

From: [REDACTED] on behalf of [Julia Hicker](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Friday, March 08, 2024 7:02:26 AM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

My name is Julia from Fairbanks and I am writing to ask you to pass HB 17/SB 27. Aside from seeing no downsides to people being able to access 12 months of birth control, especially in Alaska where we do not all have reasonable access to a pharmacy, there are so many benefits. When I made decisions about birth control, the amount I could access at a specific time most certainly impacted my decision. As a college student, I only had access to birth control during the school year and, during the summer in the bush, I did not. My understanding is that switching on and off of birth control is not healthy and certainly doesn't offer protection from unwanted pregnancy so that severely narrowed my choices. If I had access to a whole year at a time, I would have had more options and could have found one that suited me better. Or when I studied abroad, I needed a whole year's worth or I would have had to navigate a foreign medical system in a foreign language to get what I needed. If I would have been able to access a year's worth of birth control, at any time, regardless of where I lived, I would have had more choices than the only one I had, which I had to stop using as it caused my great pain and mental anguish. Please pass HB 17/SB 27 and give us choices so we can pick the best option for ourselves and our health.

Thank you!

Sincerely,
Julia Hicker

[REDACTED] Fairbanks, AK 99709-6638

From: [REDACTED] on behalf of [Anna Hutchinson](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Friday, March 08, 2024 12:00:16 PM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. And for those of us who have chronic mental and/or physical health conditions, making arrangements to request a timely refill and then picking up that refill from the pharmacy without delay can be challenging.

All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,
Anna Hutchinson

[REDACTED] Anchorage, AK 99507-1690

From: [REDACTED] on behalf of [Jack Maeve](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Thursday, March 07, 2024 7:01:57 PM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,

Jack Maeve

[REDACTED] Fairbanks, AK 99701-3632

From: [REDACTED] on behalf of [Heidi Heimerl](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Saturday, March 09, 2024 7:03:50 AM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,
Heidi Heimerl

[REDACTED] Anchorage, AK 99502-4271
[REDACTED]

From: [REDACTED] on behalf of [Paige Hodson](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Saturday, March 09, 2024 9:37:19 PM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month. This is a burden for many people and increases the odds of an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,

Paige Hodson

[REDACTED] Anchorage, AK 99515-2752

From: [REDACTED] on behalf of [Samantha Craig](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Monday, March 11, 2024 8:34:11 AM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,
Samantha Craig

[REDACTED] Anchorage, AK 99503-7705

From: [REDACTED] on behalf of [Rebecca Siegel](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Sunday, March 10, 2024 5:14:32 PM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

I am a female-bodied Alaskan. For many years, I have dealt with intense period cramps, often accompanied by nausea. During one menstrual cycle when I was 18, I was vomiting so uncontrollably that I was taken to the emergency room. After this episode, I was prescribed an oral contraceptive to manage my intense cramps. This medication transformed debilitating symptoms into a painful, but manageable, annoyance.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them. At times I have lived far from a pharmacy, such as the 5 years I lived in Brevig Mission. At times in Brevig, inclement weather would prevent the plane carrying my medication from reaching the village. This was an incredibly stressful situation. Accessing a year's supply at a time would enable me to know that I would have the medication I depend on, regardless of the weather

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,

Rebecca Siegel

[REDACTED] Fairbanks, AK 99709-4201
[REDACTED]

From: [REDACTED] on behalf of [Heather Tisland](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Friday, March 08, 2024 12:34:20 AM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. Not to mention, the need for hormonal birth control for painful and debilitating conditions like endometriosis or PMDD. This is especially an issue for women living in the bush, or women who can't afford to see their doctors often for prescription renewals, like those with no or poor insurance with high deductibles. I've known too many people who struggled with these issues, and the fallout from them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17, and lighten this unnecessary burden.

Sincerely,

Heather Tisland

[REDACTED] North Pole, AK 99705-5154
[REDACTED]

From: [REDACTED] on behalf of [Wendy Reed](#)
To: [Senate Health and Social Services](#)
Subject: Please pass SB 27/HB 17: Birth Control Access
Date: Friday, March 08, 2024 7:35:56 AM

Dear Alaska Senate Health and Social Services Committee,

I am writing to encourage you to pass SB 27/HB 17, the bill to improve access to birth control for all Alaskans.

Right now, many birth control users in Alaska are forced to travel to a pharmacy to refill their birth control every month, which is a burden for many people and increases the odds of experiencing an unintended pregnancy. All people should have access to a year's supply of birth control at a time if the patient and doctor believe that's right for them.

Please support birth control access in Alaska by voting YES on SB 27/HB 17.

Sincerely,
Wendy Reed

[REDACTED] Anchorage, AK 99502-3165