

# Representative Sara Rasmussen

*Alaska State Legislature District 22*

Toll Free: (866) 465-3892

SESSION ADDRESS:  
Alaska State Capitol  
Juneau, AK 99801  
Phone: (907) 465-3892



Rep.Sara.Rasmussen@akleg.gov

INTERIM ADDRESS:  
1500 W. Benson Blvd  
Anchorage, AK 99503  
Phone: (907) 269-0234

## **CS House Bill 176 (L&C)**

### **Sponsor Statement**

*“An Act relating to insurance; relating to direct health care agreements; and relating to unfair trade practices.”*

House Bill 176 establishes direct health care agreements for medical providers to provide Direct Health Care to patients.

Direct Health Care is a membership based alternative payment model in which patients, employers, or health plans pay health care providers in a flat, simple annual fee directly in exchange for access to a broad range of healthcare services. There are over 1,400 DPC practices in 48 states, providing access to great care to over 300,000 American patients.

DHC is designed to remove the financial barriers patients encounter in accessing routine primary care, including preventive, wellness, and chronic care services. With a DHC plan, the primary doctor doesn't have to fill out timely insurance paperwork, leaving more time to spend with patients. The patient typically gets same day access and next day visits, quicker appointments due to little paperwork, and the option to call or text with your doctor 24/7. With a DHC doctor, you always know what you are going to pay. You have your monthly fee, and any additional charges are contracted with your doctor before the procedure.

Alaskans spend more on health care per capita than any other state in the union. At a time when many Alaskans have seen their personal bank accounts shrink due to COVID, we see this as an opportunity to help lower their health care bills, as well as make a usually, unenjoyable visit to a doctor office a little more enjoyable.