

# State of Alaska

## Office of Management and Budget

FY2020 Operating Budget Overview:  
Department of Health and Social Services  
Division of Behavioral Health  
Presentation to the Senate HSS Finance Subcommittee  
March 11, 2019

Acting Director Gennifer Moreau-Johnson, Administrative Services Director Sana Efird



THE STATE  
of **ALASKA**  
GOVERNOR MICHAEL J. DUNLEAVY

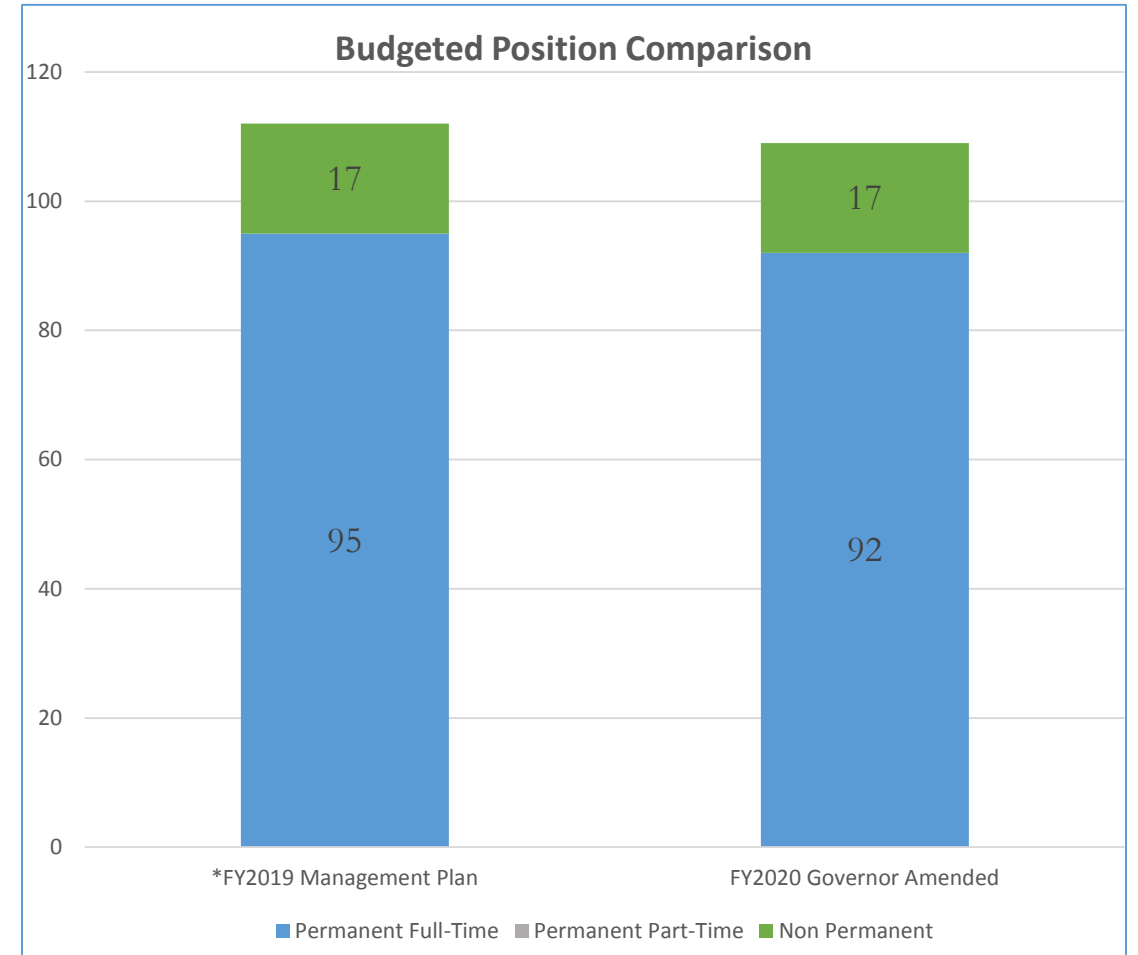
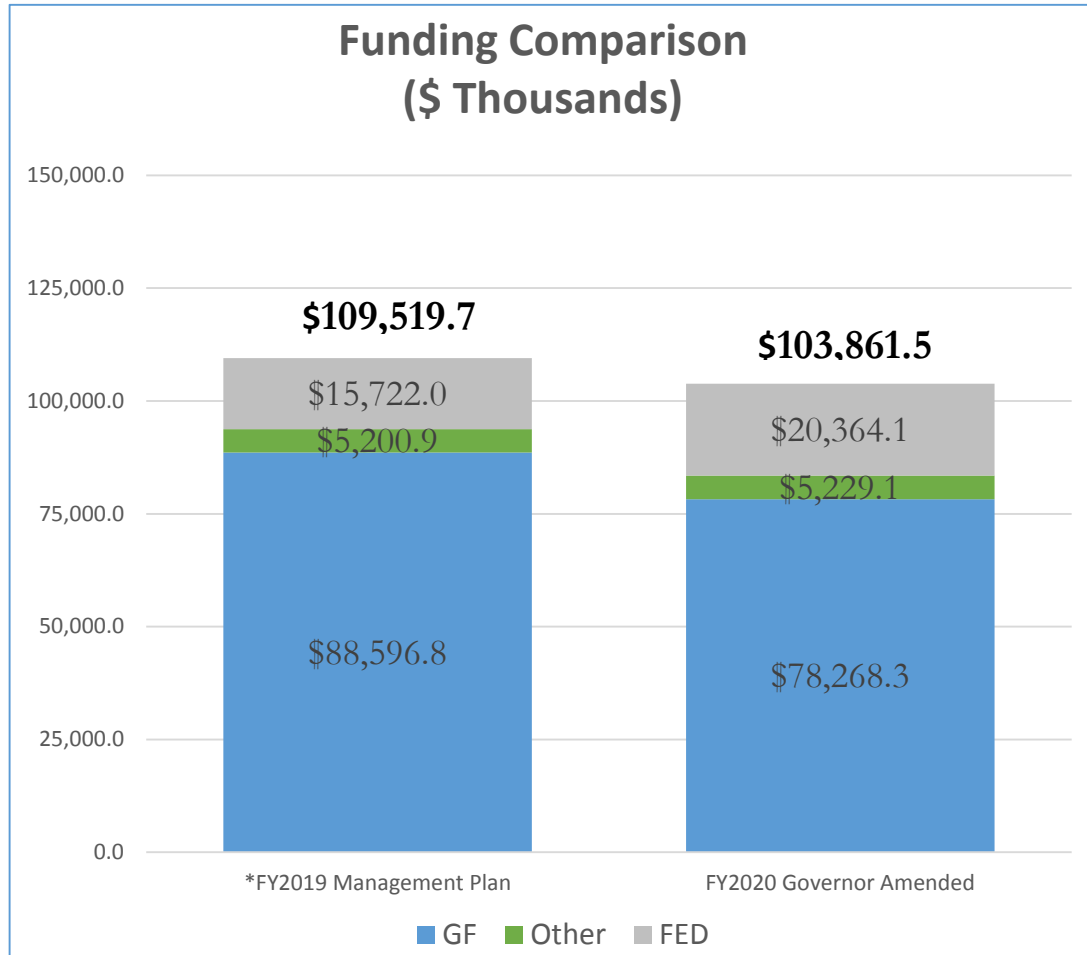
# Behavioral Health FY2020 Operating Budget: Core Services Alignment

*Mission: To manage an integrated and comprehensive behavioral health system based on sound policy, effective practices, and open partnerships*

Core Services	Combined General Fund	Other	Federal	Total	% GF
Protect and promote the health of Alaskans	\$ 68,093.3	\$ 3,581.7	\$ 17,716.5	\$ 89,391.5	76.2%
Provide quality of life in a safe living environment for Alaskans	\$ 5,479.2	\$ 209.3	\$ 1,425.4	\$ 7,113.9	77.0%
Manage health care coverage for Alaskans in need	\$ 782.6	\$ 96.7	\$ 204.2	\$ 1,083.5	72.2%
Facilitate access to affordable health care for Alaskans	\$ 783.1	\$ 411.9	\$ 203.2	\$ 1,398.2	56.0%
Strengthen Alaska families	\$ 782.1	\$ 344.6	\$ 204.1	\$ 1,330.8	58.8%
Protect vulnerable Alaskans	\$ 2,348.0	\$ 89.9	\$ 610.7	\$ 3,048.6	77.0%
Promote personal responsibility and accountable decisions by Alaskans	\$ -	\$ 495.0	\$ -	\$ 495.0	0.0%
<b>FY2020 Governor's Amended</b>	<b>\$ 78,268.3</b>	<b>\$ 5,229.1</b>	<b>\$ 20,364.1</b>	<b>\$ 103,861.5</b>	<b>75.4%</b>



# Behavioral Health: Funding and PCN Comparison

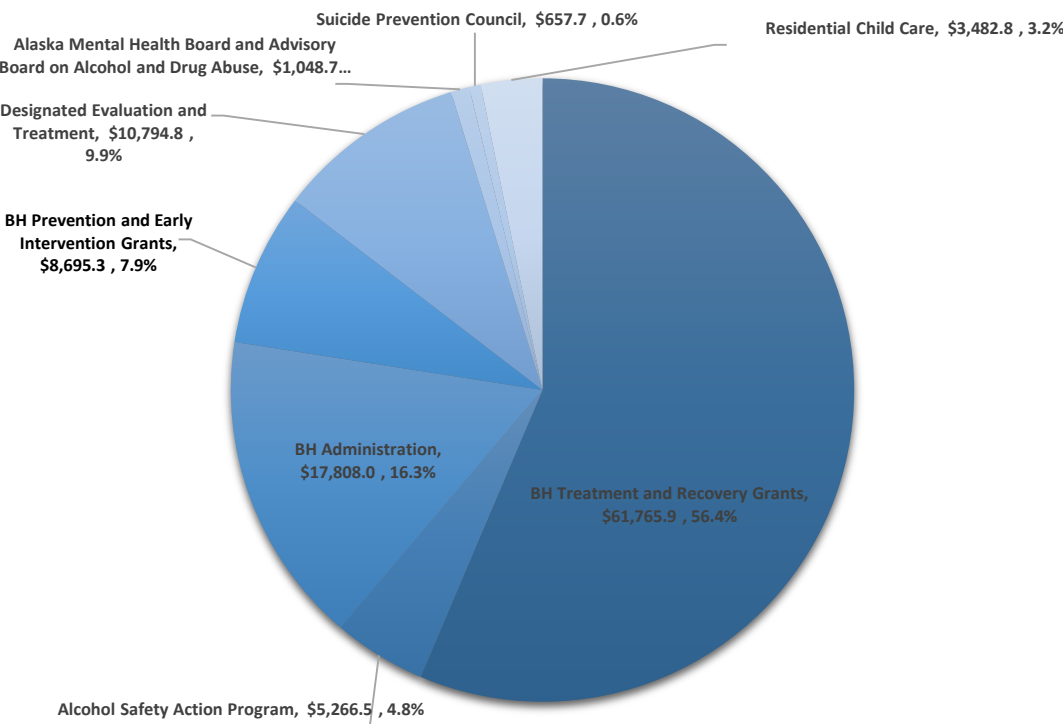


\*Does not include Alaska Psychiatric Institute (API)

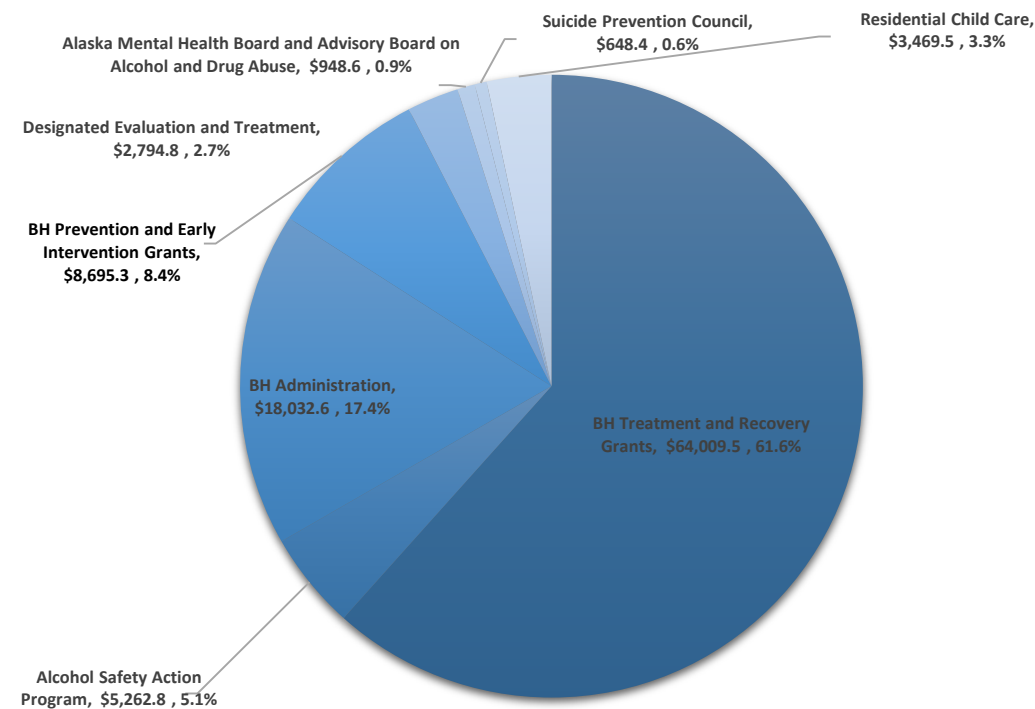
# Behavioral Health FY2020 Operating Budget: Fiscal Year Comparison

## All Funds

**\*FY2019 Management Plan: \$109,519.7**



**FY2020 Governor’s Amended Total: \$103,861.5**



\*Does not include Alaska Psychiatric Institute (API)

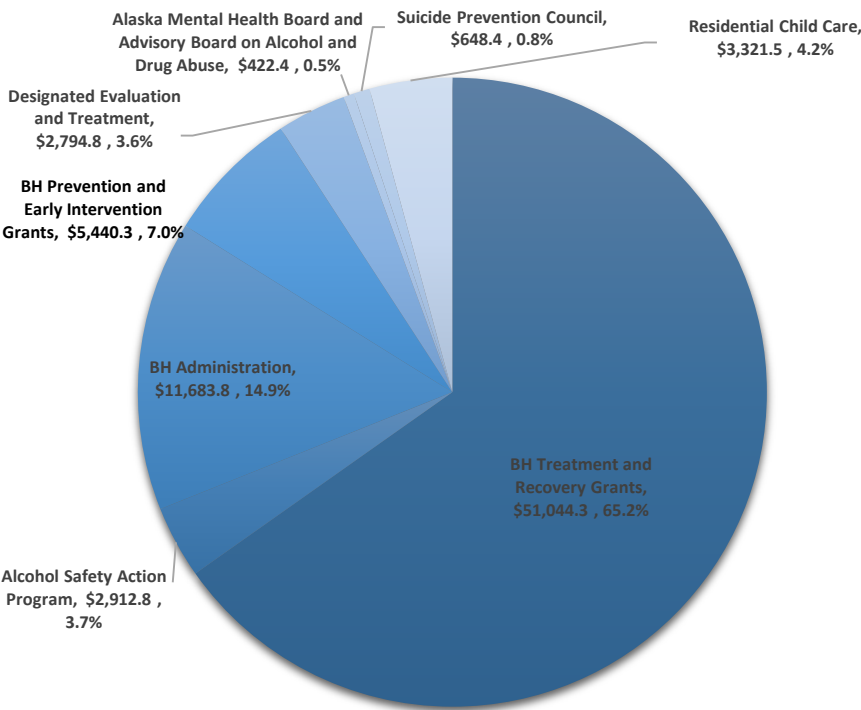
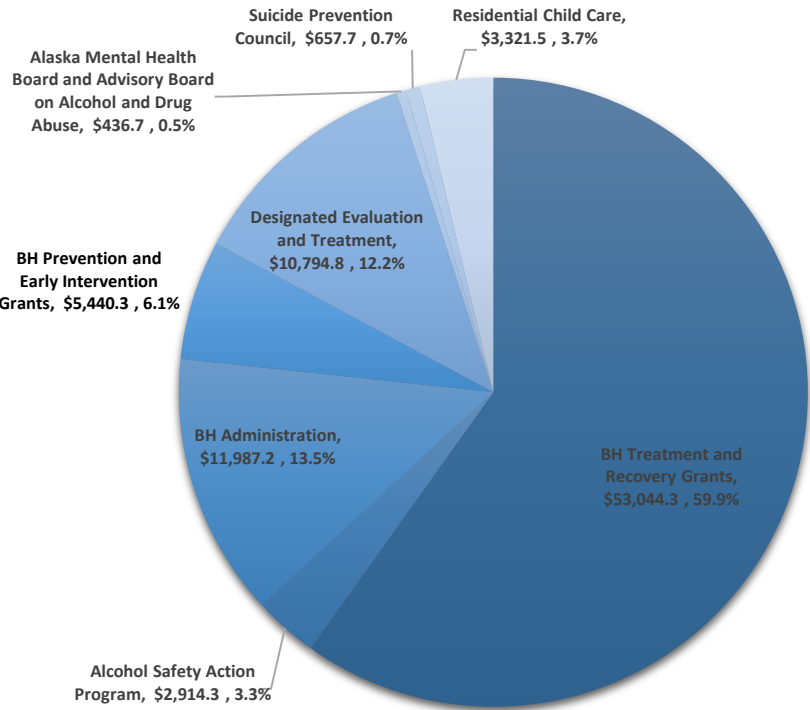


# DBH FY2020 Operating Budget: Fiscal Year Comparison

## Combined General Funds

**\*FY2019 Management Plan: \$88,596.8**

**FY2020 Governor’s Amended Total: \$78,268.3**



\*Does not include Alaska Psychiatric Institute (API)



## Division of Behavioral Health FY2020 Operating Budget: Change Summary

	*FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$54,776.5	\$51,403.4	(\$3,373.1)	-6%
DGF	\$33,820.3	\$26,864.9	(\$9,955.4)	-21%
Other	\$5,200.9	\$5,229.1	\$28.2	1%
Federal	\$15,722.0	\$20,364.1	\$4,642.1	30%
<b>Total Budget</b>	<b>\$109,519.7</b>	<b>\$103,861.5</b>	<b>(\$5,658.2)</b>	<b>-5%</b>

- 50% Travel reduction of (\$253.4) total; (\$100.7) UGF, (\$80.4) DGF, (\$37.7) Other, (\$34.6) Fed
- Reinstate Medicaid rate for reimbursement of transportation of involuntary commitments (\$1,000.0) GF
- Reverse (\$2,000.0) GF funds for Substance Use Disorder Program (HB257 FY16-FY19 multi-year operating)
- Additional \$215.0 Other funds for grants/benefits authority will provide grants for mental health and substance abuse services (HB216)
- Increase to combat the opioid crisis \$4,790.0 Fed
- Additional \$125.0 MET funds to establish a marijuana education and treatment program (SB104)

\*FY2019 Management Plan does not include Alaska Psychiatric Institute (API)



## Behavioral Health Treatment and Recovery Grants FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$32,731.6	\$30,731.6	(\$2,000.0)	-6%
DGF	\$20,312.7	\$20,312.7	\$0.0	0%
Other	\$1,292.4	\$1,457.4	\$165.0	13%
Federal	\$7,429.2	\$11,507.8	\$4,078.6	55%
<b>Total Budget</b>	<b>\$61,765.9</b>	<b>\$64,009.5</b>	<b>\$2,243.6</b>	<b>4%</b>

- Reverse (\$2,000.0) GF for Substance Use Disorder Program (HB257 FY16-FY19 multi-year operating)
- Additional \$215.0 Other funds for grants/benefits authority will provide grants for mental health and substance abuse services (HB216)
- Increase to combat the opioid crisis \$4,000.0 Fed

## Alcohol Safety Action Program FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$1,883.1	\$1,881.6	(\$1.5)	-0.1%
DGF	\$1,031.2	\$1,031.2	\$0.0	0%
Other	\$1,831.1	\$1,828.9	(\$2.2)	-0.1%
Federal	\$521.1	\$521.1	\$0.0	0%
Total Budget	\$5,266.5	\$5,262.8	(\$3.7)	-0.1%

- 50% Travel reduction of (\$1.5) UGF, (\$2.2) Other



## Behavioral Health Administration FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$10,222.8	\$9,874.8	(\$348.0)	-3%
DGF	\$1,764.4	\$1,809.0	\$44.6	3%
Other	\$1,565.8	\$1,451.7	(\$114.1)	-7%
Federal	\$4,255.0	\$4,897.1	\$642.1	15%
<b>Total Budget</b>	<b>\$17,808.0</b>	<b>\$18,032.6</b>	<b>\$224.6</b>	<b>1%</b>

- 50% Travel reduction of (\$75.6) UGF, (\$80.4) DGF, (\$2.1) Other, (\$34.6) Fed
- Increase to combat the opioid crisis \$790.0 Fed
- Additional \$125.0 MET funds to establish a marijuana education and treatment program (SB104)

## Behavioral Health Prevention and Early Intervention Grants FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$1,728.3	\$1,728.3	\$0.0	0%
DGF	\$3,712.0	\$3,712.0	\$0.0	0%
Other	\$0.0	\$0.0	\$0.0	0%
Federal	\$3,255.0	\$3,255.0	\$0.0	0%
Total Budget	\$8,695.3	\$8,695.3	\$0.0	0%

## Designated Evaluation and Treatment FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$3,794.8	\$2,794.8	(\$1,000.0)	-26%
DGF	\$7,000.0	\$0.0	(\$7,000.0)	-100%
Other	\$0.0	\$0.0	\$0.0	0%
Federal	\$0.0	\$0.0	\$0.0	0%
<b>Total Budget</b>	<b>\$10,794.8</b>	<b>\$2,794.8</b>	<b>(\$8,000.0)</b>	<b>-74%</b>

- Reinstate Medicaid rate for reimbursement of transportation of involuntary commitments (\$1,000.0) GF
- Reduction of (\$7,000.0) ACHI fund, reverse language section appropriation made in SLA2018; related to Disproportionate Share Hospital (DSH) DGF multi-year

# Alaska Mental Health Board and Advisory Board on Alcohol and Drug Abuse FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$436.7	\$422.4	(\$14.3)	-3%
DGF	\$0.0	\$0.0	\$0.0	0%
Other	\$511.6	\$491.1	(\$20.5)	-4%
Federal	\$100.4	\$35.1	(\$65.3)	-65%
<b>Total Budget</b>	<b>\$1,048.7</b>	<b>\$948.6</b>	<b>(\$100.1)</b>	<b>-10%</b>

- 50% Travel reduction of (\$14.5) UGF, (\$33.4) Other

## Suicide Prevention Council FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$657.7	\$648.4	(\$9.3)	-1%
DGF	\$0.0	\$0.0	\$0.0	0%
Other	\$0.0	\$0.0	\$0.0	0%
Federal	\$0.0	\$0.0	\$0.0	0%
Total Budget	\$657.7	\$648.4	(\$9.3)	-1%

- 50% Travel reduction of (\$9.3) UGF (GF/MH)

## Residential Child Care FY2020 Operating Budget: Change Summary

	FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$3,321.5	\$3,321.5	\$0.0	0%
DGF	\$0.0	\$0.0	\$0.0	0%
Other	\$0.0	\$0.0	\$0.0	0%
Federal	\$161.3	\$148.0	(\$13.3)	-8%
Total Budget	\$3,482.8	\$3,469.5	(\$13.3)	-0.4%

## **Division of Behavioral Health (DBH): Mission**

---

- Manage an integrated and comprehensive behavioral health system based on sound policy, effective practices, and partnerships

# Transforming the System: The 1115 Waiver Demonstration Project

---

- **1115 Waiver Approved in November 2018**
  - Allows federal partners to waive certain Medicaid rules
  - State's proposal must be cost neutral or better.
  - 1115 is a 2-3 year approval process with significant Division workload
  - Once approved amendments are far easier to approve
- **Current Approval:**
  - More treatment beds: Residential treatment facilities with more than 16 beds cannot bill Medicaid. CMS has waived this rule for Alaska, making approximately 66 additional treatment beds available to Alaska Medicaid recipients.
- **Future Approval:**
  - New Services: such as mobile crisis response, 23-hour crisis stabilization services, etc.
  - Child and Family benefits: Prevent those at risk for substance abuse, mental health, ACES from developing chronic and costly conditions
  - Community-based services: Direct care towards less intense services in the community, not institutions
  - Medication assisted treatment care coordination: MAT care coordination is a new service that will connect primary health care with behavioral health treatment
  - Early screening and intervention: New screening and intervention services in emergency departments to identify people with early signs of addiction.



## Division of Behavioral Health: Programs

- Prevention & Early Intervention
- Alcohol Safety Action Program
- Tobacco Compliance Unit
- Treatment & Recovery Grants Services
- Behavioral Health Medicaid Services



## Division of Behavioral Health: What is the impact?

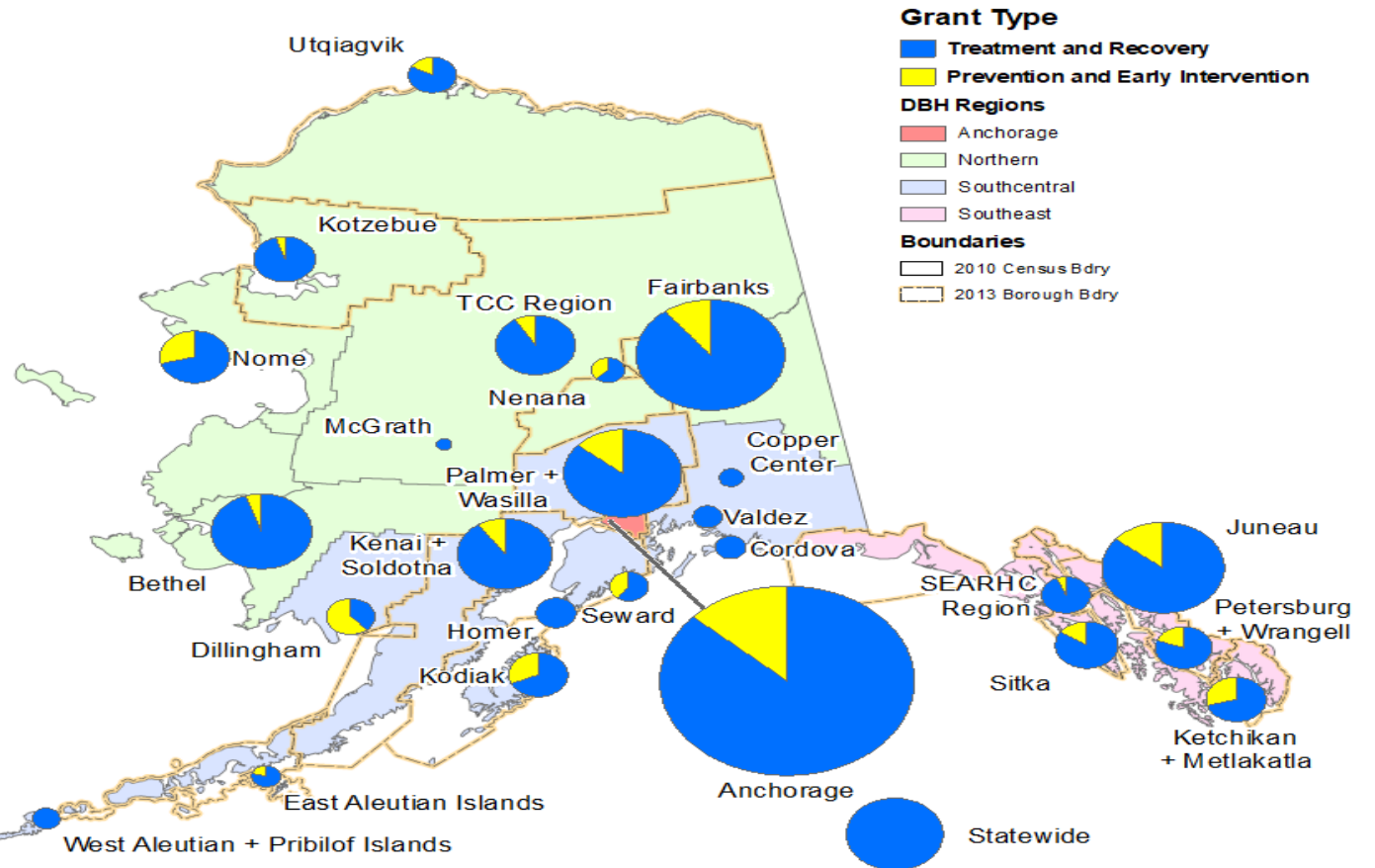
- Treating Substance Abuse and Mental Illness allows our recipients to become contributing members of society
- We want our recipients working and contributing to our economy; not in jail, not homeless, not in the ER, not on public assistance
- Every dollar invested in Substance Abuse Treatment saves \$4.00-\$7.00 elsewhere in the budget over the long run (Corrections, Public Assistance, Medicaid, AHFC Housing Vouchers, etc.)
- Cost of 1 day:
  - Substance abuse treatment at a community provider: \$116
  - Community mental health treatment: \$174
  - Jail: \$144
  - API: \$1445
  - Emergency Room: \$1,000 - \$5,000 depending on hospital



# Division of Behavioral Health: Grants

## FY 2019 Total DBH Grant Funding by Service Area and Grant Type

Service Area	Treatment & Recovery	Prevention & Intervention	TOTAL
Anchorage	\$19,696,742	\$2,997,744	\$22,694,486
Bethel	\$3,378,347	\$185,000	\$3,563,347
Copper Center	\$216,013		\$216,013
Cordova	\$330,926		\$330,926
Dillingham	\$308,906	\$507,000	\$815,906
East Aleutian Islands	\$232,781	\$60,765	\$293,546
Fairbanks / Fort Yukon	\$6,932,681	\$817,297	\$7,749,978
Homer	\$560,272		\$560,272
Juneau	\$4,476,881	\$736,151	\$5,213,032
Kenai / Soldotna	\$2,868,157	\$300,680	\$3,168,837
Ketchikan / Metlakatla	\$886,661	\$371,071	\$1,257,732
Kodiak	\$833,391	\$385,000	\$1,218,391
Kotzebue	\$1,245,102	\$60,000	\$1,305,102
McGrath	\$84,566		\$84,566
Nenana	\$242,423	\$145,000	\$387,423
Nome	\$1,203,128	\$497,000	\$1,700,128
Palmer / Wasilla	\$4,173,431	\$667,092	\$4,840,523
Petersburg / Wrangell	\$902,153	\$219,062	\$1,121,215
SEARHC Region	\$790,638	\$55,000	\$845,638
Seward	\$318,403	\$210,000	\$528,403
Sitka	\$1,176,252	\$215,000	\$1,391,252
TCC Region	\$2,045,046	\$194,848	\$2,239,894
Utqiagvik	\$668,021	\$134,942	\$802,963
Valdez	\$300,019		\$300,019
West Aleutian / Pribilofs	\$273,801		\$273,801
Other Statewide Grants	\$3,265,297		\$3,265,297
<b>TOTAL:</b>	<b>\$57,410,038</b>	<b>\$8,758,652</b>	<b>\$66,168,690</b>



Source: FY19 Grantee Database as of 2-19-2019 - Division of Behavioral Health

## Division of Behavioral Health: Leveraging Federal Funds \$18.9 Million

- **Opioid Grants \$8.8 Million**

- State Targeted Response (FY18-19)
- Medication Assisted Treatment Prescription Drug Opioid Addiction (Ends FY19)
- Prevent Prescription Drug Overdose Project Hope (FY19-21)
- State Opioid Response (FY19-20)

- **Other Grants \$10.1 Million**

- Path (FY19-23): Services for mentally ill patients at risk of homelessness
- Partnership for Success (FY19-20): Substance abuse prevention activities
- Health Resources and Services Administration Annual Amount (FY19-23):  
Telehealth/rural access to psychiatric care
- SABG Block Grant: Community based substance abuse treatment and prevention
- MHBG Block Grant: Community based substance abuse treatment and prevention

## Division of Behavioral Health: Medicaid Quality Assurance Services Section

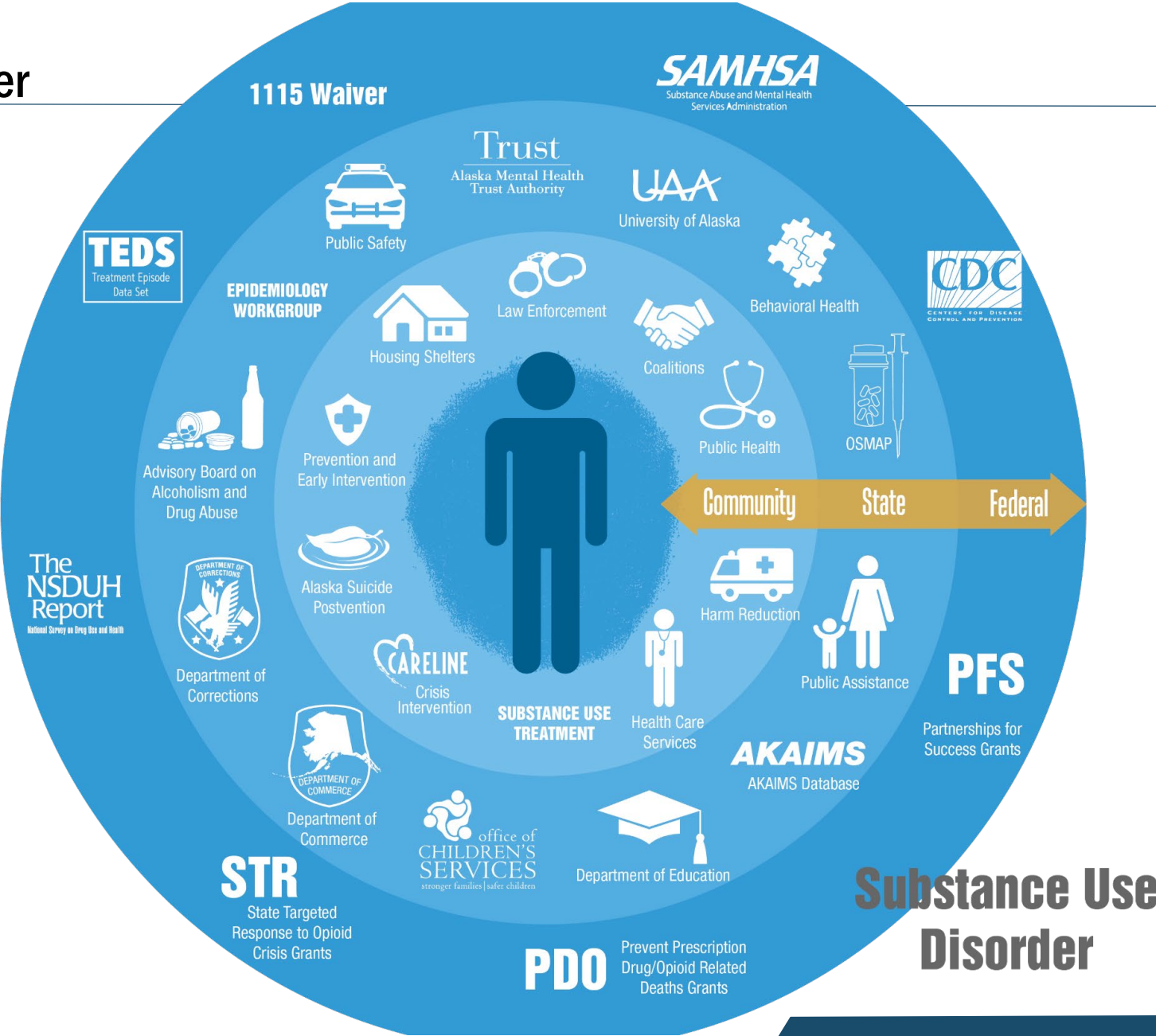
- The DBH Medicaid Quality Assurance Services Section provides program integrity and quality control in addition to services to specific populations through Medicaid coverage
- Currently Behavioral Health services covered by Medicaid are administered through the state plan:
  - Includes Substance Use Disorder, Rehabilitative Services, and Clinical services, for adults and children
  - Children under 21 with a diagnosis of Autism are eligible for Autism Services from enrolled Board Certified Behavioral Analysis (BCBA) agencies. These are state plan services
  - Children under 21 years of age who need a higher level of residential psychiatric care not available in the State of Alaska; many of these children have co-occurring mental health and developmental delays and need highly specialized care. DBH Medicaid staff provide a high level of oversight to ensure these youth are receiving the needed quality of care



## Division of Behavioral Health: Prevention & Early Intervention Services

- Comprehensive Behavioral Health Prevention and Early Intervention Community Coalitions
- Suicide Prevention-CareLine; Trauma-Engaged Alaska Alternative School Initiative-provide counselors in 14 alternative schools; community training
- Rural human services systems project (RHSS) is a partnership between DBH and the University of Alaska Fairbanks (UAF) College of Rural Alaska
- Tobacco Compliance program works directly in communities across Alaska to reduce youth access to tobacco, e-cigarette, and vape products from retailers
- Alcohol Safety Action Program (ASAP) provides substance abuse screening, case management and accountability for DWI and other alcohol/drug related misdemeanor cases

# Substance Use Disorder



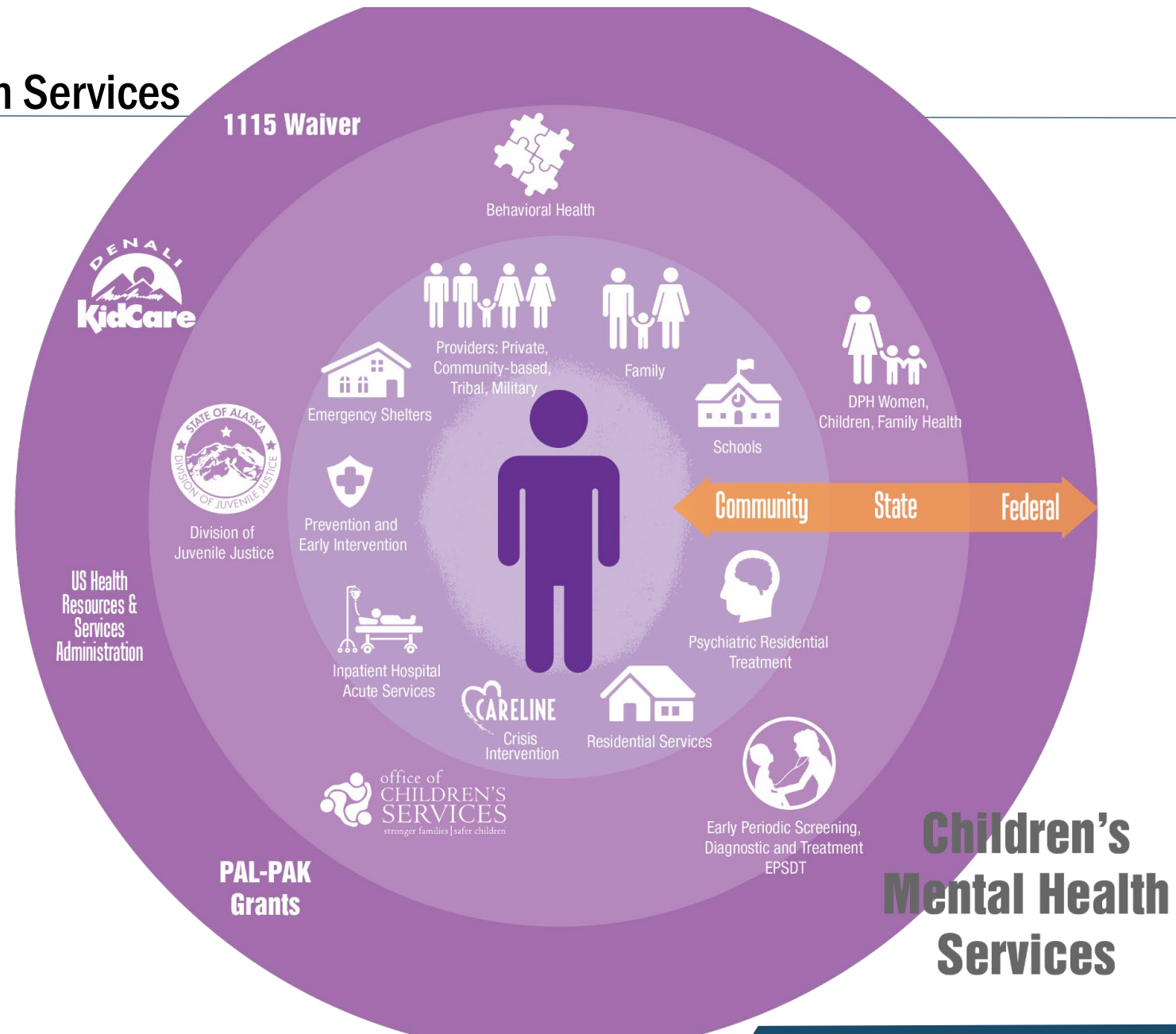


## Division of Behavioral Health: Substance Use Update (including opioids)

- **New Funding:**
  - State Opioid Response Funds are getting disbursed to communities
- **Expanding Access to treatment:**
  - 320 prescribers that can prescribe medication to treat addiction (Buprenorphine)
  - All four (4) methadone clinics in Alaska are billing Medicaid
  - Making efforts to strengthen coordination between primary care and behavioral health
  - DBH established online treatment bed locator
  - Expansion of withdrawal management services increased bed capacity by 15%
  - FY19 appropriation of \$12 million expansion has funded crisis stabilization, withdrawal management, supported housing



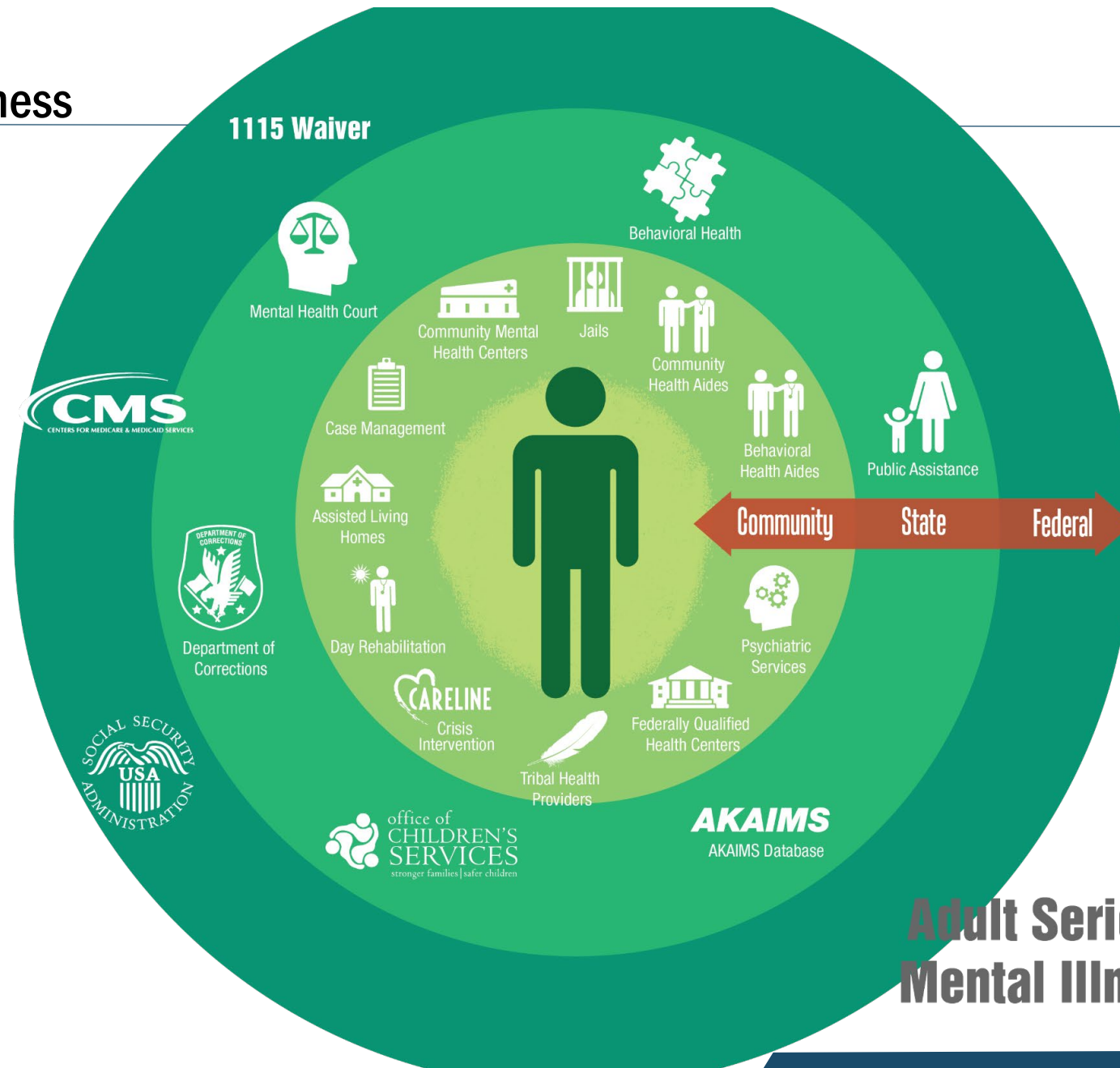
# Children's Mental Health Services



## Division of Behavioral Health: Children's Mental Health Services

- 24-hour care for vulnerable children (custody and non-custody) who are unable to remain in their own home
- Structured and therapeutic intervention for youth who present severe and complex needs
- Individual Group and Family psychotherapy
- Substance abuse, severe emotional disorders, delinquency, and other at-risk behaviors
- Three levels of 24 hour residential care up to inpatient hospital acute services

# Adult Serious Mental Illness

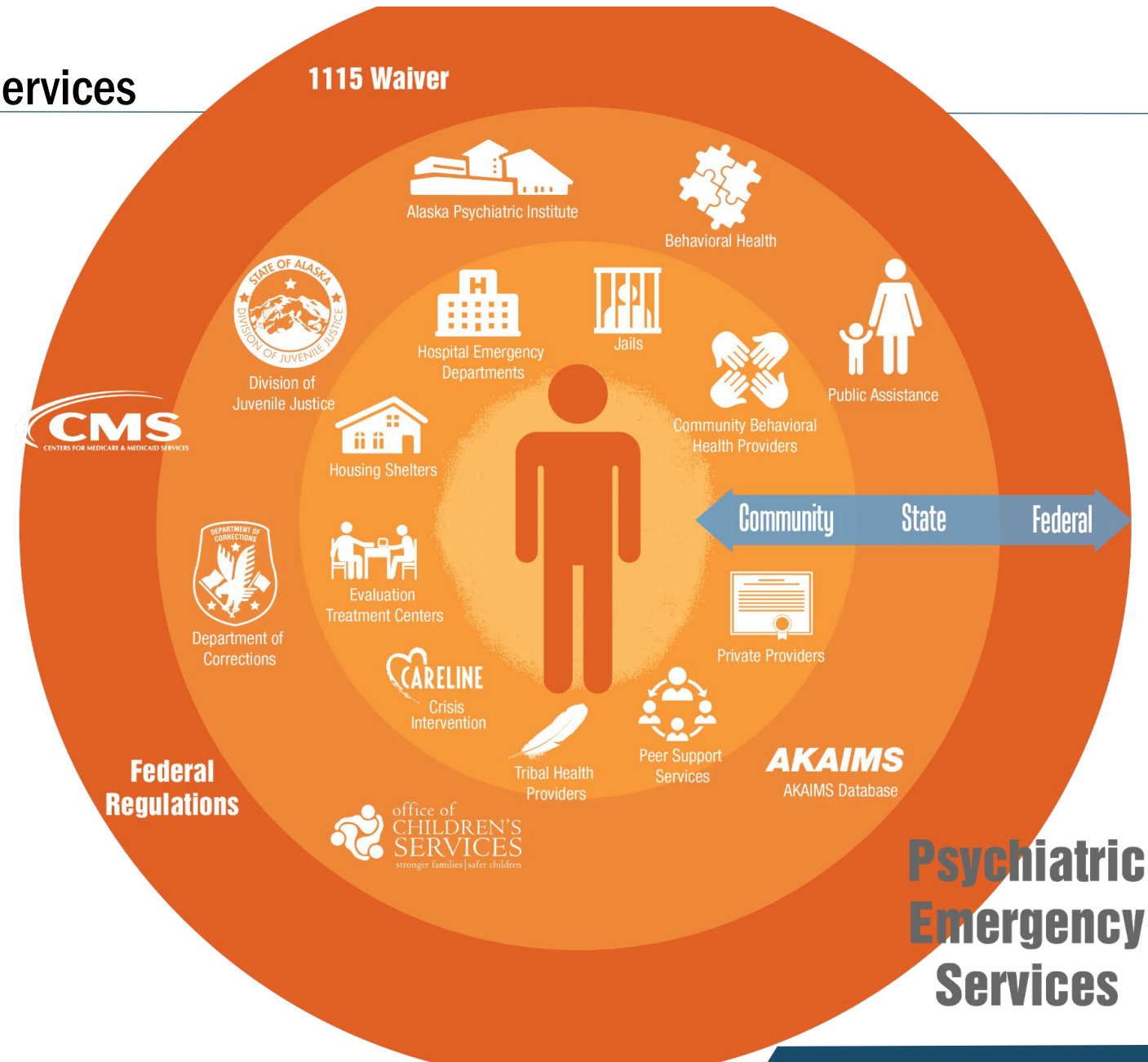


## Division of Behavioral Health: Initiatives for Adults with Serious Mental Illness

---

- Peer services
- Outreach to individuals
- Referrals to services
- Alaska Community Living Program
- Rehabilitative Services
- Supported Employment

# Psychiatric Emergency Services



## Division of Behavioral Health: Psychiatric Emergency Services

---

- **Current Services:**

- Disproportionate Share Hospitals (DSH)
- Designated Evaluation & Treatment (DET)
- Title 47
- Including voluntary in lieu of involuntary commitments
- Community Psychiatric Emergency Services (PES) Providers

- **Initiatives:**

- Forensic Feasibility Study
- 1115 exclusion from Institute of Mental Disease (IMD) exemption
- Crisis stabilization
- DSH agreements with eligible hospitals



# Sustainable, Predictable, Affordable

