



# Healthy Alaskans 2030 Priority Health Topics and Health Objectives

## Chronic Disease

1. Reduce the cancer mortality rate per 100,000 population

**Partners:** American Cancer Society Cancer Action Network, National Breast & Cervical Cancer Early Detection Program grantees, National Comprehensive Cancer Control Program grantees, National Colorectal Cancer Control program grantees, ANTHC Div. of Community Health Services, Dept of Wellness & Prevention Cancer programs, UAF Center for Alaska Native Health Research, Alaska Regional Hospital Cancer Center, Providence Health Cancer Center, Fairbanks Memorial Hospital Cancer Center, SOA Dept of Health Division of Public Health Section of Chronic Disease Prevention Health Promotion Comprehensive Cancer Control Program, Alaska Primary Care Association, Community based cancer support organizations.

## Environmental Health

2. Increase the percentage of rural community housing units with water and sewer services

**Partners:** ANTHC DEHE, Alaska Dept of Environmental Conservation Division of Water, Tribal Health Organizations, Indian Health Service, USDA Rural Development, Environmental Protection Agency, YKHC Office of Environmental Health and Engineering, Rural communities, Alaska Native Health Board, DOWL Alaska, UAA, Summit Consulting Services, US Arctic Research Commission, ANTHC Epi Center, ANTHC Clinical Research Services, Tribal Utility Services, Alaska Rural Utility Collaborative, Alaska Department of Commerce, Community and Economic Development, Alaska Rural Water Association, Remote Maintenance Workers Program.

3. Increase the percentage of the Alaskan population served by community water systems with optimally fluoridated water

**Partners:** State of Alaska, Division of Public Health, Section of Women's, Children's, and Family Health-Oral Health Program, ANTHC Division of Environmental Health and Engineering (DEHE), Tribal Health Organization Environmental Health Offices/ Water Labs, Alaska Department of Environmental Conservation, Division of Environmental Health, Drinking Water Program, Water operators and local utilities, Alaska Dental Action Coalition, Tribal Health Org Dental departments, State of Alaska Division of Public Health Section of Public Health Nursing, CDC Arctic Investigations program, Alaska Public Health Association, Alaska Dental Society, Alaska Dental Hygienist association, Alaska Rural Utility Supply Center, ADEC Remote Maintenance Worker Program, State of Alaska Division of Public Health Section of Chronic Disease Prevention Health Promotion, Alaska Division of Water, Village Safe Water Program

## Healthcare Access

4. Increase the proportion of women who receive prenatal care beginning in the first trimester

**Partners:** State of Alaska Division of Public Assistance WIC, Anchorage Project Access, Medicaid, American College of Obstetricians and Gynecologists, State of Alaska Division of Public Health Section of Women's, Children's and Family Health, AK Children's Trust, Providence Nurse Family Partnership, AK perinatal Quality Collaborative, State of Alaska Division of Public Health Section of Health Analytics and Vital Records, Alaska Community Health Aide Program, State of Alaska Division of Behavioral Health, State of Alaska Division of Public Health Office of Substance Misuse and Addiction Prevention, NEST program with Alaska Regional Hospital, MatSu Opioid Task Force, AKPQC/Substance exposed Newborns Initiative, State of Alaska Division of Public Assistance, Medicaid.

5. Reduce the percentage of adults (aged 18 years and older) reporting that they could not afford to see a doctor in the last 12 months

**Partners:** State of Alaska Division of Insurance, State of Alaska Division of Retirement and Benefits, State of Alaska Department of Health Commissioners office, AK Healthcare Transformation Project partners, Envoy Integrated Health and Providence Alaska Medical Center, State of Alaska Division of Public Health Section of Rural Community Health Systems, Alaska Division of Public Health Section of Public Health Nursing, Anchorage Project Access, Indian Health Service, SHARP Advisory Council, AHEC, UAA, APU.

6. Reduce the rate of preventable hospitalizations per 1,000 adults (hospitalizations that could have been prevented with high quality primary and preventive care) based on the Agency for Healthcare Research and Quality (AHRQ) definition

**Partners:** Alaska Division of Public Health Section of Chronic Disease Prevention Health Promotion, ANTHC Diabetes program, ASHNHA, HIE, ANTHC Epicenter WSH Grant program, Alaska Division of Public Health Section of public health nursing, AK Primary Care Association, Alaska Division of Behavioral Health, Alaska Division of Public Health Section of Rural Community Health Systems, Providence Family Health, NW Geriatrics Workforce Enhancement Center, UAA Healthy Aging Research Lab, ACOA, AARP, Alaska Division of Senior and Disabilities Services, Aging Disability Resource Centers, Alaska Care Coordination Network, National Family Caregiver support program.

7. Increase the percentage of 3-year-olds who have had a well-child checkup in the last 12 months

**Partners:** [State of Alaska, Division of Public Health, Section of Public Health Nursing](#)

- [State of Alaska, Division of Public Assistance, Women, Infants, and Children program](#)
- [American Academy of Pediatrics \(AAP\) Alaska Chapter](#)
- [Alaska Native Tribal Health Consortium, Community Health Aide/Practitioners \(CHAP/S\)](#)
- Alaska Children's Trust
- All Alaska Pediatric Partnership
- Children's Health Insurance Program
- School Districts
- [University of Alaska Anchorage- Center for Human Development](#)
- [Head Start](#)
- Tribal Health Organizations
- Medicaid
- Alaska Division of Senior and Disabilities Services Infant Learning Program
- UAA Center for Human Development
- State of Alaska Division of Health Care Services

8. Reduce the percentage of the population without health insurance

**Partners:** • [State of Alaska, Division of Public Assistance](#)

- Alaska Children's Trust
- Anchorage Project Access
- [State of Alaska, Department of Commerce, Community, and Economic Development, Division of Insurance](#)
- Alaska DPH Section of RCHS
- AK Primary Care Association
- AK Healthcare Transformation Project
- State of Alaska Division of Insurance
- State of Alaska Division of Retirement and Benefits

#### Healthy Weight

9. Increase the percentage of children (students in grades K-8) who meet criteria for healthy weight

**Partners:** • [State of Alaska, Division of Public Health, Section of Women's, Children's and Family Health, Perinatal Health Unit](#)

- [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion, Physical Activity and Nutrition Program](#)
- Alaska Breastfeeding Initiative (CDPHP and WCFH)
- Tribal Maternal Health Services
- Nurse Family Partnership
- ANTHC
- AK School Activities Association
- UAA

#### Infectious Disease

10. Increase the vaccination coverage level of 4 doses of diphtheria-tetanus-acellular pertussis (DTaP) vaccine among

children by age 2 years

**Partners:** • [State of Alaska, Division of Public Health, Section of Epidemiology](#)

- [State of Alaska, Department of Health and Social Services, Public Information Office](#)
  - Providers who receive state-supplied vaccine
  - Tribal health Organizations
  - [State of Alaska, Division of Public Health, Section of Public Health Nursing](#)
  - Tribal health organizations
    - [Anchorage Health Department](#)
11. Reduce the incidence rate of gonorrhea per 100,000 population

**Partners:** • [State of Alaska, Division of Public Health, Section of Epidemiology](#)

- [State of Alaska, Division of Public Health, Section of Public Health Nursing](#)
- Military Health Coordinator at Alaska Bases
- [ANTHC HIV/STD Prevention Program](#)
- [UAA Student Health and Counseling Center](#)
- [State of Alaska, Division of Public Health, Laboratories](#)
- Southcentral Foundation
- Anchorage Health Dept
- [Planned Parenthood of the Great Northwest and Hawaii](#)
- Alaska Division of Public Health Section of Women's, Children's Family Health
- AK Pediatric Partnership
- ALPHA
- AK Association of School Boards Initiative for Community Engagement

#### Injury Prevention

12. Reduce the unintentional injury mortality rate per 100,000 population

**Partners:** ANTHC, Alaska Division of Senior and Disabilities Services, UAA Center for Human Development, OSMAP, SOA Dept of Commerce, Community and Economic Dev, 4A's, ASVIP, SOA DPH Section of CDPHP, Center for Safe Alaskans, Alaska Traffic Records Coordinating Committee, UAF, US Coast Guard, SOA DNR Division of Parks and Outdoor Rec.

#### Mental Health

13. Reduce the percentage of adolescents (high school students in grades 9-12) who felt so sad or hopeless every day for 2 weeks or more in a row that they stopped doing some usual activities during the past 12 months

**Partners:** • [Center for Safe Alaskans](#)

- [State of Alaska Department of Health and Social Services Division of Public Health, Section of Chronic Disease Prevention and Health Promotion & Office of Substance Misuse & Addiction Prevention](#)
- [Alaska Native Tribal Health Consortium](#)

- [State of Alaska Department of Health and Social Services Division of Behavioral Health](#)
- [Alaska Mental Health Trust Authority](#)
- [Alaska Suicide Prevention Council](#)
- [Alaska Mental Health Board](#)

- Division of Vocational Rehab
- Office of Children's Services
- **Statewide and regional non-profits and Tribal organizations**
- **Partnership with the Alaska Association of School Board and the Department of Education and Early Development**

14. Reduce the mean number of days in the past 30 days adults (aged 18 years and older) report being mentally unhealthy

**Partners:** • [State of Alaska, Department of Health Division of Behavioral Health](#)

• [State of Alaska, Department of Health Division of Public Health](#)

• [Alaska Mental Health Trust Authority](#)

• [Alaska Native Tribal Health Consortium](#)

• [Southcentral Foundation](#)

• [State of Alaska Department of Health and Social Services Division of Behavioral Health](#)

• [State of Alaska Department of Health and Social Services Division of Public Health, Office of Substance Misuse and Addiction Prevention](#)

• Emergency Departments at statewide hospitals

• [Alaska Mental Health Trust Authority](#)

• [Alaska State Hospital and Nursing Home Association](#)

• [Alaska Behavioral Health Association](#)

• [Alaska Training Cooperative](#)

• All Alaska Pediatric Partnership

• American Academy of Pediatrics

Association of Alaska Schoolboards

• Statewide Suicide Prevention Council

## **Nutrition**

15. Reduce the percentage of 3-year-olds who drink any sugary drinks on a given day

**Partners:** • [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion, Physical Activity and Nutrition Program](#)

• [Alaska Native Tribal Health Consortium](#)

• ANTHC DEHE

• Child Care Resource and Referral Network

• Bristol Bay Native Association

• Department of Education and Early Development

Increase the percentage of adolescents (high school students in grades 9-12) who meet the Physical Activity Guidelines for Americans (2008 US DHHS Physical Activity Guidelines: adolescents who do at least 60 minutes of physical activity a day, every day of the week)

## **Physical Activity**

16. Increase the percentage of adolescents (high school students in grades 9-12) with 3 or more adults (besides their parent(s)) who they feel comfortable seeking help from

**Partners:** • [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion, Physical Activity and Nutrition Program](#)

• [Alaska Native Tribal Health Consortium](#)

• SHAPE Alaska

• Alaska School Activities Association

• [State of Alaska, Department of Education and Early Development](#)

• [State of Alaska Department of Health and Social Services, Division of Senior & Disabilities Service \(DSDS\)](#)

• [UAA](#)

• ANTHC Youth and Elders programs

• SOA Injury Prevention

• ANTHC Injury Prevention

## **Protective Factors**

17. Increase the percentage of adolescents (high school students in grades 9-12) who feel like they matter to people in their community

**Partners:** • [Association of Alaska School Boards \(AASB\)](#)

• [State of Alaska, Department of Education and Early Development](#)

• [Alaska Staff Development Network \(ASDN\)](#)

• [Alaska Children's Trust, Alaska Afterschool Network](#)

• [State of Alaska, Department of Education and Early Development](#)

• [Association of Alaska School Boards, Initiative for Community Engagement \(ICE\)](#)

• [Center for Safe Alaskans, Anchorage Youth Development Coalition \(AYDC\)](#)

• [State of Alaska, Division of Public Health, Office of Substance Misuse and Addiction Prevention](#)

• [RurAL CAP, Resource Basket](#)

• [Alaska Afterschool Network](#)

• Suicide Prevention Council

## Social Determinants of Health

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18. Increase the percent of high school students who graduate within 4 years of starting 9th grade

**Partners:** • [Association of Alaska School Boards](#)  
• [State of Alaska, Department of Education and Early Development](#)

• [Alaska Staff Development Network \(ASDN\)](#)  
• [Association of Alaska School Boards, Initiative for Community Engagement \(ICE\)](#)  
• [Alaska Children's Trust, Alaska Afterschool Network](#)

• [Center for Safe Alaskans, Anchorage Youth Development Coalition \(AYDC\)](#)

• [State of Alaska, Division of Public Health, Office of Substance Misuse and Addiction Prevention](#)  
• [State of Alaska, Division of Behavioral Health](#)  
• [State of Alaska, Division of Public Health, Section of Women's, Children's, and Family Health](#)

20. Reduce the percentage of rental occupied households that exceed 50 percent of household income dedicated to housing

**Partners:** • [State of Alaska, Dept. of Education and Early Development \(DEED\), Teaching and Learning Support](#)

• [Association of Alaska School Boards](#)  
• [Alaska Children's Trust](#)  
• [Alaska Mental Health Trust Authority](#)  
• [Volunteers of America](#)  
• [Providence St. Joseph Health – Alaska Region](#)  
• [Alaska Dept. of Public Safety \(DPS\), Council on Domestic Violence and Sexual Assault](#),  
• [Alaska Department of Health and Social Services, Division of Behavioral Health](#)  
• [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion \(CDPHP\)](#)

21. Increase the percentage of residents (all ages) living above the federal poverty level (as defined for AK)

**Partners:** • [thread](#)  
• [Child Care Program Office](#)  
• [SEED Steering Committee](#)  
• [Learn & Grow](#)  
• [Governor's Council on Disabilities and Special Education](#)  
• [Alaska Mental Health Trust Authority](#)  
• [State of Alaska, Division of Vocational Rehabilitation](#)

## Substance Misuse

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22. Reduce the alcohol-induced mortality rate per 100,000

**Partners:** • [Recover Alaska](#)  
• [Alaska Mental Health Trust Authority](#)  
• [Mat-Su Health Foundation](#)  
• [Alcoholic Beverage Control Board](#)  
• [Advisory Board on Alcoholism and Drug Abuse \(ABADA\)](#)

• [Marijuana and Alcohol Control Board](#)

• [Alaska Alcohol Misuse Prevention Alliance \(AAMPA\)](#)  
• [Community and local Stakeholders](#)  
• [Alaska Training Cooperative](#)  
• [University of Alaska Anchorage](#)  
• [Alaska Native Tribal Health Consortium](#)

23. Reduce the drug-induced mortality rate per 100,000

**Partners:** • [State of Alaska, Division of Public Health, Office of Substance Misuse and Addiction Prevention](#)  
• [State of Alaska, Department of Public Safety](#)  
• [Alaska Mental Health Trust Authority](#)  
• [Advisory Board on Alcoholism and Drug Abuse \(ABADA\)](#)

• [Marijuana and Alcohol Control Board](#)  
• [Alaska Pharmacists Association](#)  
• [Alaska Native Tribal Health Consortium](#)  
• [State of Alaska, Division of Behavioral Health](#)

• [Recover Alaska](#)

• [HCV Elimination Committee of Hepatitis Advisory Work Group \(HAWG\)](#)

• [State of Alaska, Department of Corrections \(DOC\)](#)

24. Reduce the percentage of adults needing but not receiving substance use disorder treatment

**Partners:** • [State of Alaska, Department of Public Safety](#)

• [Alaska Mental Health Trust Authority](#)

• [Alaska Native Tribal Health Consortium, Liver Disease and Hepatitis Program](#)

• [Advisory Board on Alcoholism and Drug Abuse \(ABADA\)](#)

• [Marijuana and Alcohol Control Board](#)

• [Recover Alaska](#)

• [Alaska Alcohol Misuse Prevention Alliance \(AAMPA\)](#)  
• [OSMAP](#)

## Suicide Prevention

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25. Reduce the suicide mortality rate per 100,000 population

**Partners:** • [State of Alaska Department of Health and Social Services, Division of Behavioral Health](#)  
• [State of Alaska Department of Education and Early Development](#)  
• [Alaska Training Cooperative, Statewide Suicide Prevention Council](#)

• [Alaska Native Tribal Health Consortium](#)

• [Statewide Suicide Prevention Council](#)

• [Alaska Mental Health Trust Authority](#)

• [Department of Education and Early Development](#)

Division of Public Health

## Tobacco Use

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26. Reduce the percentage of adolescents (high school students in grades 9-12) who have used electronic vapor products, cigarettes, smokeless tobacco, or other tobacco products in the last 30 days

**Partners:** • [American Lung Association, Alaska](#)

• [American Cancer Society, Alaska](#)

• [American Heart Association](#)

• [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion](#)

### Tobacco Prevention & Control Program

- [State of Alaska, Division of Behavioral Health, Tobacco Enforcement Unit](#)

#### Alaska Native Tribal Health Consortium

27. Reduce the percentage of adults (aged 18 and older) who currently smoke cigarettes or use electronic vapor products, smokeless tobacco, or other tobacco products

- Partners: • [American Lung Association, Alaska](#)
- [American Cancer Society, Alaska](#)
  - [American Heart Association](#)
  - [State of Alaska, Division of Public Health, Section of Chronic Disease Prevention and Health Promotion, Tobacco Prevention & Control Program](#)
  - [State of Alaska, Division of Behavioral Health, Tobacco Enforcement Unit](#)

#### Alaska Native Tribal Health Consortium

### Violence Prevention

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28. Reduce the percentage of repeated substantiated child maltreatment within last 12 months

- Partners: • [State of Alaska, Office of Children's Services](#)
- [Alaska Children's Trust](#)
  - [R.O.C.K Mat-Su](#)
  - Alaska Impact Alliance
  - [State of Alaska, Division of Public Health, Section of Women's, Children's, and Family Health](#)
  - [AK Early childhood Coordinating Council](#)
  - [State of Alaska, Department of Education and Early Development](#)
  - Southcentral Foundation
  - Providence Nurse Family Partnership
  - Kid's Corps
  - Southeast Alaska Association for the Education of Young Children (AEYC)
  - RurAL CAP
  - Alaska Family Services

29. Reduce the rate of reported and attempted rape per 100,000 population

- Partners: • [State of Alaska, Division of Public Health, Section of Women's, Children's, and Family Health](#)
- [AK Network on Domestic Violence and Sexual Assault \(ANDVSA\)](#)
  - Missing and murdered indigenous persons coalition, DOJ
  - ANTHC
  - AK Native Women's Resource Center

#### **Council on Domestic Violence and Sexual Assault**

30. Reduce the percentage of adolescents (high school students in grades 9-12) who were ever hit, slammed into something, injured with an object or weapon, or physically hurt on purpose by someone they were dating or going out with during the past 12 months

- Partners: • [State of Alaska, Department of Safety,](#)

### Council on Domestic Violence and Sexual Assault

- [State of Alaska, Division of Public Health, Section of Women's, Children Family Health](#)
- [AK Network on Domestic Violence and Sexual Assault \(ANDVSA\)](#)