

CS FOR SENATE BILL NO. 197(RLS) am
IN THE LEGISLATURE OF THE STATE OF ALASKA
TWENTIETH LEGISLATURE - SECOND SESSION

BY THE SENATE RULES COMMITTEE

Amended: 2/23/98
Offered: 2/23/98

Sponsor(s): SENATORS DONLEY, Taylor, Ellis, Duncan

A BILL

FOR AN ACT ENTITLED

1 "An Act relating to health care services provided by, and practices of, a health
2 maintenance organization; providing that an enrollee in a health maintenance
3 organization has the right to select a treating chiropractor; specifying certain
4 chiropractic health care reports, examinations, and limits on treatment; and
5 prohibiting health maintenance organizations from limiting free speech of health
6 care providers."

7 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

8 * **Section 1.** AS 21.86.060(a) is amended to read:

9 (a) A health maintenance organization may provide **provider** [PHYSICIAN]
10 services directly, through **provider** [PHYSICIAN] employees, or may provide the
11 services under arrangements with individual **providers** [PHYSICIANS] or one or more
12 groups of **providers** [PHYSICIANS].

13 * **Sec. 2.** AS 21.86.070(c) is amended to read:

- 1 (c) An evidence of coverage
- 2 (1) may not contain a provision or statement that is unjust, unfair,
- 3 inequitable, misleading, deceptive, or encourages misrepresentation, or that is untrue,
- 4 misleading, or prohibited under AS 21.86.150; and
- 5 (2) must contain a clear and concise statement [,] if a contract, or a
- 6 reasonably complete summary [,] if a certificate, of
- 7 (A) the health care services and the insurance or other benefits,
- 8 if any, to which the enrollee is entitled;
- 9 (B) limitations on the services, kind of services, benefits, or
- 10 kind of benefits, to be provided, including a deductible or copayment feature;
- 11 (C) where, and in what manner, information is available as to
- 12 how services may be obtained;
- 13 (D) the total amount of payment for health care services and the
- 14 indemnity or service benefits, if any, that the enrollee is obligated to pay with
- 15 respect to individual contracts; [AND]
- 16 (E) the health maintenance organization's method for resolving
- 17 enrollee complaints; **and**
- 18 **(F) guidelines explaining when treatment may be denied.**

19 * **Sec. 3.** AS 21.86 is amended by adding new sections to read:

20 **Sec. 21.86.075. Chiropractic health care services.** (a) An enrollee may use

21 the services of a licensed chiropractor of the enrollee's choosing and may not be

22 required to obtain the prior approval of the enrollee's health maintenance organization,

23 a gatekeeper, or primary care physician. Within 10 days after an enrollee's first visit,

24 a chiropractor shall transmit a report containing the enrollee's primary complaint,

25 related history, examination findings, initial diagnosis, and treatment plan to the

26 enrollee's health maintenance organization. If the enrollee and the enrollee's

27 chiropractor determine that the condition of the enrollee has not improved within 30

28 days after the initial treatment, the chiropractor shall refer the enrollee back to the

29 enrollee's health maintenance organization for examination and possible concurrent

30 care.

31 (b) If the enrollee's chiropractor recommends chiropractic treatment beyond

1 30 days, the chiropractor shall conduct a second examination and transmit the findings
 2 to the enrollee's health maintenance organization. The transmitted information must
 3 include the enrollee's current status regarding the primary complaint, the progress of
 4 a revised treatment plan, and the objectives for continued care.

5 (c) After receiving a 30-day treatment report from a chiropractor under (b) of
 6 this section, the enrollee's health maintenance organization may request a review by
 7 another chiropractor. The reviewing chiropractor shall conduct a physical examination
 8 of the enrollee. The findings of the reviewing chiropractor must be disclosed to the
 9 enrollee and the enrollee's chiropractor. Charges for additional chiropractic care
 10 recommended by the reviewing chiropractor must be included as covered health care
 11 services provided by the health maintenance organization.

12 (d) If the enrollee's treating chiropractor and the reviewing chiropractor
 13 determine that the enrollee's condition has stabilized, ongoing preventative or
 14 maintenance care is limited to two chiropractic visits a month. If the treating
 15 chiropractor and the reviewing chiropractor disagree on the enrollee's continued
 16 treatment, the enrollee and the health maintenance organization shall jointly select a
 17 third chiropractor to review the enrollee's chiropractic treatment. Selection of a third
 18 chiropractor must occur not more than 60 days after the date of the enrollee's initial
 19 treatment by the enrollee's treating chiropractor. Until the third chiropractor's opinion
 20 is received in writing by the enrollee and the health maintenance organization, the
 21 enrollee may receive chiropractic treatment recommended by the treating chiropractor.
 22 The opinion of the third chiropractor as to continued chiropractic treatment is binding
 23 on the enrollee and the health maintenance organization. This subsection does not
 24 apply if a new documented injury or a substantial exacerbation of the enrollee's
 25 previous primary complaint occurs.

26 **Sec. 21.86.078. Choice of health care provider.** (a) A health maintenance
 27 organization shall offer to every enrollee a point-of-service plan option that would
 28 allow a covered person to receive covered services from an out-of-network health care
 29 provider without obtaining a referral or prior authorization from the health maintenance
 30 organization. The point-of-service plan option may require that an enrollee pay a
 31 higher deductible or copayment and higher premium for the plan.

1 (b) A health maintenance organization shall provide each enrollee with an
2 opportunity at the time of enrollment and during the annual open enrollment period to
3 enroll in the point-of-service plan option. The health maintenance organization shall
4 provide written notice of the point-of-service plan option to each enrollee and shall
5 include in that notice a detailed explanation of the financial costs to be incurred by an
6 enrollee who selects that option.

7 * **Sec. 4.** AS 21.86.150 is amended by adding a new subsection to read:

8 (i) A health maintenance organization, including a health maintenance
9 organization operating a managed care plan, or a representative of a health
10 maintenance organization may not cause, request, or knowingly permit

11 (1) the imposition of limits regarding

12 (A) criticism by a health care provider of health care services
13 provided by the health maintenance organization; or

14 (B) written or oral communications between a health care
15 provider and an enrollee regarding health care services;

16 (2) the employment of a health care provider to be terminated unless
17 the provider receives written notice of the cause for the termination before being
18 terminated;

19 (3) denial of health care coverage for an enrollee unless the enrollee
20 has been examined by at least two physicians; or

21 (4) financial incentives to be given or offered to a provider for denying
22 or delaying health care services.