

H

B

3

3

9

# COMMITTEE REPORT

## HOUSE

FINANCE

FURTHER:

(7)

4/8/88

Date: \_\_\_\_\_

Mr. Speaker:

The Committee on COMMUNITY & REGIONAL AFFAIRS has had HB 339

An Act making a special appropriation to the Department of Community and Regional Affairs for payment as a grant to the Joseph F. Kennedy Foundation for conducting the 1984 Alaska Special Olympics; and providing for an effective date.

under consideration and reports it back as follows:

- do pass  do not pass
- do pass with attached amendments(s)
- replace with CS for \_\_\_\_\_  same title  
 new title
- and recommends Do pass
- AND attaches a "Letter of Intent"  New Fiscal Note
- reports it back without recommendation  Zero Fiscal Note Attached
- referred to the \_\_\_\_\_ Committee

MEMBERS SIGNING  
DO PASS

MEMBERS HAVING  
OTHER RECOMMENDATIONS:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CHAIRMAN

# Alaska State Legislature

REPRESENTATIVE  
BARBARA LACHER  
P.O. BOX 478  
PALMER, ALASKA 99645  
(907) 376-4215



WHILE IN JUNEAU  
POUCH V  
JUNEAU, ALASKA 99811  
(907) 465-4894

## House of Representatives

### MEMORANDUM

TO: House Finance Committee

FROM: Representative Barbara Lacher *BL*

SUBJECT: CS HB 339

DATE: May 9, 1983

As you know Special Olympics is a program staffed entirely by volunteers who serve the particular needs of children who suffer from mental retardation throughout the state. This not-for-profit organization is requesting only 10% of its total financial need in CSHB 339, all of which is will be used directly for the children who are participants in the Special Olympics Games.

The purpose of CSHB 339 is to provide funding for the conduct of the 1984 Alaska Special Olympic Games. The activities to be funded include a State Bowling Tourney, and the State Winter and Summer Games.

I urge your support of this worthy program.

# Alaska State Legislature

Barbara Lacher, Chairman  
Mae Tischer, Vice-Chairman  
Randy Phillips  
Milo Fritz  
Don Clocksin  
Jack McBride  
Mike Szymanski



Room 104  
State Capitol  
Juneau, Alaska 99811

Pouch V  
Juneau, Alaska 99811

## House of Representatives Committee on Community & Regional Affairs

### M E M O R A N D U M

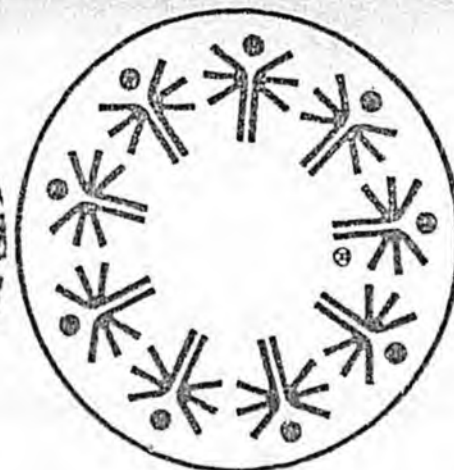
To: Committee on Community and Regional Affairs  
From: Staff  
Date: April 22, 1983  
Re: HB 339

The purpose of HB 339 is to provide funding for the conduct of the 1984 Alaska Special Olympic games. The activities to be funded include a State Bowling Tourney, State Winter Games and State Summer Games. These activities serve citizens from communities statewide who share the special needs of the mentally retarded.

Background information on the Special Olympic programs and FY 84 budget data are included in your file.

SPECIAL OLYMPICS  
INFORMATION GUIDE FOR

# Parents and Guardians



## What is Special Olympics?

- The mission of Special Olympics is to provide year round sports training and athletic competition in a variety of well-coached Olympic-type sports for mentally retarded individuals by providing them with continuing opportunities to develop physical fitness, prepare for entry into school and community sports programs, express courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympians and the community.
- Special Olympics offers sports training to mentally retarded people in the United States and 40 foreign countries.
- Special Olympics began in 1968 with a national meet of 1,000 athletes. Today nearly 1 million mentally retarded persons participate in some phase of Special Olympics sports training and competition.
- Special Olympics offers 16 official sports:

Winter Sports  
Alpine Skiing

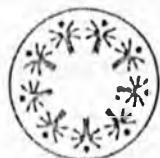
Cross Country Skiing  
Ice Skating

Summer Sports  
Basketball  
Bowling  
Diving  
Floor Hockey  
Frisbee Disc  
Gymnastics

Poly Hockey  
Softball  
Soccer  
Swimming  
Track & Field  
Volleyball  
Wheelchair Events

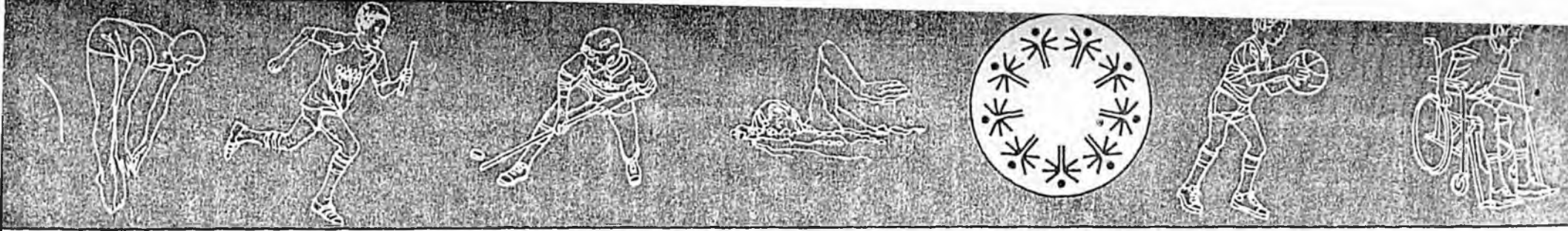
Special Olympics provides a way for special people to:

- Participate in a year round sports training program
- Achieve and do the best they can
- Meet Challenges . . . try something new . . . do more than expected
- Demonstrate abilities and skills through competition
- Learn to work with people . . . be a part of a team
- Share winning and losing with friends . . . experience sportsmanship
- Develop with their family sports skills important now and later in life



Special Olympics, Inc.  
Created and Sponsored by the  
Joseph P. Kennedy, Jr. Foundation

*"Let me win, but if I cannot win, Let me be brave in the attempt."*



## Who are Special Olympians?

They are people who:

- are 8 years of age or older
- have been assigned by school systems or human services agencies to programs to meet the needs of the mentally retarded
- live at home or in residential facilities
- attend public or private schools, activity centers, workshops, or are employed
- may or may not receive physical education services
- are presently not a member of any interscholastic or other team organized to participate in competitive sports



## How to become a Special Olympian

If you are helping a prospective athlete, here is how you can enroll him/her in Special Olympics

- *complete an application to participate in Special Olympics*
- suggest the sport(s) in which the athlete would like to train
- record the athlete's address and phone number
- *Special Olympics requires a physical examination before an athlete is allowed to begin training.*
- be sure to take the physical/entry form to the doctor's appointment
- be sure the doctor, nurse, practitioner or paramedical person completes and signs the exam portion of the form after the examination
- be sure to return the completed application and medical form to the athlete's coach by date he/she has requested
- *join a Sports Training Program*
- training programs can take place at:
  - schools
  - recreation departments
  - workshops
  - residential facilities
  - home

## Special Olympics sports training program

When Special Olympics athletes participate in a Sports Training Program they are expected to:

- follow instructions from their coach
- attend practices. **SPECIAL OLYMPIANS MUST TAKE PART IN SPORTS TRAINING SESSIONS.**
- practice at home with their parents, brothers, sisters or friends
- learn to cooperate with other team members
- take part in Special Olympics Games and competition

As Parents, Guardians or Friends you can:

- assist with training at home
- volunteer as a coach
- work on a Special Olympics Committee
- help raise funds
- come to the Games and cheer your Special Olympian on to victory

**The Spirit of Special Olympics** For great world athletes, the contest may last only minutes—then it is over, and they have won or lost. But for Special Olympians, the contest begins each day. What they win by their courageous efforts is far greater than any game. They are winning life itself, and in doing so they give to

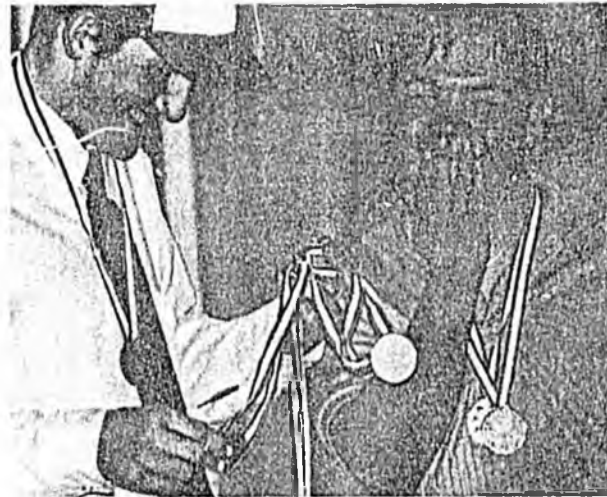
# ALASKA SPECIAL OLYMPICS



In Alaska we have over 500 athletes involved in 15 areas of the State. Our State-wide program is conducted almost totally by volunteers and funded by contributions.

Your support is necessary to continue the Alaska Special Olympics program.

*"Let me win, but if I cannot win, let me be brave in the attempt!"*



*"Enos" came from Hazzard County to share a New Kind of Joy .*

**SPONSOR AN  
ALASKA SPECIAL  
OLYMPIAN**

*Special thanks to Phototech  
for the printing of this brochure.*

(Photo courtesy of School)



## QUESTIONS AND ANSWERS

### WHAT IS SPECIAL OLYMPICS?

It is the world's largest sports training and competition program for the mentally retarded.

### DO SPORTS TRULY HELP THE RETARDED?

Yes, scientific research has proven that it improves both body and mind.

### WHO RUNS SPECIAL OLYMPICS?

Volunteers! This means your sponsorship goes to benefit your athlete — not to pay excessive overhead expenses.

### WILL I SEE MY ATHLETE COMPETE?

You will receive his/her name and when and where he/she will compete.

### IS MY CONTRIBUTION TAX DEDUCTIBLE?

Yes! A receipt of your donation will be sent to you for your records.

### MAY GROUPS OR ORGANIZATIONS SPONSOR ATHLETES?

Yes, they may want to sponsor more than one. Or, they may wish to sponsor an event at one of the games — such as the 50 meter dash or the 25 meter backstroke. If you know of an organization which is interested, please ask for more information.

Special Olympics is an international program of physical fitness sports training and athletic competition for mentally retarded children and adults. Nearly one million athletes participate each year in all 50 states and 50 foreign countries.

Special Olympics contributes to the physical, social and psychological development of mentally and physically handicapped participants. Through successful experience in sports, they gain confidence and build a positive self-image associated with success rather than failure. Special Olympics offers fifteen official sports-track and field, swimming, diving, gymnastics, ice skating, skiing, basketball, volleyball, soccer, floor hockey, poly hockey, bowling, frisbee-disc and wheelchair events.



Created by  
Joseph P. Kennedy Jr. Foundation

## HOW TO SPONSOR

### PARTIAL SPONSORSHIP - \$50.00

For each sponsorship you will receive the name, area, and age of your athlete, a certificate of appreciation and a picture of your athlete. In late June you will receive a follow-up letter stating the results of your athlete from the State Games.

### FULL SPONSORSHIP - \$250.00

For each sponsorship you will receive the name, area and age of your athlete and a photo plaque commemorating your generosity. In late June a follow-up letter will be sent stating your athletes results from State Games.

YES, I wish to sponsor an  
Alaskan Special Olympian!

Name/Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Partial Sponsorship (\$50) \_\_\_\_\_

Full Sponsorship (\$250) \_\_\_\_\_

Olympian \_\_\_\_\_

(for office use only)

PLEASE MAKE CHECK PAYABLE TO:

Alaska Special Olympics  
Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

# A Special Time

By Empire Staff

It was a special day for special people, as the Alaska Winter Olympics took to the slopes of the Eaglecrest Ski Area.

Proving that everyone can be a winner, 60 mentally retarded athletes from across the state and the Yukon Territory competed Saturday.

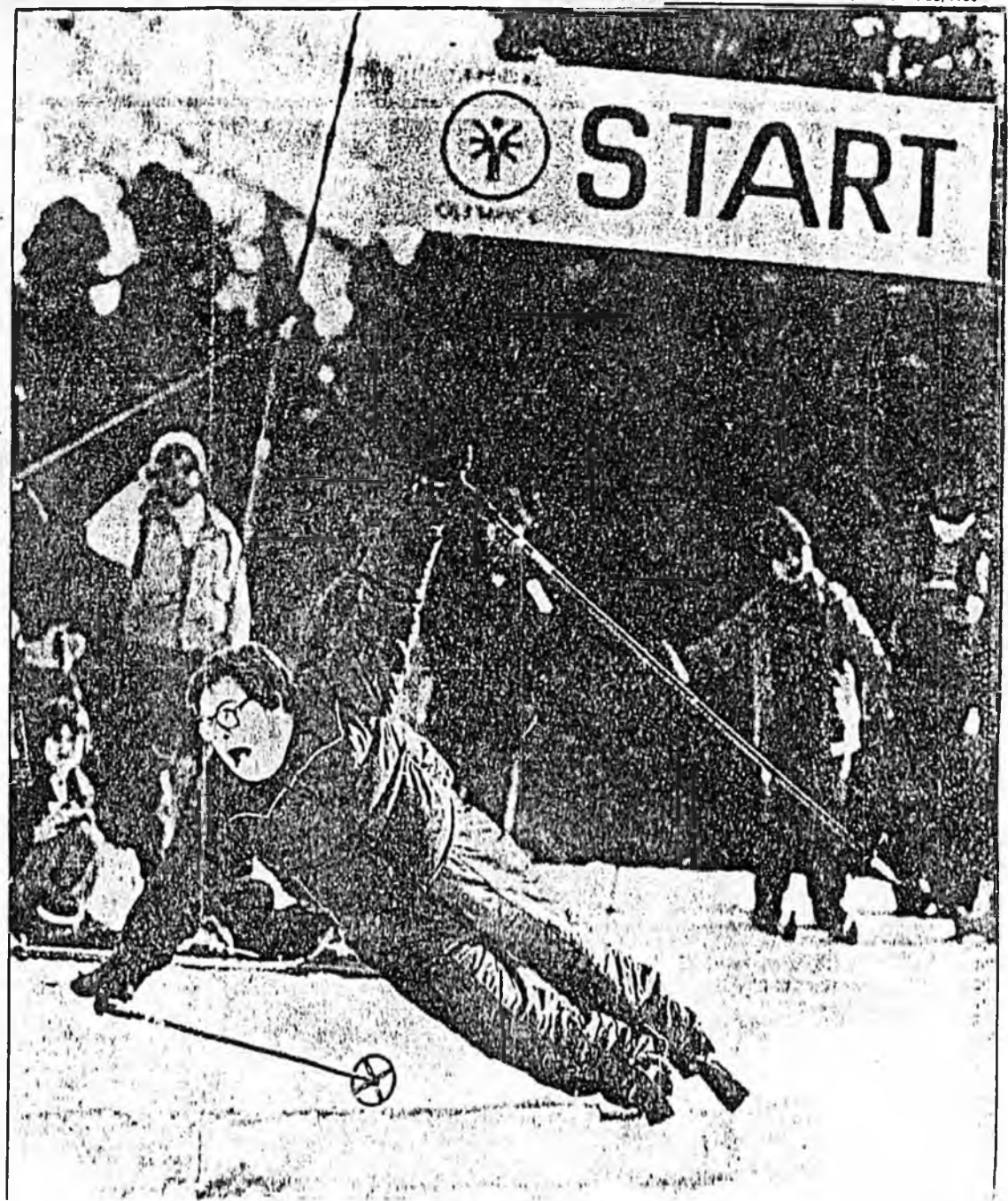
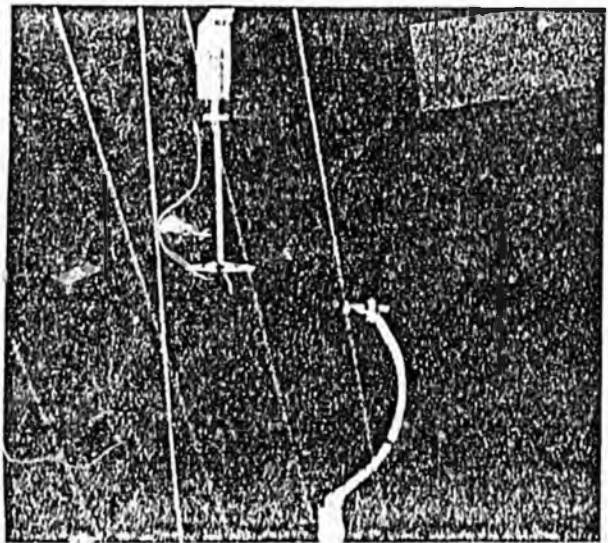
The full day of events provided plenty of smiles and tender moments for competitors, coaches, volunteers and parents. And it provided confidence for the athletes, in themselves and in their athletic prowess.

Champions all, the athletes made new friends, competed in a variety of cross-country and downhill ski events and had the opportunity to see Juneau, many for the first time.

The games were so successful that Special Olympics Executive Director Claudia Sayles said the games will probably be in Juneau again next year.

The games added meaning to the Special Olympic oath, which each athlete professed:

"Let me win, but if I don't, let me be brave and be a champ."





Priscilla Dodds rides the platter pull with contestant Joel Symons.

Tom Jacobson gets a flying start in the 100-meter cross-country ski race.

Photo by Mark Avery



Heidi Borson coaches Fairbanks contestant Dede Horeaux on the cross-country track.



With hands raised in victory, Juneau's Jeff Larrabee crosses the finish line.



# ALASKA SPECIAL OLYMPICS

Post Office Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

PROPOSAL FY'84  
ALASKA SPECIAL OLYMPICS

Alaska Special Olympics is beginning its 11th year of service to our Mentally Retarded Citizens through year-round sports training, conditioning, and competition.

Currently we are training more than 400 athletes in 17 areas of our State by 200 volunteer coaches and coordinators. The entire program is achieved by volunteers. There is one paid Professional who acts as the Director for the State.

We are a community based program with all 17 areas actively campaigning for community funds. Our efforts are devoted but volunteer contributions are not keeping up with the increasing demands.

Of our enclosed FY'84 budget we are requesting from you; \$45,000 funding for State Games Competition. Please refer to our enclosed Budget. The budget reflects the needs and efforts of the State Office. In addition to our State Office efforts, our 17 areas themselves raise in excess of \$80,000 for area travel, equipment, and partial uniforms.

We want to raise community funds and keep community involvement. It is vital to the overall experience of our athletes.

Of the \$132,000 needed by the State and the \$80,000 needed by our local areas, our request of \$45,000 for Games is less than 25% needed to run our program.

Please feel free to contact me at 277-2242 anytime for further information.

Sincerely,

Claudia Sayles  
Executive Director



# ALASKA SPECIAL OLYMPICS

Post Office Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

## ALASKA STATE SPECIAL OLYMPICS

### 1984 FY PROPOSED BUDGET

#### Administrative Expenses:

##### Office Expenses:

Office Rent	\$ 3,000.00	
Telephone	\$ 3,600.00	
Office Supplies	\$ 1,000.00	
Office Equipment	\$ 500.00	
Postage	\$ 1,000.00	
Banking	\$ 100.00	
Petty cash fund	<u>\$ 1,200.00</u>	
	\$10,400.00	\$10,400.00

#### Personnel:

Directors Salary	\$32,000.00	
Insurance	\$ 864.00	
Corporate Insurance	\$ 800.00	
Workers Compensation	\$ 900.00	
Professional Liability	\$ 400.00	
Mileage	\$ 2,400.00	
Travel expense	\$ 2,000.00	
Staff Travel	\$13,000.00	
Area Coordinators Conference	\$ 2,800.00	
Directors Conference	\$ 1,300.00	
National Conference	<u>\$ 1,000.00</u>	
	\$57,464.00	\$57,464.00



# ALASKA SPECIAL OLYMPICS

Post Office Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

Promotions:

Printing	\$ 3,000.00	
Advertisement	\$ 8,000.00	
Run for S.O.M.E.	\$ 7,000.00	
Sponsor An Athlete	\$ 1,000.00	
Appreciation Awards	<u>\$ 300.00</u>	
	\$19,300.00	\$19,300.00

Games:

1984 State Bowling Tourney	\$ 6,000.00	
1984 State Winter Games	\$ 9,000.00	
1984 State Summer Games	<u>\$30,000.00</u>	
	\$45,000.00	\$45,000.00
		<u>\$132,164.00</u>

Proposed Procurement of funds:

Community contributions	\$ 62,164.00
Governors Office request	\$ 25,000.00
Legislative request	<u>\$ 45,000.00</u>
Total Budget:	\$132,164.00



# ALASKA SPECIAL OLYMPICS

Post Office Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

## POSITION PAPER ALASKA SPECIAL OLYMPICS

In 1968, the Joseph P. Kennedy, Jr. Foundation created Special Olympics. Since then, it has become the largest program of sports training and athletic competition for mentally retarded children and adults in the world. For mentally retarded individuals, sports and physical activity are the quickest, surest road to health, growth and self-confidence. Mentally retarded individuals have always been told, "You can't do it." Special Olympics says: You can do it. All you need is a chance.

### Creation, Purpose & Sponsors

The Alaska Chapter of Special Olympics was created eleven years ago under the guidance of Special Olympics, Inc. Created by The Joseph P. Kennedy Jr. Foundation. It was created to serve the mentally retarded citizens of our State through year-around sports training, conditioning and competition. The Alaska Chapter serves 17 areas within the state (see attached List) with over 400 athletes currently competing at State and local area games. This group is augmented by an equal number of voluntary coaches, trainers and coordinators who plan, organize and implement the year-around training and the conduction of the State Games.

The Alaska Special Olympics is directed by a voluntary board of directors whose background includes business, medical and education. The Board provides direction and management of all the State and local programs as well as attendance of our athletes at the International Special Olympics. Each area is managed by an Area Coordinator who sees to the development of the athletes and coaches, the conduct of all local games and the raising of funds for their local area.

Financial support for Alaska Special Olympics comes from the individual communities. Funds from the annual Special Olympics Mileage Event ( S.O.M.E. ) sponsored by the Alaska State Troopers, Sponsor an Athlete program and various community fund raising events provide the majority of the State and area monies. An additional amount is received from a direct appropriation from the Governor.

The involvement of the community in providing the bulk of Special Olympics funding is the underlying concept of the program. Community participation and funding makes the Special Olympics a community experience and is vital to the athletes development.

All funds collected by the areas are expended on behalf of the athletes in that area. Funds administered by the State Chapter are disbursed on behalf of all 17 areas athletes. The majority of the funds are used to provide transportation, food and lodging for athletes, coaches and coordinators at the Winter and Summer Games. Additionally, funds will be expended to send 36 athletes and 13 coaches to the International Games this July in New Orleans, Louisiana. The International Games occur once every four years and athletes are chosen based on their performance during the State Summer Games.

The State Chapter employee is a full time Executive Director to oversee all area coordination involvement and assist in the development and implementation of area and State Games. Remaining expenditures by the Alaska Chapter are for necessary administrative expenditures.

The requested funding from the Alaska Legislature would be used in direct association with the State Winter and Summer Games and the State Bowling Tourney. Funds would be used to provide transportation, food and lodging for area athletes who are selected to attend these games. The requested funds would only provide a portion of the funds necessary for these activities. The seventeen areas are responsible for providing the remaining funds.

By requesting only a small portion of Special Olympics funding from the Alaska Legislature. Community involvement will remain the conerstone of Alaska Chapter program.

Athletes per area

Fairbanks	75
Nome	1
Kodiak	12
Glennallen	4
Valdez	70
Anchorage	150
Mat-Su	14
Kake	1
Bethel	14
Dillingham	1
Tok	1
Kenai	17
Seward	4
Sitka	7
Juneau	11
Ketchikan	12
Kuskokwim	8

# ALASKA SPECIAL OLYMPICS

Post Office Box 6955  
Anchorage, Alaska 99502  
(907) 277-2242

*Worley*  
*Co*

## ALASKA SPECIAL OLYMPICS PROPOSAL TO THE GOVERNORS OFFICE AUGUST 1982

In 1975 the Governor's Office was most generous in assisting Alaska Special Olympics with a line item appropriation. This item of \$27,000 was appropriated towards the travel of our 1975 delegation of Special Olympians to travel to Michigan for International competition. In addition, \$5,000 was appropriated towards the operation of Alaska Special Olympics on a year round basis. Through the years, our operational appropriation has grown to \$15,000 annual and in 1979, the next "International Year", we were appropriated \$25,000 for our delegations travel to New York.

Alaska Special Olympics exists solely on donations and public assistance. The appropriation from the Governors Office forms our solid base to insure the continuation of Special Olympics for our mentally retarded citizens. Our areas continue to gain community support and supplemental financial aid toward increased training opportunities for their athletes. In 1982, it took Alaska Special Olympics 100,000 dollars to operate a year round training and competitive sports program for 414 athletes in 17 areas of our State.

Since the inception of the Governors Line Item Appropriation, we have grown

- from less than 100 athletes, to 414 current, with 100 new athletes expected to register
- from 7 areas to 17 areas, with 3 more known to join this year
- to add 7 new sports totaling 11 currently taught
- to conduct the year-round program with 600 volunteers
- to clinic 200 coaches
- to form a State Board of Directors
- to have a full time Executive Director, effective Feb. 15, 1982

The Executive Director;

- assists all 17 areas administratively
- acquires new areas, orients them, performs evaluations
- does all Fund Raising & Public Relations
- does all clerical work, writes grants
- trains/clinics the coaches
- researches new sports, techniques, theories
- acts as liason with the parent organization & our State areas
- and whatever else it takes to make the program run, with quality & professionalism

Our competitions include an annual Local Meet in every area and all are eligible to go on to a State Games meet. In March of 1982, we held our 1st Winter State Games so now we offer both Summer & Winter Sports, Annual State Competitions. Every 4 years, there is International Summer competition and every 2 years after the Summer International competition there is Winter International competition. Now that we are actively training in Winter Sports, we will be eligible to go to International Winter Games in 1985.

July 1983, will be the Summer International Games in Baton Rouge, Louisiana. There will be all 50 States represented and 50 foreign countries. Alaska will take a delegation of 49. We plan to use a theme of "49 from the 49th". Research from the airlines concludes that travel will cost \$1,000 per person.

We respectfully request:

\$ 49,000 for International Games travel

\$ 25,000 for our operational program

Included is our Proposed Budget for FY '83.

For FY 84  
for Governors  
Sp. Approp.

The State support money from the Governors Office would continue to be a real foundation for the success of Alaska Special Olympics. Many, many States are partially, if not fully, funded by their State Government and we appreciate our State Governments interest in us.

Monthly, our office receives calls from outlying areas of our State requesting information on Special Olympics, criteria, eligibility etc. Financially, we are only able to accomodate a few areas. It takes a full week in each new community to establish Special Olympics in the community and to insure it has

had the proper orientation to conduct a quality program.

Your continued operational support would allow us to reach more communities, better provide public education, reach more athletes, train more coaches.

Thank you for considering our fast growing program for the Mentally Retarded. The latest DVR report indicates that we still have approximately 800-1200 eligible athletes to reach. It just takes money, time and people. Your support will help us reach farther each year.

I would be happy to answer any questions at any time. Thank you again. we look forward to your response.

Claudia Sayles  
Executive Director

# Community & Religion News

Anchorage Daily News

Saturday, March 26, 1983

## Alpine Alternatives: New heights for the handicapped



Photo by Doug O'Harra

Adam Long heads downhill, with instructor Janie Evanson-Decker close behind.

By C.L. GILBERT  
and DOUG O'HARRA  
Special to the Daily News

Encephalitis struck Kim McConkey when she was 10 months old, depriving her of her hearing, speech and the full use of her right hand.

She grew up in a silent world, where the simplest conversation became a frustrating task.

Nurtured by her family, she attended public school and learned to communicate. She took ice skating lessons. She participated as well as she could in family activities. But always, the weight of her disabilities bore down, keeping her dependent and awkward.

This winter her parents sent Kim, now 7, to Alpine Alternatives, a local organization that teaches outdoor sports to handicapped and disabled people.

"In just three lessons, they've taught her to ski," says Kim's father, William McConkey. "And I mean to ski better than I can... You just can't believe what they've done for her."

Kim's mother, Sandy McConkey agrees that Kim's entire life has undergone an abrupt change since she learned to ski. She's become confident, even bold. Her teachers report a more positive attitude at school.

"She's never had anything that she could do, that she could get any kind of positive feedback from," explains Kim's father. "And now, thanks to Alpine Alternatives, she's found something she can do well."

The program, now in its third year in Anchorage, offers up to 175 children and adults weekly lessons in skiing and ice skating. During the summer participants switch to canoeing, sailing, horseback riding, hiking and orienteering.

In both seasons, the program puts people with physical or mental handicaps face-to-face with the outdoors — and with their problems.

"We take them out of their regular environment and put them in an alternative environment and try to teach them something about themselves," says Jack Bellorado,

an instructor with Alpine Alternatives.

Marty Decker, coordinator of the program and director of the ski school at Arctic Valley, says "kids need to have that experience of falling down and crashing and getting nicks and scrapes."

Getting that experience has given Kim a whole new sense of confidence and accomplishment," says her mother. "The first time she went up the rope tow and came down by herself, that child was just elated. And I stood there and just cried. Alpine Alternatives has been a godsend for us and for Kim," she adds.

Other parents echo the McConkeys' feelings. Deanna Essert says her 10-year-old autistic son, Ben, began sledding by himself on a hill near their home — something he had never done before — after participating in the program. He even began smiling more.

Debra Long, mother of seven-year-old Adam Long, says that until Adam started skiing in Alpine Alternatives there was no physical activity he wanted to try. "He doesn't enjoy walking," she says. "It's work to him." Afflicted with cerebral palsy, Adam needs crutches to walk. Skiing, says his mother, has lifted his morale and boosted his self-esteem. "He hates to miss it."

The program has changed

See Page F-3, OUTLOR

## index

### Turnagain Tadpole

Children's author and illustrator Steven Kellogg spent the day with youngsters at Turnagain School Thursday, and was greeted by a giant tadpole. Neighbors, F-3.

### Music hath charm

Three nine-year-old girls from the Anchorage Girls Choir have just returned from a performance with a national choir in Nashville, Tenn. Neighbors, F-4.

Marty Decker  
Alp. Alt.  
2740035

## Outdoor recreation program offers new hope to handicapped persons

Continued from Page F-1

many lives. Families have been brought together. Confidence and self-esteem have been increased. Motor skills lost through disease or disability have returned.

The program gave skiing back to Anne Morsell, who was diagnosed as having multiple sclerosis in 1974.

"I'd been skiing since I was 13 and had to give it up," says the 38-year-old Morsell. "I never thought I'd be back on skis."

But, after working with instructor Janie Evanson-Decker for a winter, she relearned.

"I can't ski at the same level as before, but that really doesn't matter to me," she says. "The fact that I really could ski was monumental to me... it was wonderful for my morale."

Each week, nine instructors work with about 20 classes of students from Anchorage and Matanuska Valley schools and give private lessons at city parks and at Arctic Valley. Ice skating lessons are given at Ben Boeke Arena.

A chart of each student's progress is filled out by the instructors after each lesson. The charts state the skill and behavioral objectives for the day and the progress made in each area.

Skill objectives might be to control speed or to ride the rope tow. Behavioral objectives might be to cooperate or to pay attention.

When the children are hearing impaired or deaf, the voiced instructions of the instructors are replaced by pantomimes and what the instructors call "pidgin sign language." Those children who learn to sign "Exact English" at Russian Jack School are among the swiftest learners according to instructors.

"This is a hot group," says 26-year-old instructor Alan Colter. "They take jumps at the bottom of the hill. They're running gates. We're the handicapped ones when we're with them because we don't know sign language."

Although some instructors have taken signing classes, others have only rudimentary signing skills. Working with those instructors gives the

students valuable experience in communicating with the general public.

"That's the real world," says teacher Barbara Kovarik. "That's what they're going to be up against; they have to learn other modes of communication."

But for children — and adults — with other forms of orthopedic or neurological handicaps, the problems go far beyond mere communication. Sometimes, especially with orthopedic handicaps, the instructors must use specially designed equipment to compensate for the handicap.

For example, if a student cannot walk or ski without crutches, the staff will provide "outriggers" — crutches with skis mounted on the bottom. Others simply need wedges in their boots or under their bindings.

For those with little or no use of their arms or legs, the staff supplies a "sitski," which is simply a fiberglass sled with two edges built into the bottom. Once in the sitski the students are given two very short ski poles. They steer the sitski by leaning and

dragging the poles in the snow.

For 15-year-old Joji Flagan, the sitski is the "only real source of activity," according to his father. Joji does not have the use of his arms or legs because of cerebral palsy, and skiing in the program has become the high point of his life.

The "level of professionalism" among the staff has impressed Marilyn Ballagh, a teacher at Susitna School. "They're not just skiers," she says. "They really know how to work with kids."

"As an instructor," says Bellowado, "I have to act like this is the first time I've done this to keep it exciting. I have to keep myself open and aware enough to witness when (a student) has a gain. If I'm bored, that won't happen."

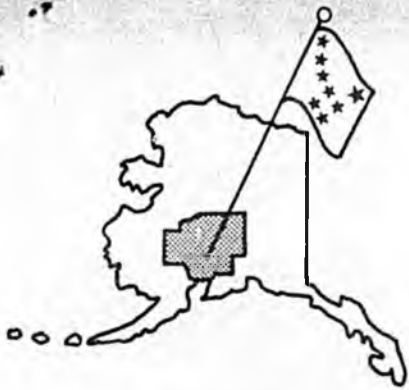
Several of the instructors are working on a better design for the sitski. While the one they use now is "state of the art," Decker says Alpine Alternatives is working on a ski that will turn more readily — more like a regular ski.

They hope to market their design and become more independent financially so they don't have to spend so much of their time fund-raising.

Begun in 1980 with five volunteers and about \$10,000 in donations, the program now has so many students that it would cost about \$130,000 to run it all year. But this year, even with a \$58,000 municipal grant and donation of services and money from such groups as Sohio, Alascom and the Lion's Club, the program has only about half of what it needs, according to Decker. Unless other funds are found, he says, there will be no summer program this year.

Many of the instructors, who are paid between \$600 and \$1,500 a month, began as volunteers in the early days of the program and have worked for no pay when funds ran low in the past.

"It's fun and it's really good for the kids," says Evanson-Decker. "And the sense of accomplishment from teaching people just to buckle their boots can be elating."



**KENNETH J. KRAMER**  
SUPERINTENDENT OF SCHOOLS

# MATANUSKA-SUSITNA BOROUGH SCHOOL DISTRICT

BOX 113 • PALMER, ALASKA 99645-1646 • PHONE 745 4822

March 31, 1982

Representative Barbara Lacher  
State Capitol  
Pouch V  
Juneau, Alaska 9811

Dear Representative Lacher:

For your information the attached information concerning Alpine Alternatives, Matanuska-Susitna Handicapped Winter Sports Program is being forwarded to you for your review.

As you can see by the copy of the letter which was sent to Edna Armstrong, Borough Mayor, a request has been made to the Borough for funding of this project.

If, after review, you feel Alpine Alternatives is a worthy program, consideration might be given for at least partial funding by State funds.

Your assistance is greatly appreciated.

Sincerely,

Karen Siry  
School Board President

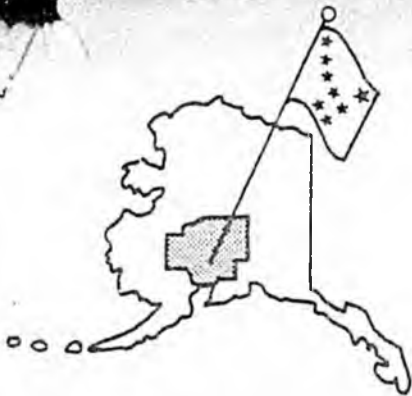
GCT:w

Att.

*Ask Edna to see to this if she can*

*file*

*good*



# MATANUSKA-SUSITNA BOROUGH SCHOOL DISTRICT

BOX B • PALMER, ALASKA 99645 1046 • PHONE 745-4422

**KENNETH J. KRAMER**  
SUPERINTENDENT OF SCHOOLS

March 29, 1983

Edna Armstrong, Mayor  
Matanuska-Susitna Borough  
P.O. Box B  
Palmer, Alaska 99687

Dear Mayor Armstrong:

Please find enclosed materials pertaining to Alpine Alternatives, Matanuska-Susitna Handicapped Winter Sports Program.

We would encourage the Borough Assembly to fund this fine program as it has been suggested that the proper vehicle would be through the Parks and Recreation Department budget.

Thank you for your consideration.

Sincerely

Dr. Gordon C. Tope  
Director of Personnel and Communications

GCT:wb

Enc.

CC: School Board Members  
Borough Assembly Members

MATANUSKA-SUSITNA BOROUGH SCHOOL DISTRICT  
P.O. BOX 78  
PALMER, AK 99645

ITEM FOR BOARD INFORMATION

BOARD MEETING DATE: March 28, 1983  
MEMORANDUM NUMBER: 82-142  
SUBJECT: Alpine Alternatives  
FROM: Jean Goodwin, Director of Elementary  
Education

EXPLANATION:

Attached is information which was requested concerning the Matanuska-Susitna Handicapped Winter Sports Program which has been carried out with the assistance of Alpine Alternatives, an Anchorage-based organization. The bulk of the effort and hours of hard work to carry out this program has been borne by Lucy Hope and Jim Davis, special education teachers at Iditarod, with assistance from Mary Pomeroy, physical therapist.

The attached information is a proposal which outlines the cost of continuing the program with and without the help of Alpine Alternatives. At this point in time the staff of Alpine Alternatives are optimistic about funding for next year but there is no guarantee. It should be emphasized that the equipment included in the proposal would be used to add downhill ski training to the cross-country component already in place as a result of intensive fundraising activities and volunteer work. As the program expands, Lucy and Jim do not feel that they will be able to continue this work. The part-time coordinator would assume this responsibility.

Since no funds are budgeted, there is a need to request funding from the Borough, or perhaps from the Legislature, if the program is to continue. The amount of money needed is contingent on continued funding for Alpine Alternatives. It is at this time the only sports program in which these students participate, and at the same time it provides them with a life-long leisure activity. While other activities are open to them, in reality their participation is extremely limited.

MAT-SU HANDICAPPED WINTER SPORTS  
PROGRAM

For the past two years, students from the Mat-Su School District have been participating in a sports instructional program offered by Alpine Alternatives. Alpine Alternatives is a non-profit organization formed in 1980, to offer downhill ski instruction to moderately and severely handicapped individuals. They since have expanded to include cross-country skiing, ice skating, and several outdoor summer sports such as hiking and canoeing. The director of Alpine Alternatives, Marty Decker, approached self-contained teachers and physical therapist in fall of 1981 to offer their winter sports instruction to our students, and we have been participating in the program for the past two years, at no cost to ourselves, the students, or the school district.

At this time, we see great value in the winter sports program and would like to see it continued and expanded for next year. Since Alpine Alternatives is partially funded by the Municipality of Anchorage, we would like to ask that the Mat-Su Borough appropriate some funds to support our athletes' continued participation in this program. We have projected 50 moderately and severely handicapped students to be involved in a Handicapped Winter Sports program for 1983-84 school year. Therefore, we have included 2 budgets, one if we would continue to work with Alpine Alternatives, and one if we were to run the program without Alpine Alternatives.

In looking at the cost for this program, it is important to realize that these students will never be involved in organized extra-curricular or school sponsored sports, due to the nature of their handicapping conditions. This winter sports program is their only opportunity for sports training.

Thank you for your time and consideration.

Lucy Hope  
Jim Davis  
Mary Pomeroy

Phone - 376 5371 days  
Iditarod School, Wasilla

MAT-SU HANDICAPPED WINTER SPORTS PROGRAM

BUDGET

ITEM DESCRIPTION	COSTS		
	WITHOUT ALP.	ALT	WITH ALP. ALT.
<u>Professional Services</u>			
Mat-Su Coordinator/Instructor/Van Driver- at \$10.00/hour for 24 hours/wk for 12 weeks (December - March)	9600		9600
Instructors-8 instructors at \$8.00 for 12 hrs/ wk for 12 weeks	9216		no cost
<u>Equipment</u>			
Downhill skis \$50.00	25 pair 1250		10 pair 500
boots 50.00	1250		500
bindings 50.00	1250		500
poles 15.00	375		150
Ski bridges-adaptive ski aid 35.00	(6) 210		(4) 140
Arroya Ski Sled to be used for severely handicapped students to be provided by Alpine Alternatives. Cost of one of these is approx. \$1200.00			
Cross Country skis 50.00	5 pair 250		250
boots \$35.00	10 pair 350		350
poles \$7.00	8 pair 56		56
bindings \$10.00	5 pair 50		50
Other equipment needed can be provided by school ski supplies, and Special Olympics ski supply			
Ice Skates \$70.00	10 pair 700		700
Skate Aids- \$60.00	6 360		360
Skate Aids are an adaptive piece of equipment to provide support for handicapped skaters.			

Operating Expenses

Phone	200	100
Copying and Office Supplies	none	none
to be provided by schools		

Transportation

Trips to Anchorage to include: 2 hrs travel  
2 hrs ski instr.  
5 trips per week, 12 weeks 9600 9600

Trips to Hatcher Pass can be substituted  
for trips to Anchorage; cost would be same

\*Transportation so far has been provided by existing activity busses;  
when available. This has worked out well for the limited program  
we have been running. Hopefully it will continue to work out.

Rental and Facilities Use

Downhill Skiing- \$5.00/ lift ticket		
50 students for 12 weeks	3000	no cost
Cross Country Skiing- use of school fields and Hatcher Pass Touring Center	no cost	no cost
Ice Skating- Ben Boeke Rink \$90.00/hr		
1 hour/wk for 12 weeks	1080	no cost
School Rinks when available	no cost	no cost

---

<u>TOTAL</u>	\$38,797.00	\$22,856.00
--------------	-------------	-------------

---

IN LIGHT OF THE COST DIFFERENCE, QUALITY INSTRUCTION, AND EXCELLENT SERVICES WE HAVE RECEIVED IN THE PAST TWO YEARS WITH ALPINE ALTERNATIVES, WE RECOMMEND THAT WE CONTINUE TO WORK WITH THIS ORGANIZATION IN THE FUTURE. HOWEVER, WE FEEL THAT WE SHOULD HELP TO REIMBURSE ALPINE ALTERNATIVES FOR THE COST OF THEIR SERVICES. WE ALSO RECOMMEND HIRING A COORDINATOR AS STATED IN THE FIRST BUDGET ITEM. AS MORE AND MORE STUDENTS MOVE TO THIS AREA, AND PROGRAMS ARE SPREAD THROUGHOUT THE DISTRICT, IT IS INCREASINGLY DIFFICULT FOR TEACHERS TO COORDINATE AND ORGANIZE WINTER SPORTS INSTRUCTION EFFECTIVELY.

MAT-SU PARTICIPANTS IN ALPINE ALTERNATIVES SPORTS INSTRUCTIONAL PROGRAM

1981-82

Self-contained classes at Iditarod Elementary.....14

Included mentally retarded, severely  
learning disabled, emotionally disturbed  
students

Self-contained class at Wasilla High..... 9

Severely learning disabled students

Orthopedically Handicapped students from

Sherrod, Swanson, Iditarod, WJH, Butte.....10

---

33

1982-83

Self-contained classes at Iditarod Elementary.....18

Included mentally retarded, emotionally  
disturbed, autistic, severely learning  
disabled, multiply handicapped, neur-  
ologically impaired students

Orthopedically handicapped students from

Butte, Swanson, WJH, WHS, Iditarod.....12

---

30

Next year, we hope to include students in self-contained classrooms at Butte, WHS, and WJH. Any other students in the district with moderate and severe handicapping conditions would have this opportunity also.

**DEPT. OF COMMUNITY & REGIONAL AFFAIRS**

OFFICE OF THE COMMISSIONER

POUCH B  
JUNEAU, ALASKA 99811  
PHONE: (907) 465-4700

April 22, 1983

POSITION PAPER

RE: HB 339


SPONSOR: Representative Lacher

Program Effects of the Bill

This bill appropriates \$45,000 through the Department of Community and Regional Affairs to the Joseph P. Kennedy Foundation for the 1984 Special Olympics.

Comments

The Department feels that the Special Olympics is a worthwhile program and can administer the appropriation without additional administrative costs.



Mark Lewis, Commissioner

STATE OF ALASKA  
FISCAL NOTE

Revision Date \_\_\_\_\_, 1983

I. REQUEST

Bill/Resolution No.: HB 339  
 Title: Appropriation to JPKennedy Foundation  
 Sponsor: Representative Lacher  
 Requestor: House Community & Regional Affairs

II. FISCAL DETAIL

Agency Affected: Community & Regional Affai  
 Program Category Affected: development  
 BRU, Program of Subprogram(s) Affected: \_\_\_\_\_

EXPENDITURES/REVENUES: (Thousands of Dollars)

	FY 83	FY 84	FY 85	FY 86	FY 87	FY 88
<b>OPERATING</b>						
100 PERSONAL SERVICES						
200 TRAVEL						
300 CONTRACTUAL						
400 COMMODITIES						
500 EQUIPMENT						
600 LAND & STRUCTURES						
700 GRANTS, CLAIMS, ETC						
<b>TOTAL OPERATING</b>		-0-	-0-	-0-	-0-	-0-
<b>CAPITAL</b>		-0-	-0-	-0-	-0-	-0-
<b>REVENUE</b>		-0-	-0-	-0-	-0-	-0-

FUNDING: (Thousands of Dollars)

GENERAL FUND						
FEDERAL FUNDS						
OTHER (Specify Source)						
		-0-	-0-	-0-	-0-	-0-

POSITIONS:

FULL-TIME						
PART-TIME						
TEMPORARY						

III. SOURCE OF FUNDS TO OFFSET FISCAL IMPACT OF BILL:

Sponsor did not indicate.

IV. ANALYSIS: Attach a separate page for any Analysis

Prepared By: Terry L. Earley Phone: 465-4730  
 Division: Local Government Assistance Date: 4/22/83  
 Approved by Commissioner: [Signature] Date: 4/22/83  
 Department: Community & Regional Affairs

Distribution:

Original to Legislative Finance  
 Copy to Office of Management and Budget (for Legislature introduced bills)  
 Copy to Department (for Governor introduced bills)  
 Copy to Sponsor  
 Copy to Requestor (if different from Sponsor)

3/8/83

NOTE REGARDING THE FOLLOWING FRAME(S) ON MICROFILM:  
COMPLETE DOCUMENT IS AVAILABLE IN ORIGINAL FILES.  
TITLE PAGE ONLY HAS BEEN FILMED.

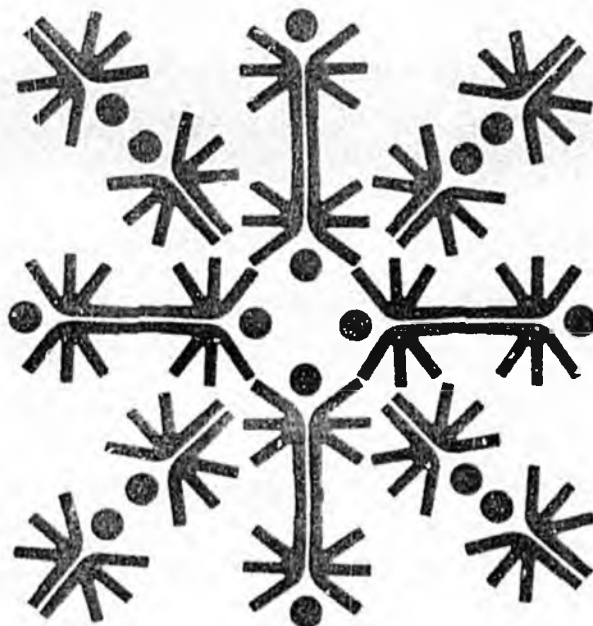


**JUNEAU**

**ALASKA**

**1983 WINTER GAMES**

**SPECIAL OLYMPICS**



**All who enter  
Will go home winners-  
In their own special way**

Created & Sponsored by the Joseph P. Kennedy, Jr.  
Foundation

NOTE REGARDING THE FOLLOWING FRAME(S) ON MICROFILM:  
COMPLETE DOCUMENT IS AVAILABLE IN ORIGINAL FILES.  
TITLE PAGE ONLY HAS BEEN FILMED.



**ALASKA**

**JUNE 11-14, 1982**

**WENDLER  
JR. HIGH**

**ANCHORAGE,  
ALASKA**

**P  
E  
C  
I  
A**

**OLYMPICS**

---