



Professional Summary

A highly skilled registered nurse with an employment background which lends itself to a wide variety of experiences giving me a unique set of knowledge, skills, and abilities. These experiences have given me a learning curve that allows for me to rapidly adapt and succeed in new environments. My overall goal is to be confronted with new challenges, provide excellent patient care, and to expand my nursing abilities through a wide variety of roles.

HIGHLIGHTS OF QUALIFICATIONS

- State of Alaska, RN license #38424
- Current employee of Providence Transitional Care
- Basic Life Support for Healthcare Providers
- Over 26 years' experience in the medical field
- Committed to the highest standards of care; compassionate nurse
- Excellent patient skills; works well on a health care team and individually
- Suburb collaboration and communication skills with patient, families, colleagues, and supervisors
- PTCC supervisor along with being floor nurse

EDUCATION

12/2014 Associate of Science in Nursing, University of Alaska, Anchorage

05/2010 Bachelors of History, University of Alaska, Anchorage

09/1990 Naval Field Medical Service School & School of Health Sciences, Camp Pendleton, CA and Great Lakes, IL

Clinical and Clinical Nursing Skills:

- Team player in a transitional care facility with responsibility of approximately 12 patients on a given shift and provide oversight and guidance to Certified Nursing Assistants.
- Selected as a preceptor for nursing orientees to provide oversight, guidance, and mentoring.
- Assisted with clinical interventions and residents' activities of daily living.
- Administered medications and treatments and provided direct licensed nursing care for a specific group of residents on a given shift.
- Proficient in medical administration, G-tube medication administration and feedings, Foley catheter, chest tube care, central line care, IV start and care, physical assessments. Proficient in Cerner and Epic EMR.
- Facilitated paperwork, executed orders on blood tests and laboratory specimens when required.
- Through years of experience and firsthand experience fully capable and versatile to respond to a variety of emergencies.
- Conducted and executed skill and abilities to include monitoring vital signs, sterile technique, wound dressing, urinary catheterization, glucose checks and suture removal.
- Accessed, analyzed, customized, coordinated and communicated the patient's plan of care and activities collaboratively with other members of the health care team.
- Documented data on EMR related to patient's assessment, interventions, patient medication, patient's response and other treatments as needed.
- Processed and admitting patients into care facility as per Providence Alaska protocol and policy.
- Maintained patient records and charts in accordance with the HIPAA regulations and organizational policies. Reporting pertinent information as related to the surgical procedure and patient outcome to the Attending Physician.

Lena M. Lafferty, RN



- Conducted patient health and physical examinations for relevant information, allergies, medications, and issues that may have affected wellbeing.
- Regularly evaluated patients' response to care interventions by measuring and adjusting goals regularly, anticipating potential problems, detecting significant changes in patient's condition and taking appropriate action in a timely manner and/or advising attending physicians.
- Ensured patients, their family and significant other(s) understood care plans based on the patient's needs and provided information for post care resources.
- Assisted and conducted in the collection of information for quality improvement in patient care and the overall facility through situational awareness of the environment and individual patients.
- Conducted regularly reviews of patient's H&Ps to discover relevant information, allergies, medications, and other issues that may affect patient's positioning, care, wellbeing, and comfort.
- Familiar and aware of the need of constant monitoring of medical environments to ensure sterility and to effect corrective actions required to maintain sterility to ensure patient and staff safety.
- Proficient in the use of Microsoft Word and Excel, to document patient care, log implant and maintain inventory of a wide variety of medical supplies.
- Performed nursing diagnoses and developed individualized plans of care for post-surgical patients and long-term patients to include diagnosis, interventions and goals.

RELATED WORK EXPERIENCE

Registered Nurse	Providence Transitional Care	Anchorage, AK	2015 - current
Personal Care Assistant	Alzheimer's patient	Anchorage, AK	2010– 2014
Medical Assistant	Alyeska Family Practice	Anchorage, AK	2009 – 2010
Healthcare Assistant	Budleigh Medical Health Center	Devon, England	2004 – 2005
Medical Records Technician	Naval Hospital Twentynine Palms	Twentynine Palms, CA	2000 – 2003
Corpsman	United States Navy Hospital	Various Locations	1990– 2000

REFERENCES

Marie Klein, RN

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