



**VISION**

ALASKA INDIVIDUALS, FAMILIES AND COMMUNITIES ARE SAFE AND HEALTHY

**MISSION**

TO PROMOTE AND PROTECT THE HEALTH AND WELL-BEING OF ALASKANS

## House Health & Social Services | Division Overview

**Randall Burns | Acting Director**

**Stacy Toner | Deputy Director**

**Linda Brazak | Administrative Operations Manager**

**Behavioral Health**

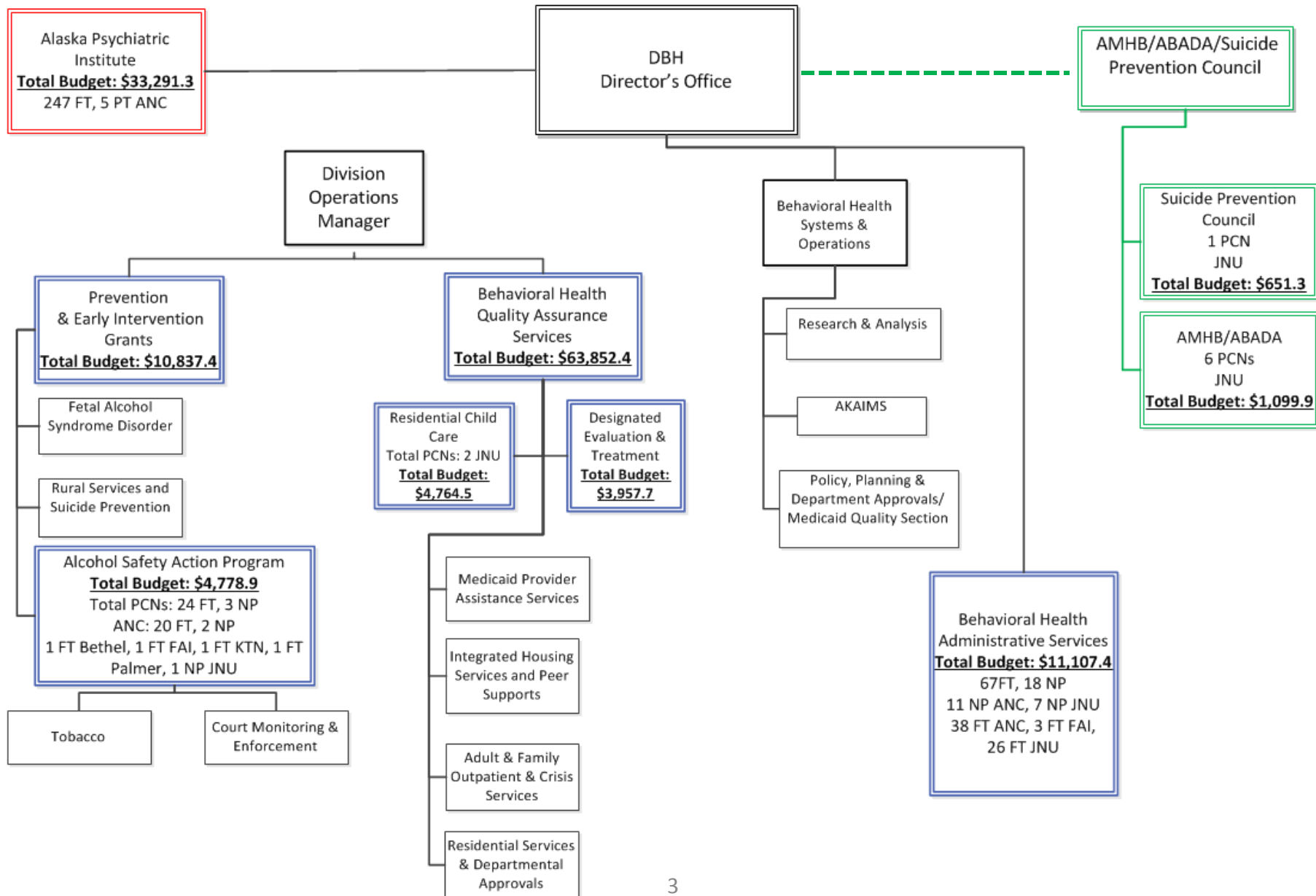
**February 12, 2016**

# FY2017 Behavioral Health Overview

- **Mission:** Manage an integrated and comprehensive behavioral health system based on sound policy, effective practices, and partnerships.
- **347** Full-time/**26** Non-Perm Positions (API 247 FT, 5 NP)
- **\$134,340.8** (\$67,000.8 UGF) - FY2017 Operating Total Budget Request
- **4.9%** of DHSS FY2017 Operating Budget Request
- Total FY2015 Treatment service population: 28,543
- Total FY2015 Prevention service population: 17,992

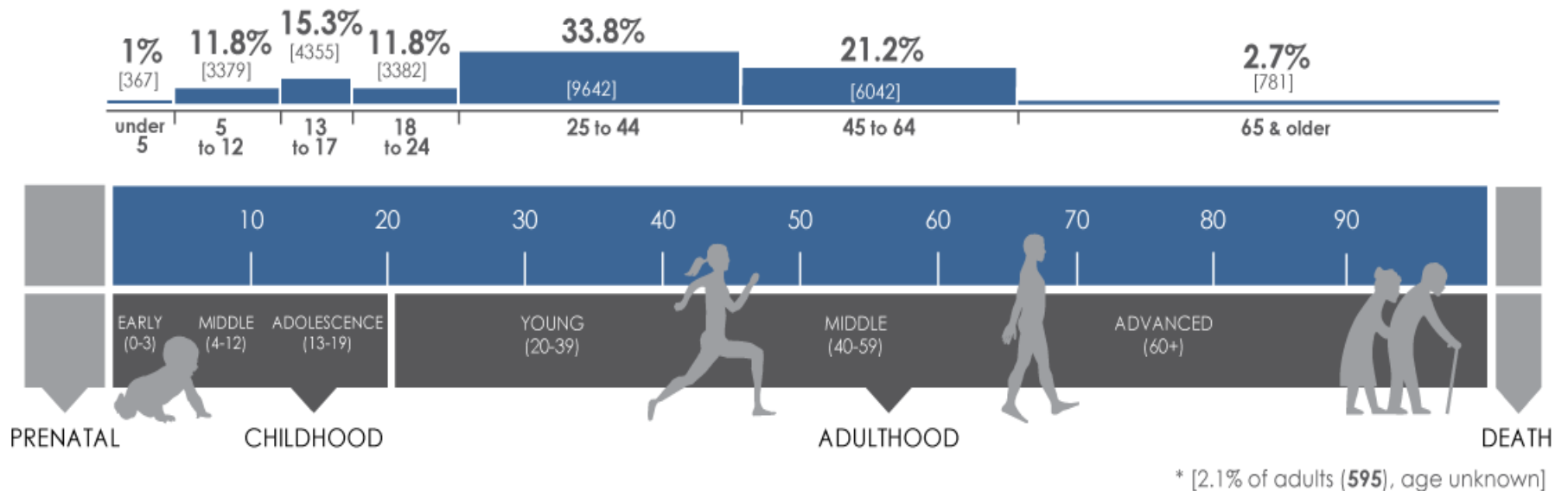


# FY2017 Division of Behavioral Health Organizational Chart



# Division Service Population

## DIVISION OF BEHAVIORAL HEALTH [Total service population 28,543 individuals.]



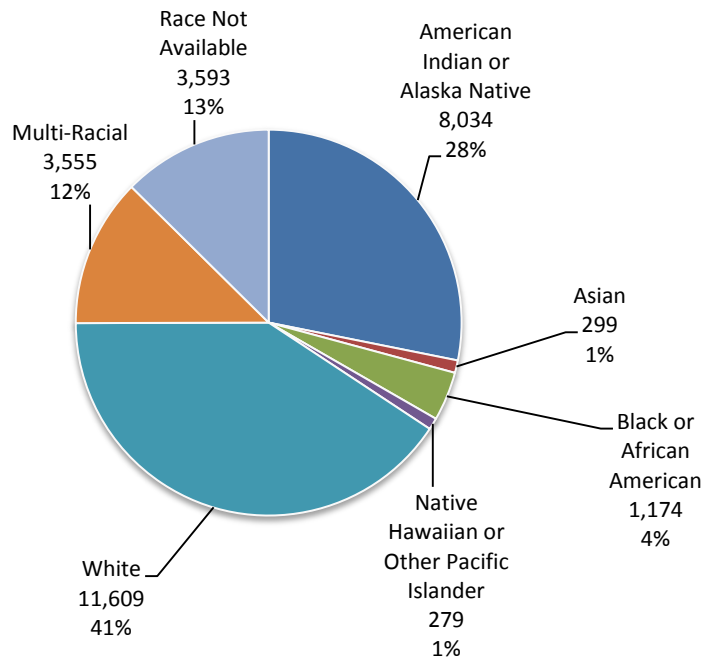
\*The total service population count (28,543) is unduplicated.



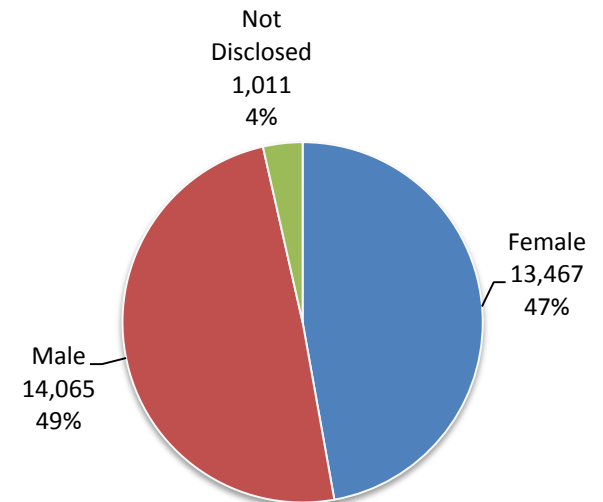
# Division Service Population

SFY 2015 DBH Treatment & Long Term Support Service Population (28,543)\*

By Race



By Gender



\*The total service population count (28,543) is unduplicated within a service type but duplicated across service types.



**PRIORITY 1**

**HEALTH & WELLNESS  
ACROSS THE LIFESPAN**

**CORE SERVICE 1.1**

Protect and promote the health of Alaskans

1 2 3 5

DBH Core Services aligned with Department Core Service 1.1

**CORE SERVICE 1.2**

Provide quality of life in a safe living environment for Alaskans

2 4

DBH Core Services aligned with Department Core Service 1.2

**PRIORITY 2**

**HEALTH CARE ACCESS DELIVERY & VALUE**

**CORE SERVICE 2.1**

Manage health care coverage for Alaskans in need

1 2 5

DBH Core Services aligned with Department Core Service 2.1

**CORE SERVICE 2.2**

Facilitate access to affordable health care for Alaskans

1 2

DBH Core Services aligned with Department Core Service 2.2

**PRIORITY 3**

**SAFE & RESPONSIBLE INDIVIDUALS, FAMILIES & COMMUNITIES**

**CORE SERVICE 3.1**

Strengthen Alaska families

2 3

DBH Core Services aligned with Department Core Service 3.1

**CORE SERVICE 3.2**

Protect vulnerable Alaskans

2 4

DBH Core Services aligned with Department Core Service 3.2

**CORE SERVICE 3.3**

Promote personal responsibility and accountable decisions by Alaskans

2

DBH Core Service aligned with Department Core Service 3.3



**DBH CORE SERVICE 1**

Identify Behavioral Health needs by population and geography and develop and implement a statewide strategy to meet those needs.



**DBH CORE SERVICE 2**

Develop and maintain a stable, accessible, and sustainable system of behavioral healthcare for Alaskans in partnership with providers and communities.



**DBH CORE SERVICE 3**

Protect and promote the improving behavioral health of Alaskans.



**DBH CORE SERVICE 4**

Provide accessible, quality, active inpatient treatment in a safe and comfortable setting.



**DBH CORE SERVICE 5**

Provide and coordinate interagency behavioral healthcare.

**\$2,617,007.5**  
(\$1,611,213.5 Medicaid)

PRIORITY 1



PRIORITY 2



PRIORITY 3



CORE SERVICE 1.1



CORE SERVICE 1.2



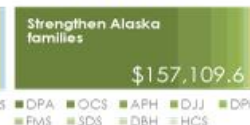
CORE SERVICE 2.1



CORE SERVICE 2.2



CORE SERVICE 3.1



CORE SERVICE 3.2



CORE SERVICE 3.3



ALASKA PIONEER HOMES



DIVISION OF BEHAVIORAL HEALTH



OFFICE OF CHILDREN'S SERVICES



DIVISION OF HEALTH CARE SERVICES



DIVISION OF JUVENILE JUSTICE



DIVISION OF PUBLIC ASSISTANCE



DIVISION OF PUBLIC HEALTH



SENIOR & DISABILITIES SERVICES



FINANCE & MANAGEMENT SERVICES

- 1.1 **\$292,798.4** to protect and promote the health of Alaskans (\$199,152.3 Medicaid) —————> **\$292,798.4 - To protect and Promote the health of Alaskans**
- 1.2 **\$24,378.0** to provide quality of life in a safe living environment for Alaskans —————> **\$ 24,378.0 - To provide quality of life in a safe living environment for Alaskans**
- 2.1 **\$4,568.6** to manage health care coverage for Alaskans in need —————> **\$ 4,568.6 - To manage health care coverage for Alaskans in need**
- 2.2 **\$4,274.4** to facilitate access to affordable health care for Alaskans —————> **\$ 4,274.4 - To facilitate access to affordable health care for Alaskans**
- 3.1 **\$1,403.4** to strengthen Alaska families —————> **\$ 1,403.4 - To strengthen Alaskan families**
- 3.2 **\$10,904.2** to protect vulnerable Alaskans —————> **\$ 10,904.2 - To protect vulnerable Alaskans**
- 3.3 **\$458.4** to promote personal responsibility and accountable decisions by Alaskans —————> **\$ 458.4 - To Promote personal responsibility and accountable decisions by Alaskans**

TOTAL BUDGET  
**\$338,785.4**

# Division of Behavioral FY2016 Operating Budget Impacts

<b>Behavioral Health Treatment and Recovery Grants</b>	(1,000.0) UGF	Behavioral Health Treatment and Recovery Grants
<b>Alaska Psychiatric Institute</b>	(347.1) UGF	Delete Alaska Psychiatric Institute Medical Director (06-5002)



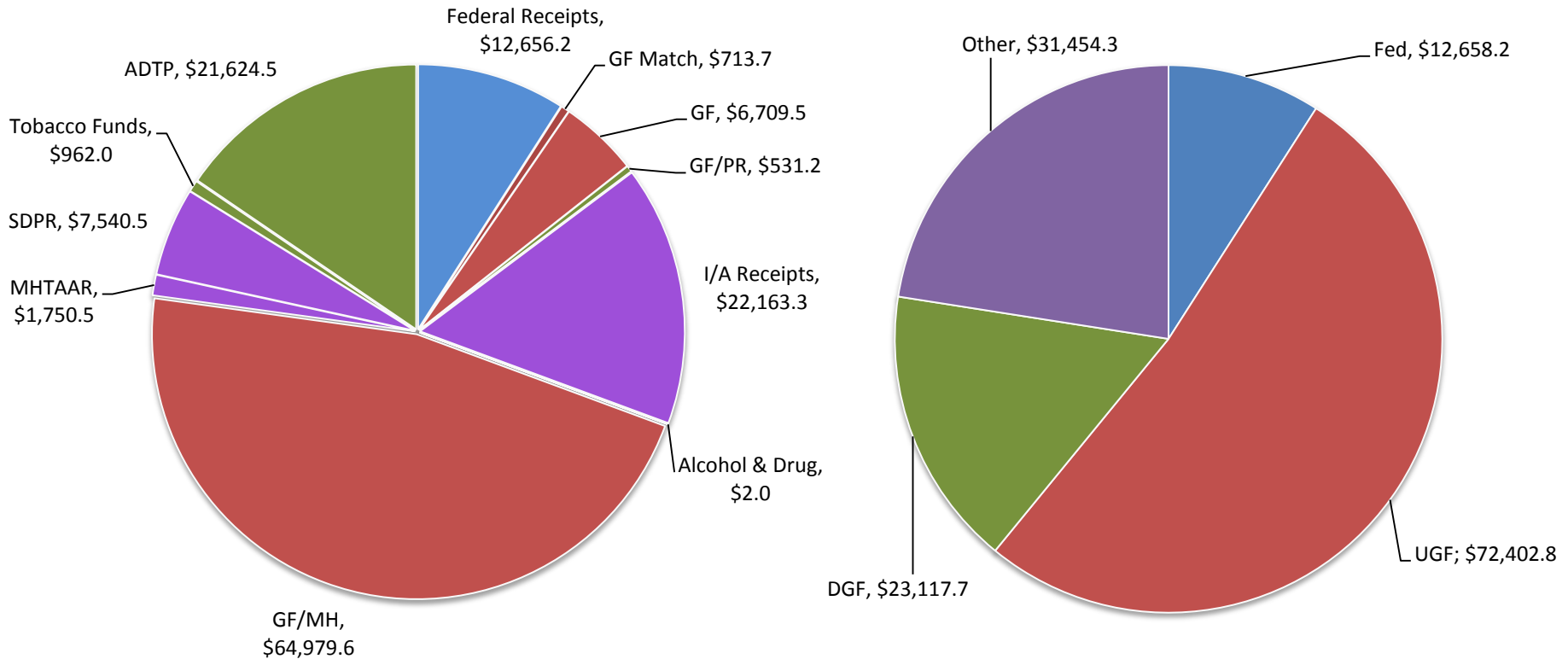
# Division of Behavioral Health

## FY2017 Governor's Operating Budget Decrements

<b>Behavioral Health Treatment and Recovery Grants</b>	(5,779.6) UGF	Behavioral Health Treatment and Recovery Grants reduction due to Medicaid Expansion
<b>Alaska Psychiatric Institute Advisory Board</b>	(\$9.0) UGF	Eliminate Alaska Psychiatric Institute Advisory Board Funding
<b>Alaska Mental Health Board and Advisory Board on Alcohol and Drug Abuse</b>	(\$10.1) UGF	Reduce Personal Services Authority
<b>Suicide Prevention Council</b>	(\$13.3) UGF	Reduce Travel Grants



# DBH FY2017 Governor's Proposed Revenue Authority



# DHSS Behavioral Health Comparisons by Allocation

(GF Only)  
(\$ Thousands)

BH Appropriation GF Increase: \$32.8 million (57.4%)

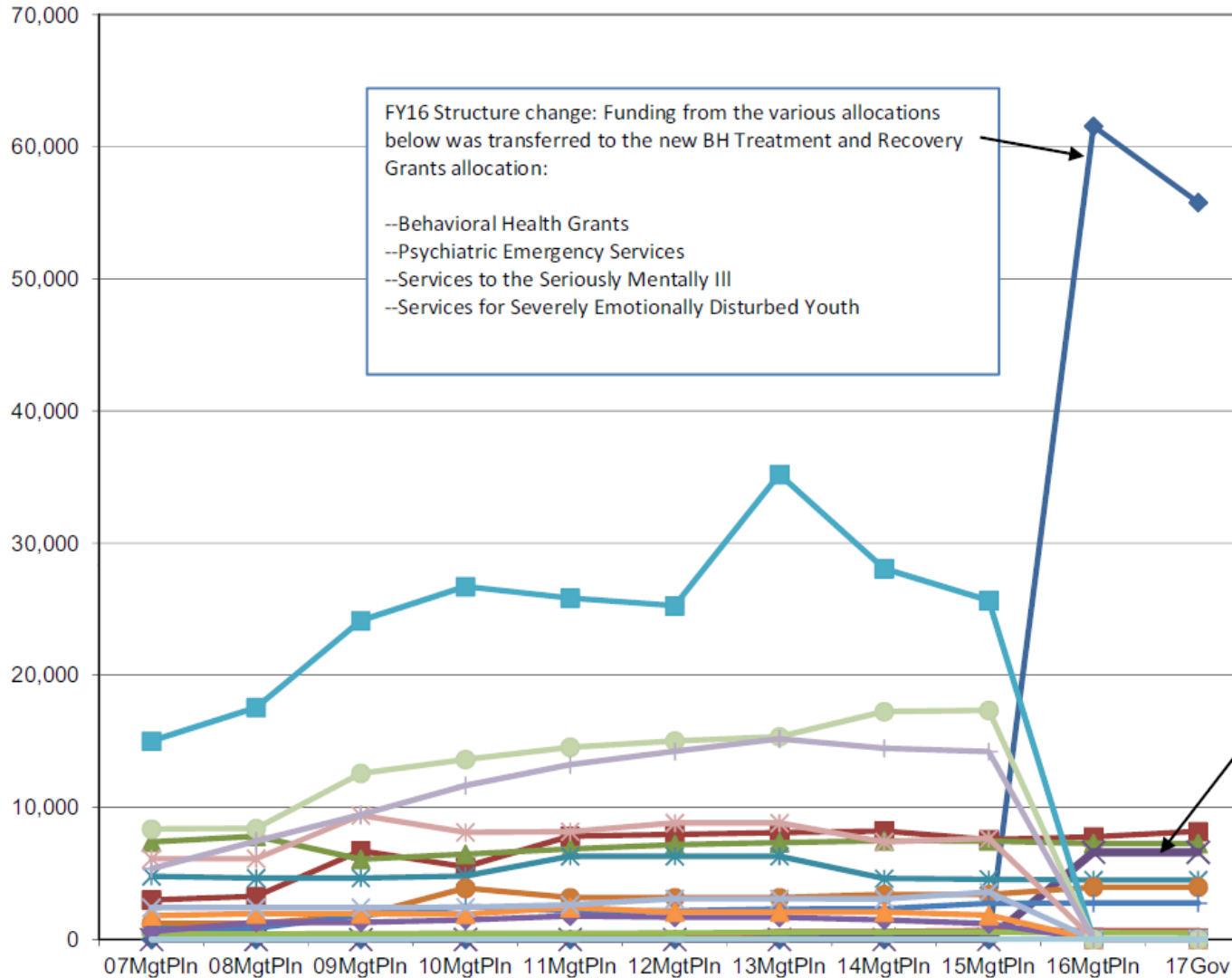
FY16 Structure change: Funding from the various allocations below was transferred to the new BH Treatment and Recovery Grants allocation:

- Behavioral Health Grants
- Psychiatric Emergency Services
- Services to the Seriously Mentally Ill
- Services for Severely Emotionally Disturbed Youth

- BH Treatment & Recovery Grants
- Behavioral Health Admin
- Alaska Psychiatric Institute
- BH Prev & Early Intervent Gmt
- Residential Child Care
- Designated Eval & Treatment
- Alcohol Safety Action Program
- Suicide Prevention Council
- AK MH/Alc & Drug Abuse Brds
- AK Fetal Alcohol Syndrome Pgm
- Behavioral Health Grants
- CAPI Grants
- Rural Services/Suicide Prevent
- Psychiatric Emergency Svcs
- Svcs/Seriously Mentally Ill
- Svcs/Severely Emotion Dst Yth
- API Advisory Board

FY16 Structure change Funding from the various allocations below was transferred to the new BH Prevention and Early Intervention Grants allocation:

- Alaska Fetal Alcohol Syndrome Program:
- Community Action Prevention and Intervention Grants:
- Rural Services and Suicide Prevention:

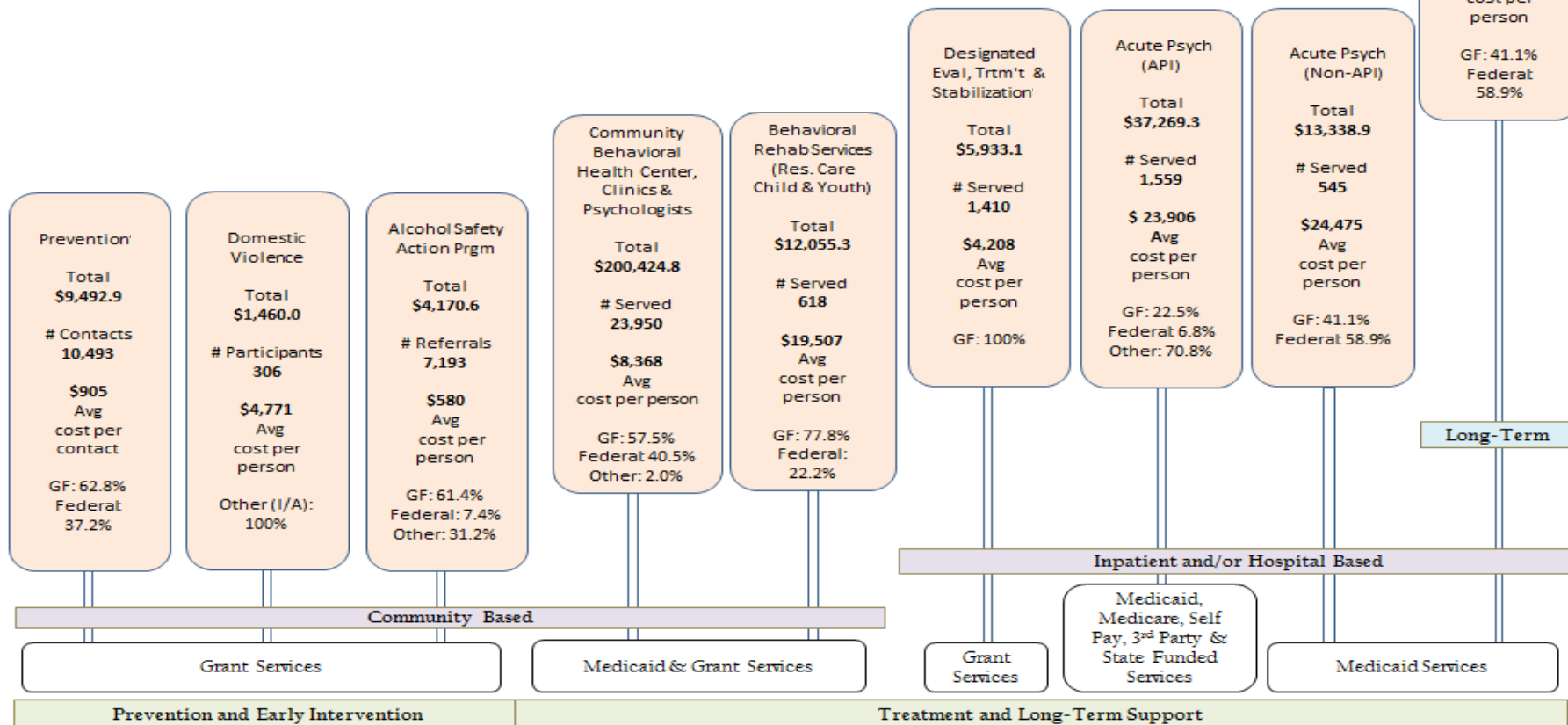


# Continuum of Care FY2015 Actuals

## Behavioral Health System of Care

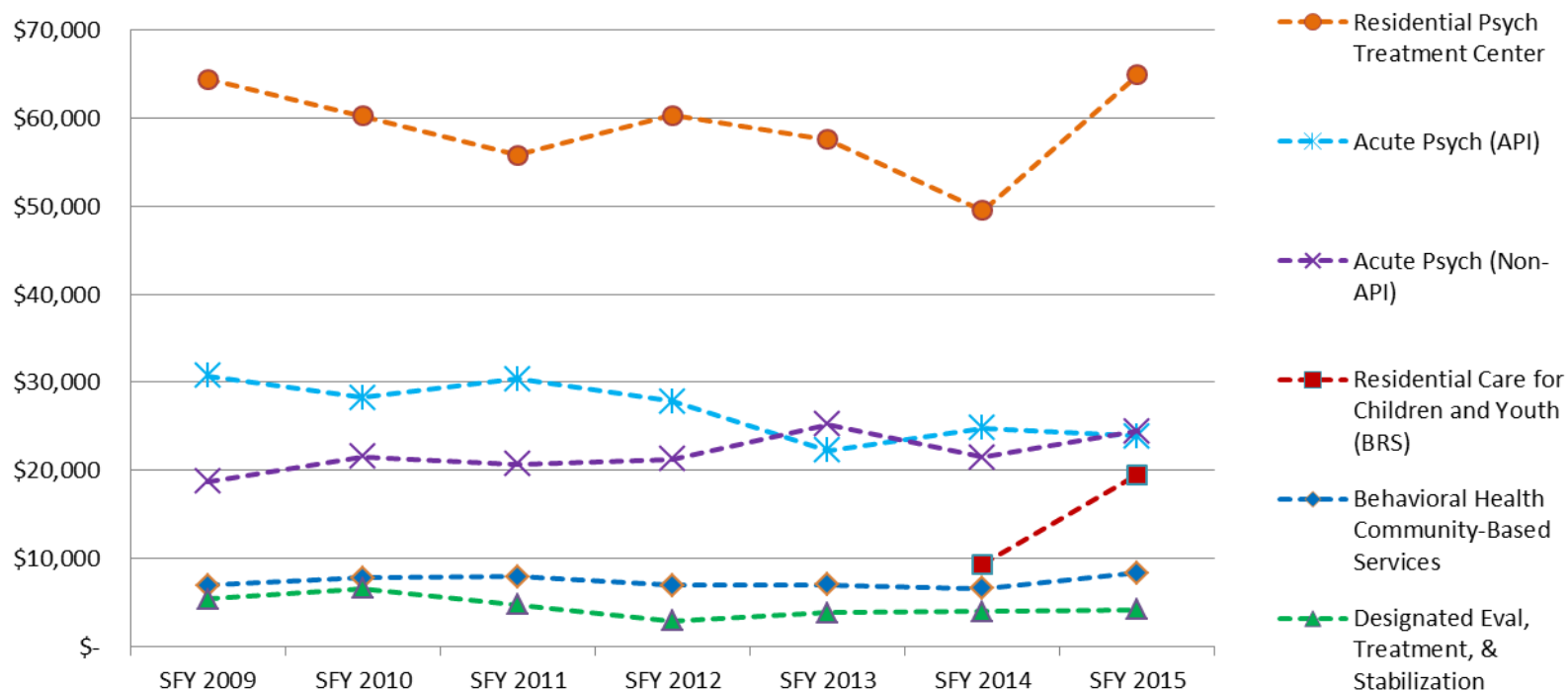
SFY 2015 Costs by Funding Source and Average Cost per Person by Service Type

System of Care: Prevention & Treatment/Support	Costs by Funding Source			Total # Contacts/#Served (Duplicated Counts Across Service Types)
	Behavioral Health Medicaid Payments	Grants - Direct Service Costs	Total Costs	
Prevention & Early Intervention Services		15,123.54	\$ 15,123.5	17,992
Treatment & Long Term Support Services	\$ 187,404.7	\$ 111,529.2	\$ 298,933.9	28,543
<b>Total</b>	<b>\$ 187,404.7</b>	<b>\$ 126,652.7</b>	<b>\$ 314,057.4</b>	

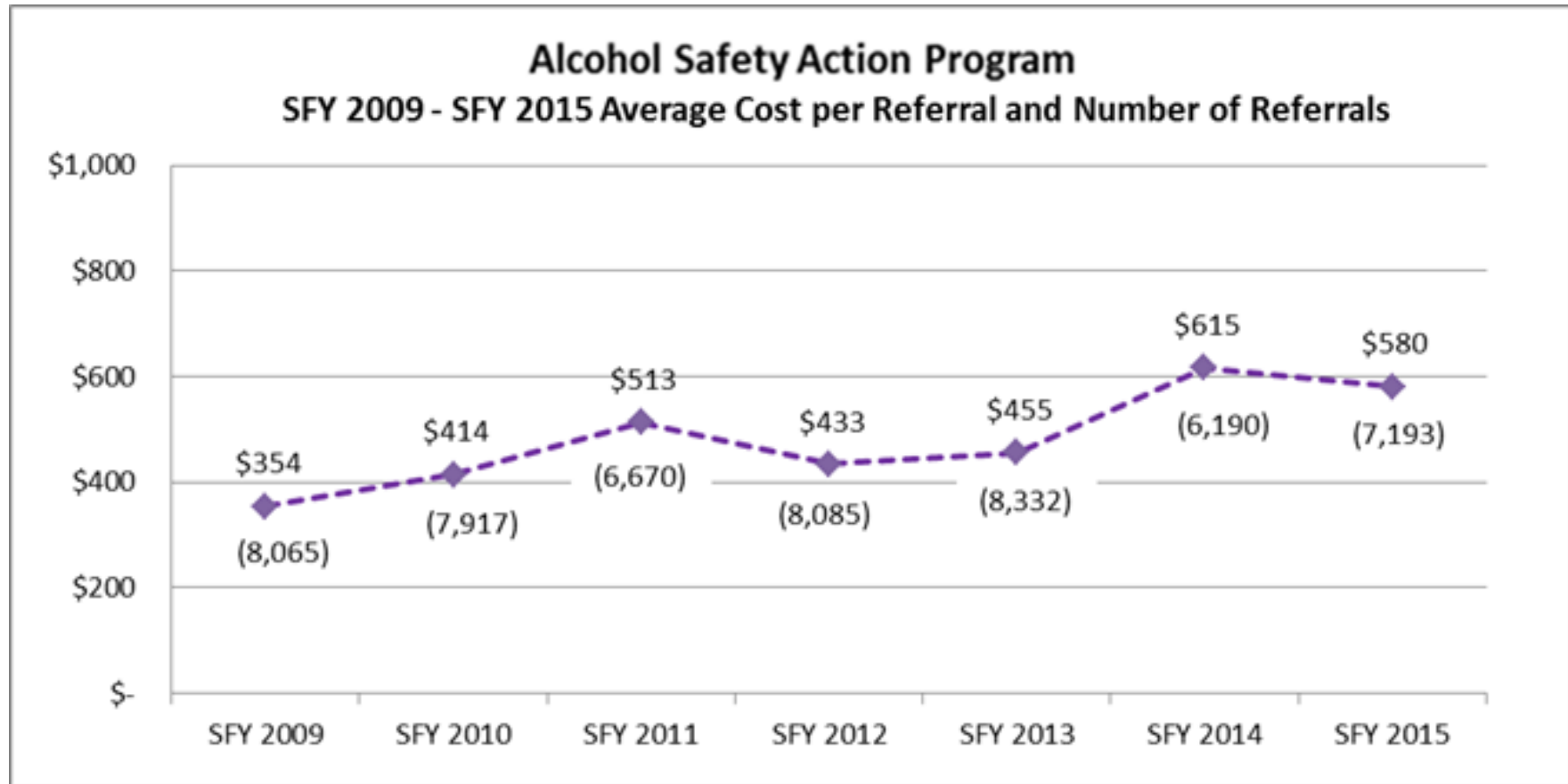


# Efficiency Measure

**Behavioral Health System of Care: Treatment and Long-Term Support Services**  
**SFY 2009 - SFY 2015 Average Cost per Person by Service Setting**

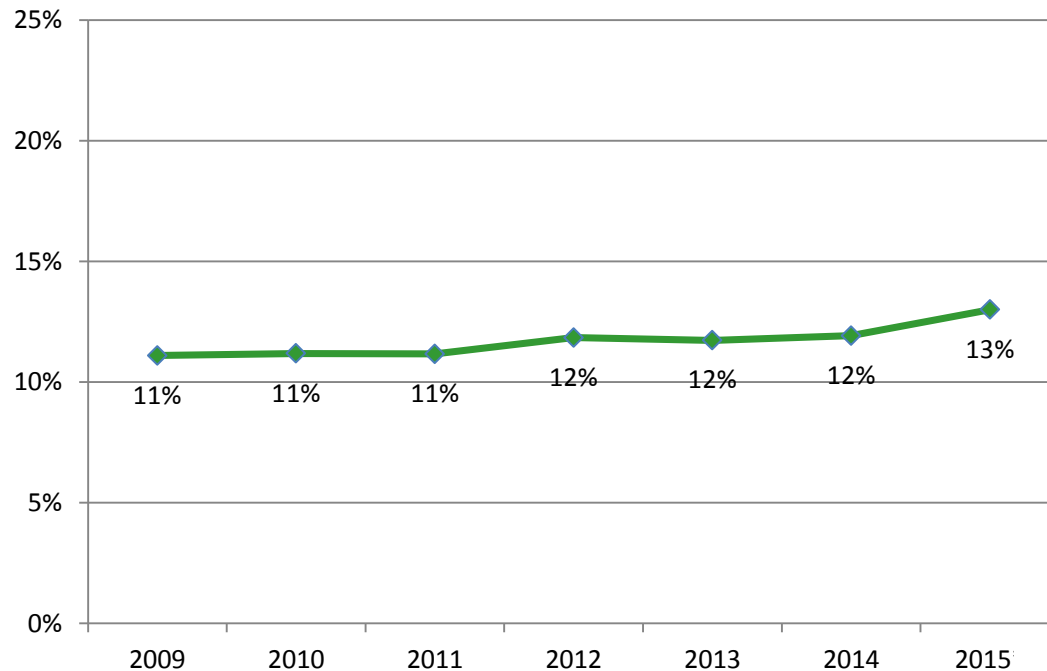


# Efficiency Measure



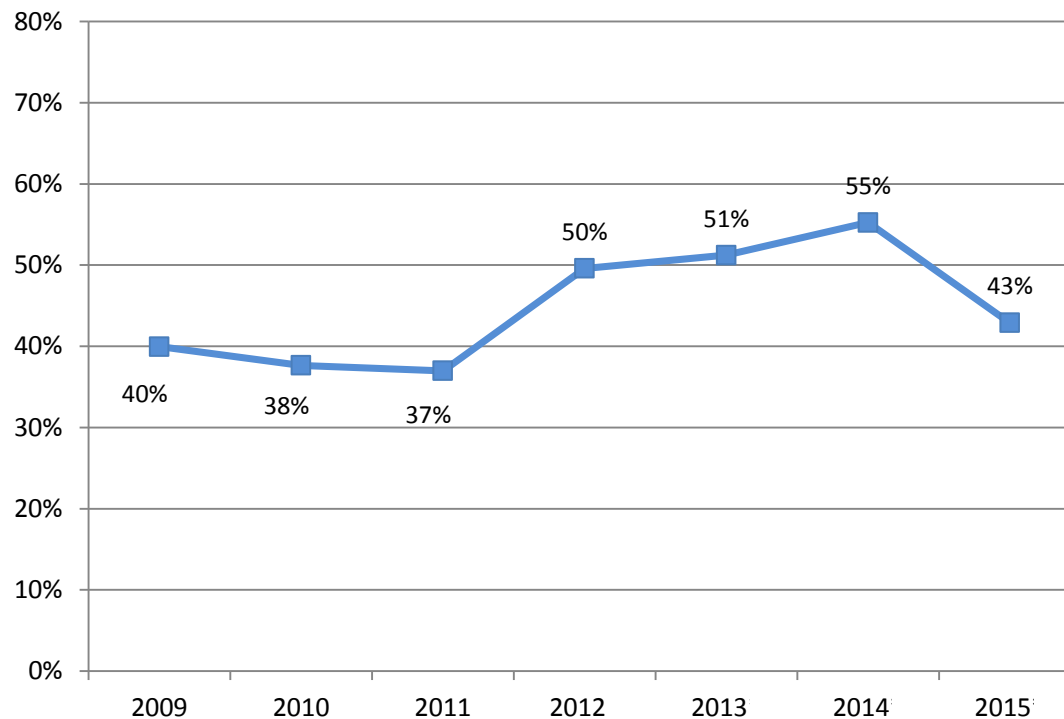
# Effectiveness Measure

## 2009 - 2015 Percent of the Estimated Need for Substance Abuse Services Met through Community-Based Services



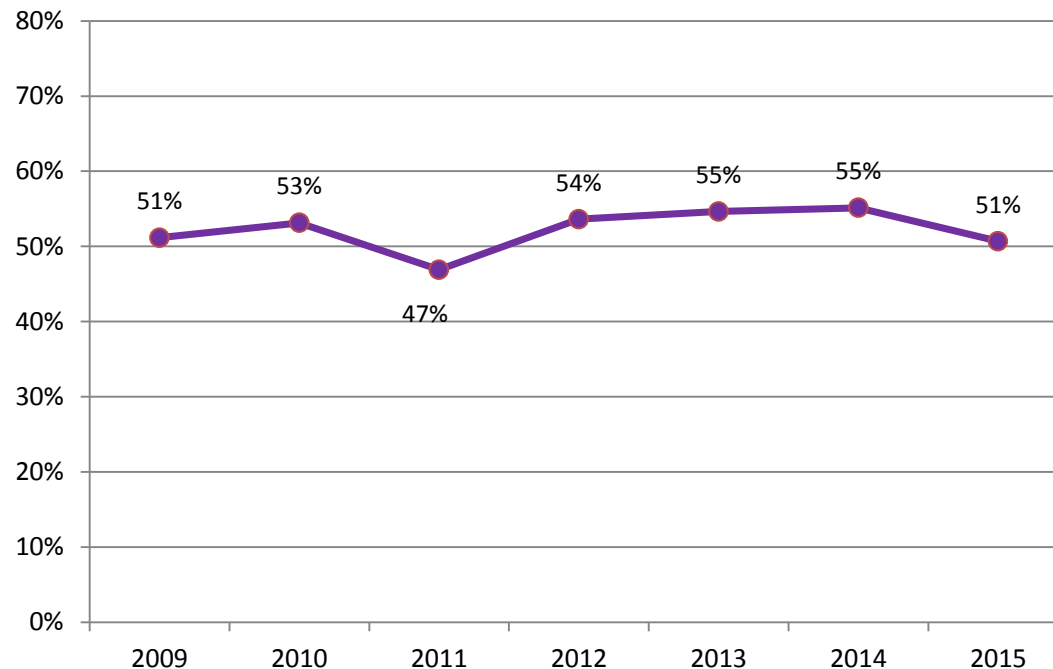
# Effectiveness Measure

2009 - 2015 Percent of Adults Experiencing Serious Mental Illness who Received Mental Health Services at a Community-Based Facility



# Effectiveness Measure

2009 - 2015 Percent of Youth Ages 9-17 Experiencing Severe Emotional Disturbance who Received Mental Health Services at a Community-Based Facility



# HB30 DBH Performance Review

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Maximizing Revenue: The department should consider the pursuit of a Medicaid 1115 waiver to broaden the array of behavioral health services financed by Medicaid. (Recommendation 3.0.7)

Lowering Costs: The State should develop a coordinated forensic services unit to oversee forensic evaluations and service coordination, and to minimize costs incurred by the Alaska Court System (ACS), Department of Corrections (DOC), and the Department of Health & Social Services (DHSS). (Recommendation 5.5.7)

Improving Service: The department should build additional service capacity for substance use disorder treatment, both to increase access to services and improve quality. (Recommendation 2.4.2)

Administrative Functions: The department should develop a Medicaid behavioral health rate structure that covers provider costs, incentivizes quality, and minimizes administrative burden. (Recommendation 3.0.8)



# Recent Division Successes

- **First functioning Assertive Community Treatment (ACT) Team in Alaska (piloting in Anchorage)**
- Award of a 5-year \$7,000.0 HUD 811 Grant to DHSS and AHFC for 200 rental subsidies that will support moving DBH and SDS service recipients out of Assisted Living homes and into independent, supportive housing
- Award of a 5-year federal grant (Partnerships for Success) that targets the increased use/abuse of prescription drugs, opioid abuse and access, and the use of marijuana
- Moving Home Voucher Program (with AHFC)
- Opioid Treatment Programs (OTP)
- Certified Community BH Center (CCBHC) Grant Award from SAMHSA



# Current Division Challenges

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- **Alaska Psychiatric Institute (maintaining bed capacity)**
- Ensuring safe and secure transportation services for involuntary patients court-ordered to API or a DET hospital
- Lack of detoxification beds (medical/ambulatory/social)
- Excited & challenged by the forthcoming Division redesign, including moving to a managed behavioral health system of care that focuses on value and quality and offers the necessary range of services
- Fragile system of care



# Active Telebehavioral sites across Alaska in CY2015



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QUESTIONS?

Thank You

