State of Alaska Department of Administration

Presentation to House Ways & Means Committee

- AlaskaCare Trends
- Emily Ricci, Chief Health Administrator, Division of Retirement and Benefits
- Betsy Wood, Deputy Health Official, Division of Retirement and Benefits
- March 3, 2022



What is AlaskaCare?

- State of Alaska self-insured health plans
- Managed by the Division of Retirement & Benefits
- \$798.0 million combined FY21 spend
- Over 90,000 covered lives
- Employee Plans
 - Medical, Pharmacy, & Audio
 - o Dental
 - Vision
- Retiree Plans
 - Defined Benefit & Defined Contribution Medical & Pharmacy
 - Dental/Vision/Audio
 - Long-Term Care



AlaskaCare Employee Plan



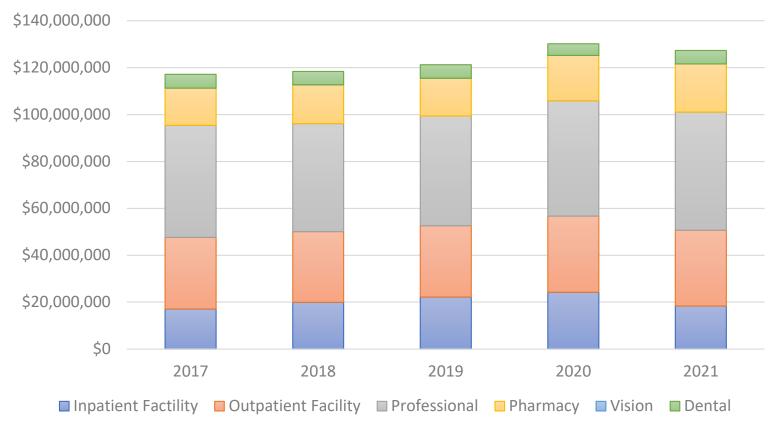
AlaskaCare Employee Plan

- Employee plan covers approximately 16,000 members
 - o 6,000 employees
 - o 10,000 dependents
- Covers some, but not all employees:
 - Supervisory Union
 - Confidential Employee Association
 - AK Vocational Teachers Union
 - Correctional Officers
 - Marine Engineers Union
 - Mt. Edgecumbe Teachers Union
 - o Inlandboatman's Union
 - Court system employees
 - Legislative employees
 - Exempt & partially exempt employees



AlaskaCare Employee Plan 5-Year Claims Spend

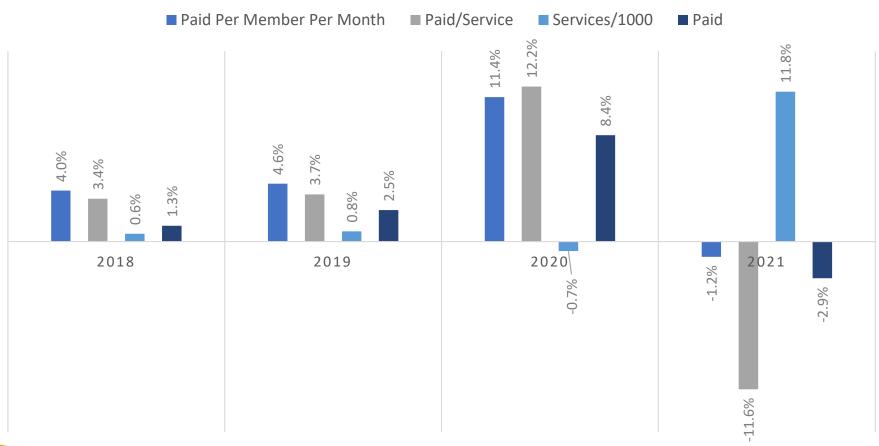






AlaskaCare Employee Plan Multi-Year Trend

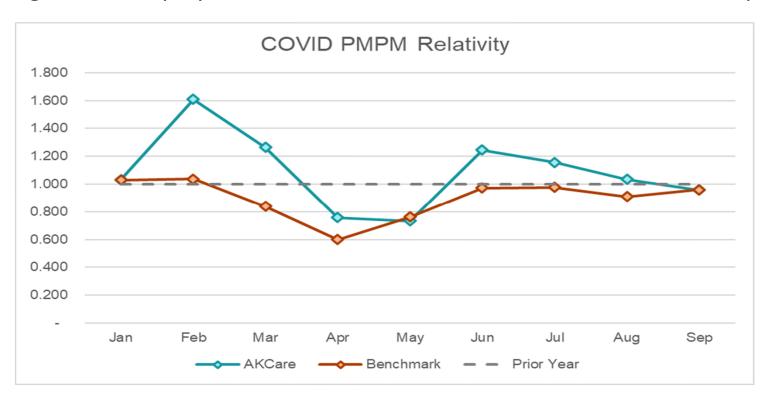
TREND BREAKDOWN





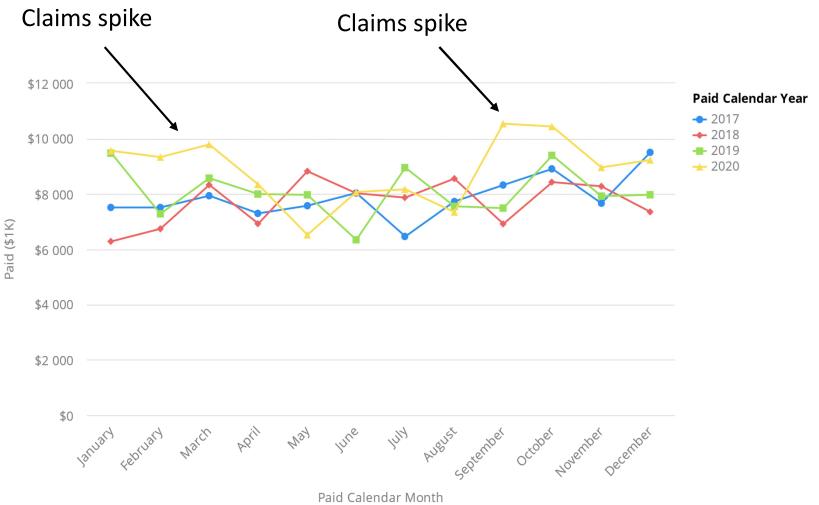
AlaskaCare Employee Plan COVID-19 Impacts

- Employee Plan members deferred fewer services than other plans ("the dip") and incurred higher claims afterwards.
- The surge in the Employee Plan in the summer/fall more than offset the dip.





2020 Employee Plan Claims Experience





Employee Plan Challenges & Next Steps

- New Gene Therapies (e.g. Zolgensma)
 - Implemented gene therapy network (eff. 2021)
 - Stop-loss coverage for gene therapy
- Inpatient facility costs
 - Negotiated new contract terms with broader facility access for members
- Increasing pharmacy costs
 - Negotiated improved contract terms
 - Implemented prescription drug formulary
 - Established pharmacy copay program



AlaskaCare Retiree Plan

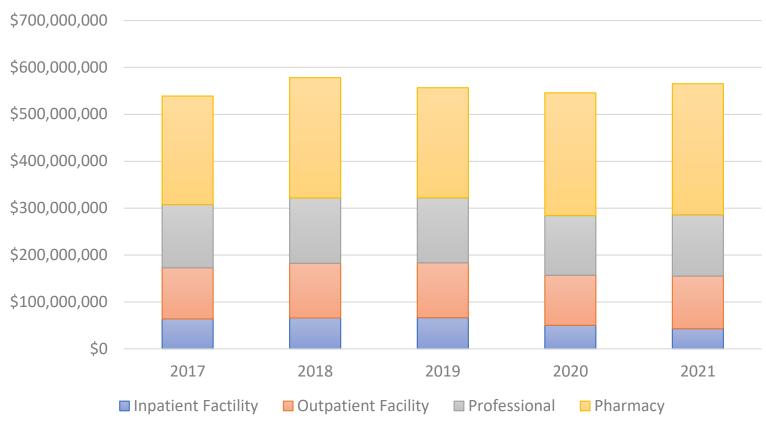


AlaskaCare Retiree Plan

- Defined Benefit Health Plan
 - Eligibility: covers approximately 75,000 members
 - 45,000 retirees
 - 30,000 dependents (spouses, children)
 - O Annual claims spend: \$571M in plan year 2021
- Optional Dental, Vision, Audio Plan
 - Eligibility: covers approximately 60,000 members
 - O Annual claims spend: \$44M in plan year 2021
- Optional Long-Term Care Plan
 - Eligibility: covers approximately 21,000 members
 - Annual claims spend: \$14.6M in plan year 2021

AlaskaCare Retiree Plan 5-Year Spend

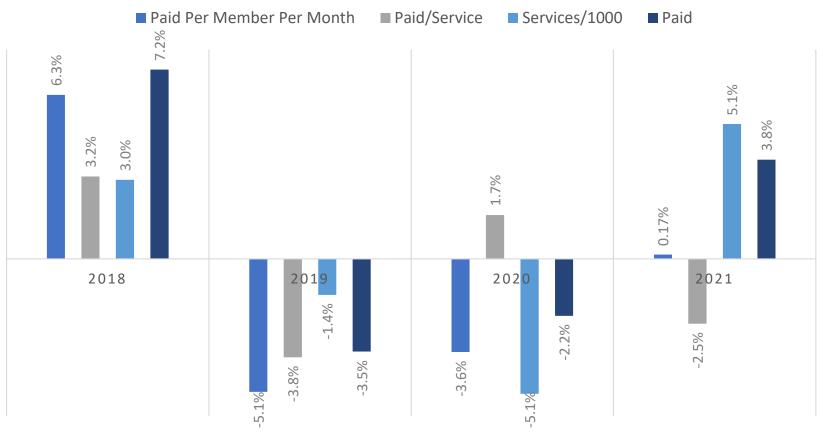






AlaskaCare Retiree Plan Multi-Year Spend

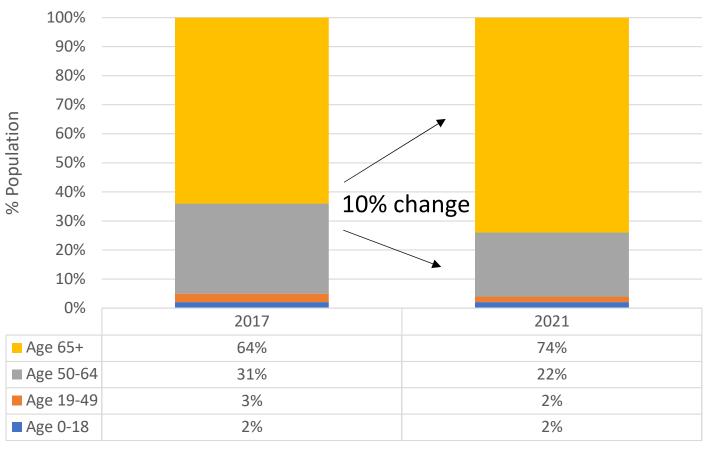
TREND BREAKDOWN





AlaskaCare Retiree Plan Demographic Trend

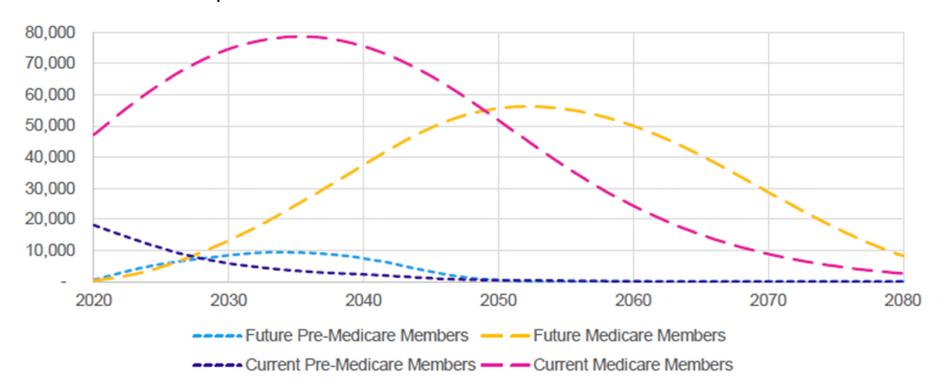






AlaskaCare Retiree Long-Term Membership Trends

Anticipated Total Defined Benefit Health Plan Members





Source: Buck Consulting 15

Retiree Pharmacy Subsidies: EGWP

- Before 2019, the Division received pharmacy subsidies through a federal program called the Retiree Drug Subsidy (RDS) Program
- In 2019 the Division implemented an enhanced Medicare Part D Employer Group Waiver Plan (EGWP)
- Administrative change to increase federal subsidies for prescription drugs without reducing benefits
- Only applies to Medicare eligible members
- Expanded coverage of Medicare Part D vaccines to <u>all</u> retirees





Employer Group Waiver Plan (EGWP) Savings

| Types of Funding | \$ (Millions) | | | | | |
|----------------------------------|---------------|----------------------|----|----------------------|--------|-------------|
| | | 2019 (Actual) | | 2020 (Actual) | 2021 (| Estimated*) |
| Direct Subsidy | \$ | 1.30 | \$ | 0.04 | \$ | (2.64) |
| Catastrophic Reinsurance* | | 28.80 | | 20.76 | | 25.98 |
| Low Income Premiums Subsidy | | 18.20 | | 0.22 | | 0.22 |
| Low Income Cost Sharing Subsidy* | | 0.20 | | 1.10 | | 1.10 |
| Coverage Gap Discount* | | 1.00 | | 36.26 | | 39.75 |
| TOTAL | \$ | 49.50 | \$ | 58.38 | \$ | 64.41 |

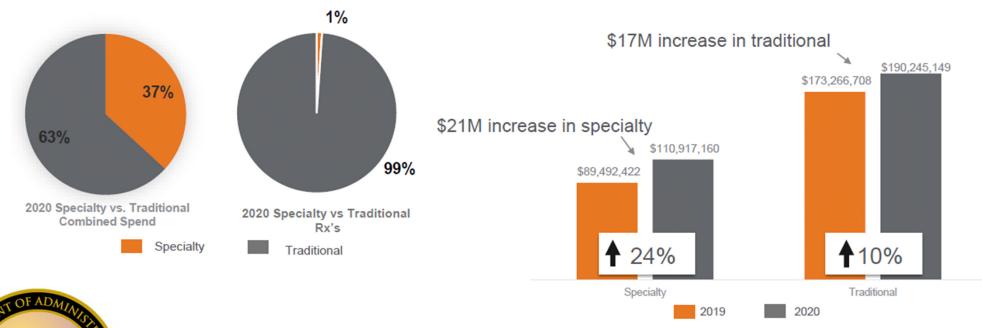
^{* 2021} Amounts described above are estimates due to the dynamic nature of claims. Actual subsidy is subject to minor adjustment due to true-up.



Source: OptumRx

AlaskaCare Retiree Specialty Medication

- Specialty medication represented 37% of retiree pharmacy spend, or \$110M in 2020.
- This was an increase from \$89M, or 24% in 2019. This was driven by an increase in specialty prescriptions and more costly medications.





Retiree Modernization

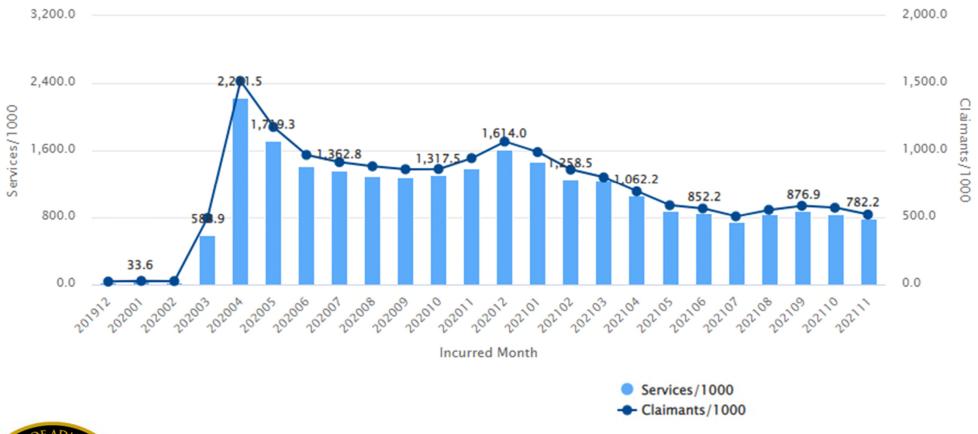
- In collaboration with the Retiree Health Plan Advisory Board (Board), the Division is working to modernize the plan to improve benefits and manage costs.
- In 2021 the Division, with Board support, implemented:
 - Addition of preventive care services, including colonoscopies and vaccines
 - Specialty medication prior authorization and clinical review



Shared Trends

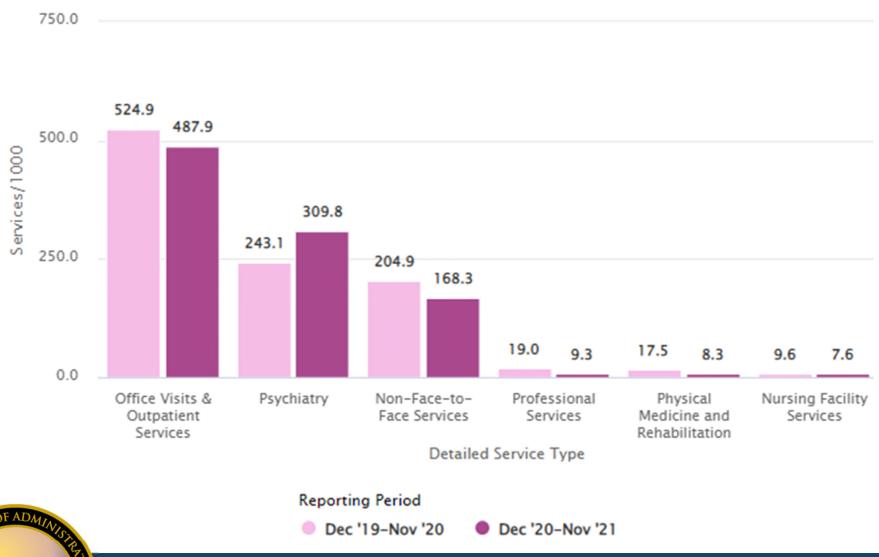


Telemedicine Trends





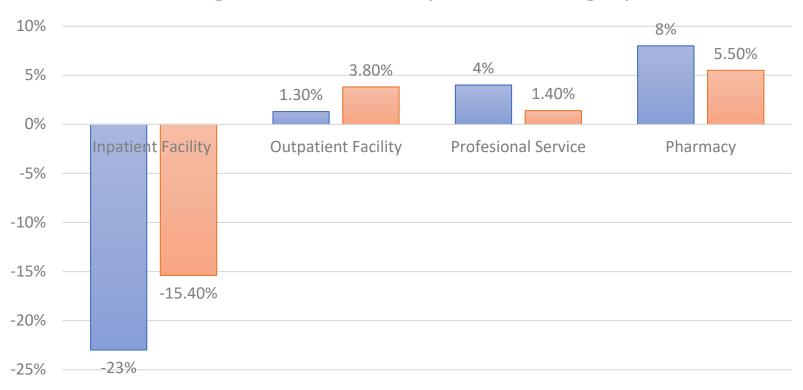
Telehealth Utilization Trend by Service Type





Employee & Retiree Plan Cost Trend

Change in Cost Trends by Service Category





Department of Administration

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