

03 / 17 / 15

PRESENTATION:

ALASKA

PIONEER HOME

MEMORY CARE

AND EDEN

PHILOSOPHY

<TARGET><BILL></BILL><SUBJECT>03-17-15 PRESENTATION
ALASKA PIONEER HOME MEMORY CARE AND EDEN
PHILOSOPHY</SUBJECT><COMM>HHSS29</COMM></TARGET>

Memory care and the services provided are specialized to meet the needs of individuals with Alzheimer's and/or dementia related disorders (ADRD). Memory care is often signified by:

- Safe and supportive environment
- Higher staff-to-resident ratio
- Sensory-based events/activities - As reported by the CDC, stimulating environments can aid in the management of the disease.
- Environmental accommodations that reduce anxiety, facilitate easy navigation and reduce incidence of falls.
- Deliberate unit/room design and décor to support a home environment conducive to activities
- Specially designed recreation therapy activities – To prevent physical and mental atrophy.
- Flexible meal times -ADRD residents can be hungry at somewhat different hours, so nutrition is a challenge

The Center for Disease Control reports that treatment for ADRD focuses on managing behavioral symptoms. In traditional nursing home settings, behaviors tend to be managed by costly anti-psychotic medications; however, memory care shies away from this approach. In a memory care unit, staff are encouraged to learn about resident history and to utilize behavioral approaches to curb the effects of the disease. In memory care facilities, anti-psychotic medications are typically used as a last resort to ensure resident safety.

While there is currently no cure for ADRD, specialized memory care can manage the symptoms of the disease and lead to an improved quality of life for individuals and their caregivers. For example, the Alaska Pioneer Home implements person-centered memory care. This approach, drawn from the Eden Alternative, views the elder as an integral member of the care team and includes the resident and the family in care planning. This enables staff to incorporate resident personal preferences and lifestyle choices into treatment.

Memory care and the Eden Alternative offers a holistic approach to ADRD treatment. Recognizing the uniqueness of the individual and, as a result, the uniqueness of their disease, enables specialized treatment and care that promotes quality of life even into the late stages of the disease.

Alaska Pioneer Home: Memory Care & Eden Philosophy

Vickie Wilson, Acting Director

Gina Del Rosario, Juneau Pioneer Home Administrator



Alzheimer's and Dementia



Alaska Pioneer Homes'

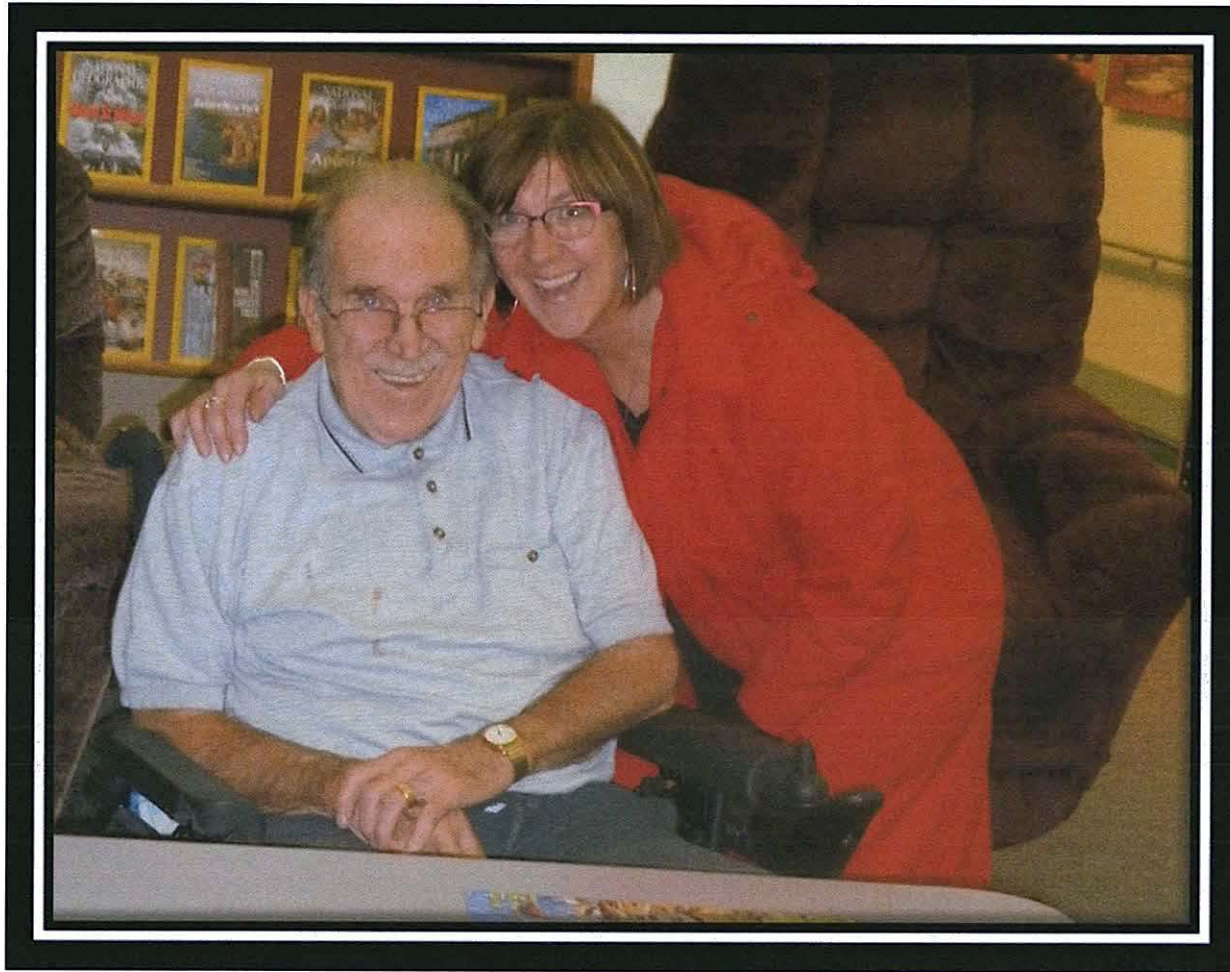
Transition to Memory Care





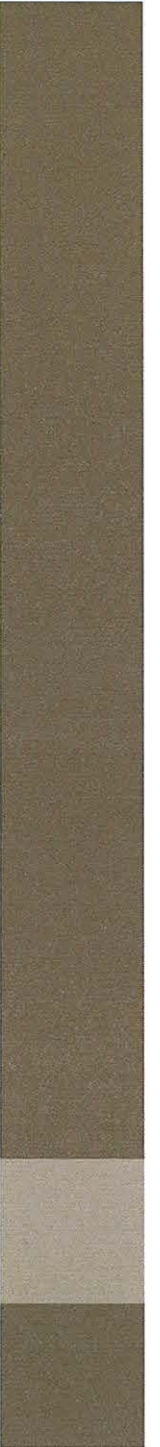
Traditional methods of

MEMORY CARE



Alternative methods of
MEMORY CARE

Environment





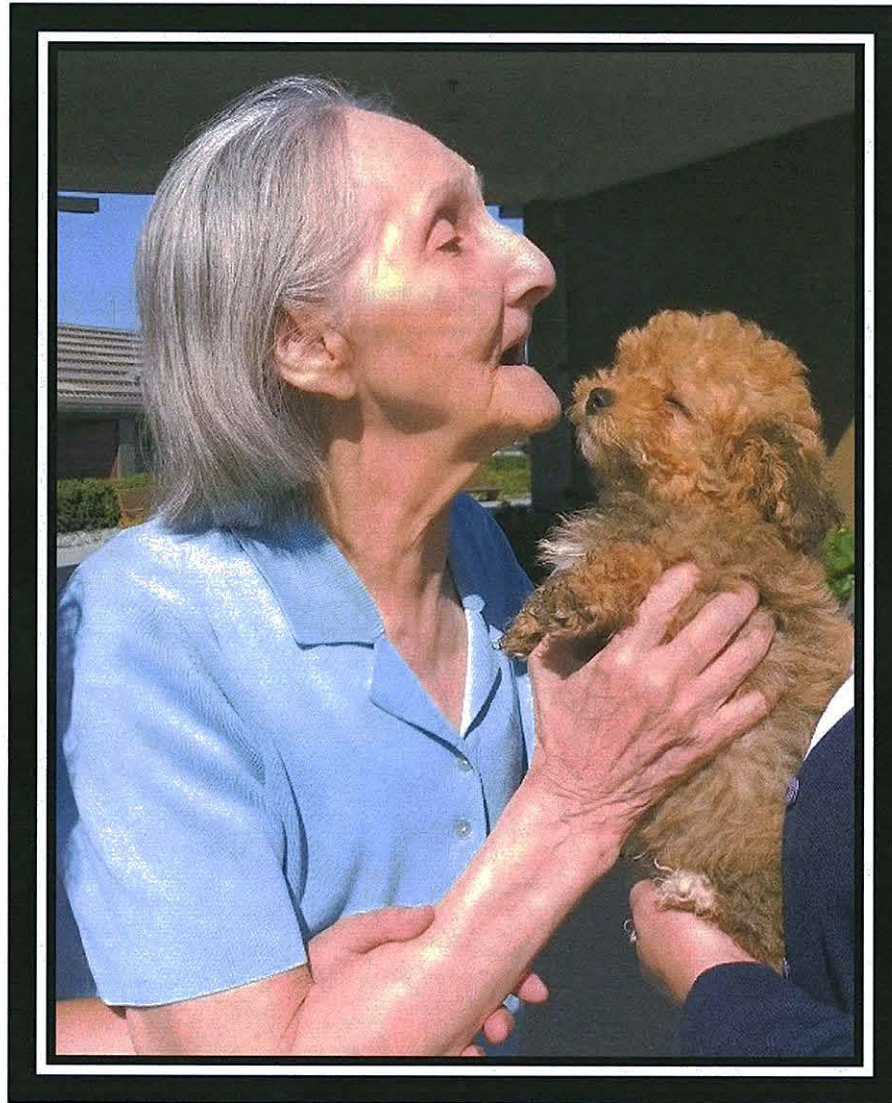
THE SOUND OF MUSIC



FINDING THE SOFT SPOT IN
EVERYONE



WILD HORSES & YOUNG AT HEART



SPECIAL MOMENTS WITH A
COMPANION



CHILDREN INTERACTIONS

Person Centered Care





VOLUNTEERS WORKING WITH
RESIDENTS



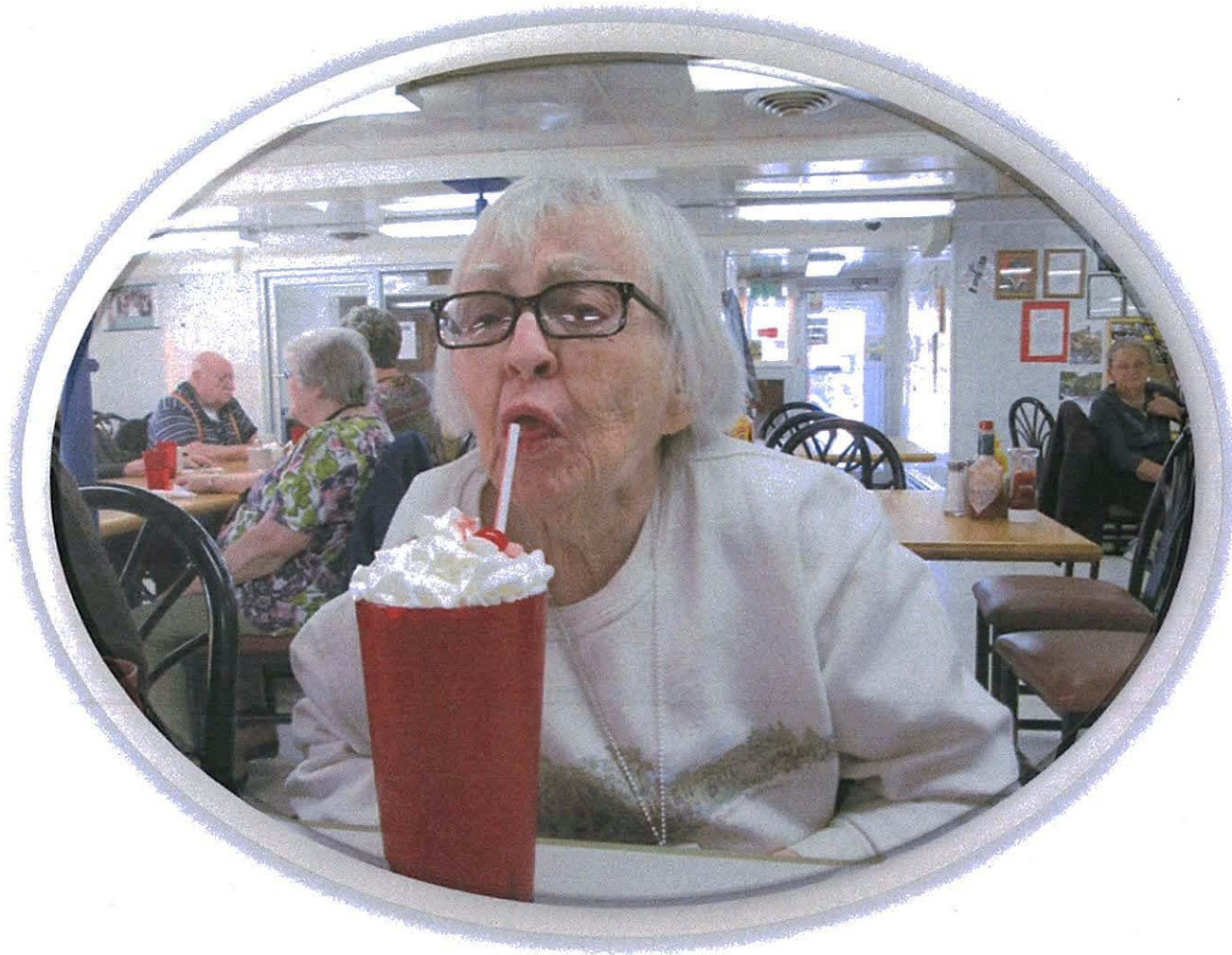
PERSON CENTERED CARE



ENJOYING FRESH BREAD

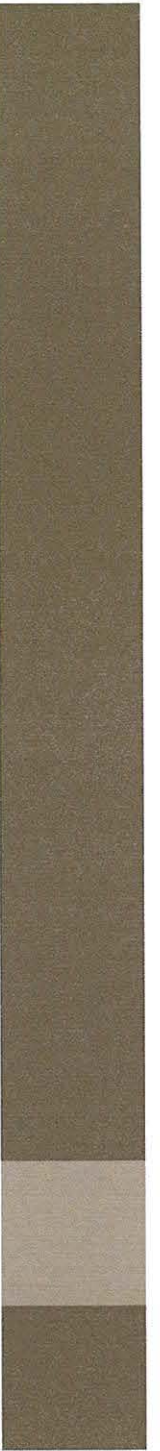


ENJOYING TIME OUTDOORS



ENJOYING A SPECIAL TREAT

Events & Activities





OFFERING FAMILY AND FRIEND
INTERACTIONS



FUN AT BEACH LAKE



A CHRISTMAS SPECTACULAR



A SUNDAY IN THE KITCHEN:
APPLE PIE

Pioneers' Home Mission

Providing elder Alaskans a home and community, celebrating life through its final breath.