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FISCAL NOTE

STATE OF ALASKA
1991 LEGISLATIVE SESSION

BILL NOCS SB 176

Revision Date: _____ Department Affected: Education
 Title: Health Education BRU: Educational Program Support
 Component: Basic Education and Instructional Improvement
 Sponsor: Pearce
 Requestor: Pearce COMPONENT SERIAL NO.

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Expenditures/Revenues: (Thousands of Dollars)

OPERATING	FY 92	FY 93	FY 94	FY 95	FY 96	FY 97
PERSONAL SERVICES	59.1	59.1	59.1	59.1	59.1	59.1
TRAVEL	4.1	4.1	4.1	4.1	4.1	4.1
CONTRACTUAL	59.0	59.0	59.0	59.0	59.0	59.0
SUPPLIES	.5	.5	.5	.5	.5	.5
EQUIPMENT	5.0					
LAND & STRUCTURES						
GRANTS, CLAIMS	100.0	100.0	100.0	100.0	100.0	100.0
MISCELLANEOUS						
TOTAL OPERATING	227.7	222.7	222.7	222.7	222.7	222.7

CAPITAL						
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REVENUE						
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FUNDING: (Thousands of Dollars)

GENERAL FUND	227.7	222.7	222.7	222.7	222.7	222.7
FEDERAL FUNDS						
OTHER						
TOTAL	227.7	222.7	222.7	222.7	222.7	222.7

POSITIONS:

FULL-TIME	1	1	1	1	1	1
PART-TIME						
TEMPORARY						

Estimate of current year impact: None

ANALYSIS: (Attach a separate page if necessary.)

This fiscal analysis assumes the deletion of Section 6 requirements for tracking students as a means of evaluating the effectiveness of health education programs.

Prepared By: Mary Hakala Phone: 465-2300
 Division: Commissioner's Office Date: 4/10/91
 Approved by Commissioner: Steve Holes Acting Commissioner
 Agency: Education Date: 4/10/91

Distribution (by preparer): Legislative Finance, Legislative Sponsor, Requestor, CMB, & Impacted Agency(ies).

Narrative Outline - Fiscal Note for CS SB 176

YEAR I:

100 \$59,070. 1 FTE Health Education Specialist II

200 \$4,100. 5 trips for technical assistance & training

300 \$ 59,000.

Phone/postage/xerox (1,000.)

Fiscal Management/accounting (8,000.)

Staff Development Program:

Local school inservices - training fees and expenses for experts to provide local assistance in comprehensive health and wellness through the Talent Bank (8,000.)

Five-day summer teacher training for elementary teachers - training fees, materials (20,000.) (Based on actual costs for the "Growing Healthy" teacher trainings.)

Audioconference to provide technical assistance to schools (1,000.)

Alaska Staff Development Network Summer Academies.

Anchorage/Fairbanks/Juneau - training/consultant fees for all three sessions with an emphasis on secondary teachers (15,000.)

Resource materials, curriculum/activity guides (6,000.)

400 \$500. Supplies

500 \$5,000. Word Processor (year 1 only)

700 \$100,000. Incentive mini-grants for staff development and training - teacher release time, travel, program revision/implementation.

Total \$227,700.

FISCAL NOTE

STATE OF ALASKA
1991 LEGISLATIVE SESSION

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 Component: Basic Education and Instructional Improvement
 Sponsor: Pearce
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Expenditures/Revenues: (Thousands of Dollars)

OPERATING	FY 92	FY 93	FY 94	FY 95	FY 96	FY 97
PERSONAL SERVICES	59.1	59.1	59.1	59.1	59.1	59.1
TRAVEL	4.1	4.1	4.1	4.1	4.1	4.1
CONTRACTUAL	59.0	59.0	59.0	59.0	59.0	59.0
SUPPLIES	.5	.5	.5	.5	.5	.5
EQUIPMENT	5.0					
LAND & STRUCTURES						
GRANTS, CLAIMS	100.0	100.0	100.0	100.0	100.0	100.0
MISCELLANEOUS						
TOTAL OPERATING	327.7	322.7	322.7	322.7	322.7	322.7

CAPITAL						
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REVENUE						
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FUNDING: (Thousands of Dollars)

GENERAL FUND	327.7	322.7	322.7	322.7	322.7	322.7
FEDERAL FUNDS						
OTHER						
TOTAL	327.7	322.7	322.7	322.7	322.7	322.7

POSITIONS:

FULL-TIME	1	1	1	1	1	1
PART-TIME						
TEMPORARY						

Estimate of current year impact: None

ANALYSIS: (Attach a separate page if necessary.)

This fiscal analysis assumes the need to develop a student tracking system which would be necessary under Section 6 of the bill.

Prepared By: Mary Hakala Phone: 465-2800
 Division: Commissioner's Office Date: 4/10/91
 Approved by Commissioner: Steve Hake, Acting Commissioner
 Agency: Education Date: 4/10/91

Distribution (by preparer): Legislative Finance, Legislative Sponsor, Requestor, CMB, & Impacted Agency(ies).

Narrative Outline - Fiscal Note for SB 176

YEAR I:

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Audioconference to provide technical assistance to schools (1,000.)

Alaska Staff Development Network Summer Academies, Anchorage/Fairbanks/Juneau - training/consultant fees for all three sessions with an emphasis on secondary teachers (15,000.)

Resource materials, curriculum/activity guides (6,000.)

Evaluation development & implementation - formative & summative (100,000.)

400 \$500. Supplies

500 \$5,000. Word Processor (year 1 only)

700 \$100,000. Incentive mini-grants for staff development and training - teacher release time, travel, program revision/implementation.

Total \$327,700.

Alaska State Legislature

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During Session:
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Senator Drue Pearce
District G

MEMORANDUM

TO: Senator Arliss Sturgulewski, Chair
Health Education & Social Services Committee

FROM: Senator Drue Pearce *Drue Pearce*

DATE: April 15, 1991

RE: Sponsor Statement on the CS for SB 176

The fundamental intention of this legislation is to provide students throughout their entire public education with comprehensive and sequential instruction in health education. The objective is to provide and reinforce students with accurate information about healthy living, so they will be able to embrace healthy lifestyles. By mandating school districts to structure a curriculum throughout K-12, we will ensure that our children receive the information that is necessary to avoid the dangers that exist in our society.

It is also the intent of this legislation to allow the entire community to have input into the development of the health education curriculum. The bill allows for the establishment of advisory committees which encourages the involvement of parents and other interested community members.

Although this legislation provides for flexibility, there are subjects outlined in this legislation that must be included and addressed within the curriculum. Parents who feel that the information included in the proposed curriculum dealing with reproductive health is objectionable, may exempt their children from this portion of the instruction.

If we hope to secure the future of our children, continuous comprehensive health education is essential. Information is the only way to combat the whole array of problems facing the youth of today. The age-old belief of leaving this type of education in the home, is no longer able to equip children with the necessary defenses. It is our responsibility and obligation to provide this information.

Thank you.

Alaska State Legislature

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Senator Drue Pearce
District G

MEMORANDUM

SUBJECT: Comprehensive Health Education for K-12
(CS for SB 176)

TO: Senator Arliss Sturgulewski, Chair
Health Education & Social Services Committee

FROM: Senator Drue Pearce *Drue Pearce*

DATE: April 12, 1991

The following is a sectional analysis of CS for SB 176:

Section 1. This purpose section explains that the objective of this legislation is to develop an educational program to help society learn responsible behavior by grasping a comprehensive understanding of health principles. Also in this section, to support the primary purpose, is the coordination of government agencies in the development of this education and an encouragement to the University of Alaska to add a health education course to the core education curriculum.

Section 2. Amends Sec.14.08.115. to include a suggestion of establishing health education curriculum advisory committees to the currently required advisory school boards.

Subsection (a) Gives the option to regional school boards to establish advisory health education curriculum advisory committees.

Subsection (b) is amended to allow the advisory committees established in (a) to advise the regional school board on the health education curriculum.

Section 3. Amends Sec.14.12.035. to allow for the establishment of advisory committees in borough school districts.

Section 4. Amends current AS 14.30.360. to expand the requirements relating to students and educational programs, specifically the health education program standards, to include the new Sec.14.30.360.-Sec.14.30.380. which are new subsections dealing with health education and created by this legislation.

Section 5. Requires the board to develop curriculum guidelines for health education programs and to make them available to school districts. The board should consider and distribute to school district the programs of other states.

Section 6. Creates Sec.14.30.362. which outlines the required health education program.

Subsection (a) requires school districts to provide comprehensive health instruction covering the subjects of community health, consumer health, family health and human sexuality, reproductive health, human growth and development, nutritional health, personal health and physical fitness, prevention and control of diseases including AIDS, substance abuse, dental health, mental health and suicide prevention.

Subsection (b) requires the governing body to establish a health education advisory board. The health education program should also develop specific methods to encourage parental and community participation in curriculum development.

Subsection (c) requires students to take an examination after receiving instruction in health education.

Sec.14.30.364. Requires the department to provide funding and appropriate staff activities to ensure the education personnel are well trained. The staff development program must include age appropriate information about teen pregnancy, health issues, and health resources.

Sec.14.30.366. (a) requires school principals to develop a method of notifying parents about the content of the materials used in health education. This notice must be provided sufficiently in advance of the course to allow the parents the ability to exempt their children.

Subsection (b) requires the principal to exempt the child in a non-embarrassing fashion after a parent requests their child removal.

Section 7. Amends AS 14.30.370 which is statute that evaluates the current health education programs through physical and dental examination the students undergo through 14.30.070 and 14.30.380.

Section 8. Adds a new section to article 4 of AS 14.30. which defines the terms used in the other new sections this bill creates. "Comprehensive health education" means health education

in a school setting to maintain reinforce and enhance health attitudes, responsible behavior, good health and maintenance and disease prevention. This education must be done in an age appropriate, sequential way. "Reproductive health education," means instruction in human physiology, conception, prenatal care and development, fetal alcohol syndrome, childbirth, and postnatal care.

Section 9. Provides for a transition period in which each school district shall begin development of the comprehensive health education program required above by July 1, 1992 and shall have this in place by August 1, 1994.

RECOMMENDATION:

Require that each school district provide comprehensive, sequential, age-appropriate, culturally relevant, school health education in grades K-12.

Issue

Currently, Alaska Statutes encourage, but do not require, public school health and personal safety education. Although most school districts in the state report that they do have a "program" in health education, the instruction in many cases tends to be sporadic, incomplete, culturally insensitive, and/or taught by teachers lacking appropriate training in health education. Often, reproductive health issues are omitted altogether. In general, youth have no opportunity to become informed about inter-related health issues, nor to learn skills to enhance their health and prevent a variety of self-defeating events, including adolescent pregnancy.

Implementation

- 1) The health education curriculum guidelines will be established by the State Board of Education, but the specific curriculum will be developed by each school district.
- 2) Each school district must establish a health education advisory committee.
- 3) Regardless of specific curriculum, the following topics will be addressed:
 - a) community health
 - b) consumer health
 - c) dental health
 - d) family health and human sexuality
 - e) human growth and development
 - f) mental and emotional health, including suicide prevention
 - g) nutrition
 - h) personal health and physical fitness
 - i) prevention and control of diseases
 - j) safety first aid and injury control
 - k) substance use and abuse, including alcohol and drug related birth defects

4) Districts' programs will include specific ways to assist parents and other members of the community to participate in health and personal safety education.

5) Parents or guardians will have the option to exempt their child from part or all of the reproductive health portions of the curriculum. If exercising this option, the parent or guardian must make arrangements for the student to acquire the knowledge in some other way. All students will be required to pass an examination on this portion of the curriculum.

6) An in-service program which includes age-appropriate information about student pregnancy, student health issues and local community health resources shall be required. In addition, training and periodic staff development for administrators and teachers will be provided.

7) A transition period for implementing the health curriculum in schools will be determined by the State Board of Education.

Cost

Funding for the implementation of this recommendation could be accomplished through: 1) local district funds; 2) increased foundation funding; 3) increased categorical funding; or 4) a combination of any of the three.

Benefits

In the short term, a required K-12 sequential, comprehensive, health education program in schools will maximize the likelihood for youth to acquire the knowledge and skills necessary for living healthy, stable lives. When given the opportunity to learn about health with peers in school, especially when combined with interaction with parents and/or other caring adults, more young people will be able to recognize and effectively deal with the circumstances in their lives which could lead to early pregnancy and related consequences. In addition, this is an opportunity for adults to become more involved and informed about children's issues and to develop their own skills in guiding youth.

The expected long term benefits of implementing this recommendation include a reduction of adolescent births (and adolescent pregnancies, although this cannot be adequately measured), more positive outcomes of adolescent pregnancies, and a population of future adults better prepared to contribute to the society in which they live.



NEA-ALASKA

AFFILIATED WITH THE NATIONAL EDUCATION ASSOCIATION

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March 29, 1991

To: **Senator Sturgulewski, Chair
Members, Senate HESS Committee**

Re: **SB 176; "An Act relating to health education."**

NEA-Alaska supports and strongly encourages your favorable consideration of SB 176. We commend the sponsor for her attention to this critical issue.

While we are generally resistant to curriculum mandates which derive from the Legislature since program and policy are more appropriately the responsibility of the state board of education, quality health education is so vitally important to the future of every child. It is also in the long term public interest of everyone in Alaska.

The program components which are referenced in Section 5 of the bill are all essential. Many are "traditional responsibilities" of the family but an ever changing society is creating the need that public education place more emphasis on them.

More and more young people come from dysfunctional families and/or circumstances of disadvantage which means that this kind of information will, in many instances, be totally missing in their formative years. We have an obligation to make sure they have the opportunity to know and fully understand the circumstances which impact their daily lives.

This legislation appropriately "protects" the interests of parents who prefer a different option for the health education of their children. The provision for a curriculum advisory committee enhances the probability that the actual curriculum will truly reflect the attitudes and mores of the local community.

We encourage that the Committee recommend that additional financial and human resources be available to school districts as they impiement these curriculum requirements over the long term.

Thank you for your consideration of our position and recommendations.

Respectfully submitted,

Bob Manners
Executive Director

Don Oberg
President

cc: **Senator Pearce**