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HOUSE COMMITTEE REPORT

(7)

Date Referred: April 29, 1989

FURTHER REFERRALS: FINANCE

Date of Committee Action: 2/2/90

The HEALTH, EDUCATION, & SOCIAL SERVICES Committee considered: HB 325

HOUSE BILL NO. 325 [PUBLIC SCHOOL HEALTH & SAFETY EDUCATION]
"An Act relating to public school health and personal safety education."

RECOMMENDATIONS:

- be replaced with CSHB 325 (HESS) the same title
 a new title
 have attached amendment(s)
 do pass
 do not pass
 no recommendation
 individual recommendations
 additional referral to the _____ Committee

ADOPTS: _____ letter of intent

ATTACHES NEW FISCAL NOTE(s):
(Dept)

APPROVES PREVIOUS:

(Date/Dept)

- fiscal impact DOE
 zero fiscal note _____
 zero with analysis _____

- fiscal note(s) _____
 zero fiscal note(s) _____
 zero fn/analysis _____

SIGNING DO PASS:

J. Ellis
Mark Boyer
R. Shinkens
P. J. ...

SIGNING:

(Check approp. column)

	Do Not Pass	No Rec	Amend
<u>J. Ellis</u>		<input checked="" type="checkbox"/>	
<u>Cheri Davis</u>		<input checked="" type="checkbox"/>	

J. Ellis
Chairman's Signature

FISCAL NOTE

REQUEST:

Revision Date: 2/1/90
Title: Public School Health and Personal Safety Education
Sponsor: Boyer
Requestor: House HESS

Agency Affected: Education
BRU: Educational Program Support
Components: Basic Education

EXPENDITURES/REVENUES: (Thousands of Dollars)

OPERATING	FY 91	FY 92	FY 93	FY 94	FY 95	FY 96
PERSONAL SERVICES	72.5	74.5	76.2	78.3	80.1	82.4
TRAVEL	6.6	11.7	11.7	11.7	11.7	11.7
CONTRACTUAL	55.9	55.9	55.9	55.9	55.9	55.9
SUPPLIES	5	5	5	5	5	5
EQUIPMENT						
LAND & STRUCTURES						
GRANTS, CLAIMS	100.0	100.0	100.0	100.0	100.0	100.0
MISCELLANEOUS						
TOTAL OPERATING	240.6	242.6	244.3	246.4	248.2	250.5

CAPITAL						
---------	--	--	--	--	--	--

REVENUE						
---------	--	--	--	--	--	--

FUNDING: (Thousands of Dollars)

GENERAL FUND	240.6	242.6	244.3	246.4	248.2	250.5
FEDERAL FUNDS						
OTHER						
TOTAL						

POSITIONS:

FULL-TIME	1	1	1	1	1	1
PART-TIME	1	1	1	1	1	1
TEMPORARY						

ANALYSIS : (Attach a separate page if necessary)

See attached

Prepared by: Mary Hakala
Division: Commissioner's Office

Phone: 465-2800
Date: 2/1/90

Approved by Commissioner: William G. Demmert
Agency: Education

Date: 2/1/90

Distribution (by preparer):
Legislative Finance
Legislative Sponsor
Requestor
Office of Management and Budget
Impacted Agencies)

Narrative Outline - Fiscal Note for H.B.325
Alternative #1

Personal Services	72,483.	1 FTE Education Specialist II - Health Education (58,287.) .5 FTE Clerk Typist III (14,196.) Note: Fiscal note assumes merit for the full time position
Travel	6,640.	10 trips for technical assistance & coordination Years 2-5: additional travel for Specialist and other educators to provide on-site assistance (5100.)
Contractual	55,890.	phone/postage (2,900.) xerox (1000.) contracts: <ul style="list-style-type: none"> • Summer Institutes of 3 weeks for 20 practicing elementary teachers who would serve as building level "teacher leaders" - covers instructor fees and expenses, materials and partial scholarships for participants (17,000.) • Local school inservices - training fees and expenses for experts to provide local assistance in comprehensive health and wellness through Talent Bank (4,000.) • audioconferencing line fees (990.) • Develop and produce materials for parents and community members to encourage participation in health education (10,000.) <p>Year 1 only • Develop and produce three Health Fair learning centers to encourage parents and other community members to participate in comprehensive school health education (20,000.)</p> <p>Years 2-5 • Same as above plus additional Training Institutes at regional locations (\$20,000)</p>
Commodities	500.	Supplies
	500	5100. Year 1 only: Two computer workstations (1800 each); desk, chair, bookcase & phone (1500)
	700	100,000. Incentive mini-grants to local school sites for implementing comprehensive health promotion activities
Total =		\$240,613.

STATE OF ALASKA

DEPARTMENT OF EDUCATION

OFFICE OF THE COMMISSIONER

STEVE COWPER, GOVERNOR

GOLDBELT PLACE
801 WEST 10TH STREET
P.O. BOX F
JUNEAU, ALASKA 99811-0500

Position Paper on HB 325

Second Session
16th Alaska Legislature

The State Board of Education supports the concept of HB 325 which would require school districts to adopt a comprehensive K-12 health education curriculum.



William G. Demmert
Commissioner

2-1-90

Date



ANCHORAGE
SCHOOL DISTRICT

4600 DeBarr Avenue
P.O. Box 196614
Anchorage, Alaska 99519-6614
AREA CODE [907] 333-9561

Medical Advisory Committee

January 24, 1990

REC'D JAN 29 1990

SCHOOL BOARD

William Frick
President

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Vice President
Past President
1985-88

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1983-84, 1986-87

Sharon Richards

SUPERINTENDENT

William Coats, Ph.D.

The Honorable Johnny Ellis
P.O. Box V
Alaska State Legislature
Juneau, AK. 99811

Dear Mr. Ellis,

The Medical Advisory Committee of the Anchorage School District supports comprehensive health education for Kindergarten through 12th grade students in House Bill 325.

*Jim
bill file*

Sincerely,

James Patterson, MD
Chairman, Medical
Advisory Committee

ANCHORAGE SCHOOL DISTRICT
Curriculum and Instructional Services
Health Services Department

MEDICAL ADVISORY COMMITTEE 1989-90

James H. Patterson, M.D., Chairman
3500 LaTouche
Anchorage, AK. 99508
Phone: 562-2969

James Singleton, D.D.S.
Alaska Native Medical Center
P.O. Box 107741
Anchorage, AK. 99510
Phone: 257-1215

William Miner, M.D.
Alaska Native Medical Center
Box 107741 Pediatrics Dept.
Anchorage, AK. 99510
Phone: 279-6661

Jean Wolf, Division Manager
Dept. of Health & Human
Services
P.O. Box 196650
Anchorage, AK. 99519-6650
Phone: 343-4607

Charles Ryan, M.D.
Providence Medical Office Building
3340 Providence Dr. Suite 466
Anchorage, AK. 99508
Phone: 562-2423

John Stamm, Ph.D.
Psychological Services,
Supervisor
Whaley Center
Phone: 274-4582

Jennifer Christian, M.D.
Dept. Health & Human Services
P.O. Box 196650
Anchorage, AK. 99519-6650
Phone: 343-6730

Ruth Keitz, Exec. Dir.
Curriculum & Instructional
Services
Administration Building
Phone: 269-2201

William J. Mills, M.D.
742 K Street
Anchorage, AK. 99501
Phone: 272-7451

Tom Bibeau
Risk Manager
Administration Building
Phone: 269-2257

Marianne von Hippel, M.D.
Providence Medical Building
3340 Providence Dr., Suite 555
Anchorage, AK. 99508
Phone: 561-1174

John Dohohue
Elementary Principal
Aurora - 753-6223
Gov't Hill - 277-4223

Bonnie Hemry, M.D.
USAF Hospital/SGHMP Pediatrics
Elmendorf AFB, AK. 99506
Phone: 552-5456

Janice Bates, RN, Supervisor
Health Services
Phone: 269-2215

HB 325

I work with teens in classrooms as a guest speaker on issues of sexuality and teen relationships.

It is my experience that teens respond thoughtfully and enthusiastically to a speaker who is comfortable presenting accurate, comprehensive information and is knowledgeable in the area of teen psychology.

During my presentation, teens surprise their regular instructors by remaining quiet and asking questions of the presenter. They feel free to explore their belief systems because of the frankness of the presenter when discussing real life situations. Repeatedly, teens are calling for accurate information about contraceptives, building values, abortions, homosexuality and teen pregnancy. They say "get real" to school districts who seek to limit information discussed in the classroom. They say they would never reveal a pregnancy to a school nurse who was obliged to report to their parent, thereby missing an important link in services. Most cases, school nurses are able to help a child talk with parents, but only if she comes to the nurse's office in the first place.

Parents try to satisfy their children's curiosity about the world, but when these children become adolescents their curiosity is suddenly a threat. When they want data with which to make decision - we don't give it to them. Instead we allow them to be barraged with social messages extolling the idea that sex sells. If they wanted to drive a car, would we hide driving manuals? Sure some teens would stay home, but most would climb behind the wheel anyway, even without the knowledge.

In my experience, teens make the best decisions when they know the truth and see it demonstrated by trusted adults. They need facts. The school is the standard depository of the truth, outside of the home and church. Most children don't get information about sexuality at home, and perhaps an edited version at church.

Kids need a teacher who is expert and comfortable with the topic. The instructor should be a trained health or sex ed teacher in a paid position.

Kids need to feel free to speak about current issues such as homosexuality, extra marital sex, values, contraceptives, and abortion. The teacher can offer abstinence as an ideal value, but also needs to explore with students their thinking on other values.

This information, like most of the input in a child's life, needs to be provided early - beginning in grade school in a developmentally appropriate form.

Males and females need to be together to discuss much of the material so that they can receive adequate feedback and explore gender differences.

Parents need training in talking to their children at home about sexuality, as most adults aren't accepting of or comfortable with their own sexuality and have difficulty speaking about it.

Better a healthy prevalence of sexual messages than an unhealthy one!

*Kelli Mahoney
925 Lone Cub Way
Wasilla AK*

FISCAL NOTE

REQUEST:

Revision Date: _____
Title: Public School Health and
Personal Safety Education
Sponsor: Boyer
Requestor: House HESS

Agency Affected: Education
BRU: Educational Program Support
Components: Basic Education

EXPENDITURES/REVENUES: (Thousands of Dollars)

OPERATING	FY 91	FY 92	FY 93	FY 94	FY 95	FY 96
PERSONAL SERVICES	72.5	74.5	76.2	78.3	80.1	82.4
TRAVEL	6.6	11.7	11.7	11.7	11.7	11.7
CONTRACTUAL	32.9	32.9	50.0	50.0	50.0	50.0
SUPPLIES	.5	.5	.5	.5	.5	.5
EQUIPMENT	5.1					
LAND & STRUCTURES						
GRANTS, CLAIMS						
MISCELLANEOUS						
TOTAL OPERATING	117.6	119.6	138.4	140.5	142.3	144.6
CAPITAL						
REVENUE						

FUNDING: (Thousands of Dollars)

GENERAL FUND	117.6	119.6	138.4	140.5	142.3	144.6
FEDERAL FUNDS						
OTHER						
TOTAL						

POSITIONS:

FULL-TIME	1	1	1	1	1	1
PART-TIME	1	1	1	1	1	1
TEMPORARY						

ANALYSIS : (Attach a separate page if necessary)

See Attached.

Prepared by: Toni Kahklen-Jones Phone: 465-2830
Division: Educational Program Support Date: 1/22/90
Approved by Commissioner: William G. Demmert Date: 1/22/90
Agency: Education

Distribution (by preparer):

Legislative Finance
Legislative Sponsor
Requestor
Office of Management and Budget
Impacted Agency(ies)

Narrative Outline - Fiscal Note for H.B.325
Alternative #2

Personal Services	72,483.	1 FTE Education Specialist II - Health Education (58,287.) .5 FTE Clerk Typist III (14,196.) Note: Fiscal note assumes merit increases for the full time position
Travel	6,640.	10 trips for technical assistance & coordination
Contractual	32,900.	phone/postage (2,900.) xerox (1000.) Year 1 & 2: • Summer Institutes of 3 weeks for 20 practicing elementary teachers who would serve as building level "teacher leaders" - covers instructor fees and expenses, materials and partial scholarships for participants (15,000.) • Local school inservices - training fees and expenses for speakers in comprehensive health and wellness through Talent Bank (4,000.) • Develop and produce materials for parents and community members to encourage participation in health education (10,000.) Years 3-5: • Same as above plus additional Training Institutes at regional locations (\$17,100)
Commodities	500.	Supplies
Equipment	5100.	Year 1 only: (two computer workstations (1800 each), 1500. desk, chair, bookshelf, phone)

Total = \$117,623. for Year One

576EPSHLM
1/23/90

Position Title Education Specialist II - Health Educator		No. of Positions 1	Range/Step 21/A	Hrg. Unit CCU	
Time Status Fulltime	Staff Months 12.0	Location Juneau		Election District	
Type of Expenditure		Justification			
		<p>The position will be responsible for promoting health and wellness in school programs by:</p> <ul style="list-style-type: none"> * providing assistance to local districts in the area of curriculum development, teacher training, and evaluation of comprehensive school health programs, * analyzing the capacity of local programs on a statewide basis and design state level programs, and materials to address areas of common need, * coordinate with the university and with health agencies to promote appropriate training opportunities for teachers and instructional aides, * provide state level leadership to coordinate specific prevention programs, e.g., drug and alcohol abuse, HIV infection and teen pregnancy, into a comprehensive, school wide approach to health education and promotion, and, * develop and implement such grant programs and regulatory functions as are necessary to assure accountability. 			
Amount					
1	2				3
Salary	\$ 45,744				
Benefits	\$ 12,543				
Premium Pay					
Other					
Total Personal Services					\$ 58,287
Travel					
Contractual					
Commodities					
Equipment					
Other					
Total Cost					
Funding Source for Total Cost					
Federal Receipts	1002				
G. E. Match	1003				
General Fund	1004	\$ 58,287			
I-A Receipts	1006				
CIP Receipts	1061				
Other					

**Request For
New Position**

Agency Education
 BRU Educational Program Support
 Component Office of Basic Education

FY 90

Page of
 Revised Date

Position Title Clerk Typist III		No. of Positions 1	Range/Step 8/A	Barg. Unit CCU
Time Status Part Time	Staff Months 12.0	Location Juneau		Election District
Type of Expenditure		Amount		
1	2	3		
Salary	\$ 9789			
Benefits	\$ 4407			
Premium Pay				
Other				
Total Personal Services		\$ 14,196		
Travel				
Contractual				
Commodities				
Equipment				
Other				
Total Cost				
Funding Source for Total Cost				
Federal Receipts	1002			
G. E. Match	1003			
General Fund	1004	\$ 14,196		
I. A. Receipts	1006			
CIP Receipts	1061			
Other				

Justification

Clerical support is essential to the success of any program. The position will be responsible for all word processing, filing, mailouts, etc., in support of the health education efforts outlined in HB 325.

**Request For
New Position**

Agency Education
 BRU Educational Program Support
 Component Office of Basic Education

Page of
 Revised Date

FY 90

BILL NO: HB 325

DATE: January 22, 1990

TITLE: Public School Health and
Safety Education

CONTACT: Barbara Miklos
465-3456

DEPARTMENT OF
PUBLIC SAFETY

The Council on Domestic Violence and Sexual Assault supports HB 325 "An Act Relating to public school health and personal safety education". This bill requires school districts to initiate and conduct a program in comprehensive health education for kindergarten through grade 12. Present law "encourages" such a program. Included in the required curriculum is sexual abuse, domestic violence and parenting instruction.

At least 25% of the women in Alaska have been victims of domestic violence. More than a third of those women reported that their children were direct victims of violence, and all children raised in violent homes suffer emotional trauma. Nationally, at least 1/4 of girls and 1/10 of boys will be victims of child sexual abuse before they are 16. Children who are raised in violent families or other dysfunctional families often have poor role models for being parents. They should be taught how to parent so their children are protected from violence. In order to be able to protect themselves, know where to get help and/or prevent themselves from being caught up in domestic violence; children need information about these subjects.

Many schools are providing instruction in domestic violence, sexual assault, child abuse and parenting. However, many are not. In order to stop the cycles of violence, we must reach children in all schools. Therefore, the Council supports making health education and personal safety curriculum mandatory.

Arthur English
Commissioner

RECEIVED
FEBRUARY 23 1990

FISCAL NOTE

REQUEST:

Revision Date: _____
Title: Public School Health and Safety Education
Sponsor: Rep. Boyer, et al
Requestor: House HESS

Agency Affected: Public Safety
BRU: Council on Domestic Violence and Sexual Assault
Component: _____

EXPENDITURES/REVENUES: (Thousands of Dollars) (Inflation not included)

OPERATING	FY 91	FY 92	FY 93	FY 94	FY 95	FY 96
PERSONAL SERVICES						
TRAVEL						
CONTRACTUAL						
SUPPLIES						
EQUIPMENT						
LAND & STRUCTURES						
GRANTS, CLAIMS						
MISCELLANEOUS						
TOTAL OPERATING	0	0	0	0	0	0

CAPITAL	0	0	0	0	0	0
---------	---	---	---	---	---	---

REVENUE	0	0	0	0	0	0
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FUNDING: (Thousands of Dollars)

GENERAL FUND						
FEDERAL FUNDS						
OTHER/PROG RCPT						
TOTAL	0	0	0	0	0	0

POSITIONS:

FULL-TIME	0	0	0	0	0	0
PART-TIME	0	0	0	0	0	0
TEMPORARY	0	0	0	0	0	0

ANALYSIS: (Attach a separate page if necessary)

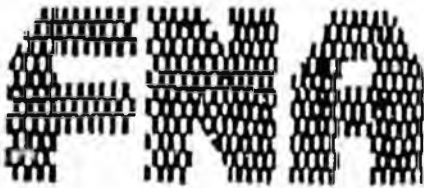
The Council would provide technical assistance in developing the curriculum. It will have no fiscal impact on the Department of Public Safety.

Prepared by: Barbara Miklos, Executive Director
Division: Council on Domestic Violence and Sexual Assault
Approved by Commissioner: Arthur English
Agency: Department of Public Safety

Phone: 465-4356
Date: 1/19/90
Date: _____
Page 1 of 1

11/21/90

REC'D OCT 19 1989



FAIRBANKS NATIVE ASSOCIATION, INC.

310 1/2 First Avenue
Fairbanks, Alaska 99701
Phone: (907) 452-1648 / 456-5151

October 9, 1989

Jim

The Honorable Johnny Ellis
Chairman, House Health, Education and
Social Services Committee
Alaska State Legislature
P.O. Box V (MS 3100)
Juneau, Alaska 99811

Dear Mr. Ellis:

This letter is in support of HB 325, "An Act relating to public school health and personal safety education".

Knowing how to establish and maintain a healthy lifestyle is of primary importance and is the first step in prevention. Ignorance of health issues such as Aids, substance abuse, reproductive health, and suicide prevention will only serve to perpetuate these rather than help young people make intelligent choices concerning their health and well-being.

At the Fairbanks Native Association we see many people who were not given the necessary tools and information early enough in life to enable them to make the choices which lead to a healthy lifestyle. The unfortunate results affect the clients themselves, they affect their families, their friends, and eventually the whole community. The costs in terms of lost human potential and the strain on the economy are immeasurable.

By focusing on prevention measures as early as possible, we will help our youth avoid many future hardships and problems. This can only have positive outcomes in terms of a generation better equipped to face the future, and a generation with the knowledge to develop a healthier lifestyle and thereby a healthier community. I hope you will work for the approval of HB 325.

Sincerely,

Samuel S. Demientieff
Executive Director

ADMINISTRATION/ACCOUNTING
452-1648 or 456-5151
JOHNSON O'MALLEY
EDUCATIONAL PROGRAM
"SAAKKAAYA CENTER"
451-6201 or 451-6211
EMPLOYMENT DEVELOPMENT
452-1648
WOMEN'S EQUITY EDUCATION
452-1648/456-7127/456-7189
VOCATIONAL SPECIFIC TRAINING
452-1648

COMMUNITY SERVICES
452-1648
Counseling Services
452-1648
Child Welfare
452-1648
Family Focus
452-5802
ALASKA BUSINESS COUNSELING
SERVICE
452-6144

ALCOHOL AND DRUG ABUSE SERVICES
Drop-In Center
456-7948
Out-patient Services
456-1041
456-1101
Fairbanks Alcohol Safety
Action Program
452-6144
Youth Drug Abuse Prevention
452-5085
Substance Abuse Regional Counselor Training Program
452-7045



P.O. Box 020809
Juneau, Alaska 99802-0809

Aiding Women from Abuse and Rape Emergencies

"Serving Juneau and Nine Southeastern Communities"
(907) 586-6623 (business) (907) 586-1090 (crisis)

October 19, 1989

Jim

Representative John Ellis
Chair, HESS Committee
3111 "C" Street, Suite 455
Anchorage, Alaska 99503

Honorable John Ellis:

I am writing in support of House Bill 325, "An Act relating to public school health and personal safety education."

As the Education Specialist for AWARE, Inc., I want to stress the importance of age appropriate health and personal safety education. By providing comprehensive, age appropriate health education in the public school system we are giving students information about the dangers children may encounter and safe options they can use to help protect themselves.

Public school health and personal safety education is the best PREVENTION for the prevalent problems of sexual abuse, substance abuse, sexually transmitted diseases including AIDS, unintended teenage pregnancy and suicide.

A great strength of HB 325 is its emphasis on "training, support groups, and pertinent literature designed to encourage parents and other members of the community to participate in health and personal safety education." Parents are the primary health educators of their children, yet often they feel uncomfortable or illprepared to present health and sexuality information. HB 325 facilitates their participation and increases communication about sensitive and often difficult health issues. Thus, HB 325 increases the effectiveness of health education by including parents and the community.

I appreciate your support of HB 325. It will foster a healthier future for Alaska by providing children with information from which they can make healthy decisions.

Respectfully,

Rene M. Pisel

Rene Pisel
Education Specialist



planned parenthood of alaska

- Administration - 1008 W. Northern Lights, Anchorage, Alaska 99503 (907) 563-2229
- Statewide Mobile Clinic - 1008 W. Northern Lights, Anchorage, Alaska 99503 (907) 563-2229
- Anchorage Clinic - 1008 W. Northern Lights, Anchorage, Alaska 99503 (907) 563-2229
- Mat-Su Valley Clinic - Wasilla Business Park, 201 E. Swanson, Suite 13, Wasilla, Alaska 99687 (907) 376-6535
- Sitka Clinic - 201 Lincoln Street, P.O. Box 515, Sitka, Alaska 99835 (907) 747-3883
- Peninsula Service - P.O. Box 3666, Soldotna, Alaska 99669 (907) 262-2622

October 4, 1989

REC'D OCT 6 1989

Jim file

Rep. Mark Boyer
1098 Lakeview Terrace
Fairbanks, Alaska 99701

Dear Rep. Boyer:

Thank you for your letter of September 28 regarding HB 325. We are very happy that you introduced this bill, and you can be assured of our support for it.

Planned Parenthood of Alaska has always supported sexuality education programs which reach young people of all ages. We believe that this can best be accomplished as part of a comprehensive "physical health and personal safety" program such as the one your bill calls for. We're pleased that the bill recognizes the importance of adequate training for those involved in the program, and for the educational aids to be developed for parents and others in the community. We appreciate the position you and the bill's co-sponsors have taken that knowledge is empowerment, and that all subject areas related to human sexuality and reproductive health need to be addressed.

We do have three suggestions which we believe would strengthen your bill:

1. In establishing guidelines for the program, the Board of Education should draw upon the experience and expertise of all agencies and organizations who have been involved in any aspect of the program. Planned Parenthood has advocated many years for sexuality education and reproductive health services, and we know our resources would be of immense value to the Board in the development of the guidelines as well as in their implementation. A provision in the bill providing for the involvement of all agencies with expertise to contribute would be desirable.

2. In establishing programs at the local level, it is essential that there be maximum community involvement. Every segment of the community should have an opportunity to be heard in determining the kind of program which should be implemented



A United Way Agency

in the school district. Invariably this results in a much stronger program which enjoys much greater community acceptance. We would like to see a statement in the bill emphasizing the importance of this.

3. It is important that parents have the opportunity to decide whether their children participate in the program. Other community institutions are also concerned with providing this knowledge to young people, and the family should have the right to determine which of these institutions to utilize. Most parents want such a program to be offered in the public schools and approve of their children's participation in it. However, the rights of the minority who do not want their children involved should be respected.

We hope you find the above suggestions constructive. If there is anything more we can do to help win enactment of this bill, please call on us. Congratulations on an excellent bill!

Sincerely,

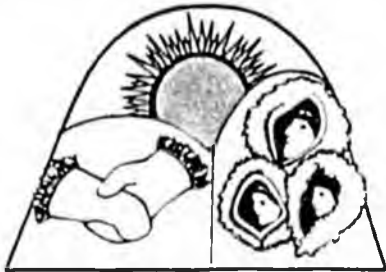


G. Patrick Spartz
Acting Executive Director

cc: Co-sponsors

*Thanks for supporting this
bill!*





REC'D OCT 13 1989

Bering Sea Women's Group

M E M O R A N D U M

Jim

TO: Representative Johnny Ellis
P.O. Box V, Room 104
Juneau, Alaska 99811

FI: Sonja Greene, *S.G.*
Executive Director
Bering Sea Women's Group

This memorandum is to inform you of Bering Sea Women's Group support for House Bill 325 - - - " An Act relating to Public Schools and Personal Safety Education.

Discussion on H.B.325

Department of Education
Division of Educational Program Support

Testimony - January 24, 1990

The Department would like to offer the following comments regarding House Bill 325:

1. The State Board of Education does not have a position on HB 325. The Board is scheduled to meet January 29 and 30, 1990.
2. Comprehensive school health education is the most effective way to achieve knowledge, attitude and behavior changes. There are ten topical areas that are nationally accepted as the major components of comprehensive health education. These are identified within the Alaska Health Education Curriculum Guidelines and the State Board of Education's draft "Outcomes for Public Education". We recommend that HB 325 be amended as follows.

page 1, line 14 through 22, delete everything and replace it with:

"(l) age appropriate instruction in comprehensive school health education including mental and emotional health, drug and alcohol use and abuse, prevention and control of disease, nutrition, human growth and development, family life, consumer health, safety and first aid, community health and personal health."

In concert with the goal to promote developmentally appropriate, comprehensive school health education at the local level, the bill should be worded broadly enough to allow for flexibility at that level. Students need to be taught positive, healthy options - not just told what not to do. Research shows that comprehensive programs teach prevention skills in a number of areas that reinforce each other. Programs that are offered in a piecemeal fashion are not nearly as effective. For example, drug and alcohol prevention programs are more effective when taught in the context of making healthy decisions, understanding the effect of alcohol on personal growth and development, and examining the effect of alcohol on the unborn.

3. The Department has identified the lack of trained teachers as the number one obstacle for implementing comprehensive school health education programs. In a survey conducted by the Department of Education, only 26% of the districts could identify one or more staff with a degree in health education. 87% of the school districts identified further training for health educators as an important need for implementation. Teacher training for existing staff in the form of institutes, inservices and workshops will be essential to facilitate implementation.
4. We strongly suggest an effective date of July 1, 1993 or later which will allow districts to plan a phased-in approach over three years or more. This would give districts time to get their teachers trained, work with local advisory committees, review and obtain materials and implement a K-12 program.
5. The long term nature of building comprehensive school health education programs across Alaska's school districts will require stable fiscal support from the legislature and technical assistance from the Department of Education. Comprehensive curriculum will need to be developed, teachers trained and program effectiveness evaluated over time.

Alaska Health Education Consortium

COMPREHENSIVE SCHOOL HEALTH EDUCATION RESOLUTION

84-2

The Alaska Health Education Consortium

Recognizing that many of the leading health problems in Alaska, including accidental injuries, substance abuse, dental disease, and lack of proper nutrition, are greatly affected by an individual's lifestyle and personal health habits, and

Acknowledging that an effective approach to promoting positive health habits is through the schools where children can learn the necessary skills to adopt and maintain healthy practices and lifestyles that affect the rest of their lives, and

Noting the expansive list* of national organizations that support school health education, and

Recognizing that in Alaska, AS.1430.360(a) states "Each district in the state public school system shall be encouraged to initiate and conduct a program in health education for kindergarten through 12.", and

Noting that the Alaska Area Native Health Service and Native Health Corporations with Health Education Programs have long range goals of implementation of school health education, and

Noting that the "Governor's Task Force on Effective Schooling 1981" recommends "health" as required curriculum in grades K-12, and

Knowing a "Criteria for Excellence: Health Education Programs in Alaska" has been developed by Department of Education, and

Noting that the State Health Plan for Alaska has adopted a goal stating, "Comprehensive Health Education should be provided to all students in grades K through 12 in Alaska's Public Schools".

Therefore be it resolved that the Alaska Health Education Consortium supports required comprehensive, sequential programs of health education, Kindergarten through Twelfth grade, for all students in Alaska's public and private schools.

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|--|---|
| American Association of School Administrators | American Academy of Pediatrics |
| American Alliance for Health, Physical Education, and Recreation, AAHPER | American Dental Association |
| American Association for the Advancement of Health Education | American Medical Association |
| Joint Committee on Health Problems in Schools of the National Education Association and the American Medical Association | American Public Health Association |
| National Association of State Boards of Education | American School Health Association |
| National Association of Secondary School Principals | Council of Chief State School Officers |
| Sex Education and Information Council of the United States | Department of Health and Human Services |
| National Association of Elementary School Principals | Department of School Nurses, NEA |
| | International Union for Health Education |
| | National Health Council |
| | School Health Education Study (1961-1972) |
| | Society of Public Health Education |
| | National Congress of Parents and Teachers |
| | National Education Association |
| | National School Boards Association |
| | Society of Nutrition Education |



ALASKA ASSOCIATION OF ELEMENTARY SCHOOL PRINCIPALS
ALASKA ASSOCIATION OF SECONDARY SCHOOL PRINCIPALS
ALASKA ASSOCIATION OF SCHOOL ADMINISTRATORS

• ALASKA COUNCIL OF SCHOOL ADMINISTRATORS •
326 Fourth St., Suite 408 Juneau, Alaska 99801 586-9702

HB 325 "An Act relating to public school health and personal safety education,"

The Alaska Council of School Administrators supports the concept of HB 325 in designing a comprehensive health and safety education curriculum and encourage the continued development of this piece of legislation.

While the issues spoken to in the concept of health and personal safety are so important to the lives of young children, so are many other basic aspects of a child's learning and consequently we feel uncomfortable about the idea of mandating this curriculum in our Alaskan schools over other basic areas.

We feel, because of the complexity and number of issues needing to be addressed, that a strategic plan be made to systematically approach the intent of this legislation.

Some of the problem areas needing to be addressed include: the development of curriculum in many of these areas; finding qualified instructors or training instructors to be qualified to teach these concepts; soliciting parental approval and support in the beginning and where to incorporate the needed time within the existing school day.

→ We also feel this issue needs to be addressed by the State Board of Education as it is included into the educational outcomes they are developing for the State of Alaska.

It is without question that knowledge in each of the areas outlined within this bill are very important to survive in society today. We would like to express our willingness to work with Representative Boyer in the further development of HB 325.

2 Fiscal note - another argument for a Foundation increase



NEA-ALASKA

AFFILIATED WITH THE NATIONAL EDUCATION ASSOCIATION

ANCHORAGE REGIONAL OFFICE

1411 W. 33RD AVENUE
ANCHORAGE, ALASKA 99503
(907) 274-0536

JUNEAU OFFICE

105 MUNICIPAL WAY, SUITE 302
JUNEAU, ALASKA 99801
(907) 586-3090

FAIRBANKS REGIONAL OFFICE

2118 CUSHMAN STREET
FAIRBANKS, ALASKA 99701
(907) 456-4435

January 18, 1990

To: Rep. Johnny Ellis, Chair
Members, House HESS Committee

Re: House Bill No. 325;
"An Act relating to public school health and personal safety education."

NEA-Alaska supports and encourages your favorable consideration of HB 325.

While NEA-Alaska generally resists legislatively mandated curriculum and program the issues addressed in HB 325 are so critical to the interests of every child and therefore, to Alaska as well, that we feel it is time for this kind of legislation.

The increasing number of problems in the areas referenced in Sec. 14.30.360 (a) (1) of the bill give dramatic evidence to a critical need.

Traditional methods are simply no longer as effective as they once were. The changing dynamic of the family and the parenting process strongly suggest that public education is going to have to be more responsive than was necessary in the past. It is probably the only institution with the stability and longer range ability to deal with the increasing number of problems.

Parental involvement in and support for their child's education has changed as a result of both parents working, single parent families, and tragically, an increasing number of low income and poverty level children who have little or no support and guidance in their home.

The sponsor correctly notes in his September 28, 1989, memorandum that there will be some public criticism to having public education assume additional responsibility in this area. We encourage that you resist this criticism for the reasons stated by the sponsor; accurate information will help people make more intelligent decisions. It is important that every child have a reliable and available source of information on those things which are important to them.

Finally, it is important to recognize that many public schools may not have the necessary resources; financial, staff, and program; to meet the needs which currently exist and will undoubtedly increase in magnitude.

We strongly encourage the Committee to supplement this legislation with the additional financial support and Agency direction which will be needed for its effective implementation.

STATE OF ALASKA
THE LEGISLATURE

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Copies of minutes listed below were originally included in this file. The minutes are available on the STAIRS database CMPR. In order to save space copies of minutes have not been left in the files.

Mary Van Nimwegen

H. HESS 1-24-90

H. HESS 2-2-90

6-1375E ✓
Ford
2/1/90

Original sponsor(s): REP. BOYER, M.Davis, Ellis, Finkelstein, Goll, Jacko, Koponen, Brown, Ulmer

1 IN THE HOUSE

2 CS FOR HOUSE BILL NO. 325 ()

3 IN THE LEGISLATURE OF THE STATE OF ALASKA

4 SIXTEENTH LEGISLATURE - SECOND SESSION

5 A BILL

6 For an Act entitled: "An Act relating to public school health and personal
7 safety education."

8 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:

9 * Section 1. AS 14.08.115 is amended to read:

10 Sec. 14.08.115. ADVISORY SCHOOL BOARDS IN REGIONAL EDUCATIONAL
11 ATTENDANCE AREAS. A regional school board shall establish a health
12 education curriculum advisory board and may establish other advisory
13 school boards, and by regulation shall prescribe their manner of
14 selection and organization, and their powers and duties.

15 * Sec. 2. AS 14.12.035 is amended to read:

16 Sec. 14.12.035. ADVISORY SCHOOL BOARDS IN BOROUGH SCHOOL DIS-
17 TRICTS. A borough school district board shall establish a health
18 education curriculum advisory board and may establish other advisory
19 school boards, and by regulation shall prescribe their manner of
20 selection, organization, powers, and duties.

21 * Sec. 3. AS 14.30.360 is amended to read:

22 Sec. 14.30.360. CURRICULUM. (a) Each district in the state
23 public school system shall [BE ENCOURAGED TO] initiate and conduct a
24 program in comprehensive health education for kindergarten through
25 grade 12. The program must [SHOULD] include

26 (1) age appropriate instruction in physical health and
27 personal safety including alcohol and substance [DRUG] abuse educa-
28 tion, first aid, including cardiopulmonary resuscitation (CPR), human
29 growth and development, including human sexuality, reproductive

1 health, pregnancy prevention, fetal alcohol syndrome, prevention and
 2 control of diseases, including acquired immune deficiency syndrome
 3 and other sexually transmitted diseases, mental and emotional health,
 4 including suicide prevention, early cancer prevention and detection,
 5 dental health, family health, environmental health, the identification
 6 and prevention of child abuse, child abduction, neglect, sexual abuse
 7 and domestic violence, and appropriate use of health services;

8 (2) training, support groups, and pertinent literature
 9 designed to assist parents and other members of the community to
 10 participate in health and personal safety education;

11 (3) a district curriculum and curriculum materials devel-
 12 oped in conjunction with the district health education curriculu-
 13 advisory school board; and

14 (4) a method of notifying parents of students of the con-
 15 tent of instructional materials used in the human growth and develop-
 16 ment program and of the parents' option to exempt their child from
 17 this instruction; a district shall use procedures to provide that
 18 students exempted from the program are not embarrassed by the exemp-
 19 tion.

Grunberg
 ↓ *human growth + Development.*

20 (b) The state board shall establish guidelines for a comprehen-
 21 sive health and personal safety education program. Personal safety
 22 guidelines shall be developed in consultation with the Council on
 23 Domestic Violence and Sexual Assault. Upon request, the Department of
 24 Education, the Department of Health and Social Services, and the
 25 Council on Domestic Violence and Sexual Assault shall provide techni-
 26 cal assistance to school districts in the development of personal
 27 safety curricula. A school health and personal safety education
 28 specialist position shall be established and funded in the department
 29 to coordinate the program statewide. Adequate funds to enable

1 curriculum and resource development, adequate consultation to school
2 districts, and a program of [TEACHER] training and periodic staff
3 development for administrators and teachers in health and personal
4 safety education shall be provided.

5 * Sec. 4. TRANSITION. Each district shall begin development of the
6 health education curriculum required by this Act by July 1, 1990, and shall
7 have in place a program of comprehensive health education required by this
8 Act by August 1, 1991.

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