

**01/29/14  
PRESENTATION  
ALASKA  
MENTAL  
HEALTH TRUST  
AUTHORITY**

<TARGET><BILL></BILL><SUBJECT>01-29-14 PRESENTATION  
ALASKA MENTAL HEALTH TRUST  
AUTHORITY</SUBJECT><COMM>HF IN28</COMM></TARGET>



**Alaska Mental Health  
Trust Authority presentation to:**

**House Finance Committee**

January 29, 2014



# Trustees

- Mike Barton, chair
- Laraine Derr, vice chair
- Paula Easley, secretary
- William Doolittle, MD
- Mary Jane Michael
- Larry Norene
- Russ Webb

# Trust Beneficiaries

<b>Alaskans with:</b>	
Mental illness	34,479
Developmental disabilities	12,784
Chronic alcoholism/substance abuse disorder	21,000
Alzheimer's disease and related dementia	5,000
Traumatic brain injury	11,900

# Guiding Principals

## Improve the lives of beneficiaries

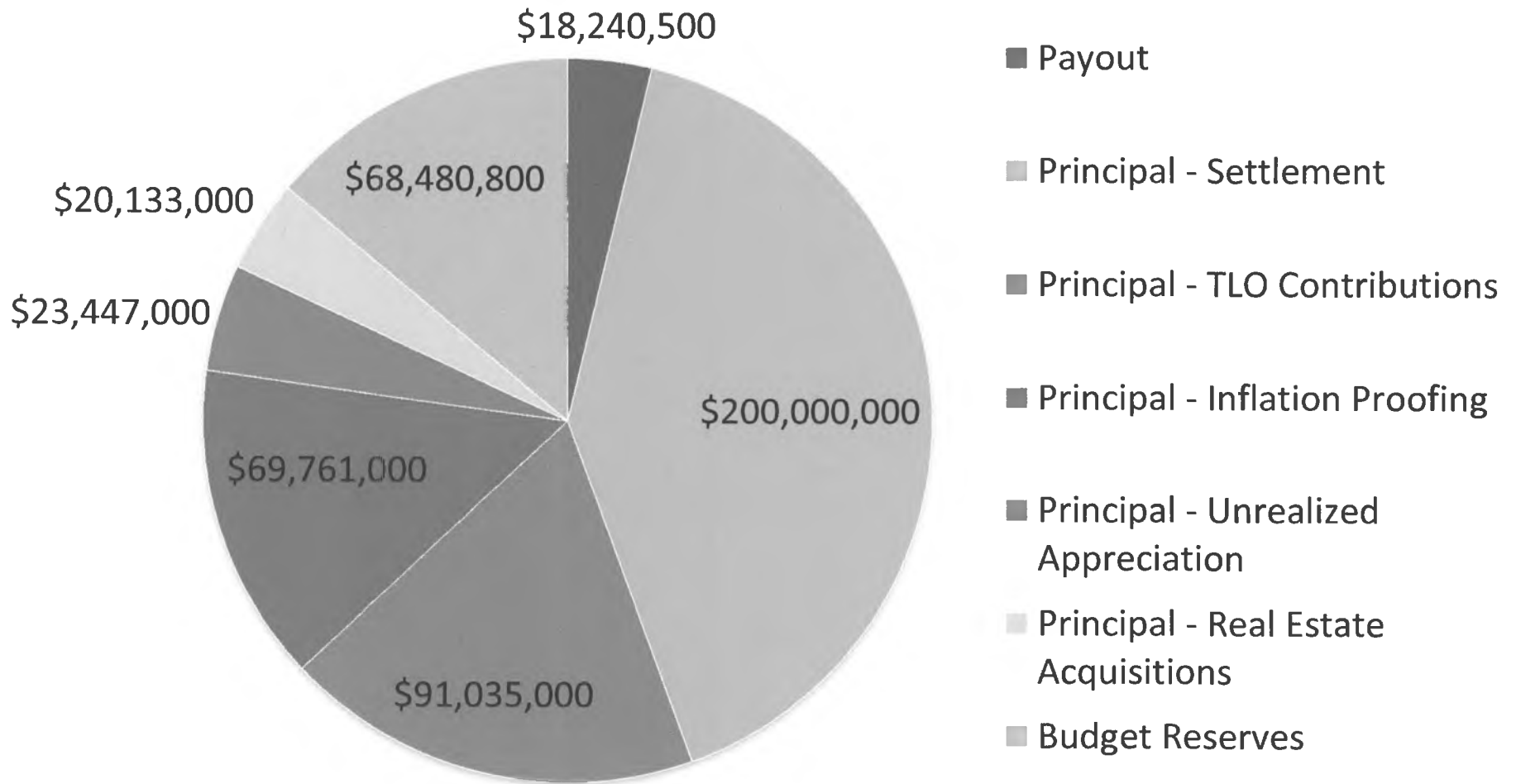
- Education of the public and policymakers on beneficiary needs
- Collaboration with advocates
- Maximize beneficiary input into programs
- Prioritize services for beneficiaries at risk of institutionalization
- Useful and timely data for evaluation
- Include intervention and prevention components
- Provision of reasonably necessary beneficiary services based on ability to pay



# Advisors and Partners

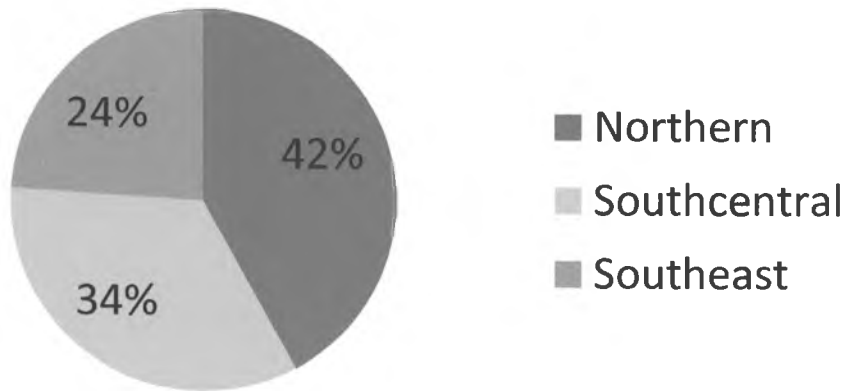
- Advisory Board on Alcoholism & Drug Abuse
- Alaska Mental Health Board
- Governor's Council on Disabilities & Special Education
- Alaska Commission on Aging
- Commissioners of:
  - Health and Social Services
  - Revenue
  - Natural Resources
  - Corrections
- Alaska Brain Injury Network
- Statewide Suicide Prevention Council
- Alaska Court System

# Trust Cash Assets – FY13

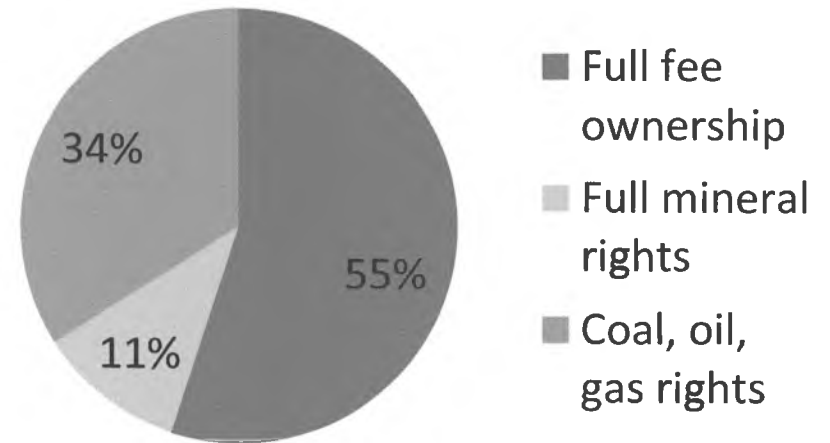


# Trust Resource Portfolio

**Land by region**  
1,000,000 total acres



**Land by ownership/rights**



**TLO Contributions: Inception through FY13**

Principal	\$115 million
Income	\$42 million
<b>Total</b>	<b>\$157 million</b>

# FY15 Available Income

Distributable Income	
Trust Fund Payout (4.25% NAV)	\$19,053,000
Prior Years Average Lapse	\$3,641,000
Land Office Average Spendable Income	\$3,587,000
Interest Average	\$303,000
<b>Total</b>	<b>\$26,584,000</b>



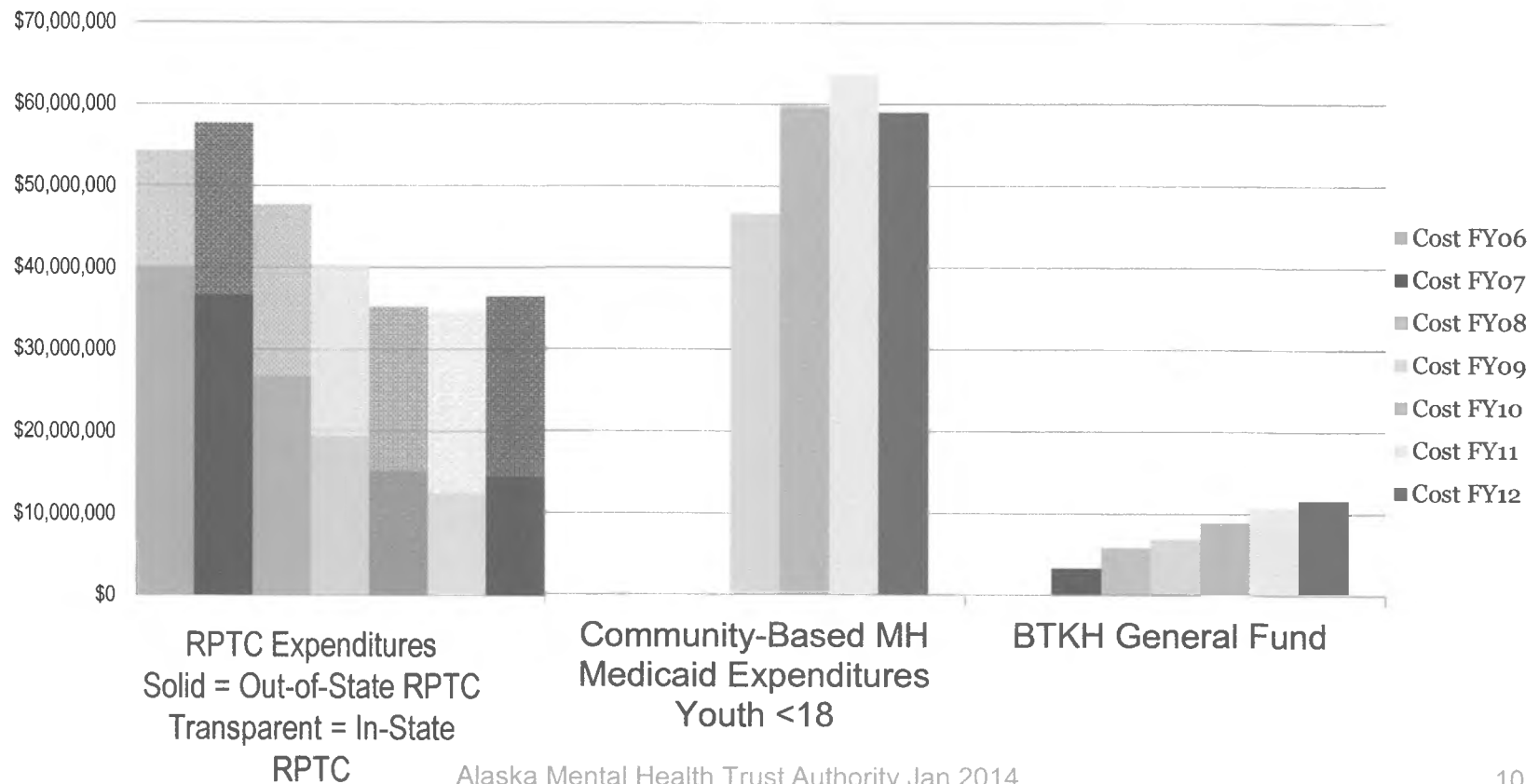
# Established Trust Focus Areas

Promoting change in systems to better serve Trust beneficiaries in a cost effective manner

- Bring the Kids Home
- Disability Justice
- Housing
- Beneficiary Projects
- Workforce Development

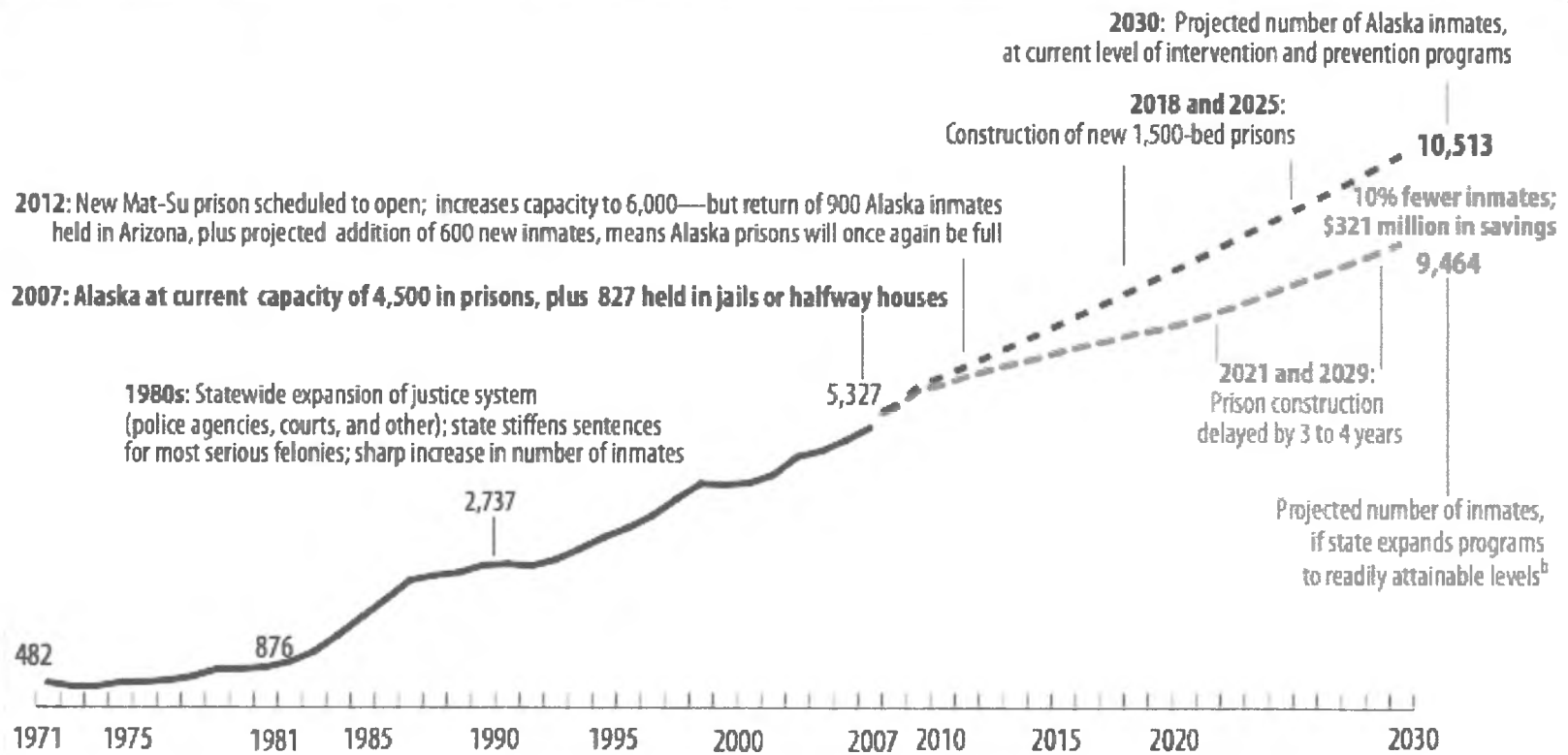
# Bring the Kids Home ... Investing Wisely

- Out-of-state RPTC expenditures **64% lower than FY06**
- Overall RPTC expenditures 33% lower than FY06
- Community mental health expenditures for youth <18 are 26% higher than FY09
- Trust investment FY06 – FY14: \$16 million



# Disability Justice ... Investing Wisely?

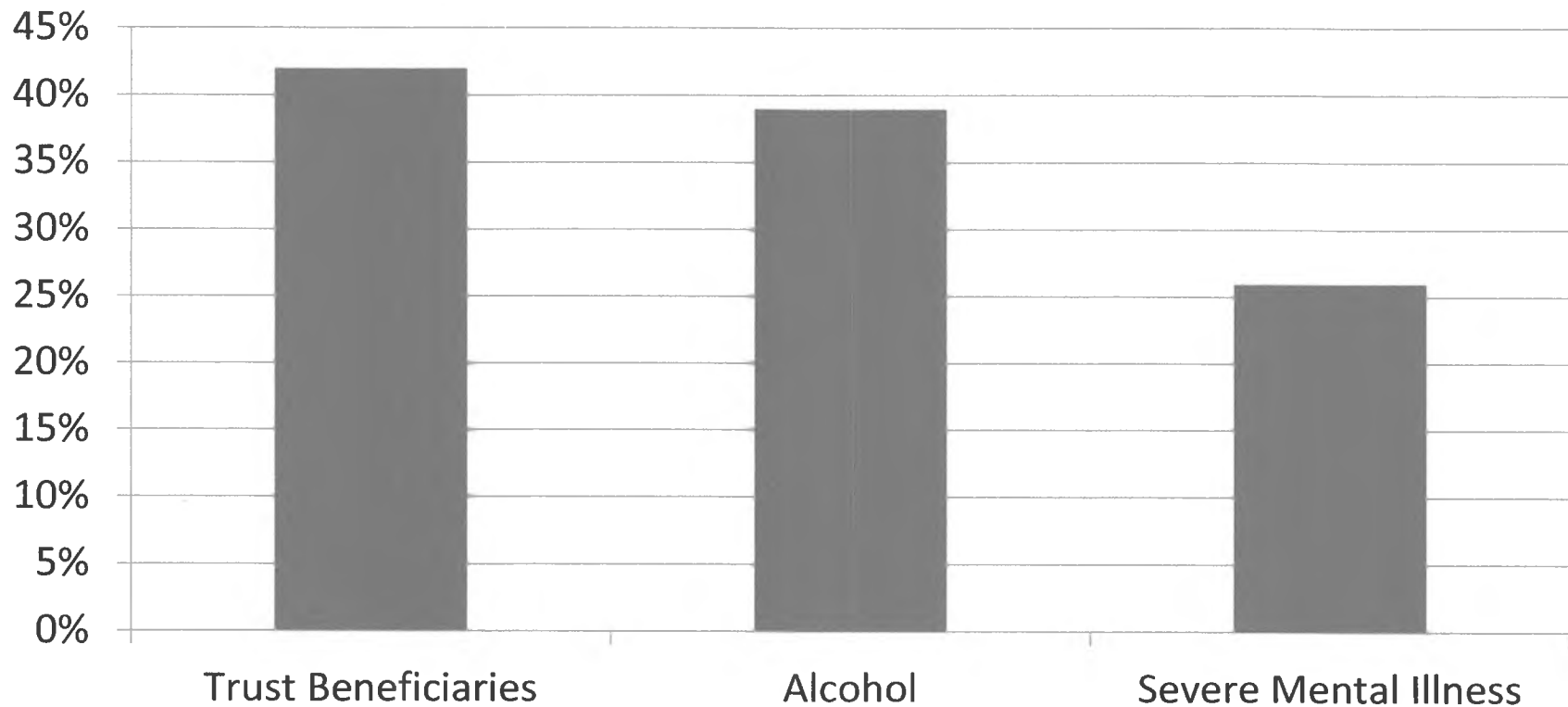
**Figure 8. Average Number of Alaska Inmates,<sup>a</sup> 1971-2007, and Projected Number, 2008-2030**



<sup>a</sup>Average daily number of people in prisons, jails, and halfway houses. <sup>b</sup>The number of people who could be readily added to program rolls varies considerably by program; see Table 1.  
**Sources:** Alaska Department of Corrections; ISER projections of number of prisoners, based on Alaska Department of Labor projections of Alaska population 18-64 and assuming no change in current use of rehabilitation programs as well as expanded use; Washington State Institute of Public Policy

UAA Institute for Social and Economic Research – January 2009 **The Cost of Crime: Could the State Reduce Future Crime and Save Money By Expanding Education and Treatment Programs?**

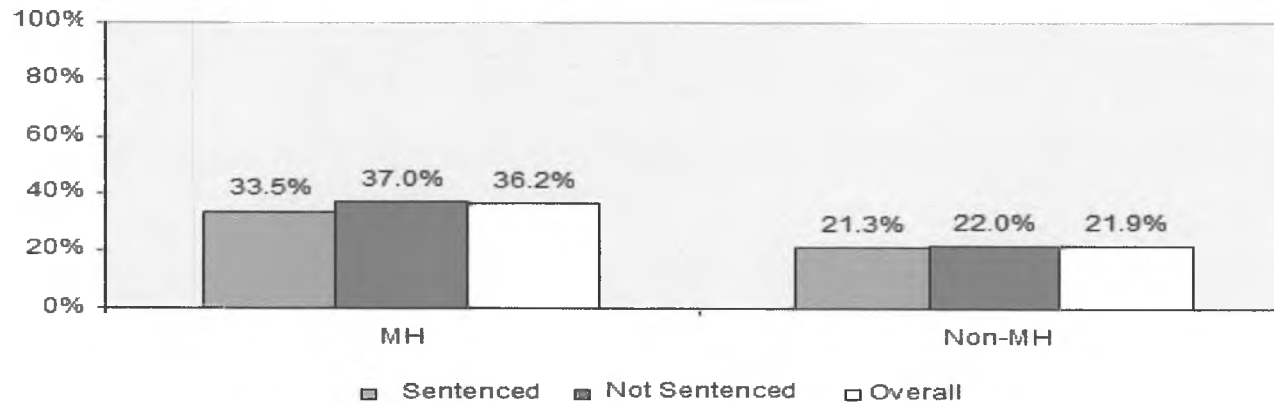
# Clinical Characteristics Trust Beneficiaries in the Department of Corrections



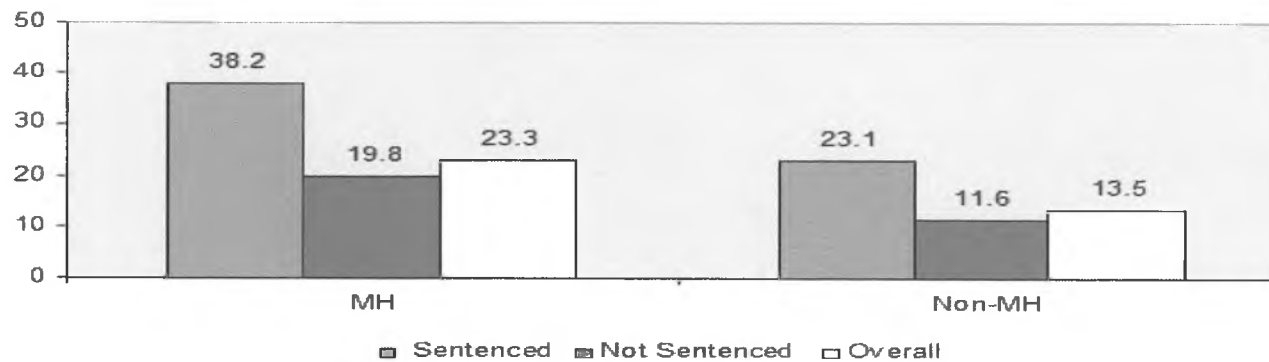
2007 Horby Zeller study

# Trust Beneficiaries Recidivism and Length of Stay

**Statewide Comparison of Criminal Recidivism Outcomes for Trust Beneficiaries and Other Inmates**



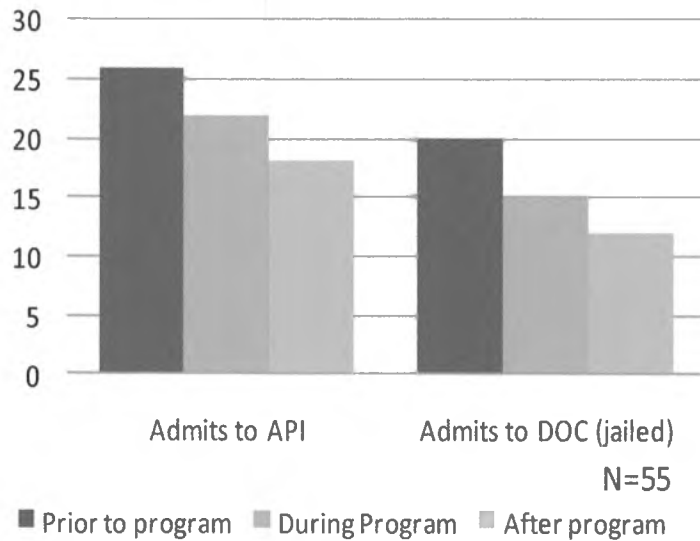
**Lengths of Stay for Trust Beneficiaries and Other Inmates Returning to the ADOC**



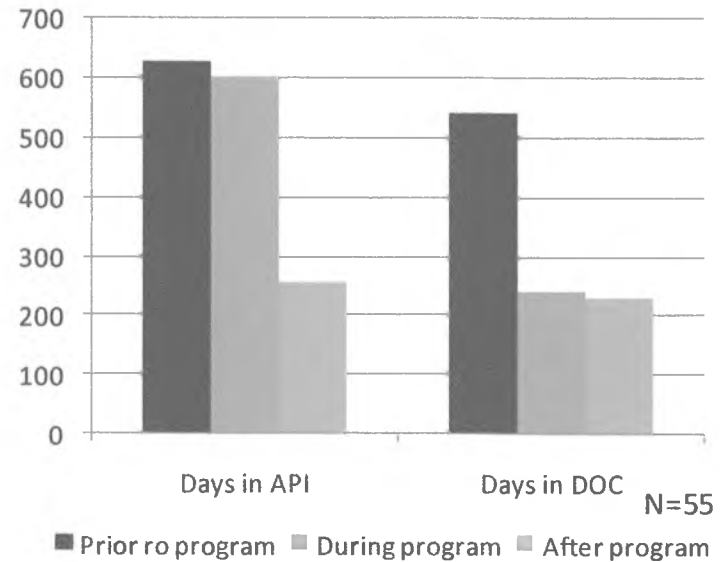
# Housing

Bridge Home program targeting people exiting Alaska Psychiatric Institute or Dept. of Corrections through intensive community outreach project demonstrated success in lowering these costs

**API\* & DOC\*\* Admits**



**Days in API\* & DOC\*\***



FY14-15 efforts to increase these results to more challenging populations are underway

# Supporting Existing Infrastructure

- Behavioral health infrastructure is fragile
  - Meyers and Stauffer study
  - Behavioral health systems assessment

## Grant reductions threatening stability

- Grants used to support Medicaid billing due to lack of adequate reimbursement rates
- Grants intended for people without Social Security/ Medicaid but are not able to cover these services
- Organizations are not able to make it based on current reimbursement methods and rates

# Safety net failure costs

Cost of loss of key safety net service agencies in communities is high

Fairbanks behavioral health agency closure:

- **10 Fairbanks residents relocated to Anchorage due to lack of available services**
- Lost 5 units of housing for people with mental illness (approximately 35 rooms/apartments)
- 42 jobs lost; prior employees lost accrued leave and health coverage
- 700 people receiving services prior to closure of old organization. Current # served approx. 300
- More than \$350,000 to re-start services (new training and legal checks for retained staff, supplies, mentor staff of new organization, transfer of records, software licenses, etc.)



# **New emphasis on: Long-term Services & Supports**

## **Challenges**

- Population increases straining our long term supportive services and safety net
- Maintaining quality social services locally and over time (workforce, financing challenges)

## **Preliminary strategies**

- Participate with DHSS' strategic planning efforts
- Development of a statewide plan for services to individuals with Alzheimer's disease and related dementia
- Support of lower cost services statewide (home-based care)

# New emphasis on: Beneficiary Employment

Improving opportunities  
for:

- Integrated employment and competitive wages
- Self-sufficiency
- Education & awareness



# Current Projects

Beneficiary Projects Initiative has made great strides supporting peer support organizations and workforce opportunities for beneficiaries across Alaska

## Microenterprise Grants

- FY13- 24 grant recipients awarded totaling \$86,229 with an additional \$112,429 in leveraged funds

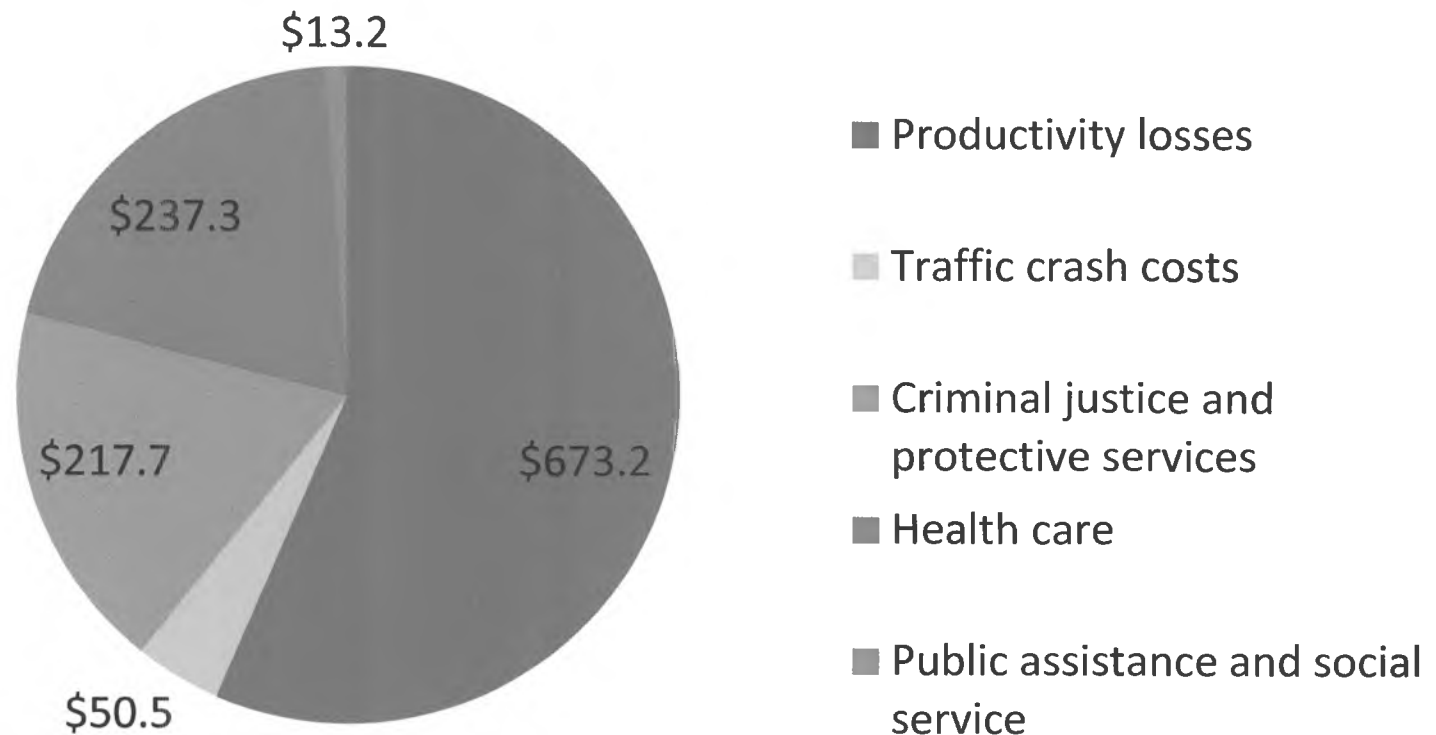
# New focus on impacts of alcohol and substance abuse

## Private/public partnership

### Alignment with:

- Recover Alaska
- Mat-Su Health Foundation
  - substance abuse and trauma emphasis
- Alaska Wellness Coalition
  - positive community norms campaign
- Alaska Resiliency Partnership
- Empowering Hope

# Annual cost of alcohol in Alaska: \$1.2 billion economic impact



McDowell Cost of Alcohol Report 2012 update

Alaska Mental Health Trust Authority Jan 2014



# **New focus on impacts of alcohol and substance abuse**

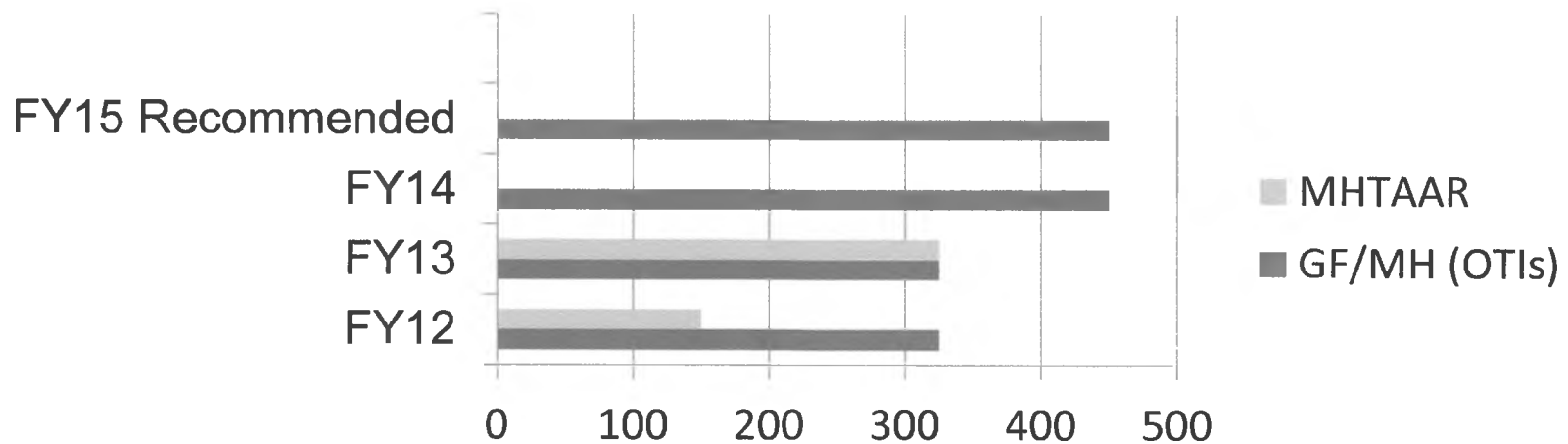
## **Solutions must be comprehensive**

- Prevention
- Harm reduction
- Expansion of access to treatment
  - Increased access
  - Same day access & other efficiencies
  - Patient Centered Medical Home
- Enhanced tribal partnerships
- Environmental strategies
  - Title 4

# Investing Wisely

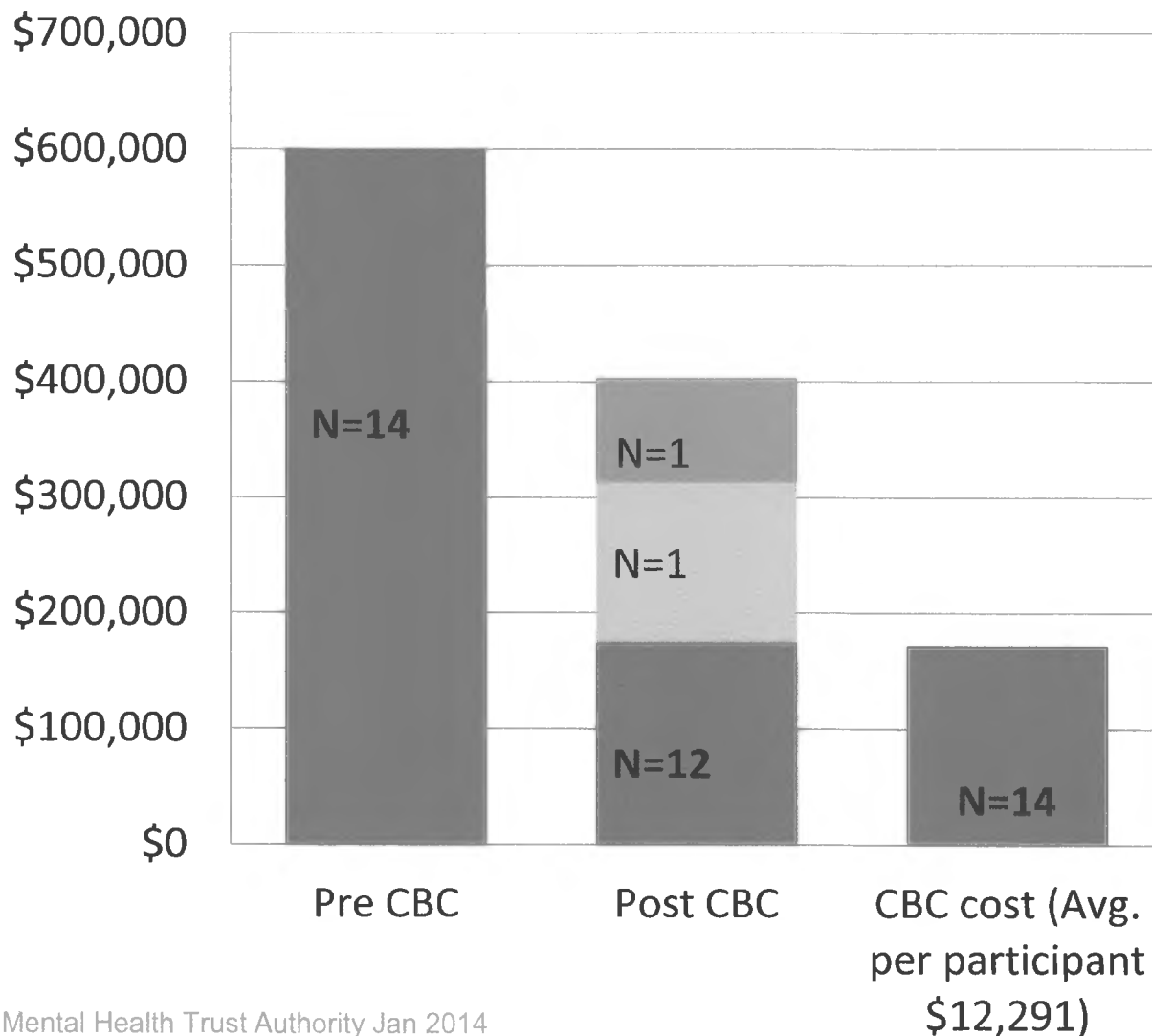
## Complex Behavioral Collaborative

- Prevent inappropriate and costly institutional placements (API, correctional facilities, out-of-state placements)
- Build capacity and expertise within the state to serve individuals with complex behavioral needs who have multiple disabling conditions



# Outcomes of CBC

- FY13: 14 participants discharged
- FY13: 76% participants avoided institutional care
- FY14: 86% of FY funded



# FY15 GF/MH Recommendations

	MHTAAR	GF/MH
Complex Behavior Collaborative	0	450.0
DOC Mental Health Clinical Positions	0	230.0
Traumatic/Acquired Brain Injury Case	0	600.0
Area Health Education Centers	0	652.9
National Family Caregiver Grant Program	0	200.0
Nutrition, Transportation & Support Services	0	345.0
<b>Transfers from MHTAAR to GF/MH</b>		
DJJ Trauma Informed Care	0	75.0
Early Intervention for Young Children	100.0	100.0



# Thank you