

## Rep. Geran Tarr

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**From:** michael raffaeli <m\_raffaeli@yahoo.com>  
**Sent:** Friday, March 27, 2015 9:49 AM  
**To:** Rep. Geran Tarr  
**Subject:** HB 92

Dear Representative Tarr,

I wanted to let you know that I support your efforts in getting GMO labeling on the docket in Alaska. I came to Alaska because it allows me to live a healthy lifestyle with clean air, clean water, and I want the choice of what food I want to eat and to know where it comes from and how it was produced. I applaud your efforts with the introduction of HB 92. I know I am too late to provide support for the hearing of the bill in the Resources Committee (I was out dog mushing for the last 27 days), but please include this note in your records if you need to show support again. Thank you for your public service.

Smiles, Michael Raffaeli

## Rep. Geran Tarr

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**From:** James Barrett <rainforestjames@gmail.com>  
**Sent:** Friday, March 27, 2015 12:30 PM  
**To:** Rep. Benjamin Nageak; Rep. David Talerico; Rep. Mike Hawker; Rep. Bob Herron; Rep. Craig Johnson; Rep. Kurt Olson; Rep. Andy Josephson; Rep. Paul Seaton; Rep. Geran Tarr  
**Subject:** HB92 Written Testimony  
**Attachments:** HB92JamesBarrettTestimony.pdf

Members of the House Resources Committee,

Attached is my written personal testimony regarding HB92. I apologize that I cannot make it to testify in person today. Please take the time to read it and feel free to ask me any questions concerning the matter.

Thank you,

James Barrett  
Rainforest Farms, LLC  
907-957-4751

James Barrett  
HB 92 Written Testimony  
March 27th, 2015

Members of the House Resources Committee,

Thank you for your time and hard work this session. There are many pressing issues that Alaska faces at this time, among them, are important bills such the one before us, HB-92.

I am in full support of this House Bill 92. My reasons for my support are drawn from personal health experience and also so that future generations can be better informed about their health.

5 years ago, I suffered from severe migraines and was diagnosed with having ocular migraines. 2 years ago, my migraines got so bad that I had eventually resigned from my position as a Microcomputer Specialist at the Legislative Affairs Agency due to my inability to perform work duties.

After seeing several doctors and trying to figure the root cause of my migraines, I had eventually found myself resorting to what is called an elimination diet. The elimination diet basically uses the idea of eliminating all foods that may be adverse to ones health.

Some of the many things I had eliminated from my diet completely are meat, dairy, gluten, soy, salt (not sea salt), alcohol, cigarettes, refined sugar, canola oil, cheese, MSG, corn syrup, and much more. The difficulty in eliminating these types of food are not only based on the attachment to taste and comfort but also a neurological dependency created by the toxic foods themselves. This was not easy, but I needed to go back to work and doctors were no longer an option.

I also removed GMO foods from my diet. This was the hardest food to remove, not because of the attachment to the flavor of the food, but because it was very difficult to know what was a GMO food or not.

I have been practicing a strict vegan diet for that past 2 years, this includes the elimination of GMO food. My diet is based on the well being of my biological internal flora. Recent studies have shown that the neo-nicotinoids found in GMO foods severely harm and destroy the friendly gut bacteria in ones' body, thus starting a long list of adverse health effects. For me, reintroducing the healthy bacteria meant that GMO food could no longer be allowed. This was the key to my new found health.

After eliminating GMO food from my diet, all of my illnesses have gone away. It has been 2 years since I have seen a doctor. Even more surprising, I haven't experienced one bit of illness in the same amount of time.

The toughest part of the elimination diet, was discerning the GMO from the non-GMO. I believe that we must start labeling our food and we can start right here with this bill. As I raise my daughter how to take control of her own health, I want to teach her how to be aware of the food that she puts into her body. With the labeling of GMO foods, my daughter, as well as other growing children in Alaska, will have an easier way to control their health.

I ask that the committee please move HB92 forward for the sake of Alaskans' and well being.

I am a full time Juneau resident and am available to answer any questions that you may have.

Thank you,

James Barrett  
Juneau, Alaska

## WRITTEN TESTIMONY

Name: Donna Rae Faulkner  
Representing: myself - and the health of all Alaskans  
Bill No./Subject: HB 92  
Committee: House Resources Committee  
Date of Hearing: 3/27/15

Hello - we farm in Homer - our business is Oceanside Farms and we produce vegetables using organic methods. We do not use synthetic chemicals or sprays and we do not use GMO's.

We really believe that all GMO food be labeled. It is the consumers right to know. We share the videos/DVDs of that help educate people about GMO's + their dangerous potential (GMO-OMG + Genetic Roulette, in particular). We believe that GMOs are not necessary + clearly pose a danger to human health. More long term research is needed - but we clearly do not believe that GMOs are worth the risks. Our food supply & its quality, is of core importance. Healthy, quality, safe food should be everyone's right. We appreciate Rep. Sarah Tarr's comments and fully support HB 92.

Thank You!

WRITTEN TESTIMONY

Name: DON MCNAMARA  
Representing: OCEAN SIDE FARMS  
Bill No./Subject: HB 92  
Committee: House Resources  
Date of Hearing: 3 27 15

NO GMO'S IN ALASKA  
PLEASE LABEL

WRITTEN TESTIMONY

Name: Anne Wieland  
 Representing: self  
 Bill No./Subject: HB 92  
 Committee: House Resources  
 Date of Hearing: 3-27-15

Dear Committee Members,

I strongly support HB92. I want to know what is in my food. People in many dozens of other countries where GMO labeling is required already have the choice whether or not to purchase food (and cotton clothing). Why not us? <sup>contains</sup> <sub>GMO</sub>

I personally want to know if we ever get GMO salmon ~~to~~ we who care about our wonderful wild salmon can avoid the Frankentfish like the plague.

Thank you,

Anne Wieland - Homer