

HOUSE BILL NO. 320

IN THE LEGISLATURE OF THE STATE OF ALASKA

EIGHTEENTH LEGISLATURE - SECOND SESSION

BY REPRESENTATIVES TOOHEY, Hudson

Introduced: 1/10/94

Referred: Health, Education & Social Services, Finance

A BILL

FOR AN ACT ENTITLED

1 "An Act relating to public school health personal safety education."

2 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

3 * Section 1. **SHORT TITLE.** This Act may be known as the "Healthy Students Act."

4 * Sec. 2. **PURPOSE.** The purpose of this Act is to foster the development and
5 dissemination of educational activities and materials that will assist students, teachers,
6 administrators, and parents in the perception, appreciation, and understanding of health
7 principles and problems, and adoption of responsible behavior.

8 * Sec. 3. AS 14.08.115 is amended to read:

9 Sec. 14.08.115. **ADVISORY SCHOOL BOARDS AND COMMITTEES IN**
10 **REGIONAL EDUCATIONAL ATTENDANCE AREAS.** (a) A regional school board
11 shall establish advisory school boards **and health education curriculum advisory**
12 **committees** in each community in the regional educational attendance area that has
13 more than 50 permanent residents, and by regulation shall prescribe their manner of
14 selection and organization, and, in a manner consistent with (b) of this section, their

1 powers and duties.

2 (b) An advisory board shall advise the regional school board on all matters
3 concerning schools in the community in which the advisory board is established. A
4 health education curriculum advisory committee shall advise the regional school
5 board on the health education curriculum at schools in the community in which
6 the committee is established.

7 * Sec. 4. AS 14.12.035 is amended to read:

8 Sec. 14.12.035. ADVISORY SCHOOL BOARDS AND COMMITTEES IN
9 BOROUGH SCHOOL DISTRICTS. A borough school district board shall establish
10 a health education curriculum advisory committee and may establish other
11 advisory school boards or committees, and by regulation shall prescribe their manner
12 of selection, organization, powers, and duties.

13 * Sec. 5. AS 14.30.360 is amended to read:

14 Sec. 14.30.360. CURRICULUM. (a) Each district in the state public school
15 system shall [BE ENCOURAGED TO] initiate and conduct a program in
16 comprehensive health education for kindergarten through grade 12. The program
17 must [SHOULD] include

18 (1) age appropriate instruction in physical health and personal safety
19 including

20 (A) alcohol, tobacco, and substance [DRUG] abuse and fetal
21 alcohol syndrome education;

22 (B) first aid, including cardiopulmonary resuscitation (CPR);

23 (C) human growth and development, including human
24 sexuality, reproductive health, pregnancy prevention, prevention and
25 control of diseases, including acquired immune deficiency syndrome and
26 other sexually transmitted diseases;

27 (D) mental and emotional health, including suicide
28 prevention;

29 (E) [, EARLY] cancer prevention and early detection, nutri-
30 tion, dental health, family health, environmental health;

31 (F) [,] the identification and prevention of child abuse, child

1 abduction, neglect, and sexual abuse, and domestic violence; [,] and

2 (G) appropriate use of health services;

3 (2) training, support groups, and pertinent literature designed to
4 assist parents and other members of the community to participate in health and
5 personal safety education;

6 (3) a district curriculum and curriculum materials developed in
7 conjunction with the district health education curriculum advisory committee; and

8 (4) a method of notifying parents of students of the content of
9 instructional materials used in the human growth and development program and
10 of the parents' option to exempt their child from human growth and development
11 instruction; a district shall use procedures to provide that students exempted from
12 the program are not embarrassed by the exemption.

13 (b) The state board shall establish guidelines for a comprehensive health and
14 personal safety education program. Personal safety guidelines shall be developed in
15 consultation with the Council on Domestic Violence and Sexual Assault. Upon request,
16 the Department of Education, the Department of Public Safety, the Department of
17 Health and Social Services, and the Council on Domestic Violence and Sexual Assault
18 shall provide technical assistance to school districts in the development of personal
19 safety curricula. A school health and personal safety education specialist position
20 shall be established and funded in the department to coordinate the program statewide.
21 Adequate funds to enable curriculum and resource development, adequate consultation
22 to school districts, and a program of [TEACHER] training and periodic staff devel-
23 opment for administrators and teachers in health and personal safety education shall
24 be provided.

25 * Sec. 6. AS 14.30.360 is amended by adding a new subsection to read:

26 (c) In this section,

27 (1) "family health" includes

28 (A) an understanding of the physical, mental, emotional, social,
29 economic, and psychological aspects of close personal relationships and an
30 understanding of the physiological, psychological, and cultural foundations of
31 human development;

1 (B) the development of responsible personal values and
2 behavior and the establishing of a strong family life for students in the future,
3 with emphasis on the responsibilities of parenting;

4 (C) knowledge of the law relating to the sexual conduct of
5 minors and sexual abuse of minors, including criminal sexual conduct;

6 (2) "health and personal safety education" includes health education in
7 a school setting that is planned and carried out with the purpose of maintaining,
8 reinforcing, or enhancing the health, health-related skills, and health attitudes and
9 practices of children and youth that are conducive to their good health and that
10 promote wellness, health maintenance, and disease prevention; it includes age-
11 appropriate, sequential instruction in health either as part of an existing course or as
12 a special course;

13 (3) "pregnancy prevention" includes

14 (A) abstaining from sexual activity until marriage;

15 (B) skills to enable students to resist peer pressure and abstain
16 from sexual activity;

17 (C) methods of contraception, and the risks and benefits of each
18 method;

19 (4) "reproductive health" includes human physiology, conception,
20 prenatal care and development, fetal alcohol syndrome, childbirth, and postnatal care.

21 * Sec. 7. TRANSITION. Each district shall begin development of the comprehensive
22 health education curriculum required by this Act by July 1, 1994, and shall have in place a
23 program of comprehensive health education required by this Act by August 1, 1996.