

Health and Personal Safety

SB 43

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Overview

1. Teen Council - Who we are
2. Major Alaska Issues
 - a. Consent and Safe Relationships
 - i. Domestic Violence and Sexual Assault Rates in Youth
 - b. STI rates amongst teenagers
3. Effects of Comprehensive Sexual Education
 - a. Comprehensive sex-ed in Washington
4. Our stories



Teen Council

- Anchorage
- 15 members
- Extensive Training
- Formal and Informal Education
- Peer Led Sex Ed



Consent and Safe Relationships

- **Alaska has the highest rate of sexual assault and rape in the nation.**
- Sexual assault of a minor in Alaska is six times the national average. The median age is 9 years old.
- **Alaska does not require sex education.**
- **Alaska does not require sex ed to teach about consent, or for any sex ed to be medically accurate.**
- 13.7% of people in Alaska have experienced some form of sexual abuse, estimated to be the highest in the country

STI Rates In Alaska

- Alaska consistently has one of the worst rates for STIs in the country
- Alaska is suffering from climbing gonorrhea rates moving to the second highest in the country
 - Alaska reported a rate of 303.7 cases per 100,000 people in 2018



1
ALASKA
1,144

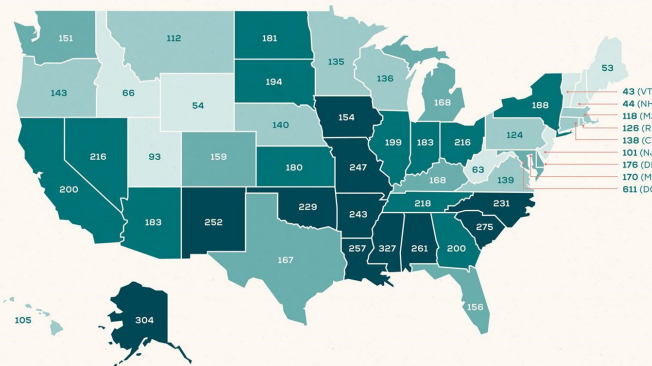
2
MISSISSIPPI
1,082

3
LOUISIANA
1,046

4
SOUTH CAROLINA
957

5
NEW MEXICO
937

GONORRHEA Rates of Reported Cases by State



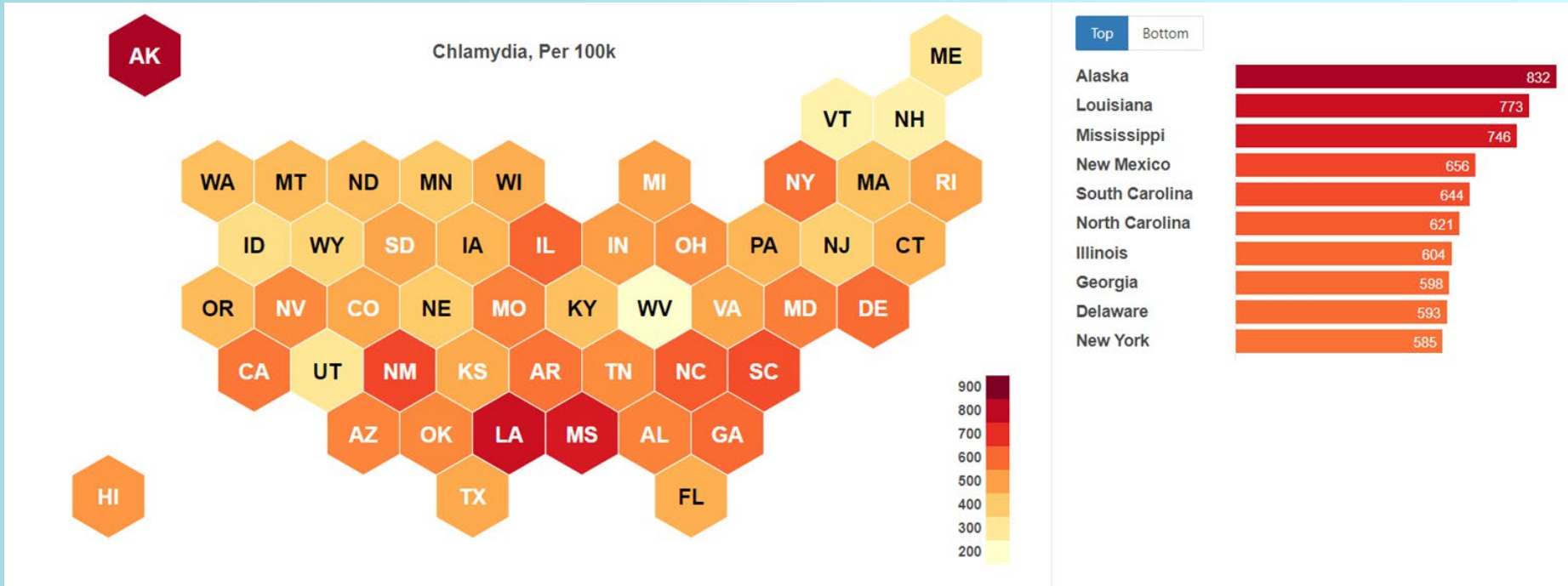
NUMBER OF CASES PER 100,000 PEOPLE



SOURCE: SEXUALLY TRANSMITTED DISEASE SURVEILLANCE 2018, CDC

STI Rates In Alaska

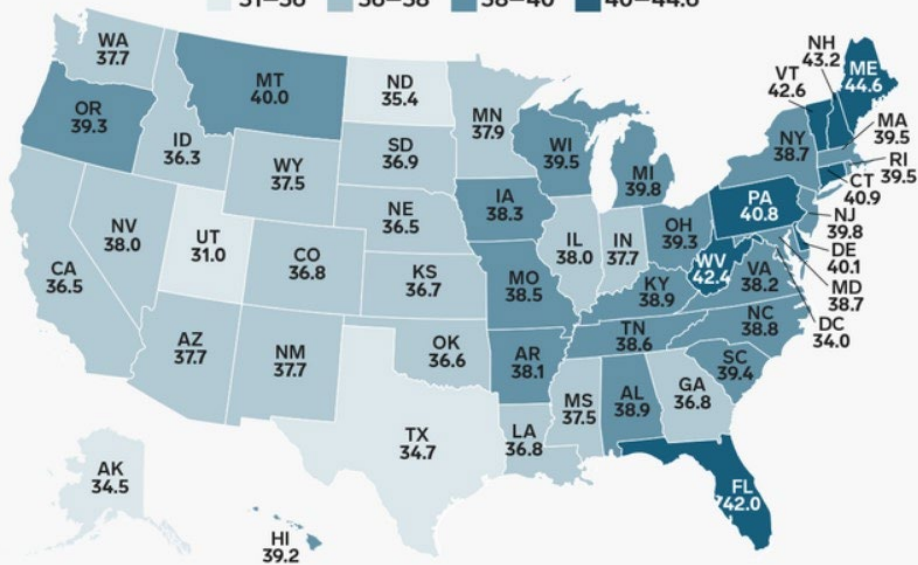
- Alaska has had the highest rate of chlamydia in the country since 2001
 - In the 2018 CDC STI survey Alaska reported a rate of 832.5 cases per 100,000 people



STI Rates in Alaska

Median age

31–36 36–38 38–40 40–44.6



- Alaska also had an increase in syphilis spread reporting a 24% increase over the 2020 total last year
 - Some of these cases were congenital meaning they were in babies born to infected mothers
 - This is especially dangerous because this can be fatal in infants
 - 89% of these cases occur in urban residents
- Alaska Public Media: one major contributor to this is the low median age in Alaska
 - “Rates of sexually transmitted infections ‘tend to be higher among teens and young adults,’” - Clinton Bennett, Alaska Department of Health spokesperson

Effects of Comprehensive Sex Education

According to the Center for Disease Control and Prevention (CDC)

- Reduces rates of sexual risk behaviors and STIs in teenagers
- Associated with delayed initiation of sex, fewer sexual partners, and more widespread use of condoms and contraceptives
- Helps teach healthy relationships and good communication skills before young people become sexually active



Thank you!

We are now going to tell our personal stories

