

H B

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Senate Health, Education and Social Services Committee

Legislation Checklist

Bill number: HB 124

Sponsor: GOVERNOR

Date referred to committee: 9/25/85

Synopsis completed:

Fiscal note:

Further referrals: NONE

CONTACTS:

- ✓ SHARON ADELMAYER, SE Senior Services ^{juw} 586-6233
- ✓ ~~Sharon Adelmeier~~ Peggy Burgin, Chair, OAC
- ✓ Betsy Lee, Sr. Center, Anch 276-1496
- Joan Haffner, Retired Sr. Volunteer Program
586-6143
- ✓ Jon Wolfe, Alder Alaskans Commission 3250
- Alexa Devorsan 6-1670 - interested public (KTOO)

COMMITTEE REPORT
SENATE

FURTHER:

4/25/85

Date _____

Mr. President

The Committee on HESS considered IB 124

extending the Older Alaskans Commission;efd.

and (a majority of the committee) (the committee) reports it back with the following recommendations:

- do pass
- do pass with attached amendment(s)
- replace with/or adopt CS for _____
- new title _____
- same title and recommends _____
- and attached a "LETTER OF INTENT" NEW FISCAL NOTE
- reports it back without recommendation
- recommends referral to _____ Committee

MEMBERS SIGNING
DO PASS

John D. ...
...
...

MEMBERS HAVING
OTHER RECOMMENDATIONS

...
 Chairman

 Chairman recommendation

TELEGRAM

ALASCOM, INC.
PHONE: 386-5006
JUNEAU, AK 99801

4-0257435120 04/30/85

ICS IPMMTZZ CSF

6179234141 TDNT WATERTOWN MA 260 04-30 0130P EST

HNS HONORABLE SENATOR BETTY FAHRENKAMP, REPORT DELIVERY, DLR BEFORE
2PM

3733

ALASKA STATE LEGISLATURE

JUNEAU AK 99811

DEAR SENATOR FAHRENKAMP,

THE FOLLOWING INFORMATION SHOULD BE USEFUL IN YOUR DELIBERATION ON
THE OLDER ALASKAN COMMISSION

LIFELINE SYSTEMS INC WAS FOUNDED IN 1974 BY PROFESSOR ANDREW DIBNER,
A RESPECTED GERONTOLOGIST FROM BOSTON UNIVERSITY, AND WAS SELECTED
SOON THEREAFTER TO SUPPORT A HEV FUNDED RESEARCH STUDY ON EXTENDING
INDEPENDENT LIVING FOR THE ELDERLY. SINCE THAT STARTUP, LIFELINE
SYSTEMS HAS BECOME THE LEADER IN PERSONAL EMERGENCY RESPONSE SYSTEMS
WITH OVER 1400 COMMUNITY BASED PROGRAMS SERVING OVER 65,000 FRAGILE,
ELDERLY AND DISABLED

LIFELINE DESIGNS AND MANUFACTURES ALL ITS OWN EQUIPMENT. WE ARE PROUD
THAT AFTER OVER 100,000 MAN YEARS OF SYSTEM OPERATION OF EQUIPMENT

USED PRIMARILY FOR MEDICAL ALERT SERVICES, NOT ONE DAMAGE SUIT HAS
BEEN BROUGHT AGAINST LIFELINE FOR EQUIPMENT LIABILITY

OUR ORIGINAL CONCEPT THAT PROGRAMS MUST BE DEVELOPED AND OPERATED BY
LOCAL INSTITUTIONS HAS BEEN ONE KEY TO THE SUCCESS OF OUR SYSTEM.

LIFELINE ACTS AS A CONSULTANT TO LOCAL PROFESSIONALS WHO MANAGE AND
OPERATE THEIR OWN PROGRAMS. IN THIS WAY WE BRING THE WORLD'S MOST

THOROUGHLY TESTED EQUIPMENT AND THE COMBINED EXPERIENCE OF OVER 1400
INSTITUTIONS TOGETHER, IN ORDER TO HELP EACH PROGRAM MEET ITS UNIQUE
GOALS

ALTHOUGH WE HAVE HAD THE EXPERIENCE OF HELPING SERVICE CLIENTS IN ALL
50 STATES, LIFELINE REMAINS A SMALL COMPANY. IN SEPTEMBER 1983 WE
WERE RECOGNIZED FOR OUR OUTSTANDING ACHIEVEMENT BY THE SMALL BUSINESS
ADMINISTRATION AS BEING AMONG THE TOP SMALL BUSINESSES IN AMERICA
WE WOULD LIKE TO CONTINUE TO SERVE THE OLDER CITIZENS OF ALASKA AND
WOULD BE HAPPY TO PROVIDE ANY ADDITIONAL MATERIAL THAT WOULD BE
USEFUL IN YOUR DELIBERATION. SINCERELY

ROSS L TRIMBY VICE PRESIDENT SALES LIFELIE SYSTEMS INC 1 ARSENAL

HISTORY AND HIGHLIGHTS

History

The Older Alaskans Commission was created by the State Legislature in 1981 to ensure dignity and independence for Alaska's elderly and assist them in maintaining useful, quality lives. In creating the Commission, the Legislature gave older Alaskans a voice in the planning and provision of programs of benefit to them. Currently, through State and Federal grant awards, the Commission funds services for 16,000 older persons in 107 communities.

The Older Alaskans Commission plans, coordinates and provides services for the elderly in the areas of employment, nutrition, transportation, information and referral, housing, health care, in-home services, legal services, long-term care, advocacy, out-reach and family support. The Commission also acts in an advisory capacity and makes recommendations to the Governor and the Legislature regarding issues that affect the State's elderly.

A New Beginning for Older Alaskans

A comprehensive statewide plan addressing the needs of Alaska's older citizens was developed during 1983. The planning process focused on identifying priority needs of older Alaskans and developing a coordinated approach to respond to those needs. Regional forums, individual interviews and community meetings were conducted in each of six planning regions. This information was combined with a review of existing needs assessments and recent research to provide the basis for the goals and objectives of the three year action plan.

The plan:

- * provides basic information about the status and needs of older Alaskans and the available resources to address those needs
- * offers a framework to guide the Commission's actions over a three year planning period
- * indicates how the Commission will develop a comprehensive and coordinated approach to meet the needs of older Alaskans
- * complies with the planning requirements of the Federal government

Alaska Remains a Single State Planning and Service Area

Historically, the entire state has been a single planning and service area under the administration of the Older Alaskans

Commission (formerly the Office on Aging) as the state unit on aging. The Older Americans Act provides for the establishment of planning and service areas (PSA) for the elderly in regions where the total population exceeds 100,000 and for administration of the Title III services in these regions by an area agency.

In response to the interest of the Municipality of Anchorage to be considered as a planning and service area, the Commission announced its intent to plan for the development of a planning and service area for Anchorage.

An ad hoc committee composed of members and staff of the Older Alaskans Commission and the Senior Citizens Advisory Commission of the Municipality of Anchorage was formed to develop guidelines for the designation and administration of a PSA for the municipality. Upon receipt of the committee's report and recommendations, the Commission designated Anchorage as a planning and service area.

The Commission advertised for letters of intent for a \$30,000 planning grant to develop an area plan for Anchorage. The municipality chose to not respond to the letter of intent and the Commission rescinded its designation. The municipality gave the following reasons for turning down PSA responsibilities.

- * There appeared to be less than adequate support by senior citizens city-wide;
- * There was an almost total lack of support by areawide project directors of senior citizens programs;
- * It was not possible to assume administrative functions without cutting funds, and thereby services, to local senior programs, and;
- * Planning and service area functions would duplicate the areawide social service planning for all community residents which was taking place.

Alzheimer's Disease

Alzheimer's Disease is termed "the disease of the century". The 1984 amendments to the Older Americans Act require that an adequate proportion of Title III Part B funds be expended for the delivery of supportive services for families of elderly victims of Alzheimer's disease and other neurological and organic brain disorders. This mandate makes Alzheimer's disease a national priority and, for the first time, recognizes the family as the recipient of services.

The Older Alaskans has focused their attention on this devastating disease. In November, 1984, the Commission, Day Break Adult Day Care Center and the Anchorage Alzheimer's Disease Family Support Group cosponsored a statewide teleconference on Alzheimer's Disease to educate and inform Alaskans about the disease. Questionnaires were sent to the rural villages to identify the numbers of suspected Alzheimer's victims who may reside in remote areas.

Governor Sheffield proclaimed November as Alzheimer's Disease month and workshops were held in Anchorage, Juneau, Fairbanks and Kenai. Audioconference training sessions about the disease were held in Ketchikan, Kodiak, Dillingham, Bethel, Copper Center, Nome and Kenai.

Elder Abuse

In 1983 the Alaska State Legislature enacted a mandatory elder abuse reporting law to shield Alaska's elderly from physical and economic harm. The Older Alaskans Commission advocated for the passage of this law and for the protection and assistance of older persons who are unable to care for themselves.

Elder abuse has been encountered statewide by Commission funded senior projects and was documented in Anchorage under a 1981 study funded through the Commission by the Administration on Aging. Twenty agencies surveyed by the Anchorage Community Health Center for this study reported contacts with elder abuse cases. Seventy-five cases of elder abuse were reported in all. In 75% of the cases, the abuse had been going on for some time and only 53% of the victims sought help.

Although adult protective services are the responsibility of the Department of Health and Social Services, the Older Alaskans Commission has oversight responsibility for elder abuse services under the mandatory reporting statute. The Commission is responsible for approving regulations for the implementation of the law and for receiving statistical reports on activities related to the protection of elderly persons in the State. Additionally, the law mandates that employees of Commission funded programs report suspected harm to elderly persons.

In September, 1984, the Commission conducted a coordinated training for personnel of OAC senior programs, social workers of Division of Family and Youth Services local offices, and hospital and medical personnel. Susan Tomita of Harborview Hospital in Seattle provided training in how to recognize elder abuse and how to deal with victims and their abusers. The training strengthened the ability of the aging network to coordinate effectively and promoted mutual understanding of the issues and procedures that are critical to the protection of older persons.

Older Alaskans Survey

In conjunction with the Pacific Northwest Long Term Care Center, the Commission mailed a survey to 14,300 Alaska longevity bonus recipients in October 1984. The survey will enable the Commission to best meet the needs of Alaska's elderly population. Final survey results will be available in mid-1985.

Housing Task Force

Prompted by the three year comprehensive plan, the Commission designated a task force in late SFY 1984 to study housing and housing related issues facing senior citizens in Alaska. Composed of inter-agency personnel and private citizens, the nine member task force explored public and private housing options, alternative financing, weatherization, energy assistance, institutions, in-home services and the fragmentation of senior housing services.

Through five meetings and two teleconferences, the task force solicited information on housing needs from the general public and housing professionals. After three months of investigation, the task force compiled a series of preliminary policy and legislative recommendations for the Commission's consideration. The Commission accepted these preliminary recommendations and directed the task force to conduct a statewide teleconference to encourage public comment.

Within six months of its inception the task force presented thirteen final recommendations to the Commission which they unanimously adopted. Included among the recommendations were two pieces of draft legislation designed to stretch state dollars for in-home services and housing construction. One bill would allow the Department of Health and Social Services to establish a sliding-fee schedule for recipients of homemaker, home health aide and home-nursing services.

The second piece of legislation would create an innovative builders' incentive program to encourage private contractor to construct rent-controlled senior housing.

Throughout its meetings the task force emphasized the Commission's role as a coordinating agency for senior housing-related services. All of the task force's recommendations reflect the primary goal of the Commission to keep seniors in their own homes as long as possible and to seek alternatives that would prevent or delay costly institutionalization. The task force drafted a final report to summarize its findings and offer an analysis of the recommendations.

Intergenerational Activities

As a natural outcome of visibility in communities, local senior citizen groups around the state have become involved with young people. In many areas, intergenerational activities reassert the position of elders as honored members of the community. This is particularly true in rural Alaska where seniors share their knowledge, crafts and survival skills which school-aged children.

Northwest Alaska has taken the lead in organized intergenerational programs. Kotzebue's Inupiaq Ilitqisiat movement involves seniors in curricula development and training for kindergarten through twelfth grade to supplement western education with traditional Eskimo knowledge and values. Nome's youth program frequently joins forces with the senior center to share in traditional hunting and gathering activities. The vigor of youth augments the skill and knowledge of senior citizens in such traditional activities as berry picking, ice-fishing and seal hunting.

The Foster Grandparents Program also provides intergenerational relationships in three Alaskan communities, Juneau, Anchorage, and Fairbanks. The Foster Grandparent Program assigns a senior to two children who have special needs. The needs vary from physical handicaps to emotional and learning problems. The senior offers the child the special love and attention that teachers and staff are often too busy to give. The child offers the senior a loving response and feelings of self worth and accomplishment. This intense one on one relationship of child and senior is rarely found in our present transient society. Many Alaskan children have never seen their grandparents and the seniors are especially capable to offering warmth and wisdom. They also bring to their work the time and patience that are needed in teaching children with special needs.

EDUCATION AND TRAINING

Alaska Consortium for Education and Training in Aging

The Older Alaskans Commission is a member of the Alaska Consortium for Education and Training in Aging, a cooperative effort of the Commission, the University of Alaska and the Association of Older Alaskans Programs. The consortium evolved from mutual concerns for the development of educational resources for those who provide services to older persons. Four representatives of each member organization meet monthly via teleconference to coordinate training opportunities and address issues which affect gerontology education in the State. The Consortium, which was catalyst and steering committee for the 1982 Aging Together in Alaska Conference in Fairbanks, will also direct the development of a 1985 conference for elder Alaskans.

Linkage

The U.S. Department of Health and Human Services awarded the Commission \$100,000 in discretionary grant funds for the Advanced Technology Transfer of Gerontological Training: Linkage Project. Linkage was designed to examine the feasibility of using audioconferencing and video communications technologies to provide cost effective training to Commission project directors and related aging service providers in rural Alaska.

With the Institute of Social and Economic Research (ISER) and the University of Alaska Instructional Telecommunications Center (UAITC), the Commission held two training sessions during 1984. The training sessions were broadcast via the State's teleconference network and Learn Alaska television. Sessions were held in Ketchikan, Kodiak, Dillingham, Bethel, Copper Center, Nome and Kenai. Topics of the workshops included how Alzheimer's disease affects families, the need for family support, exercises and questions for those working with Alzheimer's victims and how to develop family support in rural communities. The Linkage program will continue through part of 1985.

Board Training

All nonprofit organizations that receive funding from the Older Alaskans Commission have a board of directors and/or an advisory council. In order to increase the effectiveness of the boards and advisory councils, the Older Alaskans Commission coordinated with United Way of Anchorage to provide board training to several programs throughout the state. The trainer was provided by United Way; funds for travel, per diem and training materials were provided by the Commission. The training was provided to aging programs in Anchorage, Delta, Kodiak, Chugiak, Palmer, Tok, Juneau, Fairbanks, Kenai and Dillingham.

The Commission also developed a technical assistance packet for the board's and councils of aging programs. This packet contains a sample set of bylaws, sample job descriptions and descriptions of committees.

Project Directors Training Workshops

In July, 1983 and September, 1984 the Older Alaskans Commission conducted five-day training workshops for directors of Commission funded programs, aging service providers, the elderly and other interested persons. These workshops were funded under Federal Older Americans Act grant awards to the Commission for training and education. Under the older Americans Act, the Commission is mandated to annually provide training to program personnel and the State's aging network.

Providing training to personnel of the Older Alaskans Commission's service programs is a major priority. It is also a critical need. Aging services personnel in the State's rural communities are completely isolated from other service providers and training opportunities. The cost of attending national training conferences and workshops is prohibitive for the majority of service providers.

Topics for the training workshops were identified by project directors themselves. During the past two years the training agendas have included meal cost-control alternatives, cutback management techniques, aging service evaluation, elder abuse identification and intervention, the needs of the frail elderly, program development and management and victimization. Each workshop was attended by approximately 150 persons.

ADVOCACY ASSISTANCE

Under the Older Americans Act, states must develop systems of support and provide technical assistance to protect and advocate for older persons. The term "advocacy assistance" is used to describe these activities. Alaska's advocacy assistance program consists of three components: the Senior Citizen Ombudsman Program, Legal Services Development and Elderly Legal Services.

Senior Citizen Ombudsman Program

Alaska's Senior Citizen Ombudsman Program began in November, 1980 and is organized to serve as a resource for all Alaskans over the age of 60 with priority given to institutionalized seniors. The program's main emphasis is to ensure that the elderly get proper care in nursing homes, long term care facilities, boarding homes or residential care facilities and foster care homes. In addition, the Ombudsman investigates and resolves complaints made by and for older persons about agencies or agency actions, and provides information and referral services. An average of 50 persons are served statewide each month by the Senior Citizen Ombudsman Program.

Legal Services Development

Legal Services Development is required under the Older Americans Act to provide technical assistance and training activities which promote and assist the expansion of legal services and the ombudsman program. It does not include litigation or direct representation of clients.

Legal Services Development is provided by the Commission through a grant to Alaska Legal Services Corporation (ALSC). Under this funding legal issues which impact older citizens are addressed through training of senior service program personnel Statewide, the coordination of ALSC staff assistance to the aging network, the

provision of advocacy and legal information pertaining to the elderly and the promotion of pro-bono services from private attorneys.

Elderly Legal Services

Direct legal services for persons 60 years of age and older are also provided by the Commission through funding to Alaska Legal Services. It is estimated that approximately 30% of the State's elderly are in need of legal services. This program assists approximately 400 persons each year with legal problems concerning housing, home ownership, public entertainments, income maintenance, estates, probate and guardianships.

Nutrition Services

The Older Alaskans Commission provides funding for nutrition services for persons age 60 and over under Title III-C of the Older Americans Act and Alaska Statute 47.65. Nutrition Services include: nutritious meals which provide at least one-third of the Recommended Daily Dietary Allowances; nutrition information and education; and outreach activities to inform eligible persons about the availability of the services.

The majority of meals are served in congregate settings such as senior centers, schools, restaurants, community buildings, elderly housing facilities, and churches, so participants can benefit from the socialization and supportive services provided as part of the program. The number of congregate meals served increased from 237,498 in calendar year 1983 to 259,644 in 1984; an increase of 9.3%.

Meals are also delivered to elderly who are unable to leave their homes due to illness, handicaps, or extreme weather conditions. The number of home-delivered meals served in 1984 increased to 89,462 from the 78,701 served in 1983; an increase of 13.7%. No participant is required to pay for a meal, but all are asked to make a contribution toward the cost of the meal.

By the end of calendar 1983, there were 24 nutrition program grantees serving meals at 53 sites.

By the end of 1984 this had increased to 24 serving meals at 80 sites.

Grantees funded under Title III - C are required to provide meals at least five days per week, include spouses of persons age 60 and over as eligible participants (regardless of age), and are also eligible to receive commodities or cash-in-lieu of commodities reimbursements from the United States Department of Agriculture.

Title III - C grant recipients in 1984 were:

<u>Grantee</u>	<u>Site Location(s)</u>
The Salvation Army - Anchorage	Eight & Barrow, Mt. View, Muldoon, Spenard, Serendipity
North Slope Borough	Barrow
City of Bethel	Bethel
Lower Kuskokwim School District	Akiachuk, Akiak, Atmauthluk, Eek, Goodnews Bay, Kasigluk, Kipnuk, Kongiganek, Kwethluk, Kwigillingok, Napakiak, Napaskiak, Nightmute, Oscarville, Quinhogak, Tuluksak, Tununak, Tuntutuliak
Chugiak Senior Citizens, Inc.	Chugiak
Copper River Native Association	Glennallen, Cantwell
City of Cordova	Cordova
Bristol Bay Native Association	Naknek, South-Naknek, Newhalen, Nondalton, Kokhanok, Koliganek, Manokotak, New Stuyahok, Togiak, Twin Hills, Ekwok
City of Dillingham	Dillingham
North Star Council on Aging	Fairbanks
City of Fort Yukon	Fort Yukon
Homer Senior Citizens, Inc.	Homer
Catholic Community Services - Southeast Senior Services	Angoon, Craig, Haines, Hoonah, Hydaburg, Juneau (Mt. View, Gastineau, Valley, Douglas), Kake, Ketchikan, Klawok, Pelican, Petersburg, Sitka, Skagway, Tenakee, Wrangell, Yakutat

City of Kenai	Kenai
Senior Citizens of Kodiak	Kodiak,
Metlakatla Indian Community	Metlakatla
Minto Village Council	Minto
Nome Community Center	Nome
Palmer Senior Citizens, Inc.	Palmer
Upper Tanana Development Corp.	Tok, Dot Lake, Eagle, Mentasta, Northway, Tetlin
Wasilla Area Seniors, Inc.	Wasilla, Talkeetna

Grantees who provide meals less than five days per week are funded under AS 47.65. The recipients of AS 47.65 grants for nutrition services in 1984 were:

<u>Grantee</u>	<u>Site Location(s)</u>
Maniilaq Association	Kotzebue
Nenana Tortella Council on Aging, Inc.	Nenana
Seward Senior Citizens, Inc.	Seward

The Older Alaskans Commission also provided a wide range of nutrition program monitoring, technical assistance, and administrative support services to the nutrition program grantees. A nutrition services manual was prepared and distributed to all nutrition services providers in July 1984. Additional materials are also produced and distributed to grantees to assist them in nutrition education, sanitation, food service administration, subcontracts, purchasing, and recordkeeping. The Older Alaskans Commission's Registered Dietitian also reviews nutrition program menus to assure that the meals provide at least one-third of the Recommended Dietary Allowances as required by law.

Future Direction for Nutrition Services

The Older Alaskans Commission is committed to supporting seniors in their efforts to maintain their health and remain in their homes as long as possible. Increasing services to minority and low income seniors in rural areas is a major priority. Expanding nutrition services through contracts with local school districts has been a very successful approach. This coordinated use of existing facilities and staff is a very cost effective means of reaching these previously unserved elders in rural Alaska.

TRANSPORTATION

Transportation to get to needed services was identified as a priority item by participants at the regional forums held in developing the three year comprehensive statewide plan. Transportation is provided by the majority of Older Alaskans Commission service programs.

Vehicles used by local senior service programs have been acquired with funding from local governments, the Urban Mass Transportation Act of 1964 (UMTA), special legislative appropriations or in a few cases a supplemental award from the Commission. The majority of vehicles are received from UMTA. The Commission coordinates with the Department of Transportation and Public Facilities in the award of funds for UMTA vehicles.

A major accomplishment during 1983 was the establishment of the Older Alaskans Transportation System (OATS) which coordinates elderly transportation services in Anchorage. OATS is funded by the Commission and provides door-to-door transportation to the older persons in the Anchorage area. It is collaboratively operated by the Salvation Army and the Mabel T. Caverly Senior Center. Scheduling is through a single phone number. A computerized dispatching system is used to maximize the availability of services.

Other methods of transportation, in addition to the door-to-door system include a fixed route schedule of service. In some communities, the local taxi company is funded to provide elderly transportation services.

During SFY 1983 284,915 rides were provided to 5,017 persons. During SFY 1984 245,611 rides were provided to 4,633 persons. Each year, Commission funded transportation services transport older Alaskans approximately 1,000,000 miles.

Transportation services are provided to access services in the following order of priority:

- a. Medical appointments; prescriptions, hospital and essential (non-emergency) health services;
- b. Nutrition and other essential support services;
- c. Essential shopping, low income development (Title V and other who document low income), and volunteers in services to older person, disabled and children;
- d. Job training and career education;
- e. Attendance at senior organization meetings; and
- f. Nonessential shopping, business, beauticians, cultural, educational.

INFORMATION AND REFERRAL/PERSONAL ADVOCACY

Information and Referral/Personal Advocacy is a gateway for seniors to services that are available in the community. Older persons, who are unsure about where to get help or who have trouble getting it, can contact the Information and Referral service in their local senior programs to receive knowledgeable assistance. Information and Referral staff keep abreast of current information regarding available services and benefits, enabling them to give timely guidance to each individual inquirer.

The Older Americans Act requires state agencies on an ongoing basis to assure the availability of Information and Referral programs that offer reasonably convenient access for older persons. Alaska's Information and Referral services for the elderly are organized as a statewide network. Most local programs funded by the Commission serve as satellite service delivery sites, and the Commission serves as the central data collection, training, and technical assistance agency. During SFY 84, the network responded to over 41,500 information requests and handled over 2,600 referral/personal advocacy cases. These represent 27% and 97% increases over the SFY 83 levels, respectively. The Commission considers Information and Referral to be an essential link to help older Alaskans live independently.

COMMUNITY SERVICES

Homemaker/Chore Services

Homemaker services provide help with routine light housecleaning, laundry, errands, meal preparation and other tasks which a senior may require on a temporary basis due to illness or as a routine service. These services assist seniors to continue living in their own homes. Chore services cover more heavy duty, occasional or seasonal jobs such as woodchopping, heavy cleaning, yardwork, snow shoveling, or hauling water.

Home Visits

Home visits are often provided to homebound or isolated seniors to give them companionship or comfort and to see if other services may be needed.

Telephone Reassurance

Providing regular telephone contact, telephone reassurance helps projects check on the health and safety of isolated seniors. It also provides seniors with assurance that help is available if it is needed.

Residential Repair/Renovation

Extending beyond the scope of chore services, residential repair/renovation provides more specialized assistance such as plumbing, minor carpentry or electrical maintenance, weatherstripping, and replacing broken windows in the homes of senior citizens. Minor adaptations to a senior's home for handicapped accessibility are also provided.

Health Maintenance

Health maintenance activities occur in a congregate setting where space is available for such services as blood pressure checks, dental or vision care, foot care, or health education. Services are provided by nurses or other appropriate health care practitioners.

Physical Fitness

Health can be sustained or improved through physical fitness activities. These activities, provided by trained personnel, may include walking, swimming, range of motion exercises, or aerobics all are especially geared for seniors.

Counseling

Counseling is provided by caseworkers, either social workers or psychologists, to help resolve personal, family, financial, or mental health problems. Counseling may occur on a one-to-one or a group basis.

Instruction/Training

Instruction/Training provides information or skills to seniors which will help them lead healthier, more independent lives. The training may occur on an individual basis or in a group setting.

Adult Day Care

Health, social, and a variety of related support services are provided in a group setting for extended periods of time to older persons who need assistance with daily living tasks. These services assist the older person to remain at home and enable his caregiver to continue caring for him.

Respite Care

Respite care services are provided in a home or congregate setting for a temporary period of time to older persons who need assistance with daily living tasks. As adult day care, respite services

prevent premature institutionalization of the older persons by giving the family relief from the responsibilities of providing care.

SENIOR EMPLOYMENT PROGRAM

The Senior Community Service Employment Program is authorized by Title V of the Older Americans Act. Originally it was designed to provide useful part-time community service employment for low income persons aged 55 years of age or older and to promote the transition of program enrollees to private or other unsubsidized employment. The focus has changed to stress employment and training opportunities with the ultimate goal being unsubsidized employment for the enrollee whenever possible. Correspondingly, the Senior Employment program has increased the emphasis on the importance of enrollees receiving training, for both specific skills and job seeking skills, and securing unsubsidized employment.

During SFY 1983 and FY 1984, 640 persons were enrolled in the Senior Employment Program. All positions were with non-profit agencies with the exception of 10 placements in the private sector. The Commission met on exceeded the Federal required goal of 15% transition to non subsidized employment each year.

Alaska was one of thirteen states in FY 1983 to receive permission to use \$25,000 of the total Title V yearly allocation to develop training positions in the private sector which will to unsubsidized employment. Four persons were enrolled in this "Experimental and Demonstration Project" in FY 1983 and six in FY 1984. These placements provided on-the-job and classroom training to eligible persons whose wages were subsidized during the training period. The participating employers hired these persons at the conclusion of training.

An annual training workshop was held for the Older Worker Specialists in December, 1983. This was a joint effort of Commission staff and the Department of Labor. An Older Worker Specialist Desk Guide was developed and distributed to all older worker specialists and their supervisors.

The Senior Employment Unit received a \$23,000 Continuing Education grant from the Alaska Commission of Postsecondary Education during FY 1984 to conduct "Senior Job Preparedness" training workshops in Juneau, Anchorage and Fairbanks. Over 350 persons attended these 2-day workshops and participated in job seeking skills training. Senior Job Fairs, which match older job seekers with private sector employers, were held in Fairbanks, Anchorage, Wasilla, Seward, Valdez, Juneau and Ketchikan. These resulted in immediate employment for many participants and also brought the fact that older workers have much to offer employers to the public attention.

A manual, Older Workers' Guide to Job Seeking Skills, was prepared for the workshops and distribution to State personnel offices, JTPA programs and local job service offices. Other materials developed included a publicity flyer for employers describing the benefits of hiring mature workers and an informational flyer for older job seekers which has been mailed to public assistance recipients and distributed through job service offices and educational resource centers.

Coordination of activities between JTPA Older Worker programs and the Senior Employment Program has also included joint participation in the Job Seeking Skills workshops/Job Fairs and the Barriers to Employment Conference as well as assistance with outreach to eligible participants, cross referrals to between programs for training and employment and general older worker related information sharing.

1983-84 EXPENDITURE FROM ALL SOURCES

<u>STATE FUNDS</u>	FY 1983 <u>7/1/82-6/30/83</u>	FY 1984 <u>7/1/83-6/30/84</u>
Operating Expenses	\$ 586,074	\$ 754,125
AS 47.65	1,400,151	1,450,597
Title III match	419,100	184,903
Title V match	133,421	162,489
Nutrition Program	-0-	698,900
Medical Alarm System	144,000	117,975
Residential Care (Tanana)	-0-	225,000
Aging Network subsidy	56,346	192,621
Federal Budget Impact Funds	153,131	-0-
Special Approp. (Capital Proj.)	76,610	13,500
Long Term Care Ombudsman Title III	70,000	84,000
Post Secondary Education	-0-	23,000
Total State Funds	<u>\$3,038,833</u>	<u>\$3,727,110</u>

FEDERAL FUNDS

Operating Expenses	\$ 474,000	\$ 505,300
Title III B (Older Americans Act)	1,355,183	1,334,728
Title III C-1 (Older Americans Act)	1,323,902	1,227,869
Title III C-2 (Older Americans Act)	517,576	489,546
Title V (Older Americans Act) (DOL)	1,039,700	1,175,363
U.S. Dept. of Agriculture	127,964	191,978
Older Americans Advocacy Assistance	22,901	81,831
Title IVa Training	8,968	30,848
Title IVa Gerontology	-0-	100,000
Total Federal Funds	<u>\$4,870,194</u>	<u>\$5,137,463</u>
	\$7,909,027	\$8,864,573

Service Delivery Under State and Federal Funding

		<u>SFY 83</u>	<u>SFY 84</u>
Transportation	No. of persons	5,017	4,633
	No. of rides	284,915	245,611
Escort	No. of persons	1,177	1,364
	No. of escorts	33,038	31,546
Outreach	No. of first-time contacts	4,130	3,894
Information	No. of requests	40,599	41,693
Referral/Personal Advocacy	No. of cases closed	1,592	3,117
Shopping Assistance	No. of persons	not counted	115
Congregate Meals	No. of persons	6,725	6,966
	No. of meals	227,329	242,827
Congregate Nutrition Education	No. of persons	1,033	1,155
Home-Delivered Meals	No. of persons	1,390	1,390
	No. of meals	73,163	83,631
In-Home Nutrition Education	No. of persons	321	275
Health Maintenance	No. of persons	2,031	1,478
Physical Fitness	No. of persons	696	633
Telephone Reassurance	No. of persons	1,394	703
Homemaker/Chore	No. of persons	157/476	242/442
Residential Repair/Renovation	No. of persons	127	74
Visiting	No. of persons	1,775	1,214
Instruction/Training	No. of persons	445	31
Counseling	No. of persons	381	207
Respite Care	No. of persons	n/a	18
Day Care	No. of persons	161	430
Legal Services	No. of persons	425	400
Long Term Care	No. of complaints	563	680
Ombudsman			
Total Number of of Individuals served		15,141	15,576

<u>Older Alaskans Commission Grantees</u>	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
City of Aleknagik, P.O. Box 33, Aleknagik, Alaska 99555	1984	\$ 10,190	
Alaska Legal Services Corporation, 550 West 8th Avenue, Suite 300, Anchorage, Alaska 99501	1983 1984		\$ 40,323 96,300
Aleutian/Pribilof Is. Assn., 1689 "C" St., Anchorage, Alaska 99501	1983 1984		23,550 49,330
Anchorage Community Mental Health, 4020 Folker Street, Anchorage, Alaska 99508	1983 1984		27,607 102,287
Anchorage Management Board, 1300 East 19th Avenue, Anchorage, Alaska 99501	1983 1984	14,998 20,250	33,089 71,000
Legal Services Developer Program, 550 West 8th Ave., Suite 3001, Anchorage, Alaska 99501	FY 1983 FY 1984	50,000 50,000	
Habel T. Caverly Senior Center, 1111 E. 5th Avenue, Anchorage, Alaska 99501	1983 1984	129,970 188,000	
Med-Alert, Inc., 2405 St. Elias Drive, Anchorage, Alaska 99503	FY 1983 FY 1984		144,000 121,000
Older Persons Action Group, Inc., Box 102240, Anchorage, Alaska 99510	1983 1984	28,562 69,180	149,253 56,990
The Salvation Army, OLDER ALASKANS PROGRAM, Box 1459, Anchorage, Alaska 99501	1983 1984	766,495 909,799	87,375 176,099
Senior Citizens Ombudsman, 1317 West Northern Lights, Anchorage, Alaska 99503	FY 1983 FY 1984		74,000 84,000
North Slope Borough, P.O. Box 69, Barrow, Alaska 99559	1983 1984	119,000 124,950	
City of Bethel, P.O. Box 388, Bethel, Alaska 99559	1983 1984	109,875 122,393	
Lower Kuskokwim School District, P.O. Box 305, Bethel, Alaska 99559	1984	75,000	
Chugiak Senior Center, Star Route 1, Box 2693, Chugiak, Alaska 99567	1983 1984	150,100 166,860	28,525 71,007
Copper River Native Association, Drawer H, Copper Center, Alaska 99573	1983 1984	125,548 120,713	4,000

	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
Cordova Senior Citizens, P.O. Box 1210, Cordova, Alaska 99576	1983	67,762	10,000
	1984	86,637	
Delta Seniors, Inc., P.O. Box 749, Delta Junction, Alaska 99737	1983	18,148	
	1984	26,706	
Bristol Bay Native Association, P.O. Box 189, Dillingham, Alaska 99576	1983	50,376	14,391
	1984	169,852	108,215
Senior Citizens of Dillingham, P.O. Box 191, Dillingham, Alaska 99576	1983	94,359	13,359
	1984	\$ 80,150	27,000
Fairbanks Native Association, 310 1/2 First Avenue, Fairbanks, Alaska 99701	1983		10,942
	1984	21,884	2,770
North Star Council on Aging, P.O. Box 73888, Fairbanks, Alaska 99707	1983	203,230	22,964
	1984	185,449	54,957
Fairbanks Rehabilitation Association, 805 Airport Road, Fairbanks, Alaska 99701	1984		39,620
City of Ft. Yukon, Box 269, Ft. Yukon, Alaska 99740	1984	85,066	
City of Galena, P.O. Box 149, Galena, Alaska 99741	1984		3,024
Homer Senior Citizens, Inc., P.O. Box 1137, Homer, Alaska 99603	1983	21,879	59,164
	1984	149,811	
Foster Grandparents/Senior Companion, 320 Willoughby, Suite 300, Juneau, Alaska 99801	1983		22,043
	1984		23,153
Juneau Catholic Community Services, Southeast Senior Services, 419 6th Street, Juneau, Alaska 99801	1983	938,780	80,304
	1984	962,585	157,002
Juneau Women's Resource Center, 110 Seward St. Room 6, Juneau, Alaska 99801	1983		3,057
	1984		6,688
City of Kenai Senior Services, 361 Senior Court, Kenai, Alaska 99611	1983	120,300	2,611
	1984	123,282	5,222
Rendezvous Senior Day Services, P.O. Box 9382, Ketchikan, Alaska 99901	1983		24,007
	1984		64,372
Senior Citizens of Kodiak, P.O. Box 305, Kodiak, Alaska 99615	1983	94,370	28,462
	1984	94,113	56,924

	<u>Year</u>	<u>Older Americans Act Funds</u>	<u>State Funds</u>
Kotzebue Senior & Cultural Center, Box 260, Kotzebue, Alaska 99752	1983	10,000	
	1984	12,170	45,590
Metlakatla Senior Citizens, P.O. Box 520, Metlakatla, Alaska 99926	1983	82,758	2,553
	1984	89,538	
Minto Senior Services, P.O. Box 22, Minto, Alaska 99758	1983	53,122	
	1984	76,310	
Nenana Tortella Council on Aging, Inc., P.O. Box 209, Nenana, Alaska 99760	1983	11,103	25,060
	1984	24,126	38,317
Nome Community Center, P.O. Box 98, Nome, Alaska 99762	1983	93,788	18,775
	1984	102,410	31,147
Palmer Senior Citizens, Inc., P.O. Box 2429, Palmer, Alaska 99645	1983	127,172	28,800
	1984	130,522	57,600
Seward Senior Citizens Program, P.O. Box 1195, Seward, Alaska 99664	1983		15,000
	1984		30,000
Stevens Village Council, General Delivery, Stevens Village, AK 99774	1983		12,500
Tapaq, Inc., Stebbins, Alaska 99761	1983		16,360
	1984		11,096
City Tanana Residential Care, P.O. Box 181, Tanana, Alaska 99777	FY 1983		225,000
	FY 1984		225,000
University of Alaska, Rural Education, Fairbanks, Alaska 99701	1984		25,549
Upper Tanana Development Corp., P.O. Box 459, Tok, Alaska 99780	1983	193,015	12,928
	1984	200,971	29,614
Wasilla Area Seniors, Inc., Floyd D. Smith Senior Center, P.O. Box 1456, Wasilla, Alaska 99678	1983	98,517	16,200
	1984	116,659	32,400

* Calendar Year unless otherwise indicated.

SENIOR EMPLOYMENT PROGRAM

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Adult Learning Center, Fairbanks	\$ 33,616	\$ 27,322
Agricultural Experimental Station, Palmer	51,818	33,521
Alaska Historical & Transportation Palmer	99,034	50,776
Anchor-Age Senior Center, Anchorage	15,477	39,879
Anchorage Community Mental Health	63,549	45,392
Southcentral Counseling, Anchorage		2,032
Angoon, City of		10,438
Aiding Women from Abused Rape Emergencies, Jun	11,354	11,215
Abused Women's Aide in Crisis, Anchorage	34,475	
Bering Sea Women, Nome	32,479	31,728
Bethel, City of	148,070	18,533
Chugiak Seniors	61,985	120,603
Copper Valley Library		8,649
Cordova, City of	41,928	40,086
Crisis Line & Information Center, Wasilla		6,968
Department of Labor, Juneau	128,663	
Dillingham, City of	14,894	13,597
Displaced Homemakers, Juneau		8,907
Eneput Children's Center, Fairbanks	7,848	8,764
Fairbanks Arts Association	22,466	41,248
Fairbanks Native Association, Inc.		9,025
Foster Grandparents, Anchorage		7,452

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Fairbanks Community Mental Health	7,325	8,722
Homer Museum	\$ 28,611	\$ 31,122
Kenai River Runner		2,575
Ketchikan Arts and Humanities Council	1,571	
Ketchikan Museum	5,068	1,779
Kodiak Seniors	35,144	38,092
Juneau Women's Resource Center		14,025
Mabel T. Caverly Senior Center, Anchorage	45,229	43,901
Mat-Su Valley Humane Society	9,583	
City of McGrath	7,100	
Metlakatla		3,748
Minto Village	30,064	25,612
Nikolai, City of		10,025
Nome Community Center	17,913	14,115
Older Persons Action Group, Anchorage	21,479	21,146
Palmer, City of	11,415	
Palmer Seniors	27,187	38,382
Petersburg Children's Center	7,699	6,885
Salvation Army, Anchorage	286,235	241,935
Southeastern Alaska Community Action Program, Juneau	38,091	27,527
Southeast Regional Resource Center, Juneau	75,372	51,106

<u>GRANTEES</u>	<u>FY 1983</u>	<u>FY 1984</u>
Southeast Senior Services, Juneau	\$ 98,219	\$ 115,344
Seward Community Library		6,779
Seward Senior Citizens		6,772
Susitna Limited		4,404
St. Joseph Child Care, Cordova	10,439	22,987
Stevens Village		3,892
Tanana Valley Community College, Fairbanks	24,770	31,417
Tims Janitorial, Kenai		7,090
Central Council of Tlingit/Haida Indian Tribes of Alaska, Juneau	50,152	28,963
University of Alaska, Fairbanks, Center for Cross-Cultural Studies		3,432
The Upholstery Shop, Kenai		1,358
Upper Tanana Development Corporation, Tok	66,230	61,984
Wasilla, City of	9,015	8,049
Wasilla Area Seniors, Wasilla	8,165	25,539
Women In Crisis Counseling and Assistance, Fairbanks	6,091	10,976
Valley Women's Resource and Crisis Center, Kenai	17,258	10,065

(c) The Department of Natural Resources and the Department of Transportation and Public Facilities may enter into agreements under this chapter for the acquisition of rights of way, construction, reconstruction, maintenance, repair or alteration of access roads serving public airports. (§ 5 ch 2 ESLA 1955; am § 6 ch 104 SLA 1971; am Executive Order No. 39, § 11 (1977))

Sec. 44.65.060. Restriction on contracting with or employing experts on radiation hazards. (a) Except for the Department of Health and Social Services, the Department of Labor, the Department of Environmental Conservation, and the Department of Military and Veterans' Affairs, no state agency may

(1) contract, other than with the Department of Health and Social Services, to have services performed which require expertise in determining or reducing the hazards of radiation; or

(2) employ a person whose duties require expertise in determining or reducing the hazards of radiation.

(b) As used in this section, "state agency" or "agency of the state" means a state department or agency, whether in the legislative, judicial, or executive branch, including such entities as the Alaska State Housing Authority; "state agency" or "agency of the state" does not include the University of Alaska, a municipality, or an agency of a municipality.

(c) As used in this section, "radiation" does not mean radiation emitted from a Federal Communications Commission licensed facility emitting radiation of a wave length longer than one centimeter and an average power output not exceeding two kilowatts. (§ 2 ch 172 SLA 1978; am E.O. No. 58, § 23 (1984))

Cross references. — As to radiation protection, see AS 18.60.475. amendment inserted "and Veterans'" in the introductory language of subsection (a).
Effect of amendments. — The 1984

Chapter 66. Review of the Activities of Agencies, Boards and Commissions.

<p>Section 10. Termination of state boards and commissions 20. Agency programs</p>	<p>Section 30. Program identification 50. Legislative oversight 60. Existing claims</p>
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Cross references. — As to the termination, continuation and reestablishment of regulatory boards, see AS 08.03.010. For legislative findings related to this chapter, see § 1, ch. 149, SLA 1977.

Sec. 44.66.010. Termination of state boards and commissions.

(a) Boards and commissions listed in this subsection expire on the date set out after each:

- (1) Alcoholic Beverage Control Board (AS 04.06.010) — June 30, 1986;
- (2) Alaska Transportation Commission (AS 42.07.011) — June 30, 1985;
- (3) State Board of Parole (AS 33.15.010) — June 30, 1985;
- (4) Alaska Public Utilities Commission (AS 42.05.010) — June 30, 1985;
- (5) *[Repealed, § 20 ch 110 SLA 1981.]*
- (6) Alaska Council on Science and Technology (AS 44.21.241) — June 30, 1983;
- (7) *[Repealed, § 16 ch 161 SLA 1984.]*
- (8) Alaska Code Revision Commission (AS 24.20.075) — June 30, 1985;
- (9) Rural Development Council (AS 44.47.160 — 44.47.190) — June 30, 1987;
- (10) Older Alaskans Commission (AS 44.21.200) — June 30, 1985;
- (11) Council on Domestic Violence and Sexual Assault — June 30, 1985;
- (12) Alaska Women's Commission — June 30, 1987.

(b) Upon termination, a commission listed in (a) of this section shall continue in existence until June 30 of the next succeeding year for the purpose of concluding its affairs.

(c) A commission scheduled for termination under AS 44.66.010 — 44.66.060 may be continued or reestablished by the legislature for a period not to exceed four years. (§ 3 ch 149 SLA 1977; am § 3 ch 101 SLA 1978; am § 10 ch 179 SLA 1978; am § 3 ch 44 SLA 1980; am § 1 ch 115 SLA 1980; am § 11 ch 131 SLA 1980; am § 11 ch 136 SLA 1980; am § 3 ch 172 SLA 1980; am § 1 ch 32 SLA 1981; am § 1 ch 64 SLA 1981; am § 4 ch 79 SLA 1981; am § 3 ch 101 SLA 1981; am § 20 ch 110 SLA 1981; am E.O. No. 48, § 5 (1981); am § 1 ch 65 SLA 1982; am § 31 ch 142 SLA 1982; am § 3 ch 52 SLA 1983; am § 1 ch 20 SLA 1983; am § 1 ch 74 SLA 1983; am § 1 ch 76 SLA 1983; am § 16 ch 161 SLA 1984; am § 1 ch 163 SLA 1984)

Effect of amendments. — The first 1980 amendment substituted "(AS 04.06.010) — June 30, 1981" for "AS 04.05.010 — June 30, 1979" in paragraph (1) of subsection (a).

The second 1980 amendment substituted "1983" for "1979" at the end of paragraph (2) of subsection (a).

The third 1980 amendment substituted

"1985" for "1980" at the end of paragraph (4) of subsection (a).

The fourth 1980 amendment added paragraph (8) of subsection (a).

The fifth 1980 amendment added paragraph (9) of subsection (a).

The first 1981 amendment substituted "1982" for "1980" in paragraph (3) of subsection (a).

The second 1981 amendment substituted "1983" for "1981" in subsection (a)(1).

The third 1981 amendment added paragraph (10) of subsection (a).

The fourth 1981 amendment added paragraph (11) of subsection (a).

The fifth 1981 amendment repealed paragraph (5) of subsection (a) which provided a termination date for the Alaska Pipeline Commission.

The sixth 1981 amendment substituted "AS 44.21.241" for "AS 44.19.181" in paragraph (6) of subsection (a).

The first 1982 amendment substituted "1985" for "1982" in paragraph (8) of subsection (a).

The second 1982 amendment deleted "Renewable" preceding "Resources Corporation" and substituted "June 30, 1992" for "June 30, 1982" in paragraph (7) of subsection (a).

The first 1983 amendment, substituted "1985" for "1982" in paragraph (a)(3).

The second 1983 amendment, added paragraph (12).

The third 1983 amendment, substituted "1985" for "1983" in paragraph (a)(2).

The fourth 1983 amendment, substituted "1984" for "1983" in paragraph (a)(1).

The first 1984 amendment repealed paragraph (a)(7), which provided a termination date for the Alaska Resources Corporation.

The second 1984 amendment substituted "1986" for "1984" in paragraph (1) of subsection (a).

Legislative history reports. — For adoption of letter of intent relating to ch. 77, SFA 1982, extending the termination date of the Alaska Transportation Commission, see 1983 Senate Journal, p. 1424, and 1983 House Journal, p. 1939.

Sec. 44.66.020. Agency programs. (a) Agency programs and activities listed in this subsection which are specifically designated as provided in AS 44.66.030 are subject to termination during the regular legislative session convening in the month and year set out after each:

(1) programs in the budget categories of general government, public protection, and administration of justice — January, 1980;

(2) programs in the budget categories of education and the University of Alaska — January, 1981;

(3) programs in the budget categories of health and social services — January, 1982;

(4) programs in the budget categories of natural resources management, development and transportation — January, 1983.

(b) An agency program or activity designated in (a) of this section shall be subject to termination during the regular legislative session convening four years after the preceding review and may be subject to termination at any time upon the recommendation of the Legislative Budget and Audit Committee and the concurrence of the legislature as if under AS 44.66.030. (§ 3 ch 149 SLA 1977)

Sec. 44.66.030. Program identification. During the legislative session preceding each of the years set out in AS 44.66.020, the Legislative Budget and Audit Committee shall designate, not later than March 1 of those years, the programs and activities within each program category which shall be subject to termination in the next fiscal year. The recommendations of the Legislative Budget and Audit Committee shall be submitted to the respective houses of the legislature in the form of a bill which, if enacted into law, would terminate those designated programs and activities on or before July 1 of the following year. (§ 3 ch 149 SLA 1977)

Sec. 44.66.050. Legislative oversight. (a) Before the termination, dissolution, continuation or reestablishment of a board or commission under AS 08.03.010 or AS 44.66.010, or of an agency program under AS 44.66.020 and 44.66.030, a committee of reference of each house, which shall be the standing committee of legislative jurisdiction as provided in the Uniform Rules of the Legislature, shall hold one or more hearings to receive testimony from the public, the commissioner of the department having administrative responsibility for each named board, commission, or agency program, and the members of the board or commission involved. The hearings may be joint hearings. The committee shall also consider the proposed budget of the board, commission, or agency program, prepared in accordance with AS 37.07.050(f), and the performance audit of the activities of the board, commission, or agency program, prepared by the legislative audit division as prescribed in AS 24.20.271(1). The committee may consider any other report of the activities of the board, commission or program, including but not limited to annual reports, summaries prepared by the Legislative Affairs Agency, and any evaluation or general report of the manner of conduct of activities of the board, commission, or agency program prepared by the office of the ombudsman.

(b) During a public hearing, the board, commission or agency shall have the burden of demonstrating a public need for its continued existence or the continuation of the program, and the extent to which any change in the manner of exercise of its functions or activities may increase efficiency of administration or operation consistent with the public interest.

(c) A determination as to whether a board or commission or agency program has demonstrated a public need for its continued existence shall take into consideration the following factors:

- (1) the extent to which the board, commission or program has operated in the public interest;
- (2) the extent to which the operation of the board, commission, or agency program has been impeded or enhanced by existing statutes, procedures, and practices which it has adopted, and any other matter, including budgetary, resource, and personnel matters;
- (3) the extent to which the board, commission or agency has recommended statutory changes which are generally of benefit to the public interest;
- (4) the extent to which the board, commission or agency has encouraged interested persons to report to it concerning the effect of its regulations and decisions on the effectiveness of service, economy of service, and availability of service which it has provided;
- (5) the extent to which the board, commission or agency has encouraged public participation in the making of its regulations and decisions;

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(6) the efficiency with which public inquiries or complaints regarding the activities of the board, commission or agency filed with it, with the department to which a board or commission is administratively assigned, or with the office of the ombudsman have been processed and resolved;

(7) the extent to which a board or commission which regulates entry into an occupation or profession has presented qualified applicants to serve the public;

(8) the extent to which state personnel practices, including affirmative action requirements, have been complied with by the board, commission or agency to its own activities and the area of activity or interest; and

(9) the extent to which statutory, regulatory, budgeting or other changes are necessary to enable the agency, board or commission to better serve the interests of the public and to comply with the factors enumerated in this subsection.

(d) As to each board, commission, or agency program assigned to it for purposes of review, the committee of reference shall, not later than the 60th day of the legislative session, submit a report to the presiding officer of the house. The report shall contain a summary of the findings of the committee as to the compliance of the board, commission or program with the factors enumerated in (c) of this section, together with a summary or recommendations of the committee as to each of the following:

(1) an identification of the problems or the needs that the programs and activities of the board, commission or agency are intended to address;

(2) a statement, to the extent practicable, of the objectives of the program of the board, commission, or agency program, and its anticipated accomplishments;

(3) an identification of any other programs having similar, conflicting or duplicate objectives;

(4) an assessment of alternative methods of achieving the purposes of the program;

(5) an assessment of the consequences of eliminating the board, commission or program and consolidating its activities with another program, or of funding it at a lower level;

(6) a justification for the recommended continuation or extension of the board, commission or program, and an explanation of the manner in which it avoids duplication of or conflict with other efforts; and

(7) any other information which, in the opinion of the committee, would improve the performance of the board, commission or agency with respect to its representation of and responsiveness to the public interest.

(e) The committee of reference may introduce a bill providing for the reorganization or continuation of the board, commission or agency

program. No more than one board, commission, or agency program shall be continued or reestablished in any legislative bill, and the board, commission, or agency program shall be mentioned in the title of the bill. (§ 3 ch 149 SLA 1977)

~~Sec. 44.66.060.~~ Existing claims. This chapter shall not cause the termination or dismissal of a claim or right of a citizen against a board, commission or program of an agency terminated under this chapter which is subject to litigation. Claims and rights shall be assumed by the department to which the board or commission terminated under this chapter was attached for administrative purposes. (§ 3 ch 149 SLA 1977)

Part 6. State Property.

Chapter

68. State-Owned Vehicles (§§ 44.68.010 — 44.68.040)

71. Surplus Property (§§ 44.71.010 — 44.71.040)

74. Management and Disposition (§§ 44.74.010 — 44.74.090)

Chapter 68. State-Owned Vehicles.

Section

10. Use of state-owned vehicles

20. Regulations regarding the use of state-owned vehicles

Section

30. Exemptions

40. Violations

Sec. 44.68.010. Use of state-owned vehicles. State-owned vehicles may be used only in the conduct of state business. A state officer or employee may not use or permit the use of a state-owned vehicle except in the conduct of state business. (§ 1 ch 178 SLA 1959)

Collateral references. — 72 Am. Jur. 2d States, Territories and Dependencies, § 66.

Responsibility of public officer for negligence of subordinate in operation of vehicle, 3 ALR 149.

Applicability to public officials or employees of motor vehicle regulations, 19 ALR 459; 23 ALR 418.

Sec. 44.68.020. Regulations regarding the use of state-owned vehicles. The Department of Transportation and Public Facilities shall adopt regulations that

(1) define what is the use of state-owned automotive and mechanical vehicles in the conduct of state business and distinguish this use from misappropriation for private use;

(2) prescribe use governing the storage of state-owned vehicles in those locations where storage space, under the jurisdiction of the Department of Transportation and Public Facilities, is available for storage of state-owned vehicles;

THE SENIOR ADVOCATE
Rose S. Palmquist
Post Office Box 294
Wasilla, Alaska 99687

HB 124

RECEIVED
APR 22 1985

April 19, 1985

The Honorable Mitchell E. Abood, Jr
Chair
Senate State Affairs Committee
Pouch V
Juneau, Alaska 99811

Dear Senator Abood:

Please read the following statement into the records of the hearing on April 24, 1985, relative to H B 124.

As a person who was a member of the legislative interim committee on concerns of Alaska's seniors, and as one who assisted in the drafting of H B 17 which gave birth to the Older Alaskans Commission, I have a vital interest in the operations of the commission.

The problems that have been and still are evident are basically two fold --

The first is that the OAC has never implemented the fundamental spirit of H B 17, namely that Alaska's elderly are to have maximum involvement in any plans considered for adoption by OAC and the manner in which any plans are carried out. Alaska's elderly deserve a great deal more than a state system which is only the tool for administering the funds, state and federal, under the Older Americans Act. We should have innovative pilot projects (as provided for in H B 17) to meet those needs not funded under the Older Americans Act. One example that comes to mind is the provision of foot care, eye glasses, hearing aids, in order that older people can remain mobile and otherwise functional. Alaska's programs should serve all elderly and not just those who happen to live in the more populated centers. Older Persons Action Group receives dozens of requests from non-urban areas for assistance because their needs are not

April 19, 1985

The Honorable Mitchell E. Abood, Jr.

page 2

addressed in any organized fashion by OAC. Nor does the OAC fund OPAG to provide these services otherwise neglected.

The OAC is directed by statute to encourage and assist in the formation of local government senior citizens commissions. The thought was that OAC would address statewide concerns while the local commissions would administer the regional (boroughs or native corporation areas) and local programs. The OAC has done nothing in this area.

That leads us to the second basic problem and involves the question as to who sets the policies -- the OAC with very rare exceptions. rubber stamps the policies and decisions of the executive director. OAC is kept busy on their six of seven meetings a year in approving grants, participating in training sessions of project directors (not the boards of elderly organizations) and, as I said, merely approving how the director runs the show. What is evident is that the OAC is neither a policy making nor an administrative body. At most, it may be advisory.

A good director knows the fine line between administering programs under the guidance of his board and being the guiding force himself in the whole operation.

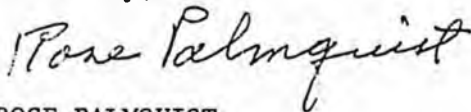
In summary, that ^{the} state statute is not adhered to either in spirit or entirely in deed: Seniors have practically nothing to say about how their concerns and needs are addressed -- they are governed by a bureaucracy that sets all the rules and makes all the decisions about what programs are funded and by how much.

Federal and state laws say that older persons shall have maximum participation and involvement in all processes of program development and administration. In Alaska, it's the bureaucracy that makes the decisions.

I recommend that the Older Alaskans Commission get a conditional extension.

I can expand on and give numerous examples of every statement I have made.

Sincerely,



ROSE PALMQUIST
Senior Advocate



Med-Alert Inc.

2405 St. Elias Drive
Anchorage, Alaska 99503 248-0379

April 22, 1985

Senator Mitch Abood
Alaska State Legislature
State Capitol
Pouch V
Juneau, Alaska 99811

Dear Senator Abood:

I have enclosed a copy of the letter from The Federal Communications Commission, as you requested.

I have discovered a problem which I think is potentially dangerous and so does the FCC. I have discovered that Mable T. Caverly has been going into the homes of clients and either disconnecting my machinery (without my knowledge or permission) or installing their machinery on the same telephone line as the Med-Alert machinery. I think the latter is quite risky, if not dangerous and could lead to the non-rescue or death of a client. I urge you to help me get Mable T. Caverly Sr. Center to stop this practice. Inasmuch as the letter they received is quite similar to mine I think, I enclosed my letter. However, letter or not, it does not seem to have stopped them.

I originally requested an investigation by the FCC in January after discovering the first home where the MTC machinery was "Doubled up" with Med-Alert machinery. Since then I have personal knowledge of at least one other client they "doubled up." I am canvassing the clients right now to see if there are other instances.

An additional note of interest. I am sure that the Older Alaskans Commission is requiring MTC to report monthly on the number of clients they have "on line." It would be interesting to learn how many clients were receiving "double counts", by MTC. It seems unnecessary for the State to be paying twice for the same client., and could cast some doubt as to the credibility of their statistics.

Further, I have sent a bill to Mable T. Caverly Center for the units which they disconnected belonging to me. They were damaged, some ruined.

Thank you for your interest in this matter.

Yours truly,

Janet Moyer
President

Automatic Fire and Smoke Detection
Burglary Protection
Professional Guard Services



700 West 41st Ave., Suite A
Anchorage, Alaska 99503
(907) 561-1898

Guardian Security Systems, Inc.

April 17, 1985

Senator Mitch Abood
State Capitol
Pouch V
Juneau, Alaska 99811

Dear Senator Abood:

My name is Esther Wehr. I am the Dispatching Supervisor for Guardian Security Systems, which monitors for Med-Alert.

I work the day shift Monday-Friday and deal with the senior citizens who call in to test their medical alarms.

Many of them are concerned and upset over the tactics used by Mable T. Caverly Center.

They feel intimidated and pressured with letters and phone calls apparently from Mable T.

Some of the seniors call just to test their units, many call to be reassured that all is well with their world and just to talk to a voice at the other end of the phone who will say, "hello," "how are you," and mean it. My dispatchers and I are always willing to talk with them if we have the time.

As for myself and my dispatchers, we are concerned. We can't help but each have our favorites and the list of favorites grows daily as we get to know them better.

Each senior is treated with concern and respect for themselves and their years of life. These people were once young productive members of our society, giving us many of our current values and of course the current generation itself.

When a company calls an older person, frightening them and making them insecure, it reflects on us all. To prey on an elderly person for monetary gain is not only distasteful but a cruel, inhumane way to "Make a Bux."

Let us not forget that if we live we must grow old, it is the nature of things. How would we like having our lives turned upside down?

If you have questions and are interested in these people and care like we do, please call and I will be glad to explain particular instances.

Thank you for your attention.

Sincerely,

Esther M. Wehr

Esther M. Wehr
Dispatching Supervisor
GUARDIAN SECURITY SYSTEMS, INC.

FEDERAL COMMUNICATIONS COMMISSION

FIELD OPERATIONS BUREAU

March 28, 1985

ADDRESS REPLY TO:
Anchorage District Office
P O Box 102955
Anchorage, Alaska 99510

Janet Moyer
Med-Alert Inc
2405 St. Elias Drive
Anchorage, Alaska 99503

Dear Ms. Moyer:

In our investigation into the matter of the potential danger of connecting the equipment of both Med-Alert and the Mabel T Caverly Senior Center to the same phone line, we have been unable to find any confirmed instance of harm to the patient. However, we feel that there may indeed be a possible danger in doing so. Since we know of no regulation that requires units of different manufacturers to be compatible with each other we can only request your help in making sure that such a potentially dangerous situation does not occur.

We request that when someone makes arrangements to take your service you ask them if they already have service with another company. If so, arrangements should be made through the client to have the other unit removed from the line at the same time that the new one is installed. Your cooperation in this matter is greatly appreciated.

Sincerely,

Dennis E. Stoneberg
Dennis E. Stoneberg
Acting Engineer in Charge

cc:

Senator Stevens

MEMORANDUM

State of Alaska

TO: Ski Olsonoski, Deputy Commissioner
Department of Administration

DATE: April 16, 1985

FILE NO:

TELEPHONE NO:

FROM: Jon B. Wolfe, Executive Director
Older Alaskans Commission
Department of Administration

SUBJECT: OAC 1985 Grant Programs

The information that you requested for current Older Alaskans Commission programs is attached. The service numbers are an approximation based on current reporting to us and last year's service delivery. Also attached are excerpts from our December staff reviews for these grants which summarize current services and program operations.

Please let me know if you have any questions.

Attachment

JBW/BM/bs

OLDER ALASKANS COMMISSION
CY 1985 Grant Programs

Grantee	Federal Funds Awarded	State Funds Awarded	Services	Approx. Number Served
City of Aleknagik P.O. Box 33 Aleknagik, AK 99555	\$ 10,190		Transportation	14
Alaska Legal Serv. Corp. 615 H. St., Suite 100 Anchorage, AK 99501	\$155,265		Legal Services, outreach, education	425
Aleutian/Pribilof Is. 1689 "C" St. Anchorage, AK 99501		\$53,108	Health education	N/A
Alzheimer's Family Support Group 6847 Jewel Lake Rd. #167 Anchorage, AK 99507		\$28,838	Resources, public education for Al- zheimer's Disease	N/A
Anchor-AGE Management Board Multipurpose Sr. Ctr. 1300 East 19th Ave. Anchorage, AK 99501	\$ 18,889	\$71,000	Physical fitness Senior Olympics	200
Anchorage Community Mental Health Ctr. 4020 Folker St. Anchorage, AK 99508		\$97,072	Respite Care, Elderly Day Care	263
Foster Grandparents Senior Companion 420 M St. Anchorage, AK 99501		\$67,802	Volunteer services	68
Mabel T. Caverly Senior Center, Inc. 1111 E. 5th Ave. Anchorage, AK 99501	\$168,363		Transportation, escort, telephone, reassurance, coun- seling information/ referral	829
Older Persons Action Group, Inc. Box 2240 Anchorage, AK 99510	\$ 60,712	\$47,952	Information/Refer- ral and assistance Senior Voice	1817
Salvation Army OLDER ALASKANS PROGRAM Box 1459	\$841,368	\$176,099	Congregate and home-delivered meals	3030

	<u>Federal</u>	<u>State</u>	
Senior Citizens Ombudsman 1317 West Northern Lights Anchorage, AK 99503		\$95,000	Handles complaints 500 regarding long term care facilities and senior programs
North Slope Borough Health Department P.O. Box 69 Barrow, AK 99723	\$126,575		Congregate and home- 185 delivered meals, transportation, shop- ping assistance, es- cort, I&R translation
City of Bethel Senior Citizens Program P.O. Box 388 Bethel, AK 99559	\$120,863		Congregate meals, 164 transportation, I&R counseling, escort, translation
Lower Kuskokwim School District Box 305 Bethel, AK 99559	\$225,000		Congregate and home- 560 delivered meals
Chugiak Senior Citizens, Citizens, Inc. Star Route 1, Box 2969 Chugiak, AK 99567	\$148,447	\$71,007	Congregate and home- 616 delivered meals
Copper River Native Association Drawer H Copper Center, AK 99573	\$107,850		Congregate meals, 92 transportation, shopping assistance, escort
Senior Program City of Cordova P.O. Box 1210 Cordova, AK 99574	\$ 81,529		Congregate and home- 140 delivered meals
Delta Seniors, Inc. P.O. Box 749 Delta Junction, AK 99737	\$ 21,872	\$12,500	Transportation, 15 escort, information
Bristol Bay Native Association P.O. Box 189 Dillingham, AK 99576	\$173,590	\$50,000	Congregate and home- 168 delivered meals
City of Dillingham P.O. Box 191 Dillingham, AK 99576		\$169,396	Congregate and home- 116 delivered meals, home- maker services, telephone reassurance, transportation, I&R

	<u>Federal</u>	<u>State</u>		
Fairbanks Native Assoc. 310½ First Avenue Fairbanks, AK 99701	\$ 17,696	\$10,924	Information and refer- ral, home visits	93
Fairbanks Rehabilitation Association 804 Airport Road Fairbanks, AK 99701		\$42,276	Respite	13
North Star Council on Aging, Inc. P.O. Box 73888 Fairbanks, AK 99707	\$213,796	\$56,201	Congregate and home-delivered meals, transpor- tation escort, out- reach, I&R, home visits, personal assistance	2600
City of Fort Yukon Box 269 Ft. Yukon, AK 99740	\$63,000		Congregate and home- delivered meals, transportation, escort	30
City of Galena Trans. for Elderly P.O. Box 149 Galena, AK 99741	\$ 4,032		Transportation	17
Homer Senior Citizens, Inc. P.O. Box 1137 Homer, AK 99603	\$137,465		Congregate and home- delivered meals	
Juneau Women's Resource Center 110 Seward St., Rm. 6 Juneau, AK 99801		\$ 2,570	Widowed persons services	97
Southeast Senior Services 419 - 6th St., CCS Wing Juneau, AK 99801	\$1,032,536	\$172,027	Congregate and home- delivered meals, transportation	2232
City of Kenai Senior Services 361 Senior Court Kenai, AK 99611	\$125,300	\$ 6,193	Congregate and home- delivered meals	764
Rendezvous Senior Day Services, Inc. P.O. Box 9382 Ketchikan, AK 99901		\$62,472	Day Care	26

	<u>Federal</u>	<u>State</u>	
Senior Citizens of Kodiak, Inc. P.O. Box 315 Kodiak, AK 99615	\$90,000	\$53,699	Congregate and home-delivered meals 287
Maniilaq Association Senior Center Box 256 Kotzebue, AK 99752	\$ 12,170	\$45,590	Transportation congregare, nutrition, shopping assistance, escort 86
Metlakatla Senior Citizens Program P.O. Box 520 Metlakatla, AK 99926	\$87,103		Congregate, home-delivered meals, nutrition, transportation, escort, outreach, I&R, shopping assistance 113
Minto Senior Services Minto, AK 99758	\$68,211		Congregate meals 37
Nenana Tortella Council on Aging P.O. Box 209 Nenana, AK 99760	\$25,661	\$37,442	Transportation, escort, outreach, chore, health screen, congregare nutrition fewer than 5 days per week 81
Nome Senior Citizens Program P.O. Box 98 Nome, AK 99762	\$105,000		Congregate and in-home meals 145
Palmer Senior Citizens P.O. Box 2429 Palmer, AK 99645			
Seward Senior Citizens Program P.O. Box 1195 Seward, AK 99664		\$30,000	Congregate nutrition, transportation, outreach, telephone reassurance, visiting 168
City of Houston/ Mid-Valley Srs., Inc. P.O. Box 27 Houston, AK 99694		\$15,140	Nutrition three days per week
Ninilchik Sr. Citizens P.O. Box 105 Anchor Point, AK 99556	\$15,000		Congregate meals once per week, home-delivered, twice per week

	<u>Federal</u>	<u>State</u>		
Valdez Sr. Citizens Ctr. P.O. Box 1635 Valdez, AK 99686		\$21,312	Congregate meals less than 5 days per week	
Tapraq, Inc. Stebbins, AK 99671	\$23,258		Congregate meals less 21 than 5 days per week	
City of Tanana P.O. Box 181 Tanana, AK 99777	\$234,000		Residential Care (Legislation Appropriation)	8
Upper Tanana Development Corp. P.O. Box 459 Tok, AK 99780	\$209,047	\$30,087	Congregate and in- home meals	129
Wasilla Area Seniors Inc. Floyd D. Smith St. Ctr. P.O. Box 1456 Wasilla, AK 99678	\$ 99,773	\$32,400	Congregate meals	347

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Alaska Legal Services Corporation STAFF: Barbara McPherson

Summary

Alaska Legal Services Corporation (ALSC) requests \$151,230 in continuation funding for the Statewide Elderly Legal Services Program. The program has been funded under AS 47.65 since July 1, 1982 and has served approximately 400 persons each year.

Under current-OAC funding, staffing for the project consists of a full-time paralegal with half-time secretarial support in ALSC's Anchorage office, a half-time attorney in Fairbanks, and a half-time paralegal in Copper Center. Attorneys in other ALSC offices have occasionally provided legal services to elderly persons who would not otherwise have been served. In those instances, the attorney bills time spent on the case to the OAC project grant. The Legal Developer provides the grant administration, reporting, and backup services that are necessary. The Legal Developer as grant coordinator also cooperates with the Pro Bono project to recruit and train private attorneys who provide services on a volunteer basis.

Under their CY 1985 funding request ALSC proposes to continue current service delivery with the addition of a half-time attorney based in Juneau to serve seniors in Southeast Alaska. ALSC proposes to serve 355 older persons in CY 1985.

Analysis

ALSC's CY 1985 request represents a 57% increase over the program's current OAC funding of \$96,400 although service levels are projected to be relatively the same. In the 12-month period beginning October 1, 1983 and ending September 30, 1984, ALSC served 392 persons. In CY 1985, 355 persons are expected to be served.

During CY 1984, ALSC did not keep statistics according to type of case handled. However, it appeared that the largest proportion of cases were opened for wills, public entitlements or income maintenance (pensions, SSI, Social Security, Longevity Bonus, Medicare, Medicaid). Other issues were the Valley Memory Gardens bankruptcy, housing, land ownership, estates, probate and guardianships. In Anchorage the trend appears to be away from requests for wills and toward more complex cases concerning housing, home ownership, government benefits and pensions. Statistics on case type will be collected during CY 1985 under OAC's new program reporting system.

ALSC has continued to maintain a high level of commitment to services to the elderly. This program has been well received by both clients and referring agencies and has provided leadership and expertise to the aging service network.

Recommendation

Due to extremely limited available funding for senior services Statewide, CY 1985 funding for Legal Services. The following special conditions of award are also recommended:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to OAC on form F-B by February 15, 1985.
4. A revised budget shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantee audits must comply with OAC PI-84-5 and Circular A-102, Attachment P.
6. Grantees must have an equal employment opportunity policy, as well as have implemented and affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
7. Out-of-state travel under this grant requires prior approval by OAC.
8. Attendance at OAC meetings is not a requirement of funding and grant funds shall not be used for this purpose.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Aleknagik

STAFF: Ruth G. Browne

Summary

The City of Aleknagik requests \$17,355 to continue to provide transportation to the 13 local elders. The van transports the elders. The van transports the elders to Dillingham on Mondays and Fridays to access medical and shopping services. On these days the elders participate in the meal program operated by the Dillingham Senior Citizens Center.

Aleknagik is located 24 miles from Dillingham. One way air fare to Dillingham is \$40 and one way taxi fare is \$60. Most all the elders are unemployed and most receive Old Age Assistance.

Analysis

The applicant's request equals its CY 84 award plus 70%. The increase is due to:

- . raising the drivers hourly wage from \$8.50 to \$9.50 (the beginning wage for a driver in the City of Dillingham is \$8.21)
- . the addition of another alternate driver for emergency trips
- . facility expense at \$3,000 and insurance at \$2,000 which was previously provided by the city

As of September 30, 1984 the applicant had only expended 31% of its current award. Consideration should be given that expenditures are reported on a cash basis of accounting.

Recommendations

In view of expenditures OAC staff recommends funding at the CY 84 award of \$10,190.

*Ronnie
Barnes*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Aleutian/Pribilof Islands Association STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The A/P Islands Association received funding from the OAC in July 1983 for a six month's Elderly Self Care Project in selected communities at a cost of \$23,550. The primary thrust was to select key persons in 11 communities for training in Anchorage and return them to their communities to promote health awareness and methods for elderly self care.

The current Health Maintenance project has taken a different approach. The intent has been to employ a professional nurse to visit the same eleven communities as an outreach and linkage persons between the elderly and local health aides. This more direct service approach provides a very brief stay of the health professional in the community and has not proven entirely satisfactory for long term health maintenance results. "The program approach has undergone continuous evaluation and a tremendous amount has been learned in regard to increasing the effectiveness of the program." The dependence upon the distant health profession in Anchorage suggested a different direction.

The CY 1985 request is to provide for the same professional nurse as coordinator and trainer but to rely again, as in the first project, more upon interested and committed volunteers in six communities, reducing the program to those with the highest number of elderly, and selecting three from each community to be trained in Anchorage. With Health Maintenance Kits developed in 1984 and other training materials, including video tapes on health subjects, the newly trained representatives of each community will return home to train others in the use of the kits and educational materials. A Self-Care Manual is part of the informational program designed for older persons themselves.

Phase I - Identification of 60 potential volunteers in six communities.
Phase II - Selection and Training of 18. Phase III - Local Workshops.

ANALYSIS:

Though a 6% salary increase for the health profession is indicated, the 66.4% increase in the CY 1985 request over current year funding is due to the loss of other funds which paid 50% of the nurse's salary in 1984 with the justification that 100% of a 37.5 hour week is needed in the 1985 program. The request includes \$23,550 for travel funds to bring 18 people to Anchorage while continuing to spend \$13,060 in trips by the nurse to the six communities for recruiting purposes a total of \$36,610 in travel, an increase of \$17,234 or 89% increase over 1984 which is offset in part by a federal funds match of \$14,380. Training materials found in supplies include the Health Maintenance Kits and 177 T-Shirts at \$3 each for program participants totaling \$3,000, plus \$800 more in printing Self-Care Manuals (200). The distribution of increases is 110.2% in salary costs, 88.9% in travel, 63.5% in facilities, 500% increase in supplies, equipment is -0- in 1985 though a 1984 budget revision has provided \$1,200 for video equipment.

APPLICANT: Aleutian/Pribilof Islands Association STAFF: Howard DeVore

STAFF RECOMMENDATION:	State/Federal	Match	100%
TITLE III	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
AS 47.65	\$ <u>53,108</u>	\$ <u>5,317 (9.1%)</u>	\$ <u>58,425</u>
TOTAL	\$ <u>53,108</u>	\$ <u>5,317</u>	\$ <u>58,425</u>

Staff recommends funding at this level, a 10% increase over the CY 1984 level to provide for and strengthen the Information and Referral services of the project but not at the requested funding level which would reduce the grantee's maintenance of effort and reduce the grantee's other federal funds currently employed in the project.

Staff recommends funding this type of project in CY 1985, in its third year, as a final effort to bring a self-care health program to the elderly of this region and not as an on-going program. The objectives of the project should be reached by the end of CY 1985. It would seem unnecessary to repeat or continue this project.

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
6. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Services, Division of Family and Youth Services, under their contract with Alaska Management Technologies. Tasks performed by Title V in-home workers are not affected by this special condition.
7. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex, or age handicap is prohibited both within grantee personnel administration.

Continued next page.

*Kevin Antel
Adventist
Comments
5/4/85 6/10/85*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

*148 pages
identified
and today
12/13*

APPLICANT: Alzheimer's Disease Family Support Group STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Anchorage based Alzheimer's Disease Support Group has grown out of the need of the families brought together through the programs of the Anchorage Community Mental Health Geriatric Services, particularly the Daybreak Day Care Project which has increasingly focused upon Alzheimer's Disease and related diseases. Families have come to share their resources in promoting information about Alzheimer's Disease and generating support and resources to care for their elderly relatives.

This request for CY 1985 AS 47.65 funding at \$29,838 plus match and other resources will provide for one part time coordinator position officed in the new ACMH/SCCC's Daybreak facility on the southside of Anchorage, supported by volunteer's from the ADFSG Board of Directors who will carry out workshops in Unalaska, Sand Point, the Pribilofs, Kctzebue, Sitka, Valdez, Galena, and Upper Tanana. Travel funds are requested for volunteer trainers to these communities where they will organize information on suspected Alzheimer's Disease victims, related them with local agencies, and arrange for transport of the older persons to Anchorage for a period of observation and diagnosis by medically qualified persons. The project will attempt to arrange for care and follow-up.

ANALYSIS:

Linked with Anchorage Community Mental Health and Daybreak Adult Day Care, this project would appear to provide very cost effective education and training in strategic locations of the state through volunteers now experienced in the impact of Alzheimer's Disease victims upon their families and their aging relatives.

STAFF RECOMMENDATION:

Staff recommends funding the Alzheimer's Support Project at the level requested less the amount of \$1,000 budgeted for a speaker at the OAC Aging Conference. The OAC Aging Conference planning and budgeting is provided by the OAC Education and Training Consortium.

RECOMMENDATION:	TITLE III \$	State/Federal	Match	100%
	\$	-0-	\$ -0-	\$ -0-
AS 47.65	\$	28,838	\$ 1,906	\$ 30,734
TOTAL	\$	28,838	\$ 1,906	\$ 30,734

*Janet K...
Betsy...*

OPAC?

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Anchor AGE Center, Anchorage

STAFF: Howard DeVore

SUMMARY OF PROGRAM: The Anchorage Senior Center requests continue two programs. The Title III request continues the Information and Referral service through a subcontract with the Older Persons Action Group which places and supervises a full time I & R Worker at the Senior Center. In addition, the Title III request would add a new Outreach Worker on a part time basis. The request, from AS 47.65, would continue the two position health maintenance and exercise program, Active People Over 60. A third physical fitness instructor is provided by Municipality of Anchorage funding as local match. Program objectives for both I&R and APO60 continue much as in the current year.

AS 47.65 ACTIVE OVER 60

CY 1985 Program objectives are:	Compare 1984 performance:
1980 hours physical fitness to 400	331 given cardiovascular activities
24 health maintenance activities-600	358 given leisure time activities
See Pages F-B #29 & #31	393 given flexibility exercises
	1404 self care assessments
	180 daily blood pressure screening
	24 nutrition information daily
	178 stress reduction activities
	214 given health consultation & info.

TITLE III INFORMATION AND REFERRAL

CY 1985 Program objectives are;	Compare Oct 83-Sept 84 performance
800 I & R and Support to	1908 I & R and Support units to 954
350 25% follow up to check on need met	499 Follow up to check on need met
1400 contact units to monitor needs	100% confidentiality
1400 client data/awareness contacts.	100% age, sex, race data collection
<u>80 outreach initiated to frail elderly</u>	see page F-A #34 in grant app.

ANALYSIS: AS 47.65 ACTIVE PEOPLE OVER 60

Though goals and objectives for CY 1985 are structured differently than in 1984, they remain much the same and provide exercise activities, special events, blood pressure monitoring and other health maintenance services and education. The coordinator works with other agencies such as the Alaska Treatment Center and the day care centers to provide services and technical assistance. See the AS 47.65 budget page for budget analysis.

700 people

TITLE III INFORMATION AND REFERRAL

The Anchor AGE Center and Older Persons Action Group proposes to add a new part time position to the subcontract serving the Anchorage Senior Center, an Outreach Worker who would visit homes reaching the frail elderly and homebound and seek to link these persons with agencies and a support system. With the Mabel T. Caverly Senior Center and the Salvation Army continuing long standing outreach programs targetted to the homebound, low income, minority, and frail elderly and the SEC Center proposing to do so, coordination should be required, if funded.

*From...
for...
H...*

*Copy for...
2052-9-11
Betsy*

APPLICANT: AnchorAGE Senior Center, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION:	State/Federal	Match	100%
TITLE III	\$ <u>18,889</u>	\$ <u>3,333 (15%)</u>	\$ <u>22,222</u>
AS 47.65	\$ <u>71,000</u>	\$ <u>7,889 (10%)</u>	\$ <u>78,889</u>
TOTAL	\$ <u>89,889</u>	\$ <u>11,222</u>	\$ <u>101,111</u>

Staff recommends continuing funding under AS 47.65 for the Active People Over Sixty program at the current operating level and recommends not funding expenses requested for computer programming or software nor for a speaker at the OAC Aging Conference for the reasons listed below:

1. Computer programming and software are not necessary to provide either the financial reports or the program statistics required by the OAC for either Title III or AS 47.65.
2. Planning, budgeting, and expenses for the OAC Aging Conference will be provided through the OAC Education and Training Consortium.

Staff recommends funding the AnchorAGE Senior Center Title III Information and Referral program and I & R Coordinator position only and recommends not to fund the new outreach program requested under Title III for the reasons listed below:

1. OAC already funds three major grantees in this area to provide outreach to the elderly to access services and to add another at this time would appear to be a duplication of services and not cost effective.
2. Funds requested for outreach under Title III to fund a new program would require further cuts in the regional allocation for this area.
3. Outreach funding under Title III, as a priority, should be provided for Title III funded programs such as nutrition.

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-8 by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
6. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Servi-

Continued next page.

*Chuck
Mumford*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: ANCHORAGE COMMUNITY MENTAL HEALTH STAFF: Howard DeVore

SUMMARY OF PROGRAM: ACMH submitted two grant applications, one for Title III for outreach workers and one for AS 47.65 day care services.

TITLE III/OUTREACH

The Geriatric Services of the Southcentral Counseling Center (ACMH) have been able to play an expanded and more significant role in meeting mental health needs of the elderly because of a history of special funding by the Alaska Office on Aging and its successor, the Older Alaskans Commission. The proportion of older persons served in Anchorage are twice the national average, due in large part to the peer counseling project continued since 1979 and enlarged in 1980 to focus on minority outreach by employing a minority and Alaska Native person in the two positions now OAC funded, together carrying a case load of 36-50 elderly. Though funded in the past by AS 47.65, the CY 1985 grant application seeks Title III monies on the basis of the strong outreach and referral intended. Outreach clients needing escort will be taken to the SCC Center by the two workers who will inform other Anchorage agencies of SCC services and arrange "short trips around the Municipality of Anchorage assisting the elder to find types of assistance commensurate with their needs." (page 8)

WAS UNDER AS 47.65

1985 Title III objectives are:
100 escort trips for 60 unduplicated
60 first time outreach contacts
60 referral/personal advocacy cases
14 information units to agencies
60 accessed to mental health services

Performance Oct 83-Sept 84 was:
59 in home assessment of problems
43 in home counseling troubled
25 referred to support services
? minority elders to mental h. s.
12 agencies contacted
5 organized groups in institutions
114 group sessions memory training
36 van trips for lonely/low self-e.

AS 47.65/DAY CARE

The Older Alaskans Commission funded, in part and for the first time, the ACMH Day Care Project which had narrowed its focus of service to Alzheimer's type clients among the elder with a CY 1984 grant of \$41,053 from the OAC and \$97,400 from the Municipality of Anchorage, a total of \$138,453. Daybreak was the second day care project in Anchorage started by the MOA in June 1982; Chugiak Day Care began the year before. In 1984 Chugiak served 35 elderly, Daybreak 30 Alzheimer's type clients, and the newest, Serendipity of the Salvation Army served 14 day care clients. They and other agencies meet monthly to coordinate services with the Anchorage OAC staff. With Daybreak's clients at risk of institutionalization without day care, the \$35 daily cost to the state and local government compares favorably to nursing home care at \$130. a day, if space were available. The respite to primary caretakers, the families, is immeasurable in maintaining their mental health. The ACMH request for CY 1985 is to fund, in part, the positions of a psychiatrist, a nurse, an occupational therapists, and a relief worker who will supplement the primary Daybreak staff now funded by the Municipality of Anchorage.

*Chuck
Adams
4/17/85
Spring*

APPLICANT: ANCHORAGE COMMUNITY MENTAL HEALTH STAFF: Howard DeVore

ANALYSIS: Title III- OUTREACH

Anchorage CMH Geriatric Project has been funded under AS 47.65 as peer counseling, providing elderly minority and Alaska Native persons with individual and group activities to encourage access to mental health services, increasing the numbers of elderly receiving services from the Southcentral Counseling Center, including minorities and Alaska Natives. The funding issue is not the validity of the services but the appropriate source of funding, Title III, which is proposed for 1985, or AS 47.65 where it has been for several years. "Outreach is an initial, one-time contact with a senior who has not been served by a program to inform him (or her) about services and invited him to participate or avail himself of services," according to OAC Service Definitions attached to the grant application. However, under AS 47.65 Counseling is "the use of a caseworker made by a qualified individual to assist an elderly person and/or his family in resolving problems, such as mental health counseling. May be done on a one-to-one basis or on a group basis and may be conducted by paid, donated and/or volunteer staff."

As the new CY 1985 objectives provide for escort trips, first time outreach contacts, referral/personal advocacy, and information giving to agencies, Title III access funding appears appropriate. Whereas CY 1984 objectives providing home counseling, group counseling, and group sessions are absent in 1985, outreach now appears to be the new emphasis while counseling by the two workers, a minority person and an Alaska Native, is to be carried out by other staff.

The question of duplication of services must be raised. With the Mabel T. Caverly Senior Center carrying on a strong outreach and assessment program among the low income and frail elderly of the city, does the new emphasis of Anchorage Community Health in outreach constitute serious duplication of services or can the two programs be coordinated to avoid duplication? If ACMH is funded for Outreach, special conditions for both agencies should require regular meetings of staff and plans for coordination.

Duplication of services may also be the result of funding ACMH for escort which has long been provided by both the Salvation Army of Anchorage and the Mabel T. Caverly Senior Center, now coordinated within the Older Alaskans Transportation Service and OAC Policies. Since all three agencies target the economic and social needy, how much escort is really needed in Anchorage? If funded, special condition should require coordination of escort through the Older Alaskans Transportation Services.

The unknown factor is whether these three agencies are targeting the same unduplicated low income, minority and Alaska Native, frail elderly with both Outreach and Escort services proposed in 1985. If funded by the OAC, close monitoring requiring the confidential lists of outreach and escort clients in 1985 should be required as provided by Title III regulations and made a special condition of CY 1985 grants to these three agencies and any other agency funded for outreach or escort.

AS 47.65 Alzheimer's Day Care

See page 5, AS 47.65 Budget Notes for analysis.

APPLICANT: Anchorage Community Mental Health

STAFF: Howard DeVore

STAFF RECOMMENDATION:	State/Federal	Match	100%
TITLE III	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
AS 47.65	\$ <u>97,072</u>	\$ <u>10,786 (10%)</u>	\$ <u>107,858</u>
TOTAL	\$ <u>97,072</u>	\$ <u>10,786</u>	\$ <u>107,858</u>

Staff recommends funding the Alzheimer's Daybreak Adult Day Care program under AS 47.65 and adding \$4,516 to the request and recommends not to fund the new outreach program request under Title III but to carry out such activities as are necessary for outreach for day care under AS 47.65. For the following reasons, staff recommends not funding mental health outreach under Title III:

1. OAC already funds three major grantees in this area to provide outreach to the elderly to access services and to add another at this time would appear to be a duplication of services and not cost effective.
2. Funds requested for outreach under Title III to fund a new program would require further cuts in the regional allocation for this area.
3. Outreach funding under Title III, as a priority, should be provided for Title III funded programs such as nutrition and access services.
4. Outreach for mental health services would be more appropriately funded directly by mental health centers.
5. During this period of funding the Older Alaskans Commission will initiate efforts to develop increased mental health services provided the elderly through Community Mental Health Centers and to coordinate aging and mental health services.

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-8 by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
6. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Servi-

Continued next page.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Bristol Bay Native Association

STAFF: Ruth G. Browne

SUMMARY:

Bristol Bay Native Association (BBNA) proposes to continue the provision of information, referral, outreach, homemaking, chore, home repair/maintenance/renovation, counseling, congregate and home-delivered meals to the elders of the Bristol Bay region.

According to a needs assessment conducted by BBNA there are at least 248 elders 60+ years of age in the Bristol Bay region. The average age is 70; 25% are over 75; 95% are Native; 53% male and a minimum of 25% are eligible for Old Age Assistance.

BBNA coordinates closely with the school districts, village councils, Dillingham Senior Citizens' Center, and the Village Public Safety Officers.

Letters of support are on file from Dillingham Senior Citizens Center, Bristol Bay School District, Public Assistance and Alaska Legal Services.

BBNA was funded to provide meal service in eight villages during CY 84: Koliganek, Manokotak, Naknek, South Naknek, Newhalen, New Stuyahok; Nondalton and Togiak. By using volunteer site managers, the meal service expanded to Ekwok, Kokhanok and Twin Hills during the last quarter of CY 84. BBNA proposes to begin meal service to Levelock and Portage Creek, again using volunteer site managers. All meals are served three days a week in the local school through subcontracts with the school districts. Transportation to the meal site is provided by the Bristol Bay Borough for the elders in Naknek and South Naknek. Vans were purchased in Manokotak, New Stuyahok and Newhalen through a legislature appropriation to provide elderly transportation. A dietitian travels to each meal site once a year to provide nutrition education.

BBNA proposes to provide home/repair/renovation services to 30 elders. The type of conditions to be corrected are faulty electrical wiring, faulty stoves and repairing dangerous stairs. It is proposed that 15 elders will receive home-maker/chore service. This service is intended to be a stop-gap measure "to take care of those neglected by the current system."

ANALYSIS:

The applicants' Title III requests equals its CY 84 award plus 22%; its AS 47.6b request equals its CY 84 award plus 3%.

The increase in Title III is due to:

- . as \$13,680 increase in personnel (No new positions were requested; the CY 84 level was reduced by a budget adjustment requested due to prolonged vacancies and late start-up dates)
 - . increasing the number of meals to be served from 7,500 to 13,920
- BBNA has requested \$30,810 in access services which is for information, forms

completion and referral. As of September 30, 1984 the applicant has not reported any expenditures in access services.

The increase in AS 47.65 funds is due to proposed expansion of home renovation services. As of 9/30/84, BBNA had expended 35% of their current AS 47.65 award.

RECOMMENDATION:

OAC staff recommends Title III funding at the level of \$175,590. This equals the applicants request in congregate and home-delivered meals. Access services was decreased by \$33,423. It is recommended that BBNA request Title V position to provide information and referral services in the villages.

AS 47.65 funding is recommended at the level of \$50,000. The applicant should help elders apply for Farmer Home Administration grants instead of seeking OAC funds for this purpose.

12/5/84

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Captain Cook Jaycees
Foster Grandparents/Sr. Companions STAFF: Dinah Van Der Hyde

Summary

The Captain Cook Jaycees have submitted a continuing grant request AS 47.65 funds of \$91,454.

This program has been established for 12 years in Anchorage, with programs beginning in Fairbanks in 1980 and Juneau in 1982. The program provides employment/training services to seniors who, in turn, provide services to frail elders in the community, as well as to school children. The program benefits both groups of seniors.

For CY 85 the Captain Cook Jaycees/Senior Companions propose a program administratively supported by OAC for Juneau and Fairbanks, with Federal Action money to pay stipends for the volunteer participants. A total of 213 older persons will be benefited, 83 volunteers and 134 recipients of their volunteer services.

Analysis

The CY 85 request reflects a 40.8% increase over CY 84 awards. Increases requested in the budget for Juneau are for a \$4,881 RSVP program, which would add a new component to the OAC program. Increases requested in the budget for Fairbanks are for three additional Senior Companion stipends (meals and transportation) for \$14,691. OAC has not previously funded stipends for the program. Doing so at this time would set a precedent and also increase their operating level.

The Captain Cook Jaycees are operating an excellent program, with responsible reporting. The recent implementation of more appropriate reporting forms by OAC will assist in future assessment of this type of program.

Recommendation

OAC staff recommend that, with currently limited OAC funds, the program be funded at their CY 84 OAC operating level, with two separate grants. The grant Fairbanks is recommended at the level of \$31,263. The grant for Juneau is recommended at the level of \$36,539.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Catholic Community Services
Southeast Senior Services STAFF: Dinah Van Der Hyde

SUMMARY

Southeast Senior Services (SESS) requests \$1,239,808 in Title III funding and \$205,557 in AS 47.65 funding for CY 85. The program has been funded since 1974, starting with 5 sites serving 783 persons and now serving 1,750 persons for CY 84 at 19 meal sites.

SESS provides all basic nutrition and access services under Title III. Home-maker/chore service and home maintenance and repair are currently provided under AS 47.65. In CY 85, they have requested funds for Day Care Services in Juneau. They hope to provide service to 2,100 seniors in CY 85.

ANALYSIS

SESS is current on reporting requirements and has submitted a thorough and well-documented grant application. Requested funds are 17% higher for Title III and 26% for AS 47.65. These budgeted increases are proposed:

- . Salary equity for site managers, cooks and aides. SESS has implemented a salary study recommendation that would increase the lower-level positions to equity but does not affect positions in their central office. Total implementation is costly, but they will step it in with three increments over three years. A 4% increase is the overall effect.
- . Skagway requests an additional day of meals, beyond their current 2 days/week.
- . Haines' program is growing and needs more hours for meal preparation.
- . Mt. View will receive a new (UMTA) van and the operating costs for it will be incurred.
- . SESS would like to operate a day care program for frail elderly in Juneau. They operated a volunteer-run program for a short time but found that it was necessary to have more control and responsibility for this level of service. A paid staff is requested.
- . The Craig site has started with local funds but can not continue operations throughout CY 85 unless SESS is able to increase its operating level.

SESS program has increased meals over projections by 10% which is consistent with its 10% increase in persons served. SESS has operated below requested operating levels and has limited expansion of services and salary increments for several years. Their program is delivering basic services, Homemaker/Chore, and home maintenance/repair at about \$688 per senior per year.

12/5/84

Page 2

Letters of support from seniors have been received from many of the SESS sites. Skagway and Haines, Sheldon Jackson Museum, and Chilkat Historical Society support the Haines Center.

RECOMMENDATIONS

OAC Staff recommends Title III funding at \$1,032,536 which is 97% of the CY 84 award and \$172,027 for AS 47.65 which is 5.5% above the current operating level for CY 84. This recommendation is due to limited OAC funds and may cause a reduction in services to Southeast seniors.

*Betty Joe
city*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: MABEL T. CAVERLY SENIOR CENTER, ANCHORAGE STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Caverly Senior Center, at a downtown location near population areas of higher elderly and low income density, targets the hard to reach, low income isolated, frail, and minority elderly, providing one or more services to about 1500 older persons or 33,500 units of service in 1984. The Center coordinates transportation and escort in a single access and dispatch service with the Salvation Army, volunteer services with the Retired Senior Volunteer Program and Senior Companion/Foster Grandparents, and counseling services with the Southcentral Counseling Center of Anchorage Community Mental Health. Information and Referral is coordinated with Older Persons Action Group and special dental programs, funded by United Way, with dentists and the Neighborhood Dental Clinic. Craft, arts, and recreational activities are coordinated with the Anchorage Senior Center.

Proposed Objectives for 1985 are:
30,100 rides for 650 unduplicated
1,200 escort rides for 75
600 outreach contacts
775 simple information units
120 referral/personal advocacy
4,560 reassurance calls to 95
800 home visits
520 counseling units for 300
2,080 volunteer hours by 15

Compare with Oct 1983-September 1984
27,773 rides for 683
1,282 escort rides for 53
600 outreach contacts
764 simple information units
878 referral/personal advocacy
reassurance calls to 379
691 home visits
296 counseling units for 20
volunteer hours by

*PSVP
20808
47757

68565*

Outreach, as described in the grant application and presently carried on, goes beyond the OAC service definition with multiple contacts for personal advocacy and counseling.

ANALYSIS:

The CY 1985 Budget and Objectives provide for an expansion of the Outreach program with a full time headed by one with 3 years college in social work and psychology, as well as a half time outreach position. The state/federal Title III CY 1985 request of \$216,122 is a 12.6% increase over the allocation in 1984 and in addition new AS 47.65 funds requested are \$18,727 for a total 19.6% increase over current year funding. New salaries and increases of 9.09% in salaries add \$44,189 in 1985. \$6,000 is requested for parking lot paving.

STAFF RECOMMENDATIONS:

Staff recommends funding of the Title III Access, Transportation, Information and Referral/Personal Advocacy, and Outreach programs at a level 7.5% below the current funding level, the amount of available Title III funds after accommodating a reduction of total Title III funds in this region and distributing the decrease equitably.

Staff recommends not funding the proposed new AS 47.65 Social Services program due to the lack of new funding available in this region, the lack of justification for expanding the existing counseling program, the lack of job descriptions and adequate resumes of those who would carry out the program, and that the proposal moves toward case management which may be funded as a special project.

Continued next page.

APPLICANT: Mabel T. Caverly Senior Center

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>168,363</u>	\$ <u>29,711</u> 15%	\$ <u>198,074</u>
47.65	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
TOTAL	\$ <u>168,363</u>	\$ <u>29,711</u>	\$ <u>198,074</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Rides are to be maintained at the current level of 30,000 in CY 1985.
6. Coordinate with the Salvation Army Older Alaskans Program which will provide dispatch and scheduling services for the M.T. Caverly Senior Center which will operate an elderly supplementary transportation service in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
7. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
8. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
9. Coordinate with Anchorage Mental Health Elderly Service projects and the Anchorage Senior Center in development of male counseling and group programs.
10. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin,

Continued next page.

Jim Gordon
Donna French
Office

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Chugiak Senior Citizens, Anchorage

STAFF: Howard DeVore

SUMMARY OF PROGRAM:

Chugiak Senior Citizens, Inc. proposes to increase services to 784 older persons in their area in nutrition, access, geriatric day care, and transportation in a comprehensive delivery system in order to help individuals maintain their independence and promote a productive life style.

Objectives for 1985 are:

- 19,020 congregate meals to 72.
- 2,100 home delivered meals to 8.
- nutrition education to 80.
- 15,840 rides for 30.
- 96 escort trips to 8.
- 500 units of information.
- 10 units of outreach to 10.
- 12 units of referral/advocacy.
- 208 shopping assistance for 10.
- 7,920 phone reassurance calls to 30.
- 7,920 hours of adult day care for 30.
- 528 hours of respite for 2.

Comparison with Oct 1983-Sept 1984

- 14,981 congregate meals for 75.
- 831 home delivered meals to 14.
- 2,632 nutrition education to 10.
- 7,819 rides for 39.
- 1,592 escorts for 9.
- 8,700 units of information for 160.
- outreach units for
- 2,237 information/referral for 11.
- shopping assistance for
- telephone reassurance for
- 7,392 adult day care hours for 15.
- 1,056 respite care services for 4.

ANALYSIS:

Chugiak continues a unique nutrition program (three lunches/two dinners weekly), expecting the same number of persons to eat more often in 1985 both in the home delivered meals and congregate setting. The Title III requested 1985 funding level, \$266,196 is 60% above the 1984 state/federal grant which includes seven new positions, once Title V but due to reduction to 20 hours are currently funded by United Way. Increases in Title III and AS 47.65 due also to salary increases of 7.5% to 16.8% provide equity with comparable positions. Proposal includes a new recreational leader under Title III which is not allowable.

STAFF RECOMMENDATION:

Staff recommends funding the Chugiak Title III Nutrition and Transportation program at 7.5% less than the current operating level due to the reduction of funds available in the Anchorage region with the decrease distributed equitably among the current grantees. The reduction in Title III funds for the Anchorage region is due, in part (63%), to the designation of Older Persons Action Group as an Anchorage Information and Referral Service which has been funded in previous years as a statewide program. The balance of the reduction (37%) came from fewer unused funds available from other regions than in the current year. Staff recommends an increase of no more than 10% in the number of meals or 15,430 congregate and 960 home delivered meals.

Staff recommends funding the Chugiak AS 47.65 Adult Day Care program at the current 1984 operating level in CY 1985.

Continued next page.

APPLICANT: Chugiak Senior Citizens, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>148,447</u>	\$ <u>26,197</u> 15%	\$ <u>174,644</u>
AS 47.65	\$ <u>71,007</u>	\$ <u>7,890</u> 10%	\$ <u>78,897</u>
TOTAL	\$ <u>219,454</u>	\$ <u>34,087</u>	\$ <u>253,541</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-8 by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 16,390 meals with USDA calculated at the new rate of 58.75 cents per meal.
6. Maintain adult day care program and participate in the Anchorage Day Care Consortium.
7. Rides are to be maintained at the current level of 15,000 in CY 1985.
8. Provide dispatch and scheduling services for and coordinate with the M.T. Caverly Senior Center and operate supplementary transportation in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
9. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
10. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Copper River Native Assoc STAFF: Fran Toland

SUMMARY

Copper River Native Association is the non-profit arm of Ahtna, Inc. CRNA has been providing congregate nutrition and transportation to seniors from Cantwell to Chitina for several years. There are approximately 220 seniors in the service area with 125 males and 95 females. CRNA serves approximately 120 or 55%. Of those, 54% are Native and 46% are non-native.

CRNA has requested funding for existing services plus funding to initiate home-delivered meals.

Their request for CY 85 Title III is \$107,850, a reduction of 11% in their current award of \$120,713.

ANALYSIS

Copper River Native Association provides excellent reliable service to the area seniors. The need for the services is well documented. The reduction of this year's grant request is a result of an overestimation of services last year as well as a rearrangement of personnel and reduced cost per meal due to changing restaurants in Glennallen. As a result of a recommendation last year, service to Mentasta has been discontinued by CRNA and begun by Tok. This has further reduced CRNA's request. They deserve recognition for their efforts to provide the same high quality of service with the addition of a new service at a reduced cost.

In figuring cost of meal contracts (600) the total cost was listed as the Title III request with USDA and Program Income added on rather than subtracted out.

Vehicle supplies (400) were miscalculated and are actually \$252 more.

CRNA has claimed a match of vehicle and radio depreciation totalling \$8,763. In the past they claimed match based on the market rental value for two vehicles obtained through Alaska DOT/PF. This match was disallowed in a Region X opinion. When depreciation is claimed as match, vehicle maintenance costs cannot be charged against the grant.

RECOMMENDATIONS

Staff recommends that CRNA be awarded \$107,850 in Title III.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Cordova

STAFF: Dinah Van Der Hyde

SUMMARY

The City of Cordova has submitted a continuing Title III grant application for \$81,273, a decrease of 6% over their CY 84 award. Population of the area is estimated at 3,000 with about 150 seniors; seasonal variance is high.

Cordova provides service to approximately 130 seniors. The program began in 1979 and provides basic nutrition and access services. The Senior Adjutant position additionally provides telephone reassurance, visiting, and emergency homemaker/chore service. Contracting for transportation with a taxi company continues to be the program's choice for transportation services. There are no new services proposed for 1985; targeted clients are the frail and homebound elderly.

ANALYSIS

Cordova is responsible in submitting quarterly program and fiscal reports. Planned performance compared to actual shows a high degree of variance. Rides are much higher (142%) than planned; other measures are approximately 75% of planned. Home-delivered meals are very close to planned, but Congregate were only 70% of planned. The application does not document a clear assessment of needs other than by declaration. There has been no formal attempt to reassess needs since 1979. The current reduction in grant requests may reflect a more accurate relationship between funding and performance expectations for CY 85.

Personnel requests remain the same with no increase in salary requests.

RECOMMENDATIONS

Staff recommends funding at the level requested and suggests that a cola increase of 4% be implemented and that the "Other (600)" line item be reduced correspondingly.

DLV/bs

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Delta Seniors, Inc.

STAFF: Ruth G. Browne

Summary

Delta Seniors, Inc. has requested \$32,095 in Title III funds to continue to provide transportation, information, outreach, escort, and visiting to the senior citizens of the Delta region. The applicant has also requested \$21,226 in AS 47.65 funds to begin providing hot meals two days a week to 20 persons. They intend to contract with a local restaurant that will charge \$6.50 per meal.

Delta Seniors, Inc. has acquired a new UMTA van equipped with a wheelchair lift. They intend to expand transportation services due to the proposed meal program and a new crafts program being initiated at Fort Greely Crafts Shop.

According to a census conducted of the Delta region in September 1984, there are 160 persons eligible for Title III services. Of those, 150 are caucasian and "48 are low-income, the balance in the low to middle income range". Over 16 seniors do not own automobiles.

Analysis

The applicant's Title III request equals its CY 84 award plus 22%. This increase is due to increasing the project directors job from 25 hours per week to 37.5 and increased transportation costs due to the proposed start up of a meal program.

The AS 47.65 request is new. The number of meals budgeted assumes the attendance of 20 persons 2 days per week, 52 weeks a year.

The needs of the seniors in Delta have been seriously questioned during past years. Due to questions raised this year, the grantee was required to complete a needs survey. Commission staff developed a survey for the program to use. The grantee chose not to use the survey because it was felt the questions were "irrelevant or too probing". The grantee mailed approximately 100 surveys and received 31 responses. Of these responders, 28 had their own car. Seven needed transportation for shopping and medical visits. The letter transmitting the survey results states:

" The role of the Senior Lounge... can best be served as ... an information and referral service, an escape from ailing spouses or grandchildren, a place to share joys and sorrows with one's peers..."

The need statement in the CY 84 grant application states:

"Those questioned, in surveys, feel the need for socializing, inter-relating with other people and groups and for the lack upon government for the daily wants of a person."

Following is the grantees' problem statement regarding nutrition.

"The elderly people of the Greater Delta area feel the wish to retain the dignity of self, lack of dependence upon others, and to maintain a separate household. The OAC seems to recognize this state of mind, and it was with

this intention that the Program of Nutrition was formed to assist these person in gathering together and to present Information... and Referral..."

Prior to the needs survey conducted by the grantee in June, it had always been strongly emphasized that none of the Delta seniors were in need of a nutrition program. The survey indicates 9 persons would "like the Delta Seniors" to provide meals. The new grant does not indicate how it was determined that 20 persons would be interested in a meal program.

In summary, the applicant's need statement continues to be weak. From information submitted to date, the Delta program appears primarily recreational.

Recommendation

Due to the information outlined above, OAC staff recommends:

1. Delta Seniors, Inc. demonstrate to the Commission that the program and needs of local seniors are not primarily recreational.
2. Data and the source of data used to identify the problems of local seniors and how the proposed services will assist in solving those problems must be given.

It is recommended the above two items be satisfactorily addressed by March 1, 1984 and that \$12,500 in AS 47.65 funds and \$21,872 in Title III funds be reserved for possible award in March, 1985. The award of funds is contingent upon satisfying the above requirements.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Dillingham STAFF: Ruth G. Browne

Summary

The legislature appropriated \$157,800 to continue operations of the Dillingham Senior Citizen's Center. The city has applied for the entire \$157,800 and \$21,124 in AS 47.65 funds to continue to provide congregate and home-delivered meals, transportation, information, referral, homemaker services, adult day care, advocacy, education and health services. They intend to expand services to those who have not yet used them.

The senior center serves the elders in Dillingham and the village elders who are in Dillingham for shopping or medical reasons. The applicant estimates a target population of 327. Of the potential participants, 5% are non-native, 52.6% are women and 25% are 75+ years of age. 97% of the seniors currently served are below the poverty level in income.

Surveys of the community have shown 72% of Dillingham seniors do not own vehicles and most all consumed inadequate amounts of foods from the fruit/vegetable groups. Transportation is provided Monday through Friday 8:30 a.m. - 5:00 p.m., Saturdays from noon to 9:00 p.m. and Sundays from 8:00 a.m. to noon. Meals are served five days a week. The elders from Aleknagik participate in the meal service on Tuesdays and Fridays.

Analysis

The applicant's request for the entire legislative appropriation of \$157,800 equals its current Title III operating level. Its AS 47.65 request equals its CY 84 award less 22%.

The major reason for the decrease in AS 47.65 funds requested is due to:

- . decreasing the activities aide position, previously funded under Title III (now legislative intent), reducing AS 47.65 homemaker hours and transferring those funds to legislative intent funding to add a part-time dishwasher/janitor position.
- . using money raised from fund-raising to support program costs.

Recommendation

OAC recommends funding the entire legislative appropriation of \$157,800 and \$11,596 in AS 47.65 funds. The AS 47.65 request was reduced by \$9,528 which equals the amount requested for the relief driver under the legislative intent. This recommendation is based on the fact no other OAC program is allowed to provide weekend transportation with OAC funds. Weekend transportation is not considered needed to access essential services. Weekend transportation may be provided with other resources.

The reduction in AS 47.65 is not intended to cutback on AS 47.65 services. Legislative intent funding should be used to provide AS 47.65 services.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Fairbanks Native Association

STAFF: Ruth G. Browne

Summary

Fairbanks Native Association (FNA) has requested \$42,207 in AS 47.65 funds to continue to provide transportation, interpretation, telephone reassurance, information and many other supportive services to the Native elders residing in Fairbanks. Funds are also requested to help support the monthly potluck gatherings.

Studies conducted by FNA estimate there are 226 Native Elders in Fairbanks. The majority of the elders are from rural villages who have come to Fairbanks for an easier lifestyle and to access better medical care. Lack of family, transportation and an interpreter create problems for these elders.

The geriatric social worker has gained the trust and confidence of these people. She assists them with day-to-day living problems. She devotes many of her after-hours tending to a sick person in the middle of the night, bringing wood to someone, going grocery shopping, providing telephone reassurance, etc. She is known by the Native elders throughout the State. Various health clinics keep her phone number on file to assist in patient - doctor communication.

Although Native elders are referred to North Star Council on Aging, most do not avail themselves of the services for the following reasons:

- . they prefer to confide in a Native
- . the escort service leaves them alone to long
- . congregate meals do not offer traditional Native foods
- . there is no interaction with Native youth

Analysis

FNA is currently funded under Title III; they have requested AS 47.65 funding for CY 85. FNA's request equals its CY 84 award plus 93%. This increase is due:

- . increasing the time worked by the community services aide to assist in the monthly potlucks
- . addition of a driver/aide for the new UMTA station wagon and van
- . travel to attend elders conferences
- . space rental for potlucks
- . gasoline for new vehicles
- . supplies for potlucks

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Respite Care
Fairbanks Rehabilitation Assn. STAFF: Ruth G. Browne

Summary

Fairbanks Rehabilitation Association (FRA) requests \$45,476 in AS 47.65 funds to continue to provide respite services to families in the Fairbanks area. The respite program is designed to offer temporary support to families that provide a residence to disabled persons 60+ year of age; it gives the family relief from the responsibilities of care provision. Temporary care is from one hour to 21 days. It may be used for family emergencies, vacations, planned activities or occasional relief from the day to day responsibilities of caring for the disabled person.

The majority of the care is provided within the home of the individual being cared for. Some out-of-home care is provided in the homes of families employed by the program.

FRA coordinates primarily with North Star Council on Aging and Fairbanks Home Health Care.

Analysis

The applicant's request equals its CY 84 award plus 15%. The increase is due to increasing the number of hours of respite service to be provided.

During CY 84, FRA proposed to provide 2200 hours of respite care. As of 9/30/84, 2040 hours of service have already been provided. They propose to provide a minimum of 4,000 hours during CY 85.

Recommendation

OAC staff recommends funding at the level of \$42,276 which is a 6.7% increase from CY 84 award.

Page 2

Many of the costs listed under AS 47.65 should be under Title III access services.

Recommendation

OAC staff recommends Title III funding at the level of \$17,696 and AS 47.65 funding at the level of 10,924.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

*Memo - call
Ft. Yukon*

APPLICANT: City of Ft. Yukon

STAFF: Fran Toland

SUMMARY

During the past year, the City of Ft. Yukon has been serving hot meals to approximately 25 low income Native seniors through local restaurants and providing transportation with a vehicle obtained from Urban Mass Transit Act (UMTA). Their grant was written by a consultant and not developed by the city administration.

This year OAG received an application for \$102,077 in Title III funds, an increase of 21% over their current award of \$84,075.

ANALYSIS

The City of Fort Yukon has been plagued with reporting difficulties. In September the City itself decided to suspend the senior program. Required documents such as a food service contract were not obtained until October. In March the Nutrition Administrator and Associate Coordinator travelled to Ft. Yukon to work with the Program Coordinator. Within a month, a change of staff negated OAC's efforts. In early October the Associate Coordinator again traveled to Ft. Yukon to assist in reopening the senior program, reviewing accounts and discussing the new grant. The senior program reopened on October 8.

In reviewing the grant application as submitted by the city, most of the required information was found to be missing. In addition the detail budget pages and request did not correspond.

The need for this program is documented, though not on the grant application.

RECOMMENDATION

Staff considered this application to be unacceptable for review since so much information was missing or inaccurate. Since there is a need for Title III services in Ft. Yukon, staff recommends that OAC consider setting aside \$63,000 to award at a later date if Ft. Yukon desires to submit a completed application.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Respite Care
Fairbanks Rehabilitation Assn. STAFF: Ruth G. Browne

Summary

Fairbanks Rehabilitation Association (FRA) requests \$45,476 in AS 47.65 funds to continue to provide respite services to families in the Fairbanks area. The respite program is designed to offer temporary support to families that provide a residence to disabled persons 60+ year of age; it gives the family relief from the responsibilities of care provision. Temporary care is from one hour to 21 days. It may be used for family emergencies, vacations, planned activities or occasional relief from the day to day responsibilities of caring for the disabled person.

The majority of the care is provided within the home of the individual being cared for. Some out-of-home care is provided in the homes of families employed by the program.

FRA coordinates primarily with North Star Council on Aging and Fairbanks Home Health Care.

Analysis

The applicant's request equals its CY 84 award plus 15%. The increase is due to increasing the number of hours of respite service to be provided.

During CY 84, FRA proposed to provide 2200 hours of respite care. As of 9/30/84, 2040 hours of service have already been provided. They propose to provide a minimum of 4,000 hours during CY 85.

Recommendation

OAC staff recommends funding at the level of \$42,276 which is a 6.7% increase from CY 84 award.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Galena

STAFF: Fran Toland, Assoc. Coord.

Summary

In 1982 the City of Galena allocated \$7,500 in Municipal Funds for a Pilot Project for elderly transportation in Galena. Those funds provided services for 1½ years. In 1982 the City requested funds from OAC for continuation of the program but were turned down. In 1983 Galena was awarded \$3,024 to provide 1,008 rides at \$3.00 each to 14-16 seniors. The 20 seniors in Galena age 60 and over are primarily low-income (\$300 - 500/month); 15 are Natives.

The program is administered through the city offices with transportation provided by local cab companies. Each participating senior is presented with coupons each quarter with the number of coupons evenly divided among the seniors. Cab companies return the coupons to the city offices for reimbursement. Because of city match, all the awarded funds provide direct services to seniors.

Analysis

This year's request is \$1,008, or 33% over current award, reflecting an increase in cab fare from \$3 to \$4 per ride.

The program was originally initiated by the seniors and serves a vital function in helping to maintain their independence. The need for this transportation service is well documented.

Staff Recommendations

Staff recommends funding at the requested level of \$4,032.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Homer Senior Citizens

STAFF: Dinah Van Der Hyde

SUMMARY

Homer Senior Citizens requests a Title III award of \$1,57,807 for CY 85. Homer has operated a senior program since 1972 and currently there are 452 area seniors of which 177 (39%) are low income and 38 minority. The goal for CY 1985 is to serve 500 seniors, as Homer is a high growth area and also has many seasonal visitors. In FY 84 Homer served 403 seniors at an average of \$362 per person.

Homer Senior Citizens provides all basic access and nutrition services. They also provide health maintenance, physical fitness and visiting services. For CY 85 they propose a volunteer recruitment and training program to supplement their home visiting and meal delivery services.

ANALYSIS

Homer's request is 8% higher than their CY 84 award. They have complied with program and fiscal reporting requirements and have prepared a good application. Homer overestimated CY 84 planned performance. For example, planned meals were 16,000; actual meals provided were 11,294 or 71% of planned; and the number of rides were about 50% of planned. Budget increases in Homer's request were for program assistant and cooks salary increases plus increased facility expenses. Homer decreased their request for "supplies" and "other" line items.

RECOMMENDATIONS

Due to very limited OAC funds, staff recommends funding at 94.1% of the CY 84 operating level for Title III which is \$137,465. This funding level will maintain services at approximately their current level.

*Howe O'Brien
P.M.
City of Houston*

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: CITY OF HOUSTON/MID-VALLEY SENIORS, INC. STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Mid-Valley Seniors in cooperative relationship with the City of Houston join the city to apply for \$20,222 to provide a new program in their area. Mid-Valley Seniors attempted to work through an agreement with the Wasilla Area Seniors, Inc, in 1984, to provide meals in the Houston-Big Lake Area at the Homesteaders' Club and though the Older Alaskans Commission did not directly approve this new nutrition site or provide a direct allocation to WASI to do so, the WASI Board of Directors found sufficient funds in their 1984 allocation to begin delivering prepackage meals to the Homesteaders' Club. A formal agreement with the OAC and with the Mid-Valley Seniors to budget funds for this purpose failed and through disagreements between WASI and MVS, the delivery of meals was discontinued. Since, the Mid-Valley Seniors have continued to meet for potluck lunches and now have chosen to attempt an independent nutrition program.

With in-kind match as administrative and secretarial services provided by City of Houston employees, MVS and the City propose to contract for a cook for six hours, three days a week, costing \$9,000, half of which will be paid by voluntary participant contributions, providing an average of 20 meals three times a week or 3,000 meals @ \$3.50, a cost of \$10,500.

Travel for Board Members to attend the Aging Conference in May are requested as well as travel to Anchorage for the Board Chairman and Project Director.

ANALYSIS:

The Mid-Valley Seniors have explored contracting with schools and restaurants in the area without satisfaction and previous attempts to associate with Wasilla were not successful. With necessary approval and clearance for use of the Homesteaders' Club facility by health officials for food services, the project would require at least \$15,000 to cover minimum food and preparation costs.

STAFF RECOMMENDATION:

Staff recommends funding this new program at a level to provide for food costs, half of the food preparation costs, the other half of food costs to be funded by participant contributions, and incidental food supplies, due to the limited AS 47.65 funds available in the Southcentral area. Staff recommends that funding begin only after special conditions of a food service permit, cook job description, and menus have been met.

Continued next page.

APPLICANT: City of Houston/Mid-Valley Seniors, Inc. STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cor.)	State/Federal	Match	100%
TITLE III	\$ <u>-0-</u>	\$ <u>-0-</u>	\$ <u>-0-</u>
AS 47.65	\$ <u>15,140</u>	\$ <u>1,682 (10%)</u>	\$ <u>16,822</u>
TOTAL	\$ <u>15,140</u>	\$ <u>1,682</u>	\$ <u>16,822</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 3,000 meals.
6. Provide 20 meals, three day a week in the Houston area at a facility approved by the Department of Environmental Conservation for food service.
7. The senior meal program must meet the nutritional requirements outlined in the Older Alaskans Commission Nutritional Manual. Menus for the first month, the food service permit, and the cook job description must be submitted to and approved by the OAC prior to the award of funds.
8. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex, or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
9. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
10. Out of state travel under this grant requires prior approval of OAC.
11. Attendance at OAC meetings is not a requirement of funding and grant funds shall not be used for this purpose.
12. Funds awarded under this grant are not allowed for travel expenses of board members or expenses of board members at the OAC Aging Conference.
13. Funds may not be used to pay health benefits for Title V enrollees.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Juneau Women's Resource Center STAFF: Dinah Van Der Hyde

SUMMARY

The Juneau Women's Resource Center is requesting \$6,270 in AS 47.65 funding for a continuing grant to operate the Widowed Persons Service.

The Widowed Persons Service began in December 1983 with the Title V Older Women's Specialist position coordinating the service. This service provides support to recently bereaved persons in the new situations they face. These situations are loneliness, financial and legal affairs problems, employment, housing arrangements, and even meal preparation.

JWRC proposes to provide service to 100 widowed persons in CY 85, as well as sponsor workshops about organizing a Widowed Persons Service, and to develop information and brochures.

ANALYSIS

The applicant did not provide a well-documented proposal. It is not signed and the procedures specified are not followed. Program and fiscal reporting has been tardy from this project.

The original plan was for this project to be self-sufficient after the first grant cycle. At this time it is unclear whether plans for sufficiency are underway. The application and reports do not show the status of the program's support by the JWRC. Reports do indicate that the WPS is meeting its goals. Community interest and acceptance are high. The Older Women's specialist has been devoting more than 20 hours per week to the program; and participation is higher than the expected 20 third quarter participants, as they report 33 at the third quarter.

The budget primarily requests facility costs, travel to Widowed Persons Services national conference, and a substantial amount for accounting (\$1,800) which is 29% of the grant request.

RECOMMENDATIONS

OAC staff recommends funding at \$2,570 AS 47.65 funds for CY 85. This funding would be for six months only for transition and to develop and present information about the project.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: City of Kenai
Kenai Senior Services

STAFF: Dinah Van Der Hyde

City of Kenai has submitted a request for Title III funds of \$144,554 and AS 47.65 of \$23,192. This is a continuing request for a program existing since 1971. The program provides OAC basic nutrition services, access services and community services.

The program proposes to implement a physical fitness program in CY 85 and to assess expanding meal services to Soldotna in the CY 1986 grant.

The target population of seniors for Kenai has seen rapid growth; their CY 84 projection was 282 - actual count 764. Kenai targets 900 seniors for CY 85 service. In FY 84, Kenai served 764 seniors at an average cost of \$155 per person.

Analysis

This project has been responsive in reporting and is fiscally accountable.

The request for Title III funds is 22% more than CY 84, the AS 47.65 is 300% more, reflecting the request for administrative costs of a physical fitness program. Justification is provided for requested increases.

The program has received letters of support from the Kenaitze Indian Tribe; Coda C. Hompton, Social Worker, Central Penns. Mental Health; Betty Warren, Margaret Shervanick and Ruth Winteroud, Seniors.

Performance data indicate the program is on target with demand exceeding planned levels in numbers of persons served, congregate meals and emergency homemaker/chore services. The program is very efficiently administered and is one of the most cost-effective in the State.

The Title III personnel budget eliminates a CY 84 request for part-time cook but adds a request for a full-time driver and cola increases. Kenai Borough funds to support the driver position are not as high because of reduced revenue sharing to Kenai.

Recommendation

Due to limited OAC funds, staff recommends \$125,300 in Title III which is 5.7% above CY 84 operating level and \$6,193 which is 18% above CY 84. Since OAC cannot use Title III funds to supplant local funds, the driver position is disallowed with funds from this grant.

OLDER ALASKANS' COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Senior Citizens of Kodiak

STAFF: Fran Toland, Assoc. Coord.

Summary

The Senior Citizens of Kodiak incorporated in 1973 and have been serving senior citizens since then, providing nutrition, transportation, escort, I&R, shopping assistance, outreach, health maintenance, in-home services including chore and homemaker services, and a variety of social and recreational activities. Excavation has begun for a new senior center which will hopefully be open by July, 1985.

Kodiak has requested \$111,923 in Title III, a 20% increase over the current award of \$92,967; and \$56,109 in AS 47.65; a 1% decrease over the current award of \$56,924.

Analysis

Personnel reflects a 4% COLA plus \$1500 in the accrued leave account. Kodiak was given a supplemental award in July of \$1,147 to open such an account.

Relocation costs to the new senior center, increased operation costs to be incurred with the opening of the center and 6-month repair and maintenance costs were requested.

Expenses relating to maintenance or repair should not be included in this grant as those should be covered under the construction grant. Also requested was \$1050 for a new copier and \$500 for kitchen equipment.

Program income from meals was figured at \$1.00/meal. Additional program income is anticipated from donations for in-home services for a total of \$17,400. That money appeared in (600) Other to pay for accounting services, insurance, printing, subscriptions, the KANA contract for meals and the nutrition consultant. Title III regulations require PI to be used for direct or supportive services to seniors. PI used for accounting, insurance, printing and subscriptions is inappropriate.

Recommendations

Staff recommends that Kodiak be funded for \$90,000 in Title III, 97% current funding; and \$53,699 in AS 47.65, 94% of current funding. This level of funding represents 96% of continuation.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Lower Kuskokwim School District

STAFF: Fran Toland

Summary

A grant application was received from the Lower Kuskokwim School District after the deadline in 1983 requesting approximately \$343,000 to serve hot meals to seniors through the village schools. Because of the merit of the proposal, the low overhead cost and the possibility of better serving an underserved area, staff recommended reserving funds for the SW region. In June a second application was submitted and the Commission awarded LKSD \$75,000 to provide senior meals in 24 villages. Because of late start up, the program did not officially begin until October, 1984.

LKSD requests \$336,594, on annualized increase of 50% over current funding. This proposal continues the program based on unit cost contracting. The cost per congregate meal is approximately \$3.10; that of a home delivered meal is approximately \$4.60. LKSD proposes to serve a total of 91,530 meals to 559 low income native Yupiit seniors during the 9 month school year.

LKSD is requesting an increase in the percentage of Home Delivered meals to 37%.

Analysis

No figures are available on participation in this program. October's figures should be available by December. The work put into this program may serve as a model for other rural school districts wishing to provide meals to senior citizens.

Recommendation

Because this program serves a here-to-fore underserved area, it is recommended that it be continued. Until figures are available for the last quarter of '84, staff recommends that the funding level not exceed \$225,000, a projection based on the current award of \$75,000.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

Don Koffler
Kotzebue
APPLICANT: Maniilaq Association

Telephone 10:00 Wed
STAFF: Fran Toland

Summary

Maniilaq Association has been providing services to seniors in the Kotzebue area for the past 2 years through the Kotzebue Senior Citizens Cultural Center. Title III services provided are: transportation, escort, outreach, shopping assistance. Under AS 47.65 meals 3 days per week are served. Because of the scope of funding for the KSCCC, other services are provided to community seniors beyond the scope of OAC grants.

The Title III request is \$41,553, a 24% increase over the current grant of \$12,170. The AS 47.65 request is for \$80,990. Due to an error in indirect cost, the corrected request is \$78,781, a 73% increase over the current award of \$45,590. Proposed new services under OAC grants include home-delivered meals and chore services.

Analysis

OAC services to seniors are provided through the Elders Residence in Kotzebue which is funded by the Department of Health and Social Services. The facility houses up to 20 individuals, but maintains four transient beds for seniors traveling from the villages. The OAC program hires its own cook and food service worker for the three days of AS 47.65 meals each week. Food is supplemented by donations of fish and game from local hunters. The center provides a wholesome environment for seniors to congregate. Both OAC and DHSS programs are similar. When similar programs interface it is difficult to distinguish services. Yet, to maintain integrity of each, this effort is necessary.

In August a grant application was received on last year's forms. OAC didn't receive an updated application postmarked by October 15. Following a phone call to Maniilaq, an application was received dated October 22.

Adjustments made to the grant request included moving all of the cook's and food service worker's salaries to AS 47.65; establishing number of meals and subtracting program income, donations and match. Indirect cost had to be recalculated. Travel to Pt. Hope was requested by both Kotzebue and Barrow. Between the 2 programs, one or the other needs to decide which will provide services. Issues of client intake, safeguarding client information, confidential donations, food service permit were not addressed.

Accurate records of nutrition and access services under OAC grants have not been received regularly. Kotzebue plans to serve 7,800 meals. Based on their only reliable report for the third quarter of this year, a more realistic figure for meals would be 3,050. The cost per meal has risen from \$3.78 to \$4.01. The primary increase in the grant request is in supplies and personnel. As submitted the proposal was undermatched for both Title III and AS 47.65.

Recommendations

Staff recommends that Maniilaq Association be awarded continuation funding of \$12,170 Title III. Staff recommends continuation funding of \$45,590 in AS 47.65

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Metlakatla Indian Community

STAFF: Dinah Van Der Hyde

Summary

The Metlakatla Indian Community requests a continuing Title III grant of \$97,869 and a new AS 47.65 grant of \$23,727. This program began as a Southeast Senior Services site and has operated independently since approximately 1977 and in FY 84 provided services to 96 seniors at a cost of approximately \$933 per senior.

Metlakatla's goal is to provide all OAC-funded basic access and nutrition services to 83 seniors on the Metlakatla Reserve and serve senior tourists during the summer season. They provide a visiting service to 15 seniors and wish to add homemaker/chore services to 13 identified seniors in their CY 85 request for AS 47.65 funds.

Analysis

The amount requested for Title III reflects a 9% increase and the AS 47.65 would be a new grant related to the request for a homemaker/chore worker.

Project performance is difficult to document. Report data reliability is low and often numbers do not total and must be estimated. Cost per senior served is very high and at the requested level would be \$1,179 per senior.

This program has submitted reports in a timely manner and complied with most application process requirements with the exception of a sanitation report and poor budget balancing.

Comparison of planned performance with actual shows a significant discrepancy (i.e., 73% of planned congregate meals were accomplished but 520% of home-delivered creating a total 89% of planned attained.) The addition of homemaker/chore services is supported by letters from Metlakatla Social Services; Steven Weems, Health Educator for Metlakatla Indian Community; and Brenda Montgomery, Nursing Student volunteer in Metlakatla Indian Community. If funded, the requested service would provide over 2.5 hrs/week per senior for 13 identified seniors on a year-round basis.

Recommendation

Performance data do not support increased funding for nutrition and access services, as meals are projected beyond what performance would indicate.

Documentation of need for Homemaker/Chores is only by declaration. A Title V request for funds is suggested for a start up and evaluation of level of need. The demand would not seem to justify a full-time staff person considering OAC's limited resources.

Staff recommends Title III funding at \$87,103, 97% of the CY 84 operating level. Staff recommends no AS 47.65 grant be awarded, as Title V will support a part-time position for homemaker/chore services. This funding level is at the regional average.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Minto Village Council

STAFF: Ruth G. Browne

Summary

Minto Village Council requests \$77,367 in Title III funds to continue to provide congregate meals five days a week, information, referral and transportation to the elders of Minto. The applicant has also requested \$9,956 in AS 47.65 funds to begin the provision of homemaker services.

Of the 275 Minto residents, 37 are eligible for Title III services. There are another 10 in Fairbanks who will return to the village when the housing project is completed. All the Minto elderly are in income brackets below poverty guidelines.

A major concern of the elders is to have a reliable van for transportation to Fairbanks. The program recently purchased a new van with supplemental funding awarded by the Commission.

Analysis

The applicant's Title III requests equals its CY'84 award plus 25%. The increase is due to:

- Increase in the cost per meal from \$5.00 to \$7.50.
- Driver position increased by 5 hours/week.
- Elderly Services Coordinator and bookkeeper's hourly wage was raised from \$8.50 to \$10.00

The increase in meal costs is due to a revised menu plan prepared by the Tanana Chiefs dietitian.

Recommendation

OAC recommends funding at the level of \$68,211 which is a 10% increase. It is recommended that meals be budgeted at \$6.00 per meal. It is also recommended that the Elderly Services Coordinator be given a salary increase. Currently, this position earns \$1.00 more per hour than the Title V enrollees yet has much more responsibility.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Nenana Tortella Council on Aging STAFF: Ruth G. Browne

Summary

Nenana Tortella Council on Aging (NTCA) requests \$26,161 in Title III funds and \$37,942 in AS 47.65 funds to continue to serve the senior citizens of Nenana. NTCA proposes to continue to provide transportation, escort, information, visiting, shopping assistance and congregate meals twice a week.

Analysis

NTCA's Title III request equals its CY 84 award plus 10%, its AS 47.65 request equals its CY 84 award less 1%. The increase in Title III is due to:

- . addition of an alternate driver for trips to Fairbanks, \$1,920
- . purchase of a copier
- . increased maintenance for the van which is in poor condition
- . bookkeeping contract was increased from 1,200 to 1,800 per year

The decrease in AS 47.65 is due to deleting a chore service worker and adding a part-time janitor at a reduced hours.

Recommendation

OAC staff recommends Title III funding in the amount of \$25,661 and AS 47.65 funding in the amount of \$37,442.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Ninilchik Senior Citizens

STAFF: Dinah Van Der Hyde

SUMMARY

The Ninilchik Senior Citizens Inc. have submitted a CY 85 request for Title III funds of \$17,911 and AS 47.65 funds of \$13,800. This is a new grant request for starting a senior program in Ninilchik.

The applicant wishes to operate a congregate nutrition program one day per week using the Ninilchik Fairgrounds Building until a proposed Senior Center is completed in late 1985. A two-day-per-week home-delivered meal service will be contracted with a local restaurant. Access services would be provided to meals.

Currently the organization operates a monthly potluck meal and opens a recreation area three days a week for activities.

They have contacted 100 seniors in the area, the majority are low income, and 20% are native. The goal is to serve 75 seniors.

The Fairgrounds building is centrally located and accessible. It would be open three days a week for meals and activities. Transportation services would be provided by volunteers using their own vehicles or a housing project vehicle.

ANALYSIS

The planned activities for services show 1,200 rides to 6 persons - for 200 rides per year per person and a 35-mile-per-ride average. This objective is not realistic in comparison with other projects and needs reassessment.

Congregate meals would be served to 30 persons (1,360 meals). The home-delivered meals would be contracted (3 meals for 2 days a week at a cost of \$6.40 meal). Meal contributions are estimated at 37¢ per meal, less than the 50¢ per meal grant stipulation.

Total paid staff will be a 24-hour-per-week site manager position, with volunteers providing the remainder of support. OAC staff doubt that one part-time staff person can manage to do all the activities necessary to operate a nutrition project. Methods as to how the program would do outreach, coordination, access are not well documented. How the site manager would have time to perform all of the required functions, cook, and make 2 trips per month to Soldotna for supplies is unclear.

Community Support letters have been received from Kenai Senior Services Director Pat Porter; Ninilchik Chamber of Commerce; St. Peters Catholic Church. The Borough Revenue Sharing \$7,000 and Tribal Council donations are primary financial support, with the Fairgrounds contributing in-kind match.

RECOMMENDATIONS

JAC staff recommends \$15,000 of Title III funds be set aside for Ninilchik to be included in the Kenai or Homer project budget as a meal site for the first year of operation. This would allow the Ninilchik seniors time to further research and evaluate their needs and still be able to provide seniors a nutrition program for CY 85.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Nome Community Center

STAFF: Eran Toland, Assoc. Coord.

Summary

The Nome Community Center has been serving approximately 200 primarily native seniors for the past 10 years, two years of that in the XYZ Senior Center. Specific services include: home-delivered and congregate nutrition, including weekly native meal; transportation, escort, shopping assistance; subsistence gathering; translation and letter writing; home visits; telephone reassurance; in-home support services. In addition, for the past two summers the center has provided chore services at subsistence fish camps.

The request for Title III funding is \$130,320, a 28% increase over the current award of \$101,790. The request for AS 47.65 is \$51,311, a 65% increase over the current award of \$31,147. The overall increase requested is 37% above continuation.

Analysis

In 1984 Nome's senior program underwent a major turnover in staff. Resultant personnel adjustments have led to late reporting. This situation is still being worked on. Both area need and service delivery are adequately documented in the grant application, indicating that service records are being kept.

New staff conducted program evaluations and assessments. The decision to discontinue fish camp chore services and was made. Standard center oriented services will be continued and expanded based on documented increases in service delivery. Meals show a projected increase of 13% and rides up 27%.

Service activities describe an ambitious program for 1985. New services requested include: counseling, physical fitness, volunteer program, a crafts shop, evening activities, intergenerational activities.

Many of these activities can be added at no additional cost to the program. Physical fitness is available through community schools and was not adequately addressed as a new program component under this grant. Operation of a craft shop is not an allowable grant expense. Through coordination of the youth and senior programs, intergenerational activities have a great potential without additional cost. Service activities were not broken into nutrition, access, or community services by funding source. Chore/repair was not well defined as a program component.

The single largest addition to the budget is \$24,000 for electricity. The City of Nome has been paying both heat and electricity for the center. Funds are requested to supplant local funds. This is unallowable under requirements for maintenance of effort.

Program income was computed at \$.24 but should be targeted at \$.50/meal. USDA cash reimbursement was recalculated at \$.5875. The program is overmatched with the bulk of match appearing in personnel as the Executive Director's and bookkeeper's salaries. Housing is no longer partial compensation for the program coordinator.

Salary request for that position has increased \$12,931. Again the issue of maintenance of effort arises. The nutrition supervisor's salary has increased 15%. She was budgeted for a raise for the first time in 8 years.

Recommendations

Staff recommends funding Title III at \$105,000, or 3% over current funding. No AS 47.65 funds are recommended. This recommendation represents a 21% decrease in continuation funding.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: North Slope Borough STAFF: Fran Toland

Summary

The North Slope Borough Health and Social Services Agency has been providing Title III services to Barrow's approximately 100 Inupiat Seniors for several years. These services include nutrition, transportation, and escort.

This year's request is \$226,300 which represents an 81% increase over current award of \$124,950.

Analysis

Since summer Barrow has had three project directors. Despite the turnover there has been no disruption in service.

As with most remote projects the Barrow senior center serves native elders who rely on the center for translating services, help with filling out forms and other services besides nutrition and transportation.

The service activities were not accurately written to reflect the number of specific services to be provided. Access services were grouped together. The number of meals to be served in the proposed service activities does not agree with the number of meals under food contracts in budget category 600.

The budget summary, cover sheet and detail budgets do not agree in terms of total Title III request. The request in personnel increased by 47%. This reflects a 20-30% salary increase for the positions of project director and Outreach worker. In the past the Borough matched salaries which reduced the Title III request. The travel request has increased by 460% over current award. Efforts to establish nutrition programs in other villages is encouraged. In (400) supplies the request for gasoline increased by 61% due to demands of a new vehicle.

Under (600) Other for meal contracts, program income was not included and USDA was incorrectly placed in another budget category. With those adjustments, the amount requested for meals, \$41,300, represents a 148% increase over current award. The North Slope Borough paid for half the meals served in past grant cycles. In the new application they have not included that support.

A new senior housing project with senior center is in the early construction stages. By next grant cycle, funds for the center will probably be requested.

Recommendations

Because of shortage of funds, staff recommends Title III funding at \$126,575 which includes travel for program development in Anaktuvik Pass, Point Lay, and Pt. Hope (\$1,625). This represents an overall increase of 1%.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: North Star Council on Aging STAFF: Ruth G. Browne

Summary

North Star Council on Aging requests \$252,980 in Title III funds and \$ 59,929 in AS 47.65 to continue to provide congregate and home-delivered meals, transportation, escort, outreach, information, referral, health maintenance, physical fitness and home-visits to the seniors of the Fairbanks area.

NSCA intends to improve the quality of service and expand the provision of services through increased outreach efforts. The program plans to provide services to the frail elderly by replacing an old van with a new one equipped with a wheelchair lift. Currently NSCA lacks transportation to bring handicapped seniors to the center.

The applicant has been awarded a grant to put in a physical fitness walking course on their center's site. The City of Fairbanks has included NSCA's request of \$560,00 for an addition to the senior center in Programs for Progress.

It is estimated that there are 2,935 persons 60+ years of age in the North Star Borough. It is also estimated that 85% are non-minority and 20% are in economic need. Of the 2,216 seniors registered at the center, 646 are over the age of 75.

NSCA coordinates with Fairbanks Home Health Care, Fairbanks Memorial Hospital, Tanana Valley Community College, Pre-Trial Diversion Program, Foster Grandparents/Senior Companion Program, the Homemaker Program, Alaska Legal Services, Literacy Council of Alaska and has letters of support from these programs.

Analysis

NSCA's Title III request of 252,980 is an increase of 38%. Their AS 47.65 request of \$59,929 is an increase of 9%. The applicant decreased its original request by 20156 eliminating a full-time bookkeeper and contracting with a C.P.A. firm.

The increase in the CY 84 operating level is due to:

- . Salary increases for the director, assistant director, community resource coordinator and secretary to bring them in line with comparable salaries in the community
- . the addition of a part-time outreach worker
- . an employee insurance plan
- . proposed increase in transportation
- . increase in meals

During the last year the number of persons and meals served has increased substantially.

Recommendation

OAC staff recommends Title III funding at the level of \$213,796, an increase of 16% and AS 47.65 funding at \$56,201 an increase of 2%.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Older Persons Action Group

STAFF: Barbara McPherson

Summary

Older Persons Action Group requests ~~\$70,448~~ in Title III funds to continue Statewide Information, Referral and Support Services. OPAG currently receives \$65,820 in Title III funds for this program. During CY 1984 OPAG was funded for a toll-free Zenith line to expand the Statewide capability of the program. Approximately 400 persons are served each month. *J J O'Connell*

Analysis

OPAG's I & R program is well utilized and its staff is responsive to a wide range of information and referral requests and provides supportive services to persons who have complicated or long term problems. The support services are critically needed in the Anchorage area and work in cooperation with the local aging service network.

Although OPAG targets this program Statewide, service delivery has been predominately to Anchorage and the Southcentral area. Sixty-six long distance calls were placed to OPAG from June 1 to September 30, 1984 via the toll-free Zenith line. These calls originated from 23 Alaskan communities, 18 of which have local senior service programs. Twelve calls were received from the six communities that do not have senior programs.

The application contained omissions which must be resolved prior to expenditure of any awarded funds:

1. Goals and objectives: The proposed objectives and service activities need to be revised to incorporate the number of units of information that will be provided and the total number of persons that will be served. Several activities included in this application are not objectives of this funding and need to be deleted.
2. Matching Funds: As in the SENIOR VOICE application, OPAG addresses in-kind facility space and in-kind advertising as match. The in-kind advertising is unallowable. Ads donated to other agencies are benefits provided by OPAG to other agencies. Ads used as barter for items such as travel result in program income. All matching funds should be addressed to the facility budget category, page F-5.
3. Personnel: Costs addressed under total cost of position are not consistent with total costs addressed to funding sources, page F-3. Salaries addressed here are also not consistent with those listed in OPAG's SENIOR VOICE application or with the position costs resubmitted on November 21 which are attached. Also attached is a comparison of OPAG's 1984 salaries and requested 1985 salaries. Matching funds in the personnel line are inappropriate and should be deleted.

Recommendations

OAC staff recommends funding of \$60,712 for OPAG's information, referral and support program for 1985. It is further recommended that the Statewide focus of this project be eliminated and that the project be directed entirely at Anchorage and the adjoining Southcentral area. Although the program has made a commendable attempt to disseminate information Statewide through this project that function is more appropriately addressed by SENIOR VOICE and local senior service programs. Further, OPAG's clientele is primarily local people. The caseload of persons needing more intensive supportive services is currently growing and moving the program toward case management services. This direction should be pursued more intensely by OPAG.

Due to the need to focus the program locally and to end duplication of service, it is recommended that funds be deleted for staff travel to other communities and for the Zenith line. The line is currently underutilized by communities that do not have senior programs. Its use by communities with OAC funded programs is not cost effective.

It is recommended that the CY 1985 award be contingent upon the following special conditions:

1. Grant funds shall be used for services to Anchorage and the adjoining Southcentral area.
2. Revised objectives and service activities based on the award of funds shall be submitted to OAC on form F-B by February 15, 1985.
3. A revised budget shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
4. Staff funded under this award shall not be utilized by Older Persons Action Group for activities of the membership organization.
5. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantee audits must comply with OAC-PI-84-5 and Circular A-102, Attachment P.
6. Grantees must have an equal employment opportunity policy, as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin sex or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
7. Out-of-state travel under this grant requires prior approval by OAC.
8. Attendance at OAC meeting is not a requirement of funding and grant funds shall not be used for this purpose.

Applicant: Older Persons Action Group
Information, Referral and Support

Title III Budget Revision Notes:

OPAG's budget request is attached. The budget revision for the information and referral program reflects the following:

1. Personnel: Salaries have been reduced to reflect available funds.
2. Travel: Travel funds have been deleted for travel to other communities. Local mileage may be included in the budget revision submitted by OPAG.
3. Facility Expenses: Funds for telephone expenses are reduced to \$1,500 as the Zenith Line is not recommended for continuation in 1985.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Older Persons Action Group

STAFF: Barbara McPherson

Summary

Older Persons Action Group requests \$123,084 to continue monthly publication of SENIOR VOICE during CY 1985. The newspaper focuses on programs, legislation and issues which directly affect the elderly in the State and strives to provide a forum for seniors, senior organizations and policy-makers. SENIOR VOICE is distributed statewide to 7,500 persons each month. Although it is available without charge, 2,100 are paid subscribers.

SENIOR VOICE staff consists of three full-time positions: a media manager, a researcher/reporter and a reporter. OPAG's director, administrative assistant and secretary positions contribute 12 to 8 hours per week to the production of the paper.

Analysis

In 1984 SENIOR VOICE continued to be a high-quality, well written publication. It has earned the respect of its readers and journalists Statewide. Letters commending and supporting SENIOR VOICE during the past year are on file from Charles Mundorff, Southcentral Counseling Center; Thelma Langdon, Alzheimer's Disease Family Support Group; Mary Carey, Tex-Alaska Manuscripts; Sue McCarty, North Star Council on Aging; Randi Paquin, Home Health Care; Association of Older Alaskans Programs; Mary Johnson, the WGS Connection.

OPAG's CY 1985 funding request for SENIOR VOICE is 116% higher than their CY 1984 OAC grant award.

The budget request contains a number of omissions which must be resolved prior to expenditure of any awarded grant funds:

1. Matching Funds: OPAG addresses in-kind facility space and in-kind advertising as match. The in-kind advertising is unallowable. Ads donated to other agencies are benefits provided by OPAG to other agencies. Ads used as barter for items such as travel result in program income.
2. Program Income: OPAG projects \$61,000 in program income during 1985; however, this amount is not shown in the budget summary, page F-1.
3. Personnel: Costs addressed under total cost of position are not consistent with total costs addressed to funding sources, page F-3. Salaries addressed here are also not consistent with those listed in OPAG's I&R grant or with the position costs resubmitted on November 21 which are attached. Also attached is a comparison of OPAG's 1984 salaries and requested 1985 salaries. Matching funds in the personnel line are inappropriate and should be deleted.
4. Travel: Travel funds are requested; however, OPAG was awarded legislative intent funding for travel for SENIOR VOICE staff.

5. Facility Expenses: OPAG is utilizing in-kind match for facility costs. These funds should be addressed to the facility budget category, page F-5.
6. Other: During CY 1984 OPAG provided SENIOR VOICE to OAC projects as a condition of the funding award. OPAG has included \$1,000 in this grant request for distribution to OAC agencies. As the paper is produced under OAC grant funds, as well as the program income generated by those funds, and distributed statewide to the elderly, this additional charges for OAC projects is inappropriate.

Currently OPAG has approximately \$8,000 in unexpended program income that could be carried forward to the 1985 grant period. It is important that OPAG develop a clearer accounting method for grant funds and program income for SENIOR VOICE. Program income must be applied exclusively to the costs of producing SENIOR VOICE. The revised personnel budget submitted on November 23 indicates that program income is utilized for the accounting technician's salary. This shall not exceed 4 percent of the total salary for this position as that is the percentage of work time allotted to SENIOR VOICE by the accounting position. It should also be noted that a student intern position is included in the revised salary schedule that does not appear in the media application. Funds for this position are also addressed to program income. OAC did not support a reporter trainee position requested by OPAG under legislative intent funding.

Recommendation

OAC staff recommends funding of \$47,952 for SENIOR VOICE for CY 1985 contingent upon the following special conditions:

1. By February 15, 1985, OPAG must submit a complete revised budget for the operation of SENIOR VOICE during CY 1985 using budget detail pages F-1 through F-10. This budget must include all program income and funding from other sources for SENIOR VOICE. All revenue and expenditures for SENIOR VOICE must be reported to OAC quarterly by line item in accordance with the accepted revised budget.
- 2.. OPAG shall carry forward any unexpended CY 1984 program income to CY 1985. OPAG shall notify OAC of the amount of this unexpended program income prior to February 15, 1984 and incorporate it into the revised CY 1985 budget.
3. Program income generated by SENIOR VOICE must be used exclusively for the operation of SENIOR VOICE and cannot be utilized for the support of any other program operated by the Older Persons Action Group.
4. SENIOR VOICE may not be utilized by the Older Persons Action Group or any other organization to solicit membership unless such solicitation is incorporated in a paid advertisement.
5. Staff funded under this award shall not be utilized by Older Persons Action Group for activities of the membership organization.
6. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantee audits must comply with OAC-PI-84-5 and Circular A-102, Attachment P.

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OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: Palmer Senior Citizens, Inc. STAFF: Howard DeVore

SUMMARY OF PROGRAM: Palmer Seniors have submitted CY 1985 Grant Applications for both AS 47.65 and Title III funding to continue nutrition and access services, handyman and home maintenance services, and social worker services. Objectives for CY 1985 show slight increases in number of services provided.

TITLE III

CY 1985 Objectives proposed are:	Compare Oct 83-Sept 84 performance:
15000 congregate meals to 85 or an average of 60 a day.	13416 congregate meals to or an average of 54 a day.
1400 home delivered meals to 16 nutrition education to 16 HB	1813 meals to average 8 a day nutrition education
4000 rides to 25 (17 rides a day)	3193 rides to (13 a day)
120 escort rides to 16	399 escort rides provided
40 outreach contacts/first time	outreach
80 referral/advocacy cases closed	304/294-referral/personal advocacy
220 units of information (fewer)	629 units of information

AS 47.65

CY 1985 Objectives proposed are:	Compare Oct 83-Sept 84 performance:
1330 health maintenance activities to 66 physical fitness activities to 20	health maintenance (none) physical fitness (none)
270 telephone reassurance contacts-40	659 telephone reassurance contacts
600 hours home repair for 20 persons	117 home chores/repairs for
820 home visits to 65 persons	886 home visits provided to
	96 psychological assessments ¹ ₄₇

Although the contract with an Anchorage-Mat/Su Psychologist continues in the grant for \$8320, no objectives for psychological assessments was found in the grant application.

ANALYSIS:

Title III

This application requests \$158,137, an increase of 26.2% (\$32,856) over current funding of \$125,281. The increase is accounted for, in part, by a new 32 hour Administrative Assistant position costing \$16,591 and distributed equally between Title III and AS 47.65, and increase of 8 hours in the project director's position costing \$5,935, and \$6,000 for a computer, typewriter and adding machines.

AS 47.65

This request for a 16% increase over current year funding shares some of the the new administrative assistant and project director costs but also adds a new position, a Social Service Aide, costing \$14,723, to assist the Social Worker. See page 5, budget notes.

STAFF RECOMMENDATION:

Staff recommends funding Palmer's Title III project at 5.9% of the current funding level, the available funding after equitably distributing the decrease required in the Southcentral Region. Staff recommends an increase of no more than 10% in the number of meals provided and a continuation of the home delivered meals at the current level for homebound and frail elderly.

APPLICANT: Palmer Senior Citizens, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)

Staff recommends a maximum of 16,180 meals in CY 1985, 14,015 congregate and 2165 home delivered meals and recommends rides be maintained at the 1984 level of 3200.

Staff recommends funding the AS 47.65 Social Services and Handyman programs at 7.2% of the current operating level, equitably distributing the decrease in available funds for Southcentral and the cost of a new nutrition program at Houston in CY 1985. Staff recommends not funding the proposed new administrative position nor the new social service aide position.

	State/Federal	Match	100%
TITLE III	\$ <u>117,895</u>	\$ <u>20,805</u> 15%	\$ <u>138,700</u>
AS 47.65	\$ <u>53,440</u>	\$ <u>5,938</u> 10%	\$ <u>59,378</u>
TOTAL	\$ <u>171,335</u>	\$ <u>26,743</u>	\$ <u>198,078</u>

100,570 Gene

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 16,180 meals with USDA calculated at the new rate of 58.75 cents per meal.
6. Rides are to be maintained at the current level of 3,200 in CY 1985. with the OAC Older Alaskans Transportation Service policies and priorities.
7. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.

Call
Jan B. Baker
See letter 12/13
Will Johnson on smaller paper

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

APPLICANT: SALVATION ARMY, ANCHORAGE STAFF: Howard DeVore

SUMMARY OF PROGRAM:

The Salvation Army proposes to maintain the present level of services to nearly 2,000 older persons in the Anchorage, area, excluding Chugiak and Girdwood, and increase nutrition and day care services, providing nutrition out of five locations, transportation from the headquarters and transportation center at 110 East 3rd, and escort, chore maintenance, home repairs, counseling, shopping and shopping assistance, outreach, and friendly visits out of the home care center at the same headquarters building. Each nutrition site supports and provides some of these services, particularly information giving and in addition health screening. The headquarters project office provides administrative services, dietitian consultation, staff training, a newsletter, planning, and the primary information and referral service.

Objectives for 1985 are:	Compare Oct 83 - Sept 84 performance
39,900 rides for 530	40,749 rides for 1396
2,400 escorts for 60	3,022 escorts for 286
5,000 units of simple information.	5,894 units of simple information giving
6 referral/personal advocacy	advocacy assistance information
60 shopping assistance for 8	78 shopping assistance for 30
43,750 congregate meals for 2100	36,235 congregate meals for 2277
27,375 home delivered meals to 200	26,552 home delivered meals for 524
1,650 nutrition education to 1,650	333 units of nutrition education
1,200 health activities to 100	1,377 health maintenance activities to
520 telephone reassurances to 20	756 telephone reassurance to 233
2,000 homemaker services to 60	1,026 homemaker services to 217
900 home repairs for 140	872 home repairs/maintenance to 229
1,100 visits to 120	1,620 visits to 485
2,500 respite hours for 50	1,970 respite hours for 197
10,000 adult day care for 25	hours adult day care for 59

ANALYSIS:

Program remains substantially the same as in current year with five nutrition sites, provides for the same number of rides as in 1984 and OATS dispatch with MT Caverly, continues escort, chore/homemaker, shopping assistance, reassurance calls, home maintenance, and outreach from the home care center, and enters the second year for a geriatric day care center. The Title III State/Federal 1985 request \$213,637 is a 14% increase over 1984. Increases are in salaries (6.5%) and additional meals.

STAFF RECOMMENDATION:

Staff recommends to fund the AS 47.55 Day Care and In-Home Care at the current operating level and to fund the Title III Program at 7.5% less than the current CY 1984 level, the total funds available by distributing reductions of Title III funding in the Anchorage region equitably between all grantees.

Staff recommends the number of meals budgeted by no more than a 10% increase over current performance, 39,590 congregate and 29,340 home delivered, and rides be maintained at the current service level of 40,000 in 1985.

APPLICANT: Salvation Army of Anchorage

STAFF: Howard DeVore

STAFF RECOMMENDATION: (Cont)	State/Federal	Match	100%
TITLE III	\$ <u>841,368</u>	\$ <u>148,477</u> 15%	\$ <u>989,845</u>
AS 47.65	\$ <u>176,099</u>	\$ <u>19,567</u> 10%	\$ <u>195,666</u>
TOTAL	\$ <u>1,017,467</u>	\$ <u>168,044</u>	\$ <u>1,185,511</u>

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 68,930 meals.
6. Maintain five existing nutrition sites; move or expand only after approval of the Older Alaskans Commission.
7. Maintain adult day care program and participate in the Anchorage Day Care Consortium.
8. Rides are to be maintained at the current level of 40,000 in CY 1985.
9. Provide dispatch and scheduling services for and coordinate with the M.T. Caverly Senior Center and operate supplementary transportation in compliance with the OAC Older Alaskans Transportation Service policies and priorities.
10. Transportation shall be provided to access services in the following order or priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
11. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.

Continued next page.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Seward Senior Citizens

STAFF: Dinah Van Der Hyde

Summary

Seward Senior Citizens is requesting Title III funds of \$17,435 and AS 47.65 funds of \$44,150. This is a 63% increase in OAC funding for the program and includes a new grant for Title III.

Seward has a population base of 1,800 with 255 persons over 60. This program has provided congregate meals two days a week, transportation, escort, outreach companionship, health maintenance, and telephone reassurance to 90 seniors.

The CY 85 proposal would increase meals to three days a week, provide home-delivered meals, transportation, escort, outreach, information, referral/personal advocacy, shopping assistance, health maintenance, physical fitness, telephone reassurance, home visiting, and volunteer services. Seward hopes to target the frail by increasing Title V outreach worker hours.

Analysis

Seward's application is minimally documented as to target populations and need for increased service. Program reporting has been timely, but planned versus actual performance has been noticeably varied. Actual congregate meals were 69% of planned, escort 3%, health maintenance 273%, and companionship 136%.

The budget request for CY 85 reflects more dependence on OAC support. The application does not explain the change in support required. Borough funds are \$8,000 less; perhaps this reflects decreased revenue sharing. The Director's salary was paid 44% by the Borough in CY 84 and the Bookkeeper 50%. Both are 90% OAC in the CY 85 request.

This program is currently being audited. During the preliminary attempt at the audit, there was insufficient documentation available for the audit to take place. The grantee's current Bookkeeper is now trying to reconstruct the documents for the 1982 and 1983 grants in order to have a complete audit take place.

Recommendation

Due to the lack of OAC funding available and the uncertainty of fiscal accountability, staff recommends funding at the current operating level for AS 47.65 of \$30,000.

This project has been encouraged to seek additional Title V funds for their proposed staffing increase for home visiting and health maintenance.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Tapraq, Inc. STAFF: Fran Toland

SUMMARY

Tapraq, Inc. is a service organization formed to help prevent alcohol and drug abuse in Stebbins. From July 1, 1982 to December 30, 1983 they provided congregate meals 3 days a week to approximately 16 senior citizens.

In July of 1984 they were awarded a 6-month AS 47.65 grant of \$11,096. This year they are requesting \$11,629 of AS 47.65 money for six months or \$23,258 for 12 months. This represents an annualized increase of 5%.

ANALYSIS

Tapraq first requested and received funding in July, 1982. The site was not inspected by staff until March, 1983. At that time the nutrition administrator discovered that the kitchen in the community center was not certified. In July 1983 they were awarded a 6-month grant with the condition that continued funding was contingent upon their obtaining a food service permit. No money was awarded in January 1984. As efforts were made to certify the kitchen, the project director stayed in touch with OAC staff. In March, 1984 the Stebbins City Council agreed to pay for necessary renovations to the community center. Those renovations were scheduled to be completed in July.

With that information OAC granted Tapraq \$11,096 with the condition that no money would be forwarded until we had a copy of the food service permit.

To date, the renovation on the building has not been done. At last correspondence, the supplies were barged to Unalakleet and would be delivered to Stebbins as soon as possible. Weather permitting, construction will begin immediately.

Tapraq's application was one of the most complete and accurate ones reviewed by this coordinator. Every issue was addressed and need was documented. It was received late in this office, having been sent first to the Department of Administration and then forwarded to OAC.

RECOMMENDATIONS

Staff recommends that OAC set aside \$23,258 for award to Tapraq upon receipt of their food service permit. The award will be prorated based on when the permit is received.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Upper Tanana Development Corp. STAFF: Ruth G. Browne

Summary

Upper Tanana Development Corporation (UTDC) requests \$211,897 in Title III funds and \$31,087 in AS 47.65 funds to continue serving the elders residing in the region. The Upper Tanana region includes the communities of Dry Creek, Dot Lake, Tanacross, Tok, Tetlin, Mentasta, Northway, Eagle City and Eagle Village.

The program provides lunch five days a week at Tok/Tanacross, Tetlin, Dot Lake, Northway; two days per week at Mentasta and three days per week in Eagle. Responsibility for serving the elders of Mentasta was transferred from Copper River Native Association to UTDC during CY 84 for geographical reasons. UTDC did not receive additional funds to service Mentasta.

The program currently operates three vans. One van is used primarily in Northway and travels to Tok once a week for lunch. Two vans are presently located in Tok. One is used daily to transport seniors from Tok and Tanacross and to deliver home-delivered meals. The third van is used to transport seniors from Mentasta and Dot Lake to Tok or Delta Junction to shop or participate in the lunch program. UMPTA funds have been received to purchase a four wheel drive which will be used to service the elders in Eagle and Tetlin.

UTDC also provides escort, information, referral, telephone reassurance and home visits.

Of the approximately 212 persons 60+ years of age in the region, about 40% are Native. About 150 have been served by the UTDC region.

Analysis

UTDC's Title III request equals its CY 84 award plus 7%; its AS 47.65 request equals its CY 84 award plus 5%. The increase is due to:

- . addition of a driver to service Tetlin twice a week
- . an approximate 3% salary increase
- . an 11% increase in number of meals
- . equipment requests

An increase is justified due to addition of Mentasta as a meal site and the addition of two vans to expand transportation services.

Recommendation

OAC staff recommends Title III funding at the revised level of \$209,047 and AS 47.65 funding at the level of \$30,087.

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

CY'85

APPLICANT: Valdez Senior Citizens

STAFF: Fran Toland

Summary

This is a new grant application. Valdez Seniors have been active for the past 3 years, incorporating in 1981. A new senior housing and center complex was completed last year. They have applied for OAC Title III funds to sponsor a senior program to include congregate and home-delivered meals, transportation, escort, outreach, I & R, shopping assistance. Under AS 47.65 they propose to provide health maintenance information, physical fitness, telephone reassurance, and home visits. They propose to serve 48 seniors.

Requested from Title III is \$101,924 and from AS 47.65 is \$16,404.

Analysis

Health maintenance, information, outreach, transportation and potlucks once a week are currently provided. The city pays for a part-time project director and subsidizes operation of the home and center, which includes facility expenses, office supplies, vehicle supplies, postage. Project Director and accountant are the same person.

Recommendation

Staff recommends \$21,312 in AS 47.65 funds to provide as many meals as possible fewer than five days per week.

W. Hall
376 3/24

OLDER ALASKANS COMMISSION
APPLICATION REVIEW

Job found on form
Volunteers
Vom. of Home
Suit by person by
covered by
8/2/83 - 5/2/84

APPLICANT: WASILLA AREA SENIORS, INC.

STAFF: Howard DeVore

SUMMARY OF PROGRAM: WASI, INC. has submitted a request for funding from both Title III and AS 47.65 funding, as in the past, to continue existing programs in nutrition at the Wasilla and Talkeetna sites, access services to older persons in this area of the Mat-Su Valley, and a handyman home maintenance and repairs service to the elderly frail unable to work on their own homes. New, in this CY 1985 funding request under AS 47.65, is the provision for a social worker who offers information, referral, and counseling services while coordinating with other agencies. The job description fails to mention educational or training requirements but the duties do not necessarily call for a BS in Social Work. New objectives on form F-B for CY 1985 speak only to one objective related to social work services, telephone reassurance to 15 older persons.

Title III services funded at the requested level would increase meals in a congregate setting by 22.5%, from 10,071 served October 1983-September 1984 to 13,000 proposed. Part of the cost is off-set by a suggested donation of \$1.50 by participants which Wasilla Area Seniors have been contributing in the current year as well. Meal donations should provide \$19,500 and rides \$3,000 in a transportation service governed by OAC policies with three vehicles driven by one paid and two volunteer drivers.

Talkeetna will continue as the new nutrition outreach program serving 15-20 elderly at school sites providing meals under contract at \$3.50 per meal averaging 25 meals a week for the year. The Upper Susitna Valley Seniors, Inc are involved in advisory management to the WASI Board and staff which includes a site manager now provided by Title V funding but proposed to be assumed in this grant under Title III. Justification for transferring the position to Title III is the need for more than 20 hours a week, according to the grant. Though the program got off to a slow beginning and meals are now served only one day a week, rotating from one school or restaurant location to another to serve a widely distributed clientele, the response and appreciation was shown at a recent meal and USVS, Inc. board meeting attended by the reviewer.

ANALYSIS:

AS 47.65 HANDYMAN/SOCIAL WORK

The 81% increase in AS 47.65 funds requested for CY 1985 adds a new dimension to the WASI program and a new position of Social Worker costing \$17,322 of the \$26,295 increase over \$42,400 funded in the current year for the Handyman and Home Maintenance Program. Except for counseling mentioned in the job description of the Social Worker, the information, referral and personal advocacy duties are not allowable under AS 47.65 and more appropriate under Title III but also found in the job description of the Coordinator/Bookkeeper position.

TITLE III NUTRITION AND ACCESS

The CY 1985 request of \$151,095 is 29.5% above the 1984 allocation or \$34,436 more accounted for in part by transferring the Talkeetna Title V Site Manager to Title III and adding \$14,062 for a computer and outdoor exercise equipment. The current 1984 allocation of \$116,659 includes excess funds of \$10,630 not used at Talkeetna.

APPLICANT: Wasilla Area Seniors, Inc.

STAFF: Howard DeVore

STAFF RECOMMENDATION:

Staff recommends funding the Title III Nutrition and Access program at 94.1% of the CY 1984 Wasilla allocation (\$96,756) for the Wasilla site in 1985 and of the state share of the CY 1984 Talkeetna revised site budget (\$9,373) for Talkeetna in 1985, a total Title III recommendation of \$99,773 with \$91,047 for the Wasilla site and \$8,726 for the Talkeetna site. Staff recommends the continuation of a Title V site manager, 20 hour per week, position for Talkeetna and not to fund this position from Title III.

Staff recommends a maximum of 10,450 meals in CY 1985, 9,150 congregate meals at Wasilla served five days a week and 1,300 meals at a Talkeetna site served once a week. Staff recommends rides be maintained at the current 1984 level of 2400.

Staff recommends funding the AS 47.65 Handyman program at the current operating level, the amount of available funds for Southcentral after accommodating the cost of a new nutrition program at Houston in CY 1985 and distributing the balance to the programs in the Southcentral Region. Staff recommends not funding the proposed new Social Worker position, computer hardware or software, nor the outside exercise equipment proposed by the applicant.

		State/Federal	Match	100%
Wasilla	TITLE III	\$ <u>91,047</u>	\$ <u>16,067</u> 15%	\$ <u>107,114</u>
Talkeetna	TITLE III	\$ <u>8,726</u>	\$ <u>1,540</u> 15%	\$ <u>+10,266</u>
Total	TITLE III	\$ <u>99,773</u>	\$ <u>17,607</u> 15%	\$ <u>=117,380</u>
Wasilla	AS 47.65	\$ <u>32,400</u>	\$ <u>3,600</u> 10%	\$ <u>+36,000</u>
	TOTAL	\$ <u>132,173</u>	\$ <u>21,207</u>	\$ <u>=153,380</u>

*no loss
delivered file*

SPECIAL CONDITIONS:

1. Services are to be provided only to persons who are 60 years of age and older.
2. Services must be targeted to persons in greatest economic and social need.
3. Revised objectives and service activities based on the award of funds shall be submitted to the OAC on form F-B by February 15, 1985.
4. A revised budget based on the award of funds shall be submitted using budget detail pages F-1 through F-10 by February 15, 1985.
5. Meals may be budgeted at not more than 10,450 meals, including 1,300 for the Talkeetna site, with USDA calculated at the new rate of 58.75 cents per meal.
6. Provide 25 meals, one day a week in the Talkeetna area at selected school sites, and provide one site manager on part time 20 hours per week to

Continued next page.

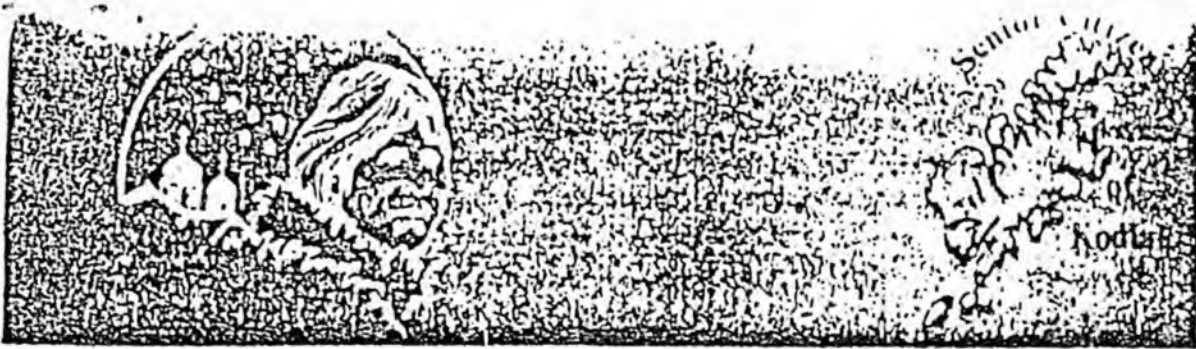
APPLICANT: Wasilla Area Seniors, Inc.

STAFF: Howard DeVore

SPECIAL CONDITIONS: (Cont)

supervise and organize activities through Title V funding. The Title III allocation to Wasilla includes \$8,726 state funds for the Talkeetna site. New nutrition sites shall not be established without prior approval of the OAC.

7. Rides are to be maintained at the current level of 2,400 in CY 1985.
8. Transportation shall be provided to access services in the following order of priority:
 - a. access to medical appointments, prescriptions, hospital and essential (nonemergency) health services;
 - b. access to nutrition and other essential support services;
 - c. essential shopping, low income employment (Title V and others who document low income), and volunteers in services to older persons, disabled, and children;
 - d. job training and career education;
 - e. attendance at senior organization meetings; and
 - f. nonessential shopping, business, beauticians, cultural, educational, recreational and social activities.
9. Homemaker/Chore services service shall be provided to an individual only if the services cannot be provided by the Department of Health and Social Services, Division of Family and Youth Services, under their contract with Alaska Management Technologies. Tasks performed by Title V in-home workers are not affected by this special condition.
10. Home repair and renovation services shall be provided to an individual only if the service cannot be provided through another agency such as the Farmers Home Administration or Department of Community and Regional Affairs.
11. Grantees must have an equal employment opportunity policy as well as have implemented an affirmative action plan in all aspects of personnel administration. Discrimination on the basis of race, color, creed, national origin, sex, or age handicap is prohibited both within grantee personnel administration and in the delivery of services and/or conducting of grant activities. Grantees must insure compliance by all subgrantees and subcontractors. A copy of the equal employment policy and affirmative action plan shall be submitted to OAC by March 31, 1985.
12. OAC shall be contacted prior to the schedule of an audit. OAC may contract for the provision of audits. Grantees must comply with OAC PI-84-5 and Circular A-102, Attachment P.
13. Out of state travel under this grant requires prior approval of OAC.
14. Attendance at OAC meetings is not a requirement of funding and grant funds shall not be used for this purpose.
15. Funds may not be used to pay health benefits for Title V enrollees.
16. Funds provided by this allocation shall not be used for a social worker positions, for computer hardware or software, nor for outdoor exercise equipment.



Box 315
Kodiak, Alaska
99615
Dennis Murray
Project Director
Tel. 486-6181

2-22-85

Dear

At their meeting of Thursday, February 21, the board of directors of the Association of Older Alaskan Programs (AOAP) together with Jon Wolfe, Executive Director of the Older Alaskans Commission (OAC) discussed Jon's memorandum of 2-4 concerning the OAC budget and the impact of legislative intent grants. Individual members of the board expressed concern about the practice of intent grants to named recipients. I was directed by the President, Betsy Lee, to draft a resolution for consideration by the Board of AOAP and any programs which may wish to address this situation.

Note - Did J.W. influence the resolution? otherwise, why was he there?

I drafted the enclosed resolution, and discussed it with Betsy. It was our decision to send it to all project directors of programs sponsored by OAC. Please find the sample resolution enclosed.

It is my understanding that the board of AOAP will consider this resolution on or before their regular meeting on March 21, 1985. I would encourage each of you to address input to:

Ms. Betsy Lee, Project Director
Mabel T. Caverly Center
1111 E. 5th Ave.
Anchorage, Ak. 99501
#274-9361

I know that some of you are not members of AOAP. I would encourage you to join our organization so that you can participate in our efforts to assist the OAC in accomplishing their mission. Should you decide to join, please send your membership fee to:

Ms. Dottie Englund
North Star Council on Aging
P.O. Box 73888
Fairbanks, Ak. 99707

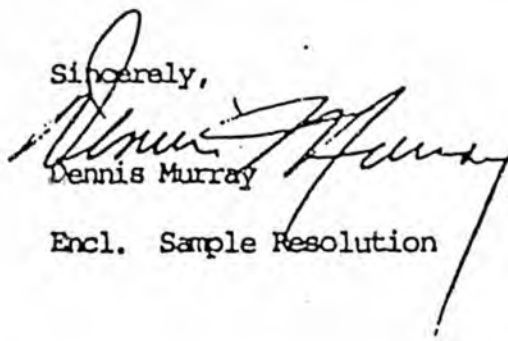
Fees are \$25.00 for project director voting membership and \$15.00 for associate membership.

Finally, let me make it very clear that some projects are not completely comfortable with the group concerns over intent grants. Some reserve the right to attempt such action when their boards consider it in their best interest to do so.

Unfortunately, when the funds for these grants to named recipients are taken from the general funds available for all grants; the remaining programs are short changed. It is a dilemma, and one which the board wanted to address in a constructive manner.

YOUR INPUT IS IMPORTANT. CALL OR WRITE BETSY.

Sincerely,


Dennis Murray

Encl. Sample Resolution

Resolution #2

A resolution of Older Alaskan Commission projects concerning legislative intent grants to named recipients within the Older Alaskans Commission Budget.

This resolution is directed to area legislators and the Older Alaskans Commission

Whereas: For the past few years there have been legislative intent grants administered by the Older Alaskans Commission, and

Whereas: In some cases, the legislature has reduced the funding available for grants and services under the direct control of the Older Alaskans Commission, because of the action to include legislative intent grants to named recipients, and

Whereas: Older Alaskan Projects fully recognize the desire of individual legislators to assist their Senior Programs with appropriations. However, when funding is reduced for those projects not seeking special attention; the competitive process is short-circuited, and

Whereas: Under Section 44.21.230 the Older Alaskans Commission is charged by the legislature with the responsibility to "formulate a comprehensive statewide plan that identifies the concerns and needs of older Alaskans." Furthermore, the commission is charged with the task to "administer, with the approval of the commissioner of administration, state programs as provided in AS 47.65.010--47.65.060," and

Whereas: It is clear from the language enacted by AS 44.21 that the legislature intended the Commission to be responsible for the decision making in regards to a myriad of programs affecting the elderly, and

Whereas: Legislative Intent grants for operational support diminish the ability of the commission to do its job in critically evaluating the priorities for service delivery,

Therefore Be It Resolved That:

The Legislature be encouraged to provide the Commission with adequate funding for Grants and Services to communities and organizations throughout the state so that they can carry out the delivery of needed services to the elderly, and

Further Be It Resolved That:

The Legislature recognize and be aware of the divisiveness created by legislative intent grants for program support.

Adopted this _____ day of _____, 1985 by

(Organization Name)

Attest:

Recording Secretary



FOSTER GRANDPARENT PROGRAM SENIOR COMPANION PROGRAM RETIRED SENIOR VOLUNTEER PROGRAM

320 W. Willoughby, Suite 300, Juneau, AK 99801 (907) 586-6143

Joan Haffner

Juneau Foster Grandparents/Senior Companions/
Retired Senior Volunteer Programs

I wish to support the continuation of the Older Alaskan Commission.

I work with low income and in many cases, near low income seniors.

In looking at the services they receive I would say many of our seniors depend upon the network of services available, and upon the effectiveness of this network. This includes: Meal sites, Senior Center activities, transportation and volunteer activities, to name a few.

I feel the OAC, in working with service providers, makes programs accountable. This of course, means state monies spent on senior citizens is made more effective through the coordination, training, and monitoring functions of the OAC.

Our responsibility towards our seniors can be met by funding the OAC at a level which enhances, rather than detracts from the levels of service provided in our community--and throughout the state.

STATE OF ALASKA
THE LEGISLATURE

LEGISLATIVE AFFAIRS AGENCY
LEGISLATIVE REFERENCE LIBRARY

POUCH Y - STATE CAPITOL
JUNEAU, ALASKA 99811
907-465-3800

May, 1988

Copies of minutes listed below were originally included in this file. The minutes are available on the STAIRS database CMPR. In order to save space copies of minutes have not been left in the files.

Mary Van Nimwegen

HESS 4-30-85 1:36pm

TO: BETTYE
FROM: SANDRA
RE: HB 124, EXTENDING THE OLDER ALASKANS COMMISSION

COMMISSION IS UP FOR SUNSET REVIEW. AUDIT PERFORMED A YEAR AGO RECOMMENDED CONTINUATION FOR ANOTHER 4 YEARS, WHICH IS WHAT THE HOUSE-PASSED VERSION OF HB 124 WOULD PROVIDE. (VOTE ON HOUSE FLOOR WAS 35-0.)

SENATE STATE AFFAIRS C.S. WOULD EXTEND FOR 1 YEAR ONLY. THIS IS APPARENTLY A RESPONSE BY ABOOD (AND OTHERS?) TO A CONSTITUENT WHO FAILED TO RECEIVE A GRANT. APPARENTLY LEGISLATIVE INTENT IN THE BUDGET NAMED MEDALERT AS THE PREFERRED RECIPIENT FOR A GRANT; THE OLDER ALASKANS COMMISSION AWARDED THE GRANT ELSEWHERE. MEDALERT APPEALED THE DECISION AND WAS DENIED ON APPEAL, THEN WENT TO SUPERIOR COURT AND WAS DENIED AN INJUNCTION. THIS IS THE MOST SPECIFIC INFORMATION I HAVE. THERE IS NO STATE AFFAIRS LETTER OF INTENT DISCUSSING WHAT IS EXPECTED TO HAPPEN IN THIS ONE YEAR OF CONTINUATION, OR WHY THE EXTENSION IS FOR ONE YEAR ONLY.

SENATE'S OPERATING BUDGET PROPOSES DELETING 9 OF THE 20 STAFF POSITIONS AND REDUCING THE DIRECTOR POSITION TO A COORDINATOR. (10 OF THE STAFF MAKE OVER \$50,000 A YEAR. REAL TOP-HEAVY IN ADMINISTRATIVE COSTS. STAFF MONEY SAVED WOULD BE PUT INTO GRANTS.) APPARENTLY THIS BUDGET REDUCTION IS NOT BECAUSE OF THE STATE AFFAIRS COMMITTEE'S CONCERNS.

file HB124

3/26/85 minutes
O.A.C.

5. Peggy Burgin and Jon Wolfe presented a workshop on older women at the Women's conference. Two older women were jointly honored by the Alaska Womens Commission and the Older Alaskans Commission. Governor Sheffield presented the awards to Clothilde Bahovec of Sitka and Jeanne James of Cordova.

Ted Lane of the Institute for Social and Economic Research (U of A) reported on the LinkAge discretionary grant project. The project will be formally evaluated, however, it seems to have been a great success. For future reference, technological problems limit interactive audio conferencing to ten sites.

Betsy Lee, Director of Mabel T. Caverly Senior Center reported on the progress of the Personal Emergency Response System contract including frustrations related to transition from the former contractor. An evaluation committee has been established to monitor the program. As an indirect result of the program it was learned that Robert Rudd Housing was not in a fire protection district.

Bill O'Connor reported on concerns related to Robert Rudd Housing and advised that they be resolved or satisfied before an Intermediate Care Facility (ICF) is built.

Hazel Heath moved that OAC (as advocate for seniors) officially inquire of Cook Inlet Housing Authority.

1. What is their understanding of the current and past problems?
2. How have past problems been addressed?
3. What plans they have to correct current problems (including what costs to correct construction and/or staffing deficiencies and where the money would come from)?
4. How they propose to prevent similar problems with proposed ICF project and make it clear that OAC cannot support the ICF project until these questions have been satisfactorily answered?

Mellie Terwilliger seconded the motion. The motion passed.

Bill O'Connor reported the need for publicity regarding the mandatory reporting law for Elder Abuse. He expressed concern for untimely reports to the Commission and the need for regulations. An advocacy newsletter will be developed under OAC funding.

Ann Jache reported on the Aging Together in Alaska Conference.

The balance of the FY'85 \$118,000 Legislative intent grant to OPAG was presented by Jon Wolfe with staff recommendation for approval. Hazel Heath moved that OPAG be awarded \$131,111 (includes match) Myrtle Thomas seconded. The motion passed.

Hazel Heath moved that the OAC support Homer Senior Center Incorporated's request for facility expansion. Myrtle Thomas seconded. The motion passed.

The meeting was recessed until 1:45 p.m. for lunch.

A PERFORMANCE REPORT
ON THE
DEPARTMENT OF ADMINISTRATION
OLDER ALASKANS COMMISSION

July 31, 1984

Audit Control Number

02-1182-84-R

Commissioner, Department of
Administration

Lisa Rudd

Deputy Commissioners, Department
of Administration

Eleanor Andrews
Anselm Staack
James Shea

Members of the
Older Alaskans Commission

Chairperson
Member
Member
Member
Member
Member
Member

Peggy A. Burgin
Roland Booth
Lucille Brenwick
Hazel Heath
Dove Kull
Mellie Terwilliger
Myrtle R. Thomas

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STATE OF ALASKA

AUDIT DIVISION
POUCH W
JUNEAU, ALASKA 99811

THE LEGISLATURE
BUDGET AND AUDIT COMMITTEE

September 6, 1984

Members of the Legislative Budget
and Audit Committee:

In accordance with the provisions of Title 24 and 44 of the
Alaska Statutes (sunset), the attached report is submitted
for your review.

A PERFORMANCE REPORT
ON THE
DEPARTMENT OF ADMINISTRATION
OLDER ALASKANS COMMISSION

July 31, 1984

Audit Control Number

02-1182-84-R



Gerald L. Wilkerson, CPA
Legislative Auditor
Division of Legislative Audit

PURPOSE AND SCOPE OF THE REPORT

Purpose

In accordance with the intent of Titles 24 and 44 of the Alaska Statutes (sunset legislation), we have examined the activities of the Older Alaskans Commission (OAC) for the past three fiscal years to determine if the Commission has been operating in an efficient and effective manner.

Legislative intent requires consideration of this report during legislative oversight hearings to determine whether the OAC should be reestablished. The law now specifies that the Commission will terminate June 30, 1985, and will have one year from that date to conclude its affairs.

Scope

The major areas of our examination were program evaluation, administrative functions, and commission proceedings. We reviewed and evaluated the following:

1. Applicable statutes and regulations.
2. Tests of files and documents.
3. Interviews with program personnel.
4. Complaints filed with the Attorney General's Office and the Ombudsman's Office.
5. Discussions with Commission members.
6. Minutes of Commission meetings and correspondence files.

The policy and audit approach utilized by the Division of Legislative Audit for Performance Review can best be described as "audit by exception."

This methodology focuses audit effort on areas of an auditee's operations that have been identified by a preliminary survey as having a high degree of probability for needing improvements.

Therefore, by design, finite audit resources are used to identify where and how improvement can be made and little time is devoted to reviewing well-run operations or programs. Consequently, this report highlights those areas needing improvement and does not emphasize those operations and programs that are properly functioning.

ORGANIZATION AND FUNCTION

Pursuant to Alaska Statute 44.21, the Older Alaskans Commission was created in July of 1981 and was established within the Department of Administration. The Commission consists of seven members who are selected based upon their knowledge and demonstrated interest in the concerns of older Alaskans. Commission members serve overlapping four year terms.

The Commission is authorized to administer and coordinate State programs for the elderly and to administer Federal programs provided under the Older Americans Act of 1965. Together, the provisions of Alaska Statute 44.21 and the Older Americans Act define the purpose, scope of work, and authority of the Commission. In implementing its planning and administrative responsibilities, these legislative acts assign to the Commission four primary roles:

Allocation: To determine the appropriate distribution of state and federal funds to purchase needed programs and services for older Alaskans;

Advocacy: To advocate for the needs and interests of older Alaskans at both state and local levels;

Coordination: To increase the coordination of both state and local resources available to address the needs of older Alaskans; and

Resource and System Development: To develop or expand services to older Alaskans as well as to ensure a more systematic and thorough approach to meeting their needs.

The broad scope of this legislative mandate, opens nearly all the concerns of older Alaskans to the consideration of the Commission. However, AS 44.21 further stipulates that the Commission may not investigate, review, or undertake any responsibility for the longevity bonus program or the Alaska Pioneers' Homes.

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REPORT CONCLUSION

This report contains policy issues raised as a result of our evaluation of various Commission practices. The final policy decisions affecting these practices are not within the scope of this report, but requires legislative consideration. In debating these issues, the oversight committees should take into consideration the findings and recommendations presented in this report so the potential impact of policy changes can be evaluated.

Report Conclusion

In our opinion, the OAC should be reestablished. The intent of creating the Commission by the Legislature was to assure the remaining years of citizens over the age of 60 are years of good health, honor, and dignity. The OAC has implemented this mandate by:

1. Providing services in the areas of health, transportation, employment, education, home care, and housing to older Alaskans.
2. Advocating for the needs of older Alaskans in the planning and delivery of state programs.
3. Requiring the participation of senior citizens in the planning and development of programs that benefit older Alaskans.

However, the following findings describe areas where weaknesses were observed. We have made recommendations which, if implemented, will improve the efficiency and effectiveness of the Commission.

FINDINGS AND RECOMMENDATIONS

Recommendation No. 1

The Older Alaskans Commission (OAC) should improve the State Plan's objectives in order to better measure and evaluate program performance.

Alaska Statute 44.21 and federal regulations require OAC to formulate a State Plan that identifies the concerns and needs of older Alaskans. This document serves as a work plan for employees through the establishment of state and federal program goals and objectives. The objectives describe what OAC intends to accomplish within a given fiscal year.

In our review of the current state plan we found the objectives were relevant to OAC's established goals. OAC has made progress towards achieving goals and objectives. Nevertheless, it was noted that a number of the objectives were not stated in measurable and quantifiable terms. For example, an objective that is representative of many of the Plan's objectives states, "The Older Alaskans Commission will, on an ongoing basis, work with appropriate home energy agencies to annually increase the number of older Alaskan homes which have been weatherized."

The weakness in this objective is that it states how the program will conduct its business and not the number of homes that will be weatherized. Objectives should describe what the Commission intends to accomplish and be consistent with long-range goals. To be capable of measurement, objectives should be well-defined including a description of methods of measurement.

Measurable and quantifiable objectives enables management to evaluate which programs are achieving predetermined goals. When objectives are not stated in measurable terms, both management and the Legislature cannot adequately evaluate OAC's performance.

Recommendation No. 2

OAC should submit an annual report to the Legislature and Governor as required by law.

The Commission has not followed statutory reporting requirements of AS 44.21. This statute requires the Commission to submit an annual analysis and evaluation of services that are provided to older Alaskans.

To contribute to governmental effectiveness, the Commission should compile the report and forward it to the appropriate parties. The report required by AS 44.21 provides the Legislature and Governor the means to analyze the validity and necessity of OAC's funding requests for an upcoming fiscal year. In addition, the report would provide management a useful tool for analyzing and comparing each year's performance.

ANALYSIS OF PUBLIC NEED

Limited Analysis

The following analyses of the Commission's activities relate to the public need factors defined in the "sunset" law. These analyses are not intended to be all-inclusive, but address those areas we were able to cover within the scope of our review.

- I. The extent to which the board, commission, or program has operated in the public interest.
 - A. The OAC has served the public through planning, coordinating, and providing services to persons who are 60 years of age and over in areas of employment, nutrition, transportation, information and referral, housing, health care, in-home services, legal services, long-term care, advocacy, and outreach.
 - B. The Commission has held an average of seven meetings a year for the past two calendar years.
- II. The extent to which the operation of the board, commission, or agency program has been impeded or enhanced by existing statutes, procedures, and practices which it has adopted, and any other matter, including budgetary, resource, and personnel matters.
 - A. The Commission has developed an interagency housing task force to prepare recommendations regarding the coordination and efficient delivery of needed housing services to the elderly.
 - B. A Commission newsletter has been developed which describes important services that are available to older Alaskans.
- III. The extent to which the board, commission, or agency has recommended statutory changes which are generally of benefit to the public interest.
 - A. Since the establishment of the Commission, approximately three years ago, the Commission has not recommended any statutory changes.
- IV. The extent to which the board, commission, or agency has encouraged interested persons to report to it concerning the effect of its regulations and decisions on the effectiveness of service, economy of service, and availability of service which it has provided.

- A. The Commission has solicited public input on matters affecting senior citizens. This has been demonstrated by the Commission requesting public opinion on the proposed October 1983 State Plan and designating Anchorage as a "planning and service area" for federal funding purposes.
- V. The extent to which the board, commission, or agency has encouraged public participation in the making of its regulations and decisions.
- A. OAC has advertised in newspapers and distributed notices to interested associations encouraging the public to participate in senior citizen issues.
- VI. The efficiency with which public inquiries or complaints regarding the activities of the board, commission, or agency filed with it, with the department to which a board or commission is administratively assigned, or with the Office of the Ombudsman have been processed and resolved.
- A. In the past three years, there have been no complaints filed against the Commission with the Ombudsman Office.
- VII. The extent to which a board or commission which regulates entry into an occupation or profession has presented qualified applicants to serve the public.
- A. The OAC does not regulate any occupations or professions.
- VIII. The extent to which State personnel practices, including affirmative action requirements, have been complied with by the board, commission, or agency to its own activities and the area of activity or interest.
- A. The Equal Employment Opportunity Office has received no complaints related to the Commission's personnel practices.
- IX. The extent to which statutory, regulatory, budgeting, or other changes are necessary to enable the agency, board, or commission to better serve the interests of the public and to comply with the factors enumerated in this subsection.

Please refer to the previous section, Findings and Recommendations.

APPENDIX A

DEPARTMENT OF ADMINISTRATION
OLDER ALASKANS COMMISSION
Schedule of Operating Appropriations and Funded Positions
For the Fiscal Years Ended June 30, 1983, 1984, and 1985

(Unaudited)

	<u>Appropriations</u>		
	<u>FY 83</u>	<u>FY 84</u>	<u>FY 85</u>
<u>Budget Allocations</u>			
Older Alaskans Commission	\$ 369,454		
Aging Grants	7,453,400		
Administration		\$1,144,800	\$1,116,100
Grants and Services		7,621,800	8,261,000
<u>Total Budget Allocations</u>	<u>\$7,822,854</u>	<u>\$8,766,600</u>	<u>\$9,377,100</u>

Appropriation Fund Sources

General Fund	\$2,867,454	\$3,661,200	\$4,262,900
Federal Fund	4,955,400	5,105,400	5,114,200
<u>Total Appropriation Fund Sources</u>	<u>\$7,822,854</u>	<u>\$8,766,600</u>	<u>\$9,377,100</u>

Positions Funded

Full time	21	21	21
Part time	8	8	8

Note 1: Source of information for fiscal years 1983 and 1984 was the authorization balance report at fiscal year end.

Note 2: Source of information was the Free Conference Committee Report for fiscal year 1985.

DEPARTMENT OF ADMINISTRATION

POUCH C (MS 0200)
JUNEAU, ALASKA 99811
PHONE: (907) 465-2200

OFFICE OF THE COMMISSIONER

October 1, 1984

Mr. Gerald L. Wilkerson, C.P.A.
Legislative Auditor
Division of Legislative Audit
Legislative Budget and Audit Committee
Pouch W
Juneau, AK 99811

OCT 01 1984

**LEGISLATIVE
AUDIT**

Dear Mr. Wilkerson:

I have received your performance report on the Older Alaskans Commission (OAC) dated July 31, 1984 in which you recommend that the OAC should be reestablished. You have completed a very thorough and complete review of the Commission and its function. We accept your recommendations with the following comments.

Recommendation No. 1

The OAC should improve the State Plan's objectives in order to better measure and evaluate program performance.

Your recommendation notes "that a number of the objectives were not stated in measurable and quantifiable terms." In reference to this observation you cite Housing Action Plan objective number 3. (page 4-28) "The OAC will "... "On an ongoing basis, work with appropriate home energy agencies to annually increase the number of older Alaskan homes which have been weatherized." We agree that this objective provides no benchmark for measuring the attainment of the objective. The OAC attempted to establish such an objective but found the housing system to be so fragmented and amorphous that the OAC was unable to determine how many weatherized homes in Alaska were owned by senior citizens. Consequently, we were not able to provide a specific number.

Objective number 1 (page 4-27) establishes a Housing Task Force for the purpose of conducting a thorough analysis and developing housing recommendations for the OAC. This work and the recommendations of this and other task forces established under the plan will enable the commission to amend and improve objective measures. The Housing Task Force is currently working and has determined that only 9% of weatherized homes are owned by Seniors. This information will enable the OAC to respond to your recommendation.

October 1, 1984

Recommendation No. 2

OAC should submit an annual report to the Legislature and Governor as required by law.

Your recommendation notes that the Commission has not followed statutory reporting requirements of A.S. 44.21. The complete statute reference in Section 44.21.230 states "(a) The Commission shall

- (1) formulate a comprehensive statewide plan that identifies the concerns and needs of older Alaskans and, with reference to the plan adopted, prepare and submit to the governor and legislature an annual analysis and evaluation of the services that are provided to older Alaskans;"

The transfer of programs and staff from the Department of Health and Social Services, Division of Adult and Aging Services occurred on January 1, 1982 as specified in A.S. 44.21. The Commission assumed responsibility for a state plan on that date which had been submitted to and approved by the Federal Government in accordance with P.L. 89-73. This plan was due to end on September 30, 1983. As required under A.S. 44.21 and P.L. 89-73, the Commission commenced development of a comprehensive statewide plan which would become effective on October 1, 1983. We believe that consideration should be made for the date on which the Commission assumed administrative responsibility (January 1, 1982) and the time required for plan development (October 1, 1983). The plan forms the basis under statute for the required report. The Commission is currently developing a report in reference of the plan.

I wish to complement your Division on the professional manner in which the sunset review was conducted.

Sincerely yours,


Lisa Rudd
Commissioner

LR/JBW/dkk
7/2D2/1001-11/2
cc: Eleanor Andrews
Deputy Commissioner
Human Resources

Jon B. Wolfe
Executive Director
Older Alaskans Commission

Alaska State Legislature

BETTYE FAHRENKAMP, Chairman
ARLISS STURGULEWSKI, Vice Chairman
JOE JOSEPHSON
PAUL FISCHER
EDNA ARMSTRONG-DEVRIES



ROOM 7
STATE CAPITAL
BUREAU BUILDING
607 465-2804
307 467-2835

Senate Committee on Health, Education and Social Services

MEMORANDUM

TO: Members, Senate Committee on Health, Education and Social Services

FROM: Committee Staff

RE: Committee Meetings, April 29, 1985 and April 30, 1985

DATE: April 29, 1985

On Monday, April 29, at 5:00 pm in the Beltz Room, the Senate Committee on Health, Education and Social Services will receive a briefing by the Professional Teaching Practices Commission (PTPC). Established in 1966 and consisting of nine members appointed by the Governor, the PTPC investigates complaints which allege ethical, legal, or contractual violations of educators, and suspends or revokes certificates if warranted.

On Tuesday, April 30, at 1:30 pm in the Beltz Room, the the following bills will be heard:

HB 124, Extending the Older Alaskans Commission.

The Older Alaskans Commission (OAC), established in July 1981 within the Department of Administration, is authorized to administer and coordinate programs for the elderly. Current law specifies that the commission will terminate June 30, 1985; HB 124 provides for continuation until June 30, 1989. The legislative audit performed July 31, 1984 in compliance with the sunset law recommends continuation.

The Senate State Affairs Committee approved a committee substitute that extends the commission for one year.