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## Complete well-woman care:

- · Annual exams & Pap smears
- Colposcopy
- Contraception
- 3D & 4D ultrasound
- · Care for heavy bleeding
- · PMS solutions
- Menopause care
- . Diagnosis & treatment of endometriosis

## Dedicated obstetric care:

- Prenatal care
- · Individualized birthing options
- Birthing at Mat-Su Regional Medical Center
- Low- & high-risk pregnancy care
- Diabetic pregnancy care
- Amniocentesis
- In-office stress testing
- Cesarean sections
- Vaginal births after C-section
- Certified midwife care
- · Infertility solutions

## Surgical solutions:

- Tubal ligation
- · Fibroid removal
- · Incontinence correction, bladder repair
- Laparoscopy
- Pelvic or uterine prolapse correction
- Hysterectomy vaginal, abdominal & laparoscopic
- · Laser surgery with CO, laser

## Pediatric:

- · Well child care
- Adolescent Medicine
- Circumcision
- Immunizations

February 5, 2014

To Whom It May Concern,

My name is Peggy Downing, MD, FACOG. I am the Governor-appointed physician who sits on the Board of Certified Direct-entry Midwives in Alaska. This is the second time I have served on this board. I was appointed to the very first Board of Direct-entry Midwives, about 20 years ago. I have worked closely with Direct-entry Midwives and consulted with and accepted referrals from CDMs. As an OB/GYN, I would like the Board to have the ability to effectively work with the CDM scope of practice and update the CDM standards to current national best practices.

On more than one occasion the Board has been prevented from updating and improving the regulations due to wording in statute. The statutes were written over 20 years ago and the Required Practices (Sec 08.65.140) needs to be taken out of statute and placed into Regulations where the Board can make much needed changes.

As a physician I am in support of the proposed legislation that the Midwives Association of Alaska would like to introduce through their legislators.

Please feel free to contact me if you have any questions.

Sincerely,

Peggy Downing, MD FACOG