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Referred: Finance

6-1375E

Original sponsor(s): REP. BOYER, M.Davis, Ellis, Finkelstein, Goll, Jacko,  
Koponen, Brown, Ulmer, Hudson

1 IN THE HOUSE BY THE HESS COMMITTEE

2 CS FOR HOUSE BILL NO. 325 (HESS) am

3 IN THE LEGISLATURE OF THE STATE OF ALASKA

4 SIXTEENTH LEGISLATURE - SECOND SESSION

5 A BILL

6 For an Act entitled: "An Act relating to public school health and personal  
7 safety education."

8 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:

9 \* Section 1. PURPOSE. The purpose of this Act is to foster the devel-  
10 opment and dissemination of educational activities and materials that will  
11 assist students, teachers, administrators, and parents in the perception,  
12 appreciation, and understanding of health principles and problems, and  
13 responsible personal behavior.

14 \* Sec. 2. AS 14.08.115 is amended to read:

15 Sec. 14.08.115. ADVISORY SCHOOL BOARDS AND COMMITTEES IN REGION-  
16 AL EDUCATIONAL ATTENDANCE AREAS. A regional school board shall estab-  
17 lish a health education curriculum advisory committee and may estab-  
18 lish other advisory school boards or committees, and by regulation  
19 shall prescribe their manner of selection and organization, and their  
20 powers and duties.

21 \* Sec. 3. AS 14.12.035 is amended to read:

22 Sec. 14.12.035. ADVISORY SCHOOL BOARDS AND COMMITTEES IN BOROUGH  
23 SCHOOL DISTRICTS. A borough school district board shall establish a  
24 health education curriculum advisory committee and may establish other  
25 advisory school boards or committees, and by regulation shall pre-  
26 scribe their manner of selection, organization, powers, and duties.

27 \* Sec. 4. AS 14.30.360 is amended to read:

28 Sec. 14.30.360. CURRICULUM. (a) Each district in the state  
29 public school system shall [BE ENCOURAGED TO] initiate and conduct a

1 program in comprehensive health education for kindergarten through  
2 grade 12. The program must [SHOULD] include

3 (1) age appropriate instruction in physical health and  
4 personal safety including

5 (A) alcohol and substance [DRUG] abuse and fetal  
6 alcohol syndrome education;

7 (B) first aid, including cardiopulmonary resuscitation  
8 (CPR);

9 (C) human growth and development, including human  
10 sexuality, reproductive health, pregnancy prevention, prevention  
11 and control of diseases, including acquired immune deficiency  
12 syndrome and other sexually transmitted diseases;

13 (D) mental and emotional health, including suicide  
14 prevention;

15 (E) [,] early cancer prevention and detection, nutri-  
16 tion, dental health, family health, environmental health;

17 (F) [,] the identification and prevention of child  
18 abuse, child abduction, neglect, and sexual abuse, and domestic  
19 violence; [,] and

20 (G) appropriate use of health services;

21 (2) training, support groups, and pertinent literature  
22 designed to assist parents and other members of the community to  
23 participate in health and personal safety education;

24 (3) a district curriculum and curriculum materials devel-  
25 oped in conjunction with the district health education curriculum  
26 advisory committee; and

27 (4) a method of notifying parents of students of the con-  
28 tent of instructional materials used in the human growth and develop-  
29 ment program and of the parents' option to exempt their child from

1 human growth and development instruction; a district shall use proce-  
2 dures to provide that students exempted from the program are not  
3 embarrassed by the exemption.

4 (b) The state board shall establish guidelines for a comprehen-  
5 sive health and personal safety education program. Personal safety  
6 guidelines shall be developed in consultation with the Council on  
7 Domestic Violence and Sexual Assault. Upon request, the Department of  
8 Education, the Department of Public Safety, the Department of Health  
9 and Social Services, and the Council on Domestic Violence and Sexual  
10 Assault shall provide technical assistance to school districts in the  
11 development of personal safety curricula. A school health and person-  
12 al safety education specialist position shall be established and  
13 funded in the department to coordinate the program statewide. Ade-  
14 quate funds to enable curriculum and resource development, adequate  
15 consultation to school districts, and a program of [TEACHER] training  
16 and periodic staff development for administrators and teachers in  
17 health and personal safety education shall be provided.

18 \* Sec. 5. AS 14.30.360 is amended by adding a new subsection to read:

19 (c) In this section,

20 (1) "family health" includes

21 (A) an understanding of the physical, mental, emotion-  
22 al, social, economic, and psychological aspects of close personal  
23 relationships and an understanding of the physiological, psycho-  
24 logical, and cultural foundations of human development;

25 (B) the development of responsible personal values and  
26 behavior and the establishing of a strong family life for stu-  
27 dents in the future, with emphasis on the responsibilities of  
28 parenting;

29 (C) knowledge of the law relating to the sexual

1           conduct of minors and sexual abuse of minors, including criminal  
2           sexual conduct;

3           (2) "health and personal safety education" includes health  
4           education in a school setting that is planned and carried out with the  
5           purpose of maintaining, reinforcing, or enhancing the health, health-  
6           related skills, and health attitudes and practices of children and  
7           youth that are conducive to their good health and that promote well-  
8           ness, health maintenance, and disease prevention; it includes age-  
9           appropriate, sequential instruction in health either as part of an  
10          existing course or as a special course;

11          (3) "pregnancy prevention" includes  
12                (A) abstaining from sexual activity until marriage;  
13                (B) skills to enable students to resist peer pressure  
14                and abstain from sexual activity;  
15                (C) methods of contraception, and the risks and bene-  
16                fits of each method;

17          (4) "reproductive health" includes human physiology, con-  
18          ception, prenatal care and development, fetal alcohol syndrome,  
19          childbirth, and postnatal care.

20          \* Sec. 6. TRANSITION. Each district shall begin development of the  
21          comprehensive health education curriculum required by this Act by July 1,  
22          1990, and shall have in place a program of comprehensive health education  
23          required by this Act by August 1, 1992.