

CS FOR HOUSE BILL NO. 320(HES)
IN THE LEGISLATURE OF THE STATE OF ALASKA
EIGHTEENTH LEGISLATURE - SECOND SESSION

BY THE HOUSE HEALTH, EDUCATION AND SOCIAL SERVICES COMMITTEE

Offered: 3/2/94
Referred: Finance

Sponsor(s): REPRESENTATIVES TOOHEY, Hudson, Brice, Bunde, Finkelstein, Nordlund, Olberg, Porter, Sitton, B.Davis

A BILL

FOR AN ACT ENTITLED

1 **"An Act relating to public school health personal safety education."**

2 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

3 *** Section 1. SHORT TITLE. This Act may be known as the "Healthy Students Act."**

4 *** Sec. 2. PURPOSE. The purpose of this Act is to foster the development and**
5 **dissemination of educational activities and materials that will assist students, teachers,**
6 **administrators, and parents in the perception, appreciation, and understanding of health**
7 **principles and problems, and adoption of responsible behavior.**

8 *** Sec. 3. AS 14.08.115 is amended by adding a new subsection to read:**

9 **(c) A regional school board shall establish a health education curriculum**
10 **advisory committee in the regional educational attendance area, and by regulation shall**
11 **prescribe its manner of selection and organization. Members of the advisory**
12 **committee required under this subsection may include residents of the district with**
13 **expertise in public safety, mental health, alcohol and drug abuse, and public health.**
14 **A meeting of a health education curriculum advisory committee may be**

1 teleconferenced. A health education curriculum advisory committee shall advise the
2 regional school board on the health education curriculum at schools in the regional
3 educational attendance area.

4 * Sec. 4. AS 14.12.035 is amended to read:

5 Sec. 14.12.035. ADVISORY SCHOOL BOARDS AND COMMITTEES IN
6 BOROUGH SCHOOL DISTRICTS. A borough school district board shall establish
7 a health education curriculum advisory committee and may establish other
8 advisory school boards or committees, and by regulation shall prescribe their manner
9 of selection, organization, powers, and duties. Members of the health education
10 curriculum advisory committee may include residents of the district with expertise
11 in public safety, mental health, alcohol and drug abuse, and public health. A
12 health education curriculum advisory committee meeting may be teleconferenced.

13 * Sec. 5. AS 14.30.360 is repealed and reenacted to read:

14 Sec. 14.30.360. CURRICULUM. (a) A school district shall conduct a
15 program in health education that includes instruction in human immunodeficiency virus
16 and acquired immune deficiency syndrome. Instruction under this subsection must be
17 appropriate to the child's age and emphasize appropriate behavior.

18 (b) A district in the state public school system shall be encouraged to initiate
19 and conduct a program in comprehensive health education for kindergarten through
20 grade 12. The program should be appropriate to the child's age, emphasize appropriate
21 behavior, and contain instruction in physical health and personal safety including

22 (1) alcohol, tobacco, and substance abuse and fetal alcohol syndrome
23 education;

24 (2) first aid, including cardiopulmonary resuscitation (CPR);

25 (3) human growth and development, including reproductive health,
26 pregnancy prevention, prevention and control of diseases, including sexually
27 transmitted diseases;

28 (4) mental and emotional health, including suicide prevention;

29 (5) cancer prevention and early detection, nutrition, dental health,
30 family health, and environmental health;

31 (6) the identification and prevention of child abuse, child abduction,

1 neglect, and sexual abuse, and domestic violence; and
2 (7) appropriate use of health services.
3 (c) A program under (a) or (b) of this section
4 (1) may include training, support groups, and pertinent literature
5 designed to assist parents and other members of the community in the use of available
6 community resources, and in participating in health and personal safety education; and
7 (2) must include a method of notifying parents of students of the con-
8 tent of instructional materials used in a program described under (a) or (b)(3) of this
9 section and of the parents' option to exempt their child from the instruction; a district
10 shall use procedures to provide that students exempted from the program are not
11 embarrassed by the exemption.
12 (d) The state board shall establish guidelines for a comprehensive health and
13 personal safety education program. Personal safety guidelines shall be developed in
14 consultation with the Council on Domestic Violence and Sexual Assault. Upon
15 request, the Department of Education, the Department of Public Safety, the Department
16 of Health and Social Services, and the Council on Domestic Violence and Sexual
17 Assault shall provide technical assistance to school districts in the development of
18 personal safety curricula. A school health and personal safety education specialist
19 position shall be established and funded in the department to coordinate the program
20 statewide. Adequate funds to enable curriculum and resource development, adequate
21 consultation to school districts, and a program of teacher training in health and
22 personal safety education shall be provided.
23 * Sec. 6. AS 14.30.360 is amended by adding a new subsection to read:
24 (c) In this section,
25 (1) "family health" includes
26 (A) an understanding of the physical, mental, emotional, social,
27 economic, and psychological aspects of close personal relationships and an
28 understanding of the physiological, psychological, and cultural foundations of
29 human development;
30 (B) the development of responsible personal values and
31 behavior and the establishing of a strong family life for students in the future,

1 with emphasis on the responsibilities of parenting;
2 (C) knowledge of the law relating to the sexual conduct of
3 minors and sexual abuse of minors, including criminal sexual conduct;
4 (2) "health and personal safety education" includes health education in
5 a school setting that is planned and carried out with the purpose of maintaining,
6 reinforcing, or enhancing the health, health-related skills, and health attitudes and
7 practices of children and youth that are conducive to their good health and that
8 promote wellness, health maintenance, and disease prevention; it includes age-
9 appropriate, sequential instruction in health either as part of an existing course or as
10 a special course;
11 (3) "pregnancy prevention" includes
12 (A) abstaining from sexual activity until marriage;
13 (B) skills to enable students to resist peer pressure and abstain
14 from sexual activity;
15 (C) methods of contraception, and the risks and benefits of each
16 method;
17 (4) "reproductive health" includes human physiology, conception,
18 prenatal care and development, fetal alcohol syndrome, childbirth, and postnatal care.
19 * Sec. 7. TRANSITION. A city or borough school district or a regional educational
20 attendance area should begin development of a health education curriculum described in this
21 Act by July 1, 1994, and shall have in place a program of health education regarding human
22 immunodeficiency virus and acquired immune deficiency syndrome that is appropriate to a
23 child's age and that emphasizes appropriate behavior as required by this Act by August 1,
24 1996.