

# Adverse Childhood Experiences (ACE)

*The crisis that happens when we do not invest in early childhood and Pre-Kindergarten*



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**ACEs** are traumatic events that can happen in a child's life. These events cause the child high levels of stress that, if not buffered by a strong, supportive adult relationship in the early years of brain development, can permanently damage the young child's developing brain and lead to a long list of negative physical and mental health outcomes in adulthood.

An adult relationship can be with a parent, grandparent, caregiver, teacher or any competent and caring adult who maintains regular contact with the child. Funding early intervention provides the largest possible return on investment.

Young Alaskans  
have acquired **HALF**  
of their accumulated  
ACEs by the  
age of **3**

**The Percentage of the Full Dosage of ACEs accumulated in the 50 States  
Child and youth populations by age group**

