

ALASKA LEGISLATURE COMMITTEE FILES 1983-1984 86/2

2307 SHESS CMHC HEARING

Anchorage Community Mental Health Center

	<u>FY 82</u>	<u>FY 83</u>	<u>FY 84</u> <u>(Projected)</u>	<u>2 Year Change</u>
Adult and Family				
- Clients Treated	2,172	2,392	2,744	+26%
- Total Public Funding	776,890	630,399	317,580	-59%
Aftercare				
- Clients Treated	375	393	397	+6%
- Total Public Funding	458,410	379,143	460,680	+ .5%
Elderly				
- Clients Treated	173	229	269	+55%
- Total Public Funding	231,300	305,114	175,500	-24%
Parent Training				
- Clients Treated	-0-	254	383	-0-
- Total Public Funding	-0-	177,304	67,500	-6-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total Clients Treated	2,720	3,268	3,793	+39%
TOTAL FUNDING	1,466,600	1,314,656	1,021,260	-29%

Alaska State Legislature

Senate Committee on State Affairs

Vic Fischer, Chairman • 1024 W. 6th Ave., Suite 24 C,
Anchorage, Alaska 99501
(907) 278-3654

Official Business

January 19, 1984

To: Senator Vic Fischer
From: Steven Kadish
Re: Anchorage Mental Health Funding

The following analysis is based upon conversations with representatives of the Municipality of Anchorage (MOA) and various non-profit mental health service organizations, including Dr. Rod Wilson, Director of Municipality of Anchorage Department of Health and Environmental Protection; Natalie Gottstein, Alaska Mental Health Association; Dr. Glade Birch, Anchorage Community Mental Health Center (ACMHC); Peter Scales, Family Connection; Paula Haley, STAR; and Marlene Leslie, Suicide Prevention and Crisis Center (SPCC). These discussions were held from Monday, January 16 to Wednesday, January, 18.

The following presentation describes the two major options available to MOA regarding mental health funding and the key items of concern.

OPTION A: MOA APPLIES FOR STATE
MENTAL HEALTH FUNDING

OPTION B: MOA DOES NOT APPLY FOR
STATE MENTAL HEALTH FUNDING & ACMHC
IS PRIMARY APPLICANT

Key Issue

	OPTION A	OPTION B
State Grant Receipt ¹	MOA, \$800,000	ACMHC, \$800,000
Additional Hard \$ Match	MOA, \$200,000	-0-
Probable Programs Supported	ACMHC \$850,000 SPCC 75,000 Fam. C. 75,000	ACMHC, 800,000 SPCC ²
Possible Programs Supported	STAR ³	STAR Fam. C. ⁴
Indirect Charges	Each agency handling funds has administrative/indirect charges. This means that less \$ is available for direct services.	Only one administrative/indirect charge would be required for major state mandated programs.

Key Issue	Option A	Option B
Impact on MOA Non-Depart. Funds	Unknown. It is possible that more funds that needed for state match have been leveraged by the letter of intent from non-departmental funds. ⁵ The monies secured beyond the state match could then be used to supplement programs or fund non-state supported services such as STAR. It is equally possible that mental health non-departmental monies may be deducted from overall Health Dept. programs.	Non-departmental funds may be released from state matching mental health funding requirements. It is unclear how these monies would be expended.
Impact on MOA Drug & Alcohol Programs	Little flexibility. Only most critical funding requirements met. ⁶	Some flexibility. The MOA matching monies for mental health could be used for drug and alcohol related programs, at the expense of supporting other mental health services.
Policy Impact	<ul style="list-style-type: none"> *Continued local public control and oversight. *Reasonable possibility of coordinating state and city supported "mandated" services and city-only funded mental health programs. *Mental health land monies could be dispersed and monitored by one local agency. 	<ul style="list-style-type: none"> *Established two sets of mental health programs, one supported and monitored only by the state, the other programs supported and monitored only by the MOA. *When mental health land \$ becomes available, it may be more difficult for MOA to access funds.
Summary	This option provides the greatest range of positive possibilities. Best case, assuming leveraged non-departmental funds, means that all mental health programs are funded at at least last year's level and that drug alcohol services could receive an unexpected boost. In any case, up to 200,000 of the Health Department's 454,000 would be available to support mental health services. Finally, this option provides a guarantee against the worst case, the unlikely situation that no other agency applies for the funds and the provision of mental health services are disrupted.	The role of ACMHC is expanded, and the role of MOA is limited. The economics of ACMHC versus the MOA applying for the mental health funds is basically a "wash". MOA indirect charges may be the only significant difference. Only if the ACMHC receives additional support as a recognized regional facility do the overall numbers improve and even then only slightly. At this point, increased funds for Anchorage seems a marginal possibility. Regarding policy, this funding method would be more representative of state directives and more easily administered.

NOTES

¹Please assume that State Division of Mental Health support would be equivalent to last year's funding and that this sum is available to the Anchorage state grant recipient whether the MOA or ACMHC.

²ACMHC would apply to the state as a regional facility. ACMHC believes that this status would make it eligible for more funds that are currently available to MOA. In this case, ACMHC would subcontract with SPCC for certain services.

³Because MOA functions on a calendar year and the state operates with a fiscal year, the MOA only needs to commit half the matching funds from currently available monies. The MOA Health Department can look to next year's MOA budget for the remaining matching funds. Thus, \$100,000 could be used to supplement programs and/or support STAR.

⁴MOA could elect to use the 200,000 it had designated as a state match to fund STAR, Family Connection, and SPCC. However, MOA is not under any obligation to do. These monies could be used to support any drug, alcohol or mental health program.

⁵Non-departmental funds are held by MOA in accounts separate from line agency monies. In this way, money needed for matching state or federal programs are protected from other potential expenditures and full financial support for a proposal is guaranteed. A letter of intent indicates the amount of support to be held in the non-departmental account. Since proposals to the state or federal government are rarely fully-funded, in the past, the matching sum promised by a letter of intent was designated and used not only for matching grants, but also to support other relevant programs. This mechanism has provided a flexible range of funding opportunities and built-in contingency and emergency support. It is unclear how non-departmental accounts will be treated because of Proposition 24 and other budget constraints.

⁶Here, we assume that MOA Health Department has a total sum of \$454,000 for alcohol, drug, and mental health programs for the second half of the calendar year, and that no new non-departmental monies will be leveraged. Of course, if new non-departmental funds are released, then drug and alcohol programs could be favorably effected.

**PLEASE NOTE: THE FOLLOWING PAGES WERE TREATED
AS A UNIT IN THE ORIGINAL DOCUMENT**

to Nancy

**SOMETIMES
YOUR MENTAL HEALTH CENTER
IS THE ONLY GAME IN TOWN!**

SOME SIGNIFICANT FACTS:

*IN 15 MENTAL HEALTH DISTRICTS THERE ARE NO PRIVATE SECTOR MENTAL HEALTH PROVIDERS.

*14 MENTAL HEALTH CENTERS HAVE NO DEVELOPMENTAL DISABILITY PROGRAMS IN THEIR DISTRICTS.

*BASIC CHILD ABUSE AND PARENTING PROGRAMS ARE NON-EXISTENT IN TEN MENTAL HEALTH DISTRICTS.

*HALF OF ALASKA'S MENTAL HEALTH DISTRICTS HAVE NO TASC OR COURT COUNTERMEASURE PROGRAMS.

*AT LEAST 7 COMMUNITY MENTAL HEALTH CENTERS OPERATE WITHOUT ANY OF THE FOLLOWING SERVICES IN THEIR DISTRICTS:

- DRUG ABUSE PROGRAMS
- 24 HOUR CRISIS LINES
- VETERANS ORGANIZATIONS
- WOMENS' CENTERS OR SHELTERS
- PHYSICIANS OR HOSPITALS
- ADULT RECREATION PROGRAMS

*LAST YEAR OVER 5,000 ALASKANS WERE SERVED BY LOCAL COMMUNITY MENTAL HEALTH CENTERS.

*OVER 200 ALASKAN CITIES, TOWNS AND VILLAGES ARE SERVED BY COMMUNITY MENTAL HEALTH CENTERS.

*EACH COMMUNITY MENTAL HEALTH CENTER IN ALASKA SERVES AN AVERAGE OF NINE COMMUNITIES.

**COMMUNITY MENTAL HEALTH, THE ONLY
PROFESSIONALLY STAFFED GENERALIST
RESOURCE. WE FILL THE SERVICE GAPS
STATEWIDE!**

COMMUNITY MENTAL HEALTH

REAL NEED: RELEVANT SERVICES

IN THE CITY...

Fairbanks Community Mental Health is a "typical" urban mental health program. In operation four years, it serves a catchment area of 50,000 people in five communities. Satellite clinics receive services one day per week. The treatment staff consists of seven psychologists and social workers. Support staff include an office manager, two secretary/receptionists and a billing clerk. Sixty-five per cent of program time is spent in direct client services, consultation and evaluations or reports. Since the community has a large number of alternative treatment programs in other specialized areas, such as drug, alcohol, domestic violence, resources for parents and children, etc., staff time is also devoted to coordinating treatment plans for specific clients with other agency personnel. There are specialized programs in Day Treatment for chronically and/or acutely mentally ill individuals requiring more intensive intervention. A Biofeedback/Stress Management Program is available. Recently developed is a minimally supervised residential group home for clients who have problems functioning independently. The press of the client load precludes some desirable activities, primary among these being preventive and/or educational programs. The Center receives 57% of its budget from the State, with the remaining 43% being generated by fees for services on a sliding scale. We are limited in some program activity development by the fact that we are not receiving local government support.

IN THE VILLAGE...

McGrath-Anvik Community & Family Services is one of the rural/bush programs. Located in McGrath, it serves nine interior Alaskan villages thinly scattered across about 40,000 square miles between the Kuskokwim and Yukon Rivers. The population of approximately 1600 people, about seventy per cent of whom are Athabascan, live in communities that range in size from 500 to 22. The program staff consists of a social worker, a paraprofessional counselor, a school-based counselor, three part time community activities positions and a secretary/bookkeeper. The first three staff members above provide itinerant services to the region. The community activities positions are filled by local community members in outlying communities who seek to develop culturally relevant alternative activities for their particular villages. In addition to direct client services, program staff work with leaders and the limited resources of the area toward change that will enhance the wellbeing of the region and support the growth of individuals who are attempting to improve their own wellbeing, while always remaining culturally appropriate. Prevention, education and consultation have high priorities. Program staff must function in many roles and provide wide-ranging services that are at times non-traditional mental health services in the sense that the focus is on making them fit the lifestyles and cultures of the region. Unpredictable weather, poor communication, great distances and the high cost of transportation make the region difficult to serve. Funding is primarily through state grants, although local government and service contracts are increasingly being sought as state funding decreases. The program evolved out of a local grass root effort when no services were forthcoming from resources outside of the region.

CRYSTAL'S STORY...

"I was just a mess!" Crystal reported. "I had three children to care for--11, 10 and 8. I'd lost 20 pounds in three months, and was sleeping about three hours a night. If it hadn't been for the children, I might have seriously considered suicide. I sure thought about it."

Thinking back, Crystal listed factors she thought had contributed to her six month bout with depression. "It's been about three years since my husband left us. Sure, he had a drinking problem, but living here with so many of his relatives around (who were all certain the whole thing, including his drinking, was my fault)...well, I started to believe it. When my mother-in-law complained that I was never ready enough for winter; that maybe she would have to call someone to remove the children, it scared me. In my own family I had always had the same message that I wasn't good enough. Without noticing it, I gave up on things I liked to do and concentrated on those I thought that I ought to do. But things didn't get any better. My youngest began wetting the bed again. The middle child was becoming a behavior problem in school."

Finally, a concerned friend suggested Crystal contact a therapist from the local mental health center. Living in a village along a rural Alaskan highway, she could see the itinerant therapist once, every two weeks and for emergencies. Not at all sure it would help, but not knowing what else to do, Crystal made an appointment.

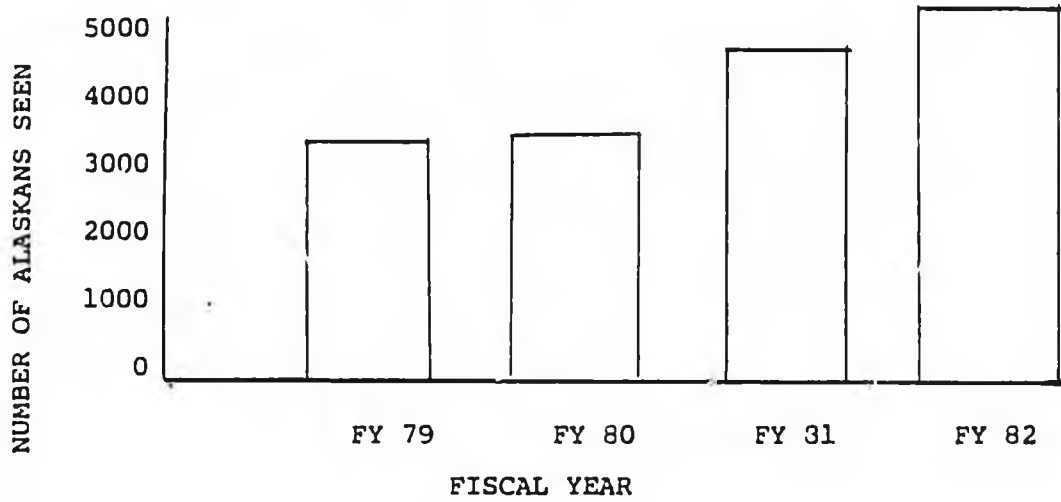
A number of things have happened since. Crystal and the therapist worked out a plan for treatment services, including several critical modalities--cognitive, emotional, and behavioral. She began to keep a journal. One of the entries she now makes is a page with two lists, one of the things she wants to do to keep the family and household running, and another of things she might find rewarding for herself. This lists include such things as sewing presents for her children and taking a college math course as a step toward starting the business she has always wanted. These were the kinds of things that had disappeared from her life over the past couple of years.

Crystal kept an appointment with the mental health program's psychiatrist, who prescribed an anti-depressant. He also encouraged her to stay with treatment so as to learn how to avoid a repetition of the trap in which she had found herself: a major depressive episode.

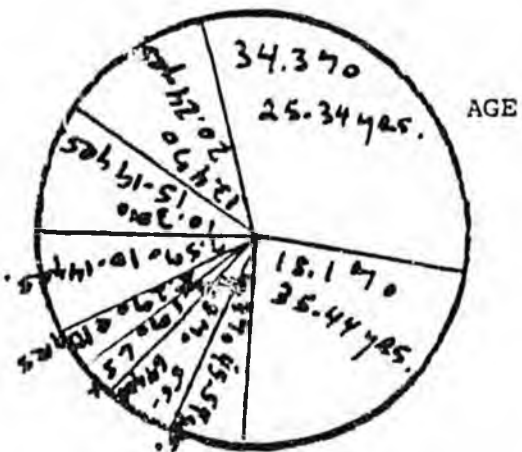
"Over time, I began to feel changes in myself. In my sessions with the therapist, I learned to respect myself for the successes I had already achieved. I realized starting my own business would remain a dream until I began to take some concrete steps, even if for now they may be small. I learned some new ways to handle the kids, and besides, I was happier; for whatever reason, the children also seem happier. I still have some pretty rough days, but I've learned some ways to avoid letting those times drag on. I feel that I have some control now."

Based on an actual case, details were changed.

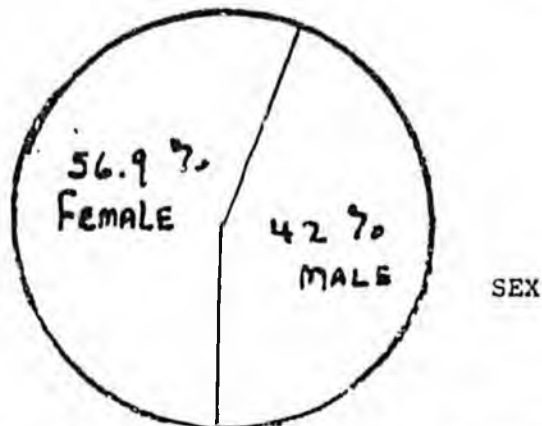
NUMBER OF ALASKANS
SERVED BY COMMUNITY MENTAL HEALTH CENTERS



ALASKANS SERVED BY COMMUNITY MENTAL CENTERS
IN FISCAL YEAR 1982



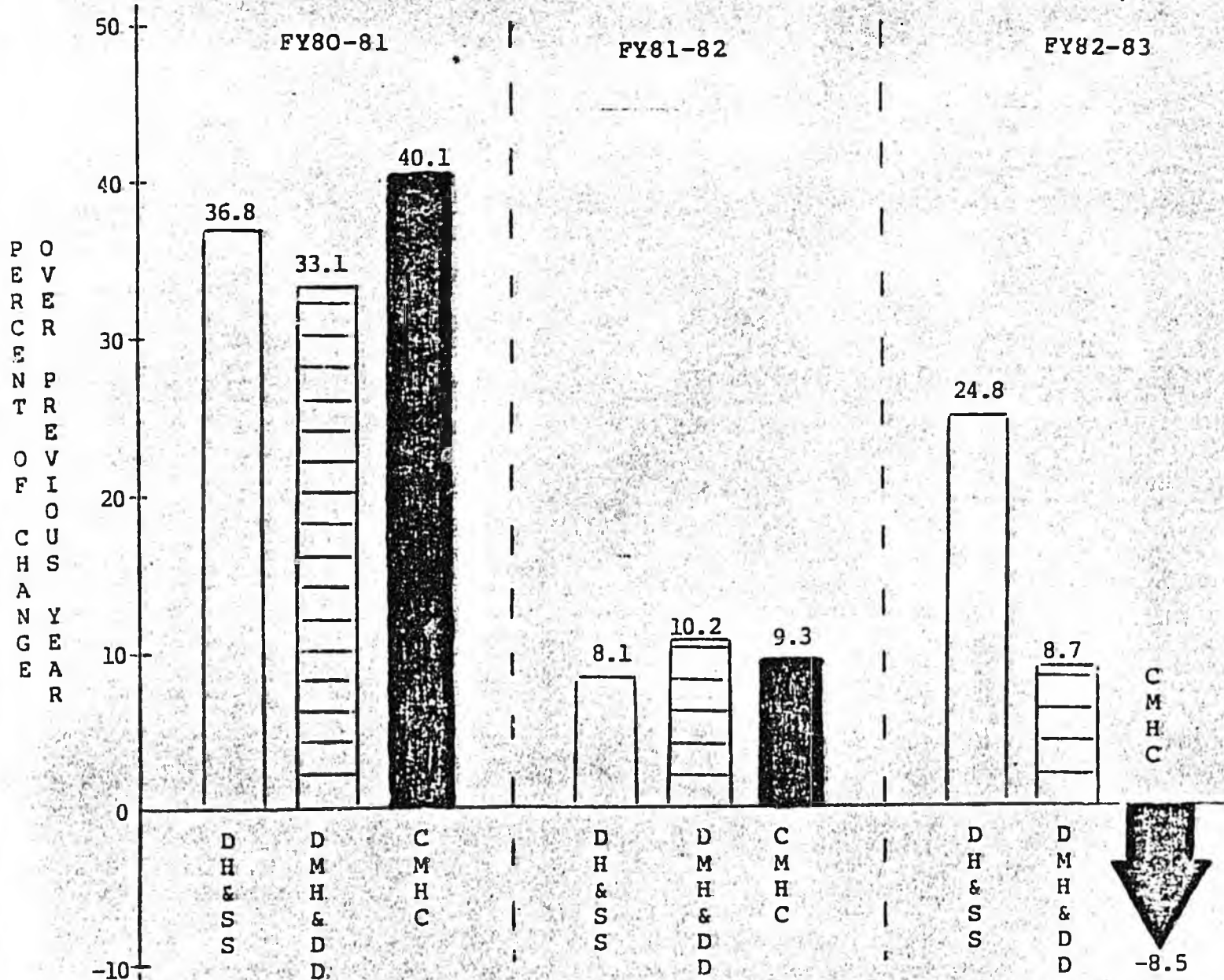
ETHNIC GROUP



COMMUNITY MENTAL HEALTH CENTERS WANT THEIR FAIR SHARE

BUDGET EXPENDITURES

	FY 80	FY 81	FY 82	FY 83*
Dept. of Health & Social Services	179,818.7	245,996.0	265,842.8	331,808.4
Division of Mental Health and Developmental Disabilities**	17,824.9	23,722.4	26,151.9	28,418.0
Community Mental Health Center Grants	2,660.8	3,727.6	4,075.6	3,730.9



FY 80-82 budget figures are actual cost expenditures

*FY 83 budget figures are authorized dollar amounts

**DMH&DD funds include CMHC

The graph clearly indicates that Community Mental Health Centers suffered an unfair disproportionate funding loss during FY83. We will need your help to prevent further financial erosion of Alaska's Community Mental Health Centers.

COMMUNITY MENTAL HEALTH PROGRAMS
FISCAL YEAR 1983

- * Denotes joint Mental Health/Alcohol program
- ** Denotes contract, rather than grant recipient

SOUTHEAST REGIONAL PROGRAMS

<u>Program/Project</u>	<u>Grantee</u>
Lynn Canal Mental Health Program P.O. Box 13 HAINES, AK 99827 ROBERT ROWLAND, Ph.D., Director (907) 766-2521	City of Haines Box 576 Haines, AK 99827
* Cordova Community Hospital Mental Health Program Box 160 CORDOVA, AK 99574 JUDY RINGENSON-KNUTSSON, Director (907) 424-7551	City of Cordova Box 1210 Cordova, AK 99574
* Copper River Mental Health Center Drawer "H" COPPER CENTER, AK 99573 ROY WHITE, M.D., Director (907) 822-5241	Copper River Native Association Drawer "H" Copper Center, AK 99573
Kodiak Island Mental Health Center Box 712 KODIAK, AK 99615 PAMELA DELYS-BAGLIEN, Ph.D., Director (907) 486-5742	Kodiak Island Borough Box 1246 Kodiak, AK 99615
* Gateway Community Mental Health Center 3134 Tongass Avenue KETCHIKAN, AK 99901 TERRY WOLF, MSW, Director (907) 225-4135	City of Ketchikan 334 Front Street Ketchikan, AK 99901
Juneau Mental Health Clinic 529 Gold Street JUNEAU, AK 99801 PIERRE VEUTHEY, M.D., Clinical Director (907) 586-3580	State Operated Clinic Division of Mental Health and Developmental Disabilities Pouch H-04 (907) 465-3370
Baranof Mental Health Clinic Box 118G SITKA, AK 99835 STANLEY LAUGHRIDGE, Ph.D., Director (907) 747-8994	Alaska Crippled Children and Adult Association Box 1589 Sitka, AK 99835
* Valdez Counseling Center Box 1050 VALDEZ, AK 99686 DAVID HOXWORTH, MSW, Director (907) 835-2838	City of Valdez Box 1050 Valdez, AK 99686

SOUTHCENTRAL REGIONAL PROGRAMS

Program/Project

Grantee

- * Anchorage Community Mental Health Center
3944 Spenard Road
ANCHORAGE, AK 99503
GARY VREEMAN, Ph.D., Director
Administrative number (907) 278-4558
Program number (907) 243-5411
 - Mat-Su Community Counseling Center
Box 656
WASILLA, AK 99687
JIM ARNOLD, Project Director
Administrative number (907) 278-4558
Program number (907) 376-2411
 - Central Peninsula Mental Health Center
Box 247
KENAI, AK 99611
PAUL TURNER, Ph.D., Director,
(907) 283-7501
 - Unalaska Service Center
1689 "C" Street
ANCHORAGE, AK 99501
DOROTHY JONES, Director
(907) 276-2700
 - * KNA Community Counseling Program
Box 155
ANIAK, Alaska 99557
SUSAN SOULE, Director
(907) 675-4445
 - South Peninsula Mental Health Center
Box 2274
HOMER, AK 99603
PAUL CRAIG, Ph.D., Director
(907) 235-7701
 - * Yukon-Kuskokwim Health Corporation
Box 528
BETHEL, AK 99559
CARL BERGER, Director
(907) 543-3321
 - * Mental Health Program
Box 1045
SEWARD, AK 99664
RON REDING, Director
(907) 224-5257
 - * Bristol Bay Mental Health Center
P.O. Box 10235
DILLINGHAM, AK 99576
CECILIE MARTIN, MA, Program Administrator
(907) 842-5266
- Municipality of Anchorage
Behavioral Health Division
Department of Health and
Environmental Protection
825 "L" Street
Anchorage, AK 99501
- Anchorage Community Mental
Health Services, Inc.
3944 Spenard Road
Anchorage, AK 99503
- Central Peninsula Mental
Health Association, Inc.
Box 247
Kenai, AK 99611
- Aleutian Pribilof Islands
Association, Inc.
1689 "C" Street
Anchorage, AK 99501
- Kuskokwim Native Association
Box 106
Aniak, AK 99557
- South Peninsula Mental Health
Association, Inc.
Box 2274
Homer, AK 99603
- Yukon-Kuskokwim Health
Corporation
Box 528
Bethel, AK 99559
- Seward Life Action Council
Box 1045
Seward, AK 99664
- Bristol Bay Area Health
Box 10235
Dillingham, AK 99576

NORTHERN REGIONAL PROGRAMS

<u>Program/Project</u>	<u>Grantee</u>
Yukon-Tanana Mental Health Program Box 149 TANANA, AK 99777 MARK MATTAINI, ACSW, Director (907) 366-7269	Tanana Chiefs Conference, Inc. Tanana Chiefs Mental Health Program 201 21st Ave. Fairbanks, AK 99701
* Fort Yukon Behavioral Health Center Box 21 FORT YUKON, AK 99740 EVELYN WISZINCKAS, Ph.D., Director (907) 662-2526	Tanana Chiefs Conference, Inc. Tanana Chiefs Mental Health Program 201 21st Ave. Fairbanks, AK 99701
* Norton Sound Family Services Box 966 NOME, AK 99762 SHARON WALLUK, MSW, Director (907) 443-5206	Norton Sound Health Corporation Box 966 Nome, AK 99762
* North Slope Borough Mental Health Program Box 669 BARROW, AK 99723 DAVID BRISTER, Ph.D, Director (907) 852-5600	North Slope Borough Health and Social Services Agency Box 69 Barrow, AK 99723
* McGrath-Anvik Community and Family Services Box 44 MCGRATH, AK 99627 NETTIE SCOTT, MSW, Director (907) 524-3867	McGrath-Anvik Educational and Mental Health Assoc., Inc. Box 167 McGrath, AK 99627
* Yukon-Koyukuk Mental Health Center Box 17 GALENA, AK 99741 JAMES MCDONALD, Director (907) 656-1617	City of Galena Box 149 Galena, AK 99741
** Maniilaq Mental Health Box 256 KOTZEBUE, AK 99752 LINDA LINSON, Director (907) 442-3311	Maniilaq Association Box 256 Kotzebue, AK 99752
Fairbanks Community Mental Health Center 209 Forty Mile Ave., Graehl FAIRBANKS, AK 99701 JIL BOTTRELL, Ph.D., Director (907) 452-1575	Fairbanks Mental Health Center, Inc. 109 Forty Mile Ave., Graehl Fairbanks, AK 99701
Tok Area Mental Health Program P.O. Box 398 TOK, AK 99780 BOY COLLIER, Ph.D., Director (907) 883-4851	Tok Area Mental Health Council P.O. Box 398 Tok, AK 99780

ALASKA MENTAL HEALTH PROGRAM
DIRECTOR'S ASSOCIATION

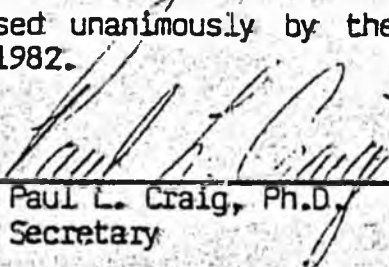
RESOLUTION 82-116

WHEREAS, The Alaska Mental Health Program Director's Association has supported the Board of Psychologists and Psychological Associate Examiners through two (2) prior sunset reviews in 1980 and 1982; and

WHEREAS, The Governor vetoed the most recent legislation continuing this Board of Examiners;

NOW THEREFORE BE IT RESOLVED, That the Alaska Mental Health Program Director's Association supports the introduction of legislation to continue the Board of Psychologists and Psychological Associate Examiners.

Passed unanimously by the Alaska Program Director's Association -
December 2, 1982.



Paul L. Craig, Ph.D.
Secretary

ALASKA MENTAL HEALTH PROGRAM DIRECTORS ASSOCIATION

RESOLUTION 83-01

Whereas the director of the Division of Mental Health and Developmental Disabilities asserts a substantial degree of influence in the planning and operation of community developmental disability and mental health programs as well as institutional programs for the mentally ill and developmentally disabled; and

Whereas this position requires an individual with broad-based experience in mental health service delivery combined with organizational and administrative skills; and

Whereas the Division provides a wide range of community services for the mentally ill and developmentally disabled throughout the state;

Now Therefore Be It Resolved that the Alaska Mental Health Program Directors Association strongly encourages the appointment of a Division Director with professional training and Alaskan experience in social work, psychology, psychiatry or other mental health discipline and with a broad-based administrative background; and

Be It Further Resolved that the Alaska Mental Health Program Directors Association requests formal solicitation of applicants for the position from the qualified public with a goal of filling the position by February 20, 1983.

Paul L. Craig, PhD by Paul R. [Signature]
Secretary

Resolution passed January 6, 1983 in Juneau, Alaska

ALASKA MENTAL HEALTH PROGRAM DIRECTORS ASSOCIATION

RESOLUTION 83-02

Whereas the Division of Mental Health and Developmental Disabilities has spent a number of years developing a decentralized administrative structure with Regional Supervisors who have been able to provide locally available program oversight, consultation, technical assistance, and program development services; and

Whereas these positions have been seriously underutilized due to central office management failures, an absence of regulations and program standards, fragmentation within the Department of Health and Social Services, and a bias towards centralization in state government; and

Whereas if the state of Alaska supports a philosophy of mental health treatment and prevention that is based on community involvement, community planning, and local determination and control of treatment programs, support of these activities through readily available technical, managerial, evaluative and fiscal assistance and supervision is of primary and obvious importance; and

Whereas community mental health programs provide professional cost-effective treatment of the mentally ill which greatly reduces the necessity of expensive institutional care; and

Whereas designation of local general hospitals as required by Title 47 will require additional DMH&DD involvement on a local level with these services best provided by regionally-based personnel; and

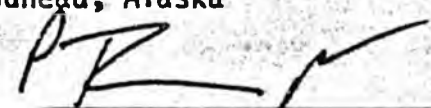
Whereas Regional Supervisors have provided consistency, continuity and support to Alaskan communities while effectively representing the Department of Health and Social Services; and

Whereas the Governor's request budget contains no funds for DMH&DD Regional Offices;

Now Therefore Be It Resolved that the Alaska Mental Health Program Directors Association urges Commissioner Smith, Governor Sheffield, and the Alaska Legislature to work together cooperatively to insure that DMH&DD Regional Offices are maintained without imperiling the continued development and maintenance of Alaskan community mental health centers; and

Be It Further Resolved that effective utilization of these offices could include using DMH&DD supervisors as health facility surveyors to provide oversight and program consultation for other DHSS community grant programs such as those serving alcohol abusers, the developmentally disabled, and substance abusers.

Resolution passed January 6, 1983 in Juneau, Alaska

Paul L. Coats, Ph.D., Secretary by 

PLEASE NOTE: THE PRECEDING PAGES WERE TREATED
AS A UNIT IN THE ORIGINAL DOCUMENT.

Alaska Mental Health Program Director's
Association, Inc.
P.O. Box 2274
Homer AK 99603
March 26, 1984

Sen. Vic Fischer, Vice-Chairman
Senate HESS Committee
Pouch "V"
Juneau AK 99811

Dear Senator Fischer:

Thank you for participating in the recent HESS Committee hearing regarding community mental health services. Your questions were very helpful in the process of communicating statewide needs relative to community mental health services. On behalf of the Association and other concerned individuals, I would like to let you know that the hearings were viewed as a very positive step forward in terms of developing a meaningful dialogue with the Legislature concerning Alaskan mental health needs at a community level.

As mentioned during the hearing, a comprehensive community mental health system for FY'85 will require approximately \$8,000,000.00 to support all 26 community mental health centers adequately. This amount is in contrast to the Governor's funding recommendation of \$5,120,000.00 representing a shortfall of \$2,880,000.00. In order to assure that adequate mental health services are provided in all Legislative districts, the Association would encourage you to review the line item for community mental health services on page 238 of the D.H.S.S. operating budget (orange budget book). Your support in this regard is appreciated.

Respectfully,

Paul L. Craig, Ph.D., Chairperson
Alaska Mental Health Program Director's
Association, Inc.

PLC:cjs

Alaska Mental Health Program Director's
Association, Inc.
P.O. Box 2274
Homer AK 99603
March 26, 1984

Nancy Deitrick, Committee Aide
Office of Senator Joe P. Josephson
Pouch "V"
Juneau AK 99811

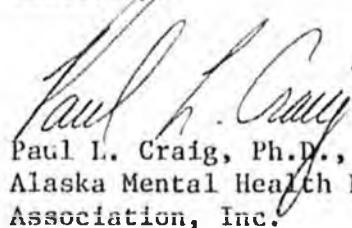
Dear Nancy:

Thank you for your helpful assistance with regard to setting up the recent hearings on community mental health services with the Senate and House HESS Committees. You were pleasant to work with, informative, and most helpful.

Enclosed is a letter of thanks that was sent to each of the participating legislators. I am including it for your reference with regard to the funding recommendations in the second paragraph.

If at any point, the Alaska Mental Health Program Director's Association, Inc. could be of assistance to you in your endeavor as a Legislative Aide to better understand the community mental health system throughout Alaska, please advise. In any case, your continued support for community mental health services is truly appreciated by many throughout the state. Thanks again.

Sincerely,


Paul L. Craig, Ph.D., Chairperson,
Alaska Mental Health Program Director's
Association, Inc.

PLC:cjs
Encl

March 5, 1984

Via Rick, Pappy.

CMHC - Info hearing.

Vic - chair mtg in Jues absence.

~~David H. ...~~

Dr. Paul Craig -

CMHC started in 70's —

Dorothea Dix, from Mass, in 1800's observed the condition of the chronically mentally ill. Got funding for state hosp. in Mass. and went on to get nationwide mental hosp.

WOT and WOTs - shell shock; discovered that people did better close to home

In 60's CMHC's got nationwide. In early 70's same got in Ak. 1975, Ak passed CMH services act; 1 mill acres MH land trust.

1-2% of any pop. to 10% suffering from mental disorders. CMH services very cost effective.

Pappy what % MH disabled in Ak?

behavioral / MH problems → higher base rate in Alaska. Suicide 7 times as high as Nat'l avg, more severe among native population.

Pappy youth gun violence in suicide?

frequently on suicide cases on case - seems an acceptable way to deal w/ stress?

prevention, school programs?

All CMHC have service priorities;
children are first.

Dr Phil Shapiro - dir, Riv MH/DD

RPI good hospital; trying to keep staff.
CMHC current budget (\$5.1) with est.
need around \$8 million. Also need
an optician system for chemically
mentally ill. No auto assessment.

Children/adults severely
underfunded. Need 40 bed facility
planned for RPI for kids.

CMHC grant site defense for visas

Supply \$2.9 mil?

primarily personnel; in small centers,
overwhelmed by crisis - not enough staff
to villages. Grant requests \$9 million

Dr. Turner (Paul) - Rivier MHC

hours of service, admissions cost increase.
life crisis more frequent - suicide,
domestic crisis etc. 1/2 admics. are women
1/3 children/elderly/women.
1/5 minorities. 84% clients pay some
cost of service (sliding scale)

Rivier CMHC - generates 35% cost of program;
receives \$0.05 in revenue sharing. Concerning Fed.

of centers set up sliding scale.

hours of service variability due to money available. \$80 much is spent up cost of centers

Mark Mitrovic - FCC, dir MH

MH in lush areas - in some ways they are similar (priorities). Chemically identical in top priority.

Other considerations:

- 1) Unreasonable to have just one person in the village. Potential for self-sufficiency, support groups, natural helpers. Build a strength in the community;
- 2) need for professional services

Dave Applegate - Valdez Counseling Center - MH/ale.

more illness problems - 1/2 platoon, occupy 35-40% hospital beds.

immediate intervention, contact w/ family

Puppy % also related?

40% in Valdez center are related. In a majority of domestic violence. Suicide rate higher for alcoholics.

need greater integration of ale/MH

Barbara Hill-Holberg - concerner.

RN (pub. health) CMHC advisory Bd. and on MH Council.

difficult to get concerner to come

and speak because it is not acceptable.
worked in 5,000 bed MH hospital; problems
w/ depression in family (yarns).

Charlotte Fisher - FERS C.H. Board.

213 546 - grad. bus. try to get such legislation
passed.

Glenn Brock - Arch CRHC

funding going down, while population
increases.

too often people over in crisis, w/ PTSD -
so much more cost effective in aftercare,
or community care.

fed funds decreased 48% → 7%

state funds decreased 39% → 26%

client fees increased 9% → 33%

other funds (united way, military contracts) up 4% → 28%

proper funding has a drastic effect
on increasing pop

Maintenance has to pay for 50,000 sq mi.

20% of people not from Arch. 40%
in aftercare not from Arch.

urban centers have a broader scope
of services Arch CRHC just lost 17 staff.
due to drastic reduction in funds.

End of Gov. had paid up 75 funds
(until July). Closed child abuse program.

full scope - genetics, after care,
prevention maintenance

5

Dr. Pam Baglieri - Kodiak
services - cost effect.

Natalie Gattsoen Exec Dir of MHA Assoc
services we have are excellent, but that
meeting total need. Cost services hide true need.
funding shortages (disparity in amt requested
and the budget request - \$3 million)

Via DHS preparing state plan?

We are involved in plan - MHA Assoc, program
directors. Plan speaks out desperate needs

Comm Michael Carot - Uredoy

Uredoy CMHC makes great contribution to the
Coast Guard. 120 active duty & dependents in
Uredoy. Many don't want to be there -- are stressed
not making much money; many are young and
away from home for the first time.

Military responsible for employees 24 hrs
a day. Community facility more informal, less
anxiety -- saves time from sending folks to Anch.

Norb Brethoff - Gov. MHA Advisory Council, Chair
Council 1/2 consumer/providers. Meet 4x year.
Stigma attached to MHA persons. Excellent
mechanism for input (Gov's Council).

Skeletal budget for CMHC is actually
the \$8 million needed

Council reviews grant requests, advises
Gov. on issues, recommends funding, participating

in mental health plan.

Will Mayo - Chair, Tan.-Yukon MH Advisory Bd.
lives in Tanana.

⊗ in past year, community has had a better situation than last 12 yrs → no suicides or violent deaths. Believe in good community participation influence.

⊗ WORKLOAD - prog. dir. resp. for 7 villages - time consuming & difficult in air travel (no roads) Advisory Bd. would like a monthly visit to each locality; but not very possible. OTHER RESPONSIBILITIES - reports, BUDGET PREPARATION, EMERGENCIES, PROFESSIONAL MEET, BOARD MEETINGS, LOCAL UNDELOAD OF OPEN CASES.

⊗ BUDGET - DOES NOT PROVIDE EVEN MINIMAL SERVICES.

Vic close hearing; Rick advises that HESS should advise Senate Finance to increase funding.

DRUG, ALCOHOL, MENTAL HEALTH TREATMENT

	STATE			
	Alcohol	Drug	Mental Health	Local
Primary Prevention (Education, Information, Alternatives)	-0-	-0-	1,740	201,960
Early Intervention; Consultation/Education (Anchorage Community Mental Health Center) (Alaska Council on Prevention of Alcohol and Drug Abuse)	36,430	-0-	78,170	36,610
Youth Residential Services (Volunteers of America - ARCH)	211,390	214,300	-0-	102,500
Youth Outpatient Services (Akeela House)	24,530	32,960	-0-	14,590
Women's Residential Services (Salvation Army - Reflections)	255,770	-0-	-0-	27,150
Women's Outpatient Services (Akeela House)	33,210	36,540	-0-	16,820
Women's Long Term Care Services (Alaska Women's Resource Center)	29,570	-0-	-0-	64,930
Native Residential Services (Cook Inlet Native Association - Amouak)	306,450	-0-	-0-	32,520
Native Outpatient Services (Cook Inlet Native Association)	138,120	-0-	-0-	14,660
Methadone Maintenance/Drug Free Outpatient (Narcotic Drug Treatment Center)	-0-	239,570	-0-	87,130
Suicide Prevention/Emergency Treatment (Suicide Prevention and Crisis Center)	-0-	-0-	312,680	47,320
Community Service Patrol (Salvation Army Clitheroe Center)	277,000	-0-	-0-	29,400
Interface Domestic Violence-Substance Abuse	27,000	-0-	-0-	3,000
Halfway House (Salvation Army Clitheroe Center)	90,240	-0-	-0-	9,580
Detoxification Services (Salvation Army Clitheroe Center)	598,930	-0-	-0-	63,560
Residential Treatment (Akeela House - Drug Therapeutic Community) (Salvation Army Clitheroe Center - Alcohol)	215,830 867,020	183,220 -0-	-0- -0-	89,550 92,010
Outpatient Services				
Family (in-home) (Family Connection)	-0-	-0-	106,020	16,040
Family (Akeela/Suicide Prevention and Crisis Center/ Anchorage Community Mental Health Center/ Salvation Army)	300,390	68,800	82,190	69,320
Chronically Mentally Ill (Anchorage Community Mental Health Center)	-0-	-0-	448,560	28,770
Adult (Anchorage Community Mental Health Center)	-0-	-0-	151,310	22,890
Elderly (Anchorage Community Mental Health Center)	-0-	-0-	130,070	19,690
Evaluation & Intake (Akeela House)	34,800	29,610	-0-	14,470
Total	3,466,760	\$805,000	1,310,740	1,104,470

3,466,760 + 500,000 + 200,000 + 600,000

It is important to note that the Division continues to support the provision of prevention efforts, which have been sanctioned by the Municipal Health Commission. However, there has

ALASKA MENTAL HEALTH PROGRAM DIRECTOR'S ASSOCIATION

UTILIZATION SUMMARY

VERIFIED HOURS OF SERVICE

Year	Total Hours of Mental Health Service	% Increase
1976	12,498	+ 149%
1978	17,579	+ 29%
1980	180,455	+ 926%
1982	248,945	+ 371%

STATE ANNUAL APPROPRIATIONS FOR SERVICES

Year	Appropriation for Community Mental Health Programs
1976	\$0.622 Million
1978	\$2.063 Million
1980	\$2.641 Million
1982	\$4.1 Million

STATE COST PER HOUR OF SERVICE

Year	Cost Per Hour of Total Service
1978	\$117.40
1980	\$ 14.61
1982	\$ 16.46

HOW COMMUNITY MENTAL HEALTH PROGRAMS SERVED THE CITIZENS OF ALASKA DURING FY82

Service	Hours
Client Related Hours.....	98,140
Prevention and Education Hours.....	15,522
Program Development Hours.....	26,367

ADMISSIONS

Year	Number of Admissions	% Increase
1976	2486	+ 48%
1978	3121	+ 26%
1980	3490	+ 12%
1982	5081	+ 31%

WHO WE SERVE*

1. The most frequent problem identified by admissions is "life crisis".
2. 57% of all admissions are women, 43% are men.
3. 27.9% of all admissions are children and elderly.
4. Approximately 19% of admissions are minorities.
5. 84% of all individuals pay a portion of the cost of their services.
6. 60% of all admissions have an income of less than \$20,000.
7. 55% of all clients have a third party payor for the services they receive.
8. Of all center activities, the largest number of hours is spent in serving clients directly.

* Source: FY82 Mental Health Annual Report

PLEASE NOTE: THE FOLLOWING PAGES WERE TREATED
AS A UNIT IN THE ORIGINAL DOCUMENT

COMMUNITY MENTAL HEALTH CENTER
BUILDING PROPOSAL

Priority Funding Request

South Peninsula Mental Health Association, Inc.
P.O. Box 2274
Homer, Alaska 99603

BILL SHEFFIELD
GOVERNOR



STATE OF ALASKA
OFFICE OF THE GOVERNOR
JUNEAU

September 28, 1983

Ms. Jeanne K. Calkins
Board President
Community Mental Health Center
P. O. Box 2274
Homer, AK 99603

Dear Ms. Calkins:

I enjoyed discussing the Mental Health Center with you while I was in Homer this month. The citizens of Homer can be proud to have such support for this facility in their community.

Best regards,

Sincerely,

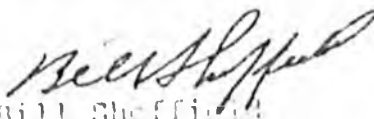

Bill Sheffield
Governor

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FIRE MARSHALL REPORT

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 Cook Inlet Council on Alcohol and Drug Abuse

 City of Homer

ADDITIONAL SUPPORTING DOCUMENTS

 City of Homer (zoning)

CITY OF HOMER

1984 CAPITAL IMPROVEMENTS LEGISLATIVE REQUEST SUMMARY

THE FOLLOWING SUMMARY IS COMPOSED OF THREE CATEGORIES; LOCAL PROJECTS, REGIONAL PROJECTS, AND STATE PROJECTS WHICH THE CITY OF HOMER SUPPORTS. THE LOCAL AND REGIONAL PROJECTS ARE PRIORITIZED.

LOCAL PROJECTS

COST

1. UPGRADE AND TRANSFER STATE ROADS TO CITY MAINTENANCE	
a. Pioneer Avenue	\$ 2,300,000
b. Bartlett Steet/Fairview/Hohe	\$ 1,230,000
c. Lower Main Street - South of Pioneer Avenue	\$ 700,000
2. PAVE UPPER MAIN STREET	\$ 320,000
3. PAVE KACHEMAK WAY	\$ 530,000
4. HOMER COMMUNITY CENTER	\$ 2,500,000
5. UPGRADE UPPER LAKE STREET	\$ 1,200,000

REGIONAL PROJECTS

1. HILLSIDE PARK COMPLETION	\$ 100,000
2. PRATT MUSEUM	\$ 1,085,700
3. MENTAL HEALTH BUILDING	\$ 306,500
4. PARKS AND RECREATION FACILITIES	\$ 1,100,000
5. HOMER SPIT CAMPGROUND	\$ 6,000,000

STATE PROJECTS WHICH THE CITY OF HOMER SUPPORTS

HOMER SPIT ROAD IMPROVEMENT

BRADLEY LAKE HYDROELECTRIC PROJECT

EAST HILL ROAD RECONSTRUCTION

KACHEMAK BAY DRIVE

STERLING HIGHWAY - HOMER/ANCHOR POINT

KACHEMAK BAY FERRY SHUTTLE

ADEC GRANT PROGRAM

TOTAL

\$17,372,200

3. MENTAL HEALTH CENTER

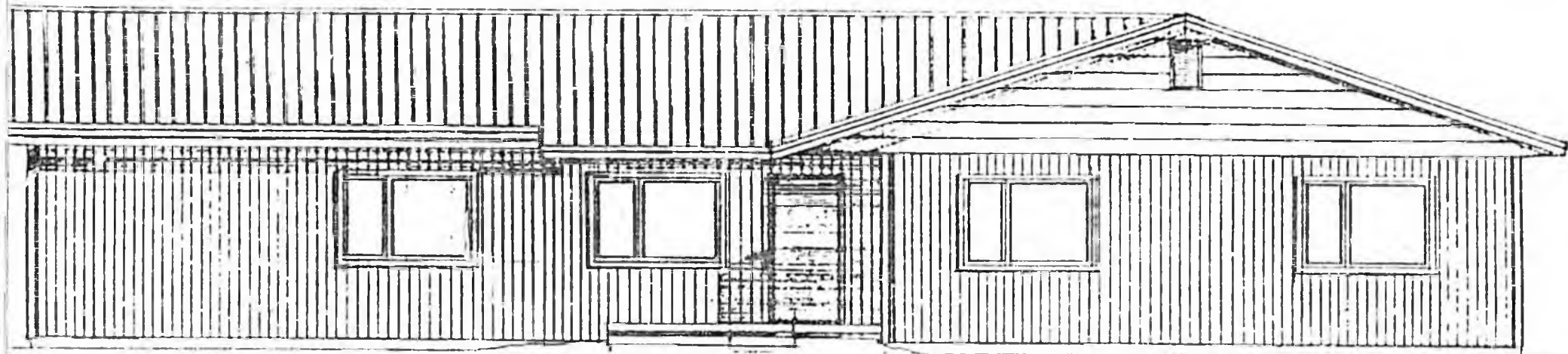
The City of Homer supports the Community Mental Health Center's efforts to expand its facilities and programs. The Mental Health Center has been operating for seven years offering a wide variety of counseling, education and referral services to the entire lower Peninsula area.

The participation in these programs has risen at an increasing rate over the last several years. For example, in a report filed in February 1983, the Center had a caseload history of 800 cases. In November 1983, that load had increased to 960 cases. An increase of 20% in less than a year. In fact, over 50% of the existing caseload has been admitted in the last two years. This is a phenomenal growth rate that will continue as the Homer and outlying area populations continue to grow.

The Mental Health Center currently spends \$24,000 per year for their existing rented facilities. They estimated that the new proposed facility will be paid for in rent savings alone. This is a significant point because of the gradually declining State revenues and ability to fund these programs. The Center, like all non-profit organizations dependent on State aid, has felt the burden of decreasing budgets. This new building will allow the Center to make more effective use of the money available.

In addition to the Mental Health Center, the Cook Inlet Council on Alcoholism plans to use this new facility. This will reduce their operating costs for rent and allow more effective use of this agency's money too.

The Center has already, using existing State aid, City funds, and its own revenues, purchased property, conducted soils tests and designed the facility. They now request assistance to bring the project to fruition with construction.



COMMUNITY MENTAL HEALTH CENTER

FACILITY PROPOSAL

South Peninsula Mental Health Association, Inc.

The Community Mental Health Center serving Homer and the surrounding region is sponsored by the South Peninsula Mental Health Association, Inc. The Center has provided comprehensive outpatient community mental health services to the residents of Homer, Ninilchik, Anchor Point, Nikolaevsk, Kachemak City, Seldovia, Halibut Cove, Port Graham, and English Bay during the past seven years. Recently, the Community Mental Health Center has gained a remarkable increase in community acceptance as reflected by the increased use of services provided. As of November 3, 1983 the Community Mental Health Center has provided direct services to 955 individuals since it open its doors seven years ago. Of these 955 clients, 400 have begun receiving services during the past two years. In addition to these direct service recipients, numerous residents of Homer and the surrounding communities have benefited from community mental health services through participation in workshops and classes provided by professional staff of the Community Mental Health Center.

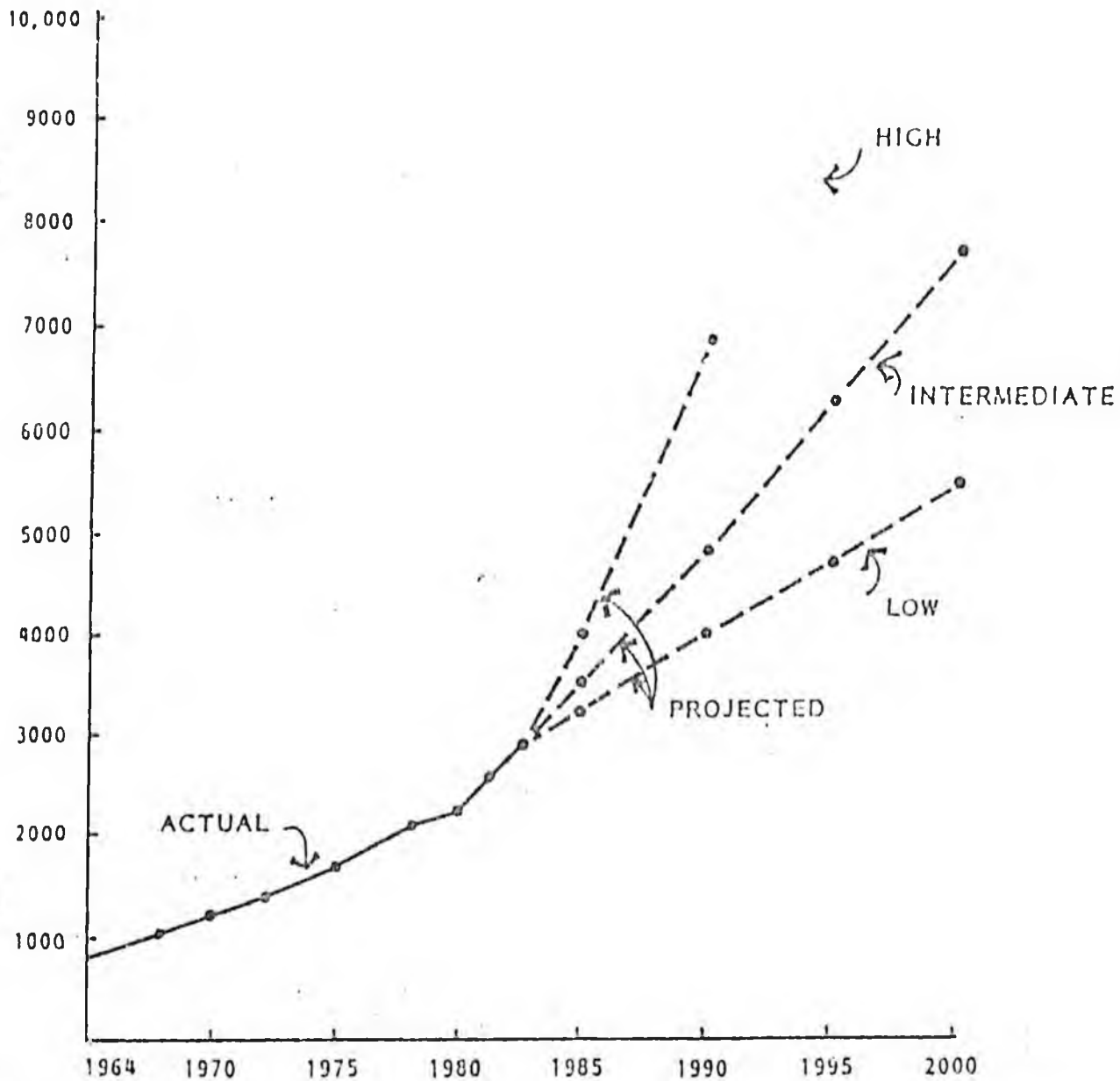
During the past two years, the Community Mental Health Center has expanded with regard to the programs which are offered to the residents of the area. This expansion is contributing to our goal of better meeting human service needs of the residents of the South Kenai Peninsula based upon needs assessments conducted by the South Peninsula Mental Health Association, Inc. In addition to a LICENSED CLINICAL PSYCHOLOGIST functioning as a direct service provider and program administrator, the Community Mental Health Center has developed a VOCATIONAL COUNSELING PROGRAM (funded in part by the Alaska Division of Vocational Rehabilitation), an INFANT LEARNING PROGRAM (funded by the Alaska Division of Family and Youth Services), a FAMILY SERVICES PROGRAM serving Port Graham and English Bay twice monthly (funded by the North Pacific Rim Native Corporation), and a CHILD ABUSE/CHILD NEGLECT PREVENTION PROGRAM (funded by the Alaska Division of Family and Youth Services). The Community Mental Health Center has upgraded its PSYCHIATRIC SERVICES through a contract for weekly consultation provided by a local psychiatrist, Hal Sexton, M.D. The Association is also proud to have established a collaborative training relationship with the University of Washington School of Medicine, Division of Community Psychiatry. Specifically, a POST-DOCTORAL PSYCHOLOGY FELLOWSHIP in rural community mental health was cooperatively arranged whereby the fellow would spend three months in Seattle at the University of Washington and nine months on location in the South Kenai Peninsula area. The first post-doctoral fellow, Mark Soelling, Ph.D., began this program this year and has proven to be an outstanding and stimulating addition to the professional staff. All of these services have been extremely well received as evidenced by our current caseload and the percentage of time spent by staff delivering direct clinical services (average of 70 to 75 percent direct service time). In addition to the grant support for the services offered through the Community Mental Health Center, a significant amount of program funding is derived from local contributions and fees for services. During the past fiscal year, the Center successfully raised \$59,122.00 to fund the services

offered through the program. In addition, the City of Homer allocated \$35,000.00 during the past fiscal year toward a capital improvement fund for the Center in support of the Association's effort to secure appropriate office accommodations to meet the service delivery needs of the residents of the community.

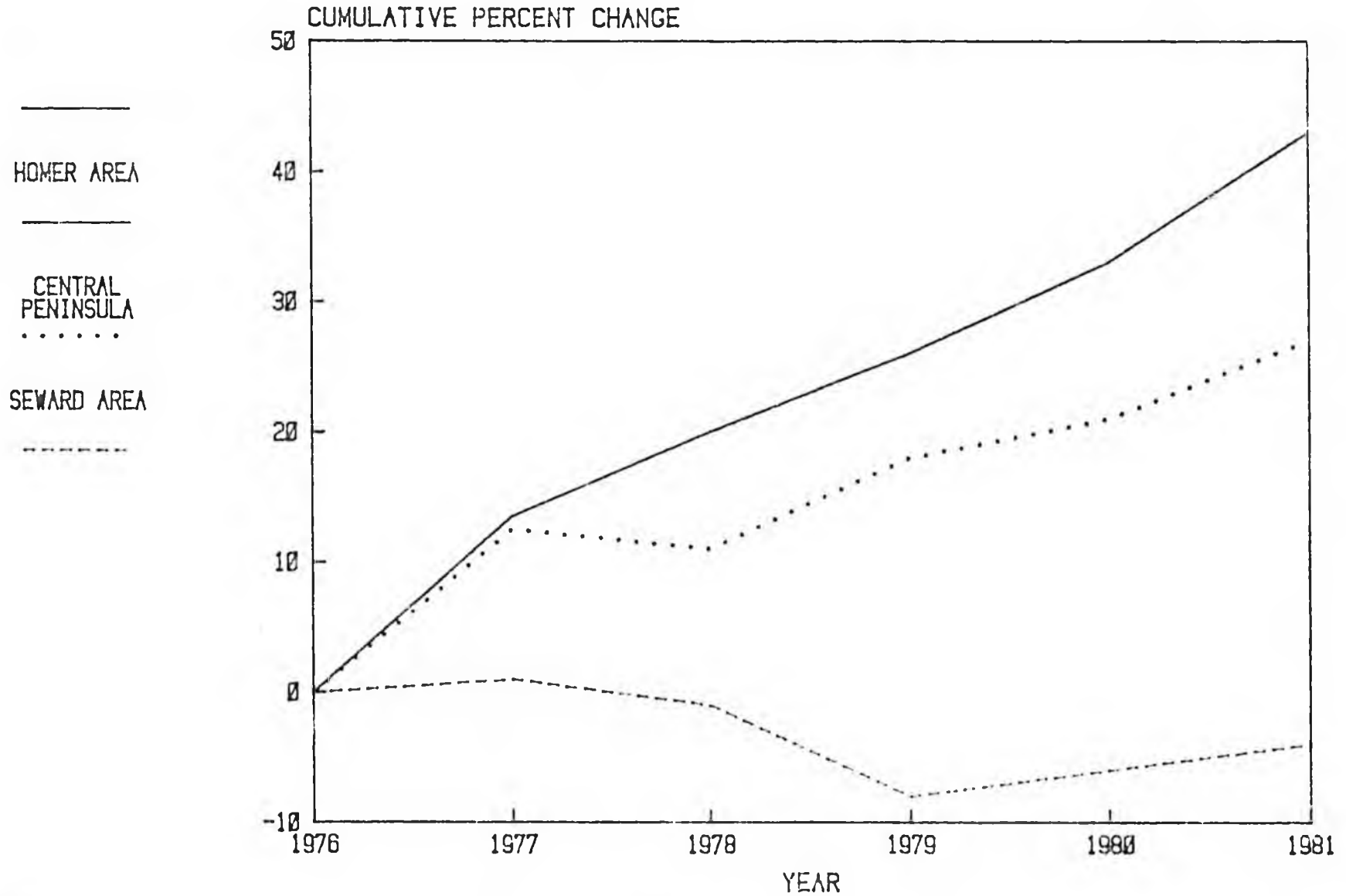
The expansion of services and the increased usage of services at the Community Mental Health Center serving Homer and the surrounding area is in response to existing human needs as well as the dramatic increase in population currently impacting the South Peninsula Region. In Homer alone, a recent Borough census indicated that the population has grown by at least 30 percent during the past 24 months with projections that this rate of increase may accelerate. The birth rate has nearly doubled at the South Peninsula Hospital during the past two years and the public schools are overflowing with students. In response, two new schools are being built in Homer not to mention the school expansion projects in other communities served by the Center. In addition, the South Peninsula Community Hospital is currently being expanded in order to double its bed capacity. According to a recent Homer News article, more than \$100 million worth of construction projects have been undertaken during 1983 in Homer alone. If work at the Bradley Lake hydroelectric dam begins in 1985 as projected by the Homer Electric Association, yet another dramatic influx of workers and associated support personnel will impact the region. In addition to the economic incentive to move to the Homer area, many individuals are choosing to relocate to Homer in order to benefit from the awesome beauty of the surroundings and the high quality of life offered by this pictorial community. Clearly, the South Kenai Peninsula is being severely impacted by a dramatic increase in population. Concomitant with this influx of people is an increasing demand for human services which the Community Mental Health Center is attempting to meet in a comprehensive and cost-effective manner such that the services are available to one and all independent of ability to pay or other individual differences.

The following 13 pages include graphic and pictorial representations of the current boom being experienced in Homer and the surrounding area. Clearly, the residents of the South Kenai Peninsula live in a boom town atmosphere.

HOMER AREA POPULATION GROWTH ACTUAL AND PROJECTED



ELEMENTARY SCHOOL ENROLLMENT KENAI PENINSULA BOROUGH AREAS

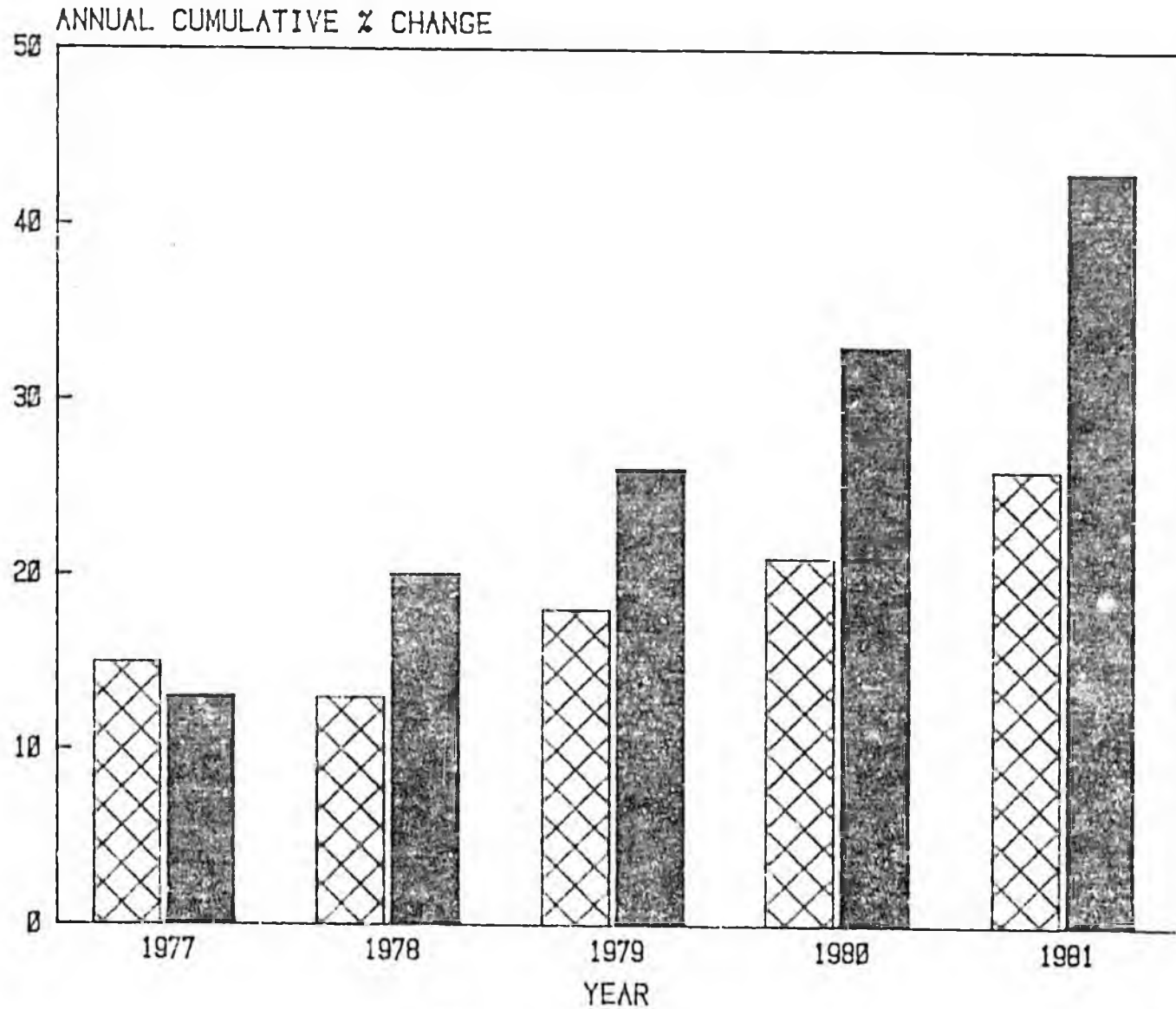


ELEMENTARY SCHOOL ENROLLMENT

HOMER AREA VS. REST OF KPB

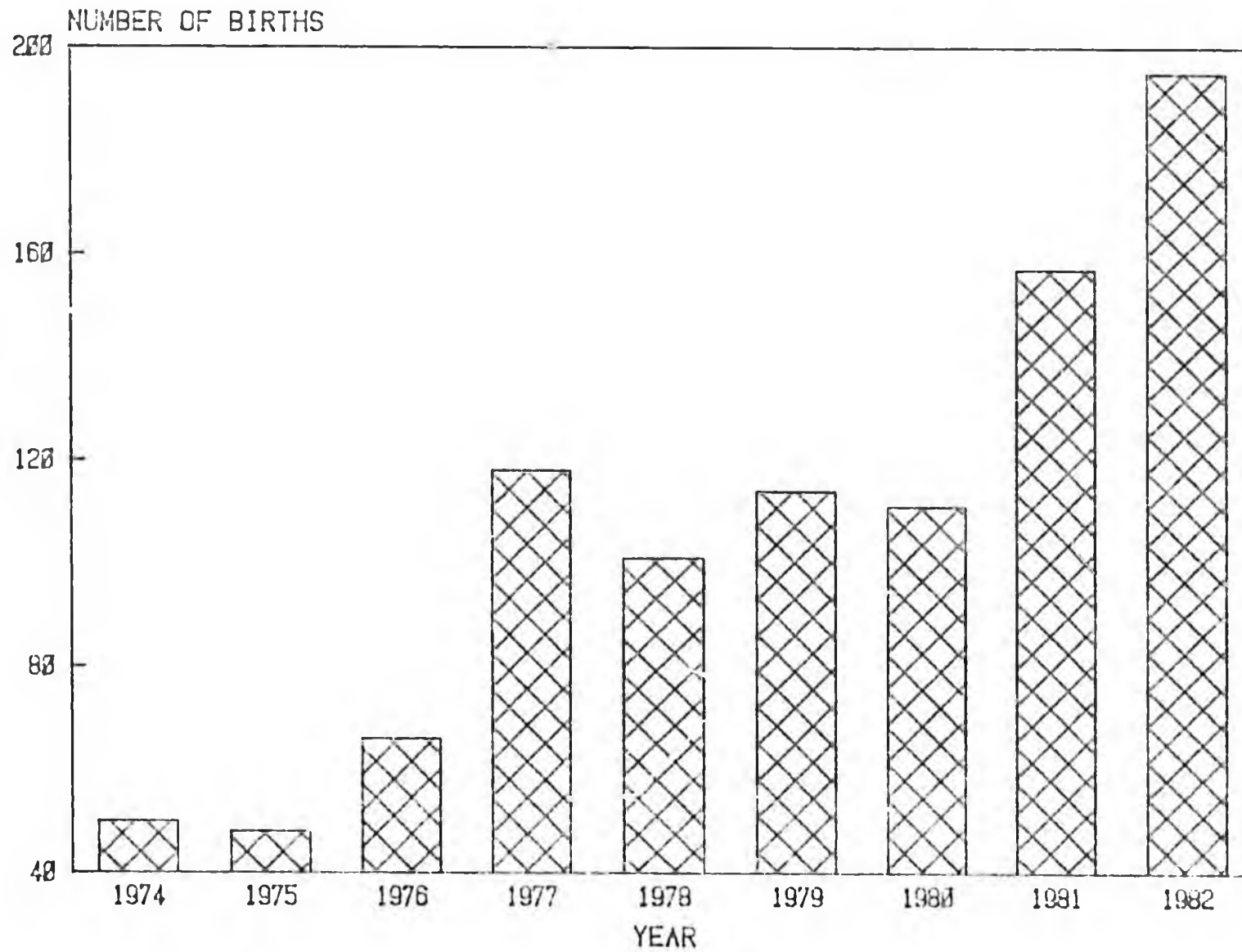
KENAI PEN
BOROUGH


HOMER AREA

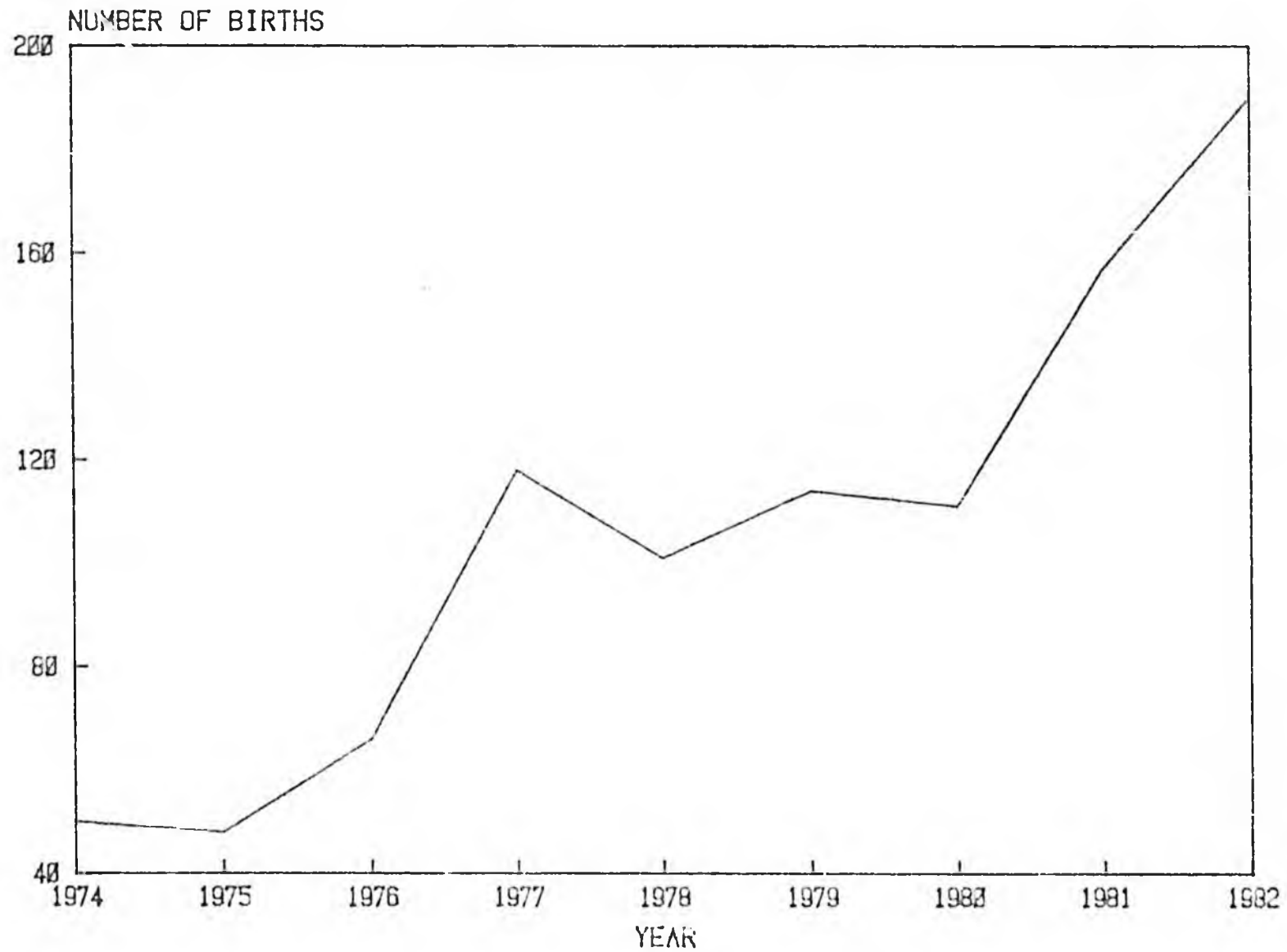



SOUTH PENINSULA HOSPITAL

BIRTHS 1974 - 1982

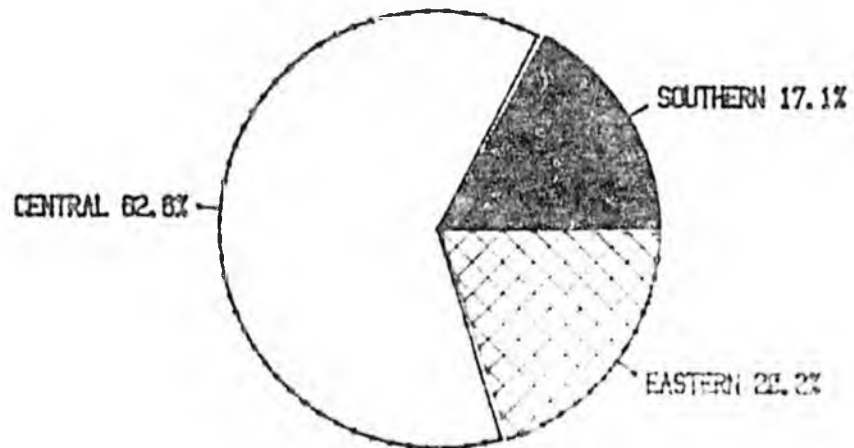


SOUTH PENINSULA HOSPITAL BIRTHS 1974 - 1982

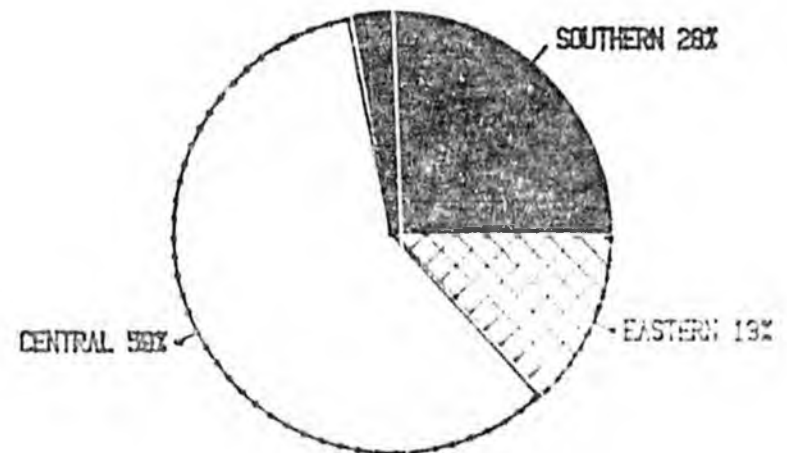


KPB REGISTERED VOTERS

PERCENT BY AREA 1978

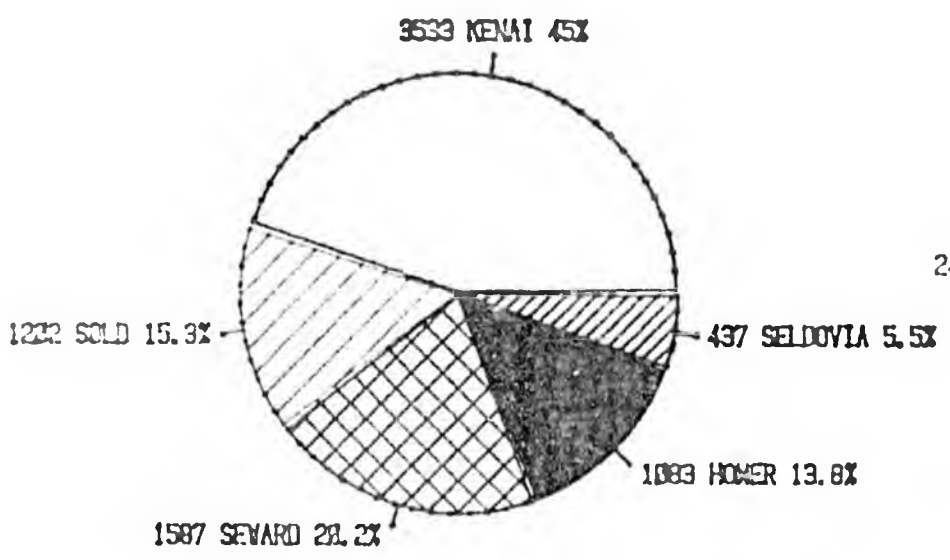


PERCENT BY AREA 1981

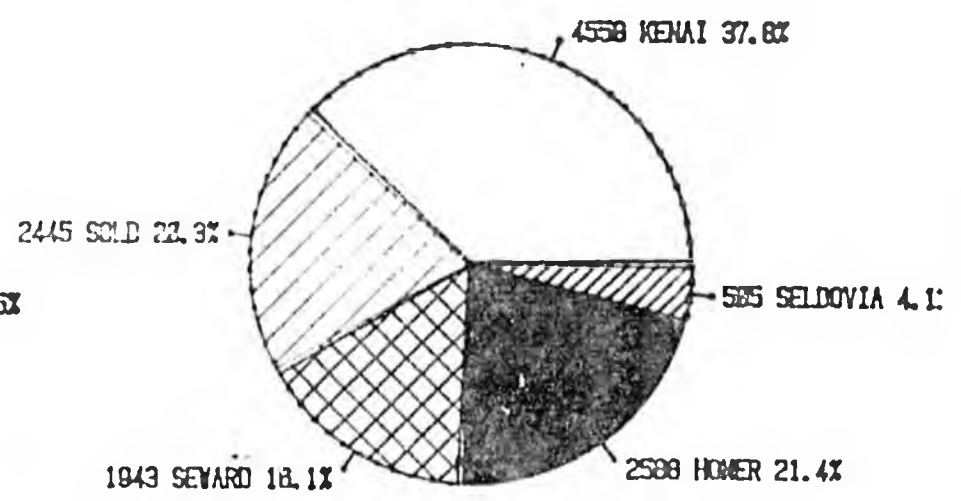


RELATIVE GROWTH OF KPB CITIES

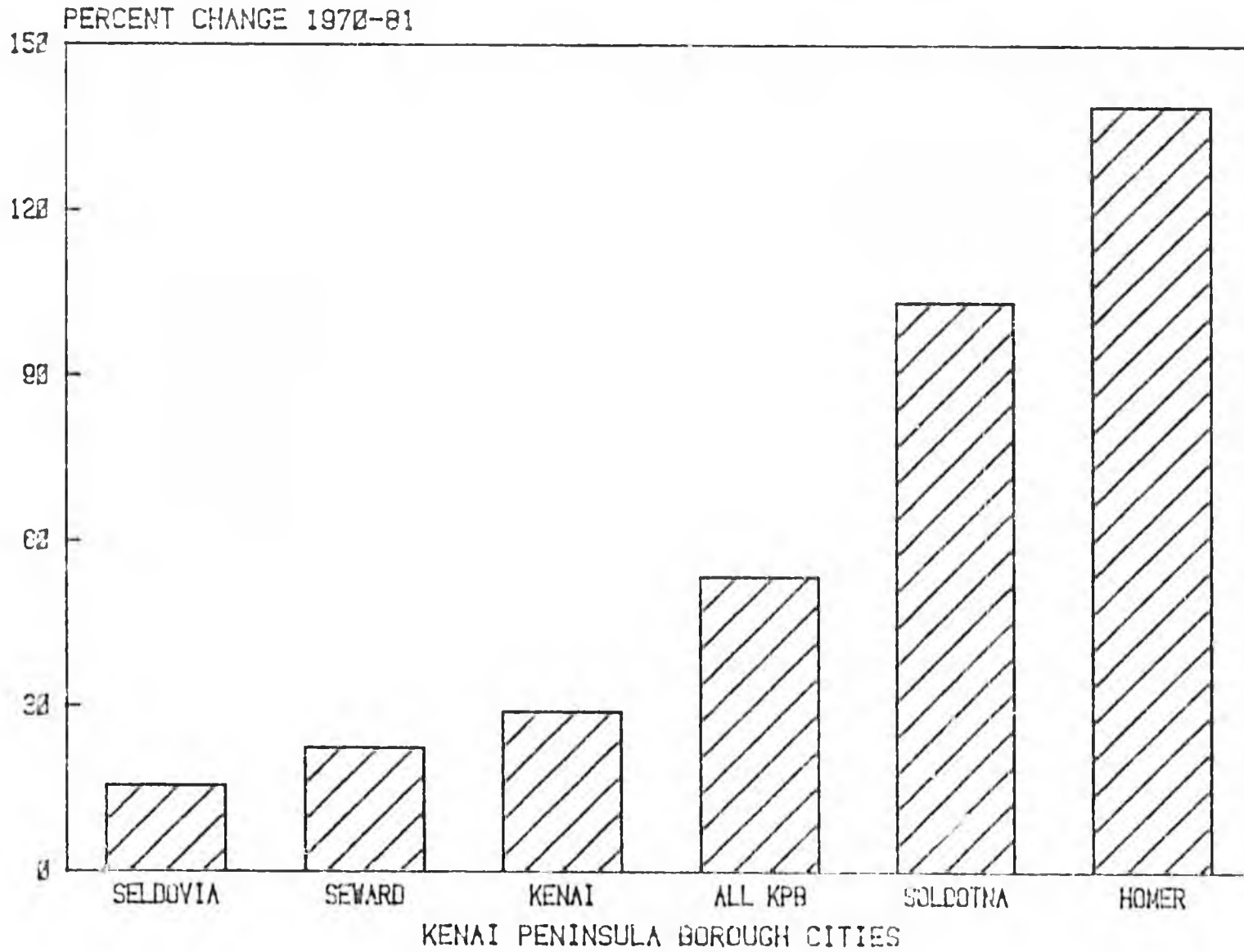
POPULATION 1970



POPULATION 1981



KPB POPULATION GROWTH RATE CITIES 1970 - 1981



PAST POPULATION TRENDS IN THE CITY OF HOMER
AND KENAI PENINSULA BOROUGH
1960 to 1982

	<u>City of Homer</u>		<u>Kenai Peninsula Borough</u>	
	<u>Number</u>	<u>Annual Growth Rate</u>	<u>Number</u>	<u>Annual Growth Rate</u>
1960	NA	--	9,053	--
1964	800	--	10,582	4.0%
1968	975	5.1%	14,160	7.6%
1970	1,083	5.4%	16,586	8.3%
1972	1,243	7.1%	16,200	-1.2%
1975	1,538	7.4%	18,770	5.0%
1978	2,054	10.1%	25,335	10.5%
1980	2,209	3.7%	25,282	-0.1%
1981	2,588	17.2%	26,520	4.9%
1982	2,897	11.9%	32,303	21.8%

Source: Kenai Peninsula Borough, 1981, 1982a and 1982b, U.S. Bureau of the Census, and Alaska Department of Labor.

CURRENT AND PROJECTED POPULATION
HOMER AREA
1978 to 2010

	<u>City of Homer</u>	<u>Other Homer Areas*</u>	<u>Total Homer Area</u>
<u>Actual</u>			
1978	2,054	1,577	3,631
1980	2,209	NA	NA
1981	2,588	NA	NA
1982	2,897	2,069	4,966
<u>Low Projection</u>			
1985	3,100	2,300	5,400
1990	3,900	3,000	6,900
1995	4,500	3,500	8,000
2000	5,200	4,200	9,400
2005	5,800	4,600	10,400
2010	6,400	5,100	11,500
<u>Intermediate Projection</u>			
1985	3,400	2,800	6,200
1990	4,700	4,000	8,700
1995	6,200	5,600	11,800
2000	8,100	7,500	15,600
2005	9,400	8,800	18,200
2010	10,900	10,400	21,300
<u>High Projection</u>			
1985	3,800	3,100	6,900
1990	6,500	5,600	12,100
1995	10,400	9,600	20,000
2000	13,300	12,600	25,900
2005	16,200	15,700	31,900
2010	19,700	19,600	39,300

* Fritz Creek and Diamond Ridge election precincts.

NA - Data not available.

Source: Kenai Peninsula Borough 1979, 1982a and 1982b, and
Pacific Rim Planners & Engineers, Olympic Associates Company

ORGANIZATIONAL STRUCTURE

The Community Mental Health Center is sponsored by the South Peninsula Mental Health Association, Inc., a private non-profit corporation registered in the State of Alaska. The Association is comprised of members from the communities served by the Community Mental Health Center who are concerned about human service needs in the region. The membership elects a group of seven members to comprise the Board of Directors which governs the day-to-day functioning of the Center and provides oversight to the Center's program administrator. Current members of the Board serving three-year terms each include:

President: Jeanne K. Calkins
 P.O. Box 2020
 Homer AK 99603
 907-235-7248

Vice-President: Bill Bell, M.D.
 P.O. Box 194
 Homer AK 99603
 907-235-8586

Secretary/Treasurer: Darlene Crawford
 Drawer M
 Seldovia AK 99663
 907-234-7625

 Bob Moore
 P.O. Box 84
 Anchor Point AK 99556
 907-235-8972

 Mike Hopson
 P.O. Box 2181
 Homer AK 99603
 907-235-8671

 Eleanor McMullen
 Port Graham
 VIA Homer AK 99603
 907-433-8001

 Rev. Joe Aprill
 P.O. Box 127
 Anchor Point AK 99556
 907-235-7178

ORGANIZATIONAL CHART

SOUTH PENINSULA MENTAL HEALTH ASSOCIATION, INC.

BOARD OF DIRECTORS

HUMAN SERVICES NETWORK - - - - - PROGRAM DIRECTOR,
COMMUNITY MENTAL HEALTH CENTER (HOMER)

↓
VOCATIONAL
COUNSELOR
(full-time)

↓
INFANT LEARNING
INSTRUCTOR
(full-time)

↓
PARENT-CHILD
EDUCATOR & TRAINER
(full-time)

↓
PSYCHIATRIC
CONSULTANT
(4 hrs/week)

↓
POST-DOCTORAL
PSYCHOLOGY FELLOW
(full-time, 9 mo/yr)

↓
ADMINISTRATIVE
ASSOCIATE
(full-time)

↓
SECRETARY/
RECEPTIONIST
(part-time)

OFFICE SPACE PROBLEM

Since the community mental health program was established in the South Kenai Peninsula region, adequate office space has been a perennial problem. The first offices used for the program were located within a residential four-plex building directly east of the hospital in Homer. These offices were grossly inadequate with regard to size and soundproofing therefore being in violation of the regulations for community mental health programs in Alaska. In 1980, the Center relocated to a 1100 square foot space in the Katamar Building on the Sterling Highway entering Homer. The space appeared pleasant and clean but again proved to be grossly inadequate for the services which the Center delivered. In particular, the five offices used for counseling services were seven and one-half feet by nine feet with no ventilation, no windows, and again, inadequate soundproofing. Individuals in the waiting area were able to listen to clients speaking with the professional staff in the therapy rooms. Additionally, when a family was squeezed into one of these cubicles with a therapist, the experience was similar to a sauna with little oxygen left in the air at the end of each session. However, no other office space was available to house the Community Mental Health Center programs until August, 1983. At that time, the Community Mental Health Center moved to the basement of the Alaska Commercial Fishing and Agriculture Bank building located on Ocean Drive in Homer. The facility is quite adequate for the present needs of the program with the exception of limited and somewhat inaccessible parking during the winter months. However, the office space is extremely expensive resulting in a significant amount of program resources dedicated toward maintenance of an appropriate facility rather than supporting client services directly. The current office space includes 2,183 square feet rented at the rate of \$1.00 per square foot per month for a total expense of \$26,196.00 annually for rent alone. Through a \$10,000.00 payment from locally generated revenues to pay some of the building renovation which was necessary to convert the basement to office space, the Association was able to negotiate a proportionally lower rental fee for 24 months. On August 1, 1985, the lease agreement can be renewed at a rate of \$1.00 per square foot per month plus an annual increase equal to the rise in the consumer price index during the prior 24 months. Given the limited financial resources available to support public sector human services, it appears that the Community Mental Health Center will be priced out of this office space at that time.

FACILITY PROPOSAL

In light of the perennial problem described above, the South Peninsula Mental Health Association, Inc. solicited funds from the City of Homer to initiate a building program to construct adequate office accommodations. Following extensive public hearings, the City of Homer allocated \$35,000.00 toward this effort in November, 1982, and supported the Association in their endeavor to secure additional funding for the project (see attached resolution from the City of Homer). With the generous contribution from the City of Homer as well as some funds raised by the South Peninsula Mental Health Association, Inc. within the community, the Board of Directors solicited available land centrally located in Homer having access to city water and sewer. This land (Lots 12 and 13, Block 3, Lakeside Village Subdivision, Homer, Alaska) was purchased in full from the National Bank of Alaska on November 2, 1983. In addition, architectural drawings, soils tests, and building specifications have been accomplished. Hence, the Association is prepared to go to bid at such time that sufficient funding became available to construct the facility.

As displayed in the attached architectural drawings, a facility that would be adequate for at least the next two decades would include 3,420 square feet. The building is designed to meet the need for confidentiality and other service requirements. The building is designed according to standard construction techniques utilizing cost-effective residential type design with the interior arranged to accommodate outpatient services. This approach was selected in order to blend with the neighborhood selected for the building and to be as cost-efficient as possible. As can be noted from the plot plan, adequate parking space has been designed. Additionally, the building has been designed to accommodate expansion if this becomes a necessity at some point in the future.

FACILITY BENEFITS

Construction of an office building to house the programs offered through the Community Mental Health Center would benefit the local community by helping to guarantee that these essential human services will have adequate housing in order to continue to meet community needs in perpetuity. From an economic perspective, the building would be a benefit to the local community insofar as limited financial resources could be dedicated entirely to client services rather than spending an ever-increasing portion of program revenues for facility rental. Assuming the State of Alaska intends to continue to support community mental health services in the South Kenai Peninsula region, this building program will prove to be cost-effective. At the current rate of rental an equivalent amount of money will be expended from out State grant award toward rent at the end of 7.47 years as the State will spend to construct a building now. (\$1.00 per square foot for 3,420 square feet would equal \$41,040 per year, or a total cost of \$306,500 at the end of 7.47 years.) These calculations are based upon 1983 dollars and do not take into consideration the ever-increasing cost associated with rental due to inflation. Another immediate benefit of this building would be that the South Peninsula Mental Health Association intends to share the office space with the Cook Inlet Council on Alcohol and Drug Abuse upon completion of construction. Negotiations to this effect have already been established with support from the Cook Inlet Council on Alcohol and Drug Abuse. (See CICADA Resolution.) This would provide the State of Alaska with further cost savings of approximately \$7,200.00 per year in rental payments currently being made by the Cook Inlet Council. Including the building expense figures from CICADA, the pay off on the proposed building will be only 6.35 years. This space sharing agreement would make effective use of all of the office space immediately and will be viable for several years to come insofar as there is no projected growth in the staffing pattern at the Community Mental Health Center during the next several years.

BUILDING BUDGET

SITE PREPARATION \$ 25,000.00

CONSTRUCTION COST

(3,420 Sq. Ft.x \$75.00 per sq. ft). . . . \$256,500.00

DEEP PILINGS

To prevent settling \$ 25,000.00

=====

TOTAL REQUESTED: \$306,500.00

BUILDING MAINTENANCE COSTS

TAXES (Private, non-profit organization) . . \$	0.00
CITY WATER & SEWER \$	900.00
ELECTRICITY \$	3,300.00
JANITORIAL FEES \$	2,700.00
INSURANCE \$	1,500.00
PARKING MAINTENANCE \$	500.00
ROUTINE BUILDING MAINTENANCE \$	1,000.00
TOTAL ANNUAL MAINTENANCE COST:	\$9,900.00

These maintenance expenses will be shared by the building tenants and would be within the Association's financial ability to pay on an annual basis, derived from operating expenses.

EXPENSES

<u>OPERATION & MAINTENANCE</u>	<u>FY 83</u>	<u>FY 84</u> (Projected)	<u>Proposed Building</u> (Projected)
Taxes (private, non-profit)	0.00	0.00	0.00
City Water & Sewer	0.00	300.00	900.00
Electricity	1,900.00	3,000.00	3,300.00
Janitorial	1,500.00	1,970.00	2,700.00
Insurance	900.00	1,000.00	1,500.00
Routine Building Maint. . .	0.00	0.00	1,000.00
Parking Maintenance	<u>0.00</u>	<u>0.00</u>	<u>500.00</u>
Yearly Totals	\$4,300.00	\$6,270.00	\$9,900.00

REVENUES

	<u>FY 83</u>	<u>FY 84</u> (Projected)	<u>Proposed Building</u> (Projected)
State Grants	\$240,612.00	\$255,150.00	\$230,000.00 **
Local Contribution	11,644.00	12,000.00	14,000.00
Fee for Services	<u>48,000.00</u>	<u>50,000.00</u>	<u>51,000.00</u>
Yearly Totals	\$300,256.00	\$317,150.00	\$295,000.00

** Decrease in state grants expected due to proposed deletion of rental expense.

LETTERS OF SUPPORT FOR SERVICES
PROVIDED THROUGH THE
COMMUNITY MENTAL HEALTH CENTER

Box 335
Homer, Alaska 99603



REPLY TO:

- City Hall
Ph. (907) 235-8121
- Port of Homer
Ph. (907) 235-8597
- Harbor Master
Ph. (907) 235-8959
- Public Works Dept.
Ph. (907) 235-8120
- City Engineer
Ph. (907) 235-6368

February 16, 1983

Paul L. Craig, Ph.D.
Psychologist, Director
Community Mental Health Center
Box 2274
Homer, Alaska 99603


Dear Paul:

As City Manager for the City of Homer I would like to lend my support to the services of the Community Mental Health Center and to verify that I have personal knowledge of its service to this community.

The services the center provides are an essential part of the community infra-structure; and I urge the continuance of the various programs so long as the services are provided in a prompt and professional manner.

Thank you for your services and the opportunity to express my support.

Very truly yours,


Larry C. Farnen
City Manager

LCF/pb

SELDOVIA NATIVE ASSOCIATION, INC.

P.O. DRAWER L

SELDOVIA, ALASKA 99663

(907) 234-7625 • 234-7890

February 14, 1983

Dr. Paul Craig, Ph. D.
Psychologist, Director
Community Mental Health Center
P.O. Box 2274
Homer, Alaska 99603


Dear Dr. Craig:

This letter will confirm the support of our organization for your grant request for this year.

The increased level of service to the Seldovia area has been noted and is appreciated. The Parent-Child Education program, as well as the Infant Learning Program have also been beneficial to our area.

Your support of our local alcoholism program is appreciated too. We would urge the State of Alaska to give total funding to the Community Mental Health Center's grant application.

Sincerely,


Fred H. Elvsaas, President
Seldovia Native Association, Inc.

FHE/dc



Homer Community Schools

Box 500 Homer, Alaska 99603

February 23, 1983

To Whom It May Concern:

Please accept this letter of appreciation and support for the services of the Community Mental Health Center in Homer. Through my involvement with the Homer Community Schools Program I have had an opportunity to work with the staff of the Mental Health Center in several areas of community need or benefit.

The staff of the Center have consistently offered classes and workshops in a broad variety of areas helpful to our community--most recently, career changing, parenting skills, parent-child education and suicide prevention. The Infant Learning program aids in targeting infants and toddlers who are handicapped or developmentally delayed, smoothing their way into preschool or elementary school programs. In addition the staff has demonstrated a willingness, personally and professionally, to help in identifying community, family and individual concerns and possible ways to address them. The Community Mental Health Center has also been a motivating force behind the formation of a Human Services Network, a group of human service providers in the area, and the publication of the first Human Services Guide to Homer Area Resources.

My experiences with the Community Mental Health Center in Homer have made it evident that the staff is caring, professional and responsive to the needs of our community. I urge your continued funding of the Homer Community Mental Health Center and it's programs.

Sincerely,

Bev Cronen
Coordinator

HOMER POLICE DEPARTMENT

235-8113



BOX 321

HOMER, ALASKA 99603

January 28, 1983

Community Mental Health Center
Box 2274
Homer, Alaska 99603-2274

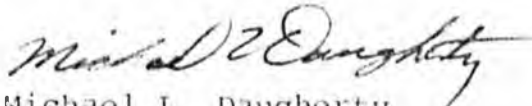
Dr. Paul Craig, Ph.D.

Dear Dr. Craig,

In reply to your letter of January 17, 1983, your services have been of benefit to our Department in many cases where domestic violence or mental illness were major factors. And, as such, have effectively assisted our department in culminating these matters.

I, therefore, recommend that funding be continued for your center to allow continued efforts in these areas.

Sincerely,


Michael L. Daugherty
Director of Public Safety

MLD/gm

cc. 83 Correspondence



COOK INLET NATIVE ASSOCIATION

670 West Elmwood Lane
Anchorage, Alaska 99503
(907) 562-1111

February 25, 1983

Community Mental Health Center
Box 2274
Homer, Alaska 99603

Attn: Dr. Paul Craig, PHD

Cook Inlet Native Association (CINA) has reviewed your proposal, which would in our opinion provide vital needed services to the Kenia Peninsula area.

We feel that many benefits would accrue to the Native population should this proposal be funded.

Please accepted this letter as support for your proposal.

Sincerely,

Maxim Tolchok
Executive Director

MD:she

February 22, 1983

To whom this may concern:

I, Pat Ervarts an elected official of
the Homer City Council do fully support
Dr Paul Craig as the Psychologist, Director
of the Community Mental Health Center
of Homer Alaska.

Furthermore I fully support increased
funding for the coming fiscal year in
order to reflect present community needs
of a growing population.

Sincerely

Pat Ervarts
Councilwoman
Homer, Alaska



Box 335
Homer, Alaska 99603

- REPLY TO:
- City Hall
Ph. (907) 235-8121
 - Port of Homer
Ph. (907) 235-8597
 - Harbor Master
Ph. (907) 235-8959
 - Public Works Dept.
Ph. (907) 235-8120
 - City Engineer
Ph. (907) 235-6368

CITY OF HOMER

January 31, 1983

Paul Craig, Ph.D., Director
Community Mental Health Center
P. O. Box 2274
Homer, AK 99603-2274

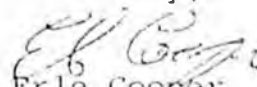
Dear Dr. Craig:

It is with pleasure that I submit this letter of support for inclusion in the grant application proposals for the Homer Community Mental Health Center.

As Mayor of Homer, and from a personal prospective, I am aware of the worth of the programs provided and administered by the organization you direct. It is clear that programs are selected on the basis of community need and are carried forth in a sincere effort to assist participants in developing comprehensive skills which are life support systems. Specifically, the Parent-Child Education and Training program, and Infant Learning program are identified as beneficial to the young people of our community. Because of the mild climate and easy road accessibility, many young, new families settle here yearly. Both of these programs assist with adjustments for these families, and provide a resource for assisting in new starts.

It is my feeling that programs such as those administered by the Community Mental Health Center are supportive of family development; therefore, a continuing asset to this community. Be confident of the support of the City of Homer in your grant application pursuits.

Sincerely,


Erle Cooper
Mayor

KFH:ler



Trial Courts

State of Alaska

POUCH "V"

KENAI, ALASKA 99611

Chambers of
CHARLES K. CRANSTON
Superior Court Judge

January 20, 1983

Community Mental Health Center
Box 2274
Homer, AK 99603

Attention: Paul L. Craig, Ph.D., Psychologist, Director

Dear Dr. Craig:

Now that a new year is upon us I wish to express to you my opinion concerning the services which have been offered by the Homer Community Mental Health Center to residents of the South Kenai Peninsula. Based upon my contact with the Community Mental Health Center through court proceedings which include both adult and children matters, I believe that the Community Mental Health Program has been a benefit to the residents of the South Kenai Peninsula and has provided an indispensable service to those residents.

I wish you the best for 1983 and urge that you indicate to all those persons responsible for your existence that without your services there would be many unfulfilled needs in the South Kenai Peninsula area.

Very truly yours,


CHARLES K. CRANSTON

CKC:nh

City of Seldovia

P.O. DRAWER B

TELEPHONE 234-7643

SELDOVIA, ALASKA 99663

February 15, 1983

Dr. Paul Craig, Ph. D.
Community Mental Health Center
P.O. Box 2274
Homer, Alaska 99603

Dear Dr. Craig:

It is with pleasure that I write this letter of support for the grant application you will be submitting this year.

The Community Mental Health Center is providing a real and beneficial service to our community. Other services such as the Parent-Child Education Program, and the Infant Learning Program have been beneficial also.

The educational services which you and your staff provide locally have been a great help to many people, and are appreciated. I know that your visits to the school have aided some students there.

We appreciate the personalized service which Seldovia has received this year, and would urge the State of Alaska to allow this service to continue, by providing the necessary funding.

Sincerely,



Darlene Crawford, Mayor
City of Seldovia

DC/ck

HHS Homer High School

Kenai Peninsula Borough School District

LEE WINT, PRINCIPAL

GARRETT WHITE, VICE PRINCIPAL

SRA BOX 196

HOMER, ALASKA 99603

PHONE (907) 235-8000

February 21, 1983

To Whom It May Concern:

This letter is in support of the Community Mental Health Center in Homer, Alaska. We have worked closely with the center for the past several years and have found them to offer a much needed support in the mental health area.

As I reflect on their program, I see one of their biggest strengths is their responsiveness. They are able to consult with us, or provide family counseling for students, or individual counseling. We use them as a local resource for classes in careers, mental health, or testing. I feel they have done a very good job of responding to our requests.

I would shudder to think of not having them as part of our community.

Sincerely,

James Ballentine
James Ballentine
Counselor

JB:mm

February 14, 1983

Paul Craig, Ph.D.
Community Mental Health Center
P.O. Box 2274
Homer AK 99603

To Whom It May Concern:

Greetings from the beautiful City of Homer. A recent survey poll indicates that the population growth on the Kenai Peninsula and specifically the Homer area is on a very high increase. And as you knew, a population increase brings many varied problems.

As for myself, I am not particularly fond of this high-powered population explosion; however I do face the reality and the fact that change in this area is taking place, and we need the excellent services that are provided here in Homer to meet these drastic changes. The Community Mental Health center under the direction of Dr. Paul Craig provides an excellent service to take care of the citizens that encounter problems on an emotional and mental level.

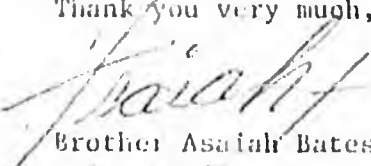
There is no question in my mind that the Homer Community Mental Health Center has one of the best Boards of Directors in the state of Alaska. They attend meetings and they give high-powered interest and attention to the needs of the Center and the community. They are definitely a group of dedicated people.

I have had the opportunity and privilege as a member of the Governor's Review Board on Alcohol and Drug Abuse to visit a number of the mental health centers throughout the State of Alaska, and I am pleased to report that the services offered by the Homer Community Mental Center are efficient, excellent, and meet the needs of the people who request assistance.

We are very fortunate to have Dr. Paul Craig and his staff and the good work that our mental health center makes available to the people. My recommendation would be to continue funding the program, and if funds are available to make an increase in the grant, so this work may expand to meet the needs of our growing community.

Thank you for giving your attention to the content of this letter, and may great joy and bliss fill your beautiful hearts to overflowing as we move on down through the corridors of time to meet the demands that the wheel of life places upon our minds and hearts.

Thank you very much,


Brother Asaiah Bates
P.O. Box 504
Homer AK 99603

PAUL L. ENEBOE, M.D., A.B.F.P.
WILLIAM H. BELL, M.D., A.B.F.P.
A PROFESSIONAL CORPORATION
P.O. BOX 194
HOMER, ALASKA 99603
TELEPHONE 235-8586

February 22, 1983

Paul L. Craig, Ph.D., Director
Community Mental Health Center
Box 2274
Homer, AK 99603

Dear Dr. Craig:

I am pleased to once again recommend the services of the Community Mental Health Center. I have been very impressed with the work the Center has done in providing services to the residents of the South Kenai Peninsula.

There have been several patients I have referred to the Mental Health Center and several that have referred themselves who have come back and told me they were extremely pleased and had benefitted greatly from their care at the Center. I am also very pleased to see the growth of the parent-child education program and the infant learning program.

Sincerely yours,

William H. Bell, M.D.

William H. Bell, M. D.

WHB:nmc

martin friedman

lawyer

—
box 337

homer, alaska

—
255-8085

January 24, 1983

Community Mental Health Center
Box 2274
Homer, Alaska 99603-2274

To Whom It May Concern:

As a practicing attorney in the Homer community for the past twelve years, I have encountered every possible type of family and personal trauma in one or more of its aspects.

The Community Mental Health Center has been providing services essential to the residents of the Homer community for many years. The individual and family counseling program and the parent child education training program both have been of great help, support and assistance to those in need.

Along with the development of services of the Community Mental Health Center has been an awareness in the people of the community that these problems, which have existed in the past no longer have to be suffered and hidden. The Community Mental Health Center provides services to resolve these problems thereby contributing to the over-all mental health of the South Kenai Peninsula residents.

In my opinion, the Community Mental Health Center has been and continues to be, in all of its programs, an essential and well functioning resource to the residents of this area.

Sincerely

MARTIN FRIEDMAN

MARK O. GULDSETH

P O BOX 1086

HOMER, ALASKA 99603

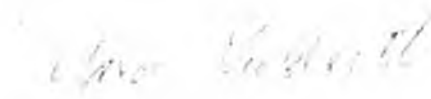
February 24, 1983

TO WHOM IT MAY CONCERN:

I would like to state my support for the Community Mental Health Center in Homer. It seems to be filling a definite need in the community in helping people to cope with life and with each other.

I recommend continued funding for this service.

Yours truly,


Mark Guldseth
City Councilman, Homer

SELDOVIA POLICE DEPARTMENT

W. (ANDY) ANDERSON
CHIEF OF POLICE

JERRY L. LEWIS
ASSISTANT CHIEF

2/15/83

COMMUNITY MENTAL HEALTH CENTER
BOX 2274
HOMER, ALASKA 99603

Dear Mr. Craig:

I would like to take this opportunity to commend you and your staff on the professional handling of referred cases by our department. The feedback I am receiving is very positive. In my opinion, your service is a necessity in our area and a much needed resource.

Your Parent-Child Education and Training program could, in time, have a very positive impact in our community. The communication between parents and children would greatly reduce the number of problems involving the Police. Parents as well as the children need the training and, I'm certain, it will draw families closer together.

The Infant Learning program is also an excellent outreach and to train the children at such an early age is the answer to assuring healthy, productive persons in the years to come.

Your willingness to help and your professional attitude as well as that of your staff will insure your valuable and needed services to remain in our area. Keep up the good work.

Sincerely,

A.W. Anderson
Chief of Police

HAZEL HEATH
REAL ESTATE
Glacier View Subdivisions
BOX 676
HOMER, ALASKA 99603

March 1, 1985

Paul L. Craig, Ph.D.
Psychologist, Director
Community Mental Health Center
Box 2274
Homer, Alaska 99603

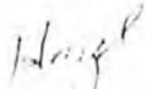
Dear Paul:

This letter is evidence of my support and belief in the work you are doing in the Lower Kenai Peninsula. You have such a large area to cover. I marvel at the work you have accomplished.

Until your organization came to Homer I was not aware of the tremendous need people in our community have for your services. I didn't realize that a small city such as Homer could harbor so many different kinds of mental disturbances and psychological needs.

I hope that my support will help you in your effort to find adequate funding.

Sincerely,


Hazel Heath
Chairman
OLDER ALASKANS COMMISSION

February 23, 1983

Dr. Paul L. Craig
Director
Community Mental Health Center
Box 2274
Homer, Ak. 99603

Dear Dr. Craig:

By vote of the Board of Directors of the Homer Chamber of Commerce, this letter is to voice our wholehearted support for the Community Mental Health Center and the programs you have initiated and offered Homer over the past year.

We hope that grant funding for the continuation of these programs will be forthcoming. The services provided to families and individuals by the Mental Health Center indirectly effect each of us in the community and we feel that they more than adequately augment and complement the programs and services offered by other medical and social organizations in the area.

Our best wishes for your continued success and please let the Chamber Board know if there's anything we can do to assist you in any of your operations.

Sincerely,

HOMER CHAMBER OF COMMERCE

Mary A. Henry
Mary A. Henry
Vice President

MAH:ap



LITTLE PEOPLE PUBLICATIONS
560 W. Soundview Ave.
Box 2181, Homer, Alaska 99603
Ph.# 907/235-7515

January 27, 1983

Dr. Paul Craig, Director
Community Mental Health Center
P. O. Box 2274
Homer, Alaska 99603

Dear Dr. Craig:

We are pleased to offer our support of the services that are being provided by the Community Mental Health Center to the residents of the South Kodiak Peninsula.

Those of us who have been involved with the Little People Can Read Research Project are acutely aware of the importance of high quality stimulation in the ear-liest years of a child's life in promoting good social, emotional, and intellectual development. We are, therefore, particularly enthusiastic about the Parent-Child Education and Training Program and the Infant Learning Program now being offered at the Mental Health Center.

Because we have observed the dedication shown by the clinic's staff and the need within the local community for these services, we urge that these programs be continued.

Cordially,

Mary + Mike

Mary & Michael Heppner



District Court
State of Alaska

THIRD JUDICIAL DISTRICT
P O BOX 136
HOMER, ALASKA
99603

CHAMBERS OF
JAMES C. HORNADAY JUDGE

25 January 1983

Paul L. Craig, Ph.D.
Psychologist, Director
Community Mental Health Center
Box 2274
Homer, Alaska 99603-2274

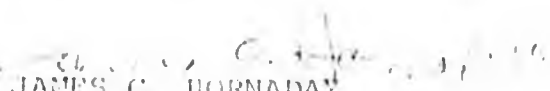
Dear Dr. Craig:

This letter is written in support of the continuing programs of the Community Mental Health Center. Programs put on by the Center include but are not necessarily limited to the overall Community Health Program, Parent Child Education and Training Program, and Infant Learning Program. It is also my understanding that your organization is providing service to several villages in the area.

We appreciate your efforts and hope that they will continue and expand.

Thank you.

Very truly yours,


JAMES C. HORNADAY
District Judge

JCH:rp



KENAI PENINSULA BOROUGH SCHOOL DISTRICT

NINILCHIK SCHOOLS

NINILCHIK, ALASKA 99639

January 27, 1983

Community Mental Health Center
Box 2274
Homer, Ak. 99603

Dear Staff,

I am personally involved with junior high (7-9) guidance and students with serious personal problems. There are many cases I cannot deal with because of my lack of expertise. For these special problems, I am both relieved and grateful to be able to turn to the Community Mental Health Service in Homer.

Mrs. Irene Littrell, from the Homer Office, has been traveling to Ninilchik to provide communication workshops for students and adults. She has also been dealing with some of these very serious cases. It is a real relief to have someone with her experience and background to provide counseling to these students and their parents.

One eighth grade boy was failing in all his classes. Mrs. Littrell began counseling with the entire family. The young man's attitude is greatly improved and he passed several of his courses for the quarter.

This kind of achievement is very important and worthwhile in an area that has so many problems. We need this service and appreciate it immensely. Please keep us on your agenda.

Sincerely,

Shawnie Holdermann
Ninilchik Guidance Counselor

SOUTH KACHEMAK, INC. ALCOHOLISM PROGRAM

BOX 197
SELDOVIA, ALASKA 99663
234-7807

February 4, 1983

Dr. Paul Craig
Community Mental Health Center
P.O.Box 2274
Homer, Alaska 99603

Dear Dr. Craig,

We would like to express our support and appreciation for the Community Mental Health Center and the opportunities you are making available.

We are hearing excellent reports on the Parent-Child Education and Training classes. They are getting good response here in Seldovia and we also got a very positive reaction from our board members in Fort Graham, toward the classes held in that village.

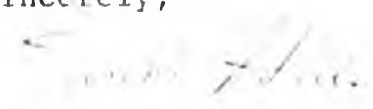
Having a "baby boom" here in town bears out the necessity for the Infant Learning program. This is an area of need in our communities and we support your effort to meet that need.

We are seeing increasing acceptance and use of the Mental Health program over here. Knowing there will be a regular and accessible care provider has created a very positive climate to recommend and ask for help in our community. In your position, Dr. Craig, you have established a level of trust and professionalism that is changing attitudes throughout our community.

Cooperation between our programs has been invaluable for SKIAP. We continually benefit from your consultations and the resources we can now suggest to our clients.

You have our whole-hearted support.

Sincerely,


Edith-Helen Hilts
Director

EHH/lis

STATE OF ALASKA

BILL SHEFFIELD, GOVERNOR

PUBLIC DEFENDER AGENCY

BOX 3413
KENAI, ALAS (A 99611
PHONE: (907) 283-3129

January 27, 1983

Mr. Paul Craig, PhD
Community Mental Health Center
P.O. Box 2274
Homer, Alaska 99603-2274

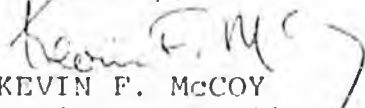
Dear Dr. Craig:

I am the supervising attorney for the Kenai Office of the Alaska Public Defender Agency. Our office is assigned to represent indigent criminal defendants in the Homer area. I understand that the Homer Community Health Center has submitted a grant proposal for the coming fiscal year and I am writing this letter in support of that grant proposal.

As you know, we frequently request the Community Mental Health Center to prepare evaluations for our clients for use in aid of sentencing. The evaluations that have been provided are frequently useful to the court in fashioning the appropriate sentence for the individual offender. In addition, it is not uncommon for the court to order mental health counseling through a Community Mental Health Center as part of an individual's sentence. I am of the opinion that this resource is a significant asset to the Homer community.

Accordingly, I am hopeful that your grant proposal will be accepted.

Sincerely,


KEVIN F. McCOY
Assistant Public Defender

bkg



KENAI PENINSULA BOROUGH SCHOOL DISTRICT

NINILCHIK SCHOOLS

NINILCHIK, ALASKA 99639

January 31, 1983

Dr. Paul L. Craig, Director
 Community Mental Health Center
 Box 2274
 Homer, Alaska 99603

Dear Dr. Craig:

One of the best supplementary services that our students can take advantage of is that offered by your Center. Not only do individual students benefit from the services offered; the school and homes are beneficiaries in many instances where students are helped.

In the last three years I have seen excellent cooperation between the individual school, the district school office, and the Community Mental Health Center. This has been of great value to students who have had the opportunity of learning skills in communication and self-awareness through the sessions that have been offered by Center staff members.

I certainly do hope that the program will be continued, with perhaps some additional sessions to work with teachers for better understanding of pupil needs.

We do appreciate the fact that we can call on you and know that you will respond.

Sincerely yours,

Wade Jacklinsky
 Counselor

ANCHOR POINT ELEMENTARY SCHOOL

A part of the
Kenai Peninsula Borough School District

Box 156

Anchor Point, Alaska 99556

Phone (907) 235-8671

February 17, 1988

Paul Craig
Community Mental Health Center
Box 2274
Homer, AK 99604-2274

Dear Paul:

The Anchor Point Community School Council and I would like to admit this letter of support for the programs at the Community Mental Health Center. We feel that the services that have been offered in Homer and Anchor Point are of great value to the community, and we gratefully appreciate the workshops that have been offered here in Anchor Point for the benefit of our local people. We have been extremely impressed by the quality of the personnel who present the services, and the Community School Council and I sincerely hope that the program can continue to offer these workshops and services for the southern Kenai Peninsula community. Thank you very much.

Sincerely,

Wanda May
Anchor Point Community School Coordinator