

CS FOR HOUSE BILL NO. 211(JUD)

IN THE LEGISLATURE OF THE STATE OF ALASKA

TWENTY-FIRST LEGISLATURE - SECOND SESSION

BY THE HOUSE JUDICIARY COMMITTEE

Offered: 4/11/00
Referred: Finance

Sponsor(s): REPRESENTATIVE ROKEBERG BY REQUEST

A BILL

FOR AN ACT ENTITLED

1 "An Act relating to regulation of managed care insurance plans; amending Rule
2 602(b), Alaska Rules of Appellate Procedure; and providing for an effective date."

3 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

4 * **Section 1.** The uncodified law of the State of Alaska is amended by adding a new
5 section to read:

6 SHORT TITLE. Section 2 of this Act may be known as the Alaska Patients' Bill of
7 Rights.

8 * **Sec. 2.** AS 21 is amended by adding a new chapter to read:

9 **Chapter 07. Regulation of Managed Care Insurance Plans.**

10 **Sec. 21.07.010. Patient and health care provider protection.** (a) A contract
11 between a participating health care provider and a managed care entity that offers a
12 group managed care plan must contain a provision that

13 (1) provides for a reasonable mechanism to identify all health care
14 services to be provided by the managed care entity;

1 (2) clearly states or references an attachment that states the health care
2 provider's rate of compensation;

3 (3) clearly states all ways in which the contract between the health care
4 provider and managed care entity may be terminated; a provision that provides for
5 discretionary termination by either party must apply equitably to both parties;

6 (4) provides that, in the event of a dispute between the parties to the
7 contract, a fair, prompt, and mutual dispute resolution process must be used; at a
8 minimum, the process must provide

9 (A) for an initial meeting at which all parties are present or
10 represented by individuals with authority regarding the matters in dispute; the
11 meeting shall be held within 10 working days after the plan receives written
12 notice of the dispute or gives written notice to the provider, unless the parties
13 otherwise agree in writing to a different schedule;

14 (B) that if, within 30 days following the initial meeting, the
15 parties have not resolved the dispute, the dispute shall be submitted to
16 mediation directed by a mediator who is mutually agreeable to the parties and
17 who is not regularly under contract to or employed by either of the parties;
18 each party shall bear its proportionate share of the cost of mediation, including
19 the mediator fees;

20 (C) that if, after a period of 60 days following commencement
21 of mediation, the parties are unable to resolve the dispute, either party may
22 seek other relief allowed by law;

23 (D) that the parties shall agree to negotiate in good faith in the
24 initial meeting and in mediation;

25 (5) states that a health care provider may not be penalized or the health
26 care provider's contract terminated by the managed care entity because the health care
27 provider acts as an advocate for a covered person in seeking appropriate, medically
28 necessary health care services;

29 (6) protects the ability of a health care provider to communicate openly
30 with a covered person about all appropriate diagnostic testing and treatment options;
31 and

1 (7) defines words in a clear and concise manner.

2 (b) A contract between a participating health care provider and a managed care
3 entity that offers a group managed care plan may not contain a provision that

4 (1) has as its predominant purpose the creation of direct financial
5 incentives to the health care provider for withholding covered health care services that
6 are medically necessary; nothing in this paragraph shall be construed to prohibit a
7 contract between a participating health care provider and a managed care entity from
8 containing incentives for efficient management of the utilization and cost of covered
9 health care services;

10 (2) requires the provider to contract for all products that are currently
11 offered or that may be offered in the future by the managed care entity; and

12 (3) requires the health care provider to be compensated for health care
13 services performed at the same rate as the health care provider has contracted with
14 another managed care entity.

15 (c) A managed care entity may not enter into a contract with a health care
16 provider that requires the provider to indemnify or hold harmless the managed care
17 entity for the acts or conduct of the managed care entity. An indemnification or hold
18 harmless clause entered into in violation of this subsection is void.

19 **Sec. 21.07.020. Required contract provisions for group managed care**
20 **plans.** A group managed care plan must contain

21 (1) a provision that preauthorization for a covered medical procedure
22 on the basis of medical necessity may not be retroactively denied unless the
23 preauthorization is based on materially incomplete or inaccurate information provided
24 by or on behalf of the provider;

25 (2) a provision for emergency room services if any coverage is
26 provided for treatment of a medical emergency;

27 (3) a provision that covered health care services be reasonably available
28 in the community in which a covered person resides or that, if referrals are required
29 by the plan, adequate referrals outside the community be available if the health care
30 service is not available in the community;

31 (4) a provision that any utilization review decision

1 (A) must be made within 72 hours after receiving the request
2 for preapproval for nonemergency situations; for emergency situations,
3 utilization review decisions for care following emergency services must be
4 made as soon as is practicable but in any event no later than 24 hours after
5 receiving the request for preapproval or for coverage determination; and

6 (B) to deny, reduce, or terminate a health care benefit or to
7 deny payment for a health care service because that service is not medically
8 necessary shall be made by an employee or agent of the managed care entity
9 who is a licensed health care provider;

10 (5) a provision that provides for an internal appeal mechanism for a
11 covered person who disagrees with a utilization review decision made by a managed
12 care entity; except as provided under (6) of this section, this appeal mechanism must
13 provide for a written decision

14 (A) from the managed care entity within 18 working days after
15 the date written notice of an appeal is received; and

16 (B) on the appeal by an employee or agent of the managed care
17 entity who holds the same professional license as the health care provider who
18 is treating the covered person;

19 (6) a provision that provides for an internal appeal mechanism for a
20 covered person who disagrees with a utilization review decision made by a managed
21 care entity in any case in which delay would, in the written opinion of the treating
22 provider, jeopardize the covered person's life or materially jeopardize the covered
23 person's health; the managed care entity shall

24 (A) decide an appeal described in this paragraph within 72
25 hours after receiving the appeal; and

26 (B) provide for a written decision on the appeal by an employee
27 or agent of the managed care entity who holds the same professional license
28 as the health care provider who is treating the covered person;

29 (7) a provision that discloses the existence of the right to an external
30 appeal of a utilization review decision made by a managed care entity; the external
31 appeal shall be as conducted in accordance with AS 21.07.050;

1 (8) a provision that discloses covered benefits, optional supplemental
2 benefits, and benefits relating to and restrictions on nonparticipating provider services;

3 (9) a provision that describes the preapproval requirements and whether
4 clinical trials or experimental or investigational treatment are covered;

5 (10) a provision describing a mechanism for assignment of benefits for
6 health care providers and payment of benefits;

7 (11) a provision describing availability of prescription medications or
8 a formulary guide, and whether medications not listed are excluded; if a formulary
9 guide is made available, the guide must be updated annually; and

10 (12) a provision describing available translation or interpreter services,
11 including audiotape or braille information.

12 **Sec. 21.07.030. Choice of health care provider.** (a) If a managed care entity
13 offers a group health plan that provides for coverage of health care services only if the
14 services are furnished through a network of health care providers that have entered into
15 a contract with the managed care entity, the managed care entity shall also offer a non-
16 network option to enrollees at initial enrollment, as provided under (c) of this section.
17 The non-network option may require that a covered person pay a higher deductible,
18 copayment, or premium for the plan if the higher deductible, copayment, or premium
19 results from increased costs caused by the use of a non-network provider. The
20 managed care entity shall provide an actuarial demonstration of the increased costs to
21 the director at the director's request. If the increased costs are not justified, the
22 director shall determine the appropriate costs allowed and determine the appropriate
23 amount of higher deductible, copayment, or premium. This subsection does not apply
24 to an enrollee who is offered non-network coverage through another group health plan
25 or through another managed care entity in the group market.

26 (b) The amount of any additional premium charged by the managed care entity
27 for the additional cost of the creation and maintenance of the option described in (a)
28 of this section and the amount of any additional cost sharing imposed under this option
29 shall be paid by the enrollee unless it is paid by the employer through agreement with
30 the managed care entity.

31 (c) An enrollee may make a change to the health care coverage option

1 provided under this section only during a time period determined by the managed care
2 entity. The time period described in this subsection must occur at least annually.

3 (d) If a managed care entity that offers a group managed care plan requires or
4 provides for a designation by an enrollee of a participating primary care provider, the
5 managed care entity shall permit the enrollee to designate any participating primary
6 care provider that is available to accept the enrollee.

7 (e) Except as provided in this subsection, a managed care entity that offers a
8 group managed care plan shall permit an enrollee to receive medically necessary or
9 appropriate specialty care, subject to appropriate referral procedures, from any qualified
10 participating health care provider that is available to accept the individual for medical
11 care. This subsection does not apply to specialty care if the managed care entity
12 clearly informs enrollees of the limitations on choice of participating health care
13 providers with respect to medical care. In this subsection,

14 (1) "appropriate referral procedures" means procedures for referring
15 patients to other health care providers as set out in the applicable member contract and
16 as described under (a) of this section;

17 (2) "specialty care" means care provided by a health care provider with
18 training and experience in treating a particular injury, illness, or condition.

19 (f) If a contract between a health care provider and a managed care entity is
20 terminated, a covered person may continue to be treated by that health care provider
21 as provided in this subsection. If a covered person is pregnant or being actively
22 treated by a provider on the date of the termination of the contract between that
23 provider and the managed care entity, the covered person may continue to receive
24 health care services from that provider as provided in this subsection, and the contract
25 between the managed care entity and the provider shall remain in force with respect
26 to the continuing treatment. The covered person shall be treated for the purposes of
27 benefit determination or claim payment as if the provider were still under contract with
28 the managed care entity. However, treatment is required to continue only while the
29 group managed care plan remains in effect and

30 (1) for the period that is the longest of the following:

31 (A) the end of the current plan year;

1 (B) up to 90 days after the termination date, if the event
2 triggering the right to continuing treatment is part of an ongoing course of
3 treatment; or

4 (C) through completion of postpartum care, if the covered
5 person is in the second trimester of pregnancy on the date of termination; or

6 (2) until the end of the medically necessary treatment for the condition,
7 disease, illness, or injury if the person has a terminal condition, disease, illness, or
8 injury; in this paragraph, "terminal" means a life expectancy of less than one year.

9 (g) The requirements of this section do not apply to health care services
10 covered by Medicaid.

11 **Sec. 21.07.040. Confidentiality of managed care information.** (a) Medical
12 and financial information in the possession of a managed care entity regarding an
13 applicant or a current or former person covered by a managed care plan is confidential
14 and is not subject to public disclosure.

15 (b) This section does not apply to medical information that is disclosed if

16 (1) the individual whose identity is disclosed gives written consent to
17 the disclosure;

18 (2) the information is disclosed for research

19 (A) that is subject to federal law and regulations protecting the
20 rights and welfare of research participants; or

21 (B) using health information that protects the confidentiality of
22 participants by coding or encryption of information that would otherwise
23 identify the patient;

24 (3) the information is disclosed for purposes of obtaining
25 reimbursement under health insurance;

26 (4) the information is disclosed at the written request of the covered
27 person;

28 (5) the disclosure is required by law.

29 **Sec. 21.07.050. External health care appeals.** (a) A managed care entity
30 offering group health insurance coverage shall provide for an external appeal process
31 that meets the requirements of this section in the case of an externally appealable

1 decision for which a timely appeal is made in writing either by the managed care
2 entity or by the enrollee.

3 (b) A managed care entity may condition the use of an external appeal process
4 in the case of an externally appealable decision upon a final decision in an internal
5 appeal under AS 21.07.020, but only if the decision is made in a timely basis
6 consistent with the deadlines provided under this chapter.

7 (c) Except as provided in this subsection, the external appeal process shall be
8 conducted under a contract between the managed care entity and one or more external
9 appeal agencies that have qualified under AS 21.07.060. The managed care entity
10 shall provide

11 (1) that the selection process among external appeal agencies qualifying
12 under AS 21.07.060 does not create any incentives for external appeal agencies to
13 make a decision in a biased manner;

14 (2) for auditing a sample of decisions by external appeal agencies to
15 assure that decisions are not made in a biased manner; and

16 (3) that all costs of the process, except those incurred by the enrollee
17 or treating professional in support of the appeal, shall be paid by the managed care
18 entity and not by the enrollee.

19 (d) An external appeal process must include at least the following:

20 (1) a fair, de novo determination based on coverage provided by the
21 plan and by applying terms as defined by the plan; however, nothing in this paragraph
22 may be construed as providing for coverage of items and services for which benefits
23 are excluded under the plan or coverage;

24 (2) an external appeal agency shall determine whether the managed care
25 entity's decision is (A) in accordance with the medical needs of the patient involved,
26 as determined by the managed care entity, taking into account, as of the time of the
27 managed care entity's decision, the patient's medical needs and any relevant and
28 reliable evidence the agency obtains under (3) of this subsection, and (B) in
29 accordance with the scope of the covered benefits under the plan; if the agency
30 determines the decision complies with this paragraph, the agency shall affirm the
31 decision, and, to the extent that the agency determines the decision is not in

1 accordance with this paragraph, the agency shall reverse or modify the decision;

2 (3) the external appeal agency shall include among the evidence taken
3 into consideration

4 (A) the decision made by the managed care entity upon internal
5 appeal under AS 21.07.020 and any guidelines or standards used by the
6 managed care entity in reaching a decision;

7 (B) any personal health and medical information supplied with
8 respect to the individual whose denial of claim for benefits has been appealed;

9 (C) the opinion of the individual's treating physician or health
10 care provider; and

11 (D) the group managed care plan;

12 (4) the external appeal agency may also take into consideration the
13 following evidence:

14 (A) the results of studies that meet professionally recognized
15 standards of validity and replicability or that have been published in peer-
16 reviewed journals;

17 (B) the results of professional consensus conferences conducted
18 or financed in whole or in part by one or more government agencies;

19 (C) practice and treatment guidelines prepared or financed in
20 whole or in part by government agencies;

21 (D) government-issued coverage and treatment policies;

22 (E) generally accepted principles of professional medical
23 practice;

24 (F) to the extent that the agency determines it to be free of any
25 conflict of interest, the opinions of individuals who are qualified as experts in
26 one or more fields of health care that are directly related to the matters under
27 appeal;

28 (G) to the extent that the agency determines it to be free of any
29 conflict of interest, the results of peer reviews conducted by the managed care
30 entity involved;

31 (H) the community standard of care; and

- 1 (I) anomalous utilization patterns;
- 2 (5) an external appeal agency shall determine
- 3 (A) whether a denial of a claim for benefits is an externally
- 4 appealable decision;
- 5 (B) whether an externally appealable decision involves an
- 6 expedited appeal; and
- 7 (C) for purposes of initiating an external review, whether the
- 8 internal appeal process has been completed;
- 9 (6) a party to an externally appealable decision may submit evidence
- 10 related to the issues in dispute;
- 11 (7) the managed care entity involved shall provide the external appeal
- 12 agency with access to information and to provisions of the plan or health insurance
- 13 coverage relating to the matter of the externally appealable decision, as determined by
- 14 the external appeal agency; and
- 15 (8) a determination by the external appeal agency on the decision must
- 16 (A) be made orally or in writing and, if it is made orally, shall
- 17 be supplied to the parties in writing as soon as possible;
- 18 (B) be made in accordance with the medical exigencies of the
- 19 case involved, but in no event later than 21 working days after the appeal is
- 20 filed, or, in the case of an expedited appeal, 72 hours after the time of
- 21 requesting an external appeal of the managed care entity's decision;
- 22 (C) state, in layperson's language, the basis for the
- 23 determination, including, if relevant, any basis in the terms or conditions of the
- 24 plan or coverage; and
- 25 (D) inform the enrollee of the individual's rights, including any
- 26 time limits, to seek further review by the courts of the external appeal
- 27 determination.
- 28 (e) If the external appeal agency reverses or modifies the denial of a claim for
- 29 benefits, the managed care entity shall
- 30 (1) upon receipt of the determination, authorize benefits in accordance
- 31 with that determination;

1 (2) take action as may be necessary to provide benefits, including items
2 or services, in a timely manner consistent with the determination; and

3 (3) submit information to the external appeal agency documenting
4 compliance with the agency's determination.

5 (f) A decision of an external appeal agency is binding unless a person who is
6 aggrieved by a final decision of an external appeal agency appeals the decision to the
7 superior court.

8 (g) An appeal of a final decision of an external appeal agency must be filed
9 within six months after the date of the decision of the external appeal agency.

10 (h) In this section, "externally appealable decision"

11 (1) means

12 (A) a denial of a claim for benefits that is based in whole or in
13 part on a decision that the item or service is not medically necessary or
14 appropriate or is investigational or experimental, or in which the decision as to
15 whether a benefit is covered involves a medical judgment; or

16 (B) a denial that is based on a failure to meet an applicable
17 deadline for internal appeal under AS 21.07.020;

18 (2) does not include a decision based on specific exclusions or express
19 limitations on the amount, duration, or scope of coverage that do not involve medical
20 judgment, or a decision regarding whether an individual is a participant, beneficiary,
21 or enrollee under the plan or coverage.

22 **Sec. 21.07.060. Qualifications of external appeal agencies.** (a) An external
23 appeal agency qualifies to consider external appeals if, with respect to a group health
24 plan, the agency is certified by a qualified private standard-setting organization
25 approved by the director or by a health insurer operating in this state as meeting the
26 requirements imposed under (b) of this section.

27 (b) An external appeal agency is qualified to consider appeals of group health
28 plan health care decisions if the agency meets the following requirements:

29 (1) the agency meets the independence requirements of this section;

30 (2) the agency conducts external appeal activities through a panel of
31 two clinical peers, unless otherwise agreed to by both parties; and

1 (3) the agency has sufficient medical, legal, and other expertise and
2 sufficient staffing to conduct external appeal activities for the managed care entity on
3 a timely basis consistent with this chapter.

4 (c) A clinical peer or other entity meets the independence requirements of this
5 section if

6 (1) the peer or entity does not have a familial, financial, or professional
7 relationship with a related party;

8 (2) compensation received by a peer or entity in connection with the
9 external review is reasonable and not contingent on any decision rendered by the peer
10 or entity;

11 (3) the plan and the issuer have no recourse against the peer or entity
12 in connection with the external review; and

13 (4) the peer or entity does not otherwise have a conflict of interest with
14 a related party.

15 (d) In this section, "related party" means

16 (1) with respect to

17 (A) a group health plan or health insurance coverage offered in
18 connection with a plan, the plan or the insurer offering the coverage; or

19 (B) individual health insurance coverage, the insurer offering
20 the coverage, or any plan sponsor, fiduciary, officer, director, or management
21 employee of the plan or issuer;

22 (2) the health care professional that provided the health care involved
23 in the coverage decision;

24 (3) the institution at which the health care involved in the coverage
25 decision is provided;

26 (4) the manufacturer of any drug or other item that was included in the
27 health care involved in the coverage decision;

28 (5) the covered person; or

29 (6) any other party that, under the regulations that the director may
30 prescribe, is determined by the director to have a substantial interest in the coverage
31 decision.

1 **Sec. 21.07.070. Limitation on liability of reviewers.** An external appeal
2 agency qualifying under AS 21.07.060 and having a contract with a managed care
3 entity, and a person who is employed by the agency or who furnishes professional
4 services to the agency, may not be held by reason of the performance of any duty,
5 function, or activity required or authorized under this chapter to have violated any
6 criminal law, or to be civilly liable if due care was exercised in the performance of the
7 duty, function or activity and there was no actual malice or gross misconduct in the
8 performance of the duty, function, or activity.

9 **Sec. 21.07.080. Religious nonmedical providers.** This chapter may not be
10 construed to

11 (1) restrict or limit the right of a managed care entity to include health
12 care services provided by a religious nonmedical provider as health care services
13 covered by the managed care plan;

14 (2) require a managed care entity, when determining coverage for
15 health care services provided by a religious nonmedical provider, to

16 (A) apply medically based eligibility standards;

17 (B) use health care providers to determine access by a covered
18 person;

19 (C) use health care providers in making a decision on an
20 internal or external appeal; or

21 (D) require a covered person to be examined by a health care
22 provider as a condition of coverage; or

23 (3) require a managed care plan to exclude coverage for health care
24 services provided by a religious nonmedical provider because the religious nonmedical
25 provider is not providing medical or other data required from a health care provider
26 if the medical or other data is inconsistent with the religious nonmedical treatment or
27 nursing care being provided.

28 **Sec. 21.07.250. Definitions.** In this chapter,

29 (1) "clinical peer" means a health care provider who is licensed to
30 provide the same or similar health care services and who is trained in the specialty or
31 subspecialty applicable to the health care services that are provided;

1 (2) "clinical trial" means treatment, research, study, or investigation
2 over a period of time of an injury, illness, or medical condition;

3 (3) "emergency room services" means health care services provided by
4 a hospital or other emergency facility after the sudden onset of a medical condition
5 that manifests itself by symptoms of sufficient severity, including severe pain, that the
6 absence of immediate medical attention would reasonably be expected by a prudent
7 person who possesses an average knowledge of health and medicine to result in

8 (A) the placing of the person's health in serious jeopardy;

9 (B) a serious impairment to bodily functions; or

10 (C) a serious dysfunction of a bodily organ or part;

11 (4) "group managed care plan" or "plan" means a group health
12 insurance plan operated by a managed care entity;

13 (5) "health care provider" means a person licensed in this state or
14 another state of the United States to provide health care services;

15 (6) "health care services" means treatment of an individual for an
16 injury, illness, or disability and includes preventative treatment of an injury or illness;

17 (7) "health insurance" has the meaning given in AS 21.12.050(a);

18 (8) "managed care" means a contract given to an individual, family, or
19 group of individuals under which a member is entitled to receive a defined set of
20 health care benefits in exchange for defined consideration and that requires the member
21 to comply with utilization review guide lines; "managed care" does not include
22 Medicaid coverage under 42 U.S.C. 1396 - 1396p (Social Security Act);

23 (9) "managed care contractor" means a contractor who establishes,
24 operates, or maintains a network of participating health care providers, conducts or
25 arranges for utilization review activities, and contracts with a managed care entity;

26 (10) "managed care entity" means an insurer, a hospital or medical
27 service corporation, a health maintenance organization, an employer or employee
28 health care organization, a managed care contractor that operates a group managed care
29 plan, or a person who has a financial interest in health care services provided to an
30 individual;

31 (11) "medical emergency" means the sudden onset of a medical

1 condition that manifests itself by symptoms of sufficient severity, including severe pain
 2 that in the absence of immediate medical attention would reasonably be expected by
 3 a prudent person who possesses an average knowledge of health and medicine to result
 4 in

5 (A) the placing of the person's health in serious jeopardy;

6 (B) a serious impairment to bodily functions; or

7 (C) a serious dysfunction of any bodily organ or part;

8 (12) "participating health care provider" means a health care provider
 9 who has entered into an agreement with a managed care entity to provide services or
 10 supplies to a patient covered by a group managed care plan;

11 (13) "primary care provider" means a health care provider who provides
 12 general health care services and does not specialize in treating a single injury, illness,
 13 or condition or who provides obstetrical, gynecological, or pediatric health care
 14 services;

15 (14) "provider" means a health care provider;

16 (15) "religious nonmedical provider" means a person who does not
 17 provide medical care, but who provides only religious nonmedical treatment or nursing
 18 care for an illness or injury;

19 (16) "utilization review" means a system of reviewing the medical
 20 necessity, appropriateness, or quality of health care services and supplies provided
 21 under a group managed care plan using specified guidelines, including preadmission
 22 certification, the application of practice guidelines, continued stay review, discharge
 23 planning, preauthorization of ambulatory procedures, and retrospective review;

24 (17) "working day" means a day of the week that is not a Saturday,
 25 Sunday, or a holiday.

26 * **Sec. 3.** AS 21.36.125 is amended by adding a new paragraph to read:

27 (16) violate a provision contained in AS 21.07.

28 * **Sec. 4.** The uncodified law of the State of Alaska is amended by adding a new section
 29 to read:

30 **INDIRECT COURT RULE AMENDMENT.** AS 21.07.050(g), as enacted by sec. 2
 31 of this Act, has the effect of amending Rule 602(b), Alaska Rules of Appellate Procedure, by

1 providing that an appeal from a decision of an external appeal agency must be filed within
2 six months of the decision of the external appeal agency.

3 * **Sec. 5.** The uncodified law of the State of Alaska is amended by adding a new section
4 to read:

5 CONDITIONAL EFFECT. AS 21.07.050(g), as enacted by sec. 2 of this Act, takes
6 effect only if sec. 4 of this Act receives the two-thirds majority vote of each house required
7 by art. IV, sec. 15, Constitution of the State of Alaska.

8 * **Sec. 6.** This Act takes effect July 1, 2001.