



Presenter – Sherry Hill
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Who We Are

Set Free Alaska is a Substance Abuse Treatment Center that uses a mind-body-spirit approach to recovery.

Services

- Outpatient & Intensive Outpatient
- Peer Support
- Women's Residential (Adult Women, Pregnant Women and Women with Children)

Future Growth

- Men's Residential (Adult Men and Men with Children)

Mission Statement

Set Free Alaska is a Christian treatment center that uses a mind-body-spirit approach to recovery. Our multi-generational programs facilitate hope, healing and resilience resulting in lasting change.

How are we partnering

- Adult Probation
- Therapeutic Courts
- OCS
- ASAP
- Peer Support
- Peer Support Crisis Stabilization
- Transportation (Vouchers)



Our Outcomes 2019 Fiscal Year

Intensive Outpatient Services - Adults

- 131 Clients Served
- 43 % Completed Treatment vs. 25 % Statewide Avg. (16% Referred)



Outpatient Services - Adults

- 104 Clients Served
- 59 % Completed Treatment vs. 39 % Statewide Avg. (4% Referred)



Peer Support



- 46 Clients Served

Women's Residential

- 36 Clients Served
- 59 % Completed Treatment vs. 39 % Statewide Avg. (6% Referred)
- TOTAL Reunifications – 14
- Children born to a Sober Mom While Attending VORTC - 2



Children's Behavioral Health

- Treating Children with Trauma –Early Intervention
- 65 Children Served
- 42 % Completed Treatment vs. 27 % Statewide Avg. (9% Referred)



Overall Outcomes – All programs

- 82 % Evidence Decrease in Substance Use
- 69 % Improvement on Quality of Life Domains
- 94 % Treated with Respect and Satisfied with Services
- 77 % Stated Served Improved Their Overall Quality of Life
- 69 % Increase in Hours Engaged in Productive Activities During the Week (Work, Volunteering, Subsistence)



Mental Health Improvement

- Upon Discharge – 1 day of 30 Days - Clients Experienced Poor Mental Health
- Upon Admission - 11 days of 30 Days - Clients Experienced Poor Mental Health



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- Overall Decrease In:
 - Arrests
 - Legal Involvement
 - Partner Abuse

- Overall Improvement In:
- Physical Health
- Life Satisfaction
- Employment

Unique Populations

- 10 Pregnant Women Served
- 59 Injection Users Served

Referral Source

- 33% OCS
- 27% ASAP
- 40% Courts/Probation/DOC
- 49% Overall (OCS, DOC, Courts and Probation)



How Can We Partner.....

- Warm Hand-Off Prior to Release
 - Peer Support Engagement
 - Connect to Treatment
- Workforce Development
- Sober Living
- Continued Partnership with the Therapeutic Courts

