



# The State of Alaska's Health

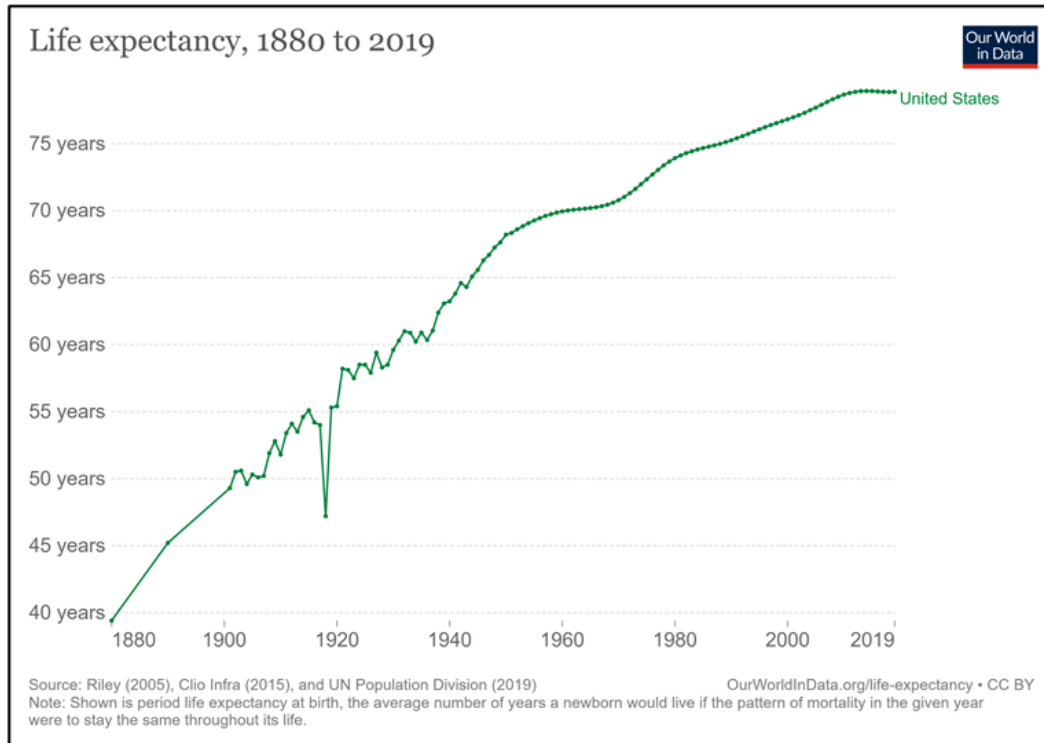




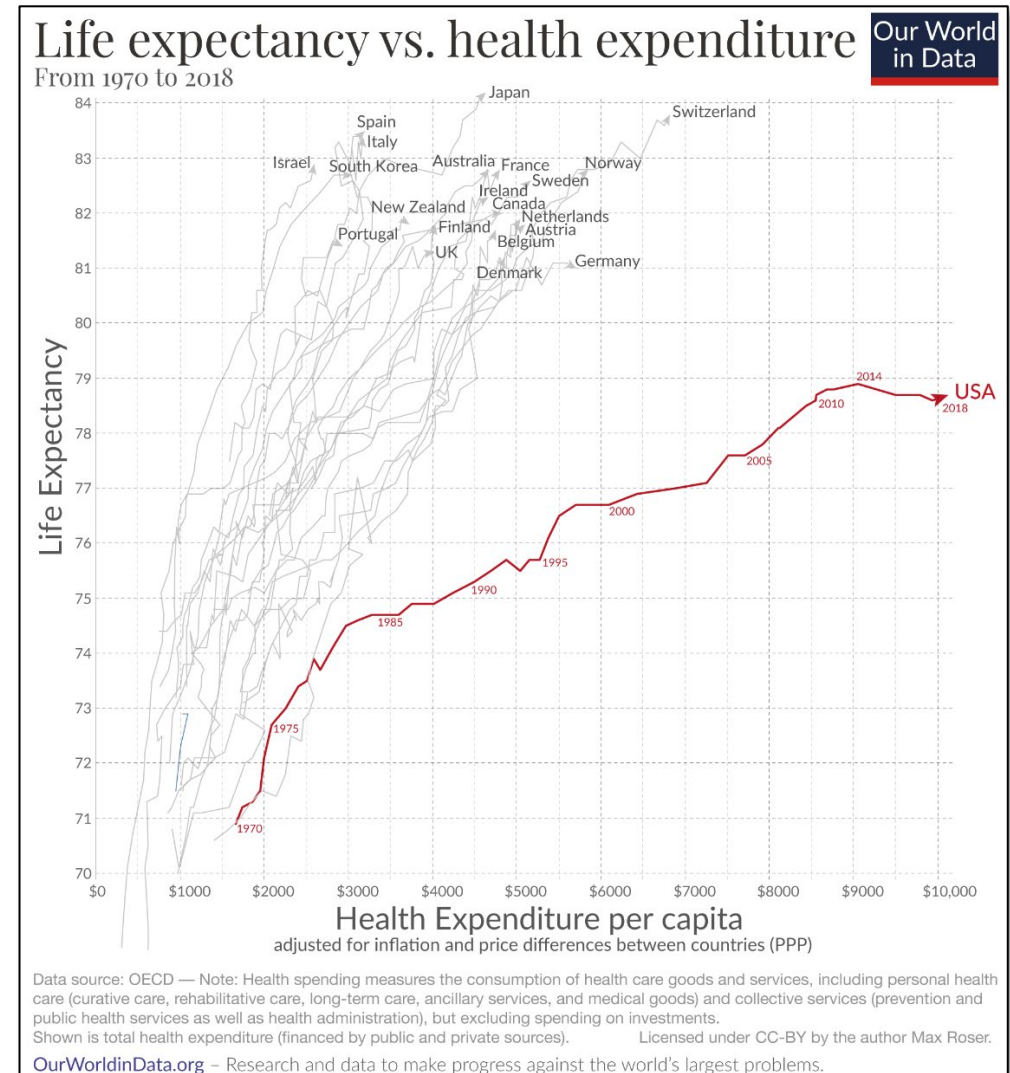
**Behind every decision, every policy, every report, there is a person.**



# Life Expectancy Trends



Health care is complicated and will always be imperfect, but how we structure our care is the next wave of medical transformation.





[illegible]



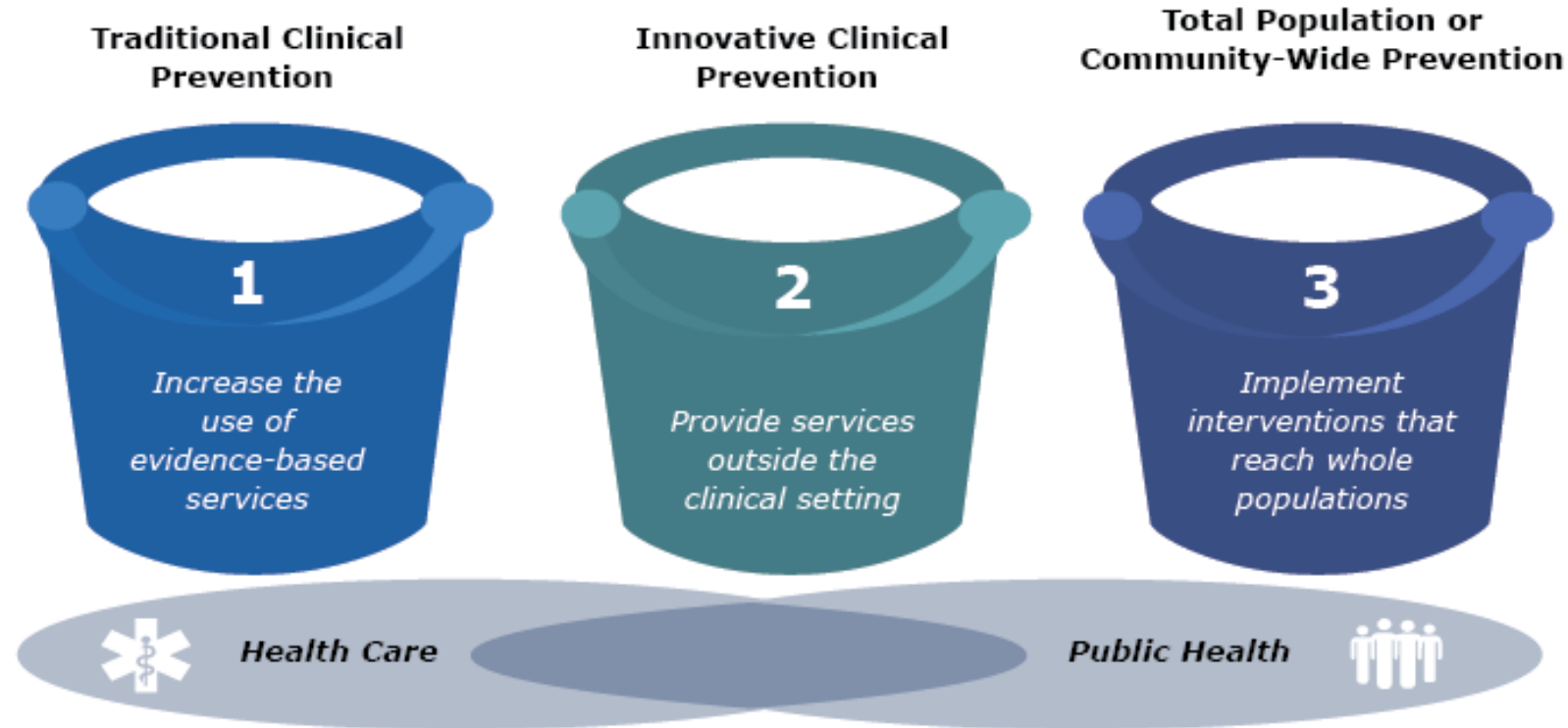








# Health Care and Public Health

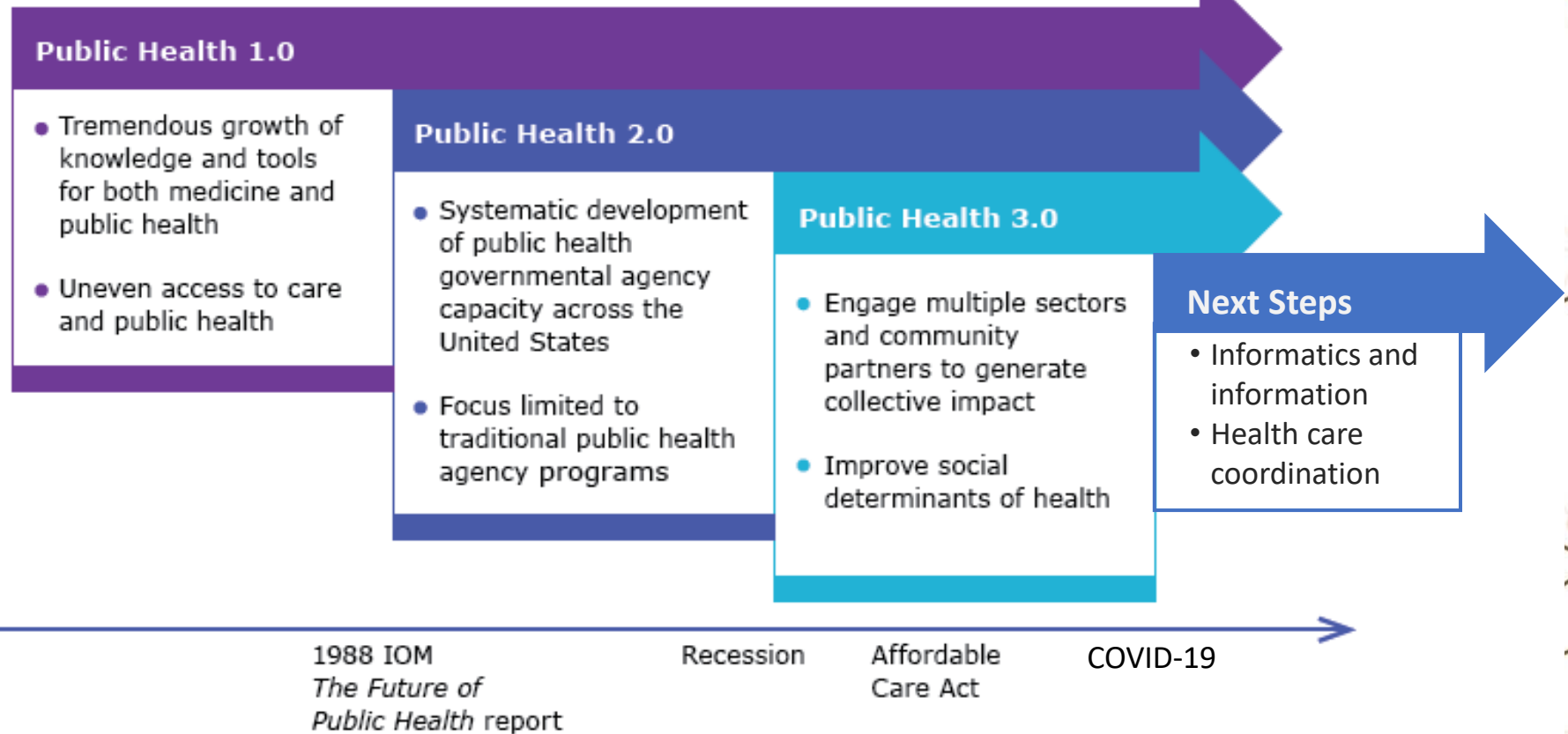
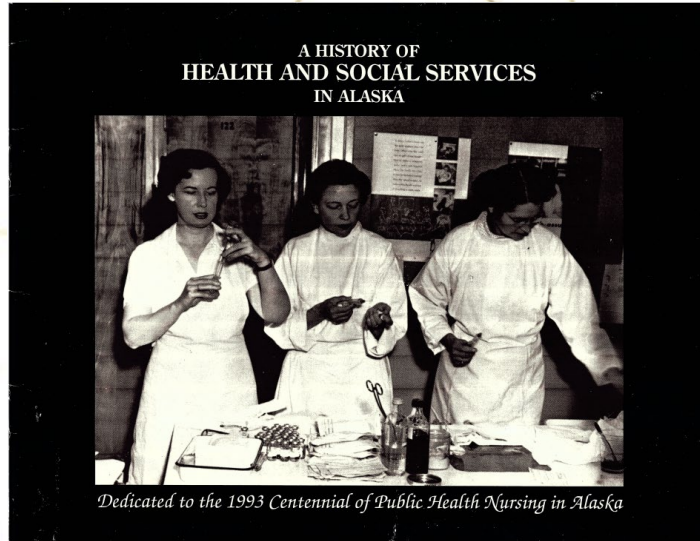


To read more: <http://journal.lww.com/jphmp/toc/publishahead>



## Addressing the full range of patient health

# The Role of Public Health



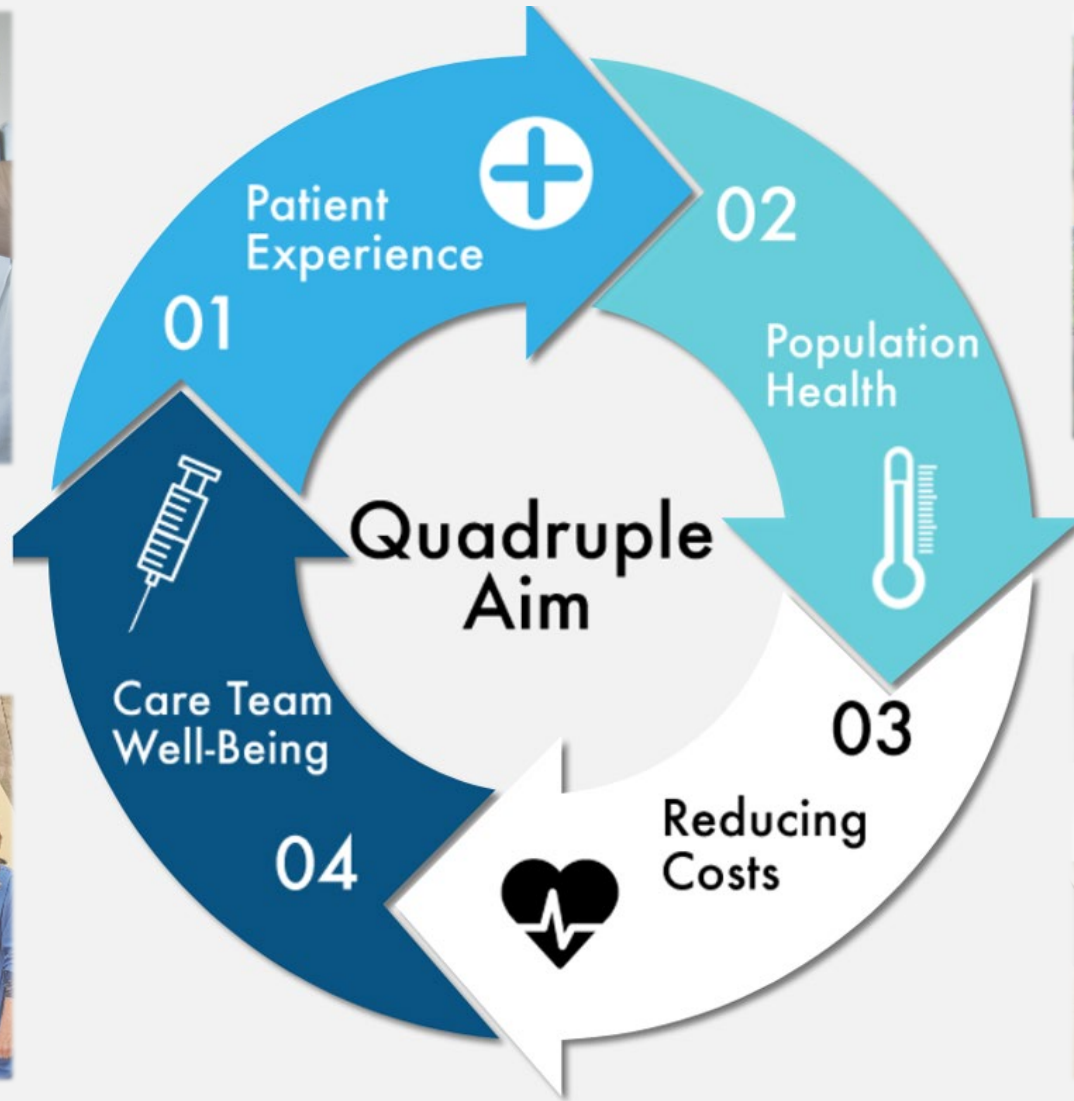
Addressing the full range of patient health







# Health Care Reform Quadruple Aim



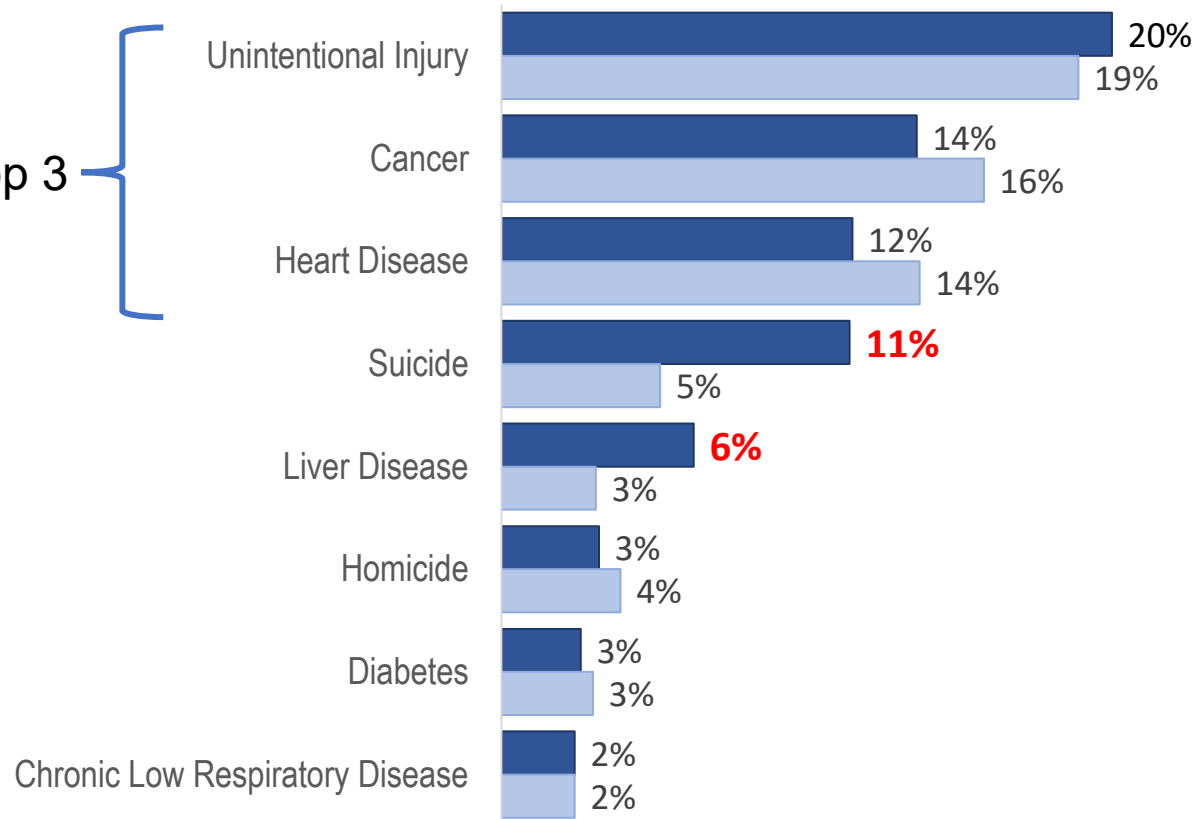


# Causes of Death in Alaska



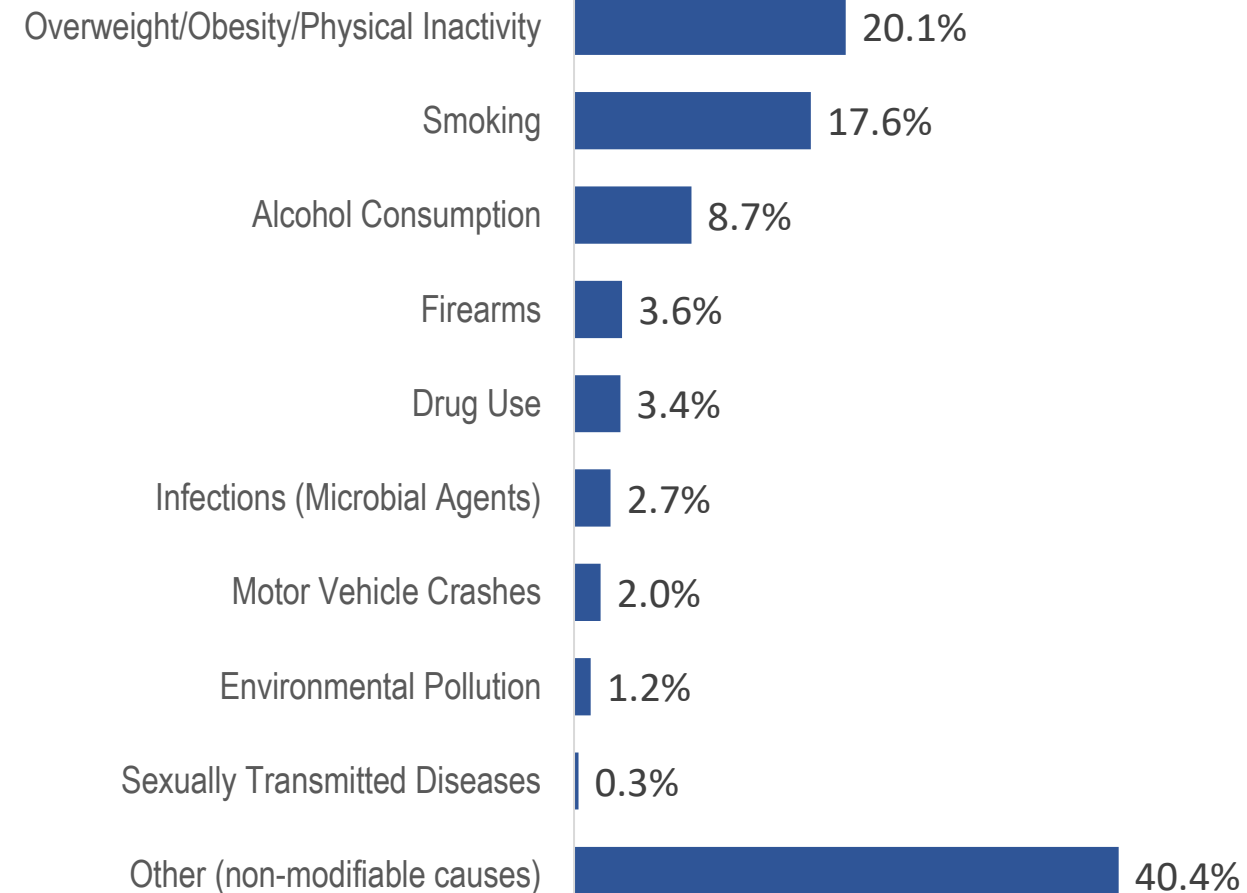
## Leading Causes of Premature Death, 2020

■ Alaska ■ United States



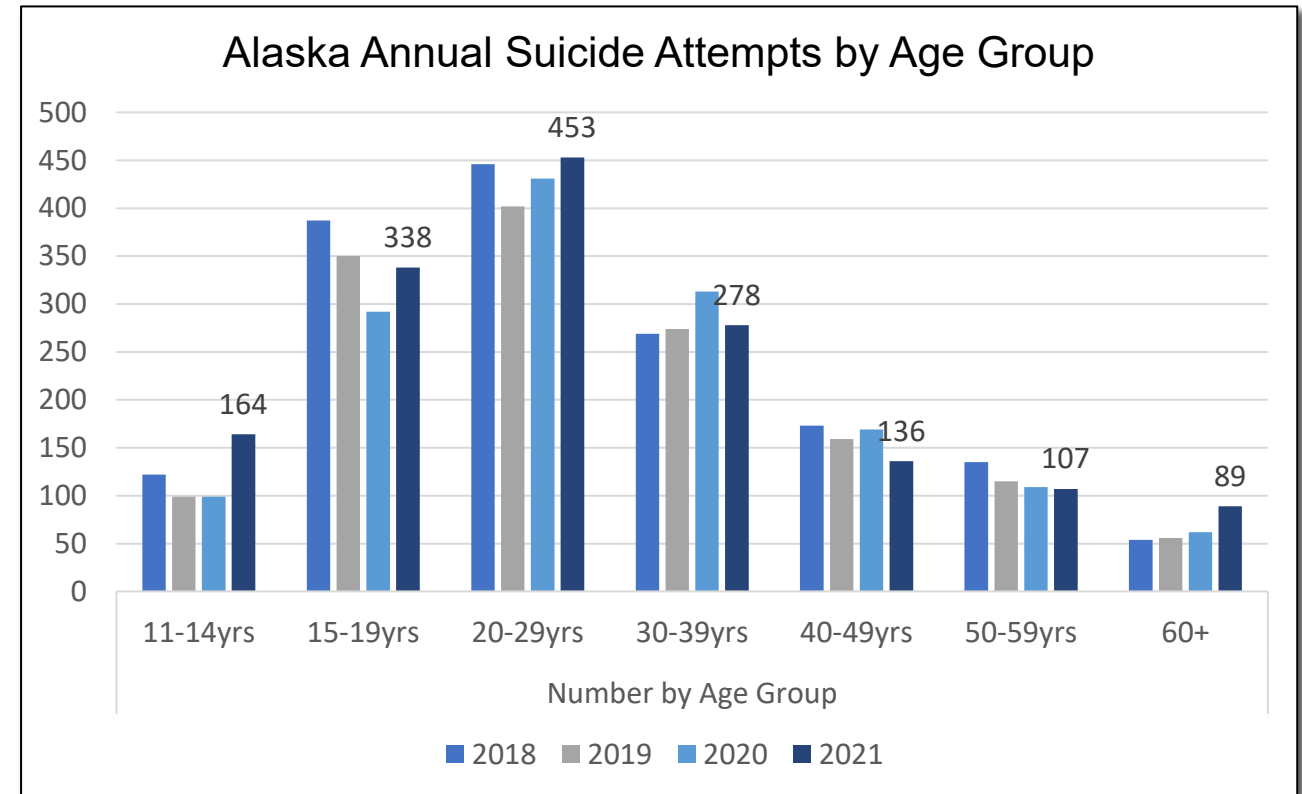
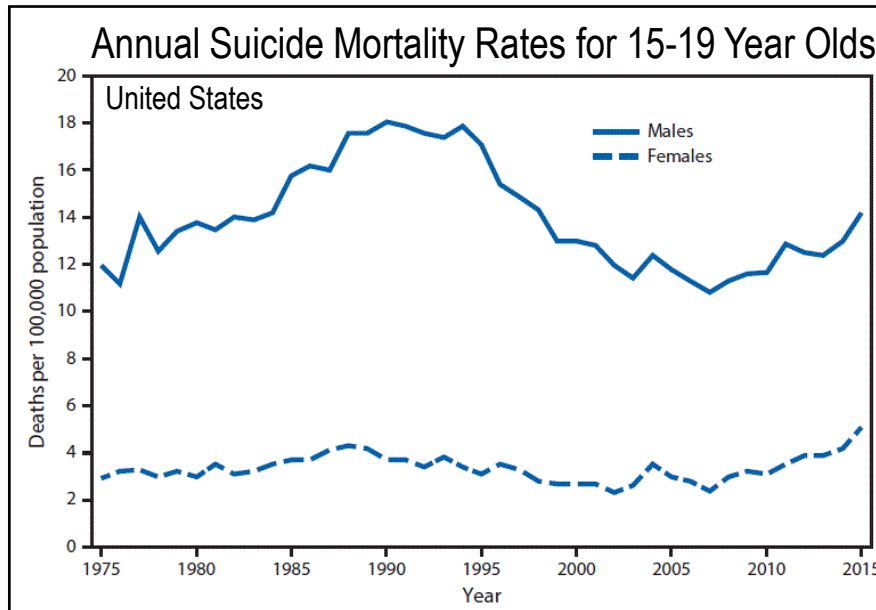
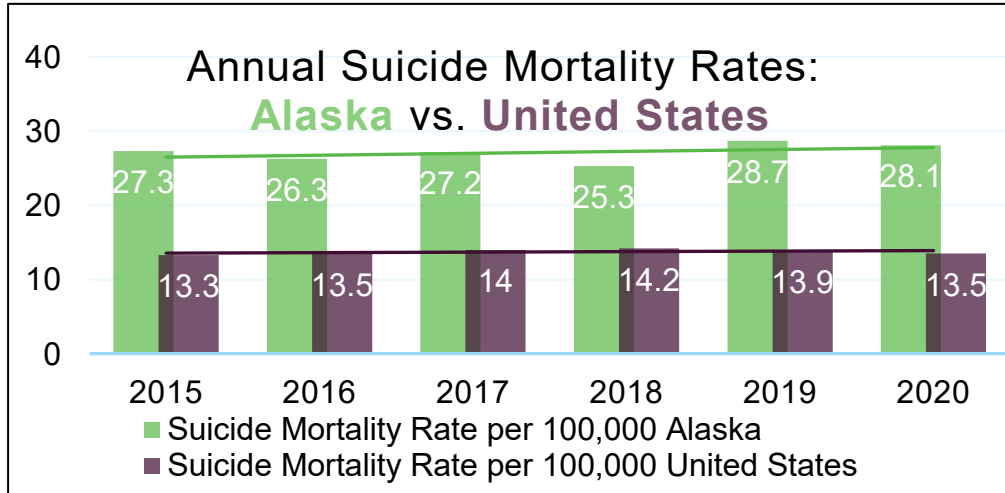
Premature death = 75 years – age at death

## Deaths Attributable to Specific Risk Factors, 2011-2015



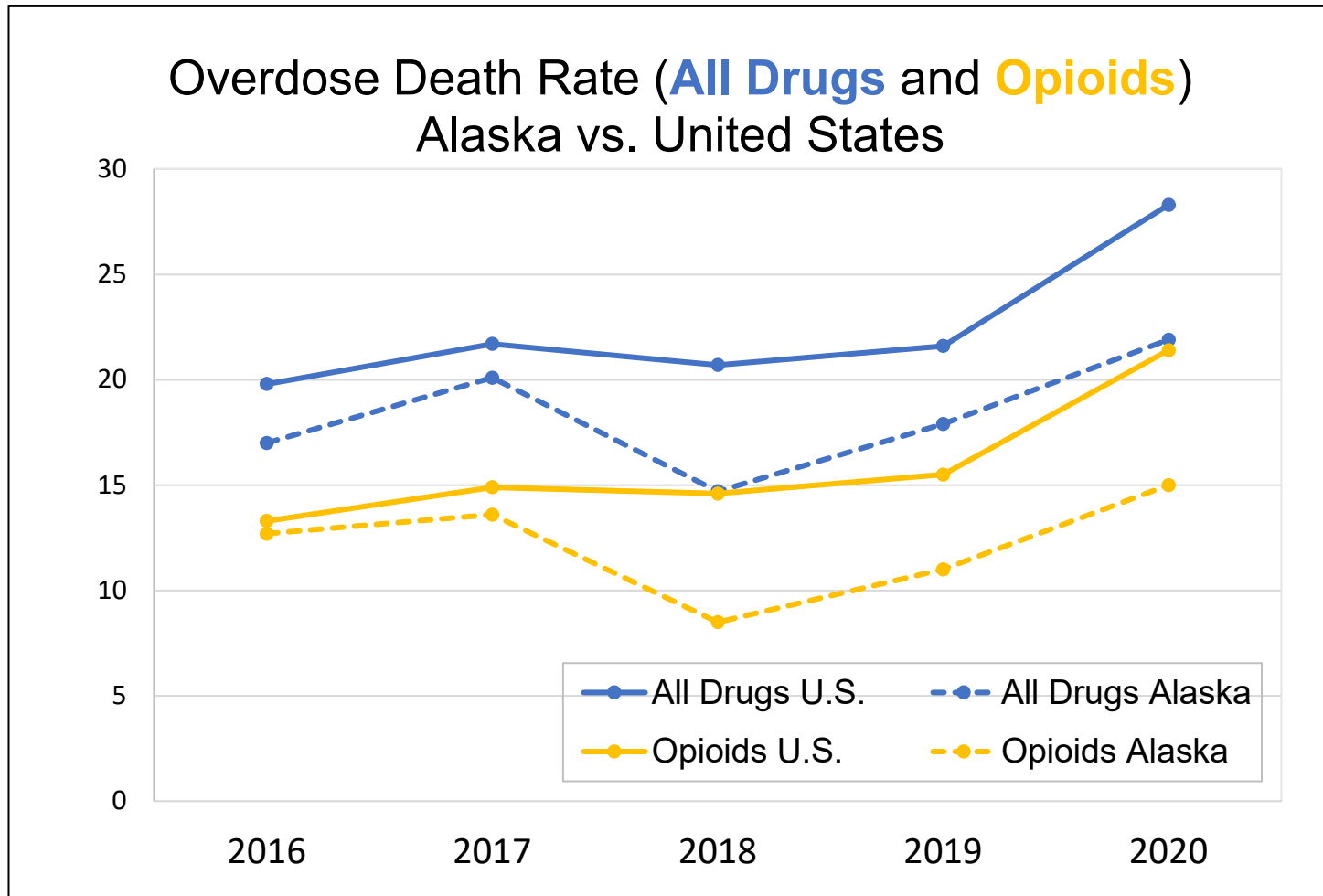


# Suicide Prevention



9 out of 10 people who survive a suicide attempt DO NOT go on to die by suicide later

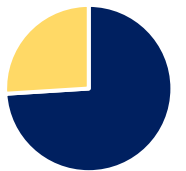
# Drug Overdose Deaths Continue to Rise



OD Death Rates are age-adjusted per 100,000 population



- 74% of opioid overdose deaths in Alaska involved fentanyl in 2021



- Approximately two-thirds of overdose deaths involve more than two substances





# Charting a path forward



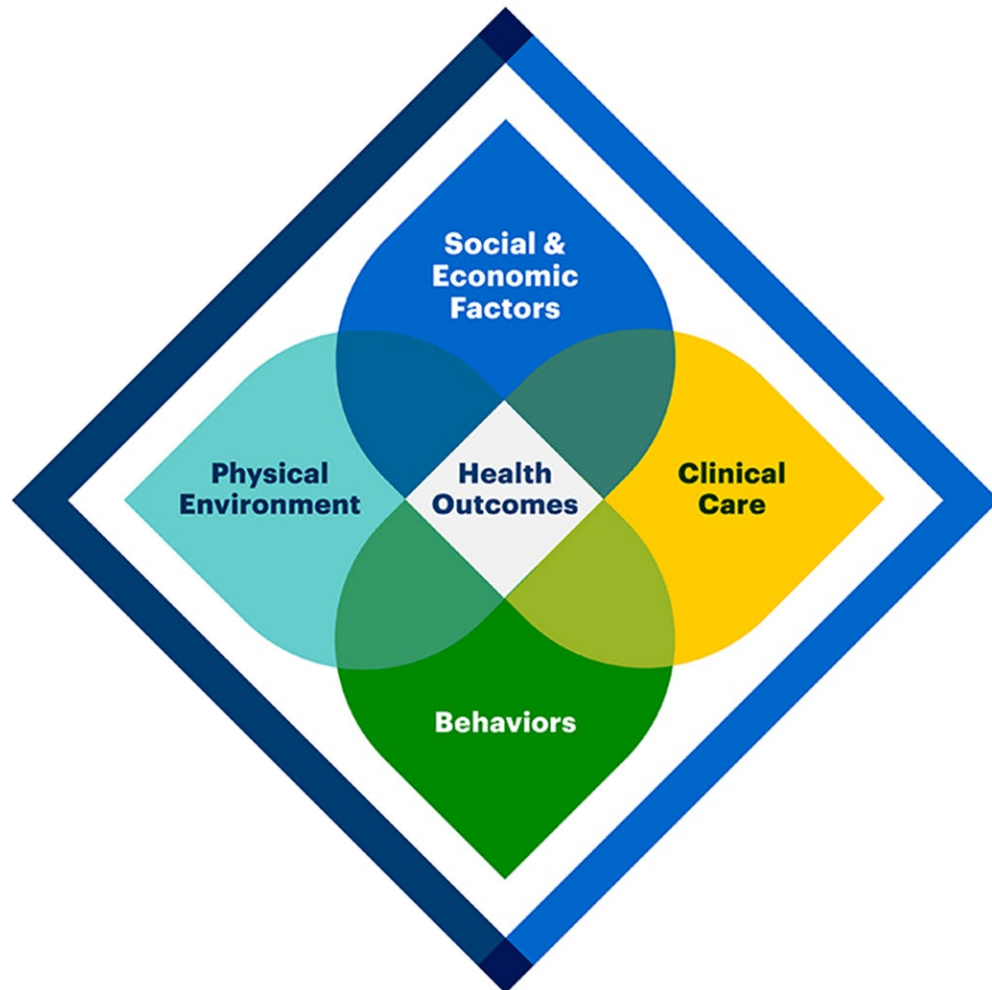
# The River and the Bridge

## UPSTREAM & DOWNSTREAM: FOCUS ON ILLNESS





# Moving Upstream



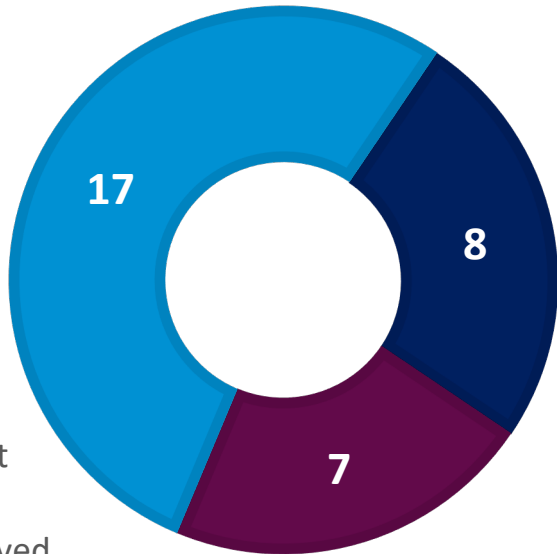
ALASKA NATIVE  
TRIBAL HEALTH  
CONSORTIUM

<https://www.healthyalaskans.org/>

# Healthy Alaskans 2020 Successes



## Leading Health Indicators



■ Target Met  
■ Improved  
■ Not Improved

1. Reduced **cancer mortality** rate
2. Reduced percentage of adolescents who recently used **tobacco products**
3. Reduced percentage of adults who are **overweight**
4. Increased percentage of adolescents who have 3 or more adults from whom they could seek **help**
5. Reduced percentage of adults who recently engaged in **binge drinking**
6. Reduced percentage of adolescents who recently engaged in **binge drinking**
7. Decreased percentage of adults who report not **affording a doctor** in last year
8. Increased percentage of population ages 18-24 with a **high school diploma**



<https://www.healthyalaskans.org/>



# Healthy Alaskans 2030 Goals



Healthy Weight and Nutrition

Environmental Health



Healthcare Access

Alcohol, Tobacco, and Substance Misuse



Mental Health & Suicide

Injury and Violence



Infectious Disease

Cancer & Chronic Disease



Social and Protective Factors



*Mission:*

***Provide a framework and foster partnerships to optimize health for all Alaskans and their communities.***



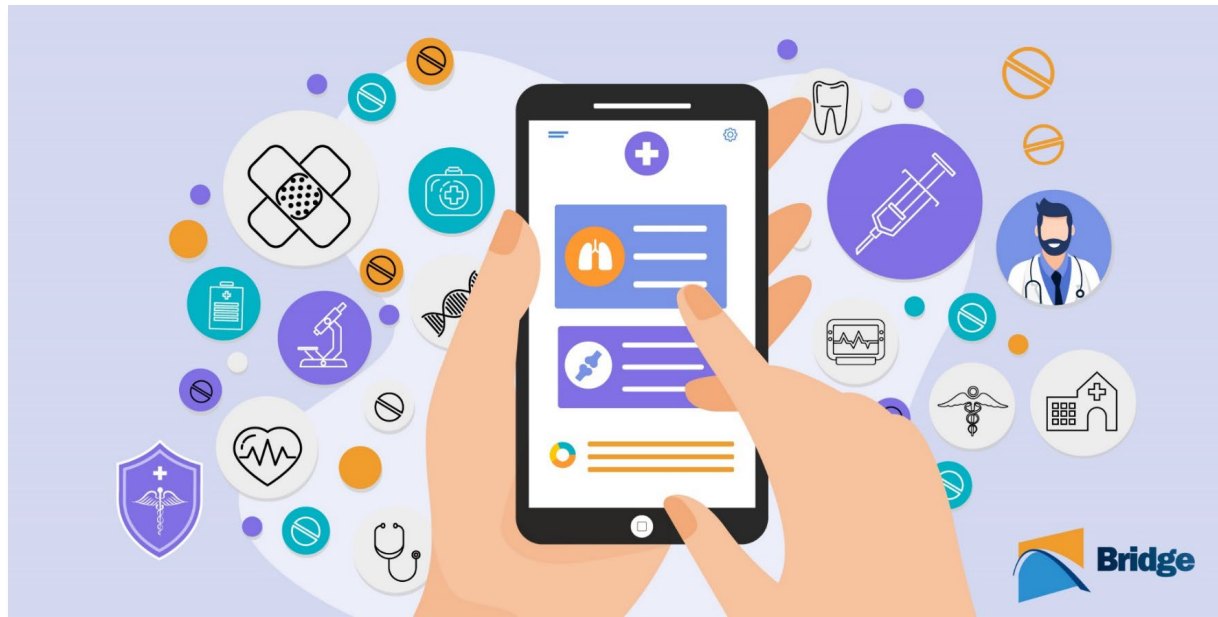
<https://www.healthyalaskans.org/>

# Healthy You in 2022

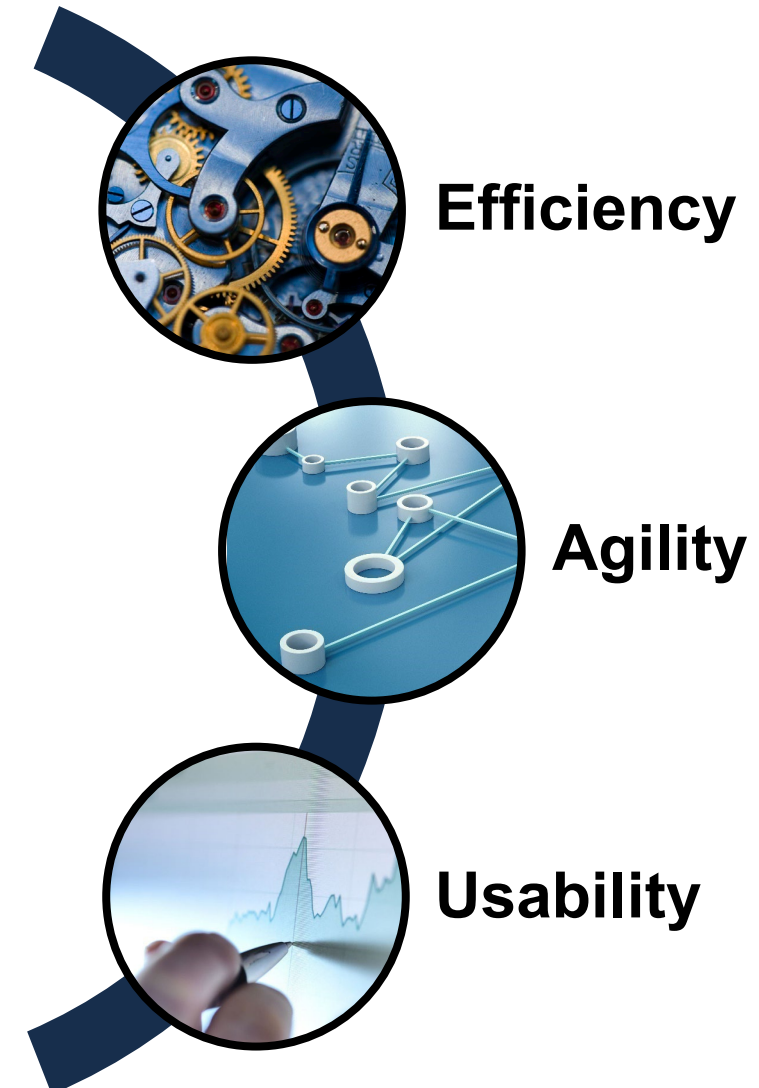




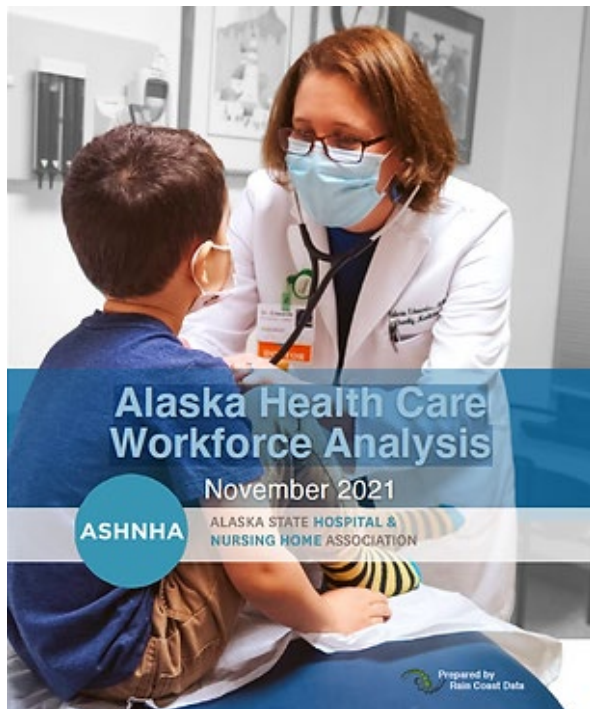
# Data Modernization



Through improved data modernization that provides reliable, understandable, and relevant data to the public at their fingertips, Alaskans can and will achieve more.

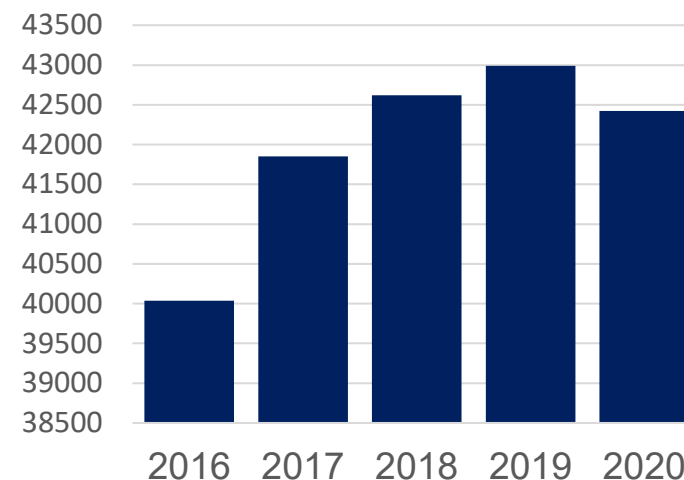


# Health Care Workforce Support



1. Address fatigue, burnout and workforce shortage at all levels
2. Improve systems to alleviate unnecessary burdens (e.g., onerous reporting)
3. Fund efforts to train and recruit a robust health care workforce
4. Increase community resources to support the work of the health care providers

Alaska Health Care Employment



UW Medicine  
MEDEX NORTHWEST  
PHYSICIAN ASSISTANT PROGRAM





# Moving Forward



# Thank You



We are here to  
partner with **YOU** –  
the Legislature, Tribal  
partners, AND the  
public – for the  
health and wellbeing  
of Alaskans

