

Office of the Chancellor

January 22, 2015

Ms. Debbie Ryan Executive Director Alaska Chiropractic Society PO Box 111507 Anchorage, AK 99511-1507

RE: Pre-participation physicals

Dear Ms. Ryan,

I'm writing today to provide you with information about our program at Palmer College of Chiropractic with respect to sports pre-participation physicals.

Chiropractors in general, and Palmer graduates specifically, are highly skilled in providing comprehensive health examinations. The Palmer College of Chiropractic Doctor of Chiropractic program curriculum is a five-academic-year post-graduate program including 4,620 total contact hours of instruction. Of these contact hours, 570 are in diagnosis, 300 in radiology procedures and interpretation, and 945 in practical clinical experience in the Palmer Chiropractic Clinic system.

Palmer's curriculum produces professionals who are highly trained and experienced in assessment and diagnosis as well as clinical-reasoning skills -- and are eligible for licensure in all 50 states. Palmer's D.C. curriculum is accredited by the Council on Chiropractic Education, the recognized accrediting body for the chiropractic profession. All three of our campuses are regionally accredited by the Higher Learning Commission and are members of the North Central Association.

Palmer College of Chiropractic's main campus is located in Davenport, Iowa. All Iowa high school students participating in sports are required to obtain a pre-participation physical examination. All Iowa school districts in the Quad Cities approve pre-participation physical examinations provided by chiropractors. Our two outpatient clinics in the Quad Cities offer sports physicals throughout the school year with a special push at the beginning of each school year, and have provided 1,887 of these physicals during the last three years. This past calendar year our Quad-Cities clinics have provided more than 630 sports physicals. Many parents have commented that these preparticipation physical examinations are the most comprehensive their children have ever received.

Doctors of Chiropractic are included as eligible health care providers to provide physical examinations by the United States Department of Transportation (DOT). In fact, two faculty clinicians at the Palmer Chiropractic Clinics in the Quad Cities (Davenport and Bettendorf, Iowa, and Moline and Rock Island, Ill.) are listed on the National registry as certified to provide DOT "Fit for Duty" physical exams.

The DOT physical is a comprehensive evaluation covering all systems of the body, including a comprehensive health history and review along with a urinalysis screening. All of these examination aspects are taught and tested as part of Palmer's Doctor of Chiropractic curriculum, in both the academic and clinical portion of the education.

If you need additional information, please don't hesitate to contact me.

Sincerely,

Chancellor

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