

State of Alaska

Office of Management and Budget

FY2020 Operating Budget Overview:
Department of Health and Social Services
Division of Behavioral Health
Presentation to the House HSS Finance Subcommittee
March 12, 2019

Acting Director Gennifer Moreau-Johnson, Administrative Services Director Sana Efird



THE STATE
of **ALASKA**
GOVERNOR MICHAEL J. DUNLEAVY

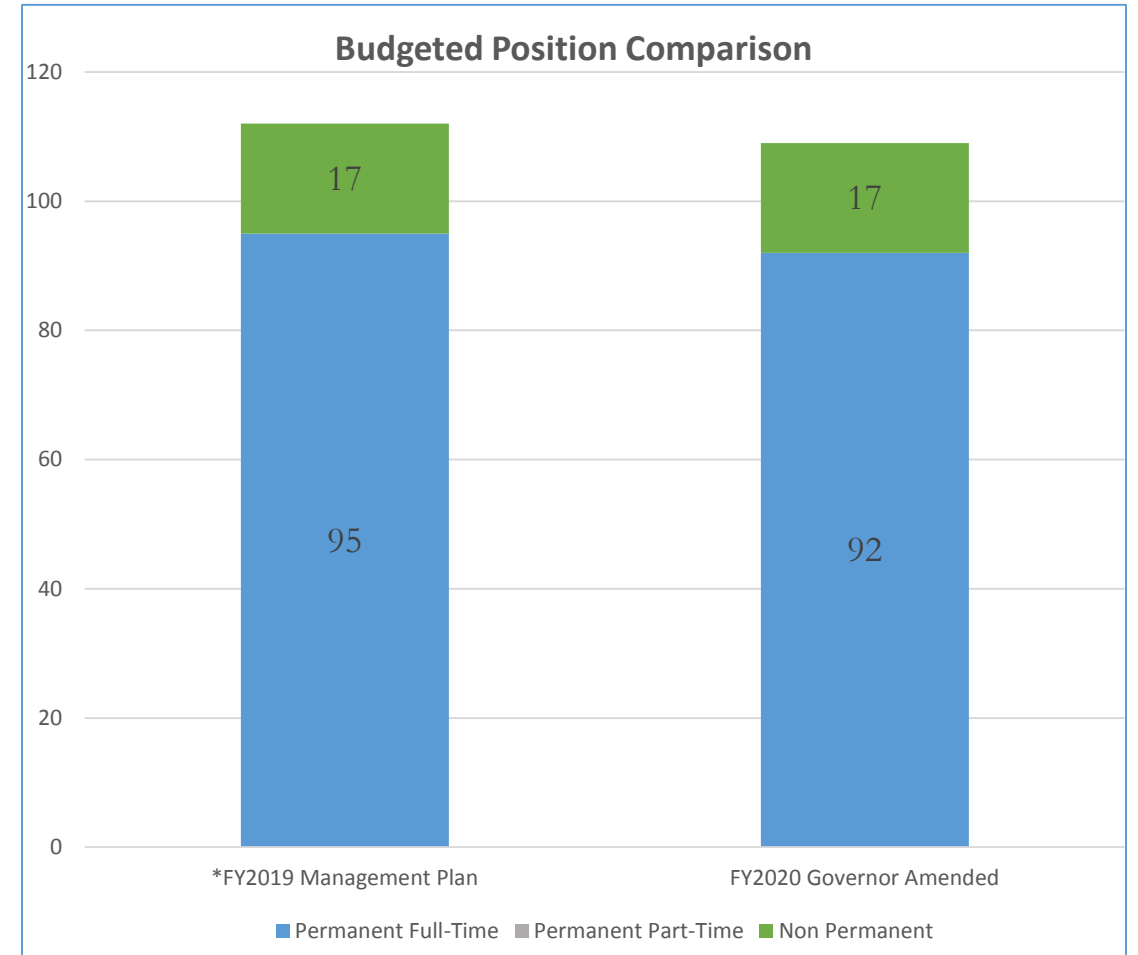
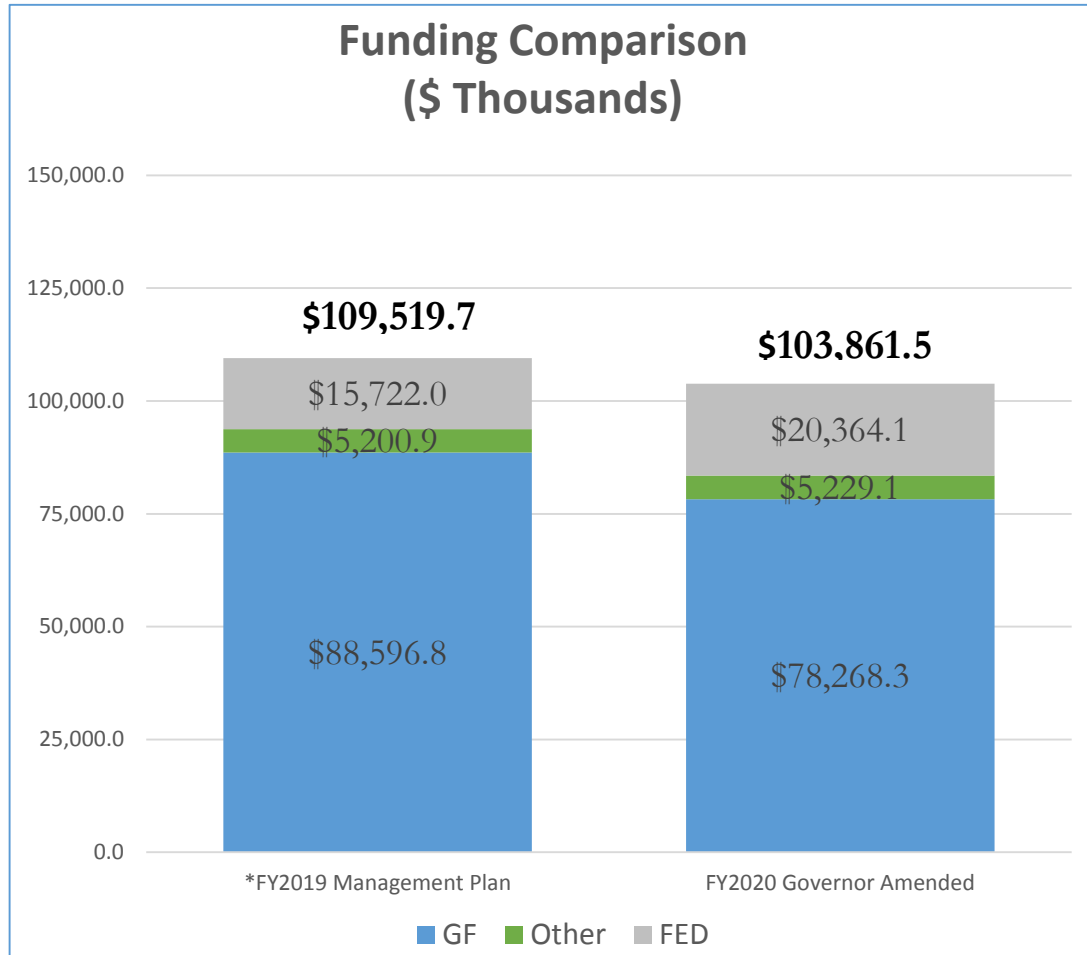
Behavioral Health FY2020 Operating Budget: Core Services Alignment

Mission: To manage an integrated and comprehensive behavioral health system based on sound policy, effective practices, and open partnerships

Core Services	Combined General Fund	Other	Federal	Total	% GF
Protect and promote the health of Alaskans	\$ 68,093.3	\$ 3,581.7	\$ 17,716.5	\$ 89,391.5	76.2%
Provide quality of life in a safe living environment for Alaskans	\$ 5,479.2	\$ 209.3	\$ 1,425.4	\$ 7,113.9	77.0%
Manage health care coverage for Alaskans in need	\$ 782.6	\$ 96.7	\$ 204.2	\$ 1,083.5	72.2%
Facilitate access to affordable health care for Alaskans	\$ 783.1	\$ 411.9	\$ 203.2	\$ 1,398.2	56.0%
Strengthen Alaska families	\$ 782.1	\$ 344.6	\$ 204.1	\$ 1,330.8	58.8%
Protect vulnerable Alaskans	\$ 2,348.0	\$ 89.9	\$ 610.7	\$ 3,048.6	77.0%
Promote personal responsibility and accountable decisions by Alaskans	\$ -	\$ 495.0	\$ -	\$ 495.0	0.0%
FY2020 Governor's Amended	\$ 78,268.3	\$ 5,229.1	\$ 20,364.1	\$ 103,861.5	75.4%



Behavioral Health: Funding and PCN Comparison



*Does not include Alaska Psychiatric Institute (API)

Division of Behavioral Health FY2020 Operating Budget: Change Summary

	*FY2019 Management Plan	FY2020 Governor Amended	Difference	% of Change
UGF	\$54,776.5	\$51,403.4	(\$3,373.1)	-6%
DGF	\$33,820.3	\$26,864.9	(\$9,955.4)	-21%
Other	\$5,200.9	\$5,229.1	\$28.2	1%
Federal	\$15,722.0	\$20,364.1	\$4,642.1	30%
Total Budget	\$109,519.7	\$103,861.5	(\$5,658.2)	-5%

- 50% Travel reduction of (\$253.4) total; (\$100.7) UGF, (\$80.4) DGF, (\$37.7) Other, (\$34.6) Fed
- Reinstate Medicaid rate for reimbursement of transportation of involuntary commitments (\$1,000.0) GF
- Reverse (\$2,000.0) GF funds for Substance Use Disorder Program (HB257 FY16-FY19 multi-year operating)
- Additional \$215.0 Other funds for grants/benefits authority will provide grants for mental health and substance abuse services (HB216)
- Increase to combat the opioid crisis \$4,790.0 Fed
- Additional \$125.0 MET funds to establish a marijuana education and treatment program (SB104)

*FY2019 Management Plan does not include Alaska Psychiatric Institute (API)



Division of Behavioral Health (DBH): Mission

- Manage an integrated and comprehensive behavioral health system based on sound policy, effective practices, and partnerships

Transforming the System: The 1115 Waiver Demonstration Project

- **1115 Waiver Approved in November 2018**
 - Allows federal partners to waive certain Medicaid rules
 - State's proposal must be cost neutral or better.
 - 1115 is a 2-3 year approval process with significant Division workload
 - Once approved amendments are far easier to approve
- **Current Approval:**
 - More treatment beds: Residential treatment facilities with more than 16 beds cannot bill Medicaid. CMS has waived this rule for Alaska, making approximately 66 additional treatment beds available to Alaska Medicaid recipients.
- **Future Approval:**
 - New Services: such as mobile crisis response, 23-hour crisis stabilization services, etc.
 - Child and Family benefits: Prevent those at risk for substance abuse, mental health, ACES from developing chronic and costly conditions
 - Community-based services: Direct care towards less intense services in the community, not institutions
 - Medication assisted treatment care coordination: MAT care coordination is a new service that will connect primary health care with behavioral health treatment
 - Early screening and intervention: New screening and intervention services in emergency departments to identify people with early signs of addiction.

Division of Behavioral Health: Programs

- Prevention & Early Intervention
- Alcohol Safety Action Program
- Tobacco Compliance Unit
- Treatment & Recovery Grants Services
- Behavioral Health Medicaid Services



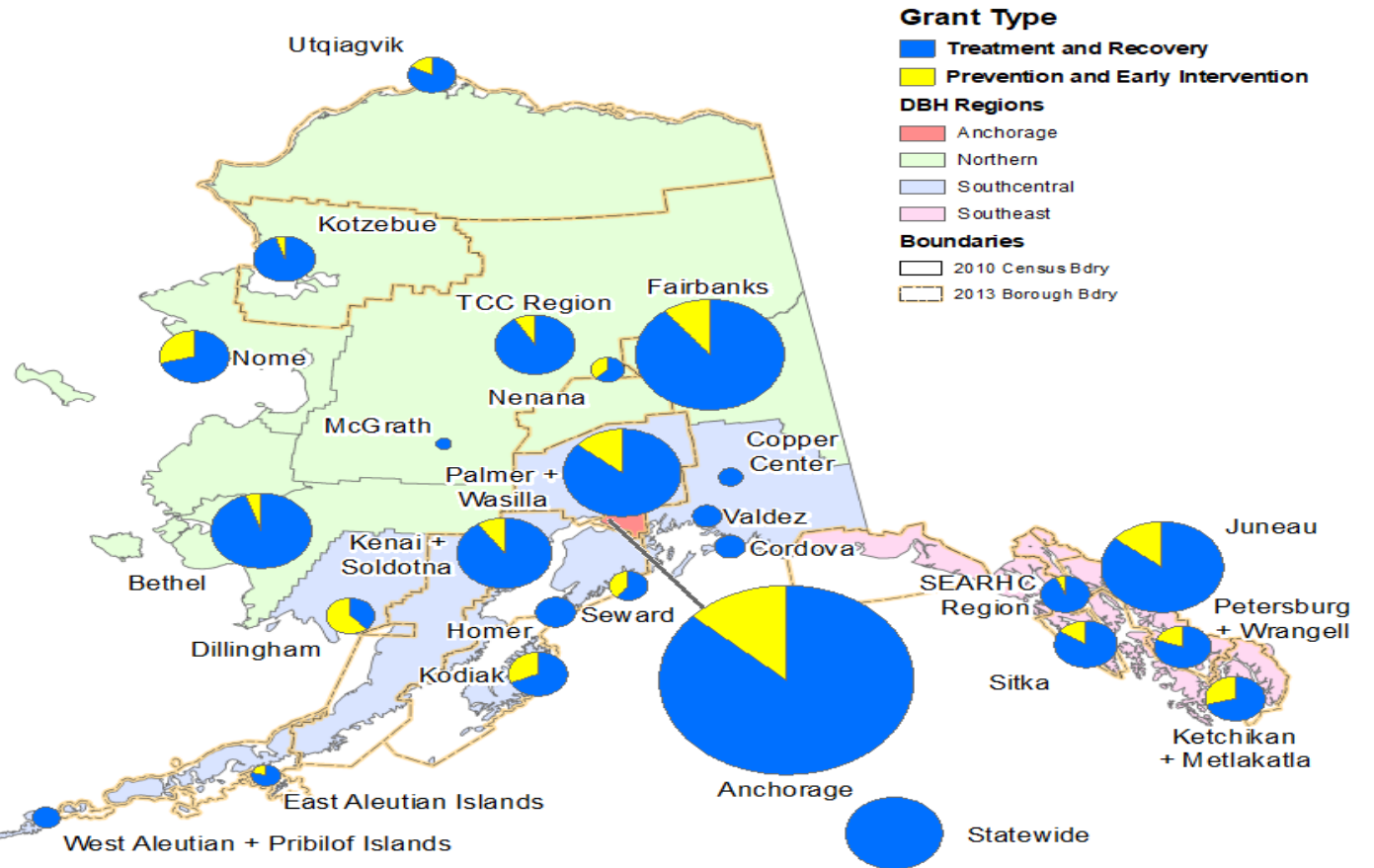
Division of Behavioral Health: What is the impact?

- Treating Substance Abuse and Mental Illness allows our recipients to become contributing members of society
- We want our recipients working and contributing to our economy; not in jail, not homeless, not in the ER, not on public assistance
- Every dollar invested in Substance Abuse Treatment saves \$4.00-\$7.00 elsewhere in the budget over the long run (Corrections, Public Assistance, Medicaid, AHFC Housing Vouchers, etc.)
- Cost of 1 day:
 - Substance abuse treatment at a community provider: \$116
 - Community mental health treatment: \$174
 - Jail: \$144
 - API: \$1445
 - Emergency Room: \$1,000 - \$5,000 depending on hospital

Division of Behavioral Health: Grants

FY 2019 Total DBH Grant Funding by Service Area and Grant Type

Service Area	Treatment & Recovery	Prevention & Intervention	TOTAL
Anchorage	\$19,696,742	\$2,997,744	\$22,694,486
Bethel	\$3,378,347	\$185,000	\$3,563,347
Copper Center	\$216,013		\$216,013
Cordova	\$330,926		\$330,926
Dillingham	\$308,906	\$507,000	\$815,906
East Aleutian Islands	\$232,781	\$60,765	\$293,546
Fairbanks / Fort Yukon	\$6,932,681	\$817,297	\$7,749,978
Homer	\$560,272		\$560,272
Juneau	\$4,476,881	\$736,151	\$5,213,032
Kenai / Soldotna	\$2,868,157	\$300,680	\$3,168,837
Ketchikan / Metlakatla	\$886,661	\$371,071	\$1,257,732
Kodiak	\$833,391	\$385,000	\$1,218,391
Kotzebue	\$1,245,102	\$60,000	\$1,305,102
McGrath	\$84,566		\$84,566
Nenana	\$242,423	\$145,000	\$387,423
Nome	\$1,203,128	\$497,000	\$1,700,128
Palmer / Wasilla	\$4,173,431	\$667,092	\$4,840,523
Petersburg / Wrangell	\$902,153	\$219,062	\$1,121,215
SEARHC Region	\$790,638	\$55,000	\$845,638
Seward	\$318,403	\$210,000	\$528,403
Sitka	\$1,176,252	\$215,000	\$1,391,252
TCC Region	\$2,045,046	\$194,848	\$2,239,894
Utqiagvik	\$668,021	\$134,942	\$802,963
Valdez	\$300,019		\$300,019
West Aleutian / Pribilofs	\$273,801		\$273,801
Other Statewide Grants	\$3,265,297		\$3,265,297
TOTAL:	\$57,410,038	\$8,758,652	\$66,168,690



Source: FY19 Grantee Database as of 2-19-2019 - Division of Behavioral Health



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Division of Behavioral Health: Leveraging Federal Funds \$18.9 Million

- **Opioid Grants \$8.8 Million**
 - State Targeted Response (FY18-19)
 - Medication Assisted Treatment Prescription Drug Opioid Addiction (Ends FY19)
 - Prevent Prescription Drug Overdose Project Hope (FY19-21)
 - State Opioid Response (FY19-20)
- **Other Grants \$10.1 Million**
 - Path (FY19-23): Services for mentally ill patients at risk of homelessness
 - Partnership for Success (FY19-20): Substance abuse prevention activities
 - Health Resources and Services Administration Annual Amount (FY19-23):
Telehealth/rural access to psychiatric care
 - SABG Block Grant: Community based substance abuse treatment and prevention
 - MHBG Block Grant: Community based substance abuse treatment and prevention

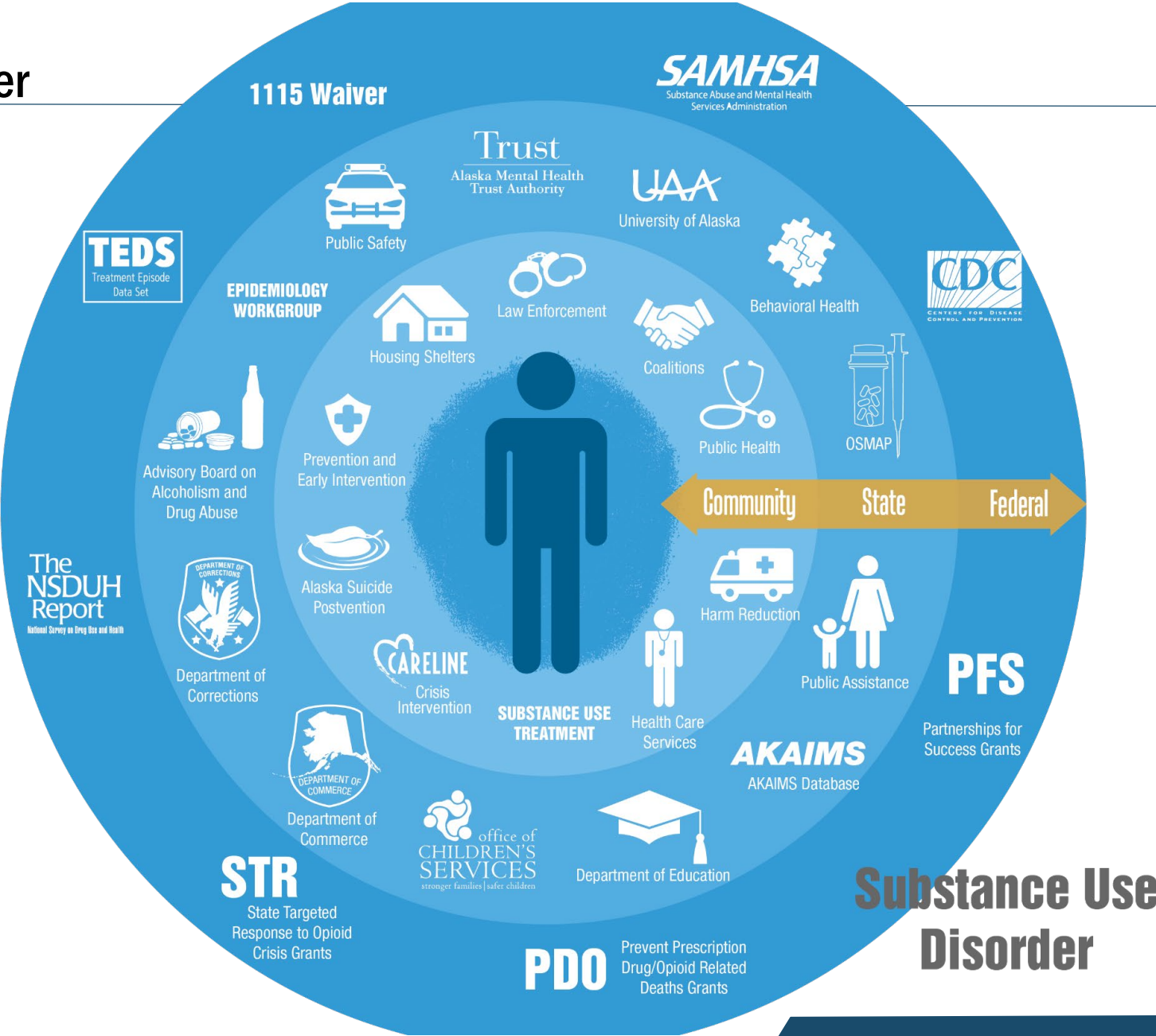
Division of Behavioral Health: Medicaid Quality Assurance Services Section

- The DBH Medicaid Quality Assurance Services Section provides program integrity and quality control in addition to services to specific populations through Medicaid coverage
- Currently Behavioral Health services covered by Medicaid are administered through the state plan:
 - Includes Substance Use Disorder, Rehabilitative Services, and Clinical services, for adults and children
 - Children under 21 with a diagnosis of Autism are eligible for Autism Services from enrolled Board Certified Behavioral Analysis (BCBA) agencies. These are state plan services
 - Children under 21 years of age who need a higher level of residential psychiatric care not available in the State of Alaska; many of these children have co-occurring mental health and developmental delays and need highly specialized care. DBH Medicaid staff provide a high level of oversight to ensure these youth are receiving the needed quality of care

Division of Behavioral Health: Prevention & Early Intervention Services

- Comprehensive Behavioral Health Prevention and Early Intervention Community Coalitions
- Suicide Prevention-CareLine; Trauma-Engaged Alaska Alternative School Initiative-provide counselors in 14 alternative schools; community training
- Rural human services systems project (RHSS) is a partnership between DBH and the University of Alaska Fairbanks (UAF) College of Rural Alaska
- Tobacco Compliance program works directly in communities across Alaska to reduce youth access to tobacco, e-cigarette, and vape products from retailers
- Alcohol Safety Action Program (ASAP) provides substance abuse screening, case management and accountability for DWI and other alcohol/drug related misdemeanor cases

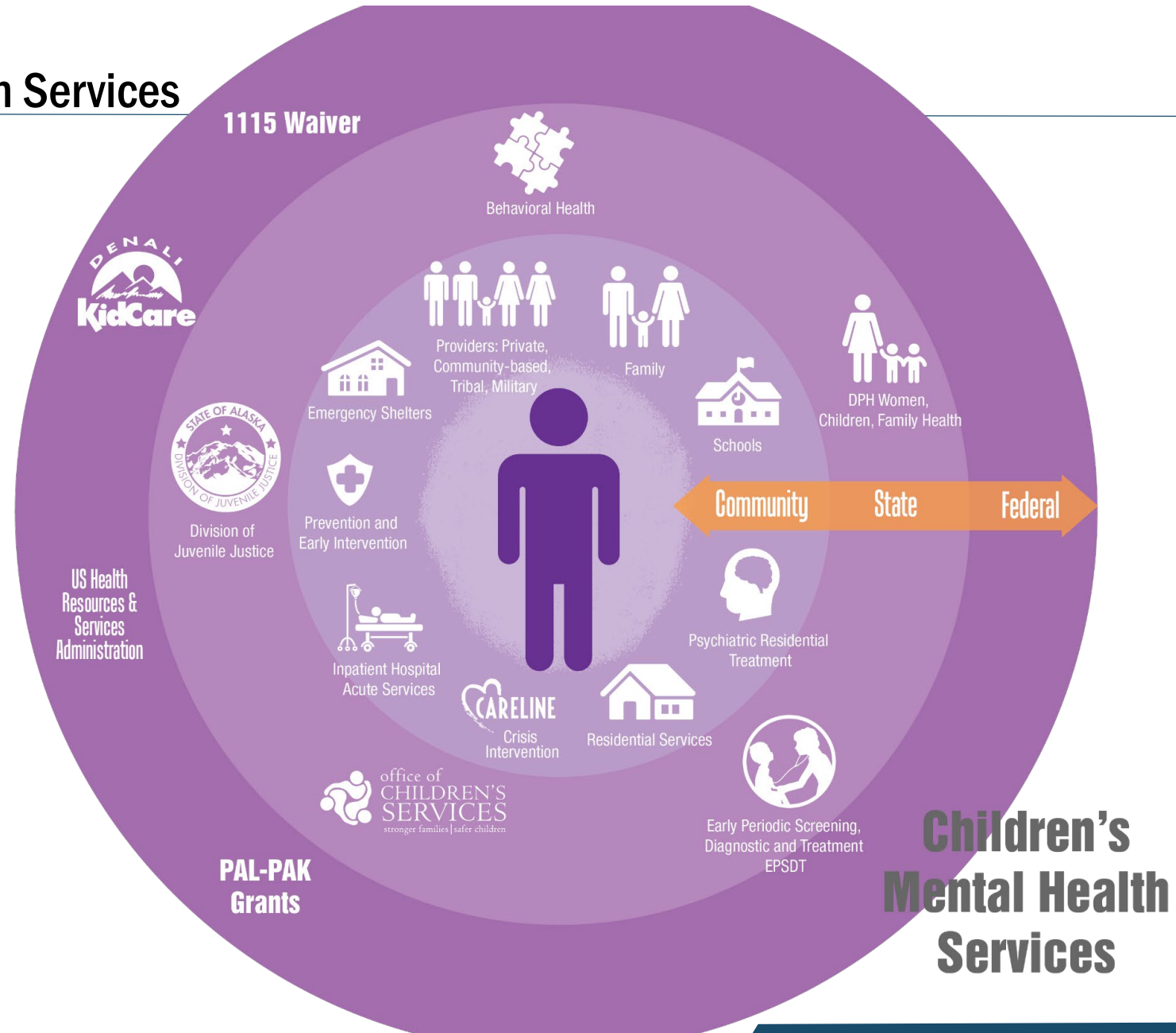
Substance Use Disorder



Division of Behavioral Health: Substance Use Update (including opioids)

- **New Funding:**
 - State Opioid Response Funds are getting disbursed to communities
- **Expanding Access to treatment:**
 - 320 prescribers that can prescribe medication to treat addiction (Buprenorphine)
 - All four (4) methadone clinics in Alaska are billing Medicaid
 - Making efforts to strengthen coordination between primary care and behavioral health
 - DBH established online treatment bed locator
 - Expansion of withdrawal management services increased bed capacity by 15%
 - FY19 appropriation of \$12 million expansion has funded crisis stabilization, withdrawal management, supported housing

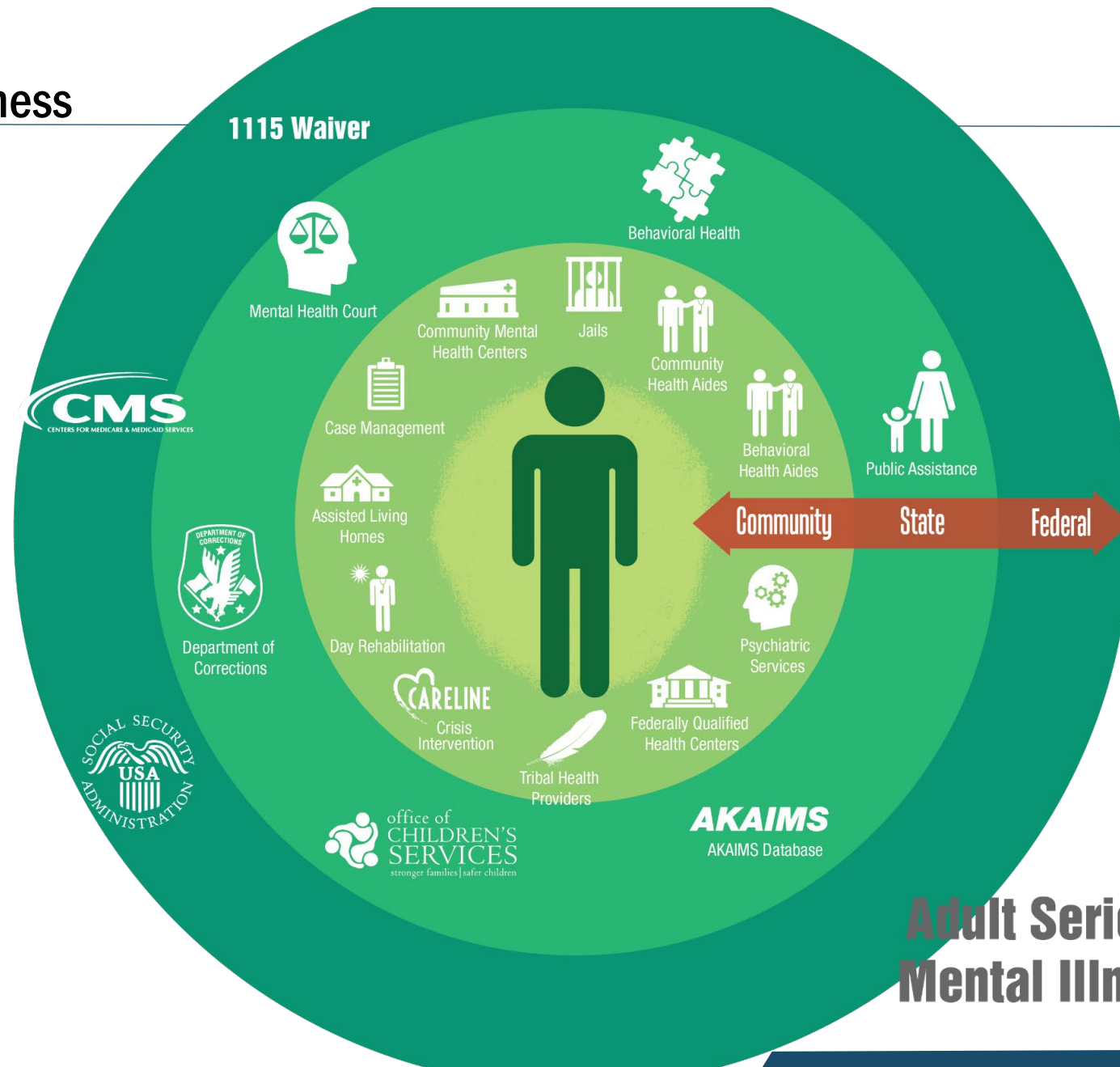
Children's Mental Health Services



Division of Behavioral Health: Children's Mental Health Services

- 24-hour care for vulnerable children (custody and non-custody) who are unable to remain in their own home
- Structured and therapeutic intervention for youth who present severe and complex needs
- Individual Group and Family psychotherapy
- Substance abuse, severe emotional disorders, delinquency, and other at-risk behaviors
- Three levels of 24 hour residential care up to inpatient hospital acute services

Adult Serious Mental Illness

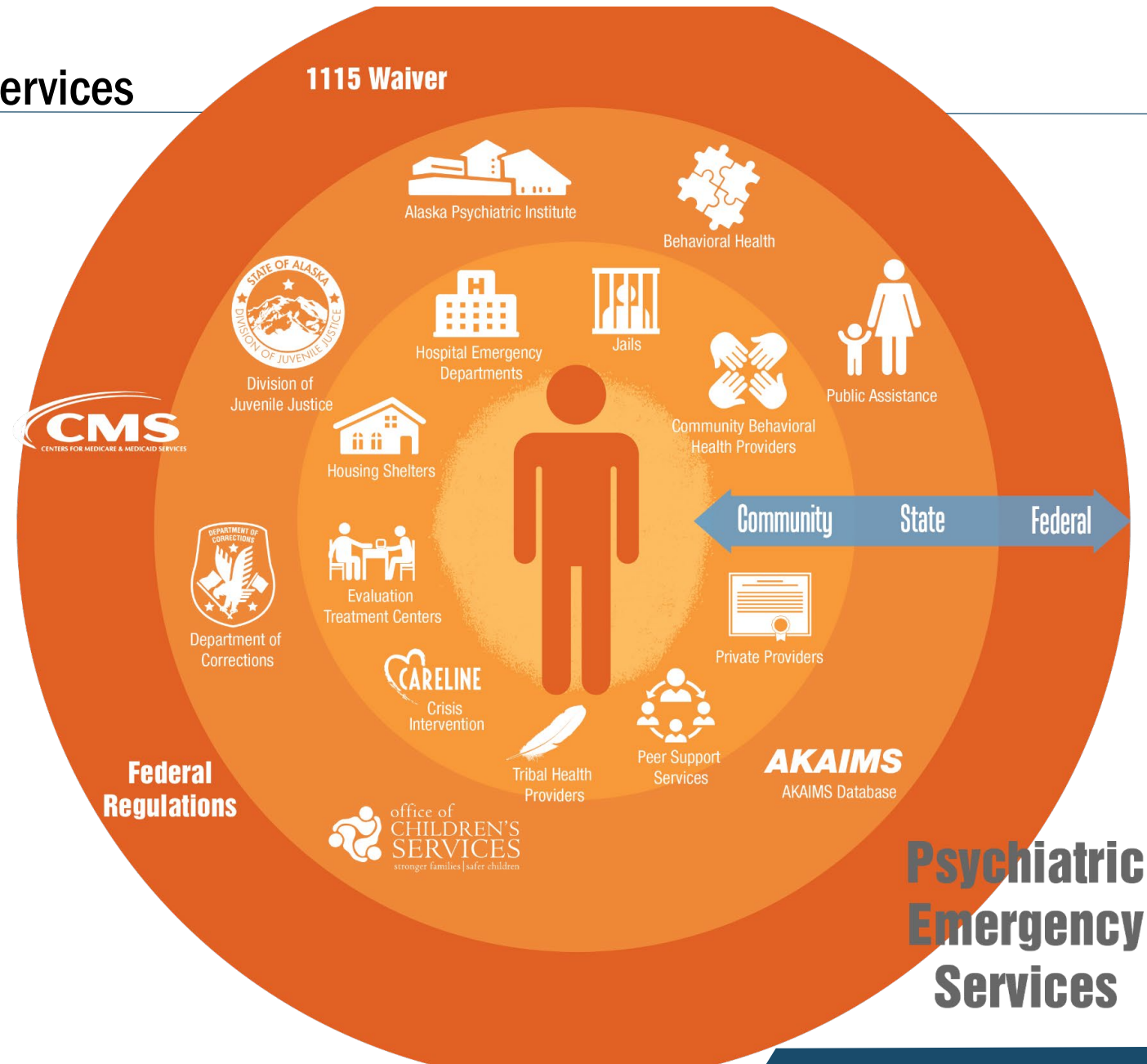


**Adult Serious
Mental Illness**

Division of Behavioral Health: Initiatives for Adults with Serious Mental Illness

- Peer services
- Outreach to individuals
- Referrals to services
- Alaska Community Living Program
- Rehabilitative Services
- Supported Employment

Psychiatric Emergency Services



Division of Behavioral Health: Psychiatric Emergency Services

- **Current Services:**

- Disproportionate Share Hospitals (DSH)
- Designated Evaluation & Treatment (DET)
- Title 47
- Including voluntary in lieu of involuntary commitments
- Community Psychiatric Emergency Services (PES) Providers

- **Initiatives:**

- Forensic Feasibility Study
- 1115 exclusion from Institute of Mental Disease (IMD) exemption
- Crisis stabilization
- DSH agreements with eligible hospitals

Sustainable, Predictable, Affordable

