## Alaska State Legislature



## Sponsor Statement for SB1 version B

Police use numerous restraints to restrain and limit the movement and overall activity of someone who poses a danger to themselves or to others (including the police officer). One of the most common restraints are carotid and tracheal chokes. Both restraints impede breathing and circulation of blood. If these restraints are used incorrectly, death through asphyxiation may occur. Throughout the United States, there are cases of the misuse of chokeholds. Senate Bill (SB) 1 would assist in reducing the rate of chokeholds used incorrectly. SB1 would further seek to improve police community relationships by addressing a long-standing issue around use of force.