

HESS

Federal Block
Grants BACK UP

Info:

Teleconference

5-9-85



Alaska State Legislature
House of Representatives
COMMITTEE ON HEALTH, EDUCATION
AND SOCIAL SERVICES

OFFICIAL BUSINESS

POUCHV
JUNEAU AK 99811
465-3759

THE HOUSE COMMITTEE ON HEALTH, EDUCATION AND SOCIAL SERVICES

will conduct a

*****STATIWIIDE TELECONFERENCE*****

DATE: THURSDAY, MAY 9, 1985

TIME: 4:30 - 6:00 P.M. (AST)

SUBJECT: FEDERAL BLOCK GRANTS FOR THE
DEPARTMENT OF HEALTH AND SOCIAL SERVICES

The Federal government requires, as a condition of receiving block grant funding, a statewide public hearing concerning the usage of federal funds received and expended by the state of Alaska.

The Department receives block grant funds in the following areas:

PREVENTIVE HEALTH AND SOCIAL SERVICES
MATERNAL AND CHILD HEALTH
ALCOHOL, DRUG ABUSE AND MENTAL HEALTH
LOW INCOME ENERGY ASSISTANCE

More detailed information on the amounts of money for each category received and specific program expenditures will be available at local Legislative Information Offices prior to the hearing.

Members of the committee are: Max F. Gruenberg, Jr., co-chair, (D) Anchorage; Niilo Koponen, co-chair, (D) Fairbanks; Robin Taylor, vice chair (R), Wrangell; Katie Hurley, (D) Wasilla; Alyce Hanley, (R) Anchorage; Dave Thompson, (R) Kodiak; and Fritz Pettyjohn, (R) Anchorage.

THIS IS A PUBLIC HEARING, ALL TESTIMONY IS WELCOME.

FOR MORE INFORMATION, CONTACT YOUR LOCAL LEGISLATIVE INFORMATION OFFICE OR CALL NANCY BENNETT IN JUNEAU AT 465-3759

MEMORANDUM

TO: HOUSE HESS COMMITTEE MEMBERS
FROM: NANCY BENNETT
DATE: MAY 9, 1985
RE: TODAY'S AGENDA

TELECONFERENCE

The Federal Government requires the Department of Health and Social Services, as a condition of receiving federal block grant funding, to hold a legislative statewide hearing on usage of the grant funds.

In your folder is a memo from the Department outlining each funding category and amount spent in FY 85.

Representatives of the Department who will be attending to answer questions are: Commissioner Pugh, Dwayne Peebles, Russ Webb, Dr. David Spence, Matt. Felix and Norma Lange.

CSSB 20 - RELATING TO IMPLIED CONSENT TO PRELIMINARY BREATH TEST BY AIRCRAFT AND WATERCRAFT OPERATORS (RAY)

This bill amends existing sections of law dealing with breathalyzer tests for operators of a motor vehicle, to include operators of a boat or plane. There is a zero fiscal note.

The Report of the Use of the FY 1985
PREVENTIVE HEALTH & HEALTH SERVICES BLOCK GRANT
by the Division of Public Health/DHSS

During FY 1985, the Preventive Health and Health Services Block Grant funds were utilized as follows:

Health Education/Risk Reduction

\$146.0 for the activities of the Health Education/Risk Reduction Project. Five projects to non-profit agencies and the University of Alaska were awarded to provide health promotional programs to school and adult aged populations to deter the high risk health behaviors associate with: smoking, injury prevention related to ATV's and job related accidents, nutrition, and substance abuse.

Behavioral Risk Factor Surviellance

\$12.0 was provided to the Institue for Social & Economic Research to conduct a telephone survey to determine the prevelance of high risk health behaviors within the Alaskan adult population.

Coordination & Administration

\$75.0 was provided to the Division of Public Health for a staff and associated expenses relating to the overall coordination of the block grant.

Rape Prevention Intervention

\$7.2 was provided to the Council on Domestic Violence and Sexual Assault for support of their training activities in Rape Prevention Protocols.

Project CHOICE

\$4.0 for the purchase of the comprehensive cancer education materials (Project CHOICE). The materials are distributed to various school districts within the State.

Contracts Currently Under Negotiation

\$35.0 is currently being negotiated for three additional programs. Development of a state dental plan, assistance to the Tanana Chiefs Conference for dental supplies for a preventive dental services program, and the continuance of the statewide telephone health education service provided by TEL-MED.

The Intended Usage of the FY 1986
 PREVENTIVE HEALTH & HEALTH SERVICES BLOCK GRANT
 by the Division of Public Health/DHSS

Available Funds for FY86

Anticipated Federal Award for FFY86.....	\$ 326.8
Roll-Over of FY85 Block Grant Funds.....	137.2*
 Funds available for Fiscal Year 1986.....	 \$ 464.0

*These funds are available from a lapse in the FY85 award. Spending of prior block grants has been less than the total award, so funds spent in FY85 were fulfilling the FY84 award. This roll over is possible because federal awards are available for two years.

Expected Expenditures for FY86

Health Education/Risk Reduction Project.....	\$ 215.0
Injury Prevention.....	85.0
Cancer Prevention and Education.....	75.0
Coordination & Administration.....	75.0
Behavioral Risk Factor Surveillance.....	8.0
Rape Crisis Intervention.....	6.0
	\$ 464.0

Basic Overview

The Division of Public Health intends to use these Federal Funds in the following areas to emphasize projects that: reduce the risk of injuries related to all-terrain vehicles and marine accidents, aid in the prevention of cancers; and will make available grant funds for preventive health services under the Health Education/Risk Reduction Projects. The Division will provide planning, technical, and administrative assistance to grantees and related organizations with similar interests.

Injury Prevention

The Injury Prevention branch of the Section of Emergency Medical Services (EMS) will work directly with the following agencies or projects to develop programs and materials for instruction related to All-Terrian Vehicle (ATV) handling and Marine Safety/Cold Water Survival.

The Alaska Marine Safety Education Association (AMSEA) will develop a statewide standardized and coordinated training program to address the issue of marine accidents and cold water survival.

The group will develop an education program which will include: curriculum and training programs, instructor training, and instructional materials. The program will be field tested and a course for instructors will be held. This group will represent the efforts of individuals from the Departments of Health & Social Services and Public Safety, University of Alaska, S.E. Region EMS Council, Southeast Alaska Regional Health Corporation, United State Coast Guard, and Northstar Survival.

Funding Level \$ 20.0

The Cooperative Extension Service of the University of Alaska will prepare instructional materials to address the issue of safe use of all-terrain vehicles. These materials will include; a presentation package on ATV injury prevention for use by regional injury prevention coordinators, two videotapes on proper usage and safety principles, two Safety Awareness Posters on safety equipment and alcohol use, and a school poster contest dealing directly with ATV safety.

Funding Level \$ 22.5

One statewide training workshop (or several regional workshops) will be held for persons who are responsible to doing community education on ATV injury prevention and marine safety education. Topics included in the workshop will be: results of the epidemiological study, demonstrations on protective clothing and safety equipment, demonstrations on proper riding, planning a community education campaign, how to put on an ATV field day, how to put on a 2-hour safety course, and local ordinance options. Potential participants include: Health Corporation Injury Prevention Coordinators, VPSO's, School Teachers, EMT's, and CHA's.

Funding Level \$ 35.0

The possible solution to some of the ATV injury problems may involve mandatory safety requirements. Before such action are pursued, an analysis of the issues will be conducted. These issues will address the following topics: licensure/registration of ATV's, mandatory operator certification, rural versus urban utilization, mandatory helmet use, and the requirements to retrofit ATV's with safety devices such as lights and speedometer.

Funding Level \$ 7.0

Cancer Prevention & Education

The Division of Public Health will develop cancer education programs targeted at specific high risk population groups. During State fiscal year 1986, these activities will focus at the increase of smoking in women, and the impact this has on related health problems such as lung cancer and neonatal morbidity. Implementation of this program will be conducted through a grant(s) to appropriate service agencies. These funds will be intergrated as supplemental resources for service agencies to enhance their abilities to address this health problem.

Health Education/Risk Reduction Project

A) The Division will provide grant support to non-profit corporations, state agencies, and political subdivisions of the State of Alaska for community based programs for the purpose of demonstrating and evaluating optimal methods for organizing and delivering comprehensive preventive health service for defined populations.

To receive a competitive grant under this program, the applicant must:

- address a specific health problem or high risk population
- develop a behavioral or health educational intervention program to meet the identified need.
- be fully intergrated into existing service programs and financially independent from block grant funding at the end of two years funding period.
- incorporate an evaluation tool to measure the accomplishments of the project.
- be able to serve as a model for future service projects directed at similar problems.

These grants will be awarded for a maximum of a two year period. The maximum amount of support is \$40,000 for each grant. These grants are intended to supplement agency efforts to address health/medical problems and can not supplant existing funding of services.

B) The Division anticipates that it will continue to fund the efforts of the following projects funded during FY85. These efforts have shown progress and impact on their identified groups.

- The Municipality of Anchorage will continue their Teen Challenge to Change program dealing with the problems of smoking behaviors in adolescents.

Funding Level \$ 25.0

- The Alaska Health Project will continue to teach Job Hazard Recognition curriculum for health and safety awareness in the work setting. This program is currently being taught to high school students and has been expanded to include high school instructors for incorporation into their lessons.

Funding Level \$ 20.0

- The Kodiak Area Native Association will continue to address the health behaviors of youth in the villages of Kodiak Island. These behaviors include, smoking, nutrition, and accident prevention.

Funding Level \$ 10.0

Rape Crisis Intervention

\$6,000 of this Block Grant is required to be used for rape prevention activities. The funds are granted to the Council on Domestic Violence and Sexual Assault in support of their training activities in Rape Prevention Protocol for field personnel training sessions for Public Health Nurses in the three regions.

Behavioral Risk Factor Surveillance

The Division intends to continue this survey which determines the prevalence of high risk health behaviors within the adult Alaskan population utilizing the methodologies of the Centers for Disease Control (CDC), Atlanta, Georgia. This program survey is required by the federal government and the results are reported to CDC and the Division of Public Health.

Coordination and Administration

A staff member within the Division of Public Health is assigned to coordinate the projects under the auspices of the block grant and to administer all the funds related to its grants and contracts. Funds are provided for travel to perform site visits, program planning and technical assistance.

LOW INCOME HOME ENERGY ASSISTANCE BLOCK GRANT

The State of Alaska, Department of Health and Social Services (DHSS) received \$9,862,248 Low Income Home Energy Assistance Program (LIHEAP) funds from the U.S. Department of Health and Human Services for its FY 1985 Energy Assistance Program. Seven Alaskan Indian and tribal organizations applying directly for federal LIHEAP block grant funds received \$1,826,889. Under agreements executed between DHSS and these tribal organizations, the DHSS LIHEAP block grant was reduced by \$2,176,026 so that the tribal grants could be augmented by that amount. The agreement was sent to the U.S. Department of Health and Human Services for action ensuring that tribal organizations had the resources in FY 1985 to offer benefits comparable to those offered to households served under the DHSS Energy Assistance Program. Final FY 1985 LIHEAP funding for Alaska was \$11,689,197 (DHSS \$7,686,222 and tribal grantees \$4,002,925).

As of May 1, 1985, the DHSS Energy Assistance Program served approximately 10,500 households with an average grant amount of \$510. It is anticipated that the DHSS FY 1985 caseload will be approximately 13,000 households (tribal grantees will serve roughly 5,500 households).

When an applicant household is found eligible for energy assistance, credit is established on its behalf with its home energy supplier. The credit is then used for either overdue or future home energy bills. The Energy Assistance Program has agreements with 250 home energy suppliers. These vendors agree to extend credit to eligible households, later submitting invoices to EAP for payment (or in the case of most utilities, to apply prepaid credit to the client's account). The grants can be used for a variety of home energy products including fuel oil, natural gas, electricity, propane, wood, and coal. Both renters and homeowners are eligible for energy assistance. Renters whose home energy expenses are included in their monthly rental payments, and those applicants whose energy vendor does not participate in the program are given benefits in cash.

The State has the option of using up to 15 percent of the LIHEAP funds for low-income weatherization. This year approximately \$1,100,000 will be put to this purpose through agreements with the Department of Community and Regional Affairs and the Alaska State Housing Authority. Another provision allows grantees to carry forward up to 15 percent of annual LIHEAP funding to the next fiscal year. To hedge against a predicted funding reduction and more importantly to start FY 1986 EAP early DHSS carried forward \$1,400,000 from FY 1984. Funding for FY 1986 will not be known until October 1985 at the earliest. For the same reasons, DHSS intends to take advantage of the carry forward provision.

There is not expected to be major changes in the nature of the Energy Assistance Program in FY 1986. If there is a severe federal funding cut, changes in household grant amounts, weatherization and energy conservation funding, and tribal grantee transfers could result.

The LIHEAP block grant authorization expires September 30, 1986. LIHEAP enjoys considerable support in Congress so passage of reauthorization legislation at that time is probable.

FY 86 SOCIAL SERVICES BLOCK GRANT

By the end of State Fiscal Year 1985, Social Services Block Grant Funds will have been utilized to provide services in the amounts described below. Since FY 85 has not yet ended, all FY 85 Social Services Block Grant funds have not yet been expended. The dollar figures indicated for FY 85 represent, then, projected expenditures. It is planned that Fiscal Year 1986 funds will be utilized in the same programs. Planned expenditures for FY 86 are also indicated:

HOMEMAKER SUPPORT SERVICE

Homemaker support consists of utilization of homemaker skills by trained individuals to assist persons in preserving family life and maintaining independent living. It is provided only to individuals or families of children who are in danger of abuse, neglect or exploitation and who require support and protection in order to remain in their own homes.

ADULT PROTECTION HOMEMAKER SUPPORT

Assistance to at risk adults in general household management, goal setting, planning and organizing time and work, promoting general hygiene, nutrition, budgeting, and certain chores that cannot be performed by the individual.

CHILD PROTECTION HOMEMAKER SUPPORT

Assistance to families of at risk children in household management, planning and organizing time and work, nutrition, hygiene, child care and parenting skills.

	<u>FY 85</u>	<u>FY 86 Planned</u>
Adult Protection Homemaker	\$1,751,200	\$1,751,200
Child Protection Homemaker	383,700	383,700

ADULT PROTECTIVE SERVICE

Adult Protective Service includes investigation into the physical and economic well-being of adults to determine if other services are required to protect them from harm or exploitation, and the provision of necessary services either directly or through purchase.

The Department is only mandated to investigate the circumstances of elderly persons but may investigate the circumstances of other adults if requested to do so and the person consents. Purchased support services include residential care, foster care and homemaker support. Direct services include counseling, referral, and initiation of legal intervention when necessary. In all

instances services are provided only with the consent of the client.

<u>FY 85</u>	<u>FY 86 Planned</u>
\$ 785,700	\$ 785,700

CHILD PROTECTION DAY CARE SUPPORT

Child protection day care support is a special day care service arranged by the Division of Family and Youth Services staff for children in danger of harm from abuse and neglect. This service allows therapeutic relief for both child and family, and often allows children, who otherwise may be removed to receive adequate protection, to remain in their own home. Utilization of the day care resource often provides a sufficient respite for both the child and family, so that other support services and resources may be better utilized and that the functioning of the family may be maintained at such a level that the child may remain at home without danger of harm.

<u>FY 85</u>	<u>FY 86 Planned</u>
\$ 357,500	\$ 357,500

CHILD PROTECTIVE SERVICES

This service includes mandated investigations into reports of harm to children and the provision of a wide range of direct and support services to prevent harm to children, strengthen family relationships and functioning and to maintain families intact whenever possible. Services include investigation, counseling, crisis intervention, legal advocacy, out of home care and treatment, permanency planning, adoption services and purchased support services. Social Services Block Grant funds provide only a small portion of the total amount of funds necessary to supply this service.

<u>FY 85</u>	<u>FY 86 Planned</u>
\$1,801,195	\$1,801,195

STAFF DEVELOPMENT

This service consists of training activities and materials to provide new knowledge and increase skills of persons providing services under the Social Services Block Grant or associated services provided with state funds. The training is available for all Division staff concerned with operation of programs and the provision of service. It is also made available to individuals and

staff of other agencies providing human services in Alaska. A training plan is developed each year based on assessments of staff needs by staff, supervisors and management; program changes or priorities which require training for implementation; and an assessment by other providers of areas in which training is needed to improve the quality of services.

FY 85

\$ 96,600

FY 86 Planned

\$ 96,600

ALCOHOL AND DRUG ABUSE AND MENTAL HEALTH BLOCK GRANT

ALCOHOL AND DRUG ABUSE BLOCK GRANT FUNDS

In SFY 85, the Office of Alcoholism and Drug Abuse received \$1,504,400 under the Alcohol and Drug Abuse and Mental Health Block Grant program.

Pursuant to federal requirements, the Office divided these funds into four separate and distinct activities; general prevention, alcohol abuse, drug abuse, and discretionary. Following the federal guidelines, the Office provided these funds to thirty-five localities in the State utilizing the departmental grant-in-aid regulations.

For SFY 86, the Office proposes to use the block grant funds to supplement, not supplant, state funds. The Office will utilize the grant-in-aid process to select recipients and distribute the available funding in accordance with the provisions of AS 47.37, AS 47.30, and AS 44.29, as well as the block grant guidelines in the U.S. Code.

The Office is currently projecting the receipt of approximately \$1,504,400 under the FFY 85 Alcohol and Drug Abuse Block Grant program.

BACKGROUND PAPER
ON
MCH BLOCK GRANT
FOR
5/9/85 LEGISLATIVE HEARING

The Maternal and Child Health block grant was created in 1982 to enable each state to:

- (1) assure mothers and children (in particular those with low income or with limited availability of health services) access to quality maternal and child health services,
- (2) reduce infant mortality and the incidence of preventable disease and handicapping conditions among children, to reduce the need for inpatient and long-term care services, to increase the number of children (especially preschool children) appropriately immunized against disease and the number of low income children receiving health assessments and follow-up diagnostic and treatment services, and otherwise to promote the health of mothers and children especially by providing preventive and primary care services for low income children, and prenatal, delivery, and postpartum care for low income mothers),
- (3) provide rehabilitation services for blind and disabled individuals under the age of 16,
- (4) provide services for locating, and for medical, surgical, corrective, and other services, and care for, and facilities for diagnosis, hospitalization, and aftercare for, children who are crippled or who are suffering from conditions leading to crippling.

The amounts awarded to Alaska have been as follows:

1982	\$ 657,700
1983	877,700
1984	705,400
1985	845,100

For FY 1986 it is anticipated that \$845,100 will be available. A state has two years in which to expend each year's grant award. The utilization of MCH block grant funds in Alaska in 1984 and 1985 is presented here to provide a frame of reference for today's hearing. Items above the dotted line were used in maternal health. Below the dotted line the items were used for child health and between the dotted lines are items used for both maternal and child health items.

(amounts in thousands)

	1984	1985
Maternal care and family planning (genetics, maternal care pregnancy testing, family planning)	106.1	119.6
Perinatal venereal disease control	29.0	14.0
Public Health Nursing	39.0	39.1
Section of Family Health Administration	16.0	16.0
Nutrition Support	22.8	22.7
Handicapped Childrens Program	233.6	402.0
Dental Public Health Planning	-0-	15.0
Immunization Program Support	50.0	50.0
Infant Learning Program	81.6	50.0
Communicative Disorders Program	28.0	28.0
Child Development Services	<u>99.3</u> 705.4	<u>86.0</u> 842.4

In FY 86 the amount of the MCH block grant is likely to be the same as FY 85. As a long term goal, the Section of Family Health recommends using approximately half of the MCH Block grant for maternal care. This will be used for continuation of previous activities and for new initiatives in improving the outcome of pregnancy, improving availability and quality of prenatal care, and improving family planning services. The other half would then be used for child health care support. A major portion will be required for the Handicapped Children's Program and maintenance of Child Development Services and Communicative Disorders Program. The specialty medical, audiological, and treatment clinics made possible with these funds are fulfillment of the mandate to locate and treat crippling conditions of children.

Public input is sought on this long term allocation plan and on what activities in the maternal health field should be increased in FY 86, recognizing that they would be funded at the expense of programs for children's health care. To reach the parity mentioned above between maternal and child health would require approximately a 33% decrease in the allocation to children's health care. While this may not be possible in one year, nevertheless, program priorities can be adjusted in the preparation of the FY 87 state budget that will lead in the direction agreed upon for use of MCH Block grant funds.

May 8, 1985

Dr. David Spence
Chief, Section of Family Health
Pouch H-06B
Juneau, AK

Dear Dr. Spence:

I am providing written testimony regarding the MCH Block Grant Funds for FY 1986.

I am a certified nurse-midwife employed at the Alaska Native Medical Center and am the state chairman of the American College of Nurse-Midwives. In both capacities, I have access to information about the prenatal care needs for poor women.

Many women fall between the bureaucratic "cracks". Lack of eligibility for various programs necessitates their receiving no prenatal care and they arrive in emergency rooms seeking delivery services. In addition, I am aware of a group of women who seek lay midwifery services and home births due to cost considerations for alternative types of care. The Anchorage area was recently designated as "in need" area for prenatal services. The National Health Service Corps plans to send an obstetrician to the Anchorage Neighborhood Health Center as of July 1985 in an attempt to meet the increasing need for prenatal care for poor women.

I would like to propose that the state set up a prenatal program for women ineligible for standard services such as Medicaid. Ideally, this program should include antepartum, intrapartum, and postpartum services and should be staffed with certified nurse-midwives. (See enclosed press release and statement on access to MCH care from the American College of Nurse-Midwives.) Certified nurse-midwives have a proven track record for excellence in prenatal care particularly with socially and economically needy women. We offer the extra education, counseling, and support that they would not get in a typical OB practice. Alaska has an untapped resource in that more of the 28 CNM's living in Alaska could be called upon to become involved in such a service. (Currently, 13 of us are in clinical practices but many more of us are available and there is a steady flow of RN's going 'outside' for nurse-midwifery training.)

"An ounce of prevention is worth a pound of cure"... as the old adage goes. Thousands of dollars could be saved if we begin to deal with the problem of

2 2

lack of adequate prenatal care rather than concentrate our funds on tertiary care facilities which deal with pregnancy outcomes.

Your consideration of my proposal is appreciated. For further information, feel free to contact me.

Sincerely,

Marilyn Pierce-Bulger, CNM

Marilyn Pierce-Bulger, CNM
Box 9416 Hiland Road
Eagle River, AK 99577
wk 265-9245
hm 694-6076

Enclosures (2)

cc: Members, Senate HESS committee
Members, House HESS committee



AMERICAN COLLEGE OF NURSE-MIDWIVES

1522 K Street, N.W., Suite 1120, Washington, D. C. 20005

202/347-5445

STATEMENT ON UNIVERSAL ACCESS TO MATERNAL AND INFANT HEALTH CARE

Access to health care during pregnancy and the first year of life is essential for every mother and infant in this country. Prenatal and infant care and professional assistance during childbirth are proven and cost-effective measures to reduce maternal and infant deaths and life-long disability. The burden of death, grief and lost potential which accrues to individuals, families and society as a whole as a direct result of inadequate access to these services is too great for our country to continue to bear. Therefore, we as a society must develop and embrace the concept that all women and infants have a right to health care during pregnancy and the first year of life.

The American College of Nurse-Midwives supports and actively works for legislation and regulations to guarantee prenatal and infant care for all women and infants in the United States.

Developed at the direction of the Membership of the American College of Nurse-Midwives after a unanimous vote at the Annual Business Meeting, ACNM Annual Convention, May 17, 1984.



AMERICAN COLLEGE OF NURSE-MIDWIVES

1522 K Street, N.W., Suite 1120, Washington, D. C. 20005

202/347-5445

For Immediate Release
February 25, 1985

Contact:
Karen Ehrnman

NURSE-MIDWIVES CALLED UPON TO PROVIDE MORE PRENATAL CARE

A National Academy of Sciences (NAS) Committee recommended a five-part program to ensure that all pregnant women receive high-quality prenatal care. This program is designed to address infant mortality and morbidity resultant from low birth-weight in infants. As a part of its emphasis on improved access to prenatal care, the NAS's Institute of Medicine (IOM) Committee calls for "more reliance... on nurse-midwives...to increase access to prenatal care for hard-to-reach, often high-risk, groups."

This recommendation is based on studies that indicate that certified nurse-midwives (CNMs) can be particularly effective in managing the care of pregnant women who, because of social and economic factors, are more likely to deliver low birth-weight babies. Several studies have shown that women served by CNMs are especially likely to keep their prenatal care appointments and to follow treatments and self-care recommended by the nurse-midwives. In another study the babies of high-risk pregnant teenagers whose prenatal care was managed by nurse-midwives and included the skills of a multidisciplinary team, had a low birthweight rate which was 28 percent lower than the rate for the babies of a control group of similar high-risk teenagers whose care was provided in state-supported maternal and child care clinics.

Certified nurse-midwives (CNMs) are health professionals trained to manage the care of essentially normal women and their newborns during pregnancy, childbirth and the postpartum/neonatal period. They work in conjunction with physicians, with whom they consult and to whom they refer patients who develop complications or high-risk medical condition. In 1982 CNMs managed at least two percent of all births in the United States, many involving socially disadvantaged women, ... and provided prenatal care to a larger percentage of pregnant women.

The IOM Committee also called for state laws supportive of nurse-midwifery practice and of collaboration between physicians and nurse-midwives.

FY 87 SOCIAL SERVICES BLOCK GRANT

By the end of State Fiscal Year 1986, Social Services Block Grant Funds will have been utilized to provide services in the amounts described below. Since FY 86 has not yet ended, all FY 86 Social Services Block Grant funds have not yet been expended. The dollar figures indicated for FY 86 represent, then, projected expenditures. It is planned that Fiscal Year 1987 funds will be utilized in the same programs. Planned expenditures for FY 87 are also indicated. However, because the Federal budget for FY 87 is not yet determined, the planned expenditures for FY 87 cannot be assured, and are subject to change dependent on actual congressional appropriations.

HOMEMAKER SUPPORT SERVICE

Homemaker support consists of utilization of homemaker skills by trained individuals to assist persons in preserving family life and maintaining independent living. It is provided only to individuals or families of children who are in danger of abuse, neglect or exploitation and who require support and protection in order to remain in their own homes.

ADULT PROTECTION HOMEMAKER SUPPORT

Assistance to at risk adults in general household management, goal setting, planning and organizing time and work, promoting general hygiene, nutrition, budgeting, and certain chores that cannot be performed by the individual.

CHILD PROTECTION HOMEMAKER SUPPORT

Assistance to families of at risk children in household management, planning and organizing time and work, nutrition, hygiene, child care and parenting skills.

	<u>FY 86</u>	<u>FY 87 Planned</u>
Adult Protection Homemaker	\$1,751,300	\$1,751,300
Child Protection Homemaker	383,700	383,700

ADULT PROTECTIVE SERVICE

Adult Protective Service includes investigation into the physical and economic well-being of adults to determine if other services are required to protect them from harm or exploitation, and the provision of necessary services either directly or through purchase.

The Department is only mandated to investigate the circumstances of elderly persons but may investigate the circumstances of other adults if requested to do so and the person consents. Purchased support services include residential care, foster care and homemaker support.

Direct services include counseling, referral, and initiation of legal intervention when necessary. In all instances services are provided only with the consent of the client.

<u>FY 86</u>	<u>FY 87 Planned</u>
\$785,700	\$785,700

CHILD PROTECTION DAY CARE SUPPORT

Child protection day care support is a special day care service arranged by the Division of Family and Youth Services staff for children in danger of harm from abuse and neglect. This service allows therapeutic relief for both child and family, and often allows children, who otherwise may be removed to receive adequate protection, to remain in their own home. Utilization of the day care resource often provides a sufficient respite for both the child and family, so that other support services and resources may be better utilized and that the functioning of the family may be maintained at such a level that the child may remain at home without danger of harm.

<u>FY 86</u>	<u>FY 87 Planned</u>
\$357,500	\$357,500

CHILD PROTECTIVE SERVICES

This service includes mandated investigations into reports of harm to children and the provision of a wide range of direct and support services to prevent harm to children, strengthen family relationships and functioning and to maintain families intact whenever possible. Services include investigation, counseling, crisis intervention, legal advocacy, out of home care and treatment, permanency planning, adoption services and purchased support services. Social Services Block Grant funds provide only a small portion of the total amount of funds necessary to supply this service.

<u>FY 86</u>	<u>FY 87 Planned</u>
\$2,123,400	\$2,123,400

STAFF DEVELOPMENT

This service consists of training activities and materials to provide new knowledge and increase skills of persons providing services under the Social Services Block Grant or associated services provided with state funds. The training is available for all Division staff concerned with operation of programs and the provision of service.

It is also made available to individuals and staff of other agencies providing human services in Alaska. A training plan is developed each year based on assessment of staff needs by staff, supervisors and management; program changes or priorities which require training for implementation; and an assessment by other providers of areas in which training is needed to improve the quality of services.

FY 86

\$ 96,600

FY 87 Planned

\$ 96,600

ALCOHOL AND DRUG ABUSE AND MENTAL HEALTH BLOCK GRANT
ALCOHOL AND DRUG ABUSE BLOCK GRANT FUNDS

In SFY 86, the Office of Alcoholism and Drug Abuse received \$1,504,400 under the Alcohol and Drug Abuse and Mental Health Block Grant program.

Pursuant to federal requirements, the Office divided these funds into five separate and distinct activities; general prevention, alcohol abuse, drug abuse, discretionary, and women's programs. Following the federal guidelines, the office provided these funds to thirty-five localities in the state utilizing the departmental grant-in-aid regulations.

For SFY 87, the Office proposes to use the block grant funds to supplement, not supplant, state funds. The office will utilize the grant-in-aid process to select recipients and distribute the available funding in accordance with the provisions of AS 47.37, AS 47.30 and AS 44.29, as well as the block grant guidelines in the U. S. Code.

The Office is currently projecting the receipt of approximately \$1,504,400 under the FFY 86 Alcohol and Drug Abuse Block Grant program.



The Intended Usage of the FY 1987
 PREVENTIVE HEALTH & HEALTH SERVICES BLOCK GRANT
 by the Division of Public Health/DHSS

Available Funds for FY87

Anticipated Federal Award for FFY87.....\$ 326.8

Expected Expenditures for FY87

Health Education/Risk Reduction Projects.....	\$ 245.7
Continuation Projects.....	158.1
Tobacco Education and Cancer Prevention.....	87.6
Coordination & Administration.....	75.0
Rape Prevention.....	6.1
	\$ 326.8

Basic Overview

The Division of Public Health intends to use these Federal Funds in the following areas to emphasize projects in health education that; promote tobacco education and behavior change, education toward the prevention of cancers, and provide health information and education at the community level. The division will make available grant funds for preventive health services under the Health Education/Risk Reduction Projects. The Division will provide planning, technical, and administrative assistance to grantees and related organizations with similar interests.

Health Education/Risk Reduction Projects

The Division provides grant support to non-profit corporations, state agencies, and political subdivisions of the State of Alaska for community based programs for the purpose of demonstrating and evaluating optimal methods for organizing and delivering comprehensive preventive health service for defined populations.

To receive a competitive grant under this program, the applicant must:

- address a specific health problem or high risk population
- develop a behavioral or health educational intervention program to meet the identified need.
- be fully intergrated into existing service programs and financially independent from block grant funding at the end of two years funding period.
- incorporate an evaluation tool to measure the accomplishments of the project.
- be able to serve as a model for future service projects directed at similar problems.

These grants will be awarded for a maximum of a two year period. The maximum amount of support is \$40,000 for each grant. These grants are intended to supplement agency efforts to address division priorities in health education. It is not intended to supplant existing funding of services.

The Division anticipates that it will continue to fund the efforts of the following projects funded during FY85. These efforts have shown progress and impact on their identified groups.

- Alaska Health Fair Project: Health Education & Screening \$25.0
Training for local coordinators to implement rural health fairs. Develop and health educational displays.
- Alaska Health Project: Community Education \$18.0
Develop and implement the Community Hazardous Material Evaluation manual specifically for rural areas.
- Alaska Lung Association: Tobacco Education \$25.0
Provide a public information campaign and instruction concerning the issue of pregnant women and smoking.
- Anchorage Neighborhood Health Center: Pre-Natal Wellness \$10.0
Education classes during early pregnancy to address lifestyle issues and consultation with an Exercise Physiologist on exercises for pregnant women.
- Crisis Inc.: Public Health Information \$10.0
A library of health information is available to the entire state via a toll-free number. Also known as Tel-Med.
- Municipality of Anchorage: Hypertension \$10.0
Provide hypertension screening and follow-up education to targeted populations (white males and blacks).
- Municipality of Anchorage: Injury Prevention \$10.0
Education on accident prevention for parents and young children utilizing the TIPP (The Injury Prevention Program)
- Northern Alaska Health Resources Assoc.: Fitness Curriculum \$17.5
Assist the Fairbanks North Star Borough school district to implement a physical education curriculum that emphasizes fitness rather than competitive skills.
- Planned Parenthood of Alaska: Cancer Education \$14.8
To instruct women concerning breast self examination techniques and the values of a pap smear to detect cervical cancer.
- S.E. Alaska Regional Health Corporation: Lifestyle Camp \$17.8
Provide a health lifestyle summer program that emphasizes: substance abuse, nutrition, exercises and stress management for adolescents from southeast villages.

Tobacco Education and Cancer Prevention

The Division of Public Health will emphasize new projects in the area of cancer education targeted at specific high risk population groups. During State fiscal year 1987, these activities will focus on several areas, smoking in women, smokeless tobacco usage, and smoking in the native population. Implementation of this program will be conducted through a grant(s) to appropriate service agencies. These funds will be intergrated as supplemental resources for service agencies to enhance their abilities to address this health problem.

Coordination and Administration

A staff member within the Division of Public Health is assigned to coordinate health promotion activities within the state. These activities are under the auspices of the Preventive Health Block Grant. This position is responsible for the administration of the grants derived from this grant award as well as to administer the award from the U.S. Department of Health & Human Services. Projects concerning school health education will be supported through activities with the Department of Education.

Support funds are utilized for travel to perform site visits, program planning and technical assistance. Other costs include; communication, advertising, subscriptions, and office supplies.

Rape Prevention

\$6,100 of this Block Grant is required to be used for rape prevention activities. The funds are RSA'd to the Council on Domestic Violence and Sexual Assault, Dept. of Public Safety. They support training activities in Rape Prevention Protocol for field personnel training sessions for Public Health Nurses in the three regions.

The Report of the Use of the FY 1986

PREVENTIVE HEALTH AND HEALTH SERVICES BLOCK GRANT

by the Division of Public Health/DHSS

During FY 1986, Alaska initially received an award of \$326,800 through the Federal Preventive Health & Health Services Block Grant. With the passage of the Gramm-Rudman-Hollings Act, this award was reduced by 2.2% or \$7,300 to \$319,500. This reduction did not impact the program as costs could be held down to the new level.

The following projects were funded from the FY86 award:

Health Education/Risk Reduction Projects

Funds were provided to non-profit agencies and local governments to provide health promotional programs aimed at reducing the risk of cancer, heart disease, and lung cancer. Other projects emphasized includes ATV education and community health education. A description of these projects is as follows.

Alaska Health Fair Project	\$12,000
Assistance for the coordination of health fairs and the training of local health fair volunteers.	
Alaska Health Project	\$20,000
Present the Job Hazard Recognition program to school students and instructors.	
Alaska Health Project	\$18,000
Develop and implement the Community Hazardous Material Evaluation for rural settings.	
Alaska Lung Association	\$14,000
Provide a public information campaign and instruction concerning the issue of pregnant women and smoking.	
Alaska Native Health Board	\$11,000
Research and analysis papers on the usage of All-Terrain Vehicles in rural and urban areas. Proposed legislative measures to address problem.	
Anchorage Neighborhood Health Center	\$10,000
Education class training early pregnancy to address lifestyle issues and consultation with an Exercise Physiologist on exercises for pregnant women.	
Cooperative Extension Service, Univ. of Alaska-Anchorage	\$28,500
Development of video tapes, educational posters and materials concerning All-Terrain Vehicle usage. On-site demonstrations and safety courses.	

Report on the Uses of the FY86 Award: Cont.

Council on Domestic Violence & Sexual Assault, Dept. of Public Safety Family Violence Institute conference. (Rape Prevention)	\$6,100
C.R.I.S.I.S., Inc. (Formally known as the Suicide Prevention & Crisis Center) A library of health messages known as Tel-Med is available to the entire state via a toll-free number.	\$12,500
Identity, Inc. Alaska AIDS Project. Provide information as well as counseling and support to the high risk population to encourage healthy sexual habits to decrease the spread of AIDS in Alaska.	\$40,000
Municipality of Anchorage Course in decision making and smoking cessation for students in the Anchorage school district. Media campaign in March aimed at teenage smoking	\$30,600
Municipality of Anchorage Provide hypertension screening and follow-up education to targeted populations (white males and blacks)	\$10,000
Municipality of Anchorage Education and accident prevention for parents and young children utilizing the TIPP (The Injury Prevention Program)	\$10,000
Northern Alaska Health Resources Assoc. Assist the Fairbanks North Star Borough school district to implement a physical education curriculum that emphasizes fitness rather than competitive skills.	\$22,500
Planned Parenthood of Alaska To instruct women concerning breast self examination techniques and the values of a pap smear to detect cervical cancer.	\$19,200
Southeast Alaska Regional Health Corporation (SEARHC) Provide a Health Lifestyles summer program that emphasizes: substance abuse, nutrition, exercise and stress management for adolescents from southeast villages	\$22,257
Southeast Region EMS Council AMSEA (Alaska Marine Safety Education Association) is preparing standardized, and comprehensive curricula in marine safety for use by instructors of marine safety.	\$20,000
Tanana Chiefs Conference Dental education materials are available for the rural villages in the TCC region.	\$6,000

Report on the Uses of the FY86 Award: Cont.

Coordination and Administration

The grant enabled the Division of Public Health to dedicate one staff person to coordinate health education and promotion activities in the state. Many of these activities centered around the funds granted from this Federal Grant. Funds were utilized for travel to project sites, communications, advertising, supplies, and an indirect cost of 15% charged against personnel.

BACKGROUND PAPER
ON
MCH BLOCK GRANT
FOR
LEGISLATIVE HEARING

The Maternal and Child Health block grant was created in 1982 to enable each state to:

- 1) assure mothers and children (in particular those with low income or with limited availability of health services) access to quality maternal and child health services,
- 2) reduce infant mortality and the incidence of preventable disease and handicapping conditions among children, to reduce the need for inpatient and long-term care services, to increase the number of children (especially preschool children) approximately immunized against disease and the number of low income children receiving health assessments and follow-up diagnostic treatment services, and otherwise to promote the health of mothers and children especially by providing preventive and primary care services for low income children, and prenatal, delivery, and postpartum care for low income mothers),
- 3) provide rehabilitation services for blind and disabled individuals under the age of 16,
- 4) provide services for locating, and for medical, surgical, corrective, and other services, and care for, and facilities for diagnosis, hospitalization, and after care for children who are crippled or who are suffering from conditions leading to crippling.

The amounts awarded to Alaska have been as follows:

Federal FY	Amount
1982	\$ 657,700
1983	877,700
1984	705,400
1985	845,100
1986	808,800

A state has two years in which to expend each year's grant award. The utilization of MCH block grant funds in Alaska in 1986 is presented here to provide a frame of reference.

(amounts in thousands)

	State 1986 FY	% of Grant
<u>Maternal Health Programs</u>		
Maternal care and family planning (genetics, maternal care pregnancy testing, family planning)	264.4	31%
Public Health Nursing		
<u>Child Health Programs</u>		
Handicapped Children's Program	530.7	
Communicative Disorders Program	18.4	
Child Development Services	16.8	
Nutrition Support	10.5	
<u>Administration</u>	<u>4.5</u>	<u>1%</u>
Total Section of Family Health	845.3	100%

In FY 87 the amount of the MCH block grant is likely to be decreased from FY 86 due to Graham Rudman. As a long term goal, the Section of Family Health recommends using approximately half of the MCH Block grant for maternal care and half for child health services.

This grant will be used for continuation of previous activities in improving the outcome of pregnancy, improving availability and quality of prenatal care, and improving family planning services and genetics counseling. The other half would then be used for the Handicapped Children's Program, maintenance of Child Development Services and Communicative Disorders Program. The specialty medical, audiological, and treatment clinics made possible with these funds are fulfillment of the Federal mandate to locate and treat crippling conditions of children.

For FY 87, because of the input that was received in FY 86, it is suggested that the following percentage be established for this grant:

		Anticipated Grant
Maternal Health Programs	40%	323.5
Child Health Programs	59%	477.2
Administrative	1%	8.1
		<u>808.8</u>

Public input is sought on this allocation. Any increase to one type of program will necessitate a decrease in the other program.