

PERCENTAGE OF YOUTH THAT ARE NO LONGER ENGAGING IN THE BELOW HIGH RISK BEHAVIORS AT 18 MONTHS POST DISCHARGE



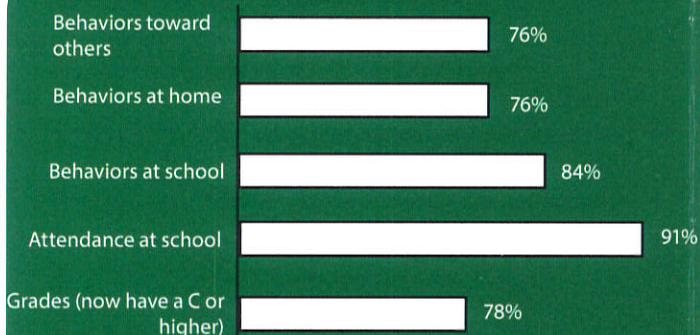
INDICATORS OF SUCCESS

At AK Child & Family, our goal is to provide youth and their families with the specialized treatment services they need to improve functioning in their homes, schools and communities. To assess long range progress we interview parents and guardians at 6, 12, and 18 months after discharge.

What parents and guardians are telling us 18 months after discharge is displayed in the graphs and quotes throughout this brochure.

"Consistent treatment, communication, follow-up, practical skills. Level of treatment has far exceeded my expectations. We are very grateful for AK Child superior services." A parent/guardian consumer satisfaction survey.

PERCENTAGE OF YOUTH THAT HAVE NO TO MILD IMPAIRMENT IN THE FOLLOWING ENVIRONMENTS AT 18 MONTHS POST DISCHARGE

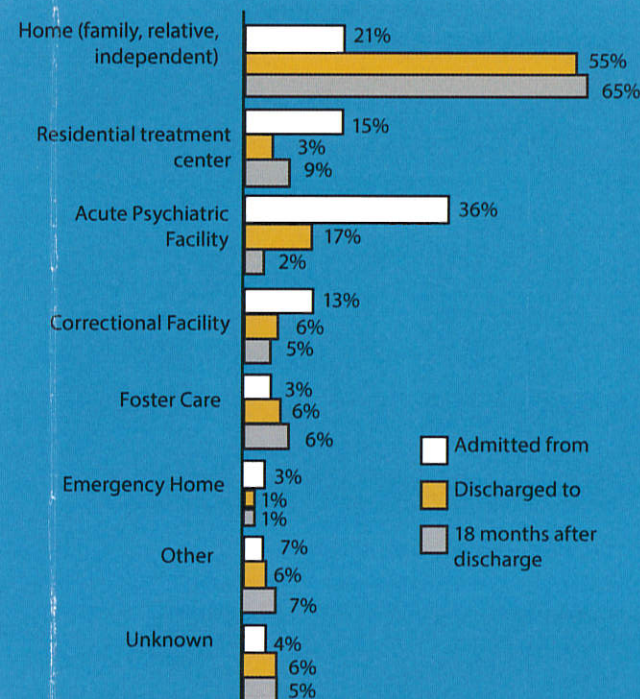


Over 64% of the youth admitted to our agency come from psychiatric hospitals, correctional facilities, and varying levels of residential treatment. Eighteen months after discharge, 65% are living with their families, relatives, or an independent living environment.

"The medical staff has done an excellent job of taking care of her and meeting her needs. I love hearing about the outings the cottage goes on and it makes us feel good that she is not in an incarceration type of environment. Our communication with the cottage has been open and honest and we feel like we are aware of her progress and her needs."

A parent/guardian consumer satisfaction survey.

LIVING ENVIRONMENT 18 MONTHS POST DISCHARGE



"Everyone is being really kind to me. No staff are making me angry, and they are also able to help me out when I am angry." Youth consumer satisfaction survey.

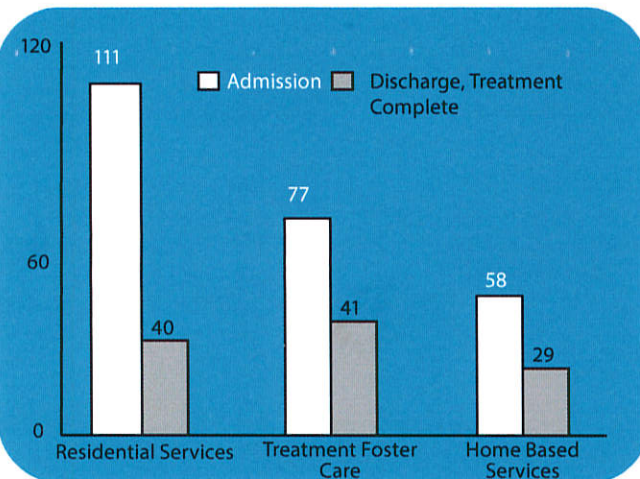
"I am able to work on the specific needs of improvement here in treatment that comes with small sections but lead to a better outcome. Also I am able to ask for help when in need and to work on the reasons why I was put here in treatment." Youth consumer satisfaction survey.

ABOUT OUR PROGRAM'S OUTCOMES:

At AK Child & Family we use the 240 item Child and Adolescent Functional Assessment Scale (CAFAS) to conduct ongoing assessments of how students function around 8 domains of life: Home, School, Community, Behavior Towards Others, Moods and Emotions, Self Harm, Substance Use and Thinking.

When youth enter treatment at AK Child & Family their initial CAFAS assessment scores are elevated, reflecting a need for intensive services. As youth progress through treatment and develop the skills they need to stay safe in their homes, schools and communities, their CAFAS scores decrease, which reflects improvement in daily functioning.

OVERALL REDUCTION OF IMPAIRMENT UPON COMPLETING TREATMENT



AVERAGE LENGTH OF STAY IN TREATMENT:

Youth in our care are provided with individualized treatment plans and care. Each youth and family comes to us with their own unique needs and challenges. Length of stay within a program is determined by the individual's progress towards treatment plans and objectives, so the actual length of stay in any program may vary on a case to case basis.

On average, the length of stay in our various programs are as follows:

Residential Services: 9 months
Treatment foster care: 18 months
Home based services: 12 months
Group home: 11 months

OUTCOMES MANAGEMENT:

The outcomes management program at AK Child & Family measures how the agency provides quality care and treatment to children and families in Alaska. By analyzing the impact of treatment on the lives of our clients and families, we are better able to assess their needs and guide development of our treatment programs. The data we collect assists us with shaping staff trainings and developing agency priorities and programming that are specific to youth and family needs.

For more information on the contents of this brochure or about treatment outcomes, please visit our website at www.akchild.org/outcomes or contact Jeannie Fanning at jfanning@akchild.org.

The data presented in this brochure covers a five year span from July 2011- June 2016.

AK Child & Family is licensed by the State of Alaska and accredited by the Joint Commission.



OUTCOMES

2016



"The thing that has been the most helpful about the services that are being provided is that my mother and I have a better relationship."
Youth consumer satisfaction survey.

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