant application.

ANALYSIS:

Title III

This application requests \$158,137, an increase of 26.2% (\$32,856) over current funding of \$125,281. The increase is accounted for, in part, by a new 32 hour Administrative Assistant position costing \$16,591 and distributed equally between Title III and AS 47.65, and increase of 8 hours in the project director's position costing \$5,935, and \$6,000 for a computer, typewriter and adding machines.

AS 47.65

This request for a 16% increase over current year funding shares some of the the new administrative assistant and project director costs but also adds a new position, a Social Service Aide, costing \$14,723, to assist the Social Worker. See page 5, budget notes.

STAFF RECOMMENDATION:

Staff recommends funding Palmer's Title III project at 5.9% of the current funding level, the available funding after equitably distributing the decrease required in the Southcentral Region. Staff recommends an increase of no more than 10% in the number of meals provided and a continuation of the home delivered meals at the current level for homebound and frail elderly.

APPLICANT: Palmer Senior Citizens, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)

Staff recommends a maximum of 16,180 meals in CY 1985, 14,015 congregate and 2165 home delivered meals and recommends rides be maintained at the 1984 level of 3200.

Staff recommends funding the AS 47.65 Social Services and Handyman programs at 7.2% of the current operating level, equitably distributing the decrease in available funds for Southcentral and the cost of a new nutrition program at Houston in CY 1985. Staff recommends not funding the proposed new administrative position nor the new social service aide position.

	State/Federal	Match	100%
TITLE III	\$ <u>117,895</u>	\$ <u>20,805</u> 15%	\$ <u>138,700</u>
AS 47.65	\$ <u>53,440</u>	\$ <u>5,938</u> 10%	\$ <u>59,378</u>
TOTAL	\$ <u>171,335</u>	\$ <u>26,743</u>	\$ <u>198,078</u>

100:530 less

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-8 by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 16,180 meals with USDA calculated at the new rate of 58.75 cents per meal.
6. Rides are to be maintained at the current level of 3,200 in CY 1985. with the OAC Older Alaskans Transportation Service policies and priorities.
7. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.

Call
Jan DeVore
See Cost 9/17/84
Will Johnson on meals after
 OLDER ALASKANS COMMISSION
 APPLICATION REVIEW

APPLICANT: SALVATION ARMY, ANCHORAGE

STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Salvation Army proposes to maintain the present level of services to nearly 2,000 older persons in the Anchorage, area, excluding Chugiak and Girdwood, and increase nutrition and day care services, providing nutrition out of five locations, transportation from the headquarters and transportation center at 110 East 3rd, and escort, chore maintenance, home repairs, counseling, shopping and shopping assistance, outreach, and friendly visits out of the home care center at the same headquarters building. Each nutrition site supports and provides some of these services, particularly information giving and in addition health screening. The headquarters project office provides administrative services, dietitian consultation, staff training, a newsletter, planning, and the primary information and referral service.

Objectives for 1985 are:

39,900 rides for 530
 2,400 escorts for 60
 5,000 units of simple information.
 6 referral/personal advocacy
 60 shopping assistance for 8
 43,750 congregate meals for 2100
 27,375 home delivered meals to 200
 1,650 nutrition education to 1,650
 1,200 health activities to 100
 520 telephone reassurances to 20
 2,000 homemaker services to 60
 900 home repairs for 140
 1,100 visits to 120
 2,500 respite hours for 50
 10,000 adult day care for 25

Compare Oct 83 - Sept 84 performance

40,749 rides for 1396
 3,022 escorts for 286
 5,894 units of simple information giving
 advocacy assistance information
 78 shopping assistance for 30
 36,235 congregate meals for 2277
 26,552 home delivered meals for 524
 333 units of nutrition education
 1,377 health maintenance activities to
 756 telephone reassurance to 233
 1,026 homemaker services to 217
 872 home repairs/maintenance to 229
 1,620 visits to 485
 1,970 respite hours for 197
 hours adult day care for 59

ANALYSIS:

Program remains substantially the same as in current year with five nutrition sites, provides for the same number of rides as in 1984 and OATS dispatch with MT Caverly, continues escort, chore/homemaker, shopping assistance, reassurance calls, home maintenance, and outreach from the home care center, and enters the second year for a geriatric day care center. The Title III State/Federal 1985 request \$213,637 is a 14% increase over 1984. Increases are in salaries (6.5%) and additional meals.

STAFF RECOMMENDATION:

Staff recommends to fund the AS 47.65 Day Care and In-Home Care at the current operating level and to fund the Title III Program at 7.5% less than the current CY 1984 level, the total funds available by distributing reductions of Title III funding in the Anchorage region equitably between all grantees.

Staff recommends the number of meals budgeted by no more than a 10% increase over current performance, 39,590 congregate and 29,340 home delivered, and rides be maintained at the current service level of 40,000 in 1985.

APPLICANT: Salvation Army of Anchorage

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>841,368</u>	\$ <u>148,477</u> 15%	\$ <u>989,845</u>
AS 47.65	\$ <u>176,099</u>	\$ <u>19,567</u> 10%	\$ <u>195,666</u>
TOTAL	\$ <u>1,017,467</u>	\$ <u>168,044</u>	\$ <u>1,185,511</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 68,930 meals.
6. Maintain five existing nutrition sites; move or expand only after approval of the Older Alaskans Commission.
7. Maintain adult day care program and participate in the Anchorage Day Care Consortium.
8. Rides are to be maintained at the current level of 40,000 in CY 1985.
9. Provide dispatch and scheduling services for and coordinate with the M.T. Caverly Senior Center and operate supplementary transportation in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
10. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
11. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.

Continued next page.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Seward Senior Citizens

STAFF: Dinah Van Der Hyde

Summary

Seward Senior Citizens is requesting Title III funds of \$17,435 and AS 47.65 funds of \$44,150. This is a 63% increase in OAC funding for the program and includes a new grant for Title III.

Seward has a population base of 1,800 with 255 persons over 60. This program has provided congregate meals two days a week, transportation, escort, outreach companionship, health maintenance, and telephone reassurance to 90 seniors.

The CY 85 proposal would increase meals to three days a week, provide home-delivered meals, transportation, escort, outreach, information, referral/personal advocacy, shopping assistance, health maintenance, physical fitness, telephone reassurance, home visiting, and volunteer services. Seward hopes to target the frail by increasing Title V outreach worker hours.

Analysis

Seward's application is minimally documented as to target populations and need for increased service. Program reporting has been timely, but planned versus actual performance has been noticeably varied. Actual congregate meals were 69% of planned, escort 3%, health maintenance 273%, and companionship 136%.

The budget request for CY 85 reflects more dependence on OAC support. The application does not explain the change in support required. Borough funds are \$8,000 less; perhaps this reflects decreased revenue sharing. The Director's salary was paid 44% by the Borough in CY 84 and the Bookkeeper 50%. Both are 90% OAC in the CY 85 request.

This program is currently being audited. During the preliminary attempt at the audit, there was insufficient documentation available for the audit to take place. The grantee's current Bookkeeper is now trying to reconstruct the documents for the 1982 and 1983 grants in order to have a complete audit take place.

Recommendation

Due to the lack of OAC funding available and the uncertainty of fiscal accountability, staff recommends funding at the current operating level for AS 47.65 of \$30,000.

This project has been encouraged to seek additional Title V funds for their proposed staffing increase for home visiting and health maintenance.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Tapraq, Inc. STAFF: Fran Toland

SUMMARY

Tapraq, Inc. is a service organization formed to help prevent alcohol and drug abuse in Stebbins. From July 1, 1982 to December 30, 1983 they provided congregate meals 3 days a week to approximately 16 senior citizens.

In July of 1984 they were awarded a 6-month AS 47.65 grant of \$11,096. This year they are requesting \$11,629 of AS 47.65 money for six months or \$23,258 for 12 months. This represents an annualized increase of 5%.

ANALYSIS

Tapraq first requested and received funding in July, 1982. The site was not inspected by staff until March, 1983. At that time the nutrition administrator discovered that the kitchen in the community center was not certified. In July 1983 they were awarded a 6-month grant with the condition that continued funding was contingent upon their obtaining a food service permit. No money was awarded in January 1984. As efforts were made to certify the kitchen, the project director stayed in touch with OAC staff. In March, 1984 the Stebbins City Council agreed to pay for necessary renovations to the community center. Those renovations were scheduled to be completed in July.

With that information OAC granted Tapraq \$11,096 with the condition that no money would be forwarded until we had a copy of the food service permit.

To date, the renovation on the building has not been done. At last correspondence, the supplies were barged to Unalakleet and would be delivered to Stebbins as soon as possible. Weather permitting, construction will begin immediately.

Tapraq's application was one of the most complete and accurate ones reviewed by this coordinator. Every issue was addressed and need was documented. It was received late in this office, having been sent first to the Department of Administration and then forwarded to OAC.

RECOMMENDATIONS

Staff recommends that OAC set aside \$23,258 for award to Tapraq upon receipt of their food service permit. The award will be prorated based on when the permit is received.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Upper Tanana Development Corp. STAFF: Ruth G. Browne

Summary

Upper Tanana Development Corporation (UTDC) requests \$211,897 in Title III funds and \$31,087 in AS 47.65 funds to continue serving the elders residing in the region. The Upper Tanana region includes the communities of Dry Creek, Dot Lake, Tanacross, Tok, Tetlin, Mentasta, Northway, Eagle City and Eagle Village.

The program provides lunch five days a week at Tok/Tanacross, Tetlin, Dot Lake, Northway; two days per week at Mentasta and three days per week in Eagle. Responsibility for serving the elders of Mentasta was transferred from Copper River Native Association to UTDC during CY 84 for geographical reasons. UTDC did not receive additional funds to service Mentasta.

The program currently operates three vans. One van is used primarily in Northway and travels to Tok once a week for lunch. Two vans are presently located in Tok. One is used daily to transport seniors from Tok and Tanacross and to deliver home-delivered meals. The third van is used to transport seniors from Mentasta and Dot Lake to Tok or Delta Junction to shop or participate in the lunch program. UMPTA funds have been received to purchase a four wheel drive which will be used to service the elders in Eagle and Tetlin.

UTDC also provides escort, information, referral, telephone reassurance and home visits.

Of the approximately 212 persons 60+ years of age in the region, about 40% are Native. About 150 have been served by the UTDC region.

Analysis

UTDC's Title III request equals its CY 84 award plus 7%; its AS 47.65 request equals its CY 84 award plus 5%. The increase is due to:

- . addition of a driver to service Tetlin twice a week
- . an approximate 3% salary increase
- . an 11% increase in number of meals
- . equipment requests

An increase is justified due to addition of Mentasta as a meal site and the addition of two vans to expand transportation services.

Recommendation

OAC staff recommends Title III funding at the revised level of \$209,047 and AS 47.65 funding at the level of \$30,087.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Valdez Senior Citizens

STAFF: Fran Toland

Summary

This is a new grant application. Valdez Seniors have been active for the past 3 years, incorporating in 1981. A new senior housing and center complex was completed last year. They have applied for OAC Title III funds to sponsor a senior program to include congregate and home-delivered meals, transportation, escort, outreach, I & R, shopping assistance. Under AS 47.65 they propose to provide health maintenance information, physical fitness, telephone reassurance, and home visits. They propose to serve 48 seniors.

Requested from Title III is \$101,924 and from AS 47.65 is \$16,404.

Analysis

Health maintenance, information, outreach, transportation and potlucks once a week are currently provided. The city pays for a part-time project director and subsidizes operation of the home and center, which includes facility expenses, office supplies, vehicle supplies, postage. Project Director and accountant are the same person.

Recommendation

Staff recommends \$21,312 in AS 47.65 funds to provide as many meals as possible fewer than five days per week.

*W. Al. Answer
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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

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APPLICANT: WASILLA AREA SENIORS, INC.

STAFF: Howard DeVore

SUMMARY OF PROGRAM: WASI, INC. has submitted a request for funding from both Title III and AS 47.65 funding, as in the past, to continue existing programs in nutrition at the Wasilla and Talkeetna sites, access services to older persons in this area of the Mat-Su Valley, and a handyman home maintenance and repairs service to the elderly frail unable to work on their own homes. New, in this CY 1985 funding request under AS 47.65, is the provision for a social worker who offers information, referral, and counseling services while coordinating with other agencies. The job description fails to mention educational or training requirements but the duties do not necessarily call for a BS in Social Work. New objectives on form F-B for CY 1985 speak only to one objective related to social work services, telephone reassurance to 15 older persons.

Title III services funded at the requested level would increase meals in a congregate setting by 22.5%, from 10,071 served October 1983-September 1984 to 13,000 proposed. Part of the cost is off-set by a suggested donation of \$1.50 by participants which Wasilla Area Seniors have been contributing in the current year as well. Meal donations should provide \$19,500 and rides \$3,000 in a transportation service governed by OAC policies with three vehicles driven by one paid and two volunteer drivers.

Talkeetna will continue as the new nutrition outreach program serving 15-20 elderly at school sites providing meals under contract at \$3.50 per meal averaging 25 meals a week for the year. The Upper Susitna Valley Seniors, Inc are involved in advisory management to the WASI Board and staff which includes a site manager now provided by Title V funding but proposed to be assumed in this grant under Title III. Justification for transferring the position to Title III is the need for more than 20 hours a week, according to the grant. Though the program got off to a slow beginning and meals are now served only one day a week, rotating from one school or restaurant location to another to serve a widely distributed clientele, the response and appreciation was shown at a recent meal and USVS, Inc. board meeting attended by the reviewer.

ANALYSIS:

AS 47.65 HANDYMAN/SOCIAL WORK

The 81% increase in AS 47.65 funds requested for CY 1985 adds a new dimension to the WASI program and a new position of Social Worker costing \$17,322 of the \$26,295 increase over \$42,400 funded in the current year for the Handyman and Home Maintenance Program. Except for counseling mentioned in the job description of the Social Worker, the information, referral and personal advocacy duties are not allowable under AS 47.65 and more appropriate under Title III but also found in the job description of the Coordinator/Bookkeeper position.

TITLE III NUTRITION AND ACCESS

The CY 1985 request of \$151,095 is 29.5% above the 1984 allocation or \$34,436 more accounted for in part by transferring the Talkeetna Title V Site Manager to Title III and adding \$14,062 for a computer and outdoor exercise equipment. The current 1984 allocation of \$116,659 includes excess funds of \$10,630 not used at Talkeetna.

APPLICANT: Wasilla Area Seniors, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION:

Staff recommends funding the Title III Nutrition and Access program at 94.1% of the CY 1984 Wasilla allocation (\$96,756) for the Wasilla site in 1985 and of the state share of the CY 1984 Talkeetna revised site budget (\$9,373) for Talkeetna in 1985, a total Title III recommendation of \$99,773 with \$91,047 for the Wasilla site and \$8,726 for the Talkeetna site. Staff recommends the continuation of a Title V site manager, 20 hour per week, position for Talkeetna and not to fund this position from Title III.

Staff recommends a maximum of 10,450 meals in CY 1985, 9,150 congregate meals at Wasilla served five days a week and 1,300 meals at a Talkeetna site served once a week. Staff recommends rides be maintained at the current 1984 level of 2400.

Staff recommends funding the AS 47.65 Handyman program at the current operating level, the amount of available funds for Southcentral after accommodating the cost of a new nutrition program at Houston in CY 1985 and distributing the balance to the programs in the Southcentral Region. Staff recommends not funding the proposed new Social Worker position, computer hardware or software, nor the outside exercise equipment proposed by the applicant.

	State/Federal	Match	100%
Wasilla TITLE III	\$ <u>91,047</u>	\$ <u>16,067</u> 15%	\$ <u>107,114</u>
Talkeetna TITLE III	\$ <u>8,726</u>	\$ <u>1,540</u> 15%	\$ <u>+10,266</u>
Total TITLE III	\$ <u>99,773</u>	\$ <u>17,607</u> 15%	\$ <u>=117,380</u>
Wasilla AS 47.65	\$ <u>32,400</u>	\$ <u>3,600</u> 10%	\$ <u>+36,000</u>
TOTAL	\$ <u>132,173</u>	\$ <u>21,207</u>	\$ <u>=153,380</u>

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SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 10,450 meals, including 1,300 for the Talkeetna site, with USDA calculated at the new rate of 58.75 cents per meal.
6. Provide 25 meals, one day a week in the Talkeetna area at selected school sites, and provide one site manager on part time 20 hours per week to

Continued next page.

APPLICANT: Wasilla Area Seniors, Inc.

STAFF: Howard DeVore

SPECIAL CONDITIONS: (Cont)

supervise and organize activities through Title V funding. The Title III allocation to Wasilla includes \$8,726 state funds for the Talkeetna site. New nutrition sites shall not be established without prior approval of the OAC.

7. Rides are to be maintained at the current level of 2,400 in CY 1985.
8. Transportation shall be provided to access services in the following order of priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
9. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Services, Division of Family and Youth Services, under their contract with Alaska Management Technologies. Tasks performed by Title V in-home workers are not affected by this special condition.
10. Home repair and renovation services shall be provided to an individual only if the service cannot be provided through another agency such as the Farmers Home Administration or Department of Community and Regional Affairs.
11. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex, or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
12. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
13. Out of state travel under this grant requires prior approval of OAC.
14. Attendance at OAC meetings is not a requirement of funding and grant funds shall not be used for this purpose.
15. Funds may not be used to pay health benefits for Title V enrollees.
16. Funds provided by this allocation shall not be used for a social worker positions, for computer hardware or software, nor for outdoor exercise equipment.

STATE OF ALASKA

DEPARTMENT OF ADMINISTRATION

OLDER ALASKANS COMMISSION

BILL SHEFFIELD, GOVERNOR

POUCH C, M.S. 0209
JUNEAU, ALASKA 99811
PHONE: (907) 465-3250

April 1, 1985

Dear Governor Sheffield and Members of the Legislature:

It is a pleasure to submit the Older Alaskans Commission's 1983-84 Annual Report to you. This report describes the Commission's activities and details State and Federal dollars expended for services for older persons who are in need of assistance to maintain quality in their lives.

In its nearly four years of existence, the Commission has addressed the needs and concerns of Alaska's older population through programs designed to preserve their independence and productivity. These programs are critical if we are to prevent unnecessary or premature entry into long term care facilities.

During this time Alaska's older population has increased approximately 24%. Alaskans age 60 and older now number 24,000. We can expect this high rate of growth to continue as more and more Alaskans celebrate their sixtieth birthday and life spans increase.

The Commission has appreciated your dedication to protecting the independence and dignity of older Alaskans. We look forward to our continued, shared commitment to those who have shaped our heritage and our future.

Sincerely,



Peggy Burgin
Chair

PB/BJP/ro

~~DAC - Start from Chair~~

HISTORY AND HIGHLIGHTS

History

The Older Alaskans Commission was created by the State Legislature in 1981 to ensure dignity and independence for Alaska's elderly and assist them in maintaining useful, quality lives. In creating the Commission, the Legislature gave older Alaskans a voice in the planning and provision of programs of benefit to them. Currently, through State and Federal grant awards, the Commission funds services for 16,000 older persons in 107 communities.

The Older Alaskans Commission plans, coordinates and provides services for the elderly in the areas of employment, nutrition, transportation, information and referral, housing, health care, in-home services, legal services, long-term care, advocacy, out-reach and family support. The Commission also acts in an advisory capacity and makes recommendations to the Governor and the Legislature regarding issues that affect the State's elderly.

A New Beginning for Older Alaskans

A comprehensive statewide plan addressing the needs of Alaska's older citizens was developed during 1983. The planning process focused on identifying priority needs of older Alaskans and developing a coordinated approach to respond to those needs. Regional forums, individual interviews and community meetings were conducted in each of six planning regions. This information was combined with a review of existing needs assessments and recent research to provide the basis for the goals and objectives of the three year action plan.

The plan:

- * provides basic information about the status and needs of older Alaskans and the available resources to address those needs
- * offers a framework to guide the Commission's actions over a three year planning period
- * indicates how the Commission will develop a comprehensive and coordinated approach to meet the needs of older Alaskans
- * complies with the planning requirements of the Federal government

Alaska Remains a Single State Planning and Service Area

Historically, the entire state has been a single planning and service area under the administration of the Older Alaskans

Commission (formerly the Office on Aging) as the state unit on aging. The Older Americans Act provides for the establishment of planning and service areas (PSA) for the elderly in regions where the total population exceeds 100,000 and for administration of the Title III services in these regions by an area agency.

In response to the interest of the Municipality of Anchorage to be considered as a planning and service area, the Commission announced its intent to plan for the development of a planning and service area for Anchorage.

An ad hoc committee composed of members and staff of the Older Alaskans Commission and the Senior Citizens Advisory Commission of the Municipality of Anchorage was formed to develop guidelines for the designation and administration of a PSA for the municipality. Upon receipt of the committee's report and recommendations, the Commission designated Anchorage as a planning and service area.

The Commission advertised for letters of intent for a \$30,000 planning grant to develop an area plan for Anchorage. The municipality chose to not respond to the letter of intent and the Commission rescinded its designation. The municipality gave the following reasons for turning down PSA responsibilities.

- * There appeared to be less than adequate support by senior citizens city-wide;
- * There was an almost total lack of support by areawide project directors of senior citizens programs;
- * It was not possible to assume administrative functions without cutting funds, and thereby services, to local senior programs, and;
- * Planning and service area functions would duplicate the areawide social service planning for all community residents which was taking place.

Alzheimer's Disease

Alzheimer's Disease is termed "the disease of the century". The 1984 amendments to the Older Americans Act require that an adequate proportion of Title III Part B funds be expended for the delivery of supportive services for families of elderly victims of Alzheimer's disease and other neurological and organic brain disorders. This mandate makes Alzheimer's disease a national priority and, for the first time, recognizes the family as the recipient of services.

The Older Alaskans has focused their attention on this devastating disease. In November, 1984, the Commission, Day Break Adult Day Care Center and the Anchorage Alzheimer's Disease Family Support Group cosponsored a statewide teleconference on Alzheimer's Disease to educate and inform Alaskans about the disease. Questionnaires were sent to the rural villages to identify the numbers of suspected Alzheimer's victims who may reside in remote areas.

Governor Sheffield proclaimed November as Alzheimer's Disease month and workshops were held in Anchorage, Juneau, Fairbanks and Kenai. Audioconference training sessions about the disease were held in Ketchikan, Kodiak, Dillingham, Bethel, Copper Center, Nome and Kenai.

Elder Abuse

In 1983 the Alaska State Legislature enacted a mandatory elder abuse reporting law to shield Alaska's elderly from physical and economic harm. The Older Alaskans Commission advocated for the passage of this law and for the protection and assistance of older persons who are unable to care for themselves.

Elder abuse has been encountered statewide by Commission funded senior projects and was documented in Anchorage under a 1981 study funded through the Commission by the Administration on Aging. Twenty agencies surveyed by the Anchorage Community Health Center for this study reported contacts with elder abuse cases. Seventy-five cases of elder abuse were reported in all. In 75% of the cases, the abuse had been going on for some time and only 53% of the victims sought help.

Although adult protective services are the responsibility of the Department of Health and Social Services, the Older Alaskans Commission has oversight responsibility for elder abuse services under the mandatory reporting statute. The Commission is responsible for approving regulations for the implementation of the law and for receiving statistical reports on activities related to the protection of elderly persons in the State. Additionally, the law mandates that employees of Commission funded programs report suspected harm to elderly persons.

In September, 1984, the Commission conducted a coordinated training for personnel of OAC senior projects, social workers of Division of Family and Youth Services local offices, and hospital and medical personnel. Susan Tomita of Harborview Hospital in Seattle provided training in how to recognize elder abuse and how to deal with victims and their abusers. The training strengthened the ability of the aging network to coordinate effectively and promoted mutual understanding of the issues and procedures that are critical to the protection of older persons.

Older Alaskans Survey

In conjunction with the Pacific Northwest Long Term Care Center, the Commission mailed a survey to 14,300 Alaska longevity bonus recipients in October 1984. The survey will enable the Commission to best meet the needs of Alaska's elderly population. Final survey results will be available in mid-1985.

Housing Task Force

Prompted by the three year comprehensive plan, the Commission designated a task force in late SFY 1984 to study housing and housing related issues facing senior citizens in Alaska. Composed of inter-agency personnel and private citizens, the nine member task force explored public and private housing options, alternative financing, weatherization, energy assistance, institutions, in-home services and the fragmentation of senior housing services.

Through five meetings and two teleconferences, the task force solicited information on housing needs from the general public and housing professionals. After three months of investigation, the task force compiled a series of preliminary policy and legislative recommendations for the Commission's consideration. The Commission accepted these preliminary recommendations and directed the task force to conduct a statewide teleconference to encourage public comment.

Within six months of its inception the task force presented thirteen final recommendations to the Commission which they unanimously adopted. Included among the recommendations were two pieces of draft legislation designed to stretch state dollars for in-home services and housing construction. One bill would allow the Department of Health and Social Services to establish a sliding-fee schedule for recipients of homemaker, home health aide and home-nursing services.

The second piece of legislation would create an innovative builders' incentive program to encourage private contractors to construct rent-controlled senior housing.

Throughout its meetings the task force emphasized the Commission's role as a coordinating agency for senior housing-related services. All of the task force's recommendations reflect the primary goal of the Commission to keep seniors in their own homes as long as possible and to seek alternatives that would prevent or delay costly institutionalization. The task force drafted a final report to summarize its findings and offer an analysis of the recommendations.

Intergenerational Activities

As a natural outcome of visibility in communities, local senior citizen groups around the state have become involved with young people. In many areas, intergenerational activities reassert the position of elders as honored members of the community. This is particularly true in rural Alaska where seniors share their knowledge, crafts and survival skills which school-aged children.

Northwest Alaska has taken the lead in organized intergenerational programs. Kotzebue's Inupiaq Ilitqisiat movement involves seniors in curricula development and training for kindergarten through twelfth grade to supplement western education with traditional Eskimo knowledge and values. Nome's youth program frequently joins forces with the senior center to share in traditional hunting and gathering activities. The vigor of youth augments the skill and knowledge of senior citizens in such traditional activities as berry picking, ice-fishing and seal hunting.

The Foster Grandparents Program also provides intergenerational relationships in three Alaskan communities, Juneau, Anchorage, and Fairbanks. The Foster Grandparent Program assigns a senior to two children who have special needs. The needs vary from physical handicaps to emotional and learning problems. The senior offers the child the special love and attention that teachers and staff are often too busy to give. The child offers the senior a loving response and feelings of self worth and accomplishment. This intense one on one relationship of child and senior is rarely found in our present transient society. Many Alaskan children have never seen their grandparents and the seniors are especially capable to offering warmth and wisdom. They also bring to their work the time and patience that are needed in teaching children with special needs.

EDUCATION AND TRAINING

Alaska Consortium for Education and Training in Aging

The Older Alaskans Commission is a member of the Alaska Consortium for Education and Training in Aging, a cooperative effort of the Commission, the University of Alaska and the Association of Older Alaskans Programs. The consortium evolved from mutual concerns for the development of educational resources for those who provide services to older persons. Four representatives of each member organization meet monthly via teleconference to coordinate training opportunities and address issues which affect gerontology education in the State. The Consortium, which was catalyst and steering committee for the 1982 Aging Together in Alaska Conference in Fairbanks, will also direct the development of a 1985 conference for older Alaskans.

Linkage

The U.S. Department of Health and Human Services awarded the Commission \$100,000 in discretionary grant funds for the Advanced Technology Transfer of Gerontological Training: Linkage Project. Linkage was designed to examine the feasibility of using audioconferencing and video communications technologies to provide cost effective training to Commission project directors and related aging service providers in rural Alaska.

With the Institute of Social and Economic Research (ISER) and the University of Alaska Instructional Telecommunications Center (UAITC), the Commission held two training sessions during 1984. The training sessions were broadcast via the State's teleconference network and Learn Alaska television. Sessions were held in Ketchikan, Kodiak, Dillingham, Bethel, Copper Center, Nome and Kenai. Topics of the workshops included how Alzheimer's disease affects families, the need for family support, exercises and questions for those working with Alzheimer's victims and how to develop family support in rural communities. The Linkage program will continue through part of 1985.

Board Training

All nonprofit organizations that receive funding from the Older Alaskans Commission have a board of directors and/or an advisory council. In order to increase the effectiveness of the boards and advisory councils, the Older Alaskans Commission coordinated with United Way of Anchorage to provide board training to several programs throughout the state. The trainer was provided by United Way; funds for travel, per diem and training materials were provided by the Commission. The training was provided to aging programs in Anchorage, Delta, Kodiak, Chugiak, Palmer, Tok, Juneau, Fairbanks, Kenai and Dillingham.

The Commission also developed a technical assistance packet for the board's and councils of aging programs. This packet contains a sample set of bylaws, sample job descriptions and descriptions of committees.

Project Directors Training Workshops

In July, 1983 and September, 1984 the Older Alaskans Commission conducted five-day training workshops for directors of Commission funded programs, aging service providers, the elderly and other interested persons. These workshops were funded under Federal Older Americans Act grant awards to the Commission for training and education. Under the older Americans Act, the Commission is mandated to annually provide training to program personnel and the State's aging network.

Providing training to personnel of the Older Alaskans Commission's service programs is a major priority. It is also a critical need. Aging services personnel in the State's rural communities are completely isolated from other service providers and training opportunities. The cost of attending national training conferences and workshops is prohibitive for the majority of service providers.

Topics for the training workshops were identified by project directors themselves. During the past two years the training agendas have included meal cost-control alternatives, cutback management techniques, aging service evaluation, elder abuse identification and intervention, the needs of the frail elderly, program development and management and victimization. Each workshop was attended by approximately 150 persons.

ADVOCACY ASSISTANCE

Under the Older Americans Act, states must develop systems of support and provide technical assistance to protect and advocate for older persons. The term "advocacy assistance" is used to describe these activities. Alaska's advocacy assistance program consists of three components: the Senior Citizen Ombudsman Program, Legal Services Development and Elderly Legal Services.

Senior Citizen Ombudsman Program

Alaska's Senior Citizen Ombudsman Program began in November, 1980 and is organized to serve as a resource for all Alaskans over the age of 60 with priority given to institutionalized seniors. The program's main emphasis is to ensure that the elderly get proper care in nursing homes, long term care facilities, boarding homes or residential care facilities and foster care homes. In addition, the Ombudsman investigates and resolves complaints made by and for older persons about agencies or agency actions, and provides information and referral services. An average of 50 persons are served statewide each month by the Senior Citizen Ombudsman Program.

Legal Services Development

Legal Services Development is required under the Older Americans Act to provide technical assistance and training activities which promote and assist the expansion of legal services and the ombudsman program. It does not include litigation or direct representation of clients.

Legal Services Development is provided by the Commission through a grant to Alaska Legal Services Corporation (ALSC). Under this funding legal issues which impact older citizens are addressed through training of senior service program personnel Statewide, the coordination of ALSC staff assistance to the aging network, the

provision of advocacy and legal information pertaining to the elderly and the promotion of pro-bono services from private attorneys.

Elderly Legal Services

Direct legal services for persons 60 years of age and older are also provided by the Commission through funding to Alaska Legal Services. It is estimated that approximately 30% of the State's elderly are in need of legal services. This program assists approximately 400 persons each year with legal problems concerning housing, home ownership, public entertainments, income maintenance, estates, probate and guardianships.

Nutrition Services

The Older Alaskans Commission provides funding for nutrition services for persons age 60 and over under Title III-C of the Older Americans Act and Alaska Statute 47.65. Nutrition Services include: nutritious meals which provide at least one-third of the Recommended Daily Dietary Allowances; nutrition information and education; and outreach activities to inform eligible persons about the availability of the services.

The majority of meals are served in congregate settings such as senior centers, schools, restaurants, community buildings, elderly housing facilities, and churches, so participants can benefit from the socialization and supportive services provided as part of the program. The number of congregate meals served increased from 237,498 in calendar year 1983 to 259,644 in 1984; an increase of 9.3%.

Meals are also delivered to elderly who are unable to leave their homes due to illness, handicaps, or extreme weather conditions. The number of home-delivered meals served in 1984 increased to 89,462 from the 78,701 served in 1983; an increase of 13.7%. No participant is required to pay for a meal, but all are asked to make a contribution toward the cost of the meal.

By the end of calendar 1983, there were 24 nutrition program grantees serving meals at 53 sites.

By the end of 1984 this had increased to 24 serving meals at 80 sites.

Grantees funded under Title III - C are required to provide meals at least five days per week, include spouses of persons age 60 and over as eligible participants (regardless of age), and are also eligible to receive commodities or cash-in-lieu of commodities reimbursements from the United States Department of Agriculture.

Title III - C grant recipients in 1984 were:

<u>Grantee</u>	<u>Site Location(s)</u>
The Salvation Army - Anchorage	Eight & Barrow, Mt. View, Muldoon, Spenard, Serendipity
North Slope Borough	Barrow
City of Bethel	Bethel
Lower Kuskokwim School District	Akiachuk, Akiak, Atmauthluak, Eek, Goodnews Bay, Kasigluk, Kipnuk, Kongiganek, Kwethluk, Kwigillingok, Napakiak, Napaskiak, Nightmute, Oscarville, Quinhogak, Tuluksak, Tununak, Tuntutuliak
Chugiak Senior Citizens, Inc.	Chugiak
Copper River Native Association	Glennallen, Cantwell
City of Cordova	Cordova
Bristol Bay Native Association	Naknek, South-Naknek, Newhalen, Nondalton, Kokhanok, Koliganek, Manokotak, New Stuyahok, Togiak, Twin Hills, Ekwok
City of Dillingham	Dillingham
North Star Council on Aging	Fairbanks
City of Fort Yukon	Fort Yukon
Homer Senior Citizens, Inc.	Homer
Catholic Community Services - Southeast Senior Services	Angoon, Craig, Haines, Hoonah, Hydaburg, Juneau (Mt. View, Gastineau, Valley, Douglas), Kake, Ketchikan, Klawok, Pelican, Petersburg, Sitka, Skagway, Tenakee, Wrangell, Yakutat

City of Kenai	Kenai
Senior Citizens of Kodiak	Kodiak,
Metlakatla Indian Community	Metlakatla
Minto Village Council	Minto
Nome Community Center	Nome
Palmer Senior Citizens, Inc.	Palmer
Upper Tanana Development Corp.	Tok, Dot Lake, Eagle, Mentasta, Northway, Tetlin
Wasilla Area Seniors, Inc.	Wasilla, Talkeetna

Grantees who provide meals less than five days per week are funded under AS 47.65. The recipients of AS 47.65 grants for nutrition services in 1984 were:

<u>Grantee</u>	<u>Site Location(s)</u>
Maniilaq Association	Kotzebue
Nenana Tortella Council on Aging, Inc.	Nenana
Seward Senior Citizens, Inc.	Seward

The Older Alaskans Commission also provided a wide range of nutrition program monitoring, technical assistance, and administrative support services to the nutrition program grantees. A nutrition services manual was prepared and distributed to all nutrition services providers in July 1984. Additional materials are also produced and distributed to grantees to assist them in nutrition education, sanitation, food service administration, subcontracts, purchasing, and recordkeeping. The Older Alaskans Commission's Registered Dietitian also reviews nutrition program menus to assure that the meals provide at least one-third of the Recommended Dietary Allowances as required by law.

Future Direction for Nutrition Services

The Older Alaskans Commission is committed to supporting seniors in their efforts to maintain their health and remain in their homes as long as possible. Increasing services to minority and low income seniors in rural areas is a major priority. Expanding nutrition services through contracts with local school districts has been a very successful approach. This coordinated use of existing facilities and staff is a very cost effective means of reaching these previously unserved elders in rural Alaska.

TRANSPORTATION

Transportation to get to needed services was identified as a priority item by participants at the regional forums held in developing the three year comprehensive statewide plan. Transportation is provided by the majority of Older Alaskans Commission service programs.

Vehicles used by local senior service programs have been acquired with funding from local governments, the Urban Mass Transportation Act of 1964 (UMTA), special legislative appropriations or in a few cases a supplemental award from the Commission. The majority of vehicles are received from UMTA. The Commission coordinates with the Department of Transportation and Public Facilities in the award of funds for UMTA vehicles.

A major accomplishment during 1983 was the establishment of the Older Alaskans Transportation System (OATS) which coordinates elderly transportation services in Anchorage. OATS is funded by the Commission and provides door-to-door transportation to the older persons in the Anchorage area. It is collaboratively operated by the Salvation Army and the Mabel T. Caverly Senior Center. Scheduling is through a single phone number. A computerized dispatching system is used to maximize the availability of services.

Other methods of transportation, in addition to the door-to-door system include a fixed route schedule of service. In some communities, the local taxi company is funded to provide elderly transportation services.

During SFY 1983 284,915 rides were provided to 5,017 persons. During SFY 1984 245,611 rides were provided to 4,633 persons. Each year, Commission funded transportation services transport older Alaskans approximately 1,000,000 miles.

Transportation services are provided to access services in the following order of priority:

- a. Medical appointments; prescriptions, hospital and essential (non-emergency) health services;
- b. Nutrition and other essential support services;
- c. Essential shopping, low income development (Title V and other who document low income), and volunteers in services to older person, disabled and children;
- d. Job training and career education;
- e. Attendance at senior organization meetings; and
- f. Nonessential shopping, business, beauticians, cultural, educational.

INFORMATION AND REFERRAL/PERSONAL ADVOCACY

Information and Referral/Personal Advocacy is a gateway for seniors to services that are available in the community. Older persons, who are unsure about where to get help or who have trouble getting it, can contact the Information and Referral service in their local senior programs to receive knowledgeable assistance. Information and Referral staff keep abreast of current information regarding available services and benefits, enabling them to give timely guidance to each individual inquirer.

The Older Americans Act requires state agencies on an ongoing basis to assure the availability of Information and Referral programs that offer reasonably convenient access for older persons. Alaska's Information and Referral services for the elderly are organized as a statewide network. Most local programs funded by the Commission serve as satellite service delivery sites, and the Commission serves as the central data collection, training, and technical assistance agency. During SFY 84, the network responded to over 41,500 information requests and handled over 2,600 referral/personal advocacy cases. These represent 27% and 97% increases over the SFY 83 levels, respectively. The Commission considers Information and Referral to be an essential link to help older Alaskans live independently.

COMMUNITY SERVICES

Homemaker/Chore Services

Homemaker services provide help with routine light housecleaning, laundry, errands, meal preparation and other tasks which a senior may require on a temporary basis due to illness or as a routine service. These services assist seniors to continue living in their own homes. Chore services cover more heavy duty, occasional or seasonal jobs such as woodchopping, heavy cleaning, yardwork, snow shoveling, or hauling water.

Home Visits

Home visits are often provided to homebound or isolated seniors to give them companionship or comfort and to see if other services may be needed.

Telephone Reassurance

Providing regular telephone contact, telephone reassurance helps projects check on the health and safety of isolated seniors. It also provides seniors with assurance that help is available if it is needed.

Residential Repair/Renovation

Extending beyond the scope of chore services, residential repair/renovation provides more specialized assistance such as plumbing, minor carpentry or electrical maintenance, weatherstripping, and replacing broken windows in the homes of senior citizens. Minor adaptations to a senior's home for handicapped accessibility are also provided.

Health Maintenance

Health maintenance activities occur in a congregate setting where space is available for such services as blood pressure checks, dental or vision care, foot care, or health education. Services are provided by nurses or other appropriate health care practitioners.

Physical Fitness

Health can be sustained or improved through physical fitness activities. These activities, provided by trained personnel, may include walking, swimming, range of motion exercises, or aerobics all are especially geared for seniors.

Counseling

Counseling is provided by caseworks, either social workers or psychologists, to help resolve personal, family, financial, or mental health problems. Counseling may occur on a one-to-one or a group basis.

Instruction/Training

Instruction/Training provides information or skills to seniors which will help them lead healthier, more independent lives. The training may occur on an individual basis or in a group setting.

Adult Day Care

Health, social, and a variety of related support services are provided in a group setting for extended periods of time to older persons who need assistance with daily living tasks. These services assist the older person to remain at home and enable his caregiver to continue caring for him.

Respite Care

Respite care services are provided in a home or congregate setting for a temporary period of time to older persons who need assistance with daily living tasks. As adult day care, respite services

prevent premature institutionalization of the older persons by giving the family relief from the responsibilities of providing care.

SENIOR EMPLOYMENT PROGRAM

The Senior Community Service Employment Program is authorized by Title V of the Older Americans Act. Originally it was designed to provide useful part-time community service employment for low income persons aged 55 years of age or older and to promote the transition of program enrollees to private or other unsubsidized employment. The focus has changed to stress employment and training opportunities with the ultimate goal being unsubsidized employment for the enrollee whenever possible. Correspondingly, the Senior Employment program has increased the emphasis on the importance of enrollees receiving training, for both specific skills and job seeking skills, and securing unsubsidized employment.

During SFY 1983 and FY 1984, 640 persons were enrolled in the Senior Employment Program. All positions were with non-profit agencies with the exception of 10 placements in the private sector. The Commission met on exceeded the Federal required goal of 15% transition to non subsidized employment each year.

Alaska was one of thirteen states in FY 1983 to receive permission to use \$25,000 of the total Title V yearly allocation to develop training positions in the private sector which will to unsubsidized employment. Four persons were enrolled in this "Experimental and Demonstration Project" in FY 1983 and six in FY 1984. These placements provided on-the-job and classroom training to eligible persons whose wages were subsidized during the training period. The participating employers hired these persons at the conclusion of training.

An annual training workshop was held for the Older Worker Specialists in December, 1983. This was a joint effort of Commission staff and the Department of labor. An Older Worker Specialist Desk Guide was developed and distributed to all older worker specialists and their supervisors.

The Senior Employment Unit received a \$23,000 Continuing Education grant from the Alaska Commission of Postsecondary Education during FY 1984 to conduct "Senior Job Preparedness" training workshops in Juneau, Anchorage and Fairbanks. Over 350 persons attended these 2-day workshops and participated in job seeking skills training. Senior Job Fairs, which match older job seekers with private sector employers, were held in Fairbanks, Anchorage, Wasilla, Seward, Valdez, Juneau and Ketchikan. These resulted in immediate employment for many participants and also brought the fact that older workers have much to offer employers to the public attention.

A manual, Older Workers' Guide to Job Seeking Skills, was prepared for the workshops and distribution to State personnel offices, JTPA programs and local job service offices. Other materials developed included a publicity flyer for employers describing the benefits of hiring mature workers and an informational flyer for older job seekers which has been mailed to public assistance recipients and distributed through job service offices and educational resource centers.

Coordination of activities between JTPA Older Worker programs and the Senior Employment Program has also included joint participation in the Job Seeking Skills workshops/Job Fairs and the Barriers to Employment Conference as well as assistance with outreach to eligible participants, cross referrals to between programs for training and employment and general older worker related information sharing.

1983-84 EXPENDITURE FROM ALL SOURCES

<u>STATE FUNDS</u>	<u>FY 1983</u> <u>7/1/82-6/30/83</u>	<u>FY 1984</u> <u>7/1/83-6/30/84</u>
Operating Expenses	\$ 586,074	\$ 754,125
AS 47.65	1,400,151	1,450,597
Title III match	419,100	184,903
Title V match	133,421	162,489
Nutrition Program	-0-	698,900
Medical Alarm System	144,000	117,975
Residential Care (Tanana)	-0-	225,000
Aging Network subsidy	56,346	192,621
Federal Budget Impact Funds	153,131	-0-
Special Approp. (Capital Proj.)	76,610	13,500
Long Term Care Ombudsman Title III	70,000	84,000
Post Secondary Education	-0-	23,000
Total State Funds	<u>\$3,038,833</u>	<u>\$3,727,110</u>

FEDERAL FUNDS

Operating Expenses	\$ 474,000	\$ 505,300
Title III B (Older Americans Act)	1,355,183	1,334,728
Title III C-1 (Older Americans Act)	1,323,902	1,227,869
Title III C-2 (Older Americans Act)	517,576	489,546
Title V (Older Americans Act) (DOL)	1,039,700	1,175,363
U.S. Dept. of Agriculture	127,964	191,978
Older Americans Advocacy Assistance	22,901	81,831
Title IVa Training	8,968	30,848
Title IVa Gerontology	-0-	100,000
Total Federal Funds	<u>\$4,870,194</u>	<u>\$5,137,463</u>
	\$7,909,027	\$8,864,573

Service Delivery Under State and Federal Funding

		<u>SFY 83</u>	<u>SFY 84</u>
Transportation	No. of persons	5,017	4,633
	No. of rides	284,915	245,611
Escort	No. of persons	1,177	1,364
	No. of escorts	33,038	31,546
Outreach	No. of first-time contacts	4,130	3,894
Information	No. of requests	40,599	41,693
Referral/Personal Advocacy	No. of cases closed	1,592	3,117
Shopping Assistance	No. of persons	not counted	115
Congregate Meals	No. of persons	6,725	6,966
	No. of meals	227,329	242,827
Congregate Nutrition Education	No. of persons	1,033	1,155
Home-Delivered Meals	No. of persons	1,390	1,390
	No. of meals	73,163	83,631
In-Home Nutrition Education	No. of persons	321	275
Health Maintenance	No. of persons	2,031	1,478
Physical Fitness	No. of persons	696	633
Telephone Reassurance	No. of persons	1,394	703
Homemaker/Chore	No. of persons	157/476	242/442
Residential Repair/Renovation	No. of persons	127	74
Visiting	No. of persons	1,775	1,214
Instruction/Training	No. of persons	445	31
Counseling	No. of persons	381	207
Respite Care	No. of persons	n/a	18
Day Care	No. of persons	161	430
Legal Services	No. of persons	425	400
Long Term Care Ombudsman	No. of complaints	563	680
 Total Number of of Individuals served		 15,141	 15,576

<u>Older Alaskans Commission Grantees</u>	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
City of Aleknagik, P.O. Box 33, Aleknagik, Alaska 99555	* 1984	\$ 10,190	
Alaska Legal Services Corporation, 550 West 8th Avenue, Suite 300, Anchorage, Alaska 99501	1983 1984		\$ 40,323 96,400
Aleutian/Pribilof Is. Assn., 1689 "C" St., Anchorage, Alaska 99501	1983 1984		23,550 49,330
Anchorage Community Mental Health, 4020 Folker Street, Anchorage, Alaska 99508	1983 1984		27,607 102,287
Anchorage Management Board, 1300 East 19th Avenue, Anchorage, Alaska 99501	1983 1984	14,998 20,250	33,089 71,000
Legal Services Developer Program, 550 West 8th Ave., Suite 3001, Anchorage, Alaska 99501	FY 1983 FY 1984	50,000 50,000	
Mabel T. Caverly Senior Center, 1111 E. 5th Avenue, Anchorage, Alaska 99501	1983 1984	129,970 188,000	
Med-Alert, Inc., 2405 St. Elias Drive, Anchorage, Alaska 99503	FY 1983 FY 1984		144,000 121,000
Older Persons Action Group, Inc., Box 102240, Anchorage, Alaska 99510	1983 1984	28,562 69,180	149,253 56,990
The Salvation Army, OLDER ALASKANS PROGRAM, Box 1459, Anchorage, Alaska 99501	1983 1984	766,495 909,799	87,375 176,099
Senior Citizens Ombudsman, 1317 West Northern Lights, Anchorage, Alaska 99503	FY 1983 FY 1984		74,000 84,000
North Slope Borough, P.O. Box 69, Barrow, Alaska 99559	1983 1984	119,000 124,950	
City of Bethel, P.O. Box 388, Bethel, Alaska 99559	1983 1984	109,875 122,393	
Lower Kuskokwim School District, P.O. Box 305, Bethel, Alaska 99559	1984	75,000	
Chugiak Senior Center, Star Route 1, Box 2693, Chugiak, Alaska 99567	1983 1984	150,100 166,860	28,525 71,007
Copper River Native Association, Drawer H, Copper Center, Alaska 99573	1983 1984	125,548 120,713	4,000

	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
Cordova Senior Citizens, P.O. Box 1210, Cordova, Alaska 99576	1983 1984	67,762 86,637	10,000
Delta Seniors, Inc., P.O. Box 749, Delta Junction, Alaska 99737	1983 1984	18,148 26,706	
Bristol Bay Native Association, P.O. Box 189, Dillingham, Alaska 99576	1983 1984	50,376 169,852	14,391 108,215
Senior Citizens of Dillingham, P.O. Box 191, Dillingham, Alaska 99576	1983 1984	94,359 \$ 80,150	13,359 27,000
Fairbanks Native Association, 310 1/2 First Avenue, Fairbanks, Alaska 99701	1983 1984		10,942 2,770
North Star Council on Aging, P.O. Box 73888, Fairbanks, Alaska 99707	1983 1984	203,230 185,449	22,964 54,957
Fairbanks Rehabilitation Association, 805 Airport Road, Fairbanks, Alaska 99701	1984		39,620
City of Ft. Yukon, Box 269, Ft. Yukon, Alaska 99740	1984	85,066	
City of Galena, P.O. Box 149, Galena, Alaska 99741	1984		3,024
Homer Senior Citizens, Inc., P.O. Box 1137, Homer, Alaska 99603	1983 1984	21,879 149,811	59,164
Foster Grandparents/Senior Companion, 320 Willoughby, Suite 300, Juneau, Alaska 99801	1983 1984		22,043 23,153
Juneau Catholic Community Services, Southeast Senior Services, 419 6th Street, Juneau, Alaska 99801	1983 1984	938,780 962,585	80,304 157,002
Juneau Women's Resource Center, 110 Seward St. Room 6, Juneau, Alaska 99801	1983 1984		3,057 6,688
City of Kenai Senior Services, 361 Senior Court, Kenai, Alaska 99611	1983 1984	120,300 123,282	2,611 5,222
Rendezvous Senior Day Services, P.O. Box 9382, Ketchikan, Alaska 99901	1983 1984		24,007 64,372
Senior Citizens of Kodiak, P.O. Box 305, Kodiak, Alaska 99615	1983 1984	94,370 94,113	28,462 56,924

	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
<u>Kotzebue Senior & Cultural Center, Box 260, Kotzebue, Alaska 99752</u>	1983 1984	10,000 12,170	45,590
<u>Metlakatla Senior Citizens, P.O. Box 520, Metlakatla, Alaska 99926</u>	1983 1984	82,758 89,538	2,553
<u>Minto Senior Services, P.O. Box 22, Minto, Alaska 99758</u>	1983 1984	53,122 76,310	
<u>Nenana Tortella Council on Aging, Inc., P.O. Box 209, Nenana, Alaska 99760</u>	1983 1984	11,103 24,126	25,060 38,317
<u>Nome Community Center, P.O. Box 98, Nome, Alaska 99762</u>	1983 1984	93,788 102,410	18,775 31,147
<u>Palmer Senior Citizens, Inc., P.O. Box 2429, Palmer, Alaska 99645</u>	1983 1984	127,172 130,522	28,800 57,600
<u>Seward Senior Citizens Program, P.O. Box 195, Seward, Alaska 99664</u>	1983 1984		15,000 30,000
<u>Stevens Village Council, General Delivery, Stevens Village, AK 99774</u>	1983		12,500
<u>Tapraq, Inc., Stebbins, Alaska 99761</u>	1983 1984		16,360 11,096
<u>City Tanana Residential Care, P.O. Box 181, Tanana, Alaska 99777</u>	FY 1983 FY 1984		225,000 225,000
<u>University of Alaska, Rural Education, Fairbanks, Alaska 99701</u>	1984		25,549
<u>Upper Tanana Development Corp., P.O. Box 459, Tok, Alaska 99780</u>	1983 1984	193,015 200,971	12,928 29,614
<u>Wasilla Area Seniors, Inc., Floyd D. Smith Senior Center, P.O. Box 1456, Wasilla, Alaska 99678</u>	1983 1984	98,517 116,659	16,200 32,400

* Calendar Year unless otherwise indicated.

SENIOR EMPLOYMENT PROGRAM

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Adult Learning Center, Fairbanks	\$ 33,616	\$ 27,322
Agricultural Experimental Station, Palmer	51,818	33,521
Alaska Historical & Transportation Palmer	99,034	50,776
Anchor-Age Senior Center, Anchorage	15,477	39,879
Anchorage Community Mental Health	63,549	45,392
Southcentral Counseling, Anchorage		2,032
Angoon, City of		10,438
Aiding Women from Abused Rape Emergencies, Juneau	11,354	11,215
Abused Women's Aide in Crisis, Anchorage	34,475	
Bering Sea Women, Nome	32,479	31,728
Bethel, City of	148,070	18,533
Chugiak Seniors	61,985	120,603
Copper Valley Library		8,649
Cordova, City of	41,928	40,086
Crisis Line & Information Center, Wasilla		6,968
Department of Labor, Juneau	128,663	
Dillingham, City of	14,894	13,597
Displaced Homemakers, Juneau		8,907
Eneput Children's Center, Fairbanks	7,848	8,764
Fairbanks Arts Association	22,466	41,248
Fairbanks Native Association, Inc.		9,025
Foster Grandparents, Anchorage		7,452

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Fairbanks Community Mental Health	7,325	8,722
Homer Museum	\$ 28,611	\$ 31,122
Kenai River Runner		2,575
Ketchikan Arts and Humanities Council	1,571	
Ketchikan Museum	5,068	1,779
Kodiak Seniors	35,144	38,092
Juneau Women's Resource Center		14,025
Mabel T. Caverly Senior Center, Anchorage	45,229	43,901
Mat-Su Valley Humane Society	9,583	
City of McGrath	7,100	
Metlakatla		3,748
Minto Village	30,064	25,612
Nikolai, City of		10,025
Nome Community Center	17,913	14,115
Older Persons Action Group, Anchorage	21,479	21,146
Palmer, City of	11,415	
Palmer Seniors	27,187	38,382
Petersburg Children's Center	7,699	6,885
Salvation Army, Anchorage	286,235	241,935
Southeastern Alaska Community Action Program, Juneau	38,091	27,527
Southeast Regional Resource Center, Juneau	75,372	51,106

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Southeast Senior Services, Juneau	\$ 98,219	\$ 115,344
Seward Community Library		6,779
Seward Senior Citizens		6,772
Susitna Limited		4,404
St. Joseph Child Care, Cordova	10,439	22,987
Stevens Village		3,892
Tanana Valley Community College, Fairbanks	24,770	31,417
Tims Janitorial, Kenai		7,090
Central Council of Tlingit/Haida Indian Tribes of Alaska, Juneau	50,152	28,963
University of Alaska, Fairbanks, Center for Cross-Cultural Studies		3,432
The Upholstery Shop, Kenai		1,358
Upper Tanana Development Corporation, Tok	66,230	61,984
Wasilla, City of	9,015	8,049
Wasilla Area Seniors, Wasilla	8,165	25,539
Women In Crisis Counseling and Assistance, Fairbanks	6,091	10,976
Valley Women's Resource and Crisis Center, Kenai	17,258	10,065

(c) The Department of Natural Resources and the Department of Transportation and Public Facilities may enter into agreements under this chapter for the acquisition of rights of way, construction, reconstruction, maintenance, repair or alteration of access roads serving public airports. (§ 5 ch 2 ESLA 1955; am § 6 ch 104 SLA 1971; am Executive Order No. 39, § 11 (1977))

Sec. 44.65.060. Restriction on contracting with or employing experts on radiation hazards. (a) Except for the Department of Health and Social Services, the Department of Labor, the Department of Environmental Conservation, and the Department of Military and Veterans' Affairs, no state agency may

(1) contract, other than with the Department of Health and Social Services, to have services performed which require expertise in determining or reducing the hazards of radiation; or

(2) employ a person whose duties require expertise in determining or reducing the hazards of radiation.

(b) As used in this section, "state agency" or "agency of the state" means a state department or agency, whether in the legislative, judicial, or executive branch, including such entities as the Alaska State Housing Authority; "state agency" or "agency of the state" does not include the University of Alaska, a municipality, or an agency of a municipality.

(c) As used in this section, "radiation" does not mean radiation emitted from a Federal Communications Commission licensed facility emitting radiation of a wave length longer than one centimeter and an average power output not exceeding two kilowatts. (§ 2 ch 172 SLA 1978; am E.O. No. 58, § 23 (1984))

Cross references. — As to radiation protection, see AS 18.60.475.
Effect of amendments. — The 1984 amendment inserted "and Veterans'" in the introductory language of subsection (a).

Chapter 66. Review of the Activities of Agencies, Boards and Commissions.

Section	Section
10. Termination of state boards and commissions	30. Program identification
20. Agency programs	50. Legislative oversight
	60. Existing claims

Cross references. — As to the termination, continuation and reestablishment of regulatory boards, see AS 08.03.010.
 For legislative findings related to this chapter, see § 1, ch. 149, SLA 1977.

Sec. 44.66.010. Termination of state boards and commissions.

(a) Boards and commissions listed in this subsection expire on the date set out after each:

- (1) Alcoholic Beverage Control Board (AS 04.06.010) — June 30, 1986;
- (2) Alaska Transportation Commission (AS 42.07.011) — June 30, 1985;
- (3) State Board of Parole (AS 33.15.010) — June 30, 1985;
- (4) Alaska Public Utilities Commission (AS 42.05.010) — June 30, 1985;
- (5) *[Repealed, § 20 ch 110 SLA 1981.]*
- (6) Alaska Council on Science and Technology (AS 44.21.241) — June 30, 1983;
- (7) *[Repealed, § 16 ch 161 SLA 1984.]*
- (8) Alaska Code Revision Commission (AS 24.20.075) — June 30, 1985;
- (9) Rural Development Council (AS 44.47.160 — 44.47.190) — June 30, 1987;
- (10) Older Alaskans Commission (AS 44.21.200) — June 30, 1985;
- (11) Council on Domestic Violence and Sexual Assault — June 30, 1985;
- (12) Alaska Women's Commission — June 30, 1987.

(b) Upon termination, a commission listed in (a) of this section shall continue in existence until June 30 of the next succeeding year for the purpose of concluding its affairs.

(c) A commission scheduled for termination under AS 44.66.010 — 44.66.060 may be continued or reestablished by the legislature for a period not to exceed four years. (§ 3 ch 149 SLA 1977; am § 3 ch 101 SLA 1978; am § 10 ch 179 SLA 1978; am § 3 ch 44 SLA 1980; am § 1 ch 115 SLA 1980; am § 11 ch 131 SLA 1980; am § 11 ch 136 SLA 1980; am § 3 ch 172 SLA 1980; am § 1 ch 32 SLA 1981; am § 1 ch 64 SLA 1981; am § 4 ch 79 SLA 1981; am § 3 ch 101 SLA 1981; am § 20 ch 110 SLA 1981; am E.O. No. 48, § 5 (1981); am § 1 ch 65 SLA 1982; am § 31 ch 142 SLA 1982; am § 3 ch 52 SLA 1983; am § 1 ch 20 SLA 1983; am § 1 ch 74 SLA 1983; am § 1 ch 76 SLA 1983; am § 16 ch 161 SLA 1984; am § 1 ch 163 SLA 1984)

Effect of amendments. — The first 1980 amendment substituted "(AS 04.06.010) — June 30, 1981" for "AS 04.05.010 — June 30, 1979" in paragraph (1) of subsection (a).

The second 1980 amendment substituted "1983" for "1979" at the end of paragraph (2) of subsection (a).

The third 1980 amendment substituted

"1985" for "1980" at the end of paragraph (4) of subsection (a).

The fourth 1980 amendment added paragraph (8) of subsection (a).

The fifth 1980 amendment added paragraph (9) of subsection (a).

The first 1981 amendment substituted "1982" for "1980" in paragraph (3) of subsection (a).

The second 1981 amendment substituted "1983" for "1981" in subsection (a)(1).

The third 1981 amendment added paragraph (10) of subsection (a).

The fourth 1981 amendment added paragraph (11) of subsection (a).

The fifth 1981 amendment repealed paragraph (5) of subsection (a) which provided a termination date for the Alaska Pipeline Commission.

The sixth 1981 amendment substituted "AS 44.21.241" for "AS 44.19.181" in paragraph (6) of subsection (a).

The first 1982 amendment substituted "1985" for "1982" in paragraph (8) of subsection (a).

The second 1982 amendment deleted "Renewable" preceding "Resources Corporation" and substituted "June 30, 1992" for "June 30, 1982" in paragraph (7) of subsection (a).

The first 1983 amendment, substituted "1985" for "1982" in paragraph (a)(3).

The second 1983 amendment, added paragraph (12).

The third 1983 amendment, substituted "1985" for "1983" in paragraph (a)(2).

The fourth 1983 amendment, substituted "1984" for "1983" in paragraph (a)(1).

The first 1984 amendment repealed paragraph (a)(7), which provided a termination date for the Alaska Resources Corporation.

The second 1984 amendment substituted "1986" for "1984" in paragraph (1) of subsection (a).

Legislative history reports. — For adoption of letter of intent relating to ch. 74, SLA 1983, extending the termination date of the Alaska Transportation Commission, see 1983 Senate Journal, p. 1424, and 1983 House Journal, p. 1939.

Sec. 44.66.020. Agency programs. (a) Agency programs and activities listed in this subsection which are specifically designated as provided in AS 44.66.030 are subject to termination during the regular legislative session convening in the month and year set out after each:

(1) programs in the budget categories of general government, public protection, and administration of justice — January, 1980;

(2) programs in the budget categories of education and the University of Alaska — January, 1981;

(3) programs in the budget categories of health and social services — January, 1982;

(4) programs in the budget categories of natural resources management, development and transportation — January, 1983.

(b) An agency program or activity designated in (a) of this section shall be subject to termination during the regular legislative session convening four years after the preceding review and may be subject to termination at any time upon the recommendation of the Legislative Budget and Audit Committee and the concurrence of the legislature as if under AS 44.66.030. (§ 3 ch 149 SLA 1977)

Sec. 44.66.030. Program identification. During the legislative session preceding each of the years set out in AS 44.66.020, the Legislative Budget and Audit Committee shall designate, not later than March 1 of those years, the programs and activities within each program category which shall be subject to termination in the next fiscal year. The recommendations of the Legislative Budget and Audit Committee shall be submitted to the respective houses of the legislature in the form of a bill which, if enacted into law, would terminate those designated programs and activities on or before July 1 of the following year. (§ 3 ch 149 SLA 1977)

Sec. 44.66.050. Legislative oversight. (a) Before the termination, dissolution, continuation or reestablishment of a board or commission under AS 08.03.010 or AS 44.66.010, or of an agency program under AS 44.66.020 and 44.66.030, a committee of reference of each house, which shall be the standing committee of legislative jurisdiction as provided in the Uniform Rules of the Legislature, shall hold one or more hearings to receive testimony from the public, the commissioner of the department having administrative responsibility for each named board, commission, or agency program, and the members of the board or commission involved. The hearings may be joint hearings. The committee shall also consider the proposed budget of the board, commission, or agency program, prepared in accordance with AS 37.07.050(f), and the performance audit of the activities of the board, commission, or agency program, prepared by the legislative audit division as prescribed in AS 24.20.271(1). The committee may consider any other report of the activities of the board, commission or program, including but not limited to annual reports, summaries prepared by the Legislative Affairs Agency, and any evaluation or general report of the manner of conduct of activities of the board, commission, or agency program prepared by the office of the ombudsman.

(b) During a public hearing, the board, commission or agency shall have the burden of demonstrating a public need for its continued existence or the continuation of the program, and the extent to which any change in the manner of exercise of its functions or activities may increase efficiency of administration or operation consistent with the public interest.

(c) A determination as to whether a board or commission or agency program has demonstrated a public need for its continued existence shall take into consideration the following factors:

(1) the extent to which the board, commission or program has operated in the public interest;

(2) the extent to which the operation of the board, commission, or agency program has been impeded or enhanced by existing statutes, procedures, and practices which it has adopted, and any other matter, including budgetary, resource, and personnel matters;

(3) the extent to which the board, commission or agency has recommended statutory changes which are generally of benefit to the public interest;

(4) the extent to which the board, commission or agency has encouraged interested persons to report to it concerning the effect of its regulations and decisions on the effectiveness of service, economy of service, and availability of service which it has provided;

(5) the extent to which the board, commission or agency has encouraged public participation in the making of its regulations and decisions;