

Parents as Teachers™

# Alaska



*Making a difference.*



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## Healthy Start

*When I first applied to the PAT program I already had two children and thought I knew all about children and how to be a parent. Yet, both my first two children had low birth weight and low amniotic fluid. After I applied, I found out I was expecting my third child. The PAT program helped me have a healthier pregnancy and I learned that brain development starts in the womb. My parent educator helped and taught me throughout every step of my pregnancy. My third baby had a healthy birth and healthy weight.*

Shannon, PAT Parent

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## Goals & Outcomes

*Improve parenting capacity, parenting practices, and parent-child relationships.*

96% of parents reported an increase in their understanding of their child's development.

90% of parents reported PAT motivates them to try new parenting strategies.

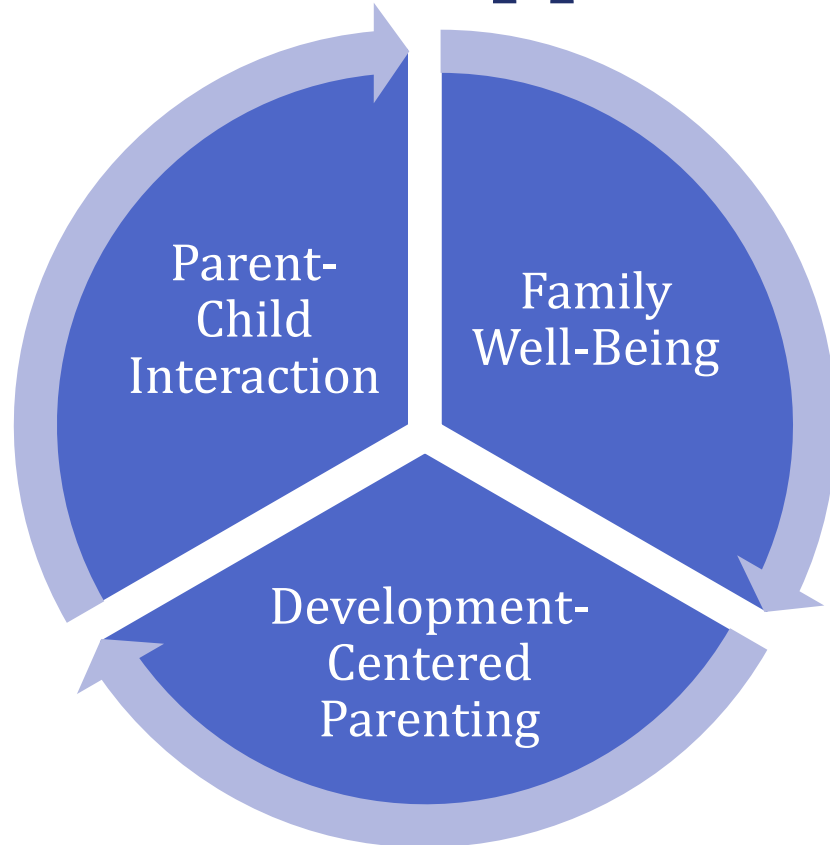
97% of parents reported activities in visits strengthen their relationship with their child.



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## The PAT Approach



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*Prevention and family education programs are most effective when they involve parents as partners.*



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## Early Detection

*I always find myself saying, "I wish we had this program when I had my first child. I bet if we would have had this program we would have found out, at an earlier age, that my son is autistic and could have given him the support he needed right away."*

Alicia, PAT Parent

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## Goals & Outcomes

***Provide early detection of developmental delays and health issues.***

86% of children enrolled in program received an initial screening within 90 days of enrollment.

Of those children screened, 28% were referred for further assessment.

Of the children who were further assessed, 16% were referred and received developmental follow-up services.



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## Supported Development

*Through the PAT program I have learned more ways and new activities to teach my children. I've noticed that my second child has started to talk and understand at an earlier age than my first child and I believe this program has something to do with that. Our visits have provided me with fresh ideas of ways to continue to challenge my children as they grow and have given me valuable insights into their ongoing development.*

Alexia, PAT Parent

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## Goals & Outcomes

*Increase children's school readiness and success.*

PAT parents reported an increase in engagement of literacy activities with their children.

Preliminary statewide data shows a statistically significant increase in the socio-emotional readiness and competency of PAT children entering their next educational setting compared to non-PAT children\*.

Preliminary regional data shows a higher number of PAT children demonstrate school readiness skills when compared to non-PAT children\*.



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## FY 14 Current Enrollment

**Families Served**  
**182**

**Children Served**  
**223**

**Waitlist**  
**32**

## FY 14 Cumulative Enrollment

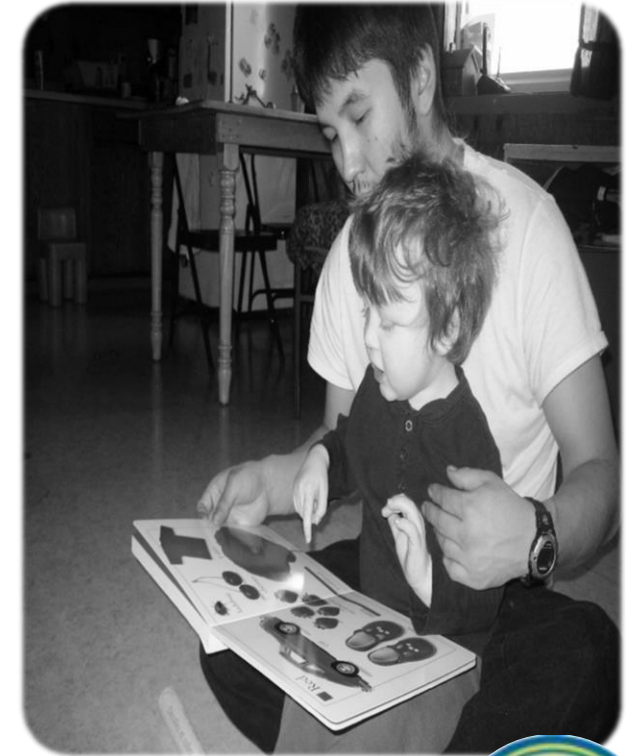
**Families Served**  
**215**

**Children Served**  
**228**



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