

Physical & Occupational Therapy Board		Joan Stassel
General Information		
Board/Commission and seat you are seeking: Physical & Occupational Therapy Board, Physical Therapist		
Additional Boards/Commissions of interest: None		
State Boards/Commissions on which you have served: none		
First Name Joan	Middle Name	Last Name Stassel
Military Service no		
Conflict of Interest		
Full disclosure of personal financial data under AS 39.50.010 is required for certain boards and commissions. Are you willing to provide this information if required for the board or commission which you are applying? Yes		
Service in a public office is a public trust. The Ethics Act (AS 39.52.110) prohibits substantial and material conflicts of interest. Is it possible that you or any member of your family will benefit financially by decisions to be made by the board or commission for which you are applying? If you answer 'yes' to this question you MUST explain the potential financial benefit. No		
Please explain the potential financial benefit		
Employment History		
Employment work history including paid, unpaid, or voluntary. Substitute teacher from 1984-1987; Physical Education teacher in German International School from 1987-1989; physical therapist aide in CO 1990-1993; Physical Therapist in Anchorage AK working in outpatient orthopedic clinics since 1994--at Chugach Physical Therapy since 2007.		
Education, Training, Experience & Qualifications		
List both formal and informal education and training experiences: BA Psychology/BS Physical Education from University of CO, Boulder 1977. MSPT from University of CO Health Sciences Center, Denver, CO in 1994. AK Teaching Certificate in Physical Education--taught 1984-1990.		
List any professional licenses, certifications, or registrations and dates obtained that may be used as qualifying criteria: Masters in physical therapy and practicing therapist in Anchorage, AK since 1994. Member of the APTA since 1992. Membership chair of the AK chapter of APTA from 1999-2016. Member of an FSBPT committee 2008-2009 for developing test questions for the orthoPRT exam.		
List any community service, municipal government, and state positions held, and any awards received. Field Worker for the State of AK and Anchorage Municipal Elections for more than 10 years. Years of community service through membership in St. John United Methodist Church. Volunteered with Downtown Soup Kitchen and Big Brothers/Big Sisters, tutored at Nunaka Valley Elementary school, and volunteered at Huffman and Goldenview Elementary school in the lunch rooms. Member of LWV for 25 plus years.		

Conviction Record

Have you ever been convicted of a misdemeanor within the past five years or a felony within the past ten years?

No

Conviction Circumstances

Certification of Accuracy & Completeness

By submitting this online application, I swear the information I have entered on this form is true to the best of my knowledge. I understand that if I deliberately conceal or enter false information on the form my application may be rejected, I may be removed from the list of eligible candidates, or I may be removed from the position. I agree that the Office of the Governor may contact present or former employees or other persons who know me to obtain an additional information about my skills and abilities. I understand that the information on this application is public information and may be released through a legal request for such information.

Type "I certify"

"I certify"

Resume Addendum:

Press Release Wording

Joan Stassel, {57} of {Anchorage}, is {a Physical Therapist at Chugach Physical Therapy in Anchorage, AK} holds {MSPT in Physical Therapy from the University of CO Health Sciences Center}.

Submitted: 10/16/2016 7:40:48 AM

EMPLOYMENT:

- 3/06-present **Chugach Physical Therapy**, Anchorage, AK
Outpatient orthopedics and general physical therapy
- 10/05-2/06 **Anchorage Physical Therapy**, Anchorage, AK
Outpatient orthopedics and general physical therapy.
- 2000-2005 **Healthsouth Rehabilitation Centers**, Anchorage, AK
Physical therapist in an outpatient orthopedic clinic working primarily with orthopedic, chronic pain, and systemic illness patients using manual, therapeutic exercise and aquatic therapy techniques.
- June 2004 **Providence AK Medical Center, Outpatient Physical Therapy**
Temporary assignment as orthopedic physical therapist.
- 1997-2002 **ReClaim Health, Inc.**, Anchorage, AK
Physical therapist in a private, outpatient clinic working with orthopedic, neurologic, chronic pain, work re-conditioning, and pediatric patients.
- 1997(3 mos) **Anchorage School District**, Anchorage, AK
Pre-school/elementary physical therapy at several schools.
- 1994-1997 **Alpine Physical Therapy**, Anchorage, AK
Outpatient orthopedic physical therapist in a private clinic practicing manual therapy, individual and group rehabilitation therapy, and aquatic therapy.
- 1989-1993 **Avista Therapy Clinic**, Louisville, CO
Worked as a physical therapy aide and administrative assistant assisting therapists, ordering equipment, reviewing charts, and analyzing statistical data.
- 1986-1988 **Frankfurt International School**, Oberursel, Germany
Physical Education Teacher for grades K-12. Also coached gymnastics, cross country running, and track and field.

EDUCATION:

- 1992-1994 University of Colorado Health Sciences Center
Denver, CO
MS in Physical Therapy, May 1994
- 1991-1992 Front Range Community College
Westminster, CO
Pre Physical Therapy courses
- 1982-1983 University of Alaska
Anchorage, AK
Teaching Certification-Secondary Physical Education January 1984
- 1977-1981 University of Colorado
Boulder, CO
BS in Physical Education/BA in Psychology, May 1981

CLINICAL AFFILIATIONS:

- Boulder PT and Sports Clinic
Boulder, CO April 4-May 20, 1994
Outpatient orthopedics
- Providence Hospital
Anchorage, AK February 7-March 29, 1994
Inpatient acute and neurological rehabilitation
- Valley View Home Health
Glenwood Springs, CO August 23-September 17, 1993
General orthopedic and neurological patients
- Mapleton Center
Boulder, CO May 17-28 and January 4-15, 1993
Outpatient orthopedics

PUBLICATIONS:

- "Quality Running Workouts Bring Success", Scholastic Coach, June 1990.

CERTIFICATIONS:

- CPR/BLS
Certified Pool/Spa Operator (Expired 2006)

PROFESSIONAL ORGANIZATIONS:

- American Physical Therapy Association, 1994-present
League of Women Voters 1994 – present

HONORS AND AWARDS:

- Member NPTE PTA Task Force – 2006**
Anchorage Fire Department Life Saver Award - 12/2001
Loften Memorial Award - University of CO PT school - 1994

Joan E. Stassel

Phi Beta Kappa - 1981

CONTINUING EDUCATION:

Rotator Cuff Disorder 4/7/2016

Sue Machtley, PT, DPT, OCS, MTC 6 Contact hours

Nonarthritic Hip Pain: Current Concepts in Conservative and Postoperative Rehabilitation

Western Schools 6/29/2016 4 Contact hours

Linked: Breathing and Postural Control 10/2014

Dr. Mary Massery, PT, DPT, DSc 14 Contact hours

Balance Evaluation Systems Test 9/2013

Fay Horak, PhD, PT 16 Contact hours

Imaging For Physical Therapy 4/2013

Dr. Hilmir Agustsson, MHSc, DPT, MTC, CFC 18 Contact hours

Motor Control Training for the Low Back & Pelvic Pain 9/2012

Paul Hodges, DSc, PhD, MedDr, BPhy, FACP 14 Contact hours

How the Brain Forms New Habits: Why Willpower Is Not Enough 6/2012

Brian King, PhD 6 Contact hours

Kinesiology Taping 6/2012

Rick Daigle, PT, DPT 7 Contact hours

Expertise in Physical Therapy Practice: Implications for Professional Development

5/2012 Dr. Gail Jensen, PhD, PT, FAPTA 7 Contact hours

Myokinematic Restoration 10/2011

James Anderson, MPT, PRC with the Postural Restoration Institute 15 Contact hours

Discover the Pelvis: Level 1 10/2010

Diane Lee, BSR, FCAMPT, CGIMS 16.2 Contact hours

Rehabilitation of Persons with Common Medical Pathologies 10/2009

Steven Tepper, PhD, PT 15 Contact hours

Memory, Aging, and Sleep 5/2009

Institute for Natural Resources 6 Contact hours

Development 1 Workshop for the Orthopedics Practice Review Tool 11/2008

Federation of State Boards of Physical Therapy 28 Contact hours

Exploring Function: Tweakology, Transformation Zones, and Functional Balance 10/2008

Brian McEwan, PT 15 Contact hours

Beyond The Diagnosis Judith Hurlburt, NLP and **2008 Medicare Rules for Physical Therapy** Julie

Ament, PT, MOMT, OCS 5/2008 3.6 Contact hours

Diagnosis & Treatment of Movement System Impairment Syndromes of the Low Back & Hip

Shirley Sahrmann, PT, PhD, FAPTA 15.9 Contact hours

The Addicted Brain 5/2007

Institute for Natural Resources 6 Contact hours

Mobilization of the Nervous System 10/2005

Bob Nee, PT, M.App.Sci.ATC, Stephen Schmidt, PT, OCS, FAAOMPT,
Adriaan Louw, PT, B.App.Sc., Louie Puentedura, PT 16.2 Contact hours

Psychology for the Physical Therapist 5/2005

Russell Cherry, Psy.D. 8 Contact hours

Differential Diagnosis and Imaging for the Physical Therapist 10/2004

William Boissonnault, PT,DHSc,FAAOMPT & Jill Boissonnault, PT,PhD 13.2 contact hours

A Review of the ALASKA Practice Act 3/2004

Christine Larson, PT 7.2 Contact hours

Manually Managing Pain 9/2003

Barrett L. Dorko, PT 15 Contact hours

Radiology 101-What You Always Wanted to Know About Imaging Techniques 5/2003

Robert Bridges, MD 6.5 Contact hours

Functional Exercise Progression 3/2003

Edward P. Mulligan, MS, PT, SCS, ATC 12 Contact Hours

Evening With Ben Massey, Jr., PT, APTA President 10/2002 1 Contact hour

Diagnosis and Treatment of Movement Impairment Syndromes-Lower Quarter I&II 9/2002

Renee Ivans, MHS, PT 12 Contact hours

Principles and Practices of Geriatric Rehabilitation 9/2001

Jennifer Bottomley, PT, Ph.D., MS 12 Contact hours

MT-13: Soft Tissue Course 3/2001

Yousef Ghandour, Ola Grimsby Institute 15 Contact hours

Applying PNF to Gait Activities 9/99

Christopher Pappas, PT, IPNFAI/Timothy Josten, PT, IPNFAI 12 Contact hours

Exploring Function: Isolating and Integrating the Functional Chain 10/98

Brian McEwan, PT 11.5 Contact hours

The Aging of the Brain, The Aging of the Mind 9/98

John Walsh, Ph.D. 6 Contact hours

Biomechanics of Knee Rehabilitation: Innovations in Training 8/98

Lisa Giannone, PT 3 Contact hours

Diagnosis and Treatment of Movement Impairment Syndromes, Level II 6/98

Shirley Sahrmann, Ph.D., PT, FAPTA 12.5 Contact hours

Emotional Intelligence, Health and Relationships 2/98

William Polonsky, Ph.D., 6 Contact hours

Advances in Scientific Therapeutic Exercise Progression 10/97

Jim Rivard, MOMT, PT, FAAOMPT, OCS, 11.5 Contact hours

Mechanical Neck Pain: Perspectives in Functional Anatomy 8/97

Jim Porterfield, PT, MA, ATC and Carl deRosa, PT, MS 9 Contact hours

What You Need To Know About Managed Care 10/96

Jim Nugent, MA, Director of Reimbursement, APTA 4.5 Contact hours

Current Concepts in Motor Control and Motor Learning 9/96

Beth Fisher, MS,PT, NCS 10.5 Contact hours

Diagnosis & Treatment of Muscle Imbalances & Associated Movement Impairment Syndromes

Shirley Sahrmann, Ph.D., PT, FAPTA 11.5 Contact hours 9/95

Evaluation and Treatment of the Lumbo-Pelvic-Hip Complex 9/95

The Saunders Group 15 Contact hours

Myofascial Releasing 1 Course of the Trunk, Lumbar and Pelvis 8/95

Donna Bajelis, RPT 20 Contact hours

McConnell Patellofemoral Treatment Plan Part 1 4/95

McConnell Institute 14 Contact hours

Functional Exercises For Back Rehabilitation 8/94

Carl DeRosa, PT, Ph.D. and James Porterfield, PT, MA, LAT,C 8 Contact hours

Shoulder Girdle Dysfunction 6/94

Sondra Cooper, PT 15 Contact hours

Spinal Instability: Stabilization and Treatment 5/94

Stanley Paris, Ph.D., PT 12.1 Contact hours