



VISION

ALASKA INDIVIDUALS, FAMILIES AND COMMUNITIES ARE SAFE AND HEALTHY

MISSION

TO PROMOTE AND PROTECT THE HEALTH AND WELL-BEING OF ALASKANS

House Finance Budget Subcommittee | FY2016 Division Overview

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**Medicaid 101** 

March 19, 2015

#### Medicaid Services Overview

#### Medicaid Goals:

- Integrate and coordinate services
- Strategically leverage technology
- Implement sound policy
- Practice fiscal responsibility
- Measure and improve performance



#### Medicaid Services Overview

- Medicaid started in 1965
- Each State runs their program differently
- Medicaid provides insurance to more than 80 million people
- Alaska had 158,853 enrolled in 2014
  - 138,300 utilized services



#### The Role of Medicaid

#### **Health Insurance Coverage**

33 million children & 19 million adults in low-income families; 16 million elderly and persons with disabilities

## Assistance to Medicare Beneficiaries

10 million elderly and disabled

— 21% of Medicare

beneficiaries

## Long-Term Care Assistance

1.5 million institutional residents; 2.9 million community-based residents

#### **MEDICAID**

# Support for Health Care System and Safety-Net

16% of national health spending; half of long-term care spending

# State Capacity for Health Coverage

FY 2015, FMAPs range from 50% to 73.6%



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#### Medicaid is an Integral Health Care Component





#### Services

- The Medicaid program supports providers
  - Is one of many payers in the system

 Serves as a safety net for individuals, children and elders who would otherwise be uninsured



### <u>Economy</u>

- Medicaid is the primary payer for:
  - Long term care services
  - Behavioral Health Services
  - Anti-psychotic Medications
- Health Care Expenditures in Alaska were \$7.5 billion in the last census.
  - Medicaid was about 18%



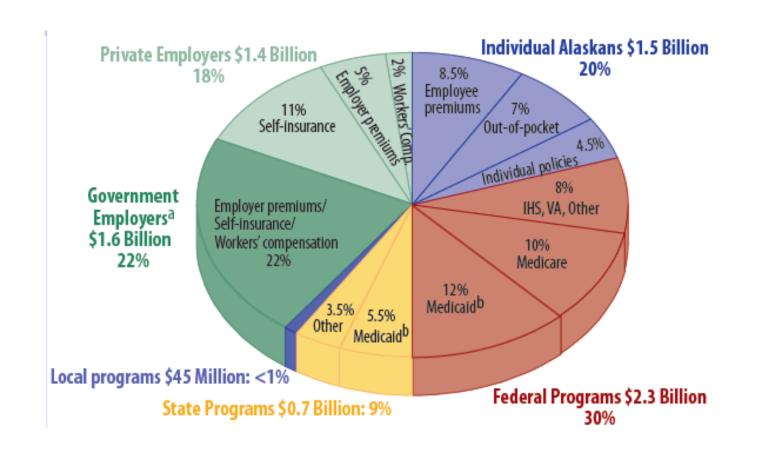
### Jobs

• 34,100 Health care jobs in Alaska in 2014

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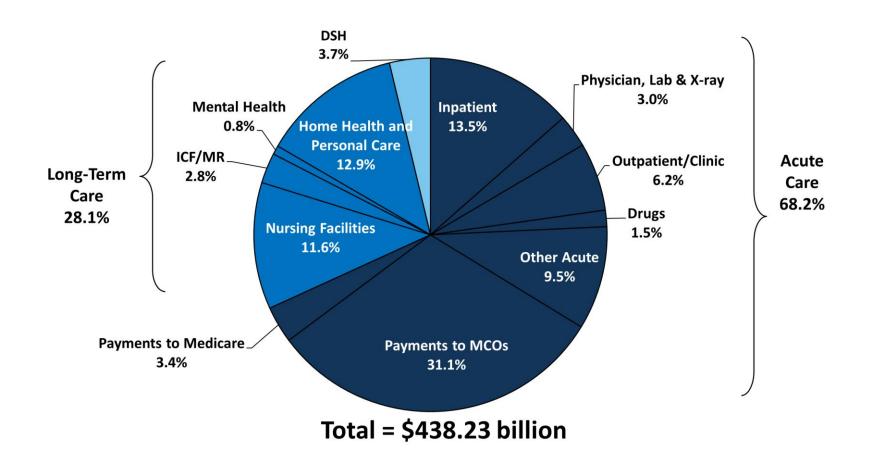


#### Who Pays for Health Care in Alaska?



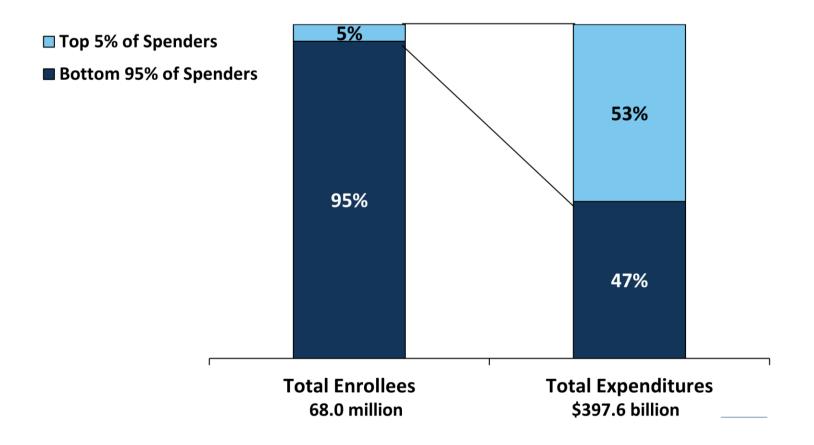


#### Medicaid Expenditures by Service FY 2013



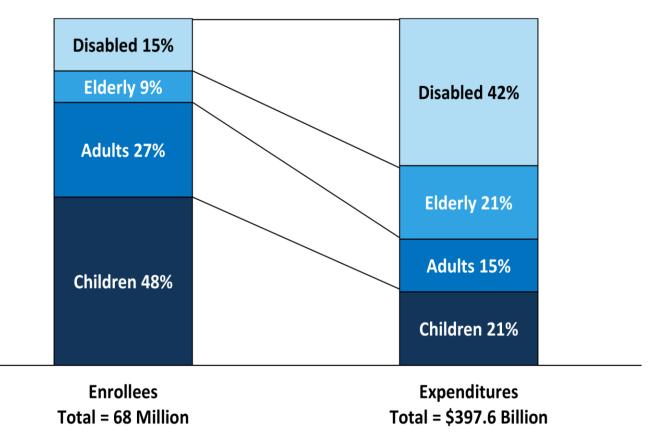


#### Top 5% of Enrollees Account for More than Half of Medicaid Spending





#### Medicaid Enrollees and Expenditures

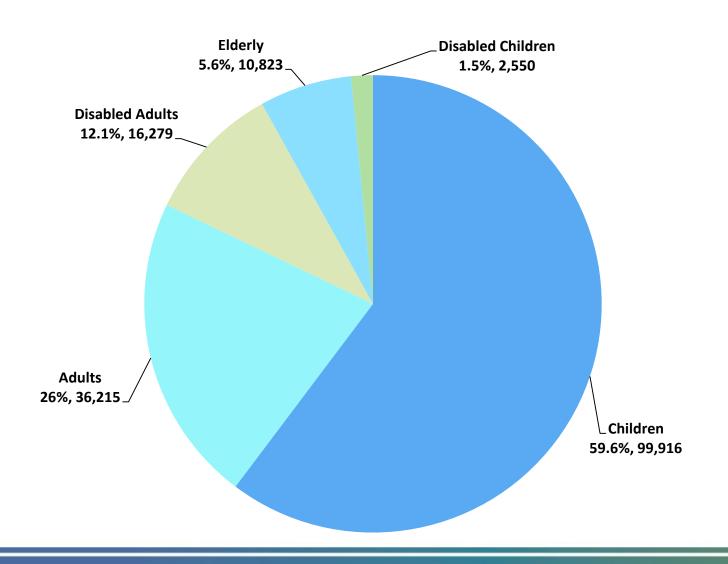


SOURCE: KCMU/Urban Institute estimates based on data from FY 2011 MSIS and CMS-64. MSIS FY 2010 data were used for FL, KS, ME, MD, MT, NM, NJ, TX, UT, OK but adjusted to 2011 spending levels.





# FY2014 Total Medicaid Recipients





# Medicaid Service Population

#### **PRIORITY 1 HEALTH & WELLNESS ACROSS THE LIFESPAN** CORE SERVICE 1.1 CORE SERVICE 1.2 Provide quality of life in a safe living environment Protect and promote the health of Alaskans for Alaskans PRIORITY 2 **HEALTH CARE ACCESS DELIVERY & VALUE CORE SERVICE 2.1** CORE SERVICE 2.2 Manage health care coverage for Alaskans in Facilitate access to affordable health care for need Alaskans PRIORITY 3 SAFE & RESPONSIBLE INDIVIDUALS, FAMILIES & COMMUNITIES **CORE SERVICE 3.1 CORE SERVICE 3.2** CORE SERVICE 3.3 Promote personal responsibility and Strengthen Alaska families Protect vulnerable Alaskans accountable decisions by Alaskans 40 PRENATAL CHILDHOOD ADULTHOOD DEATH 18.2% 26.3% 13.8% 11.1% 15.4% 9.6% 5.6%



13

to 17

18

to 24

25 to 44

under

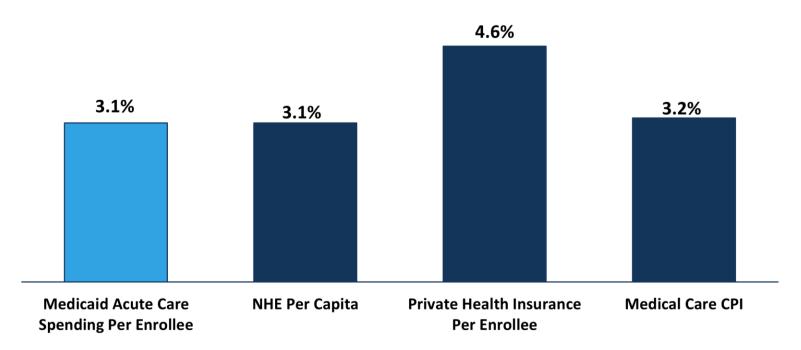
to 12

65 & older

45 to 64

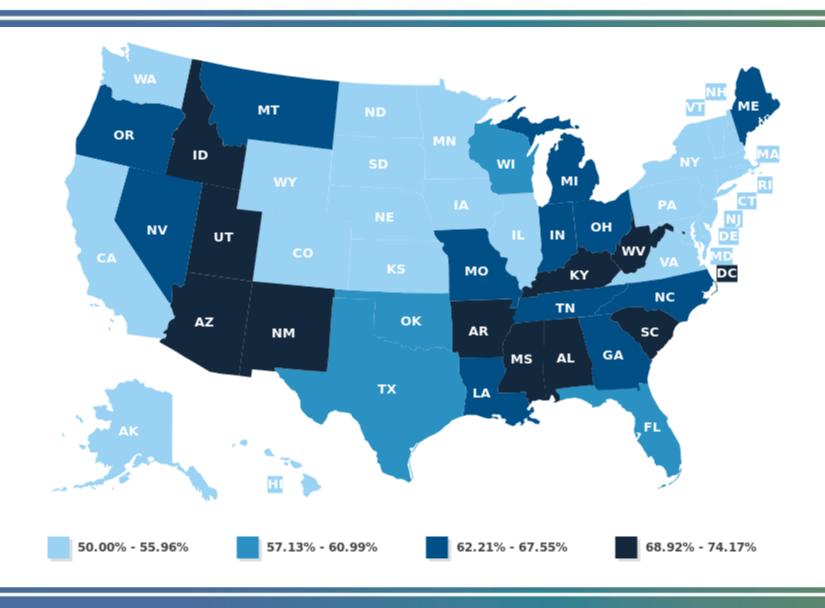
#### Growth in Per-Enrollee Medicaid Spending vs. Other Health Spending

#### **Average Annual Growth Rate, FY 2007-2012:**



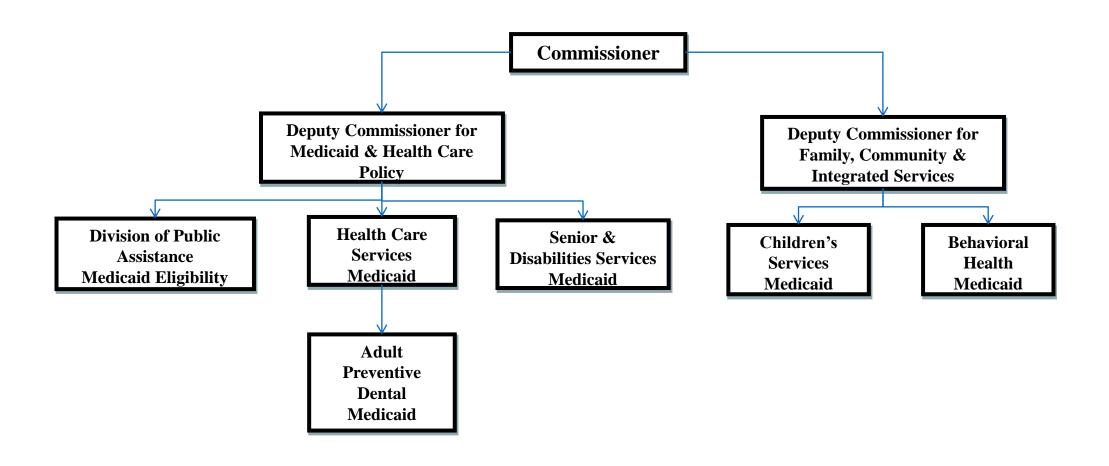


#### Federal Medical Assistance Percentage (FMAP)



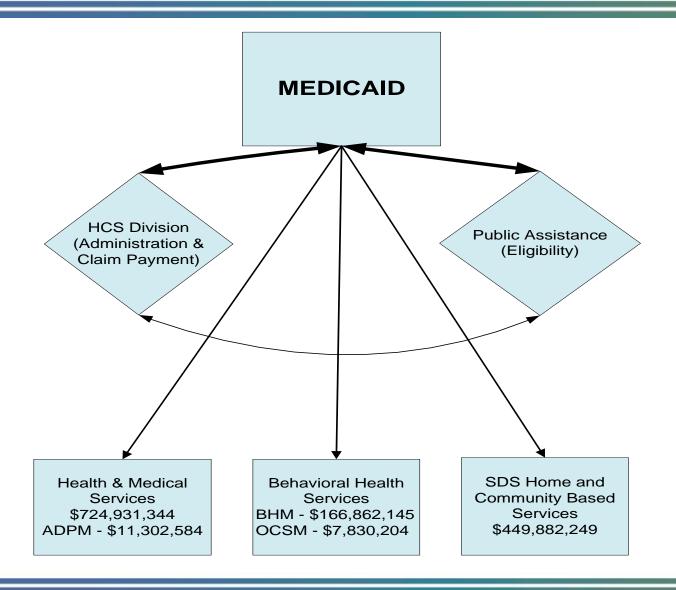


# Alaska Medicaid Organizational Chart





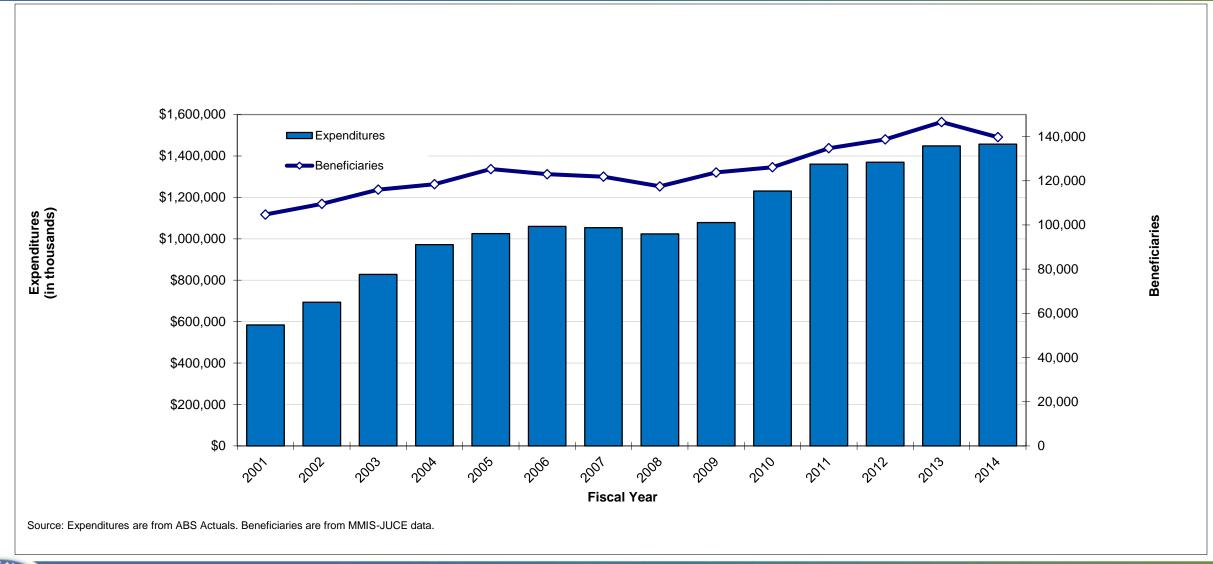
# Alaska Medicaid



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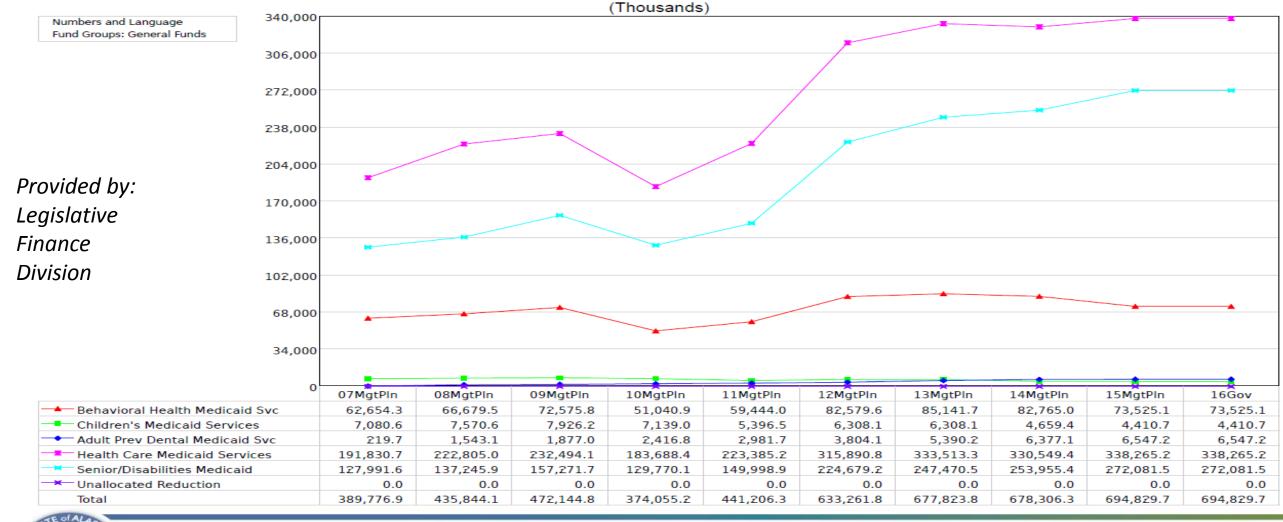
### All Medicaid Direct Services Beneficiaries & Expenditures



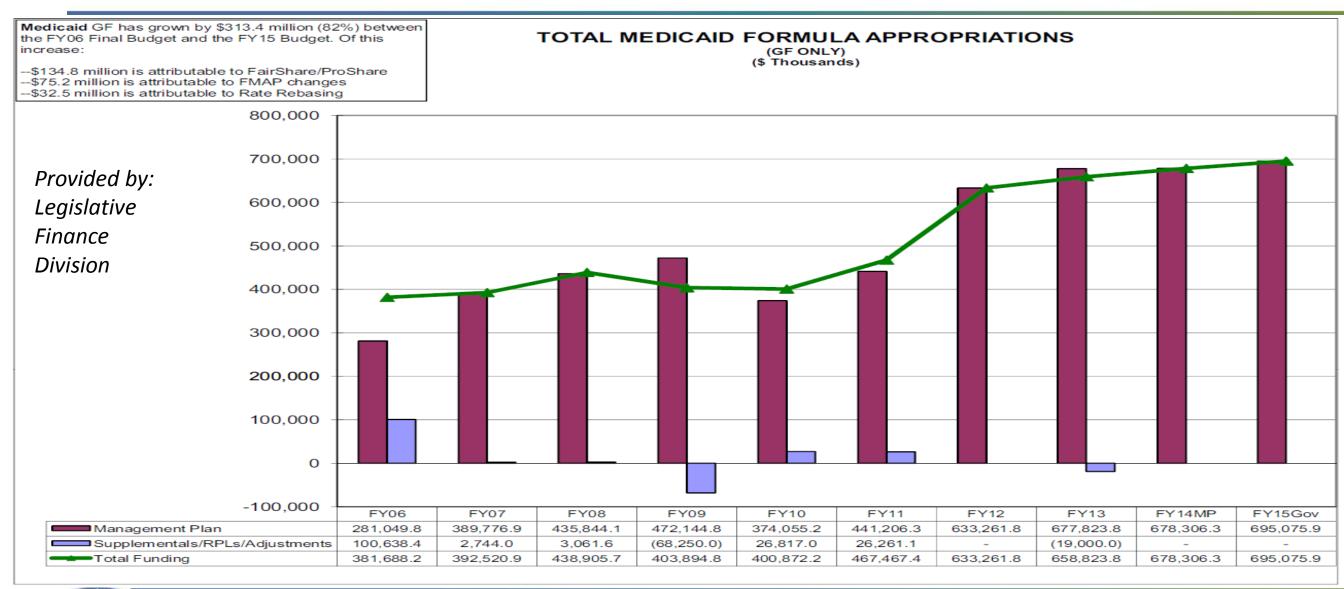


#### Allocation Summary 2007-2016

Multi-year Allocation Summary - Operating Budget - FY 2016 Governor Structure
Department of Health and Social Services
Medicaid Services Appropriation



#### General Fund 2006-2015





### Controlling Growth in Medicaid

The Options are Limited	
•Eligibility	•Compliance/Anti-Fraud
•Covered Services	•Innovations in Service Delivery
•Rates	•Technology
•Utilization Controls	•Maximize Revenue



## Covered Services

- Optional Benefits, but not really
- Limits on benefits?
- Considerations
  - Shifting bulge
  - Medicaid rules, Olmstead and other implications
  - CMS approval process
  - Access and quality impacts



#### Mandatory VS Optional Services

# Mandatory

- Inpatient hospital
- Outpatient hospital
- Physicians
- Nurse midwives
- Lab and X-ray
- Advanced Nurse Practitioners
- Early Periodic Screening, Diagnosis, and Treatment
- Family planning services
- Pregnancy-related services
- Nursing facility (NF) services
- Home Health (NF qualified)
- Medical/surgical dental services

# Optional

- MH Rehab/Stabilization
- Diagnostic/Screening/Preventive
- Therapies (OP, PT, SLP)
- Inpatient psychiatry <21 years</li>
- Drugs
- Intermediate Care Facility/ Intellectual Disability
- Personal care
- Dental
- Other home health
- Other licensed practitioners
- Transportation
- Targeted Case Management



# Rates

- Most common reduction by states
- Considerations
  - Reducing rates in one area may cause cost increases in another
  - Potential litigation
  - CMS approval of State Plan Amendment (SPA)
  - Impact on access and quality of care

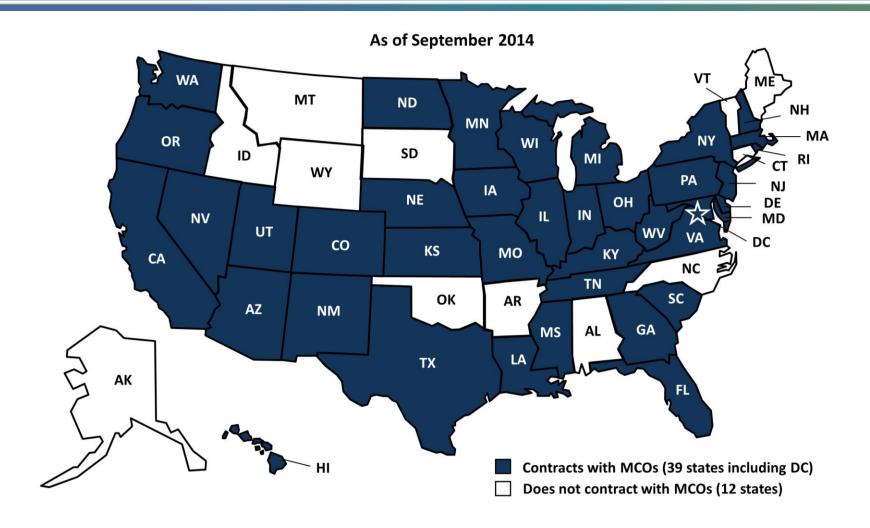


# Utilization Controls

- States may impose utilization controls to ensure appropriateness of treatment being funded
- Wide range of controls and screens
  - Prior Authorization
  - Post payment reviews
  - Hard or soft edits
  - Bundling, unbundling, and order of billing
  - New edits and audits for FFS (fee-for-service)



#### States that Contract with Managed Care Organizations (MCOs)





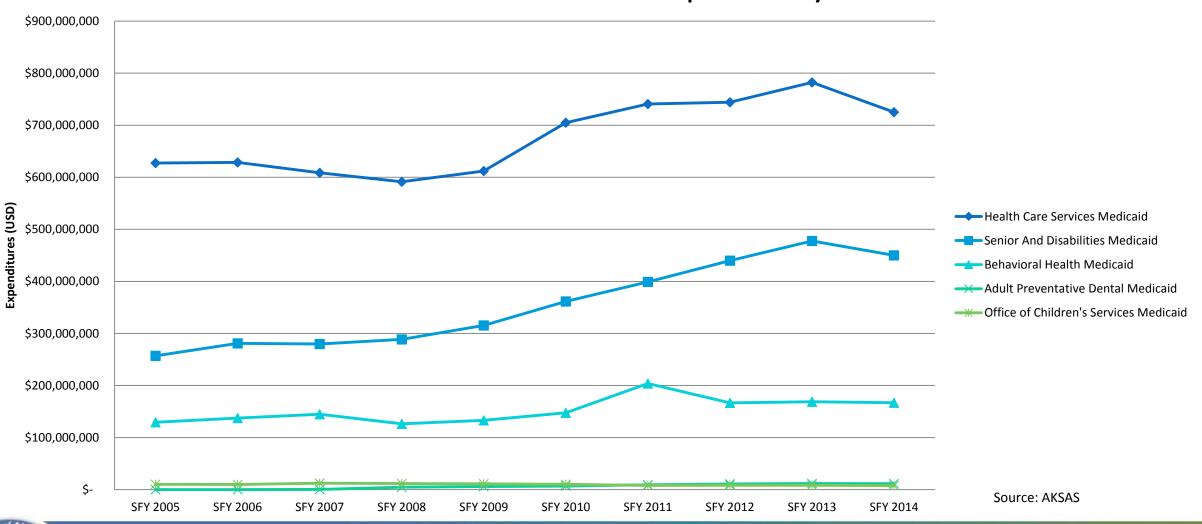
# Compliance/Anti-Fraud

- In some states may be an untapped area for savings
- Fraud in Medicaid is a reality
- Numerous methods and vendors
- Fraud undermines the entire program
- Politically popular reduction

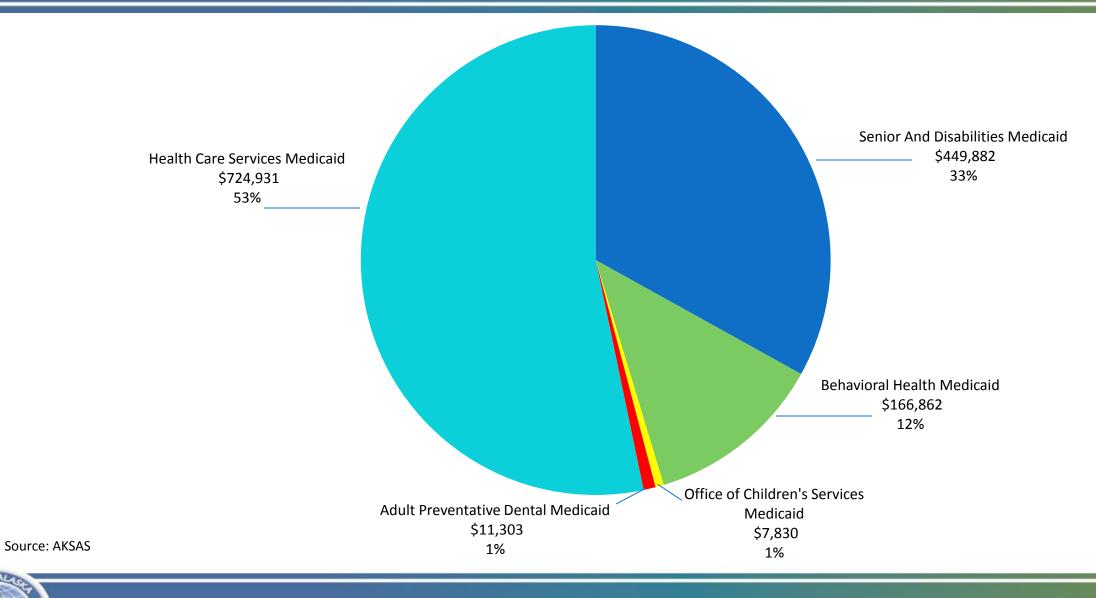


### FY 2005-2014 Medicaid Expenditures by Division

#### FY 2005-2014 Medicaid Direct Services Expenditures by Division



# FY 2014 Medicaid Expenditures by Division





#### Services Requiring Prior Authorization to Contain Costs

- Travel
- Hospital
- High Cost Imaging
- Adult Dental
- Waiver Services
- Behavioral Health



# Other Savings

- Including Rendering Providers on Claims
- Listing Referring, Ordering, and Prescribing Providers on Claims
- Meeting National Correct Coding Initiative Standards
- Auditing Providers
- Partnering with Tribes



# Additional Savings

- Commercial Insurance Recoupment
- Substitution to Generic Medication
- Using ClaimCheck
- Collecting Negative Balances
- Surveillance and Utilization Reviews
- Quality Assurance sections



### Independent Review

Pain Management Contract

 Psychotropic Medication Review for Children in OCS/DJJ Custody and those on Medicaid

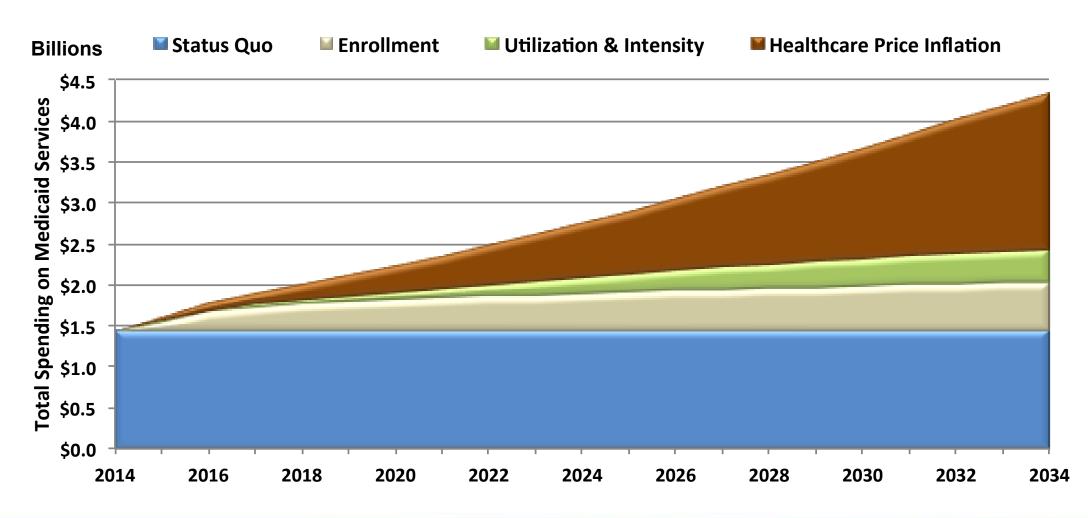


## Future Cost Containment Strategies

- Durable Medical Equipment payment regulation updates
- Collecting Patient Share of Cost regulation changes
- Acuity Rate Project
- Automated Service Plan

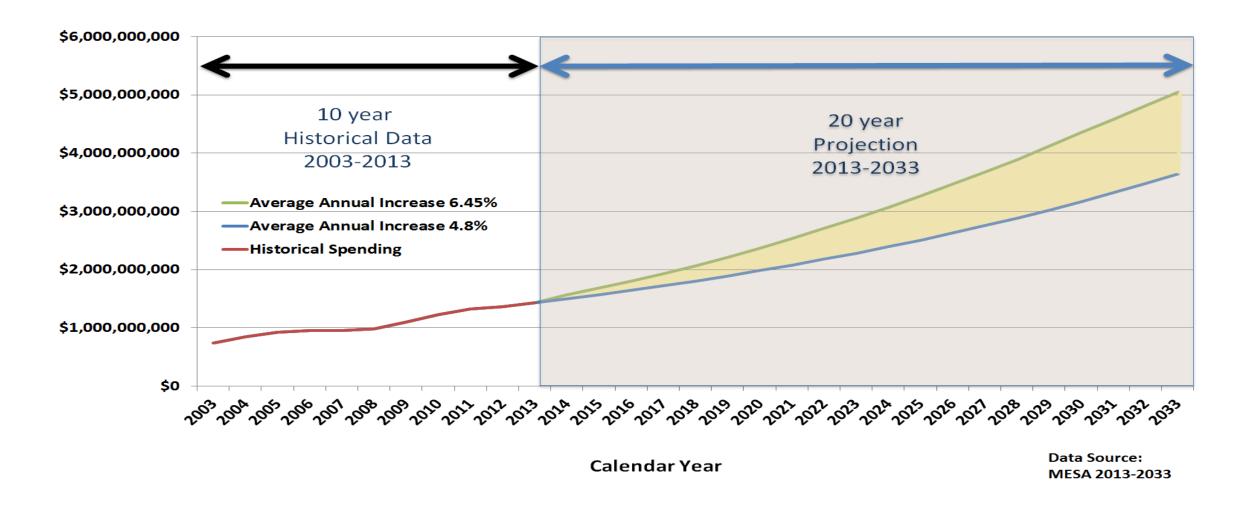


# Expenditures Avoided





## Expenditures Avoided





# QUESTIONS?

Thank You

