

2/11/09

**PRESENTA-
TION:
BRING THE
KIDS HOME
INITIATIVE**

Bringing (Keeping) the Kids Home Update – February 2009

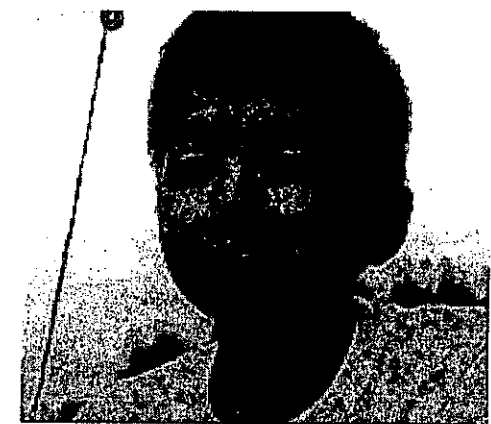
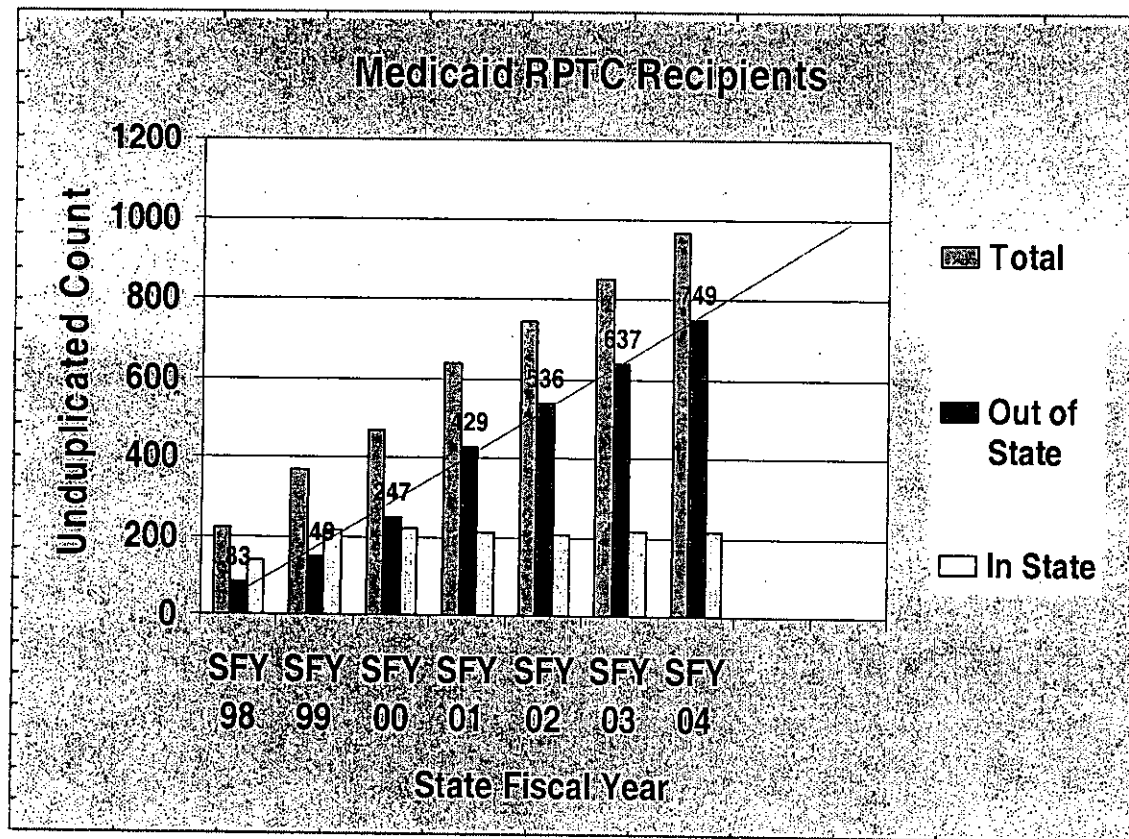


The **TRUST**
The Alaska Mental Health
Trust Authority

A collaboration of Department of Health and Social Services, Alaska Mental Health Trust Authority & partner boards, Denali Commission, Rasmuson Foundation, Alaska Native health providers & other service providers, parents, advocacy groups

Exponential Growth In Use of Out-of State Residential Psychiatric Treatment Centers (RPTC)

Between 1998- 2004, out-of-state RPTC placements for children with severe emotional disturbances (SED) grew by nearly 800%

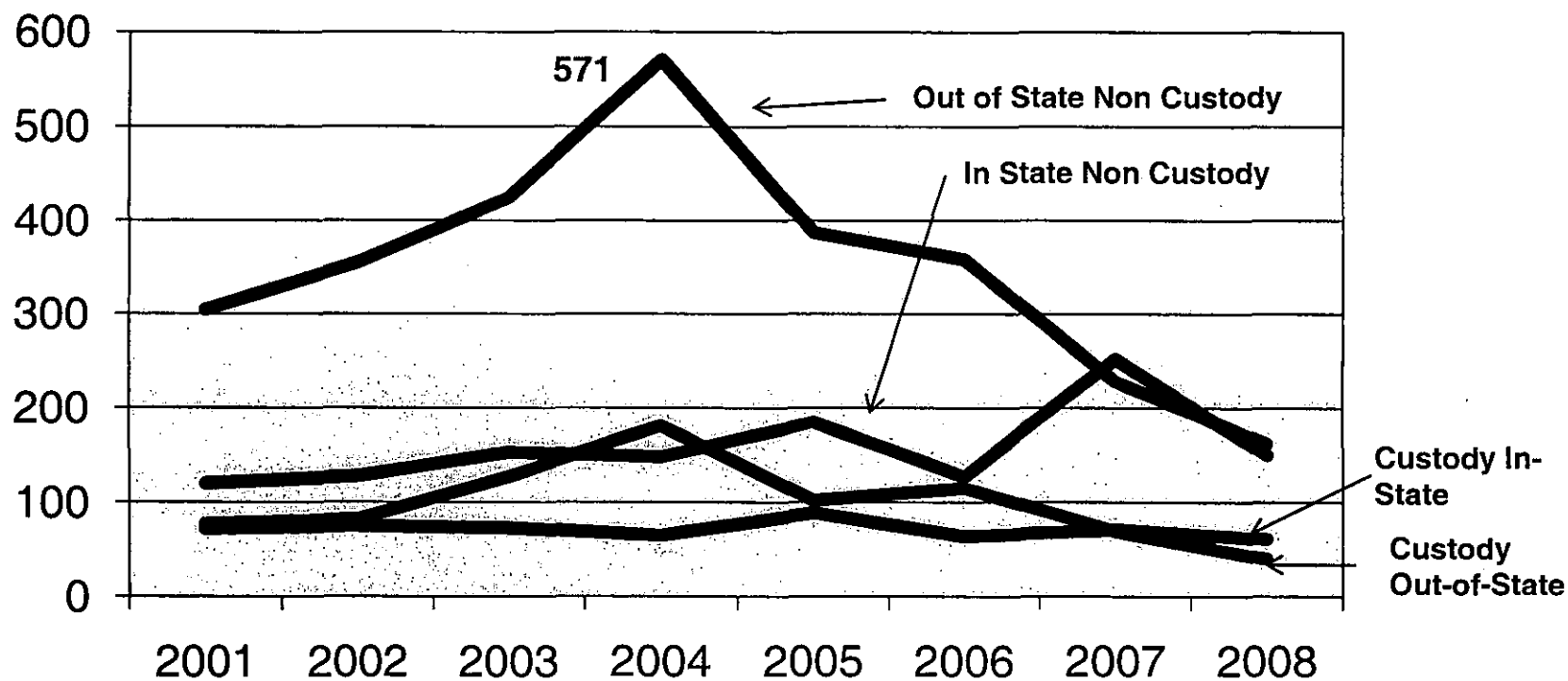


Data are from Behavioral Health (DBH), Policy and Planning based on Medicaid claims paid for unduplicated RPTC recipients. Recipients include all children served per fiscal year – including those admitted in a previous year but served during the current year. 2

Progress: Decrease in RPTC Admissions

(Youth who enter RPTC during each fiscal year)

Drop of 73% in out-of-state admissions between FY04 and FY08



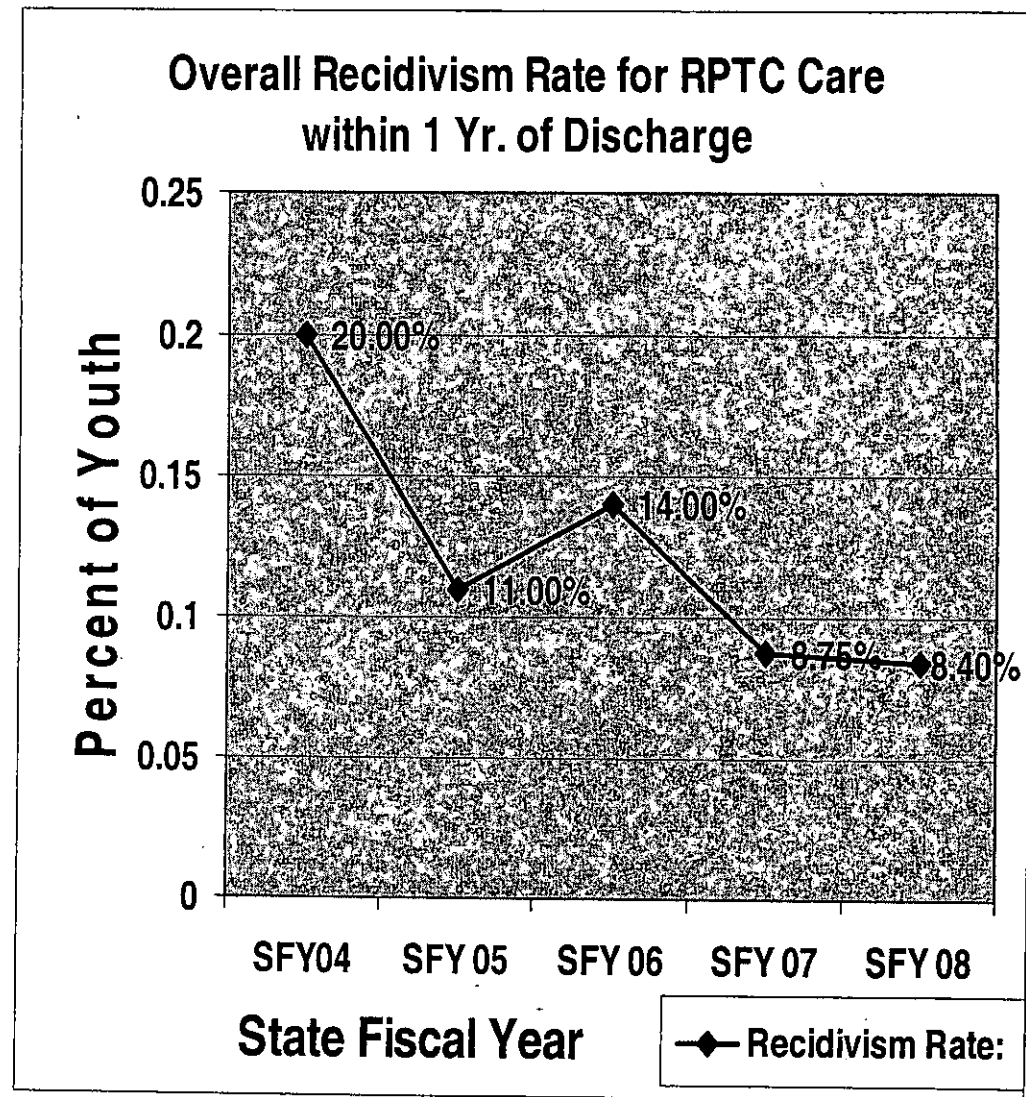
Data are from Behavioral Health, Policy and Planning based on Medicaid claims paid for unduplicated RPTC admissions. Includes only those admitted during the current year.

Progress: Length of Stay and Recidivism

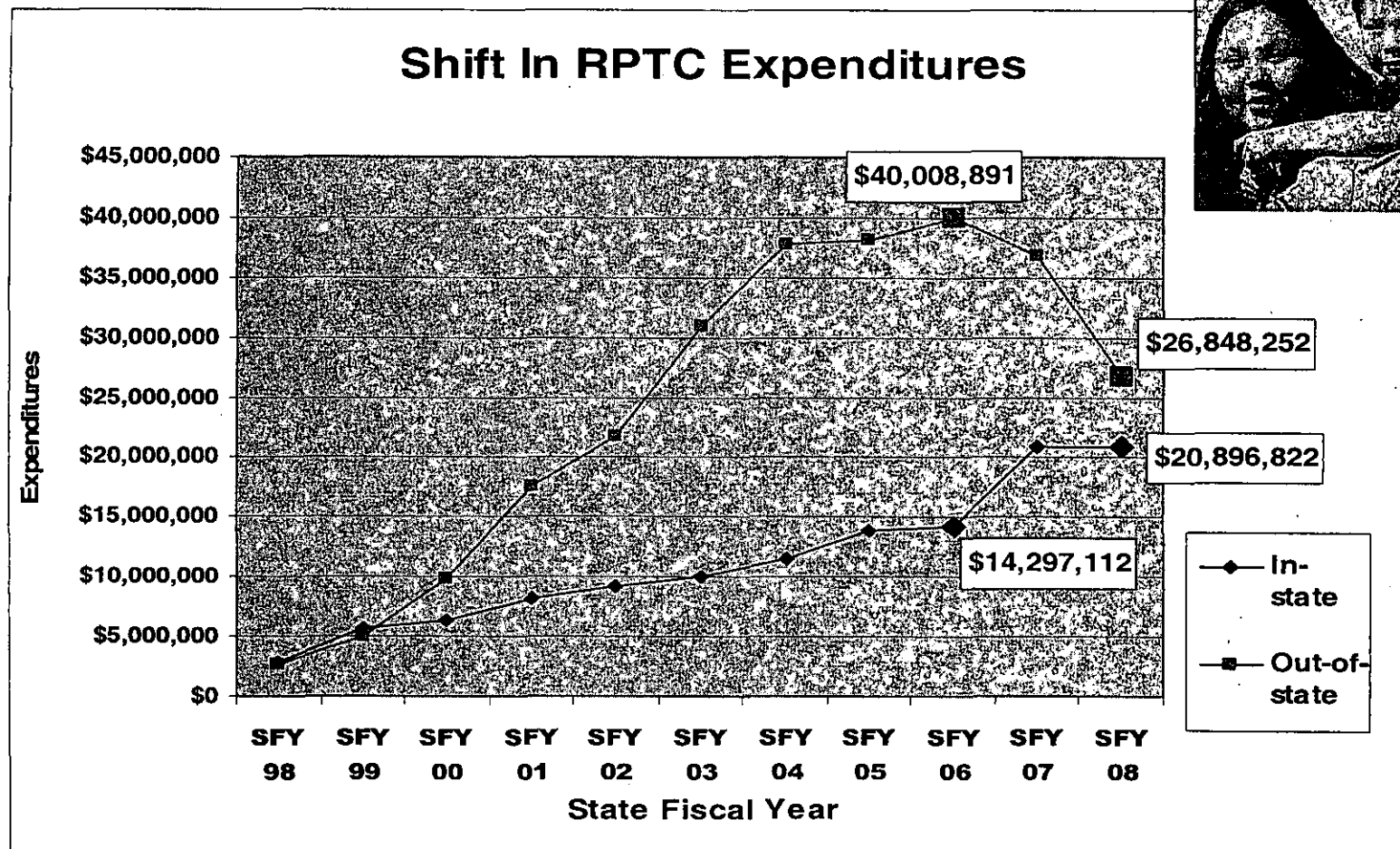
Recidivism: Significant decrease since FY04 from 20% to 8.4%



Data are from Behavioral Health, Policy and Planning

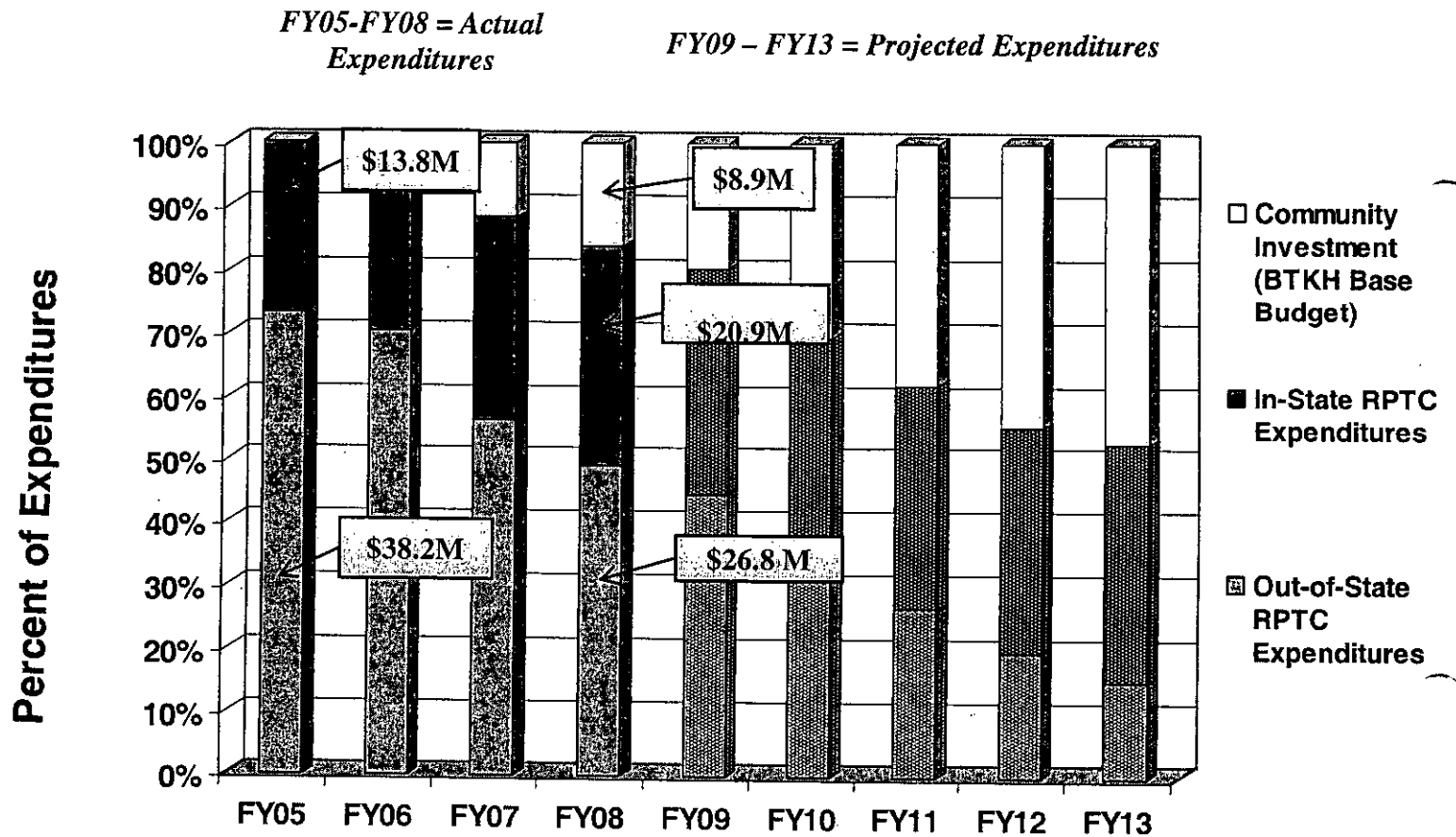
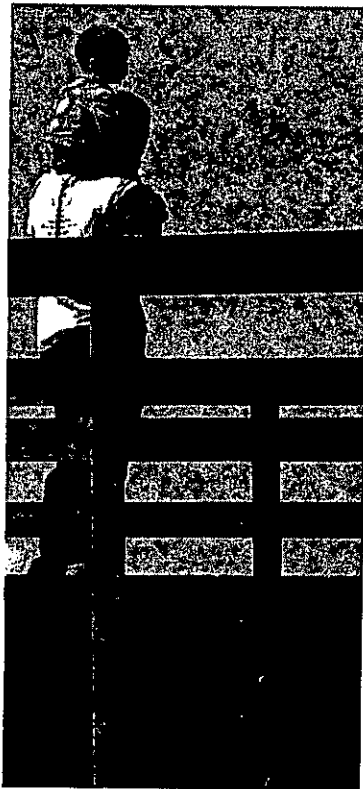


Progress: Medicaid Expenditures for Residential Psychiatric Treatment Centers (RPTC)



Data for FY05-07 are from Behavioral Health based on paid claims for Medicaid data. Expenditure data for FY08 are from Finance Management Services and includes all claims incurred and paid in FY08 and claims incurred in FY08 and paid in the first quarter of FY09.

Progress: Projected BTKH Reinvestment



Data for FY05-07 are from Behavioral Health based on paid claims for Medicaid data. Expenditure data for FY08 are from Finance Management Services and includes all claims incurred and paid in FY08 and claims incurred in FY08 and paid in the first quarter of FY09.

Ahead in FY 2010: Support for On-going Efforts

Mental Health Trust Recommendations

<i>ITEM</i>	<i>MHTAAR</i>	<i>GF/MH incrm</i>	<i>Total</i>
<i>Enhance Home, School & Community-based Services</i>			
Outpatient Grants	\$250.0	\$2,000.0	\$2,250.0
Crisis Bed Stabilization	\$150.0	\$0.0	\$150.0
School-Based Tool Kit	\$100.0	\$0.0	\$100.0
School-Based Grants	\$200.0	\$0.0	\$200.0
Tribal/Rural System Development	\$400.0	\$400.0	\$900.0*
Family Voice & Peer Support	\$25.0	\$125.0	\$150.0
Individualized Services into Base	\$0.0	\$800.0	\$800.0
<i>Enhance Best Practices</i>			
Technical Assistance	\$100.0	\$225.0	\$400.0*
Parent & Foster Parent Training	\$75.0	\$0.0	\$75.0



**Includes Federal match not listed separately.*

Ahead in FY2010: Expanding In-State Capacity *Mental Health Trust Recommendations*

ITEM	MHTAAR	GF/MH incrm	Total
<i>Intervene Earlier to Prevent Problems</i>			
Early Childhood Grants	\$75.0	\$100.0	\$175.0
Early Childhood Learning Network	\$100.0	\$100.0	\$250.0*
<i>Assist in the Transition to Adulthood</i>			
Transitional Aged Youth	\$200.0	\$300.0	\$500.0
<i>BTKH Capital Development</i> (matches Denali Commission funding)			
		\$2,316.0	\$2,316.0

Group Homes, Transitional-aged Youth & Crisis Stabilization Facilities



**Includes Federal match not listed separately.*

Anchorage Community Mental Health Services

SED ROOT CAUSES

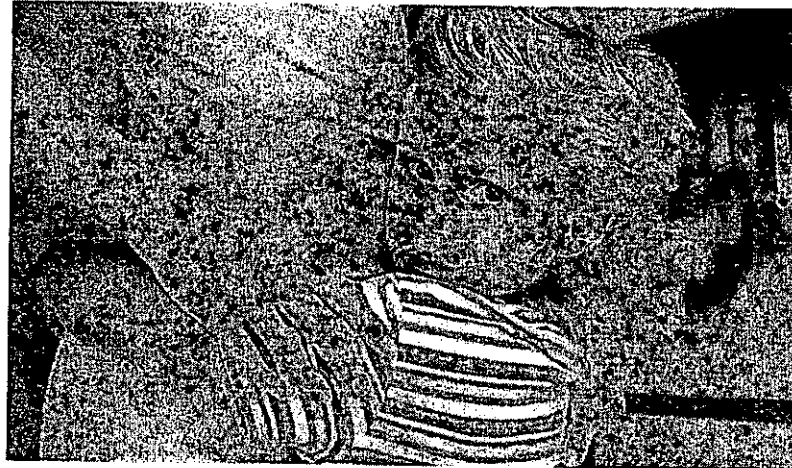
- Sexual abuse 20%
- Physical abuse 65%
- Neglect 100%
- Witness to DV 100%
- Family substance abuse 95%
- Complex trauma 100%



Anchorage Community Mental Health Services

Little Tykes Program

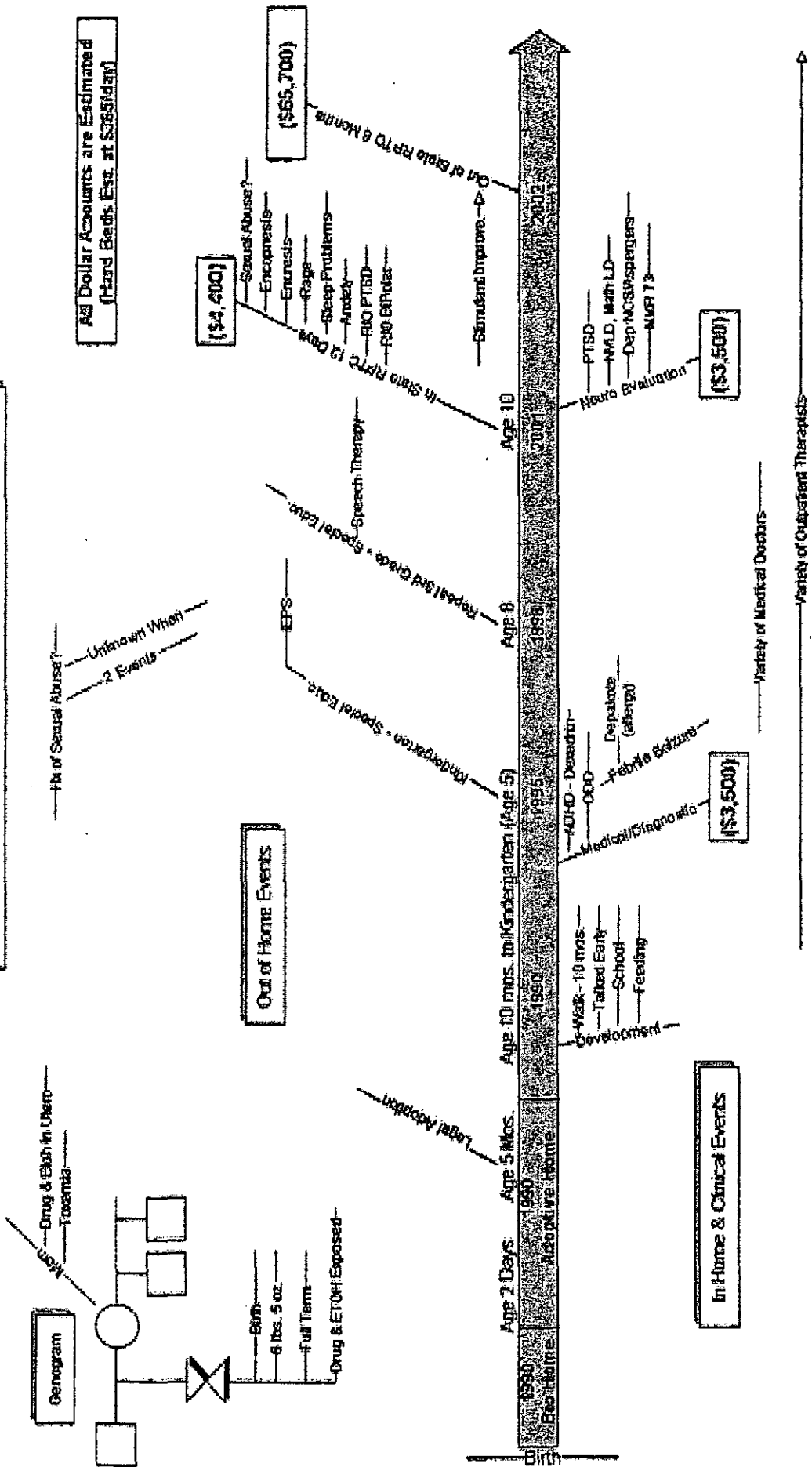
- FY09 Grant: **\$41,797.**
- Implement Evidence Based Practices to improve long-term outcomes:
 - ARC,
 - Parent-Child Interaction Therapy,
 - Second Step,
 - Child Adult Relationship Enhancement.
- FY09 Impact: **19 children** served (3-5 yrs. old)
- 7 graduated to regular care





**Mat-Su Pilot Project
Integrated Longitudinal Strengths-Based Assessment (LSA)
BTKH 310 (A)**

Actual Case Multiple Sources Identifiers Changed or Erased

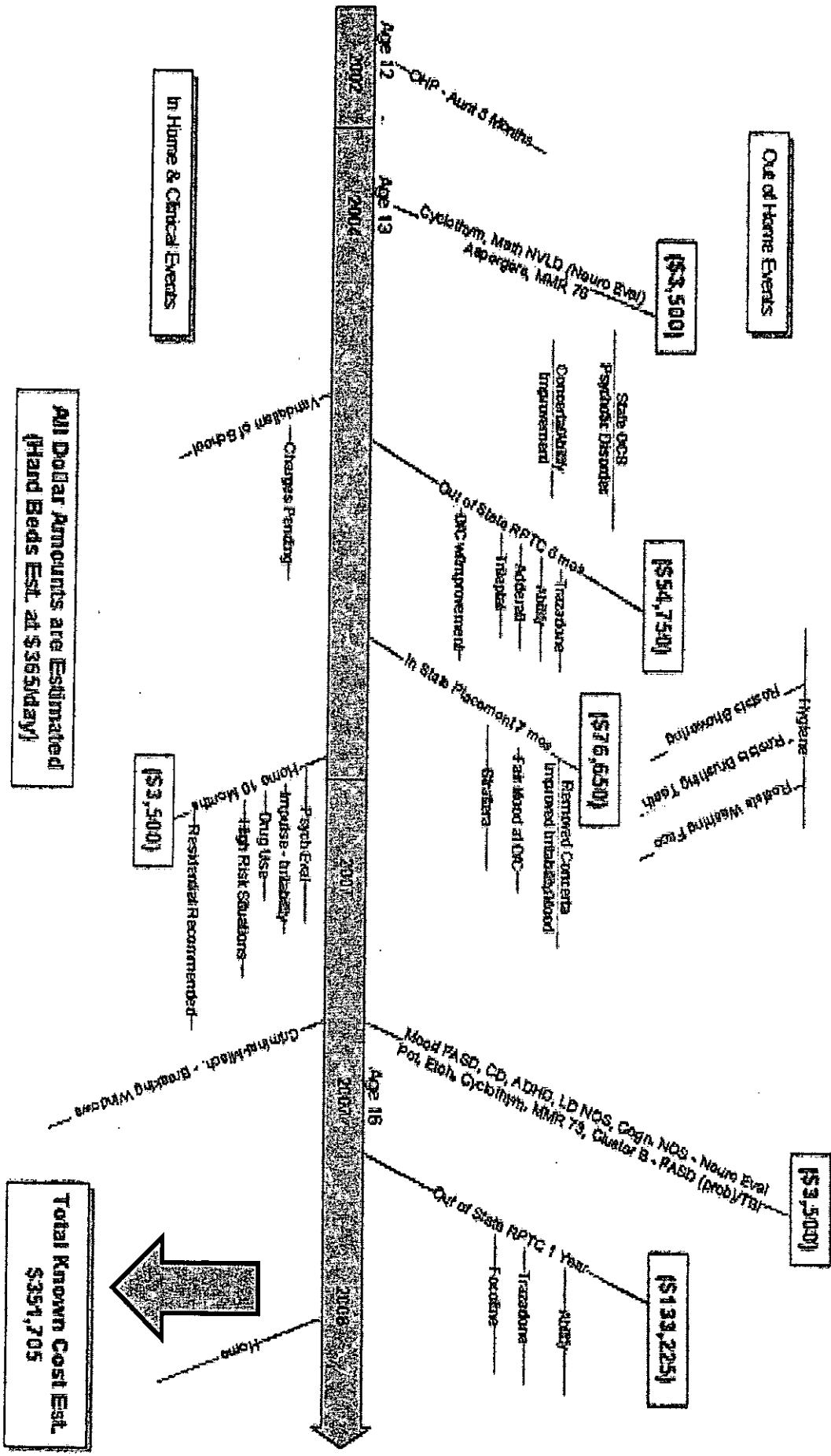


Dx History Family Hx Asthma OGA

1) ADHD Inc 2) Female Seizure 3) OOD-CD 4) Mood S/B Polar (Peak) 5) Asperger 6) Tourette Control 8) Narcissistic 9) PDD-4to 10) Wldh (LD) 11) WLD-12) Cognitive NOS 13) Marriage 14) Abuse 15) Prob - TBILL 16) ASD 17) Psychotic

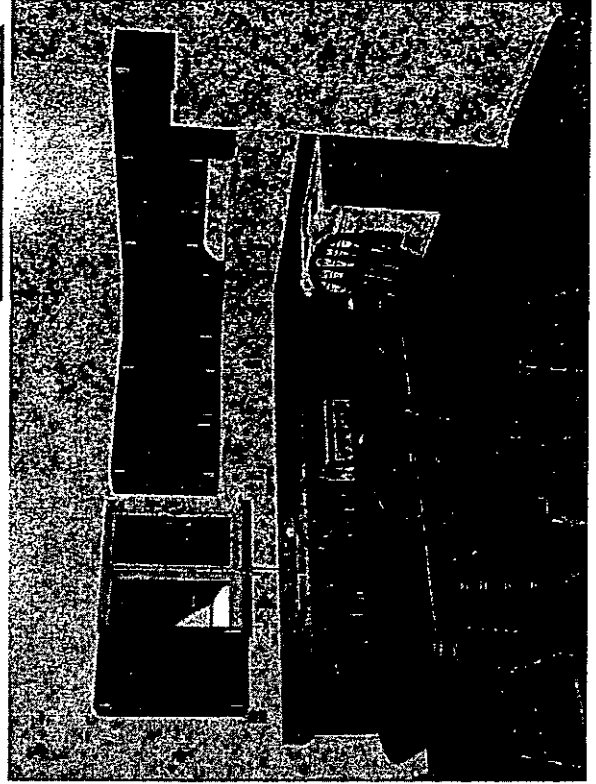
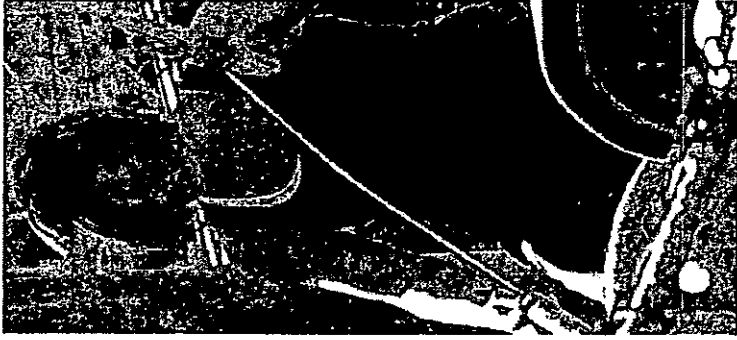
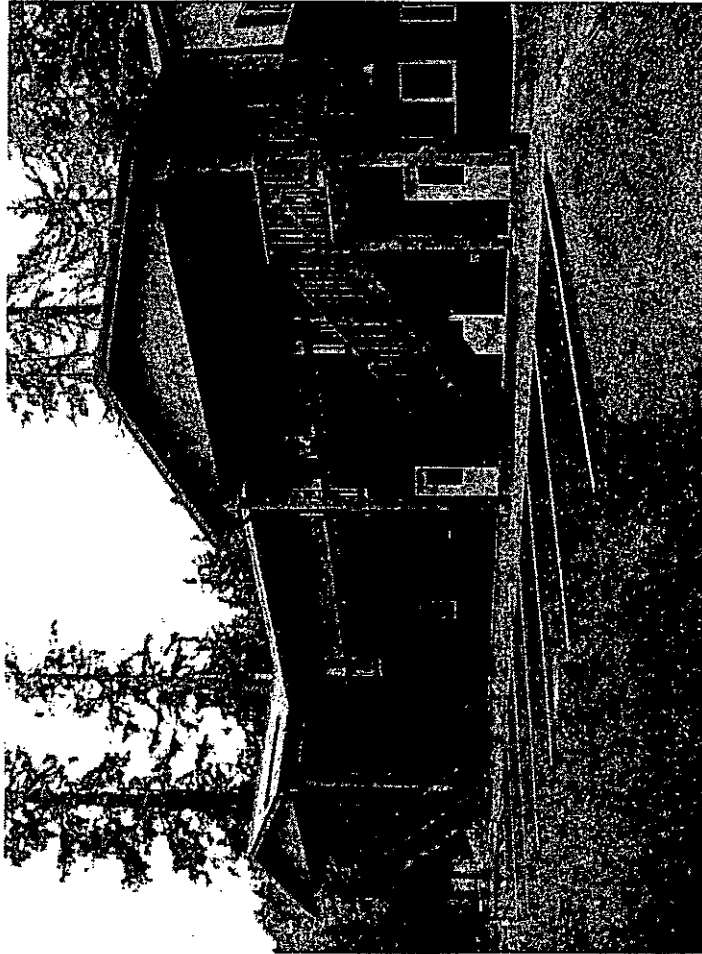
Mat. Support Project
 Integrated Longitudinal Strengths-Based Assessment (LSA)
 BTKH1310 (B)

Actual Case Multiple Sources Identifiers Changed or Erased



All Dollar Amounts are Estimated (Hand Beds Est. at \$365/day)

Juneau Youth Services Transitional Living Program



Juneau Youth Services Transitional Living Program

- Black Bear Apartments:
 - 13-bed facility for youth ages 18 to 21
 - Includes Resident Case Manager
 - Capital funding partnership
 - Denali Commission
 - Alaska Housing Finance Corporation
 - Juneau Youth Services
- Cornerstone Apartments: 5-bed facility
- Operating Funds for TLP
 - Federal Grant; small state BTKH grant; Medicaid



Juneau Youth Services Transitional Living Program

- Data and Outcomes
 - 57 youth received services in the last year
 - 91% received employment and other life skills training
 - 83% received mental health and/or substance abuse counseling
 - 9.17 service hours/per client/per month (average)
 - 78% completed the program successfully
 - **96% exited to safe living arrangements**



What's Needed:

- Additional state grant support to increase behavioral health counseling and life skills training
 - JYS lost \$28,440 in the TLP program in FY 08



The **TRUST**
The Alaska Mental Health
Trust Authority

BTKH Reports and Information at: <http://www.hss.state.ak.us/commissioner/btkh/>

Parent/Peer Navigation and Information at:

- Alaska Youth and Family Network: <http://www.ayfn.org/>
- Stone Soup Group: <http://www.stonesoupgroup.org/>

Bringing (Keeping) the Kids Home Update – February 2009

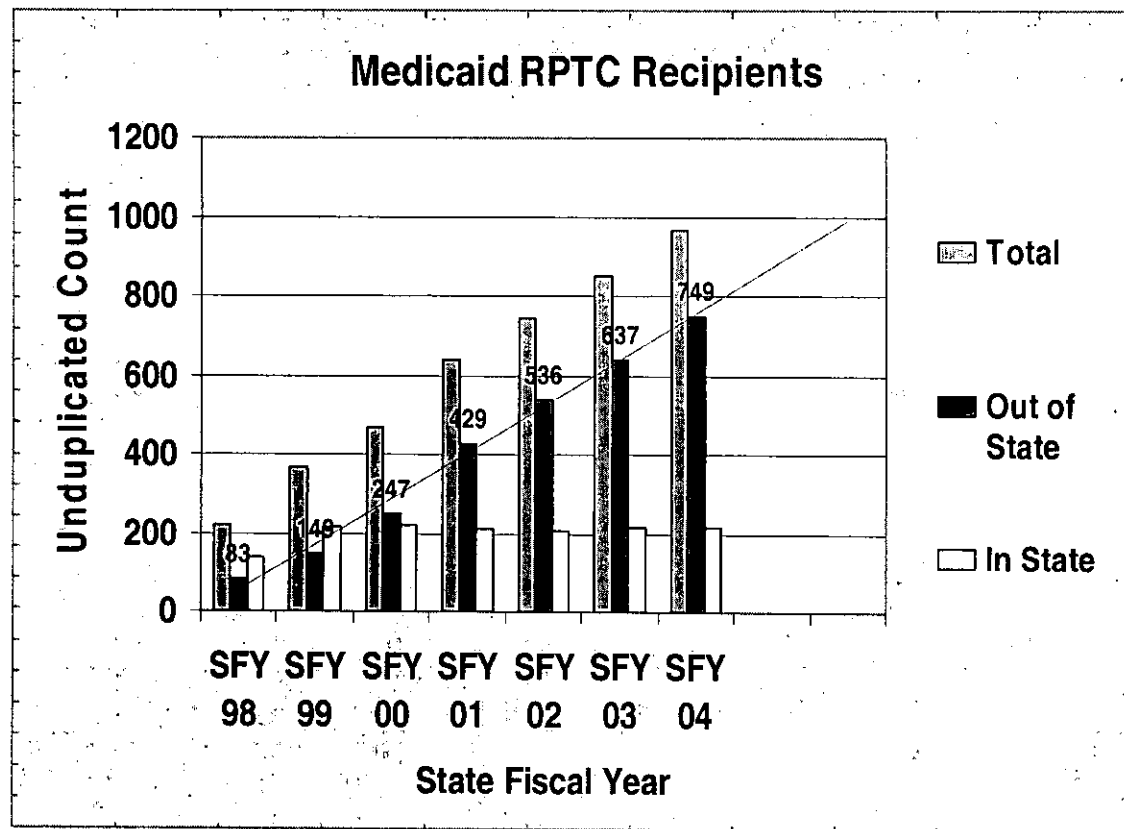


The **TRUST**
The Alaska Mental Health
Trust Authority

A collaboration of Department of Health and Social Services, Alaska Mental Health Trust Authority & partner boards, Denali Commission, Rasmuson Foundation, Alaska Native health providers & other service providers, parents, advocacy groups

Exponential Growth In Use of Out-of State Residential Psychiatric Treatment Centers (RPTC)

Between 1998- 2004, out-of-state RPTC placements for children with severe emotional disturbances (SED) grew by nearly 800%

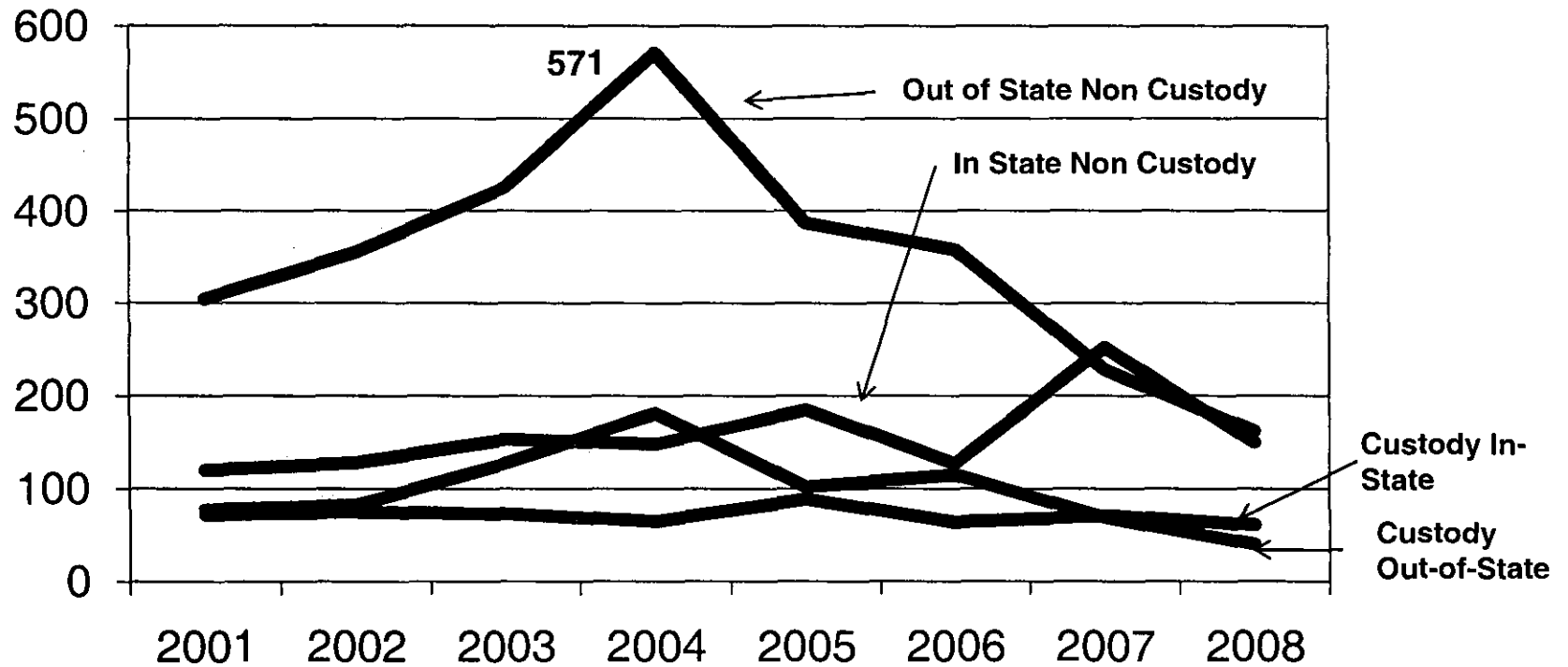


Data are from Behavioral Health (DBH), Policy and Planning based on Medicaid claims paid for unduplicated RPTC recipients. Recipients include all children served per fiscal year – including those admitted in a previous year but served during the current year. 2

Progress: Decrease in RPTC Admissions

(Youth who enter RPTC during each fiscal year)

Drop of 73% in out-of-state admissions between FY04 and FY08



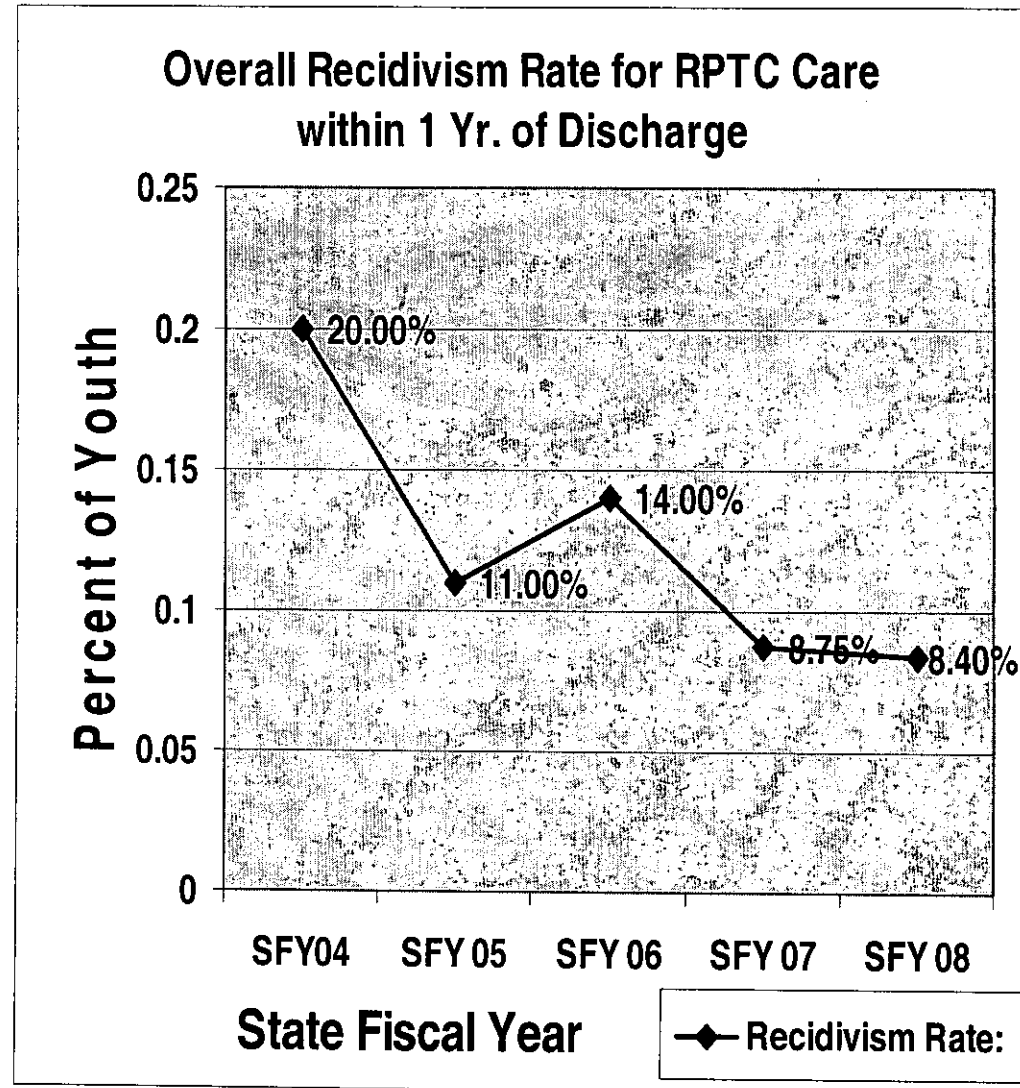
Data are from Behavioral Health, Policy and Planning based on Medicaid claims paid for unduplicated RPTC admissions. Includes only those admitted during the current year.

Progress: Length of Stay and Recidivism

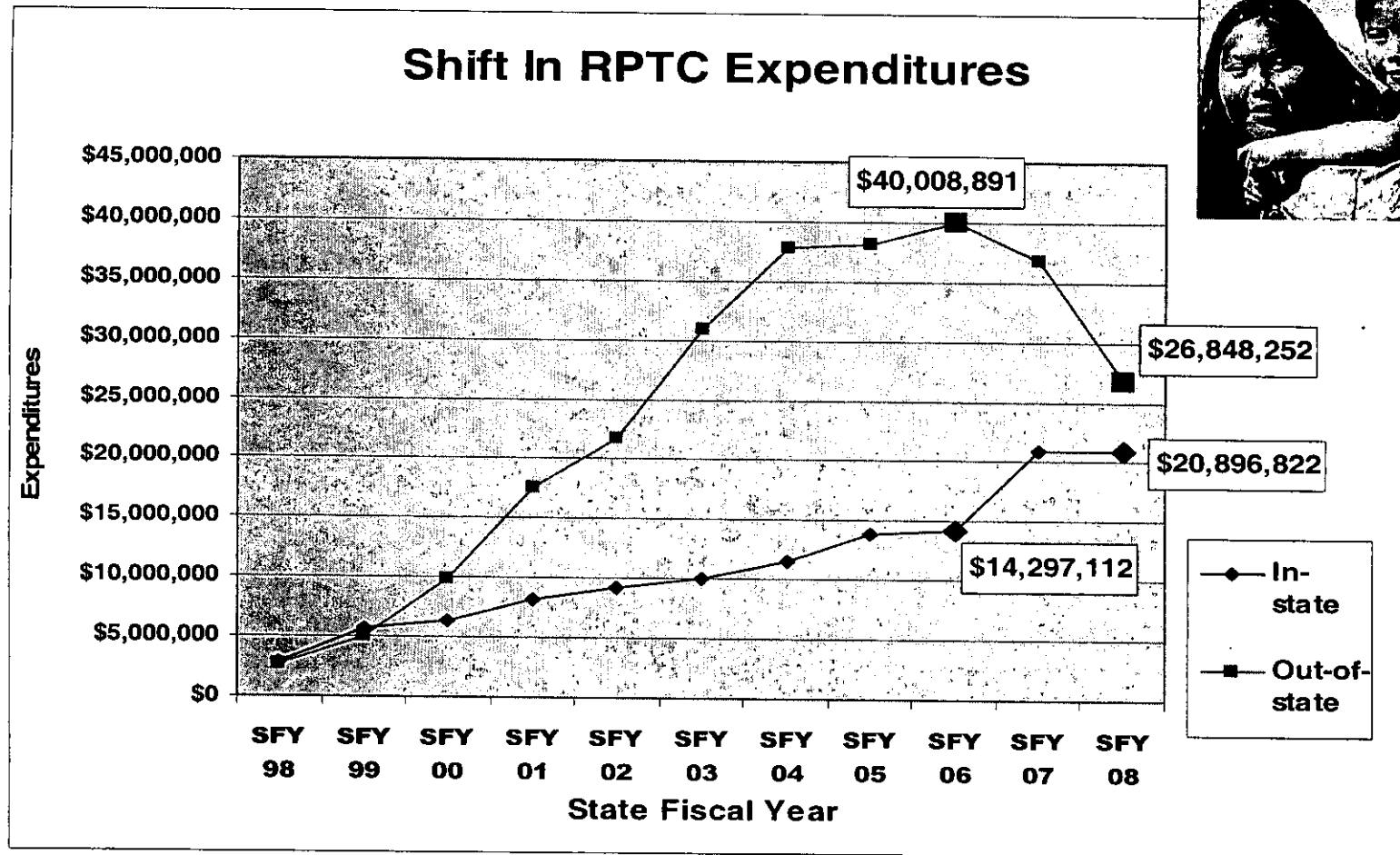
Recidivism: Significant decrease since FY04 from 20% to 8.4%



Data are from Behavioral Health, Policy and Planning

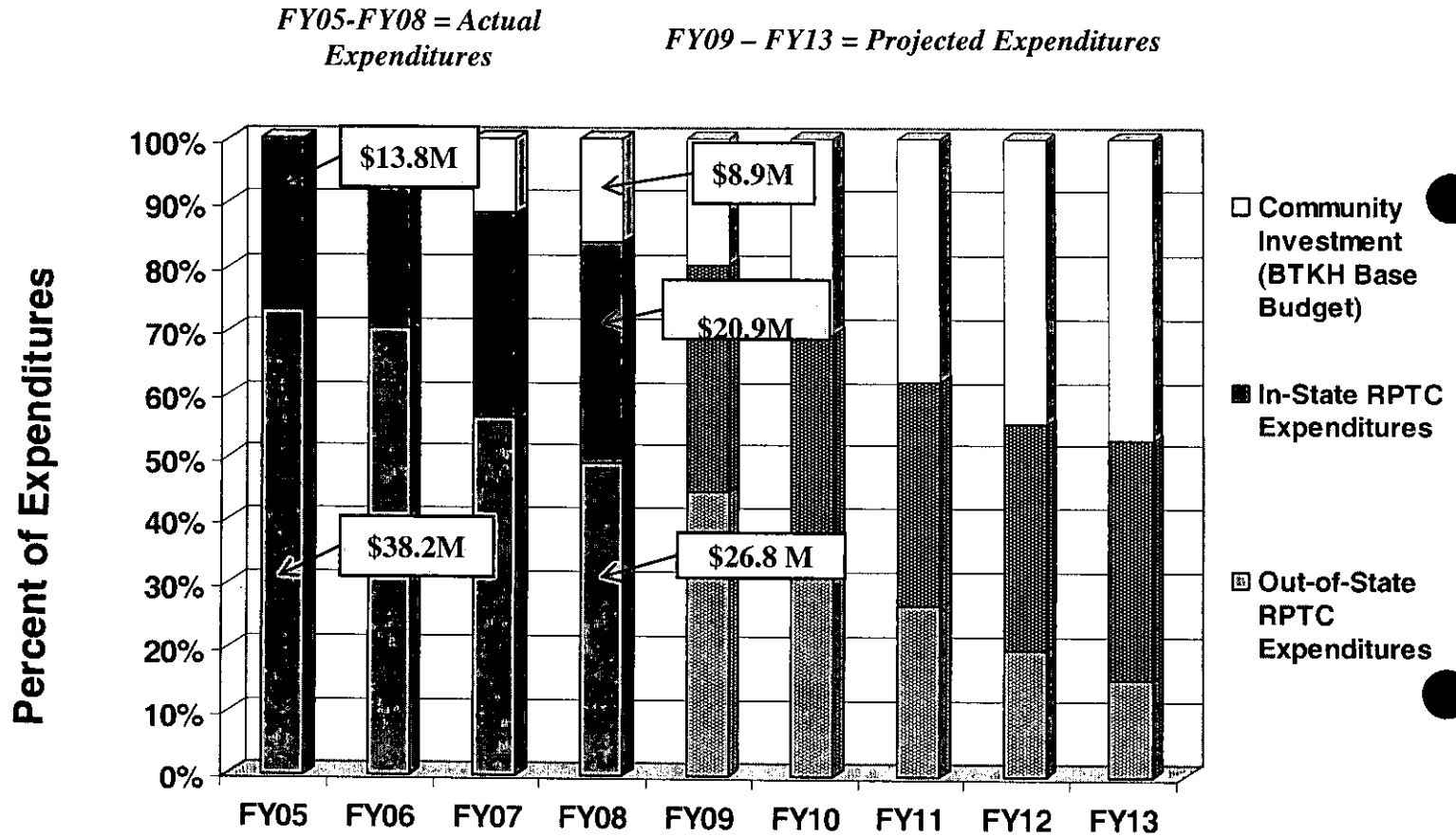


Progress: Medicaid Expenditures for Residential Psychiatric Treatment Centers (RPTC)



Data for FY05-07 are from Behavioral Health based on paid claims for Medicaid data. Expenditure data for FY08 are from Finance Management Services and includes all claims incurred and paid in FY08 and claims incurred in FY08 and paid in the first quarter of FY09.

Progress: Projected BTKH Reinvestment



Data for FY05-07 are from Behavioral Health based on paid claims for Medicaid data. Expenditure data for FY08 are from Finance Management Services and includes all claims incurred and paid in FY08 and claims incurred in FY08 and paid in the first quarter of FY09.

Ahead in FY 2010: Support for On-going Efforts

Mental Health Trust Recommendations

<i>ITEM</i>	<i>MHTAAR</i>	<i>GF/MH incrm</i>	<i>Total</i>
<i>Enhance Home, School & Community-based Services</i>			
Outpatient Grants	\$250.0	\$2,000.0	\$2,250.0
Crisis Bed Stabilization	\$150.0	\$0.0	\$150.0
School-Based Tool Kit	\$100.0	\$0.0	\$100.0
School-Based Grants	\$200.0	\$0.0	\$200.0
Tribal/Rural System Development	\$400.0	\$400.0	\$900.0*
Family Voice & Peer Support	\$25.0	\$125.0	\$150.0
Individualized Services into Base	\$0.0	\$800.0	\$800.0
<i>Enhance Best Practices</i>			
Technical Assistance Parent & Foster Parent Training	\$100.0	\$225.0	\$400.0*
	\$75.0	\$0.0	\$75.0



**Includes Federal match not listed separately.*

Ahead in FY2010: Expanding In-State Capacity Mental Health Trust Recommendations

ITEM	MHTAAR	GF/MH incrm	Total
<i>Intervene Earlier to Prevent Problems</i>			
Early Childhood Grants	\$75.0	\$100.0	\$175.0
Early Childhood Learning Network	\$100.0	\$100.0	\$250.0*
<i>Assist in the Transition to Adulthood</i>			
Transitional Aged Youth	\$200.0	\$300.0	\$500.0
<i>BTKH Capital Development</i> (matches Denali Commission funding)		\$2,316.0	\$2,316.0

Group Homes, Transitional-aged Youth & Crisis Stabilization Facilities

**Includes Federal match not listed separately.*



Anchorage Community Mental Health Services

- SED ROOT CAUSES
 - Sexual abuse 20%
 - Physical abuse 65%
 - Neglect 100%
 - Witness to DV 100%
 - Family substance abuse 95%
 - Complex trauma 100%



Anchorage Community Mental Health Services

Little Tykes Program

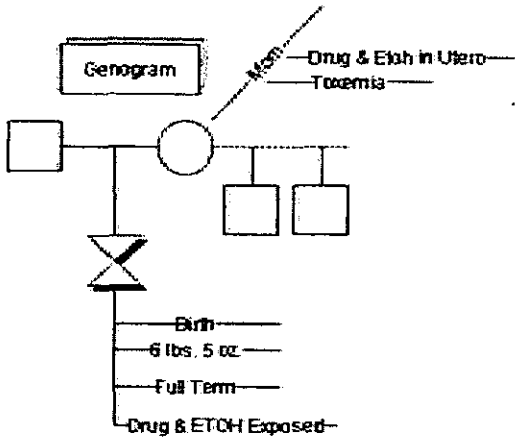
- FY09 Grant: **\$41,797.**
- Implement Evidence Based Practices to improve long-term outcomes:
 - ARC,
 - Parent-Child Interaction Therapy,
 - Second Step,
 - Child Adult Relationship Enhancement.
- FY09 Impact: **19 children** served (3-5 yrs. old)
- 7 graduated to regular care



Mat-Su Pilot Project Integrated Longitudinal Strengths-Based Assessment (ILSA) BTKH (310) (A)

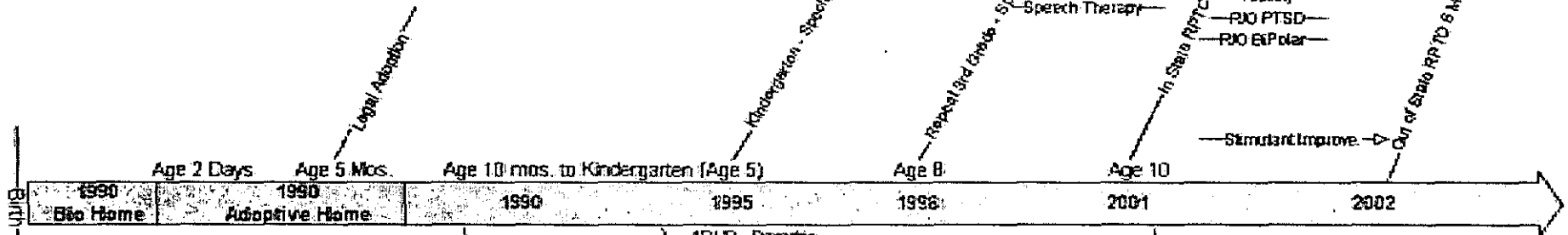


Actual Case Multiple Sources Identifiers Changed or Erased



All Dollar Amounts are Estimated
(Herd Bed's Est. at \$365/day)

Out of Home Events



In Home & Clinical Events

(\$3,500)

(\$3,500)

(\$65,700)

Variety of Medical Doctors

Variety of Outpatient Therapists

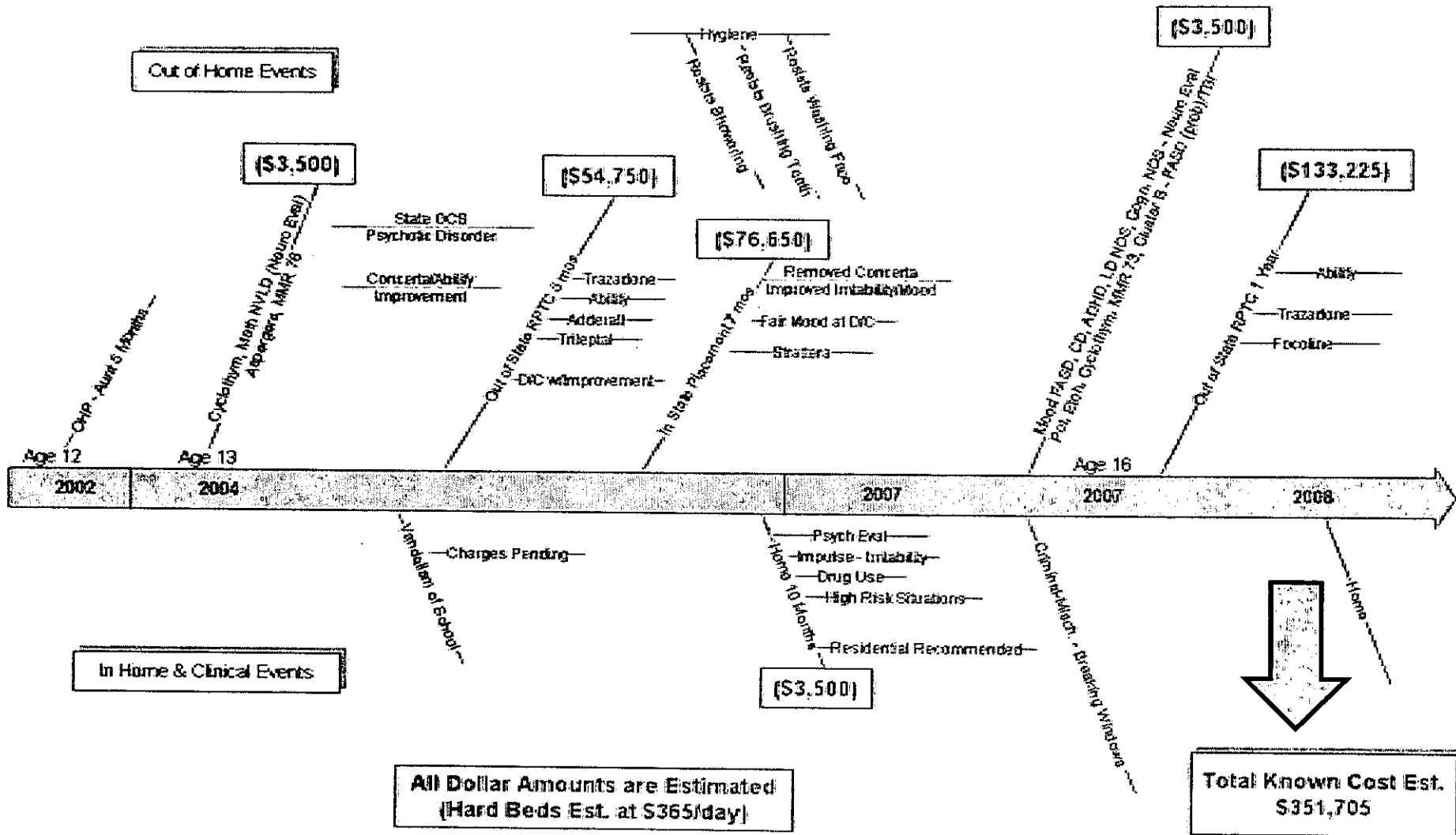
Dx History Family Hx Asthma/O&A

1) ADHD like 2) Febrile Seizure 3) ODD-CD 4) Mood 5) Bipolar (ped) 6) Aspergers 7) impulse Control 8) Narcissistic 9) RAD-r/o 10) Math (LD) 11) NVLD 12) Cognitive NOS 13) Marijuana 14) Etch Abuse 15) Prob - TBILLH 16) FASD 17) Psychotic

**Mat-Su Pilot Project
Integrated Longitudinal Strengths-Based Assessment (ILSA)
BTKH (310) (B)**

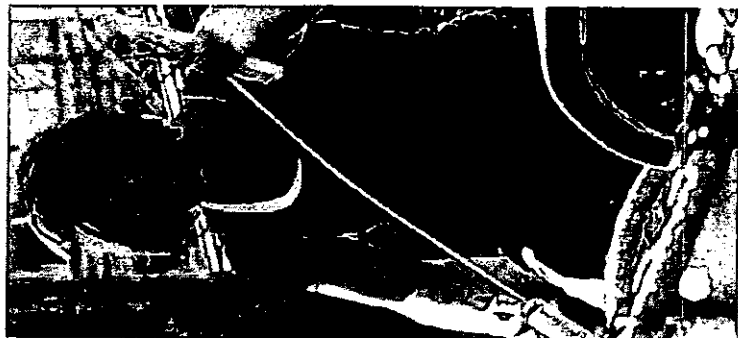
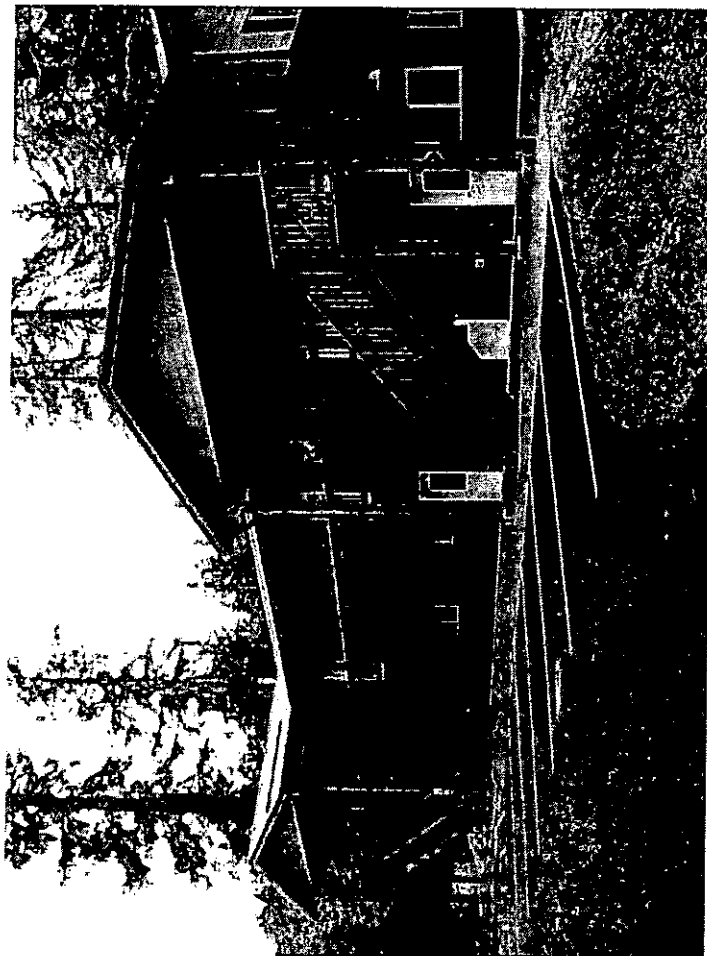


Actual Case Multiple Sources Identifiers Changed or Erased



All Dollar Amounts are Estimated
(Hard Beds Est. at \$365/day)

Juneau Youth Services Transitional Living Program



Juneau Youth Services Transitional Living Program

- Black Bear Apartments:
 - 13-bed facility for youth ages 18 to 21
 - Includes Resident Case Manager
 - Capital funding partnership
 - Denali Commission
 - Alaska Housing Finance Corporation
 - Juneau Youth Services
- Cornerstone Apartments: 5-bed facility
- Operating Funds for TLP
 - Federal Grant; small state BTKH grant; Medicaid



Juneau Youth Services Transitional Living Program

- Data and Outcomes
 - 57 youth received services in the last year
 - 91% received employment and other life skills training
 - 83% received mental health and/or substance abuse counseling
 - 9.17 service hours/per client/per month (average)
 - 78% completed the program successfully
 - **96% exited to safe living arrangements**



What's Needed:

- Additional state grant support to increase behavioral health counseling and life skills training
 - JYS lost \$28,440 in the TLP program in FY 08



The **TRUST**
The Alaska Mental Health
Trust Authority

BTKH Reports and Information at: <http://www.hss.state.ak.us/commissioner/btkh/>

Parent/Peer Navigation and Information at:

- **Alaska Youth and Family Network: <http://www.ayfn.org/>**
- **Stone Soup Group: <http://www.stonesoupgroup.org/>**