

10/24/2019

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> The Gathering Grounds Café offers Starbucks barista certification and Alaska Host Customer Service training, qualifying graduates to work on the Alaska Railroad and in any Princess Hotel. Steamdriven Boutique is a thrift boutique that offers creative clients the opportunity to upcycle donations into steampunk fashions while training them for retail sales and also includes Alaska Host Customer Service training.

> Case management services are on site with both businesses and offer immediate intervention with work issues like

communication, coping skills, problem solving and decision making. Case management also coordinates services for basic needs such as food, clothing vouchers (through the Steamdriven Boutique) showers, laundry and partner services providing behavioral health, Alaska Native benefits, recovery services, dental care, and health care. Case management also provides training for staff, volunteers, partner organizations and community members on ACES/Trauma Informed Care, Narcan training and Youth Mental Health First Aid. Case Management also coordinates 19 beds of transitional housing for age 17-24 where residents pay rent, experience empowerment and learn life skills as they budget earned wages to pay rent, shop for food and be accountable for sobriety.

Nine Star Youth Services has a staff member on-site and provides internships, help with job applications and resumes and high school completion/GED. Data for Nine Star includes:

40% of the clients coming into the drop-in center have no high school diploma or GED. Last year the Valley Nine Star High School Completion program graduated more clients than the Anchorage program did. This is attributed to the wrap around services and the personal connections that Nine Star made with clients at MY House.

MY House is a non-traditional non-profit founded in 2010 that owns two for profit businesses that train and employ homeless youth, while offering wrap around Case Management services and transitional housing for a hand-up and not hand-out opportunities with very high success rates.

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CITC also has a staff member on-site offering Peer Support for our clients in recovery. This service offers our clients the opportunity to have a person in long term recovery walk alongside them as they attend treatment, meetings and seek sober housing and recreation.

• We believe that the combination of Nar-Can, available treatment, on demand assessments and peer support has contributed to our death rate from overdose going from 11 lost in 2016 to zero in 2018!

My House has 575 total clients with 395 active clients with an average age of 21 years old. We see an average of 120 different clients a week.

## Our outcomes are the real success measures of our programs:

- 98% of clients who complete a job training program in our businesses are in housing 1, 2 and 3 years later. THEY ARE NOT HOMELESS.
- 80% of clients trained in our businesses are working at a job they were trained for or better and another 12% are pursuing continued education or vocational training.
- 70% of clients who live in transitional housing are able to move successfully into their own housing, and another 8% transition to a training or education program like job corps or college. 98% of clients who are not successful in transitional housing are referred for behavioral health services or substance use treatment.
- In 2016, we lost 11 clients to overdose, one to suicide and one was murdered (as well as being trafficked). We implemented Nar-Can training and provided Nar-Can kits to all staff and all First Responders in the Mat Su Valley (Wasilla was the first Police Department in Alaska to carry NarCan), started a suicide prevention program and engaged in sex-trafficking prevention awareness and education. In 2017 we lost one client to overdose, and in 2018 we lost ZERO.
- Started the Mat Su Opioid Task Force and the Valley Alliance for the Prevention of Suicide (VAPS) Coalitions.

We have been members of the Mat Su Reentry Coalition since it's inception. Although our data was used for the first quarterly report for the grant because the Coalition had no clients, the only reimbursement we have received was for attending meetings. We have never received any funding for services to clients. MY House works with the Courts and PO's, but most of the clients we receive as Reentrants are referred by other clients.

- We offer sober, peer-supported housing, on-site job training, wrap around Case Management services, treatment partnerships, transportation, and peer support for our reentry clients.
- The recidivism rate of MY House reentrants is 39%, which is almost half of the Statewide rate for our age group.

The MY House model offers a permanent and preventive solution to homelessness for youth and young adults!