

# LP / LAURA ELIZABETH PATIN

## PROFESSIONAL FOCUS

Client-Focused Marital and Family Therapist with 20 years experience who specializes in working with

- trauma (PTSD) and abuse survivors (including sexual)
- anxiety and depression (panic disorder)
- grief/loss
- military/veteran issues
- adolescent/young adult issues
- transition problems
- parenting issues
- relationship difficulties/infidelities
- couples contemplating divorce
- bipolar, borderline disorders

I view each client, couple, and/or family as unique and treat them as such. I believe therapy is a fluid process which is constantly moving and changing and the best results occur if we work side by side with our clients, not as expert and novice.

Therefore, I look for the strengths in my client(s) and begin there. I believe each client holds the answers to their problems within themselves and sometimes needs help pulling these solutions out, this is where we walk side by side; learning from one another, supporting one another.

## EMPLOYMENT HISTORY

### **Self-employed - Sole Proprietor Laura Patin LMFT, LPC (private Practice)**

Eagle River, AK

03/2004 - Current

Provide individual, couple, and marital counseling services to members of Eagle River and surrounding areas, adding a particular focus on veterans and their families.

### **Anchorage School District - Family School Services Coordinator**

Anchorage, AK

08/2003 - 06/2007

Coordinated needs of military elementary aged children and their families living on Fort Richardson (now JBER) and their elementary school especially during military deployments. Served as school social worker and provided resources for families as well as staff at school so children received best possible care during parent's deployment.

## EDUCATION

### **Columbus State University**

Columbus, GA

1998

### **Master of Science :**

Community Counseling

Graduated Magna Cum Laude.

### **Friends University**

Wichita, KS

multiple post-graduate level courses needed in order to gain my license in Marital and Family Therapy

### **Capella University**

Minneapolis, MN

completed multiple post-graduate courses needed in order to gain my licensure in Marital and Family Therapy.

### **Temple University**

Philadelphia, PA

1991

### **Bachelor of Science :**

Early Childhood Education

Graduated Magna Cum Laude. My degree included Elementary, Special Education, and Early Childhood Education.

### **Temple University**

Philadelphia, PA

1991

### **Bachelor of Science :**

Special Education

Graduated Magna Cum Laude. My degree included Elementary, Special Education, and Early Childhood Education.

### **Temple University**

Philadelphia, PA

1991

**University Of Alaska, Anchorage - Adjunct Professor**

Anchorage, AK

01/2003 - 06/2005

Taught a variety of undergraduate level courses to non-traditional students and fostered desire and enthusiasm for returning to school. Helped provide a positive learning environment devoted to educating students on topics such as psychology and sociology while encouraging them to use their own life events to help them relate to these subjects.

**Self-employed - Marriage And Family Therapist**

Highland Falls, NY

03/1998 - 06/2002

Served as a marriage and family counselor to local individuals, couples, and families in the Highland Falls and West Point areas. This included both civilians and military servicemembers as well as their families.

**Mount Saint Mary College - Site Coordinator**

West Point, NY

01/2001 - 05/2002

Coordinated undergraduate course offerings and student course schedules each semester. Assisted students in choosing courses that would help them meet the needs of achieving their personal educational goals. Collected student payments for courses. Helped choose adjunct professors for courses and ensured instructors received payment for their courses.

**St. Thomas Aquinas College - Adjunct Professor**

West Point, NY

01/2000 - 01/2002

Taught psychology and sociology courses, providing instruction to non-traditional undergraduate students. Assigning projects that offered them opportunities to use their life-events to help them understand the course topics.

**Bachelor of Science :**

Elementary Education

Graduated Magna Cum Laude. My degree included Elementary, Special Education, and Early Childhood Education.

**PROFESSIONAL AFFILIATIONS****Professional Licenses and Affiliations**

LMFT (AK#226), LPC (AK#381)

Alaska LPC Supervisor

AAMFT Clinical Member

AKAMFT (Alaska) Secretary 2005-2007

AKAMFT (Alaska) Secretary 2014-2016

AKAMFT (Alaska) President 2016-present

EMDR Trained Therapist

Emotionally-Focused Couple Trained  
Therapist