

HB

7

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\* HB 7     An Act relating to public school health and  
personal safety education.

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# HOUSE COMMITTEE REPORT

(7)

Date Referred: January 21, 1991

FURTHER REFERRALS:

Finance

Date of Committee Action: 3/12/91

The HEALTH, EDUCATION AND SOCIAL SERVICES Committee considered:

HB 7

HOUSE BILL NO. 7

PUBLIC SCHOOL HEALTH AND SAFETY EDUCATION

"An Act relating to public school health and personal safety education."

**RECOMMENDATIONS:**

be replaced with CSHB 7 (HES)

the same title

a new title

have attached amendments(s)

do pass

do not pass

no recommendations

individual recommendations

additional referral to the \_\_\_\_\_ Committee

ADOPTS: HES letter of Intent

ATTACHES NEW FISCAL NOTE(S): \_\_\_\_\_ (Dept)

APPROVES PREVIOUS: \_\_\_\_\_ (Dept/Date)

fiscal impact \_\_\_\_\_

fiscal note(s) \_\_\_\_\_

zero fiscal note \_\_\_\_\_

zero fiscal note(s) \_\_\_\_\_

**SIGNING DO PASS:**

**SIGNING OTHER RECOMMENDATIONS:**

|                      | Check appropriate column: | Do Not Pass | No Rec                              | Amend |
|----------------------|---------------------------|-------------|-------------------------------------|-------|
| <i>Cherie Davis</i>  |                           |             |                                     |       |
| <i>Bettye Davis</i>  |                           |             |                                     |       |
| <i>Mark Hanley</i>   |                           |             | <input checked="" type="checkbox"/> |       |
| <i>J. C. Douglas</i> |                           |             | x                                   |       |
| <i>Patricia Lee</i>  |                           |             | ✓                                   |       |
|                      |                           |             |                                     |       |
|                      |                           |             |                                     |       |
|                      |                           |             |                                     |       |
|                      |                           |             |                                     |       |
|                      |                           |             |                                     |       |

*Patricia Lee*  
Chairman's Signature

# Alaska State Legislature

REPRESENTATIVE  
MARK BOYER

VICE-CHAIRMAN  
HOUSE FINANCE COMMITTEE



House of Representatives

FAIRBANKS

1098 LAKEVIEW TERRACE  
FAIRBANKS, ALASKA 99701  
(907) 456-6473

JUNEAU

P.O. BOX V  
STATE CAPITOL  
JUNEAU, ALASKA 99811  
(907) 465-3466

## MEMORANDUM

DATE: January 29, 1991

TO: Representative Pat Carney, Co-Chair  
Representative Georgianna Lincoln, Co-Chair  
House HESS Committee

FROM: Representative Mark Boyer *MB*

RE: Scheduling of HB 7

I would like to request that the HESS Committee hear HB 7, relating to public school health and personal safety education, at your earliest convenience.

Last year the House passed HB 325. HB 7 represents the House passed version of that bill as amended on the floor. This bill would mandate age appropriate health and personal safety education for Alaska's school children K-12. With passage of this legislation, a statewide health and personal safety curriculum would become part of each school district's program. Last year the State Board of Education and the Department of Education endorsed the bill, joining a host of other organizations and individuals concerned with how prepared our young Alaskans are to deal with the issue addressed by this bill. I have spoken with Bob Manners of NEA and his organization continues to support this legislation. (list of supporters attached)

The Child Advocacy Network and the Resource Center for Parents and Children in Fairbanks were strong proponents of the bill last year. HB 7 contains a measure which fosters the cooperative relationship between family and school on behalf of the students. Teachers and counselors that have studied and worked with "youths at risk" believe there is a definite need for this type of legislation.

Attached is a brief outline of the bill and other back-up materials. If I can provide you with additional information, please do not hesitate to call my office at 465-3467. My legislative staff person, Alexis Miller, will be the contact person on this issue.

FAIRBANKS 20B

HB 7 (Healthy Student Bill)  
Sectional Analysis

Section 1.

Defines the purpose of the bill: to foster the development and understanding of health principles and problems and responsible personal behavior.

Section 2.

Requires that the borough school district shall establish a health education curriculum advisory committee.

Section 3.

Allows the school district to establish other advisory school boards or curriculums. The board will prescribe their manner of selection, organization, powers, and duties by regulation.

Section 4.

Requires each school district to initiate and conduct a program in comprehensive health education for K-12. Outlines the curriculum required under this program. The program must include age appropriate instruction in the following areas:

- 1) physical health
- 2) personal safety
- 3) first aid
- 4) human growth and development
- 5) mental and emotional health

The program must also include training, support groups and pertinent literature designed to assist parents and community members to participate in health and personal safety education. A district curriculum and materials must be developed in conjunction with the advisory committee. Method to notify parents about human growth and development program and option for parents to exempt child from this portion of the program.

Adds language to require the Department of Public Safety to provide assistance to school districts in the development of personal safety curriculum.

Section 5.

Defines new terms and areas covered under program:  
family health, health and personal safety education,  
pregnancy prevention, and reproductive health.

Section 6.

Requires each district to start development of a health  
education curriculum by July 1, 1991 and have a program  
in place by August 1, 1993.

Note: Current law says the program should include instruction  
in physical health and personal safety including alcohol and  
drug abuse; CPR; early cancer prevention and detection, dental  
health, family health, environmental health; identification  
and prevention of child abuse, child abduction, neglect,  
sexual abuse and domestic violence; and appropriate use of  
health services.

SUPPORTERS OF HB 7 - HEALTHY STUDENT BILL

Department of Education  
National Education Association  
Alaska Native Health Board  
Alaska State School Board  
Church Women United in Alaska  
Department of Public Safety  
Resource Center for Parents and Children  
Alaska Council of School Administrators  
Alaska Health Education Consortium  
Medical Advisory Committee of the Anchorage School District  
Action for Alaska's Children  
Access Alaska  
Arctic Alliance for People  
American Lung Association of Alaska  
North and Northwest Alaska Mayor's Conference  
Bristol Bay Area Health Corporation  
American Association of University Women  
A.W.A.R.E., Inc.  
Planned Parenthood of Alaska  
Fairbanks Native Association, Inc.  
Volunteers of America  
Central Council, Tlingit and Haida Indian Tribes of Alaska  
Sitka Teen Resource Center  
Bering Sea Women's Group  
Governor's Health Care Commission



# NEA-ALASKA

AFFILIATED WITH THE NATIONAL EDUCATION ASSOCIATION

## ANCHORAGE REGIONAL OFFICE

1411 W. 33RD AVENUE  
ANCHORAGE, ALASKA 99503  
(907) 274-0536  
FAX: (907) 274-0551

## JUNEAU OFFICE

105 MUNICIPAL WAY, SUITE 302  
JUNEAU, ALASKA 99801  
(907) 586-3090  
FAX: (907) 586-2744

## FAIRBANKS REGIONAL OFFICE

2118 CUSHMAN STREET  
FAIRBANKS, ALASKA 99701  
(907) 456-4435  
FAX: (907) 456-2159

February 26, 1991

To: **Representatives Carney and Lincoln, Co-Chairs  
Members, House HESS Committee**

Re: **HB 7: "An Act relating to public school health and safety education."**

NEA-Alaska supports and strongly encourages your favorable consideration of HB 7. We commend the sponsor for his attention to a very critical issue.

Generally, NEA-Alaska is resistant to legislative curriculum mandates because of the potential for so many different issues to become a part of such a process.

However, effective health education is such an important part of every child's future and their potential to live full and productive lives. Therefore, it is also in the long term public interest of everyone in Alaska.

Societal problems referenced in Section 4 of the bill continue to increase each year. Our society has, and will continue to change relative to the "traditional roles" of family and church in dealing with many of these issues.

More and more young people come from dysfunctional families and/or circumstances of disadvantage which means that this kind of information will, in many instances, be totally missing in their formative years. We have an obligation to make sure they have the opportunity to know and fully understand the circumstances which impact their daily lives.

The requirement of training and provision for support groups and development of pertinent literature is an integral part of making this effective legislation. It should also be emphasized that this legislation more than adequately "protects" those parents who prefer options for their children.

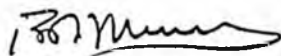
The provision for a curriculum advisory committee enhances the probability that the actual curriculum will truly reflect the attitudes and mores of the local community.

We do encourage that the Committee give some consideration to the probability that many school districts may need additional resources, human and financial, for the long term implementation of this legislation.

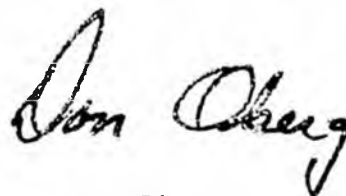
In closing, it is appropriate to emphasize that HB 7 effectively anticipates the "potential concerns" of the various interests in our society including the governmental agencies as well.

We hope that you will give it favorable consideration. Thank you for your consideration of our position.

Respectfully submitted,



Bob Manners  
Executive Director



Don Oberg  
President

cc: **Representative Boyer**

Febr

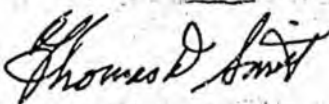
Alaskan State Legislature  
House of Representatives  
RE: House Bill 7

My name is Thomas D. Smith, a proud Alaskan, former high school teacher, Baptist ministers son, and living with full blown AIDS for four years. During the past year since I sat within these chambers, I have addressed countless civic, private, schools, organizations within the health care field, and even the Alaskan Correctional System regarding sexually transmitted diseases, HIV/AIDS, alcohol and drug issues regarding healthy judgements and preventative measures that can be taken immediately. House Bill Seven addresses these and other health issues at the heart of the endangered population.....our youth.

By implementing public health education within the educational system, even with no financial attachment, the principles and education to practice and learn healthy skills and the judgemental process conducive to personal well-being will result in better academic and personal self esteem performance and achievements. As a member of the Alaskan Health Consortium and through my direct personal contact I am aware of the importance and results of educated-cautious students who can enter adulthood with the facts and face the world with intelligent choices of nutrition, healthy habits and cautious behavior to the dangers provided them within our State.

We can make a difference by giving the information to process and make correct health decisions. I full heartedly support House Bill Seven and it's principles.

Thank you,



Thomas D. Smith  
504 B Kennedy St.  
Juneau, AK. 99801  
(907) 463-5688



ALASKA ASSOCIATION OF ELEMENTARY SCHOOL PRINCIPALS  
ALASKA ASSOCIATION OF SECONDARY SCHOOL PRINCIPALS  
ALASKA ASSOCIATION OF SCHOOL ADMINISTRATORS

• ALASKA COUNCIL OF SCHOOL ADMINISTRATORS •  
326 Fourth St., Suite 408, Juneau, AK 99801-1101 (907) 586-9702 FAX (907) 586-5879

## HOUSE BILL 7

### POSITION STATEMENT

"An Act relating to public school health and personal safety education."

The Alaska Council of School Administrators is vitally concerned about mandated curriculum of this nature and therefore opposes HB 7.

School districts already have school boards and community advisory committee requirements as a result of other legislation successfully passed by previous legislatures. To begin to think about adding another mandated advisory board to an already established requirement for insuring public impute is adding a tremendous burden to the communities which are served by the schools.

Secondly, school districts have not received any increased funding for the past five years. They have received additional reporting requirements and requirements for additional inservice education for the staff and administration which are added costs to the district. We feel that if districts are to be given the responsibility to re-allocate existing resources to sustain existing programs in all areas of the curriculum, mandating an additional requirement in any area is an unfair burden districts must carry.

While the issues spoken to in the concept of health and personal safety are so important to the lives of young children, so are many other basic aspects of a child's learning. We need to concentrate on the whole child as we are designing future expectations for schools.

# Alaska Health Education Consortium

## Position on Comprehensive School Health Education February 1991

The Alaska Health Education Consortium is a statewide organization of over 70 individuals and agencies dedicated to creating knowledgeable choices for optimum health.

Throughout the organization's 15-year history, it has endorsed comprehensive school health education programs for all students in Alaska's public and private schools. A resolution to this effect was passed in 1984. Today, we reaffirm this position and urge the passage of statewide legislation and funding to support comprehensive school health education in Alaska.

Comprehensive school health education programs should be required in Alaska because local school districts currently have a piecemeal approach and research has shown this to be ineffective in actually promoting behavior change. This lack of an integrative approach exacerbates a wide range of preventable health and social problems in our communities. Heart disease, cancer, alcohol abuse and injuries are the leading causes of death in Alaska, many of which can be prevented. While not a panacea, a prevention approach is a far more effective and efficient use of State funds than the current "bandaid" approach.

"Comprehensive school health education" means health education in a school setting that is planned, implemented and evaluated to maintain, reinforce or enhance the health related skills, knowledge, attitudes and practices of children that are conducive to their good health. It is continued from kindergarten through grade 12 in a sequential, developmentally appropriate manner. National professional school health education organizations recognize the 10 following topical areas: alcohol/tobacco and other drug use & abuse, safety & first aid, prevention & control of disease, personal health, community & environmental health, consumer health, family life, human growth & development, nutrition, and mental & emotional health. Additionally, current research indicates that the following factors, which we support, contribute to the success of school health education programs: trained teachers, adequate time, parental and community involvement, local control and skill-based learning activities.

A sound comprehensive school health education program will help students function at optimal levels. It will help schools succeed in reaching the outcome objectives for public education, as proposed by the State Board of Education. It can effect positive changes in student knowledge, attitudes, and behavior, with longterm benefits to the individual, family, community and state.

In addition to the national support for required health education, there is broad-based support in Alaska. It is consistent with the current recommendations set forth by the Alaska State PTA, the Alaska Federation of Natives, the Alaska Children's Commission, the Alaska Adolescent Pregnancy & Parenthood Task Force and many other organizations. It is now time to act upon this recognized need in a unified, committed manner.

FISCAL NOTE

STATE OF ALASKA  
1991 LEGISLATIVE SESSION

BILL NO. HB 7

Revision Date: \_\_\_\_\_ Department Affected: Education  
 Title: Public School Health and Personal Safety Education BRU: Educational Program Support  
 Component: Basic Education & Instructional Support  
 Sponsor: Boyer  
 Requestor: Boyer COMPONENT SERIAL NO. 

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|--|--|--|--|

Expenditures/Revenues: (Thousands of Dollars)

| OPERATING              | FY 92        | FY 93        | FY 94        | FY 95        | FY 96        | FY 97        |
|------------------------|--------------|--------------|--------------|--------------|--------------|--------------|
| PERSONAL SERVICES      | 71.7         | 75.3         | 75.3         | 75.3         | 75.3         | 75.3         |
| TRAVEL                 | 8.1          | 13.6         | 13.6         | 13.6         | 13.6         | 13.6         |
| CONTRACTUAL            | 55.9         | 55.9         | 55.9         | 55.9         | 55.9         | 55.9         |
| SUPPLIES               | .5           | .5           | .5           | .5           | .5           | .5           |
| EQUIPMENT              | 8.3          |              |              |              |              |              |
| LAND & STRUCTURES      |              |              |              |              |              |              |
| GRANTS, CLAIMS         | 100.0        | 100.0        | 100.0        | 100.0        | 100.0        | 100.0        |
| MISCELLANEOUS          |              |              |              |              |              |              |
| <b>TOTAL OPERATING</b> | <b>244.5</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> |

|         |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|
| CAPITAL |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|

|         |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|
| REVENUE |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|

FUNDING: (Thousands of Dollars)

|               |              |              |              |              |              |              |
|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| GENERAL FUND  | 244.5        | 245.3        | 245.3        | 245.3        | 245.3        | 245.3        |
| FEDERAL FUNDS |              |              |              |              |              |              |
| OTHER         |              |              |              |              |              |              |
| <b>TOTAL</b>  | <b>244.5</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> |

POSITIONS:

|           |   |   |   |   |   |   |
|-----------|---|---|---|---|---|---|
| FULL-TIME | 1 | 1 | 1 | 1 | 1 | 1 |
| PART-TIME | 1 | 1 | 1 | 1 | 1 | 1 |
| TEMPORARY |   |   |   |   |   |   |

Estimate of current year impact: none

ANALYSIS: (Attach a separate page if necessary.)

See attached analysis.

Prepared By: Mary Hakala Phone: 465-2800  
 Division: Commissioner's Office Date: 2/26/91  
 Approved by Commissioner: Steve Hole, Acting Commissioner  
 Agency: Education Date: 2/26/91

Distribution (by preparer): Legislative Finance, Legislative Sponsor, Requestor, OMB, & Impacted Agency(ies).

Narrative Outline - Fiscal Note for H.B.7

YEAR 1:

|         |            |   |
|---------|------------|---|
| 100     | \$71,708.  | 1 FTE Education Specialist II - Health Education (59,070.)<br>.5 FTE Clerk Typist III (12,638.)   |
| 200     | \$8,100.   | 10 trips for technical assistance & coordination  |
| 300     | \$55,890.  | phone/postage (2,900.)<br>xerox (1000.)<br>contracts: <ul style="list-style-type: none"> <li>• Summer Institutes of 3 weeks for 20 practicing elementary teachers who would serve as building level "teacher leaders" - covers instructor fees and expenses, materials and partial scholarships for participants (17,000.)</li> <li>• Local school inservices - training fees and expenses for experts to provide local assistance in comprehensive health and wellness through Talent Bank (4,000.)</li> <li>• audioconferencing line fees (990.)</li> <li>• Develop and produce materials for parents and community members to encourage participation in health education (10,000.)</li> </ul> |
|         |            | Year 1 only <ul style="list-style-type: none"> <li>• Develop and produce three Health Fair learning centers to encourage parents and other community members to participate in comprehensive school health education (20,000.)</li> </ul>   |
| 400     | \$500.     | Supplies  |
| 500     | \$8340.    | Year 1 only: (1.5 computer workstations @ \$4560 each equals \$6840, \$1500 for desk, chair, bookshelf, phone)  |
| 700     | \$100,000. | Incentive mini-grants to local school sites for revising and implementing comprehensive health education curriculum (e.g. curriculum revisions, teacher in-service.)  |
| Total = | \$244,538. | Year 1  |

YEARS 2-5:

|         |           |  |
|---------|-----------|--|
| 100     | \$75,295  | Includes 5% adjustment for merit and cost of living increases  |
| 200     | \$13,600  | Include Year 1 as base plus travel for other educators to provide on-site assistance (5100.)   |
| 300     | \$55,580  | Replaces Year 1 costs for Health Fair Parent Education Module development with additional Teacher Training Institutes at regional locations (\$20,000) |
| 400     | \$500     | Same as Year 1   |
| 700     | \$100,000 | Same as Year 1   |
| Total = | \$244,975 | Year 2. Years 3-5 would reflect the same level of service.   |

CS FOR HOUSE BILL NO. 7 ( )  
 IN THE LEGISLATURE OF THE STATE OF ALASKA  
 SEVENTEENTH LEGISLATURE - FIRST SESSION

BY

Offered:

Referred:

Sponsor(s): REPRESENTATIVES BOYER, Brown, Ulmer, Ellis, B.Davis

A BILL

FOR AN ACT ENTITLED

1 "An Act relating to public school health and personal safety education."

2 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:

3 \* Section 1. PURPOSE. The purpose of this Act is to

4 (1) foster the development and dissemination of educational activities and materials that  
 5 will assist students, teachers, administrators, and parents in the perception, appreciation, and  
 6 understanding of health principles and problems, and responsible personal behavior,

7 (2) bring the appropriate agencies of government into the process of developing and  
 8 implementing health and personal safety education.

9 \* Sec. 2. AS 14.08.115 is amended to read:

10 Sec. 14.08.115. ADVISORY SCHOOL BOARDS AND COMMITTEES IN REGIONAL  
 11 EDUCATIONAL ATTENDANCE AREAS. (a) A regional school board shall establish advisory  
 12 school boards and health education curriculum advisory committees in each community in  
 13 the regional educational attendance area that has more than 50 permanent residents, and by  
 14 regulation shall prescribe their manner of selection and organization, and, in a manner consistent

1 with (b) of this section, their powers and duties.

2 (b) An advisory board shall advise the regional school board on all matters concerning  
3 schools in the community in which the advisory board is established. A health education  
4 curriculum advisory committee shall advise the regional school board on the health  
5 education curriculum at schools in the community in which the committee is established.

6 \* Sec. 3. AS 14.12.035 is amended to read:

7 Sec. 14.12.035. ADVISORY SCHOOL BOARDS AND COMMITTEES IN BOROUGH  
8 SCHOOL DISTRICTS. A borough school district board ~~shall establish a health education~~  
9 curriculum advisory committee and may establish other advisory school boards or  
10 committees, and by regulation shall prescribe their manner of selection, organization, powers,  
11 and duties.

12 \* Sec. 4. AS 14.30.360 is amended to read:

13 Sec. 14.30.360. CURRICULUM. (a) Each district in the state public school system shall  
14 [BE ENCOURAGED TO] initiate and conduct a program in comprehensive health education for  
15 kindergarten through grade 12. The program must [SHOULD] include

16 (1) age appropriate instruction in physical health and personal safety including

17 (A) alcohol and substance [DRUG] abuse and fetal alcohol syndrome  
18 education;

19 (B) first aid, including cardiopulmonary resuscitation (CPR);

20 (C) human growth and development, including human sexuality,  
21 reproductive health, pregnancy prevention, prevention and control of diseases,  
22 including acquired immune deficiency syndrome and other sexually transmitted  
23 diseases;

24 (D) mental and emotional health, including suicide prevention;

25 (E) [,] early cancer prevention and detection, nutrition, dental health,  
26 family health, environmental health;

27 (F) [,] the identification and prevention of child abuse, child abduction,  
28 neglect, and sexual abuse, and domestic violence; [,] and

29 (G) appropriate use of health services;

30 (2) training, support groups, and pertinent literature designed to assist  
31 parents and other members of the community to participate in health and personal safety

1 education;

2 (3) a district curriculum and curriculum materials developed in conjunction  
3 with the district health education curriculum advisory committee; and

4 (4) a method of notifying parents of students of the content of instructional  
5 materials used in the human growth and development program and of the parents' option  
6 to exempt their child from human growth and development instruction; a district shall use  
7 procedures to provide that students exempted from the program are not embarrassed by  
8 the exemption.

9 (b) The state board shall establish guidelines for a comprehensive health and personal  
10 safety education program. Personal safety guidelines shall be developed in consultation with the  
11 Council on Domestic Violence and Sexual Assault. Upon request, other agencies of state  
12 government [THE DEPARTMENT OF EDUCATION, THE DEPARTMENT OF HEALTH  
13 AND SOCIAL SERVICES, AND THE COUNCIL ON DOMESTIC VIOLENCE AND SEXUAL  
14 ASSAULT] shall provide technical assistance to school districts in the development of personal  
15 safety curricula. A school health and personal safety education specialist position shall be  
16 established and funded in the department to coordinate the program statewide. Adequate funds  
17 to enable curriculum and resource development, adequate consultation to school districts, and a  
18 program of [TEACHER] training and periodic staff development for administrators and  
19 teachers in health and personal safety education shall be provided.

20 \* Sec. 5. AS 14.30.360 is amended by adding a new subsection to read:

21 (c) In this section,

22 (1) "family health" includes

23 (A) an understanding of the physical, mental, emotional, social, economic,  
24 and psychological aspects of close personal relationships and an understanding of the  
25 physiological, psychological, and cultural foundations of human development;

26 (B) the development of responsible personal values and behavior and the  
27 establishing of a strong family life for students in the future, with emphasis on the  
28 responsibilities of parenting;

29 (C) knowledge of the law relating to the sexual conduct of minors and  
30 sexual abuse of minors, including criminal sexual conduct;

31 (2) "health and personal safety education" includes health education in a school

1 setting that is planned and carried out with the purpose of maintaining, reinforcing, or enhancing  
2 the health, health-related skills, and health attitudes and practices of children and youth that are  
3 conducive to their good health and that promote wellness, health maintenance, and disease  
4 prevention; it includes age-appropriate, sequential instruction in health either as part of an  
5 existing course or as a special course;

6 (3) "pregnancy prevention" includes

7 (A) abstaining from sexual activity until marriage;

8 (B) skills to enable students to resist peer pressure and abstain from sexual  
9 activity;

10 (C) methods of contraception, and the risks and benefits of each method;

11 (4) "reproductive health" includes human physiology, conception, prenatal care  
12 and development, fetal alcohol syndrome, childbirth, and postnatal care.

13 \* Sec. 6. TRANSITION. Each district shall begin development of the comprehensive health  
14 education curriculum required by this Act by July 1, 199<sup>2</sup>~~1~~, and shall have in place a program of  
15 comprehensive health education required by this Act by August 1, 199<sup>4</sup>~~1~~.

CS FOR HOUSE BILL NO. 7 ( )  
IN THE LEGISLATURE OF THE STATE OF ALASKA  
SEVENTEENTH LEGISLATURE - FIRST SESSION

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6 understanding of health principles and problems, and responsible personal behavior;

7 (2) bring the appropriate agencies of government into the process of developing and  
8 implementing health and personal safety education;

9 (3) encourage the University of Alaska to add a three-credit course in health education  
10 and a three-credit course in personal safety education to the core requirements for a degree in elementary  
11 or secondary education.

12 \* Sec. 2. AS 14.08.115 is amended to read:

13 Sec. 14.08.115. ADVISORY SCHOOL BOARDS AND COMMITTEES IN REGIONAL  
14 EDUCATIONAL ATTENDANCE AREAS. (a) A regional school board shall establish advisory

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11 SCHOOL DISTRICTS. A borough school district board shall establish a health education  
12 curriculum advisory committee and may establish other advisory school boards or  
13 committees, and by regulation shall prescribe their manner of selection, organization, powers,  
14 and duties.

15 \* Sec. 4. AS 14.30.360 is repealed and reenacted to read:

16 Sec. 14.30.360. CURRICULUM. (a) Each district in the state public school system  
17 shall initiate and conduct a program in comprehensive health education for kindergarten through  
18 grade 12. The program must include

- 19 (1) age appropriate instruction in physical health and personal safety including  
20 (A) alcohol and substance abuse and fetal alcohol syndrome education;  
21 (B) first aid, including cardiopulmonary resuscitation (CPR);  
22 (C) human growth and development, including human sexuality, repro-  
23 ductive health, pregnancy prevention, prevention and control of diseases, including  
24 acquired immune deficiency syndrome and other sexually transmitted diseases;  
25 (D) mental and emotional health, including suicide prevention;  
26 (E) early cancer prevention and detection, nutrition, dental health, family  
27 health, environmental health;  
28 (F) the identification and prevention of child abuse, child abduction,  
29 neglect, and sexual abuse, and domestic violence; and  
30 (G) appropriate use of health services;  
31 (2) training, support groups, and pertinent literature designed to assist parents and

1 other members of the community to participate in health and personal safety education;

2 (3) a district curriculum and curriculum materials developed in conjunction with  
3 the district health education curriculum advisory committee; and

4 (4) a method of notifying parents of students of the content of instructional  
5 materials used in the human growth and development program and of the parents' option to  
6 exempt their child from human growth and development instruction; a district shall use proce-  
7 dures to provide that students exempted from the program are not embarrassed by the exemption.

8 (b) The board shall establish guidelines for a comprehensive health and personal safety  
9 education program. Upon request, agencies of state government shall provide technical assistance  
10 to school districts in the development and delivery of personal safety curricula. A school health  
11 and personal safety education specialist position shall be established and funded in the department  
12 to coordinate the program statewide. Adequate funds to enable curriculum and resource develop-  
13 ment, adequate consultation to school districts, and a program of training and periodic staff devel-  
14 opment for administrators and teachers in health and personal safety education shall be provided.

15 The board shall develop

16 (1) personal safety guidelines in consultation with the Council on Domestic  
17 Violence and Sexual Assault, the Department of Public Safety, the Department of Transportation  
18 and Public Facilities, and other appropriate state agencies;

19 (2) health education guidelines in consultation with the Department of Education,  
20 the Department of Health and Social Services, the University of Alaska, and other appropriate  
21 state agencies.

22 \* Sec. 5. AS 14.30.360 is amended by adding a new subsection to read:

23 (c) In this section,

24 (1) "family health" includes

25 (A) an understanding of the physical, mental, emotional, social, economic,  
26 and psychological aspects of close personal relationships and an understanding of the  
27 physiological, psychological, and cultural foundations of human development;

28 (B) the development of responsible personal values and behavior and the  
29 establishing of a strong family life for students in the future, with emphasis on the  
30 responsibilities of parenting;

31 (C) knowledge of the law relating to the sexual conduct of minors and

1 sexual abuse of minors, including criminal sexual conduct;

2 (2) "health and personal safety education" includes health education in a school  
3 setting that is planned and carried out with the purpose of maintaining, reinforcing, or enhancing  
4 the health, health-related skills, and health attitudes and practices of children and youth that are  
5 conducive to their good health and that promote wellness, health maintenance, and disease  
6 prevention; it includes age-appropriate, sequential instruction in health either as part of an  
7 existing course or as a special course;

8 (3) "pregnancy prevention" includes

9 (A) abstaining from sexual activity until marriage;

10 (B) skills to enable students to resist peer pressure and abstain from sexual  
11 activity;

12 (C) methods of contraception, and the risks and benefits of each method;

13 (4) "reproductive health" includes human physiology, conception, prenatal care  
14 and development, fetal alcohol syndrome, childbirth, and postnatal care.

15 \* Sec. 6. TRANSITION. Each school district shall begin development of the comprehensive health  
16 education curriculum required by this Act by July 1, 1992, and shall have in place a program of  
17 comprehensive health education required by this Act by August 1, 1994.

18 \* Sec. 7. REPORT. The Legislative Research Agency shall conduct a survey of a representative  
19 sample of school districts to determine the cost of implementing health and personal safety education  
20 curricula in a school district. The survey shall be conducted in the fall of 1992 and be submitted to the  
21 legislature by February 15, 1993.

*The DOE shall report back to the legislature  
by March, 1993 on the progress each school district has made in  
implementing this act.*

Letter of Intent for CSHB 7 (HESS)

It is the intent of the Legislature in requiring the creation of health education curriculum advisory committees to allow communities to decide whether to establish separate health curriculum advisory committees or to work within the confines of existing advisory school boards for the purpose of advising on matters related to health education. It is not the intent of the Legislature to discourage smaller communities with populations under 50 from developing a health curriculum, but rather those communities may work within the school system already in place.

It is further the intent of the Legislature to encourage the university system to add a course in health education and a course in public safety to the core requirements for a degree in education, at both the elementary and secondary level. Additionally, teachers applying for recertification should be encouraged to take health and personal safety courses. Teacher aides and student teachers, as part of their teaching practicum, should have to develop and participate in health and personal safety lesson plans while in the classroom.

It is further the intent of the Legislature that all appropriate departments and divisions within the State work with school districts to develop and deliver an appropriate health and personal safety curriculum for each community. The Department of Education and the Department of Health and Social Services should be consulted regularly to determine the best approach and the most current methods for teaching health and personal safety.

It is further the intent of the Legislature that the transitional period included in HB 7 provide for time to develop this curriculum.

Finally, it is the intent of the Legislature to conduct a review of the costs associated with providing comprehensive health and personal safety education and to make recommendations to the appropriate committees regarding the impact of the curriculum on the educational instructional unit.

CS FOR HOUSE BILL NO. 7 ( )

IN THE LEGISLATURE OF THE STATE OF ALASKA

SEVENTEENTH LEGISLATURE - FIRST SESSION

BY

Offered:

Referred:

Sponsor(s): REPRESENTATIVES BOYER, Brown, Ulmer, Ellis, B.Davis

A BILL

FOR AN ACT ENTITLED

1 "An Act relating to public school health and personal safety education."

2 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:

3 \* Section 1. PURPOSE. The purpose of this Act is to

4 (1) foster the development and dissemination of educational activities and materials that  
5 will assist students, teachers, administrators, and parents in the perception, appreciation, and  
6 understanding of health principles and problems, and responsible personal behavior;

7 (2) bring the appropriate agencies of government into the process of developing and  
8 implementing health and personal safety education;

9 (3) encourage the University of Alaska to add a three-credit course in health education  
10 and a three-credit course in personal safety education to the core requirements for a degree in elementary  
11 or secondary education.

12 \* Sec. 2. AS 14.08.115 is amended to read:

13 Sec. 14.08.115. ADVISORY SCHOOL BOARDS AND COMMITTEES IN REGIONAL  
14 EDUCATIONAL ATTENDANCE AREAS. (a) A regional school board shall establish advisory

1 school boards and health education curriculum advisory committees in each community in  
2 the regional educational attendance area that has more than 50 permanent residents, and by  
3 regulation shall prescribe their manner of selection and organization, and, in a manner consistent  
4 with (b) of this section, their powers and duties.

5 (b) An advisory board shall advise the regional school board on all matters concerning  
6 schools in the community in which the advisory board is established. A health education  
7 curriculum advisory committee shall advise the regional school board on the health  
8 education curriculum at schools in the community in which the committee is established.

9 \* Sec. 3. AS 14.12.035 is amended to read:

10 Sec. 14.12.035. ADVISORY SCHOOL BOARDS AND COMMITTEES IN BOROUGH  
11 SCHOOL DISTRICTS. A borough school district board shall establish a health education  
12 curriculum advisory committee and may establish other advisory school boards or  
13 committees, and by regulation shall prescribe their manner of selection, organization, powers,  
14 and duties.

15 \* Sec. 4. AS 14.30.360 is repealed and reenacted to read:

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17 shall initiate and conduct a program in comprehensive health education for kindergarten through  
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 9 education program. Upon request, agencies of state government shall provide technical assistance  
 10 to school districts in the development and delivery of <sup>health and</sup> personal safety curricula. A school health  
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 12 to coordinate the program statewide. Adequate funds to enable curriculum and resource develop-  
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18 \* Sec. 7. REPORT; SURVEY. The Department of Education shall report back to the legislature by  
19 March 1, 1993, on the progress each district has made in implementing this Act. The Legislative  
20 Research Agency shall conduct a survey of a representative sample of school districts to determine the  
21 cost of implementing health and personal safety education curricula in a school district. The survey shall  
22 be conducted in the fall of 1992 and be submitted to the legislature by February 15, 1993.

FISCAL NOTE

STATE OF ALASKA  
1991 LEGISLATIVE SESSION

BILL NO. CSHB 7 (HESS)

Revision Date: \_\_\_\_\_ Department Affected: Education  
 Title: Public School Health and Personal Safety Education BRU: Educational Program Support  
 Component: Basic Education & Instructional Support  
 Sponsor: Boyer  
 Requestor: Boyer COMPONENT SERIAL NO. 

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Expenditures/Revenues: (Thousands of Dollars)

| OPERATING              | FY 92        | FY 93        | FY 94        | FY 95        | FY 96        | FY 97        |
|------------------------|--------------|--------------|--------------|--------------|--------------|--------------|
| PERSONAL SERVICES      | 71.7         | 75.3         | 75.3         | 75.3         | 75.3         | 75.3         |
| TRAVEL                 | 8.1          | 13.6         | 13.6         | 13.6         | 13.6         | 13.6         |
| CONTRACTUAL            | 55.9         | 55.9         | 55.9         | 55.9         | 55.9         | 55.9         |
| SUPPLIES               | .5           | .5           | .5           | .5           | .5           | .5           |
| EQUIPMENT              | 8.3          |              |              |              |              |              |
| LAND & STRUCTURES      |              |              |              |              |              |              |
| GRANTS, CLAIMS         | 100.0        | 100.0        | 100.0        | 100.0        | 100.0        | 100.0        |
| MISCELLANEOUS          |              |              |              |              |              |              |
| <b>TOTAL OPERATING</b> | <b>244.5</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> |

|         |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|
| CAPITAL |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|

|         |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|
| REVENUE |  |  |  |  |  |  |
|---------|--|--|--|--|--|--|

FUNDING: (Thousands of Dollars)

|               |              |              |              |              |              |              |
|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| GENERAL FUND  | 244.5        | 245.3        | 245.3        | 245.3        | 245.3        | 245.3        |
| FEDERAL FUNDS |              |              |              |              |              |              |
| OTHER         |              |              |              |              |              |              |
| <b>TOTAL</b>  | <b>244.5</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> | <b>245.3</b> |

POSITIONS:

|           |   |   |   |   |   |   |
|-----------|---|---|---|---|---|---|
| FULL-TIME | 1 | 1 | 1 | 1 | 1 | 1 |
| PART-TIME | 1 | 1 | 1 | 1 | 1 | 1 |
| TEMPORARY |   |   |   |   |   |   |

Estimate of current year impact: none

ANALYSIS: (Attach a separate page if necessary.)

See attached analysis.

Prepared By: Mary Hakala Phone: 465-2800  
 Division: Commissioner's Office Date: 3/12/91  
 Approved by Commissioner: Steve Hole, Acting Commissioner  
 Agency: Education Date: 3/12/91

Distribution (by preparer): Legislative Finance, Legislative Sponsor, Requestor, OMB, & Impacted Agency(ies).

Narrative Outline - Fiscal Note for CSHB 7 (HESS)

|                |            |   |
|----------------|------------|---|
| <u>YEAR 1:</u> |            |   |
| 100            | \$71,708.  | 1 FTE Education Specialist II - Health Education (59,070.)<br>.5 FTE Clerk Typist III (12,638.)   |
| 200            | \$8,100.   | 10 trips for technical assistance & coordination  |
| 300            | \$55,890.  | phone/postage (2,900.)<br>xerox (1000.)<br>contracts: <ul style="list-style-type: none"> <li>• Summer Institutes of 3 weeks for 20 practicing elementary teachers who would serve as building level "teacher leaders" - covers instructor fees and expenses, materials and partial scholarships for participants (17,000.)</li> <li>• Local school inservices - training fees and expenses for experts to provide local assistance in comprehensive health and wellness through Talent Bank (4,000.)</li> <li>• audioconferencing line fees (990.)</li> <li>• Develop and produce materials for parents and community members to encourage participation in health education (10,000.)</li> </ul> |
|                |            | Year 1 only <ul style="list-style-type: none"> <li>• Develop and produce three Health Fair learning centers to encourage parents and other community members to participate in comprehensive school health education (20,000.)</li> </ul>   |
| 400            | \$500.     | Supplies  |
| 500            | \$8340.    | Year 1 only: (1.5 computer workstations @ \$4560 each equals \$6840, \$1500 for desk, chair, bookshelf, phone)  |
| 700            | \$100,000. | Incentive mini-grants to local school sites for revising and implementing comprehensive health education curriculum (e.g. curriculum revisions, teacher in-service.)  |
| Total =        | \$244,538. | Year 1  |

YEARS 2-5:

|         |           |  |
|---------|-----------|--|
| 100     | \$75,295  | cludes 5% adjustment for merit and cost of living increases  |
| 200     | \$13,600  | clude Year 1 as base plus travel for other educators to provide on-site assistance (5100.)   |
| 300     | \$55,580  | Replaces Year 1 costs for Health Fair Parent Education Module development with additional Teacher Training Institutes at regional locations (\$20,000) |
| 400     | \$500     | Same as Year 1   |
| 700     | \$100,000 | Same as Year 1   |
| Total = | \$244,975 | Year 2. Years 3-5 would reflect the same level of service.   |