

General Information

Board/Commission and seat you are seeking:

Psychologist & Psychological Associate Examiners, Psychologist member

Additional Boards/Commissions of interest:

Preference Order Board

2) Mental Health Board

State Boards/Commissions on which you have served:

None

First Name

Sarah

Middle Name

Elizabeth

Last Name

Angstman

Mailing Address

City

State & Zip

Military Service

United States Public Health
Service, 4/3/12 - present**Conflict of Interest**

Certain boards and commissions require full disclosure of personal financial data under AS39.50.010. If required for the board or commission for which you are applying, are you willing to do so?

Yes

Could you or any member of your family be affected financially by decisions to be made by the board or commission for which you are applying?

Yes

Please explain the potential financial benefit

Yes | I am a psychologist initiating a private practice in Bethel. I expect that the board at times makes decisions with potential financial implications for all psychologists in Alaska. I do not anticipate any specific financial implications for my practice beyond those experienced by any psychologist in the state.

Employment History

Employment work history including paid, unpaid, or voluntary.

Clinical

2012-present Clinical Psychologist (Lieutenant)

United States Public Health Service

2012-present Clinical Supervisor

Predoctoral Psychologist Intern (1)

Licensed Professional Counselor candidates (5)

Postdoctoral Psychologist Resident (1)

Behavioral Health / Yukon Kuskokwim Health Corporation

Bethel, AK

8/2010-present Clinical Psychologist

Behavioral Health / Yukon Kuskokwim Health Corporation

Bethel, AK

Current Supervisor: Nathan Fearington, PhD, LPC

9/2009-8/2010 Postdoctoral Psychologist Training for Licensure

Behavioral Health / Yukon Kuskokwim Health Corporation

Bethel, AK

Supervisor: Lorin Bradbury, PhD

8/2007-9/2009 Behavioral Health Clinician (Emergency Services and Outpatient)
Yukon Kuskokwim Health Corporation
Bethel, AK
Intermittent (while completing doctorate)

8/2008-8/2009 Psychology Intern
Alaska VA Healthcare System and Regional Office
Anchorage, AK

8/2006-7/2007 Outpatient Therapist (Intern)
Western Montana Mental Health Center
Hamilton, MT

8/2004-7/2007 Psychologist-in-Training
Clinical Psychology Center, University of Montana
Missoula, MT
Variable hours, averaging 8 hours per week

8/2005-5/2006 Clinic Assistant
Clinical Psychology Center, University of Montana
Missoula, MT

Teaching

2015 Adjunct Faculty
Psychology 603 / Rural Psychology
Joint UAF-UAA Community-Clinical Psychology PhD Program
Via distance from Bethel, AK

2013-2014 Adjunct Faculty
Psychology 101 / Bethel High School Dual-Credit
University of Alaska Fairbanks
Bethel, AK

2013 Adjunct Faculty
Psychology 101 / Rural Human Services Cohort
University of Alaska Fairbanks
Bethel, AK

2012 Instructor
"Issues in Village-Based Behavioral Health Care"
Behavioral Health Aid Forum
Alaska Native Tribal Health Consortium
Anchorage, AK

8/2003-5/2005 Instructor (Four Semesters)
Introduction to Psychology
University of Montana
Missoula, MT

1/2005-5/2005 Co-Instructor (One Semester)
Introduction to Women's and Gender Studies
University of Montana
Missoula, MT

7/2005 Instructor (Summer Session)
Abnormal Psychology
University of Montana
Missoula, MT

8/2002-8/2003 Academic and Career Advisor
University of Alaska Fairbanks, Kuskokwim Campus
Bethel, AK

Education, Training, Experience & Qualifications

List both formal and informal education and training experiences:

2001 Bachelor of Arts, English
Carleton College, Northfield, MN
Graduated Magna Cum Laude

2005 Master of Arts, Psychology
University of Montana, Missoula, MT

2009 Doctor of Philosophy, Clinical Psychology
University of Montana, Missoula, MT

2008-2009 Predoctoral Psychology Internship, Alaska VA Health Care System
2009-2010 Postdoctoral Psychology Resident, Yukon Kuskokwim Health Corporation

2009-present Continuing Education Topics: Trauma, Neuropsychological Evaluation, Fetal Alcohol Spectrum Disorders, Veteran's Mental Health, Play Therapy, DSM-V, Calicaraq / Healthy Families, Undoing Racism

List any professional licenses, certifications, or registrations and dates obtained that may be used as qualifying criteria:

2010-present Licensed Psychologist, State of Alaska #612

List any community service, municipal government, and state positions held, and any awards received.

Community Service (all ongoing):

Headquarters Manager (Volunteer), Kuskokwim 300 Sled Dog Race, Bethel, AK

Member, Community Advisory Board, KYUK Public Radio, Bethel, AK

Volunteer, Bethel Winter House

Instructor (volunteer), Kuskokwim Campus / UAF Community Fitness Classes

Awards Received:

2013 Public Health Service Isolated Hardship Award

2007 (April) The University of Montana Graduate Research Conference Award
for Outstanding Poster Presentation

2007-2008 Greenberger Scholarship

2006-2007 Bertha Morton Scholarship

2006-2008 NIDA Kirschstein Individual Predoctoral Fellowship

2002 Rookie of the Year, Kuskokwim 300 Sled Dog Race

Conviction Record

Have you ever been convicted of a misdemeanor within the past five years or a felony within the past ten years?

No

Conviction Circumstances

Certification of Accuracy & Completeness

By submitting this online application, I swear the information I have entered on this form is true to the best of my knowledge. I understand that if I deliberately conceal or enter false information on the form my application may be rejected, I may be removed from the list of eligible candidates, or I may be removed from the position. I agree that the Office of the Governor may contact present or former employees or other persons who know me to obtain an additional information about my skills and abilities. I understand that the information on this application is public information and may be released through a legal request for such information.

Type "I certify"

"I certify"

Resume Addendum:

I have given notice at my current job and will be separating from the Public Health Service on 4/10/15. I am transitioning into a private practice in Bethel, which I believe will leave me with more time to become involved in public service such as this board appointment.

I saw that the next board meeting will occur in mid-March. If I were selected for this board, I would be unable to attend that meeting as I have already committed to supervise a Physician's Assistant student during that time. After April 10, I will have fewer obligations and I expect that I could commit to attendance at board meetings without difficulty.

Press Release Wording

Sarah Angstman, 35, is a psychologist from Bethel. She holds a doctoral degree in clinical psychology from The University of Montana and has practiced in Bethel for nearly six years.

Submitted: 5/5/2015 3:57:48 AM

Sarah Elizabeth Angstman, Ph.D.



EDUCATION

2001	Bachelor of Arts, English Carleton College, Northfield, MN Graduated Magna Cum Laude
2005	Master of Arts, Psychology University of Montana, Missoula, MT
2009	Doctor of Philosophy, Clinical Psychology University of Montana, Missoula, MT

CLINICAL EXPERIENCE

2012-present	Clinical Psychologist (Lieutenant) United States Public Health Service
2012-present	Clinical Supervisor Predoctoral Psychologist Intern (1) Licensed Professional Counselor candidates (5) Postdoctoral Psychologist Resident (1) Behavioral Health / Yukon Kuskokwim Health Corporation Bethel, AK
8/2010-present	Clinical Psychologist Behavioral Health / Yukon Kuskokwim Health Corporation Bethel, AK Current Supervisor: Nathan Fearington, PhD, LPC
9/2009-8/2010	Postdoctoral Psychologist Training for Licensure Behavioral Health / Yukon Kuskokwim Health Corporation Bethel, AK Supervisor: Lorin Bradbury, PhD
8/2007-9/2009	Behavioral Health Clinician (Emergency Services and Outpatient) Yukon Kuskokwim Health Corporation Bethel, AK Intermittent (while completing doctorate)
8/2008-8/2009	Psychology Intern Alaska VA Healthcare System and Regional Office Anchorage, AK
8/2006-7/2007	Outpatient Therapist (Intern) Western Montana Mental Health Center Hamilton, MT
8/2004-7/2007	Psychologist-in-Training Clinical Psychology Center, University of Montana

Missoula, MT
Variable hours, averaging 8 hours per week

8/2005-5/2006 Clinic Assistant
Clinical Psychology Center, University of Montana
Missoula, MT

Groups Conducted: Dialectical Behavior Therapy Skills Group, Cognitive Behavioral Treatment for Panic Disorder, Seeking Safety for co-morbid PTSD and Substance Abuse, Chronic Pain Management Skills Group, Social Skills Training for Schizophrenia

RESEARCH EXPERIENCE

2013 – present Site / Project Supervisor
UAA-UAF Community-Clinical PhD Program Program Evaluation Course
Students: Jennifer Burkhart M.S., Brittany Freitas-Murrell M.S.

2008, October Appointed Faculty Affiliate
School of Public and Community Health Sciences
The University of Montana

2008, May "Tobacco use among Alaska Native and American Indian college students"
Dissertation successfully defended
Chair: Kari Harris, Ph.D., M.P.H.

2005, December "Assessing clinical services at Montana State Hospital: A pilot project"
Master's research project successfully completed
Chair: David Schuldberg, Ph.D.

2004-2008 Lab Participant
Tobacco Research Lab
The University of Montana
Kari Harris, Ph.D., M.P.H.

2001-2002 Nicotine Research Assistant
Yukon-Kuskokwim Health Corporation, in collaboration with Mayo Clinic
Bethel, AK

2000-2001 Research Assistant
Kathleen Galotti, Ph.D., Carleton College
Northfield, MN

TEACHING EXPERIENCE

2015 Adjunct Faculty
Psychology 603 / Rural Psychology
Joint UAF-UAA Community-Clinical Psychology PhD Program
Via distance from Bethel, AK

2013-2014 Adjunct Faculty
Psychology 101 / Bethel High School Dual-Credit
University of Alaska Fairbanks
Bethel, AK

2013 Adjunct Faculty
Psychology 101 / Rural Human Services Cohort
University of Alaska Fairbanks
Bethel, AK

2012	Instructor "Issues in Village-Based Behavioral Health Care" Behavioral Health Aid Forum Alaska Native Tribal Health Consortium Anchorage, AK
8/2003-5/2005	Instructor (Four Semesters) Introduction to Psychology University of Montana Missoula, MT
1/2005-5/2005	Co-Instructor (One Semester) Introduction to Women's and Gender Studies University of Montana Missoula, MT
7/2005	Instructor (Summer Session) Abnormal Psychology University of Montana Missoula, MT
8/2002-8/2003	Academic and Career Advisor University of Alaska Fairbanks, Kuskokwim Campus Bethel, AK

PAPERS AND OTHER PUBLICATIONS

1. Hightower, J., **Angstman, S.E.**, & Fitterling, J. (2009, May). Implementing evidence-based treatment for co-morbid PTSD and substance abuse with veterans at a residential rehabilitative treatment center. Poster presented at the 12th Annual VA Psychology Leadership Conference, Dallas, TX.
2. **Angstman, S.E.**, Schulberg, D., Peterson, P., Harris, K., & Cochran, B. (2009). Brief reports: Measuring quality of life changes in an inpatient psychiatric population. *Psychological Reports*, 104, 1007-1014.
3. **Angstman, S.E.**, Harris, K.J., Golbeck, A., & Swaney, G. Cultural identification and smoking among American Indian adults in an urban setting. *Ethnicity & Health*, 14(3), 289-302.
4. **Angstman, S.E.**, Harris, K.J., Harrar, S., River, E., & Webster, L.O. (2008, February). Recreational and ceremonial tobacco use among American Indian college students. Poster presented at the 14th Annual Meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
5. **Angstman, S.E.**, Patten, C.A., Renner, C.C., Simon, A., Thomas, J.L., Croghan, I.T., Hurt, R.D., Schroeder, D.R., and Offord, K.P. (2007). Tobacco and Other Substance Use among Alaska Native Youth in Western Alaska. *American Journal of Health Behavior*, 31(3), 249-260.
6. Harris, K.J., Cronk, N., Schleicher, H., **Angstman, S.E.**, Backs, D., Rivers, E., Lammy, D., Varvel, S., Webster, L., Kovach, R., Stearns, J., Harrar, S., Golbeck, A., Dent, L., Noonan, C. (2007, September). Research on Tobacco Use Treatment and Prevention at The University of Montana-Missoula. Second Annual Northern Rocky Mountain Conference on Infectious Disease and Environmental Health Conference, Big Sky, Montana.
7. **Angstman, S.E.** (2007, April). Harris, K.J. & Golbeck, A. (mentors). Cultural identification and recreational tobacco use among American Indians. Poster presented at The University of Montana graduate student and research conference, Missoula, MT. Poster received an outstanding presentation award.
8. **Angstman, S.E.**, Harris, K.J., Golbeck, A.L., Swaney, G., & Reddies, K. (2007, February). Cultural identification and recreational tobacco use among American Indians. Poster presented at the 13th annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.

9. **Angstman, S.E.**, Schuldberg, D., and Peterson, P. (2006, November). Assessing clinical services at Montana State Hospital: A pilot project. Paper presented at The University of Montana Psychology Department colloquium series, Missoula, MT.
10. Hurt, R.D., Renner, C.C., Offord, K.P., Patten, C.A., Ebbert, J.O., Schroeder, D.R., Enoch, C., Gill, L., **Angstman, S.E.**, Garrison, A.W., and Moyer, T.P. (2005). Iqmik, a form of spit tobacco used by pregnant Alaska Natives: evidence of nicotine withdrawal in their neonates. *Maternal-Fetal and Neonatal Medicine*, 17(4), 281-289.
11. Marcus, B., Harris, K.J., Swaney, G., Reddies, K., **Angstman, S.E.**, Maxon, J., Pepper, A., Ferguson, G. (2005). Reasons for receiving mental health counseling among urban Native Americans. Poster presented at the Rocky Mountain Psychological Association's annual meeting, Phoenix, AZ.
12. Maxson, J., Swaney, G., Harris, K.J., **Angstman, S.E.**, Marcus, B., Ferguson, G., and Pepper, A. (2005). Traditional usage of tobacco by Native American tribes: The ethics of research. Poster presented at The University of Montana Undergraduate Research Conference, Missoula, MT.
13. Renner, C.C., Patten, C.A., Enoch, C., Petraitis, J., Offord, K.P., **Angstman, S.E.**, Garrison, A.W., Nevak, C., Croghan, I.T., and Hurt, R.D. (2004). Focus groups of Y-K Delta Alaska Natives: Attitudes toward tobacco use and tobacco dependence interventions. *Preventive Medicine*, 38(4), 421-431.
14. Harris, K.J., Swaney, G., Reddies, K., BigLeftHand, R., Miller, S., Marcus, B., Maxon, J., and **Angstman, S.E.** 2004 Missoula Indian Center Adult Tobacco Use and General Health Survey Report. Missoula, MT: Author.
15. **Angstman, S.E.**, Schuldberg, D., and Peterson, P. (2006, April). Assessing Clinical Service at Montana State Hospital: A Pilot Project. Paper presented to Grand Rounds at Montana State Hospital, Warm Springs, MT.
16. Patten, C.A., Renner, C.C., Enoch, C., Petraitis, J., Offord, K.P., **Angstman, S.E.**, Garrison, A.W., Nevak, C., Croghan, I.T., and Hurt, R.D. (2003). Focus groups of Y-K Delta Alaska Natives: Attitudes toward tobacco use and tobacco dependence interventions. Paper presented at the Society of Behavioral Medicine Annual Meeting, Salt Lake City, UT.
17. Blanchette, R.A., Renner, C.C., Held, B., Enoch, C., and **Angstman, S.E.** (2002). The current use of *Phellinus igniarius* by the Eskimos of Western Alaska. *Mycologist*, 16(4)
18. Gill, L., Renner, C.C., Lanier, A.P., Garrison, A.W., Ebbert, J.O., Hurt, R.D., Moyer, T.P., Offord, K.P., Patten, C.A., **Angstman, S.E.**, and Enoch, C. (2002). Nicotine Exposure in Pregnant Alaska Natives and their Neonates. Paper describing the rationale and study design presented at the Summit to Reduce Cancer Disparities, Washington, D.C.
19. Renner, C.C., Petraitis, J., Enoch, C., Gill, L., **Angstman, S.E.**, Lanier, A., Hurt, R.D., Patten, C.A., Offord, K.P., Ebbert, J.O., and Croghan, I.T. (2001). Reducing tobacco use among Alaska Natives in the Y-K Delta. Paper presented at the Fifth Biennial Conference "Changing Patterns of Cancer in Native Communities," Scottsdale, AZ.

GRANTS

8/2006-5/2008 National Institute on Drug Abuse
 Kirschstein Individual Predoctoral Fellowship (F31)
 "Tobacco Use among Alaska Native College Students"
 Faculty Sponsor: Kari Harris, Ph.D, MPH

RELEVANT CLINICAL COURSEWORK

2003-2005 Advanced Psychopathology, Interviewing, Intellectual Assessment, Objective Assessment, Projective Assessment, Ethics, Psychological Interventions, Dialectical Behavior Therapy, Behavioral Medicine, Substance Misuse, Multicultural Psychology, Personality, Rural Community Psychology, Applied Clinical Methods (Practicum; 8 semesters)

Graduate GPA: 4.0

PROFESSIONAL TRAINING AND SERVICE

2009-present	Continuing Education Topics: Trauma, Neuropsychological Evaluation, Fetal Alcohol Spectrum Disorders, Veteran's Mental Health, Play Therapy, DSM-V
2011-present	Psychologist and Team Member, Y-K Delta Fetal Alcohol Spectrum Disorders Diagnostic Team
2012-2014	Lead, YKHC Behavioral Health Hiring Committee
2012-2013	Team Member, YKHC Electronic Health Record Transition Team
2011	Participant, <i>Undoing Racism</i> , Workshop Conducted in Bethel, AK
2010	Team Member, Y-K Delta Child Advocacy Center Multidisciplinary Core Team
2008-2009	Reviewer, <i>Ethnicity and Health</i>
2005-2006	Graduate Student Representative for Departmental Executive Committee Department of Psychology, University of Montana, Missoula, MT
2005, 2008, 2009	Reviewer, Society for Research on Nicotine and Tobacco Annual Meeting

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

2004-2009	American Psychological Association Graduate Student Affiliate
2009-present	Alaska Psychological Association

AWARDS AND HONORS

2013	Public Health Service Isolated Hardship Award
2007 (April)	The University of Montana Graduate Research Conference Award for Outstanding Poster Presentation
2007-2008	Greenberger Scholarship
2006-2007	Bertha Morton Scholarship
2006-2008	NIDA Kirschstein Individual Predoctoral Fellowship

PERSONAL INFORMATION

Born	Bethel, Alaska, 1979
Community Affiliations	Headquarters Manager (Volunteer), Kuskokwim 300 Sled Dog Race, Bethel, AK Member, Community Advisory Board, KYUK Public Radio, Bethel, AK Volunteer, Bethel Winter House Instructor (volunteer), Kuskokwim Campus / UAF Community Education Fitness Classes
Personal Interests	Alaskan Gardening Competitive Sled Dog Racing Bethel Life and Culture

Updated 1/28/15