

**2/24/11
PRESENTATION
ALASKA
MENTAL
HEALTH TRUST
AUTHORITY**

<TARGET><BILL></BILL><SUBJECT>2-24-11 PRESENTATION
ALASKA MENTAL HEALTH TRUST
AUTHORITY</SUBJECT><COMM>HHSS27</COMM></TARGET>

2011 Legislative Orientation

Alaska Mental Health Trust Authority

January 31, 2011

Alaska Scorecard		Key Issues Impacting Alaska Mental Health Trust Beneficiaries		The TRUST The Alaska Mental Health Trust Authority	
▲ Satisfactory		◁ Uncertain		▼ Needs Improvement	
Key Population Indicators for Alaska		Alaska Data	U.S. Data	2012 AK Target	Status
Health					
Suicide					
1	Suicide rate per 100,000	19.6	10.9	18	▼
2	Non-fatal suicide attempts (rate per 100,000)	104.9	54.5	95	▼
Substance Abuse					
3	Alcohol-induced deaths per 100,000	70.7	7	57	▼
4	Adults who engage in heavy drinking	6.4%	8.2%	5.2%	▼
5	Adults who engage in binge drinking	19.2%	15.7%	18%	▼
6	Illicit drug users (age 12 and older)	11.1%	8.3%	10%	▼
Mental Health					
7	Days of poor mental health in past month (adults)	3.2	3.2	3	◁
8	Teens who experienced depression during past year	26.6%	28.5%	22.5%	▼
Access					
9	Population without health insurance	17.4%	15.5%	14.6%	◁
Safety					
Protection					
10	Children abused and neglected (rate per 1,000)	14.3	12.3	12.3	▼
11	Injuries to elders due to falls - rate per 100,000	1,369	1,176	1,176	◁
12	Rate of non-fatal traumatic brain injury per 100,000	87.3	not avail.	82	▲
Justice					
13	Percent of incarcerated adults with mental illness or mental disabilities	42%	38.7%	40%	▼
14	Criminal recidivism rates for incarcerated adults with mental illness or mental disabilities	36.2%	not avail.	34%	◁
15	Percent of arrests involving alcohol or substance abuse (State Troopers)	58.4%	not avail.	not avail.	▼
Accessible, Affordable Housing					
16	Rate of chronic homelessness per 100,000	91.8 (2008)	41.1 (2007)	63.5	▼
Educational Goals					
17	High school graduation rate	63%	not avail.	not avail.	▼
18	Percent of youth who received special education who are employed and/or enrolled in post-secondary education one year after leaving school	68.4%	not avail.	71.4%	◁
Economic Security					
19	Percent of minimum wage income needed for average 2-bedroom housing	85%	not avail.	30%	▼
20	Average annual unemployment rate	7%	5.7%	not avail.	◁
21	Percent of SSI recipients with blindness or disabilities who are working	7.1%	5.7%	8%	▲
Trust Beneficiary Population					
		Number (and population rate)			
Mental illness: Alaskan Adults with Serious Mental Illness		21,754 (4.6%)			
Mental illness: Alaskan Children with Serious Emotional Disturbance		12,725 (6%)			
Alaskans with Alzheimer's Disease and Related Disorders		5,100 (8%)			
Alaskans with Traumatic Brain Injury		11,300 (18%)			
Alaskans with developmental disabilities		12,185 (18%)			
Alaskan adults dependent on alcohol		17,000 (26%)			

Alaska Scorecard, December 2008 | www.hhs.state.ak.us/dph/healthplanning/scorecard/

The TRUST
The Alaska Mental Health Trust Authority

Territorial Days

- **All mental disabilities lumped together**
- **“Insane Person At Large” - a territorial crime**
- **Federal marshals transported to Morningside Hospital in Oregon**
- **Many never returned to Alaska**
 - **Trust history project calls them “The Lost Alaskans”**

Enabling Act of 1956

- **Phased out operational support to wean Alaska off federal dole**
- **Cash payment for construction of API and purchase of Harborview**
- **1 million acres of land in trust to generate money to pay for ongoing expenses**
- **State legislature appointed as trustee**

Litigation

- **Weiss v. State filed as class action in 1982**
 - alleges breach of trust
 - class broadly defined
- **Alaska Supreme Court rules in 1985 that trust must be reconstituted, but only about 50% of original land remains in State ownership**
- **Court injunction freezes all activity on all trust land**

Beneficiaries Defined

- **People with mental illness**
- **People with chronic alcoholism**
- **People with developmental disabilities**
- **People with Alzheimer's disease and related dementia**

Settlement Attempts

- **Specially appointed commission values trust land at \$2.2 billion**
- **1987, 1990, 1991 - major failed settlement attempts based on percentage of general fund revenues or land swaps**
- **After 1991 settlement attempt is rejected by Judge Green, “unholy alliance” of stakeholders gathers to craft final settlement package**

1994 - Settlement at Last!

- **Designation of 995,502 acres to be managed by a special unit within DNR**
 - 341,421 acres subsurface estate
 - 104,286 acres hydrocarbon interest
 - 549,795 acres fee simple
- **Appropriation of \$200 million to a trust fund to be managed by the Alaska Permanent Fund Corporation**

1994 - Settlement at Last!

- **Creation of the Alaska Mental Health Trust Authority to act as trustee**
- **Separate appropriations bill required for mental health program**
- **Comprehensive Integrated Mental Health Program Plan required**
- **Four advisory boards make budget recommendations to Trust trustees**
- **DNR, DOR, DHSS Commissioners designated as advisors to The Trust**

Trust Mission Statement

The Alaska Mental Health Trust Authority (The Trust) administers the Mental Health Trust to improve the lives of beneficiaries. Trustees have a fiduciary responsibility to protect and enhance trust assets in perpetuity for the beneficiaries. The Trust provides leadership in advocacy, planning, implementing and funding of the Comprehensive Integrated Mental Health Program; and acts as a catalyst for change.

The Trust Authority Roles

- **Oversee management of Trust assets**
- **Safeguard annual payout from principal**
 - currently 4.25%
- **Maintain budget reserve account**
- **Inflation proof principal to preserve Trust for future generations**
- **Develop Comprehensive Integrated Mental Health Plan with DHSS and advisory boards**
- **Spend trust income**
- **Separate Mental Health Budget Bill**
 - recommend to Governor and Legislature how the State should spend general fund resources

Beneficiaries by the Numbers*

- **21,754 Alaskans age 18 and over have a serious mental illness**
- **12,725 Alaskan children have a serious emotional disturbance**
- **7,581 Alaskans have Alzheimer's disease or related disorders**
- **11,900 Alaskans have a traumatic brain injury**
- **12,461 Alaskans have developmental disabilities**
- **20,000 Alaskan adults are dependent on alcohol**

* Prevalence Estimates from Alaska Scorecard – Key Issues Impacting Alaska Mental Health Trust Beneficiaries – December 2010

The Budget Process – a Separate Appropriation Bill

- **As required by statute The Trust forwards proposed annual operating and capital budgets by September 15th**
- **Types of funds in the Mental Health Budget:**
 - **GF/MH – general fund/mental health**
 - **MHTAAR – mental health trust authority authorized receipts**
 - **MH Admin – funds to run The Trust**
 - **Alaska Housing Finance Corporation dividends**
 - **Alcohol tax receipts**

FY2012 Mental Health Budget

GF/MH	\$187,270.5
MHTAAR	\$ 13,251.5
Alcohol tax receipts	\$ 20,136.4
AHFC	\$ 10,050.0
MH Admin	\$ 3,065.0
TOTAL	\$233,773.4

Funds in millions of dollars

Bring the Kids Home

- **Problem:**
 - FY04 over 700 Alaskan youth treated at residential psychiatric treatment centers (RPTC) outside Alaska
 - Cost = \$40 million in Medicaid *leaving* Alaska
- **Progress:**
 - Expanding in-state care - added about 300 new beds
 - Increasing early detection and intervention, and expanding community-based services so youth are diagnosed earlier and treated closer to home
 - Reversed the trend - new admissions dropped 88% from 752 to 90 (FY04-FY10)

Disability Justice Focus Area

- **Problem:**
 - 46% of youth involved with the juvenile justice system are Trust beneficiaries
 - 42% of adults incarcerated are Trust beneficiaries
- **Progress:**
 - 13 therapeutic courts for adults and juveniles
 - Increased clinicians in adult corrections and juvenile facilities
 - Built Fairbanks Detox and Bethel Sobering Center
 - Re-entry planning starts when person is booked into jail

Affordable Appropriate Housing

- **Problem:**
 - 4,982 Alaskans homeless in HUD point-in-time survey January 2010
 - Families w/children and households nearly doubled in one year
 - 2,836 people in families w/children – 822 households in 2010
 - 1,507 people in families w/children – 494 households in 2009
- **Progress:**
 - \$10 million in Governor's capital budget
 - Increased requests for Special Needs Housing grants
 - Replicating *Housing First* model to serve beneficiaries with alcohol addiction who are homeless
 - Dept. of Corrections discharge incentive programs – reducing homelessness at discharge from jail

Workforce Development

- **Problem:**
 - Shortage of health care workers near crisis level
 - Nearly 12% of state's workforce
 - #1 growth area for last 10 years, projected to remain #1 for next 10 years
- **Progress:**
 - **Partnership:** Trust, University of Alaska, DHSS, DOL, Alaska Native Tribal Health Consortium, service providers, professional organizations
 - **Key strategies:** recruitment and retention, wages and benefits, training and education
 - **FY12 funding for Psychiatric Residency**

Beneficiary Projects Initiative

- **Empowers beneficiaries to develop grass-roots peer-run projects that emphasize**
 - prevention
 - education
 - early intervention
- **Offers financial support with technical assistance**
- **Progress:**
 - 27 beneficiary-run programs have received grants
 - Alaska Peer Support Consortium formed
 - participants finding their own path to recovery and wellness
 - may prevent need for more intensive levels of care

New Efforts

- **Governor's Domestic Violence and Sexual Assault Task Force**
- **Alcohol and Substance Abuse Initiative**
 - **Partnership between Rasmuson Foundation, Mat-Su Health Foundation and The Trust**
 - **Mission: transform state's system of care and reduce the negative impacts of alcohol and other substance abuse in Alaska**

Thank You

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