

SCOMM

#6:34

Keep together
as one packet

AFN-
material

PLEASE NOTE: THE FOLLOWING PAGES WERE TREATED
AS A UNIT IN THE ORIGINAL DOCUMENT.

AFN - (Ting)

GOALS

1. Individuals who understand the effects of alcohol on their bodies and their lives, and who can maintain good control of themselves.

PURPOSES

1. Bring about improvement in individuals, their families, and society as a whole.
2. The enchancement of the ██████████ community in particular.

POLICY

1. Follow the lead of the most successful program on alcoholism.
2. Align all existing resources to the advancement of that program.
3. Develop a program which will bring an alcoholic person off his dependence and up to the point of being a valuable and productive member of society!
4. Have the ideal scene¹ (purpose) attainable and clearly defined. Keep it in view at all times while working on the program.
5. Use the Administrative Scale² technology to bring about the ideal scene.
6. Use the full alcoholism gradient scale³ in order to attain the ideal scene.

- (1) People who are not dependent upon alcohol and are self-determined.
- (2) The Administrative Scale was developed by L. Ron Hubbard as a management tool.
- (3) Alcoholism Gradient Scale:
 - (a) Education and prevention
 - (b) Crises intervention and counseling
 - (c) Rehabilitation
 - (d) Job training
 - (e) Job placement
 - (f) Follow-up to correct any of the earlier steps not done properly.

P L A N S

1. Understand as much about the Narconon⁴ Program as possible.
2. Explore the practical application of this program to the situation of alcoholism in general in Alaska and the Native alcoholic situation specifically.
3. If needed, for a task force of interested public people in order to enact the Narconon Program.
4. Approach the subject on a gradient, the Alcoholism Gradient Scale.
5. Review the Narconon and other existing programs in light of this gradient scale². Any program agreed upon should be capable of bringing about the ideal scene.

P R O G R A M S

1. Find out what groups and individuals are responsible for the planning and implementing of existing programs.
2. Create and exchange of information between the groups and individuals identified in number 1 above, with Narconon in order to coordinate the Alcoholism Gradient Scale.
3. Develop and implement the solutions thus far agreed upon.
4. Review, plan, and implement any areas of the Alcohol Gradient Scale not covered.
5. Conduct a follow-up review and evaluation.
6. Correct any points found to be ineffective.

P R O J E C T S

Program Information Gathering

1. Get a list of groups and individuals who are responsible for planning⁷ and
- (4) Narconon-comes from the words non-narcosis meaning the absence of stupor or insensibility.

implementing existing alcohol and drug abuse programs.

2. Do a survey of these people to find out the difficulties and possible solutions to alcoholism as they see it.
3. Tabulate and distribute the survey results.

Planning Meeting

1. Bring program directors and Board directors together with Narconon people.
2. Come up with a coordinated plan to handle Alcoholism in Alaska.
3. Designate one office as the Central Communication Center for overall coordination of the effort.

Implementation

1. Acquire additional funding if needed.
2. Provide organizational assistance so that an effective delivery system can be placed in effect.
3. Deliver training to existing personnel and new personnel as hired.
4. A full Admin Scale will be used to assist in implementation of the Alcoholism Gradient Scale.

Follow Up

1. By using the Admin Scale for each program it will be possible to monitor its own effectiveness by its statistics.
2. If the program needs assistance in any area it can notify the Communication Center.
3. The need for assistance will be relayed to the proper person.
4. That person will deliver the needed assistance.

ORDERS

1. There will be good communication between all people involved.
2. Time targets will be set and agreed to by all concerned.
3. We must have full agreement on this Admin Scale.
4. We must keep the purpose of our work in mind at all times.

I D E A L S C E N E

People who do not depend on alcohol and are able to exercise control over their lives.

S T A T I S T I C S

1. The number of programs working together.
2. The full implementation of this Admin Scale.

V A L U A B L E F I N A L P R O D U C T

Alcoholism programs working together implementing all parts of the Alcoholism Gradient Scale with the resultant drop in the amount of Alcoholism.

NARCONON®

NEWSLETTER

MARCH 1977

THIS ISSUE: GOOD NEWS FROM NARCONON MINNESOTA &
NARCONON NEW ORLEANS
ARTICLE: "THE ROAD OUT" BY L. RON HUBBARD

THE MCKNIGHT FOUNDATION

2600 1/2
Dixie Street
Minneapolis, Minnesota 55426
612/545-3414

December 8, 1976

Lotte Seidler
Vice President
Narconon Minnesota
1816 Grand Avenue South
Minneapolis, Minnesota 55409

Dear Ms. Seidler:

The Directors of the McKnight Foundation met on Tuesday, November 27th, and approved a grant of \$3,000 to Narconon, Minnesota to be used to assist in the establishment of a Drug and Alcohol Rehabilitation Program at St. Cloud Reformatory.

Our grant will be paid in full in early January of 1977.

We are pleased to be of assistance to you.

Sincerely,

Russell V. Ewald
Executive Vice President

RVE:mp

UNITED STATES AIRMAIL

United States Airmail

POSTAGE WILL BE PAID BY ADDRESSEE

December 3, 1976

Ms. Lotte Seidler
Narconon of Minnesota
1816 Grand Avenue South
Minneapolis, Minnesota 55409

Dear Ms. Seidler:

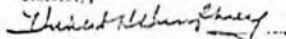
I have just recently been informed that the McKnight Foundation has given a grant to your organization to assist in your continuing work.

I just want to congratulate you on the reception of that grant and tell you how pleased I am that you have received it. I surely know of the good work that the McKnight Foundation does for our area and state, but I also know of the excellent work which your organization does.

The work which you and your staff provide to our community is most helpful in making this a better community in bringing human concern to our society.

My continued best wishes to you and your staff.

Sincerely,


Hubert N. Humphrey

Narconon Gets Results in Orleans Parish Prison

Narconon Minnesota is not the only Narconon to receive community support. The Narconon in New Orleans, Louisiana is also getting excellent backing based on results gotten at the Orleans Parish Prison.

A letter to Narconon New Orleans from John Vodicka, Director of the Louisiana Coalition on Jails & Prisons written on November 18, 1976 states:

"I want to let you know that the Louisiana Coalition on Jails and Prisons supports wholeheartedly the efforts of NARCONON in the New Orleans area.

"Many solutions to our city's crime and drug abuse 'epidemics' have been suggested and implemented in the last few years. None are as socially, economically, and psychologically sound as the approach used by NARCONON.

"NARCONON enables individuals who are dependent on drugs to learn how to achieve the conditions they desire much better *without* drugs than with them. I am confident that with organizations like NARCONON, the crime and drug abuse problems we experience here can be significantly reduced.

"NARCONON has proven its effectiveness in other parts of the country. I am pleased to learn of your efforts in New Orleans. If I can be of any further assistance, please don't hesitate to contact me."

A letter from Frank Minyard, Coroner, Parish of Orleans, written on 12 November 1976 to an Orleans Parish Prison inmate participating in the Narconon program said this:

"Thank you for your letter of November 7, 1976. I am happy to know that you believe the NARCONON Program in Parish Prison is working for you. I can assure you of my support for the program."

Another letter was received from Phyllis Nabonne, Director of the Parish Prison Drug Unit, who had this to say:

"This letter is to state the feedback I have received concerning the operation of the Narconon Program in Orleans Parish Prison.

"I have spoken with three participants of the program, namely E.H., C.H., and K.P. [names deleted—ed.]. Each has stated how helpful and important these classes have been to them. They expressed the changes that have been occurring in their ways of thinking and how the techniques of Narconon have assisted them in handling problem situations.

"I am happy to submit a positive evaluation of your program as shared with me by three of your participants."

The staff at Narconon New Orleans are commended for their dedication and for their honesty and openness in working with the inmates at the parish prison.

THE ROAD OUT

There are two ways to escape the raw deal that this universe sometimes hands out.

One is to go to sleep or wholly unreal and forget it.

The other is to attain a calm serene beingness that is proof against the knocks and arrows of misfortune.

The first method has distinct liabilities. However it is the most usual route taken by human beings who find the going too rough.

Alcohol, drugs, self-hypnotism, are all men have proven to use. The only real trouble with them is that one wakes up into the same world but a bit weaker, a bit redder of eye, feeling a bit worse.

The drug or other knocks on the head didn't change the universe any and one is still in it, still catching it, probably with even an even lower resistance to it. So the first method is not a very good one.

The second method, the ability to rise above it all had long been preached. But unfortunately there wasn't any readily available technology to accomplish it.

It's one thing to hear that we should rise above it all and quite another to do it.

The road out is the road of increased awareness. It is not a wholly painless road.

Those who had already taken the road down had a rough time going up again. If they increased their awareness enough they would arrive at a high level where they were at cause and in which they could not only cope with their environment but could prosper in it, well above the reach of suffering.

But how to get them up from the point to which they had already gone down? I was finally able to map an easy road which could be travelled despite drugs, despite the starting point, and of course that made it easier for everybody. That road begins with the Narconon Course.

I would feel pretty bad if a lot of good guys had to live with the road blocked.

Like anybody else I have had my own share of Slings and Arrows over the years and I know what it is like.

It isn't all that easy to help one's fellows and to be helped in return. But the end product is itself worth a lot of slings and arrows.

The road out is the way up.

I hope you make it.

Best of luck

RON

(Reference:—Article written on 22 Sep 1969 by L. Ron Hubbard for Narconon, Arizona State Prison)