From:

Olivia Lynn

Sent: To: Wednesday, March 15, 2023 3:50 PM House Community and Regional Affairs

Subject:

HB 17

Hello, my name is Olivia Lynn, I'm from Fairbanks and I'm writing in support of House Bill 17.

Birth control is a necessity for me to be competitive in my line of work. As a single, child-less, union electrician (1547) I am expected to always be ready to work and it is always noticed when I am not performing as well as everyone else. Without birth control, once a month my performance would dive while I was managing my symptoms. With birth control I only have to deal with this every 3 months, which gives me the leverage to just schedule time off to deal with the worst of the symptoms in the comfort of my home, as well as not receive any backlash from management for my poor performance during that time.

Everyone in Alaska deserves the chance to become more competitive in their field, to make more money, and raise their standard of living. Consistent access to birth control is essential to making sure everyone has that opportunity.

This is why I ask you to pass this bill out of committee.

Thank you for hearing my story.

From: paigehalaska@everyactioncustom.com on behalf of Paige Hodson

<paigehalaska@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 4:13 PM
To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

Most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

This is a common sense measure to reduce unintended pregnancies.

Sincerely,

Ms. Paige Hodson

From: jen.miller907@everyactioncustom.com on behalf of Jennifer Redmond < jen.miller907

@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 5:13 PM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

Personally, I take birth control for a medical condition that made it difficult to function in daily life before birth control. It's not just for pregnancy. It decreases risks of cancer and even cures chronic illnesses. Having restricted access is extremely stressful. When I have to wait until the next three months is prescribed it's worrisome that it might be delayed and I'll go back to that way of being in so much pain. There is no valid reason to make restrictions on a medication that is not addictive, not harmful, and heals and protects us. It has given me my life back and so many others.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mrs. Jennifer Redmond

From: allegory.smith@everyactioncustom.com on behalf of Allegory Smith

<allegory.smith@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 5:13 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mx. Allegory Smith

From: hlbaldwin17@everyactioncustom.com on behalf of Harper Baldwin <hlbaldwin17

@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 5:14 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Harper Baldwin

From: beveridge.brook@everyactioncustom.com on behalf of Brook Beveridge

<beveridge.brook@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 5:34 PM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

My name is Brook Beveridge and I'm an Anchorage resident. Reproductive healthcare can be challenging to access in Alaska, especially in village communities or when working in remote areas. Unfortunately there is a lot of misinformation regarding reproductive healthcare and contrary to what some have said regarding this bill, emergency contraception and IUDs do not cause abortions because those forms of birth control prevent a pregnancy from happening. This bill would simply mandate coverage by healthcare insurers, making more options and resources available. This would prevent unintended pregnancies by helping mitigate those challenges and costs associated with that care. This is beneficial to the individual, their community and to governments. A Guttmacher Institute study shows that if there was proper family planning services, medical care, and community support to avert unintended pregnancies, federal and state governments would have saved over \$15 billion in 2010. There are also a myriad of reasons to use birth control, and I personally used birth control as part of my treatment for some endocrine system/hormonal imbalances I had as a teenager. Birth control can also help with acne and endometriosis and we should be considering those uses of the medication in this discussion as well. Everyone who needs or wants access to birth control should be allowed that. Again, I urge you to support the passing of this bill as it would so clearly benefit our community. Thank you for your time,

Sincerely, Miss Brook Beveridge

From:

tiff_ne@everyactioncustom.com on behalf of Tiffany Briggs

<tiff_ne@everyactioncustom.com>

Sent:

Wednesday, March 15, 2023 6:29 PM

To:

House Community and Regional Affairs

Subject:

Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Mrs. Tiffany Briggs

From: blanks@everyactioncustom.com on behalf of Patricia Blank

<blanks@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 7:23 PM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

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Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Ms. Patricia Blank

From: teri.robus@everyactioncustom.com on behalf of Teri Robus

<teri.robus@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 7:49 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

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Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Ms Teri Robus

From: victoriaweakland@everyactioncustom.com on behalf of Victoria Hemphill

<victoriaweakland@everyactioncustom.com>

Sent: Wednesday, March 15, 2023 9:38 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Mrs. Victoria Hemphill

From: joclynreilly@everyactioncustom.com on behalf of Joclyn Reilly

<joclynreilly@everyactioncustom.com>

Sent:

Thursday, March 16, 2023 5:38 AM

To: Subject: House Community and Regional Affairs Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Joclyn Reilly

To:

From: jessicaleehin@everyactioncustom.com on behalf of jessica hiney

<jessicaleehin@everyactioncustom.com>

Sent: Thursday, March 16, 2023 6:05 AM

House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Dr. jessica hiney

From: julienne.ak@everyactioncustom.com on behalf of Julienne Pacheco

<julienne.ak@everyactioncustom.com>

Sent: Thursday, March 16, 2023 7:42 AM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

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Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Miss Julienne Pacheco

From: andrea_croll@everyactioncustom.com on behalf of Andrea Croll

<andrea_croll@everyactioncustom.com>

Sent: Thursday, March 16, 2023 7:46 AM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

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Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mrs. Andrea Croll

From: christylynnbak@everyactioncustom.com on behalf of Christina Bak

<christylynnbak@everyactioncustom.com>

Sent: Thursday, March 16, 2023 7:49 AM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Christina Bak

massey_cassidy@everyactioncustom.com on behalf of Cassidy Massey From:

<massey_cassidy@everyactioncustom.com>

Thursday, March 16, 2023 11:11 AM Sent:

House Community and Regional Affairs To: Please vote YES on HB 17: Birth Control

Subject:

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mrs. Cassidy Massey

From: kljensen64@everyactioncustom.com on behalf of Karen Jensen <kljensen64

@everyactioncustom.com>

Sent: Thursday, March 16, 2023 1:03 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

Please support birth control access in Alaska by voting YES on HB 17. Birth control is safe, effective, and there is no health care reason to restrict prescriptions to less than a year. Let women and their physicians decide what is best for them. Legislators need to vote yes for this bill without amendment, and get out of the way of women and decisions regarding their autonomy and their health.

Sincerely, Ms Karen Jensen

From: mesheppard408@everyactioncustom.com on behalf of Max Lyrata <mesheppard408

@everyactioncustom.com>

Sent: Thursday, March 16, 2023 6:51 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mx. Max Lyrata

From: molaofe1024@everyactioncustom.com on behalf of Morolayo Waller <molaofe1024

@everyactioncustom.com>

Sent: Thursday, March 16, 2023 9:56 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Mrs. Morolayo Waller

From: jlchapman.ot@everyactioncustom.com on behalf of Jessica Chapman

<jlchapman.ot@everyactioncustom.com>

Sent: Thursday, March 16, 2023 10:53 PM **To:** House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Jessica Chapman

From: eliananicolai@everyactioncustom.com on behalf of Eliana kayoukluk

<eliananicolai@everyactioncustom.com>

Sent: Friday, March 17, 2023 10:23 AM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

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Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Mrs. Eliana kayoukluk

From: shanah.stone@everyactioncustom.com on behalf of Shoshanah Stone

<shanah.stone@everyactioncustom.com>

Sent: Friday, March 17, 2023 10:30 AM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Ms Shoshanah Stone

From: melinkolli@everyactioncustom.com on behalf of Meli Syphus

<melinkolli@everyactioncustom.com>

Sent: Friday, March 17, 2023 3:31 PM

To: House Community and Regional Affairs **Subject:** Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mx. Meli Syphus

From: courtneymoore907@everyactioncustom.com on behalf of Courtney Moore

<courtneymoore907@everyactioncustom.com>

Sent: Friday, March 17, 2023 4:57 PM

To: House Community and Regional Affairs **Subject:** Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

I am whole heartedly in support of HB17 with the recent letter our AG wrote to Walgreens in violation of our state constitution. Access to birth control and abortion are protected in our state constitution and should only further be protected for Alaskans in light of recent events.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Courtney Moore

From: yetna2@everyactioncustom.com on behalf of Mary Calmes <yetna2

@everyactioncustom.com>

Sent: Friday, March 17, 2023 6:11 PM

To: House Community and Regional Affairs
Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

Birth control is private health issue and as such should not in any way be politicized. Why would you not want to improve access to birth control for all Alaskans? Seeking birth control is a clear indication of individuals taking responsibility for their actions. It should be encouraged and no roadblocks from government should be put in the way of individuals taking responsibility for their actions

Sincerely,

Ms. Mary Calmes

From:

Constance Miles

Sent:

Friday, March 17, 2023 6:21 PM

To:

House Community and Regional Affairs

Subject:

HB 17 - Improving Birth Control Access for all Alaskan's

Good evening,

My name is Constance Miles and I live in the Juneau area. I am urging this commttee to pass HB 17 increasing coverage of birth control and helping prevent unintended pregnancies for Alaskan's.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time, dispensed on-site if available. This would remove barriers to consistent use and help people avoid unintended pregnancies.

- With perfect use, hormonal birth control has a failure rate of less than 5%, but for people who lack access to transportation, move frequently, or struggle to balance work and family, monthly trips to the pharmacy make perfect use challenging, especially for people in Alaska with lower incomes or who live in rural communities.
- 1 in 4 women have missed pills because they could not get the next pack in time.
- A year's supply of birth control reduces the odds of experiencing an unintended pregnancy by 30% and reduces the need for abortion care by 46%.
- 22 states and the District of Columbia have already enacted policies increasing the quantity of contraceptives covered at one time.
- There are many different kinds of birth control, and no one method will work for every person. Patients and their providers not insurance carriers should determine what method is best.
- Leading medical authorities, including the American College of Obstetricians and Gynecologists (ACOG), agree on the benefits of comprehensive birth control access and recommend that patients have access to the full range of FDA-approved contraceptives.
- This bill will make it easier for people living in Alaska to have consistent access to necessary medications when working in remote areas like the Slope or our national and state parks, fishing out on our oceans, maintaining roads and critical infrastructure, conducting world class research out in the field, and fighting fires across the state.

Access to comprehensive family planning doesn't just create healthier communities; it also creates cost savings for families, the state, and insurance companies. Expanding birth control access decreases unintended pregnancies and associated costs, saving money in the long run.

Thank-you for yuor time, Constance Miles

From: tcallen@everyactioncustom.com on behalf of Thomas Allen

<tcallen@everyactioncustom.com>

Sent: Friday, March 17, 2023 7:16 PM

To: House Community and Regional Affairs **Subject:** Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Mr Thomas Allen

From: saralynnk95@everyactioncustom.com on behalf of Sara Karl <saralynnk95

@everyactioncustom.com>

Sent: Saturday, March 18, 2023 6:44 AM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely, Ms. Sara Karl

From:

Kalee Meurlott

Sent:

Saturday, March 18, 2023 8:26 AM

To:

House Community and Regional Affairs

Subject:

HB17 testimony

Hello,

I'm emailing in support of HB17. Kalee Meurlott

I have two children and cannot have any more for medical reasons. I often run out of my birth control unexpectedly and have to rush to see a doctor for a prescription refill. It's burdensome. Having a years supply is convenient and healthy as it would prevent interruptions with my cycle.

Thanks for listening.

From: bbigelow09@everyactioncustom.com on behalf of Brooke Bigelow

bbigelow09

@everyactioncustom.com>

Sent: Saturday, March 18, 2023 5:11 PM

To: House Community and Regional Affairs

Subject: Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerely,

Ms. Brooke Bigelow

From:

Christy McMurren

Sent:

Sunday, March 19, 2023 3:40 PM

To:

House Community and Regional Affairs

Subject:

HB 17

I'm writing in support of HB 17. If we are a "pro-life" state then it goes without saying that easy access to birth control is a must. This bill should have unanimous approval. Expanding birth control access decreases unintended pregnancies and costs associated with that.

I urge you to support this bill

Christy McMurren Anchorage

From: snorkel_ak@everyactioncustom.com on behalf of Jason Avery

<snorkel_ak@everyactioncustom.com>

Sent:

Monday, March 20, 2023 9:15 AM

To: Subject: House Community and Regional Affairs Please vote YES on HB 17: Birth Control

Dear Alaska House Community & Regional Affairs Committee,

I am writing to encourage you to support HB 17, the bill to improve access to birth control for all Alaskans.

All Alaskans deserve affordable and accessible birth control that works for us, regardless of our income, insurance carrier, or life circumstances. Consistent access to birth control gives people the ability to control when and if they have children, giving them more career and education opportunities, encouraging healthier pregnancies, and saving money. That's why 83% of voters in Alaska believe everyone who wants or needs birth control should have it.

Today, most birth control users are forced to refill their birth control every month, which is a burden for many people in Alaska and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time.

Please support birth control access in Alaska by voting YES on HB 17.

Sincerley Jason Avery

Fairbanks Alaska 99709

Sincerely,

Mr. Jason Avery