

# Trust

Alaska Mental Health  
Trust Authority



Senate Finance Committee  
January 25, 2023





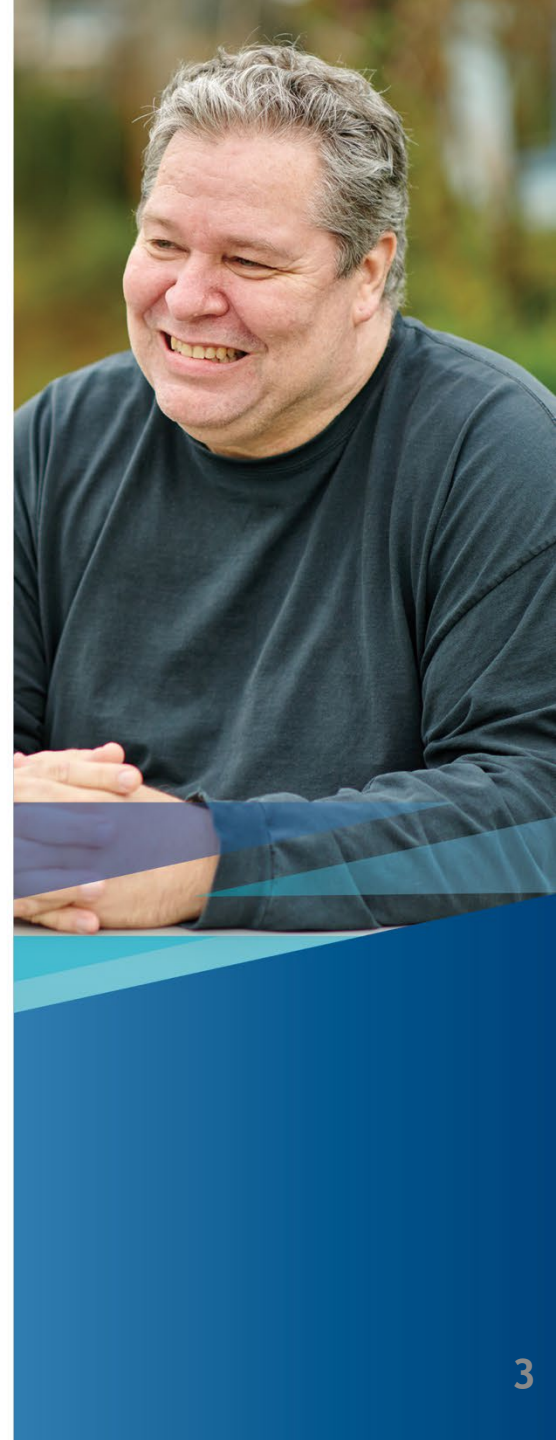
# Trustees

- Anita Halterman, *Chair*
- Rhonda Boyles, *Vice Chair*
- Brent Fisher, *Secretary, Finance Committee Chair*
- Verné Boerner, *Program and Planning Committee Chair*
- John Sturgeon, *Resource Management Committee Chair*
- Kevin Fimon, *Audit and Risk Committee Chair*
- Agnes Moran, *Trustee*

# Trust Beneficiaries

Trust beneficiaries include Alaskans who experience:

- Mental illnesses
- Intellectual and/or developmental disabilities
- Alzheimer's disease and related dementia
- Traumatic brain injuries
- Substance use disorders







# Mission of the Trust

It is the duty of the Alaska Mental Health Trust Authority to provide leadership in the advocacy, planning, implementing and funding of services and programs for Trust beneficiaries.



# Legislative Audit (2021) Update

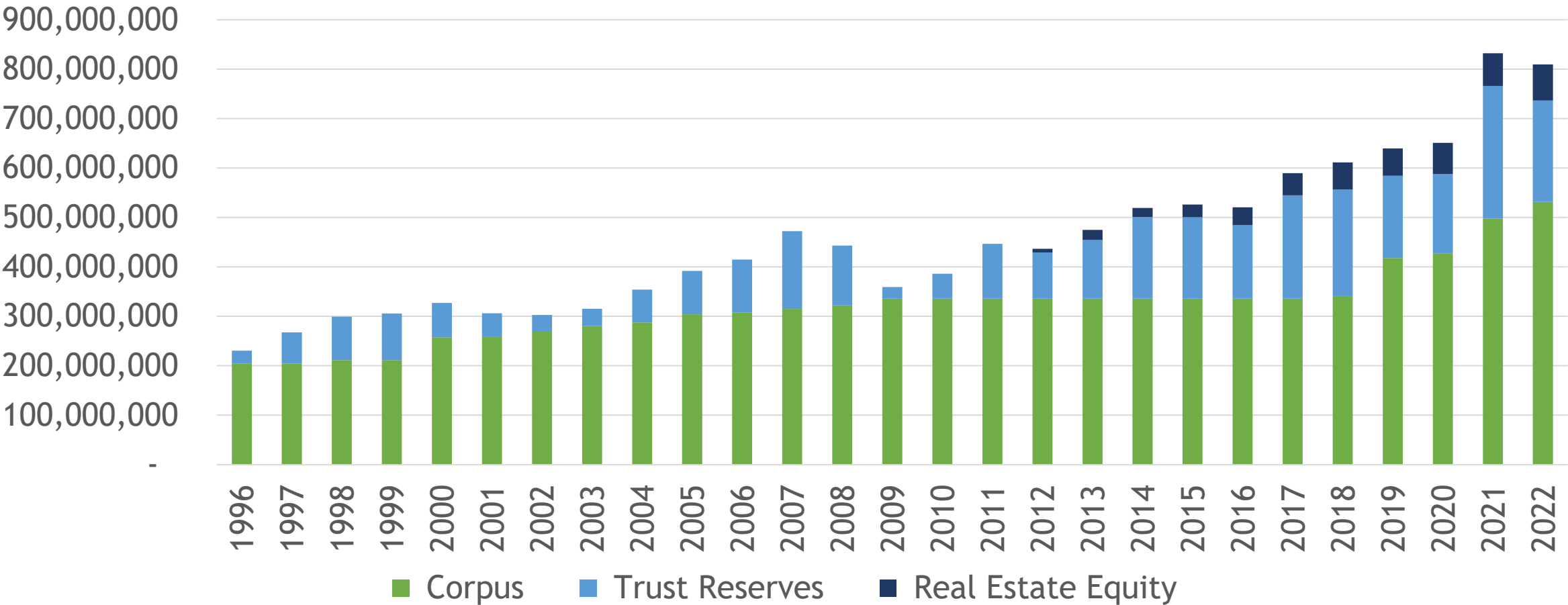
Submitted status report in November 2022  
to Legislative Auditor

- Provided updates on recommendations in the 2021 Audit Report
  - *Commercial Real Estate*
- No recommended action necessary

# Financial Position

Primary Trust Financial Assets (end of FY22)	
Mental Health Trust Fund	\$531,418,000
Restricted Reserves	\$71,206,000
Unrestricted Reserves	\$133,754,000
Real Estate Investment Equity	\$73,394,000

Trust Invested Assets



# FY24 Available Funding

Trust's Estimated Available Funding FY24	
Investment Portfolio Payout (4.25%)	\$30,330,700
Prior Year Funds Carried Forward	\$2,963,100
Land Office Spendable Income	\$4,368,100
Interest Earnings	\$254,100
<b>Total</b>	<b>\$37,916,000</b>

Trust Available Funding	
FY23	\$37,637,900
FY22	\$35,456,200
FY21	\$33,243,200
FY20	\$31,875,600
FY19	\$29,437,000

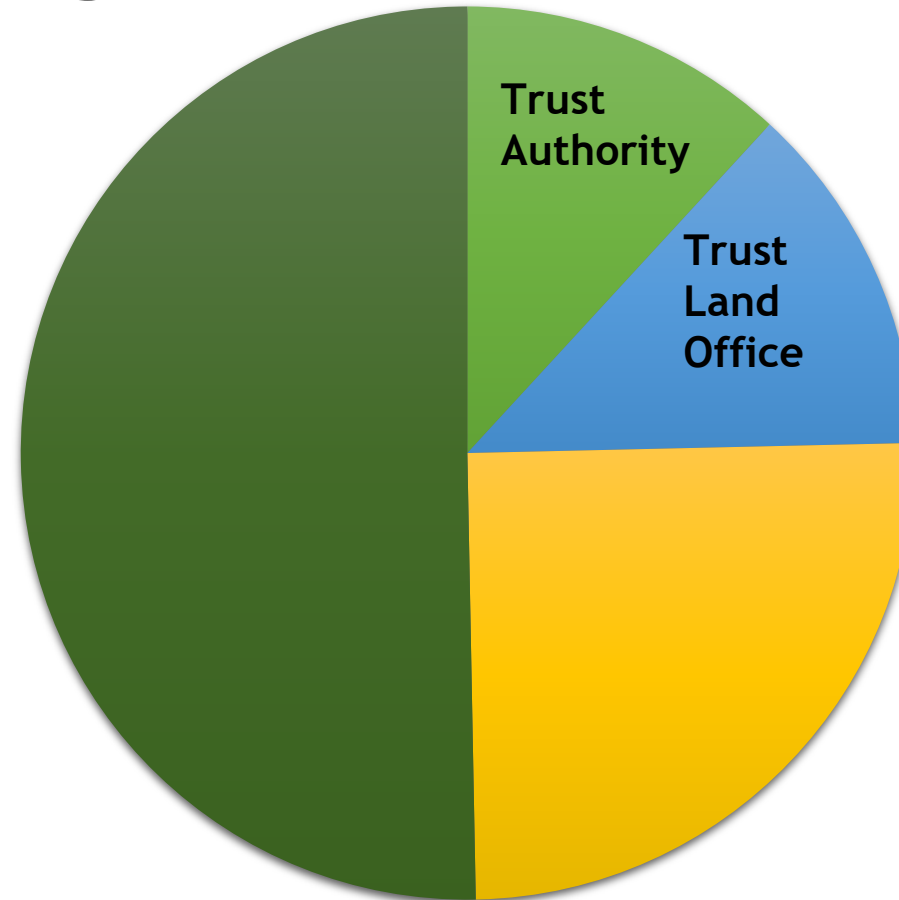
# FY 24 Spending

## Authority Grants

\$19,723.5

Designated grants to community providers, nonprofits, local governments and Tribal organizations

•Includes \$1.9M in mini grants



## Agency Budgets

Trust Authority: \$4,624.4

Trust Land Office: \$5,019.1

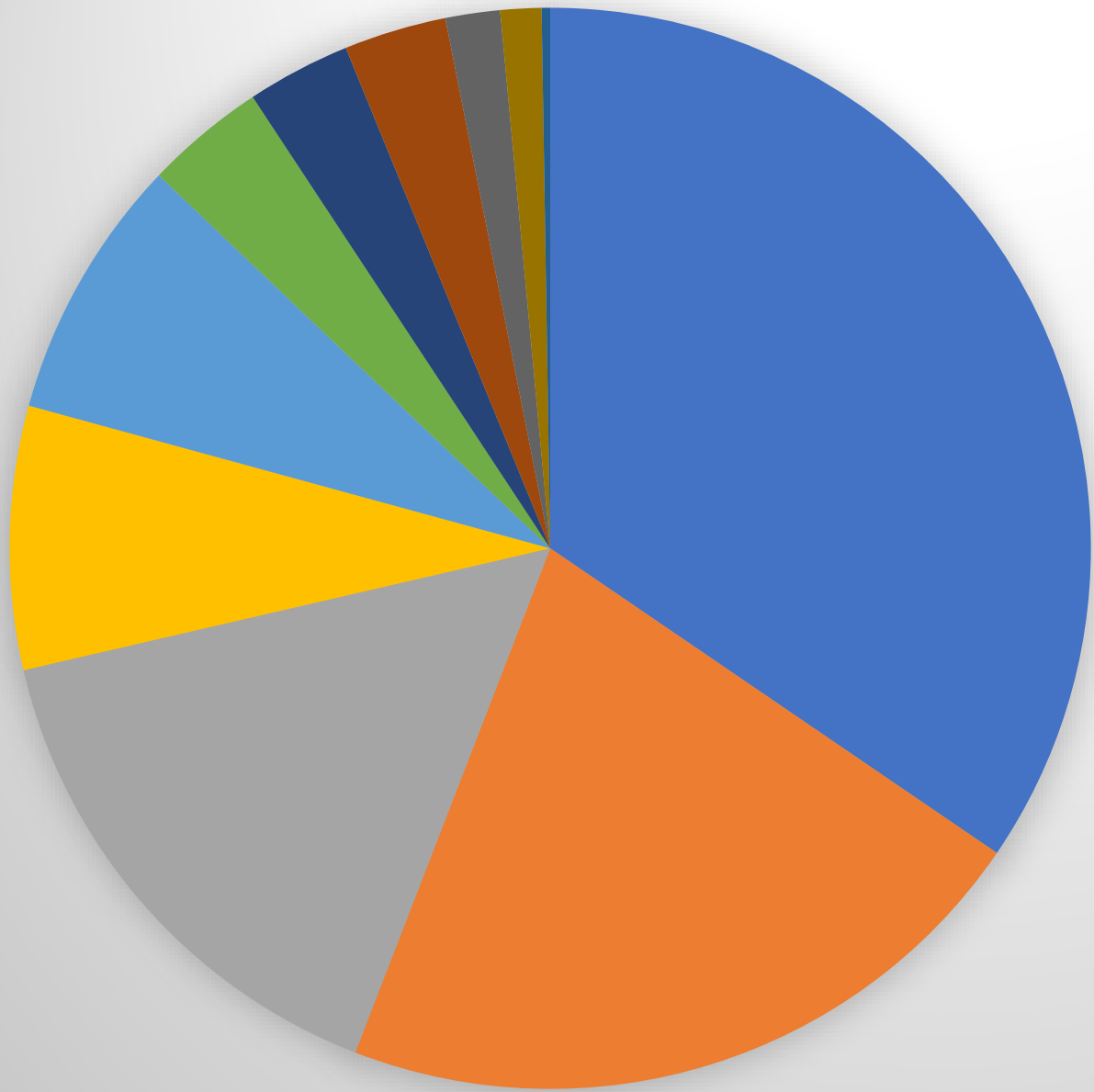
## MHTAAR

\$9,825.6

Designated grants to state agencies, requires receipt authority



# MHTAAR, FY24



- Dept. of Health (\$3,384.8)
- UAA (\$2,092.5)
- AHFC (\$1,520.0)
- Dept. of Family and Community Services (\$772.0)
- Dept. of Corrections (\$771.0)
- Dept. of Administration (\$353.4)
- Alaska Court System (\$304.4)
- Dept. of Transportation and Public Facilities (\$300.0)
- Dept. of Public Safety (\$160.0)
- Dept. of Education and Early Development (\$120.0)
- Dept. of Labor and Workforce Development (\$25.0)

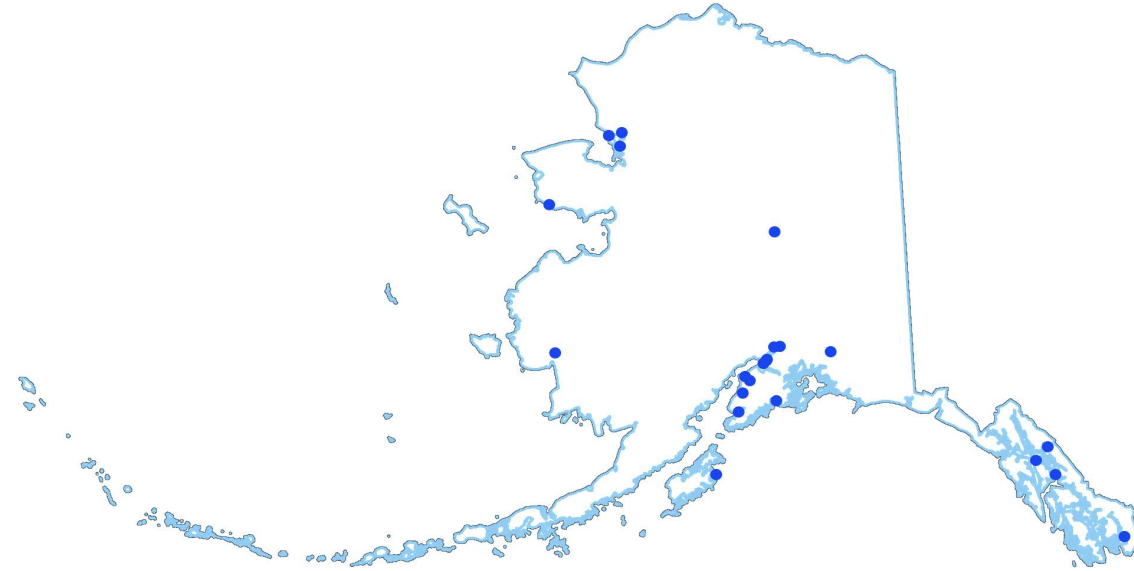
# FY 24 GF/MH Recommendations (and Associated MHTAAR)

Operating Budget Items, FY24				Governor FY24 Proposed		
Project	Trustee Approved Recommendations			MHTAAR	GF/MH	Other/AHFC Dividend
	MHTAAR	GF/MH	Other/AHFC Dividend			
GCDSE Joint Staffing (DOH)	\$ 184.5	\$ 50.0	\$ -	\$ 184.5	\$ -	\$ -
Comprehensive Program Planning Position (DOH)	\$ 75.0	\$ 75.0	\$ -	\$ 75.0	\$ -	\$ -
Beneficiary Mental Health Status Data Collection (DOH)	\$ 85.0	\$ 45.0	\$ -	\$ 85.0	\$ -	\$ -
Alaska Autism Resource Center (DEED)	\$ -	\$ 50.0	\$ -	\$ -	\$ 50.0	\$ -
Crisis Now Continuum of Care Grants (DOH/DBH)	\$ -	\$ 1,000.0	\$ -	\$ -	\$ -	\$ -
Crisis Now Continuum of Care Grants (DOH/DPH)	\$ -	\$ 500.0	\$ -	\$ -	\$ -	\$ -
Aging & Disability Resource Centers (DOH)	\$ 300.0	\$ 250.0	\$ -	\$ 300.0	\$ -	\$ -
IT Application/Telehealth Service System Improvements (DOH)	\$ -	\$ 63.0	\$ -	\$ -	\$ -	\$ -
Alaska Training Cooperative (UAA)	\$ 835.0	\$ 150.0	\$ -	\$ 835.0	\$ 100.0	\$ -
Peer Support Certification (DOH)	\$ 100.0	\$ 100.0	\$ -	\$ 100.0	\$ -	\$ -
Flex Funds for Transition Aged Foster Youth (DFCS)	\$ 100.0	\$ 150.0	\$ -	\$ 100.0	\$ 150.0	\$ -
<i>Operating total</i>	<b>\$ 1,679.5</b>	<b>\$ 2,433.0</b>	<b>\$ -</b>	<b>\$ 1,679.5</b>	<b>\$ 300.0</b>	<b>\$ -</b>
Capital Budget Items, FY24				Governor FY24 Proposed		
Project	Trustee Approved Recommendations			MHTAAR	GF/MH	Other/AHFC Dividend
	MHTAAR	GF/MH	Other/AHFC Dividend			
Deferred Maintenance (DOH)	\$ 250.0	\$ 250.0	\$ -	\$ 250.0	\$ 250.0	\$ -
Medical Appliances and Assistive Tech (DOH)	\$ -	\$ 500.0	\$ -	\$ -	\$ 500.0	\$ -
Coordinated Community Transportation (DOT&PF)	\$ 300.0	\$ 1,000.0	\$ -	\$ 300.0	\$ 1,000.0	\$ -
Special Needs Housing Grant (DOR/AHFC)	\$ 200.0	\$ 1,750.0	\$ 1,750.0	\$ -	\$ -	\$ -
Housing Assistance Program (DOR/AHFC)	\$ 950.0	\$ 2,850.0	\$ 6,350.0	\$ 950.0	\$ 850.0	\$ 6,350.0
Home Modifications (DOH)	\$ -	\$ 1,150.0	\$ -	\$ -	\$ 1,150.0	\$ -
<i>Capital total</i>	<b>\$ 1,700.0</b>	<b>\$ 7,500.0</b>	<b>\$ 8,100.0</b>	<b>\$ 1,500.0</b>	<b>\$ 3,750.0</b>	<b>\$ 6,350.0</b>
<b>TOTAL</b>	<b>\$ 3,379.5</b>	<b>\$ 9,933.0</b>	<b>\$ 8,100.0</b>	<b>\$ 3,197.5</b>	<b>\$ 4,050.0</b>	<b>\$ 6,350.0</b>

# Trust Grant Impacts

- More than 170 grants awarded in FY22

Project Category	Grants Awarded	Funds Approved
Capacity Building	62	\$5,313,360
Capital – Equipment	4	\$593,101
Capital – Construction	11	\$1,894,980
Outreach/Sponsorship	18	\$286,375
Data/Planning	18	\$1,644,375
Direct Service	44	\$7,234,475
Workforce Development/Training	15	\$1,855,700





The Trust develops its budget and engages in grantmaking, advocacy, and system improvement efforts around the following areas:

### **Established Focus Areas**

- Disability Justice
- Mental Health & Addiction Intervention
- Beneficiary Employment & Engagement
- Housing and Home & Community Based Services

### **Additional Priorities**

- Workforce Development
- Early Childhood Intervention & Prevention



# Policy/Advocacy

- Community-Based Services
  - Housing and homelessness
- Workforce Development
- Medicaid
- Transforming behavioral health crisis response



# Behavioral Health Crisis Response: Timeline

## 2018

- DHSS submits 1115 Behavioral Health Waiver application, CMS approves SUD portion of the Waiver
- DHSS begins conversations about the Crisis Now model
- Trust + ASHNHA convene stakeholders for Behavioral Health Improvement project to address psychiatric boarding in emergency departments

## 2019

- Trust + DBH launch Forensic Psychiatric Hospital Feasibility study to understand the competency to stand trial backlog within DOC
- CMS approves the Behavioral Health portion of the 1115 Waiver
- Trust + DHSS continue discussion and research on Crisis Now
- Trust contracts with RI International for a consultative assessment on community readiness for implementation, which includes convening and engagement of key stakeholders in Anchorage, Mat-Su and Fairbanks
- Trust funds an Alaska immersion site visit to Phoenix, AZ to see Crisis Now programs in action

## 2020

- Trust provides grant support for additional clinical teams and communities to see Crisis Now programs in action
- Trust convenes workgroups in Anchorage, Mat-Su and Fairbanks to deepen understanding of the framework, identify community and provider readiness for implementation and develop a theory of change
- Concept level pro forma for crisis call center, mobile crisis teams, 23-hour stabilization and short-term stabilization developed
- SB120 passes — amends Title 47 to include crisis stabilization centers as locations where individuals can be brought under a notice of emergency detention
- DHSS settlement with Disability Law Center — settlement agreement identifies implementation of the Crisis Now model as a systems improvement initiative

## 2022

- HB 172 signed into law
- 988 goes live nationwide
- Five organizations around the state exploring 23-hour and/or short-term crisis stabilization services in conjunction with Crisis Now planning efforts
- Trust funds Crisis Now community coordinator position in Ketchikan
- Trust awards funds to launch mobile crisis teams in the Mat-Su
- Early implementation and development work is supported with Trust funds in Kotzebue, Copper Basin, and Unalaska

## 2021

- Trust funds Crisis Now community coordinator positions in Fairbanks and Mat-Su to facilitate on-going implementation discussions
- Trust provides grant support to providers to further individual organization planning and implementation
- HB172/HB124 introduced at request of Governor Dunleavy
- Mobile crisis teams launched in Anchorage and Fairbanks

### *Someone to Talk to, Someone to Respond, and a Place to Go*



**Working towards an effective response for Alaskans experiencing a behavioral health crisis**

Take a look back at the key moments that helped create and shape the future of crisis care in Alaska.



# Crisis Now Implementation - At a Glance

## System Implementation

- House Bill 172 signed into law in July 2022
- 988 implemented nationwide in July 2022
- Medicaid 1115 waiver implementation ongoing
- Statewide Hospital ERs Learning Collaborative established in December 2022

### Statewide

- Crisis Now Project Management Contract
- Careline Crisis Line

### • Anchorage

- Crisis Community Coordinator
- Crisis Stabilization Planning Grants: Southcentral Foundation, Providence Alaska
- Crisis Community Collaborative

### • Juneau

- Bartlett Regional Crisis Stabilization
- Mobile Integrated Behavioral Health Response
- Crisis Community Collaborative

### • Mat-Su

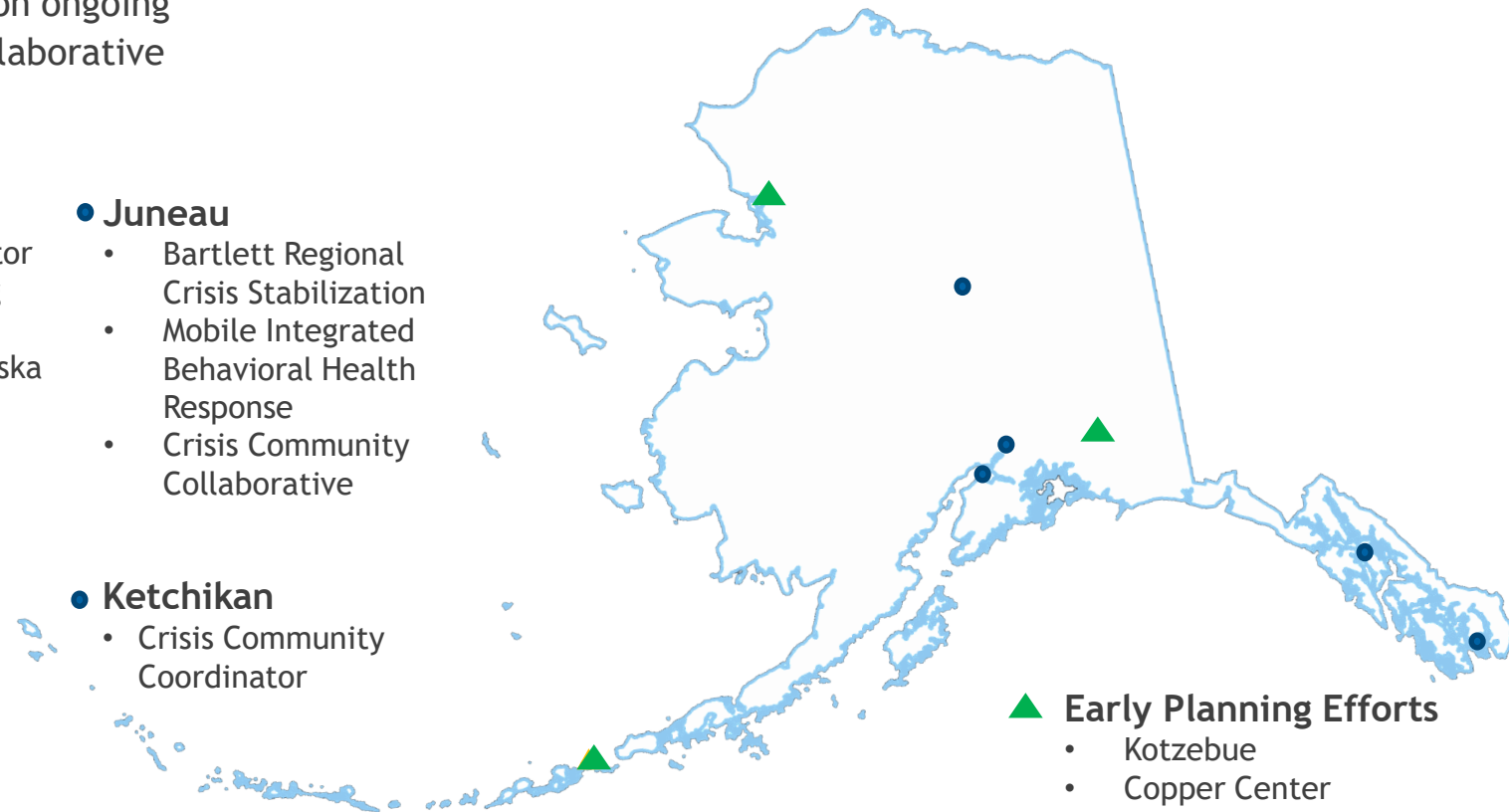
- Crisis Community Coordinator
- Mobile Crisis Response + Withdrawal Management
- Crisis Community Collaborative

### • Fairbanks

- Crisis Community Coordinator
- Mobile Crisis Response
- Crisis Community Collaborative

### • Ketchikan

- Crisis Community Coordinator



### ▲ Early Planning Efforts

- Kotzebue
- Copper Center
- Unalaska

# Trust Land Office

## Highlights

- Land sales
- Revenues from USFS Land Exchange parcels
- Icy Cape development
- Easement program

FY 23 Anticipated Trust Land Office Revenues	
Coal	\$247,000
Oil and Gas	\$827,300
Minerals	\$1,168,700
Materials	\$30,000
Timber	\$3,075,000
Lands	\$4,414,000
Real Estate	\$2,113,900
Total	\$11,875,900



# Thank You

## Questions?

# Trust

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[alaskamentalhealthtrust.org](http://alaskamentalhealthtrust.org)

