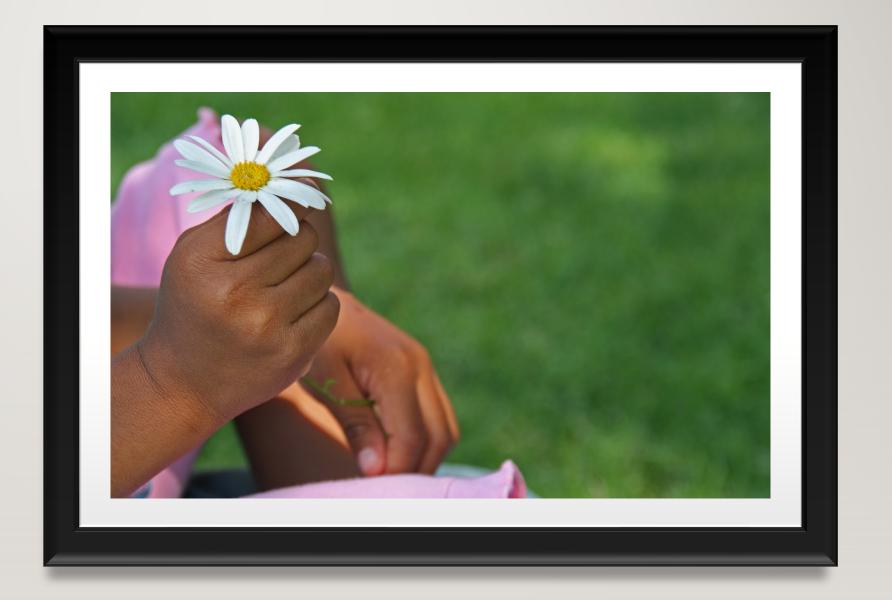
BEHAVIORAL HEALTH SYSTEMS OF CARE

A PARENT'S PERSPECTIVE

OUR STORY



WHAT IS A "SYSTEM OF CARE?"

- Term "system of care" was first used by Stroul and Friedman in 1986
- Core values of a System of Care
 - Family-driven and youth-guided
 - Community-based
 - Culturally and linguistically competent
- Guiding principles for a System of Care
 - broad-base of services, individualized, least restrictive, family/youth engagement, cross-system collaboration, care management, developmentally appropriate, transition-age supports, prevention, continuous quality improvement, protects individual rights, non-discriminatory

SYSTEM OF CARE IMPLEMENTATION

Challenges:

- Unequal implementation across states
- Limited access to community-based services in certain populations
 - children with a higher-level of need
 - families in rural communities

Result:

 Investigations and lawsuits across the country related to a lack of community-based services and continued reliance on residential treatment

ALASKA'S STRENGTHS

- Medicaid waivers
- Relationships with tribal partners and other stakeholders
- State-level legislation
 - crisis intervention
 - telehealth opportunities

LESSONS FROM OTHER STATES

- Parents and youth should be equal partners, at the treatment level and at the system level.
- Medicaid is a funding source, not a system design.
- Person-centered data tells stories and transforms systems.

THANK YOU!

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