

Tim Lamkin

From: Carey Carpenter <carey@carpenterprogramming.com>
Sent: Thursday, February 20, 2020 2:35 PM
To: Senate Education
Subject: SB 149

Dear Senate Education Committee,

I just saw that Senate Bill 149 is being introduced and changes the start time for high schools in Alaska so that the school day begins at

8:30 a.m. or later. I am writing in full support of this concept. All of the research points to so many positive benefits for students. Anchorage School District has previously spent time studying this and has voted it down not because it didn't help increase learning, but because some community members were concerned about how it would impact their schedules. I would propose that we should always be doing what's best for students and their learning in schools. Change is hard for a lot of people but just because something is challenging doesn't mean we shouldn't do it. We should never keep the status quo when we know that we can do better. Science says that we can do better in regards to teenagers and high school start times.

I would love to see Alaska become a leader in education. Let's do all the right things for our kids and their learning! Evidence-based data shows that this is the right thing.

Thank you,

Carey Carpenter

Parent of a 4th-grader and a 6th-grader at Sand Lake Elementary School