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4/7/16

To House State Affairs Committee:

Eliminating Daylight Savings Time (DST) would harm our way of life in SE Alaska. Do not pass ~~SB~~ SB6.

Time zones were set up for the convenience of commerce. Eliminating DST would hinder that and would be unhealthy. In SE Alaska, our commerce is tied to the PNW - mostly Seattle. This bill would move us away from that - it would put us two hours away for 8 mos.

Medical issues would be much more difficult to handle when seeking medical care in Seattle - for patients and for our doctors coordinating that care.

Eliminating DST would be unhealthy for us in SE Alaska because we would lose an hr. of daylight in the evening. At the height of the summer, it would not make much difference. However, now in the spring and again in the fall it would be huge. It gets dark right now around 6:30pm. It would be 5:30 if this bill is passed. We would lose an hour to exercise outside, to fish, to garden, for children to play outside. This is a health issue. Our wellness is at stake.

I have heard it argued that there are more accidents the day after DST starts. If this were true, then we would all be in danger anytime someone steps off the plane from Seattle, or stays up late one night.

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~~I~~ There is a better way to eliminate DST. ~~I am of~~  
I am a member of a nationwide movement to  
eliminate changing from Daylight to Standard & visa versa.  
We would like to stay on DST all year round.  
Therefore DST would then be Standard time.

If SBI passes, our way of life in SE Alaska  
~~wed~~ would be harmd. Do not pass the bill.

Thank you.

Paula Rak

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