

SB

195



Official Business

# Alaska State Legislature

Senate

SENATOR VIRGINIA COLLINS

Pouch V  
State Capitol  
Juneau, Alaska 99811

## MEMORANDUM

TO: Senator Arliss Sturgulewski, Chair  
Senate Health, Education & Social Services Committee

FROM: Senator Virginia Collins *VC*

DATE: March 18, 1991

RE: Senate Bill 195, "An Act creating the Alaska School  
Counseling Program Grant Fund."

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I respectfully request that at your earliest convenience you schedule the above-referenced bill for a hearing.

This bill would create a \$1 million school counseling program grant fund to provide assistance to school districts to implement and expand the model Alaska School Counseling Program for public school students in grades K through 12. The program was recommended by the Governor's Interim Commission on Children and Youth.

30 states are adopting this counseling program model. Pilot projects have been on-going for two years in Alaska and the pilot program has expanded from 12 to 34 sites. Funding has been minimal for these projects.

The \$1 million fund would be used primarily for training costs and for updating counseling materials since many counselors in Alaska have very outdated materials. The special training is the key to this program.

If you have any questions, please call Marveen at 465-2828.



Official Business

# Alaska State Legislature

## Senate

**SENATOR VIRGINIA COLLINS**

Pouch V  
State Capitol  
Juneau, Alaska 99811

### SPONSOR STATEMENT

#### Senate Bill 195

Senate Bill 195, "An Act creating the Alaska school counseling program grant fund."

This bill creates a school counseling program grant fund for public school students in grades K through 12. Grants would be given to school districts to implement and expand the model Alaska School Counseling Program developed in 1988 under the sponsorship of the Department of Education. The funding would consist of legislative appropriations and public or private donations made to the fund.

Pilot projects have been ongoing for two years in Alaska and the pilot program has expanded from 12 to 34 sites. Feedback from teachers indicates improved student performance and classroom behavior. The Alaska program was developed by a professional task force and the success of the pilot projects has been the result of positive administrative support within the participating districts.

The program is comprehensive, curriculum-based, and is designed to assist individuals with total development on a K-12 basis. It is preventive, rather than remedial in nature. The purpose of the program is to focus and revitalize school counseling in Alaska to be more responsive to the challenges which children, young people, and parents face today and into the future. Individual acquisition of knowledge and skills has been and will continue to be a major goal of public education. In addition, parallel efforts to assist students to grow socially and emotionally as well as intellectually and physically are essential.

Support for this concept has come from the Governor's Interim Commission on Children and Youth, the Alaska School Counselor's Association, the Alaska Association of Elementary School Principals, the Alaska Association of Secondary School Principals, the Alaska Association of School Administrators, the Alaska State Vocational Association, the Lake and Peninsula School District, the National Education Association, and NEA-Alaska. Thirty states are currently involved in adopting the program.

I would appreciate your support of Senate Bill 195.



EVERY DAY 2,989 AMERICAN CHILDREN SEE THEIR PARENTS DIVORCED.

EVERY 26 SECONDS, A CHILD RUNS AWAY FROM HOME.

EVERY 47 SECONDS, A CHILD IS ABUSED OR NEGLECTED.

EVERY 8 SECONDS OF THE SCHOOL DAY, A CHILD DROPS OUT.

EVERY DAY, SIX TEENAGERS COMMIT SUICIDE.

(Source: Children's Defense Fund, 1990)

# A SCHOOL COUNSELING PROGRAM

## DEFINITION

The Alaska program definition for School Counseling is:

School counseling is an integral part of the total educational program. It is developmental by design and includes sequential activities organized and implemented by certified school counselors with the support of teachers, administrators, students and parents. A school counseling program shall include:

1. Counseling Curriculum
2. Individual Student Planning
3. Responsive Services
4. System Support

The program addresses the needs of all students by helping them to:

- \* Acquire knowledge of self and relating effectively to others.
- \* Develop competencies in career/vocational planning and exploration.
- \* Achieve educational success.



# Alaska State Legislature

## SENATE

### SENATOR VIRGINIA COLLINS

Official Business

P.O. Box V  
State Capitol  
Juneau, Alaska 99811

Dear Senator,

Senate Bill 195, "An Act creating the Alaska school counseling program grant fund," is before you today.

In a recent survey of 5000 Alaskan students, the following statistics were released:

- \* One out of six youths report they have attempted suicide.
- \* 25% of all females respondents and 8% of all male respondents reported sexual abuse.
- \* 75% of females and 67% of males reported being sexually active by their senior year.
- \* Over 20% of Alaska's teenage girls have been pregnant and more than 1 in 4 have been pregnant multiple times.
- \* Nearly half of 10-12th grade males and one third of the females report drinking and driving.
- \* Nearly 40% of all youth have been involved in violent behaviors.

Alaskan youth are faced with choices and problems no group earlier has ever had to confront.

Senate Bill 195 creates a school counseling program grant fund for public school students in grades K through 12. The program is comprehensive, curriculum-based, and is designed to assist individuals with total development on a K-12 basis. It is preventive, rather than remedial in nature.

Grants would be given to school districts to implement and expand the model Alaska School Counseling Program developed in 1988 under the sponsorship of the Department of Education. The funding would consist of legislative appropriations and public or private donations made to the fund.

This concept has received support from the Governor's Interim Commission on Children and Youth, the Alaska School Counselor's Association, the Alaska Association of Elementary School Principals, the Alaska Association of Secondary School Principals, the Alaska Association of School Administrators, the Alaska State Vocational Association, the National Education Association, and NEA-Alaska. Thirty states are currently involved in adopting the program.

I would appreciate your support of Senate Bill 195.

Sincerely,

Senator Virginia Collins



# NEA-ALASKA

AFFILIATED WITH THE NATIONAL EDUCATION ASSOCIATION

## ANCHORAGE REGIONAL OFFICE

1411 W 33RD AVENUE  
ANCHORAGE, ALASKA 99503  
(907) 274-0536  
FAX: (907) 274-0551

## JUNEAU OFFICE

105 MUNICIPAL WAY SUITE 302  
JUNEAU, ALASKA 99801  
(907) 586-3090  
FAX: (907) 586-2744

## FAIRBANKS REGIONAL OFFICE

2118 CUSHMAN STREET  
FAIRBANKS, ALASKA 99701  
(907) 456-4435  
FAX: (907) 456-2159

## Alaska School Counseling Program Grant

RE: SB 195

NEA-Alaska believes that the shortage of school counselors in Alaska public schools is perhaps the greatest weakness in our schools. The problem is especially acute in the primary through eighth grades but is certainly serious in all of our schools.

We believe the number of counselors should be no less than one for every 250 elementary students, or major fraction thereof, or every 175 students of combined grades K-12 or major fraction thereof. In every case there should be at least one certificated school counselor in every school.

It is important that our school counselors have training in drug and alcohol abuse, suicide prevention, crisis intervention and related mental health areas--as well as other guidance skills required by their duties.

The Department of Education should have the financial and technical support needed to implement and expand the model school counseling program developed and piloted by the Department as a result of recommendations of the Governor's Interim Commission on Children and Youth.

It is good public policy to provide funding for the department for grants to school districts to implement counseling programs--including personnel and materials. Each school district should be encouraged to apply for the grants.

NEA-Alaska believes such grants are only a stop-gap measure and should not be construed as meeting the state obligation to provide adequate counseling services for the schools. A far better social and educational policy would be to provide additional funding on a yearly basis to each school district for counselors on a formula as stated above. Such funding should be in addition to the current foundation allotment.

We believe improved counseling services in our Alaska Public schools will greatly enhance the learning of our students and help our children better work through many of the social and educational problems maturing youngsters face in our rapidly changing environment.

LE114/Counseling/dl



**ALASKA  
SCHOOL  
COUNSELOR  
ASSOCIATION**

April 1, 1991

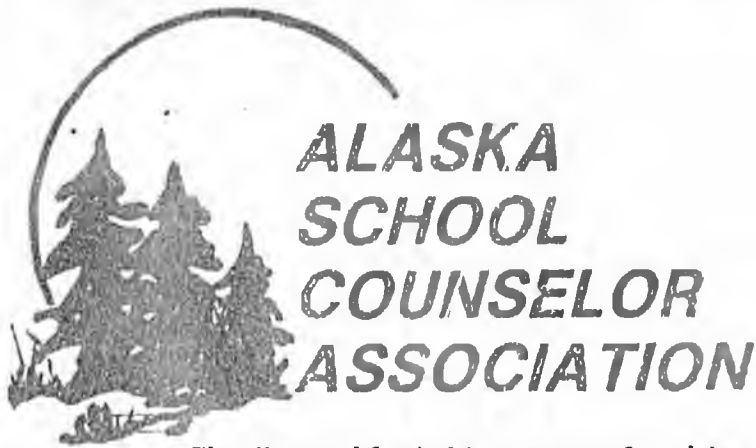
Dear Senator Sturgulewski:

I am an elementary counselor at Denali Elementary School in Anchorage and I am also a member of the Executive Board of the Alaska School Counselor Association. I am writing to ask for your support of Senate Bill 195- the act creating the Alaska School Counseling Program Grant Fund. The elementary counselors in Anchorage have been an active part of the Alaska Program Pilot Guide which Ursula Major has been doing for the past two years, and I feel that a K-12 counseling program is vital for every child in our state.

Thank you very much for your consideration in this important matter.

Sincerely,  
LaRue Davenport

P.S. You have an open invitation to visit our school at any time.



Rod Poole, Gov't Relations Chair  
Alaska School Counselor Association  
c/o Sitka High School  
1000 Lake Street Extension  
Sitka, AK 99835  
January 7, 1991

The Honorable Arliss Sturgulewski  
P. O. Box V-Legislature  
Juneau, Alaska 99811

Dear Senator Sturgulewski:

As Government Relations Chair for the Alaska School Counselor Association, I am pleased to write to you with an update from our organization. Enclosed you will find a legislative proposal which is reasonable and positive, an effort to make school counseling more available to more of Alaska's children and teens.

Since I have been sending legislative packets for five years now from ASCA, you are already aware that our state is involved in a counseling pilot project program. If you are new to the legislature, this information may not be familiar to you. From the time that the state Board of Education adopted the Alaska School Counseling Program Guide as the official state model on May 2, 1989, interest has grown rapidly. The model guide is now being piloted in about two dozen schools around the state. A copy of the Alaska School Counseling Program brochure is also enclosed for you and your staff to review. You will find this informative.

You will also want to know that ASCA has engaged the services of Ms. Wanda Cooksey as our professional representative in Juneau during the 1991 legislative session. With her educational experience and legislative staff experience, she is uniquely qualified to speak to school counseling concerns.

No doubt you are aware that the Governor's Interim Commission called for initiating, expanding, and funding school counseling programs K-12 for Alaska. ASCA Executive Board and membership, Alaska State Vocational Association Executive Board and membership, Elementary and Secondary Principals and Superintendents have all gone on the record calling for K-12 school counseling programs in Alaska. NOW is the time to take concrete steps in that direction. We hope you will give serious consideration to our legislative proposal for the sake of Alaska's next generations.

Sincerely,

A handwritten signature in cursive script that reads "Rod Poole".

Rod Poole, Counselor, Sitka High School

cc: Cindy Folsom, ASCA President  
Alecia Lybrand, ASCA President-Elect  
Robbi Nadeau, ASCA Past President  
Wanda Cooksey, ASCA Professional Representative in Juneau

PUBLIC OPINION MESSAGE

DEAR: SENATOR STURGULEWSKI

NAME: ROD POOLE  
TITLE: COUNSELOR SITKA HIGH SCHOOL  
ADDRESS: P.O. BOX 2266  
CITY: SITKA ZIP: 99835  
PHONE: 747-6384

BILL NO: SB 195

SUBJECT: COUNSELING SERVICES GRANT FUND

MESSAGE: I AM ASKING YOU TO VOTE FOR SB 195, THE COUNSELING GRANT BILL, AT THE SENATE HESS HEARING ON APRIL 5TH AT 8 A.M.. THIS BILL WILL ENCOURAGE GREATER USE OF THE EXCELLENT K-12 ALASKA SCHOOL COUNSELING PLAN. THANK YOU FOR YOUR CONSIDERATION.

POMID: 12134958  
DATE: 91/04/02  
TIME: 13:49:58  
LIOMAME: SITKA LIO

COPIES: SENATORS

COTTEN  
FISCHER  
HOFFMAN  
HENARD

3-30-91

Dear Senator Sturgulewski:

I am writing to urge your support for S. B. 195 at the hearing on 4-5-91. This bill would encourage wider use of the model K-12 school counseling plan which was developed two years ago by Alaskan school counselors and administrators and unanimously approved by the Alaska Board of Education on May 21 1989.

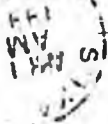
Senator, I work as a counselor at Sitka High School. We are one of the pilot sites currently utilizing the model plan. Using this program, we have made some improvements in our school counseling at SHS. You will be interested to know that Ursula Major Elementary School in Anchorage is in the second year of using the K-12 model. Over thirty schools around the state are involved in the project.

99835

Sitka, AK

P.O. Box 206

Rod Poole



Mr. Rod Poole

Our children and teens  
deserve quality school counseling  
programs as well as better access  
to school counseling. Voting for  
S.B. 195 will be a big boost for  
counseling all over Alaska. Thank  
you for your support.

Sincerely,  
Rod Poole,  
Gov't Relations Chair,  
Alaska School Counselor  
Association

## WHY NOT HERE?

by Rod Poole, Government Relations Chair

Alaska School Counselor Association  
December 3, 1990

There is a very strong legislative movement nationally towards providing funding for K-12 counseling programs in school districts across the nation. Congress is currently considering funding an Elementary School Counseling Demonstration Act to encourage hiring of additional school counselors around the nation in accordance with good standards of professional school counseling procedures.

In Alaska, the Governor's Interim Commission called for the hiring of more school counselors around the state. The Elementary/Secondary Principals, Superintendents, Alaska State Vocational Association and Executive Board, and Alaska School Counselor Association and Executive Board have all called for K-12 school counseling programs statewide.

We have a terrific school counseling pilot program going currently around the state in an ever-growing number of sites. Currently a small amount of money is channeled to some of the pilot sites through the Office of Adult and Vocational Education to provide training for site counselors and principals to gear up to put the model plan into use in as many schools as possible. This model plan was developed by a task force of counselors and administrators in 1988 and 1989. After the model was approved unanimously by the State Board of Education on May 2, 1989, as the official state counseling model, the pilot project got underway full-steam.

I propose that the state legislature in Alaska set aside a specific amount of money, \$ 1,000,000, through the Department of Education budget, either within the regular DOE budget or as a separate incentive grant to be offered to districts which either want to 1) hire more school counselors or 2) want to pay to provide pilot program training for their current counselors and principals. If the grant were to be awarded to hire a new counselor, then it could be issued in the amount of perhaps \$ 40,000.00 or \$ 50,000.00 per site to help defray the cost of hiring the new staff person. Local districts would have to pay the rest, whether salary or benefits, retirement contribution, or whatever the local contract required. Districts that participate in the grant application process would have to agree to structure their programs in accordance with the official model program.

Recent Events in the K-12 Counseling Movement in Alaska  
by Rod Poole, ASCA Government Relations Chairperson, 1-7-91

February of 1987, 1988, 1989, 1990--Proclamation of School Counseling Week in Alaska, to coincide with national week.

Jan., 1988--Governor's Interim Commission on Children and Youth calls for state "to initiate and expand school counseling programs in grades K-12, especially at the elementary level."

Feb., 1988--Office of Adult and Vocational Education funds development of K-12 counseling model for Alaska. Task Force is selected, starts work in Juneau, second meeting in October, 1988.

October, 1988--Alaska School Counselor Association meeting in Anchorage unanimously adopts resolution for Alaska to establish and fund K-12 counseling programs statewide. Same resolution is adopted by Elementary/Secondary Principals and Alaska State Vocational Association in Oct., by Superintendents in November.

February, 1989--final meeting of Task Force group, completion of comprehensive K-12 Alaska School Counseling Program Guide.

May 2, 1989--Alaska State Board of Education unanimously adopts National School Boards Association resolution calling on local school boards to support comprehensive guidance and counseling programs K-12. The Board also unanimously adopts and accepts the Alaska School Counseling Program Guide as the official model for Alaska and encourages its use in Alaska schools.

May, 1989--Legislature funds a full-time statewide counseling coordinator position for the first time since the mid-70's.

September, 1989--selection of 7 official pilot sites for the implementation of the Alaska School Counseling Program Guide.

October, 1989--formal training for all pilot sites in Soldotna with about one dozen schools actually represented.

March, 1990--Dr. Christine Jensen begins work as full-time counseling coordinator for Alaska.

September, 1990--pilot project training in Juneau and Mat-Su for new groups of pilot schools.

October, 1990--training for second year pilot sites in Anchorage. ASCA membership unanimously approves proposal for legislature to set up state grants to get districts to hire school counselors and put state model into practice in more pilot sites.

November, 1990--ASCA Executive Board contracts with Wanda Cooksey to be the ASCA professional representative to 1991 legislature.

January, 1991--ASCA legislative proposal to all 60 legislators.

April 2, 1991

Senator Arliss Sturgulewski  
P.O. Box V  
Juneau, Alaska 99811

Dear Senator Sturgulewski,

I am writing to you in support of Senate Bill 195 "an act creating the Alaska school counseling program grant fund" to be heard by the Hess committee this Friday.

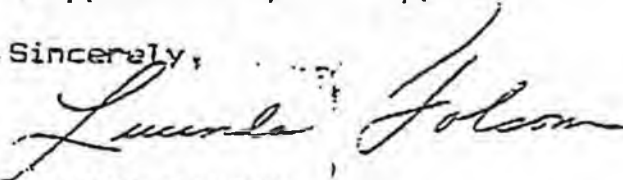
As President of the Alaska School Counselor Association, I have had the opportunity to meet with educational professionals from all over the state. Again and again I have heard people express concern over the lack of adequate counseling services in many parts of Alaska. Often, in rural areas, one counselor may have to serve six or seven schools on a rotating basis. It is hard to implement and continue a viable counseling curriculum without sufficient personnel and/or resources.

In 1989 the Alaska School Counseling Pilot Program was initiated through Carl Perkins grants. I was fortunate to be working at one of the original pilot sites, North Pole High School. This program has a set scope and sequence as part of a developed counseling curriculum. As a result of participating in this school counseling program, students will acquire and apply knowledge of self and others, develop competencies in careers/life planning, and achieve educational success. In addition to reaching more students, the Program provides for parent input, administrator evaluation and accountability. In order to bring more schools on line with this Program, there must be funding available to make the transition.

As counselors, we are key components in schools to help students become contributing members of society and to be employable! Our students need the best counseling programs we can give them - they are our future. More funding is needed to provide these services to ALL Alaskan students. I feel Senate Bill 195 will help us tremendously in achieving these goals.

I appreciate your support.

Sincerely,

  
LUCINDA FOLSOM  
ASCA - PRESIDENT



ALASKA  
SCHOOL  
COUNSELOR  
ASSOCIATION

April 2, 1991

Senator Arliss Sturgulewski  
Alaska State Senate  
P.O. Box V  
Juneau, Ak. 99811

Dear Senator Sturgulewski:

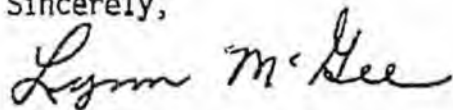
I wish to urge the support of Senate Bill 195, "an act creating the Alaska School Counseling Program Grant fund." I am currently serving as the project director for a pilot project utilizing this new Alaska School Counseling Program, and I have already seen the benefits to students involved in this developmental type of counseling. To be brief, the Program gives a structured approach to school counseling, making better use of counselors' time, reaching more students in group and classroom situations, and in general, creating a preventive mode of counseling instead of merely a reactive approach.

This type of school counseling program, curriculum based, is nationally acclaimed, with many states utilizing it statewide, and seeing the same positive results that our pilot project schools in Alaska have seen. In addition to reaching more students with counseling curriculum, the Program provides for parent input, administrator evaluation, and accountability. However, in order to bring more schools on line with this Program, there must be some funding available to make the transition. Each school will have different needs, but first and foremost, the counselors and administrators need to attend training sessions, which will necessitate travel funds, and there will be a need for grant money for purchase of curriculum items, and other expenses as the individual schools evaluate their needs.

As a former President of the Alaska School Counselors Association, I have seen the wide diversity of school counseling programs in this state, and the difficulty involved in making counseling available to all students across the state. I admire those counselors who persevere in providing services in the midst of very challenging situations. I feel our students need the very best school counseling programs we can give them, and I feel this Senate bill will bring more schools on line to utilize the new Program.

I appreciate your support.

Sincerely,



Lynn McGee, Counselor  
North Pole High School

MEMO

March 29, 1991

TO: Senator Arlis Sturgelewski.

FROM: LeeAnn Crumbley, Ed. D. *LAC*  
Principal, Nunaka Valley School  
Anchorage, Ak.

SUBJECT: Senate Bill 195

I urge your support for SB 195, Alaska School Counseling Program. As you no doubt are aware, Anchorage School District began an elementary school counseling program two years ago by placing counselors in nine high-need elementary schools. The plan was to add to the number each year until all district elementary schools had counselors. Funding problems and budget cuts, as well as changes in the school board, have prevented the expansion of the program beyond the initial nine schools. The need is district-wide!

You deal daily with the problems people in our changed society are facing -- and those people send their children to us in the school systems. We see increasing numbers of children trying to cope with increasingly complex pressures. The new buzz word to describe these students is children "at-risk." That is exactly what they are. You know all of the reasons. They include single parent or blended families, poverty or near-poverty, substance abuse in the home, no roots or extended families, stresses felt by racial or cultural minorities, transiency, various types of abuse of children. The list goes on. Add to that the growing number of ADD (Attention Deficit Disorder) students, Fetal Alcohol Syndrome and Fetal Alcohol Effect students, and crack babies and the composite picture of an elementary school changes dramatically from even 10 years ago.

My staff and I deal with these children daily. We don't sit on our hands waiting for the day when we will be a school with a counselor. We've put programs in place to attempt to meet the demanding needs of these students, without neglecting other students or allowing the at-risk youngsters to completely disrupt the educational process. Frustration at failing to adequately meet the needs of the at-risk students and frustration at the time we spend on the seemingly futile task are feelings we deal with daily.

Many parents are just as frustrated and lack the means to get private help. Some simply don't recognize or admit the problems. School counselors, who are also certified teachers, are proving to be worth "their weight in gold" at the schools fortunate to have been in the first wave. Again, I urge your support for SB 195 and then for SE 196 to provide a funding source for counselors for schools.

I am sending the same letter to five of you because I don't have the time to write five different letters. I'm involved in an inservice designed to help teachers provide the kind of classroom environment and management that enhances positive self-concept in students.

Thank you.

Gloria H. Thorson, M. Ed.  
4611 Shelikof  
Anchorage, AK 99507  
(907) 562-1745

Honorable Arliss Sturgulewski,  
Senator  
State of Alaska  
Box V  
JUNEAU, AK 99811

April 2, 1991

Dear Senator Sturgulewski:

The purpose of this letter is to urge your support for S.B. 195. This is significant and important legislation. Elementary Counseling is quite vital to the educational process. Especially, with the many youth in our Elementary schools today who have low self esteem.

Counseling is providing the bridge between the school and the community. It has been my experience these past 12 years that the Counselor is an integral part of the educational staff. The Counselor is the one who the youth can confide in and seek assistance. The Counselor is the one who is also the individual who has direct contact with the parents. This contact helps bring the parents into the school in a non-threatening manner and environment.

This ability of the Counselors, helps to increase parent awareness. This in turn fosters parental support. We all know how vital parental support is, not only for the child, also for the educational community. In short -- **Counseling WORKS !!!!**

Sincerely,

*Gloria H. Thorson*

Box 2653  
Sitka, AK. 99835

April 1, 1991

Senator Sturgulewski -

I'm writing to ask your support of Senate Bill 195. As a counselor in Alaska for 9 years I can say that without counselors "in the trenches" in the schools we will never obtain strong prevention programs that see results.

I read continually about the governor's task force or other political organizations recommending long-term programs for school age children. The reality is that few districts have been able to afford K-12 Counseling. As a middle school counselor I realize that children have already formed patterns and attitudes by the time they are in 6<sup>th</sup> grade. My job becomes reactionary because of the lack of programs that are not in the primary grades. Counselors are professionals who can see to it that comprehensive drug abuse prevention is in place.

Your support of this Bill would be an investment into the future for all Alaskans. Sincerely, Nancy Marger-Groverstein

Apr 2, 1991

Dear Mr. Hurgulewski,

I am a student at UAA  
finishing my Master's Degree  
in Counselor & Guidance. I am  
delighted to hear about Senate  
Bill # 195 to create a grant  
fund for the Alaska School  
Counseling Program. I look forward  
to seeing more counseling available  
for today's youth! Thank-you  
so much for your support  
in this necessary cause.

Sincerely,  
Shelley W. Berry  
Anchorage, AK

David & Shelley Berry  
3051 Rosalind Loop  
Anchorage, Alaska  
99507

Dear Aulis Shuglewski, April 4

I am writing to you to ask for your support of Senate Bill 195, introduced by Virginia Collins, creating a grant fund for the Alaska School Counseling Program.

As a teacher and counselor in Alaskan schools for 12 years, I have become acutely aware of the need to provide early guidance education to prevent subsequent problems resulting from poor self-esteem and the consequences of growing up in an alcoholic and dysfunctional home.

I appreciate your efforts to provide real meaning to the often heard adage "Alaska's children are our future."

Please urge full Senate support for SB 195.

(no address listed)

Respectfully,  
Susan Haines

4/6/91  
Anchorage  
#K 99510

Dear Senator Sturgeonlewski,  
I am an elementary school  
counselor for ASD at Unga  
Major Elem. on Fort Richardson.  
This is my first year as  
an elementary counselor after  
having worked for several years  
with juvenile delinquents,  
runaways, and pregnant  
adolescents. My experience with  
adolescents has led to my  
conviction that we must  
start earlier with children.  
Prevention and early intervention  
is a must.

I am asking that you please  
support the Senate Bill 195  
The issues <sup>with</sup> which children are  
bringing to school appear to  
impede the learning processes  
at every level.

I will be attending a  
meeting in Juneau on the 12th of April  
Should there be any chance

to meet with you I  
would welcome the chance  
to elaborate on this issue.

Again I urge your  
support for this bill.

Sincerely,  
Kathy Osting  
2506 W 27th #3  
Anchorage AK  
99517

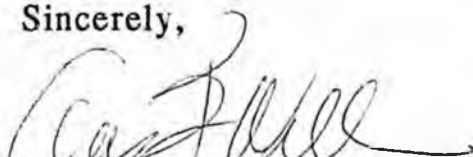
April 4, 1991

To: Arliss Sturgulewski  
Paul Fischer  
Sam Cotton  
Lyman Hoffman  
Kurt Menard

This letter is to offer my support in reference to Senate Bill 195. I encourage and rally your support of the Alaska Counseling Program Grant Fund throughout the state of Alaska. As a parent of four children in the Anchorage School District and an employee for the same, and also a student in the Guidance and Counseling Program at the University of Alaska, Anchorage campus. I am quite acquainted with the need for funding to provide for counseling services throughout Alaska. With the necessary funding, and services provided, our concentration or goal can truly be prevention and not so much emphasis on cure.

Again, I encourage your support to make this a reality in our childrens lifetime.

Sincerely,



Avis B. Williams

3204 Doil Drive  
ANCHORAGE, AK  
99507

April 4, 1991

Dear Arliss Sturgelowski,

I am excited about Bill 195.

Counseling in our schools is a growing need particularly in the elementary schools. Only 9 elementary schools receive counseling services in Anchorage and every school without counselors has asked for these services.

Bill 195 will help provide counselors.

I urge your support of Bill 195.

Sincerely,

Lynn C Berkow

LYNN & JAY BERKOW  
3400 KOROVIN BAY CIRCLE  
ANCHORAGE, AK 99515  
U.S.A.

April 2, 1991

Dear Senator Sturgulewski,

I go to Gladys Wood Elementary School and I'm concerned about some of the kids going to my school.

Many of us have big emotional problems and need help. We need someone to talk to and someone to help us work out our problems. We need a school counselor.

We already have someone who comes in one day a week. That's not enough. We need someone to come in and be there for us any time we need them.

I think a school counselor would have helped a friend of mine a few years ago.

When I was in the third grade (I'm in sixth grade now) I had a split class. There was a fourth grader in my class, I can't tell you his name. One day after lunch he ran away from school. The principal had to call the police to find him. Well he had had some very bad family problems. I think that if given a choice, he would have gone to

see a counsellor, rather than  
running away.

There are quite a few kids  
in my class this year that need  
some help now.

One boy in my class breaks  
into tears and runs to hide  
in the bathroom everytime you  
raise your voice at him.

A few kids in my class are  
not easy to get along with and  
have no friends. I think that  
if they had a counsellor to  
talk with and make friends with,  
they would have an easier  
time being with people.

All I'm asking is that you  
hire a few more people, put them  
through training, and give them  
to different schools.

After all, the future relies  
on the children of today.

Yours Truly,  
Christie J. Watson

P.S. The reason I can't tell  
you the boy's name is I don't  
think he would want anyone  
else to know.

# NIKISKI JR/SR HIGH SCHOOL

"Home of the Bulldogs"

Pouch 12000 - Nikiski, Alaska 99635

Phone: (907)776-3456

*Clifford D. Koivisto, Principal*  
*Donald P. Giaze, Assistant Principal*

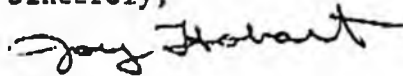
*Carol Tauriainen-Ernst, Counselor*  
*Joy Hobart, Counselor*

Dear Senator Sturgelewski,

SB 195 is essential in maintaining the effectiveness of educational counseling in Alaska through the Alaska School Counseling Program. I urge you to pass out of committee SB 195.

Thank you for your consideration in this important matter.

Sincerely,



Joy Hobart

Post-It™ brand fax transmittal memo 7671 # of pages > 1

To Sturgelewski	From Hobart
Co. Senate	Co. Nikiski High
Dept.	Phone 776-3456
Fax # 465-3810	Fax # 776-3486



# Soldotna High School

425 W. Marydale Ave.  
Soldotna, AK 99669  
(907) 262-7411  
FAX (907) 262-4288

Ken Meacham  
Principal  
Mark Norgren  
Assistant Principal  
David McCard  
Athletic/Activities

Kenai Peninsula Borough School District

April 3, 1991

To: Senator Sturgelewski, *Chair*

From: Dennis Dunn, Counselor

Subject: Senate Bill 195

I am writing to urge you to pass out of your committee Senate Bill 195, an act creating the Alaska School Counseling Program Grant Fund. Our district has been involved with the Alaska School Counseling Program and have found it to be effective program.

Thank you for your time and consideration.

Sincerely,

Dennis Dunn, Counselor

**Funded by**

Funds for this project are provided through the Carl D. Perkins Vocational Act of 1984, administered through the Department of Education, Office of Adult and Vocational Education, and coordinated by South East Regional Resource Center.

**Contact**

For more information on this project contact:

**Project Coordinator**  
Suzan VanBeaver

**Public Relations**  
Heidi Rocheleau

**S.E.R.R.C.**  
210 Ferry Way, Suite 200  
Juneau, AK 99801



# Alaska School Counseling Program

**Purpose**

The Alaska School Counseling Program provides help to school districts in developing, implementing, and evaluating comprehensive K-12 school counseling services.

**Why**

From a school board, administrative, teacher, counselor, parent and student perspective there has been a lack of definition as to what a counseling program should consist of in Alaska.

**Who Developed the Guide?**

The Alaska School Counseling Program Guide was developed by a task force of 12 school counselors and counseling coordinators, lead by an acknowledged national counseling leader, Dr. Norm Gysbers.

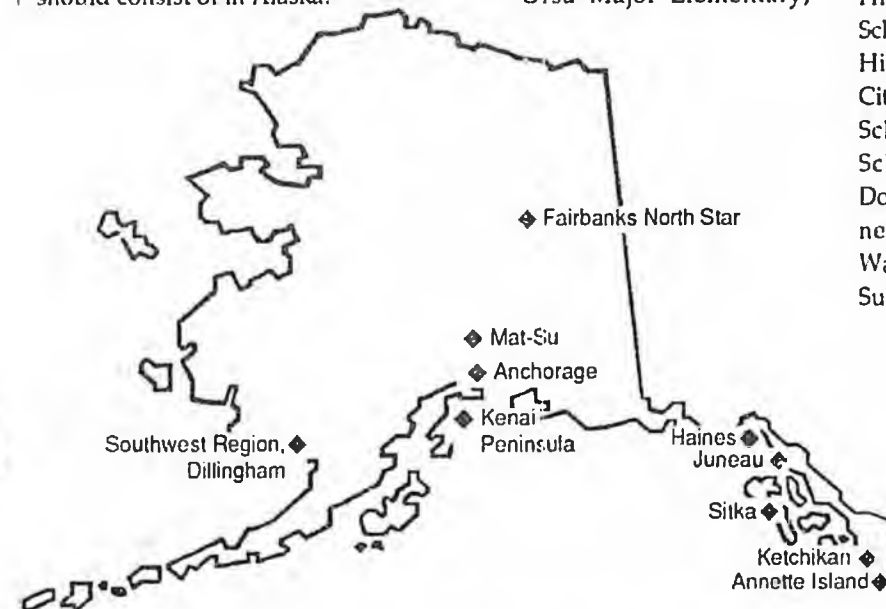
**Pilots**

12 pioneering schools, seven of whom were selected as funded pilot sites and five who volunteered, implemented and tested the ASCP in 1989. 1990 successfully brings them into their second year. Additionally, seven new sites have been selected to begin their first year of implementation.

Second year sites include: Ursa Major Elementary,

Anchorage School District; Metlakatla K-12, Annette Island Schools; North Pole High School, Fairbanks North Star Borough School District; Schoenbar Junior High School, Ketchikan Gateway Borough Schools; Homer High School, Kenai Peninsula Borough Schools; Kenai Central, Kenai Peninsula Borough Schools; Nikolaevsk High School, Kenai Peninsula Borough Schools; Seward Jr/Sr High School, Kenai Peninsula Borough Schools; Sitka High School, Sitka Borough Schools; Southwest Region Itinerant K-12, Southwest Region Schools.

First year sites include: Chugiak High School, Anchorage School District; Service High School, Anchorage School District; East High School, Anchorage School District; Dillingham High School, Dillingham City Schools; Haines High School, Haines Borough School District; Juneau Douglas High School, Juneau Borough Schools; Wasilla High School, Mat-Su Borough Schools.



# Teamwork Spells Success

Below: Basic Elements of the  
Alaska School Counseling  
Program

## Basic Elements of ASCP

### PROGRAM

Structure, Processes & Time	Content	Resources																								
<ul style="list-style-type: none"> <li>• <b>Structural Components</b> <ul style="list-style-type: none"> <li>Definition &amp; Philosophy</li> <li>Facilities</li> <li>Advisory Council</li> <li>Resources</li> <li>Staffing Pattern</li> <li>Budget</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Components and Sample Processes</b> <ul style="list-style-type: none"> <li><u>Counseling Curriculum</u> <ul style="list-style-type: none"> <li>Structured Groups</li> <li>Classroom Presentations</li> </ul> </li> <li><u>Individual Student Planning</u> <ul style="list-style-type: none"> <li>Advisement</li> <li>Assessment</li> <li>Placement</li> </ul> </li> <li><u>Responsive Services</u> <ul style="list-style-type: none"> <li>Personal Counseling</li> <li>Crisis Counseling</li> <li>Referral</li> </ul> </li> <li><u>System Support</u> <ul style="list-style-type: none"> <li>Program Management</li> <li>Consultation with Teachers</li> <li>Community Outreach</li> <li>Public Relations</li> <li>Parent Outreach</li> <li>District Committees</li> <li>Research and Development</li> <li>Staff and Community Relations</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Resources</b> <ul style="list-style-type: none"> <li><u>Human</u> <ul style="list-style-type: none"> <li>Counselors</li> <li>Teachers</li> <li>Administrators</li> <li>Parents</li> <li>Students</li> <li>Community Personnel</li> <li>Business Personnel</li> </ul> </li> <li><u>Political</u> <ul style="list-style-type: none"> <li>Policies</li> <li>Rules</li> <li>Laws</li> </ul> </li> </ul> </li> </ul>																								
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### Curriculum Development

1989 showed successful results. Alaska's school counselors, in collaboration with state and national agencies have successfully produced the following needed counseling materials:

- *AKCIS Learning Handbook*
- *Counseling Curriculum Materials Matrices*
- *School Counseling Program Sample Needs Assessment*
- *Scope and Sequence for Counseling Curriculum*

Listed below are groups and agencies who have worked for the success of the Alaska School Counseling Program:

- *ASCP Pilot Sites*
- *AOICC (Alaska Occupational Information Coordinating Committee, Department of Labor)*
- *South Central Summer School Academy*
- *NOICC (National Occupational Information Coordinating Committee)*
- *Department of Education, AKCIS, EPS, OAVE*
- *ASCA (Alaska School Counselors Association)*
- *South East Regional Resource Center*

basic elements

ascp

### National Focus

In 1989, NOICC (National Occupational Information Coordinating Committee) selected Alaska as one of 10 states to implement the National Career Development Guidelines. As a result, the national student competencies were infused into the new ASCP counseling curriculum, Scope and Sequence. A Learning Activities Handbook for AKCIS was also reinstated to provide curriculum activities, grades 7-12, for all the goals listed in the ASCP Scope and Sequence, Area II, Developing Competencies in Career/Life Planning.

### Scope and Sequence

Dr. Christine Jensen,  
Department of Education,  
(907) 465-2841

### Learning Activities Handbook

Jan Smith,  
Department of Education,  
(907) 465-4685

*Alaska School Counseling Guide*  
Vocational Education Library,  
Department of Education,  
(907) 465-4685