

**HOUSE CS FOR CS FOR SENATE BILL NO. 200(EDC)**

IN THE LEGISLATURE OF THE STATE OF ALASKA

TWENTY-NINTH LEGISLATURE - SECOND SESSION

**BY THE HOUSE EDUCATION COMMITTEE**

**Offered: 4/16/16**

**Referred: Rules**

**Sponsor(s): SENATORS COSTELLO, Gardner, McGuire, Stevens, Bishop, Ellis**

**A BILL**

**FOR AN ACT ENTITLED**

1 **"An Act relating to health education and physical activity requirements for students in**  
2 **grades kindergarten through eight."**

3 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

4 **\* Section 1.** AS 14.30.360 is amended by adding new subsections to read:

5 (c) In addition to the health education program encouraged under (a) of this  
6 section, a school district shall require schools in the district to include, for each full  
7 school day for students in grades kindergarten through eight, a minimum of 90 percent  
8 of the daily amount of physical activity recommended for children and adolescents in  
9 the physical activity guidelines by the Centers for Disease Control and Prevention,  
10 United States Department of Health and Human Services. The time required for  
11 physical activity under this subsection may include physical education classes and  
12 opportunities for unstructured physical activity, such as recess. A school district shall  
13 adopt policies under this subsection that

14 (1) allow a student to be excused from the physical activity

- 1 requirements if the student is unable to participate for a medical reason; and  
2 (2) provide an exemption from the requirements under this subsection  
3 for health and safety reasons, such as inclement weather.  
4 (d) In this section, "district" has the meaning given in AS 14.17.990.