

# **THE LINK TO AGING SUCCESSFULLY: FAIRBANKS RESOURCE AGENCY HAS A SOLUTION**

January 2014



# FRA History

FRA has been caring for individuals with intellectual and developmental disabilities and seniors with disabling conditions in the Fairbanks area for over 45 years.



# FRA Senior Services

- **Care Coordination – brokering needed services**
- **Respite Care – giving caregivers a break**
- **Adult Day Center – out of home respite care**
- **Chore Services – in-home services**
- **Family Caregiver Services – support the caregiver**
- **Senior Outreach, Assessment and Referral (SOAR) – public education**
- **Future: Assisted Living – more to come**

# Residential Options for Seniors

- **Independent Senior Housing**
  - Able to live independently
  - Raven Landing, South Hall
- **Assisted Living Homes**
  - Requires support with Activities of Daily Living (ADL)
  - Fairbanks Pioneer's Home
  - Caring Bridges
- **Nursing Homes**
  - Requires skilled nursing care
  - Denali Center



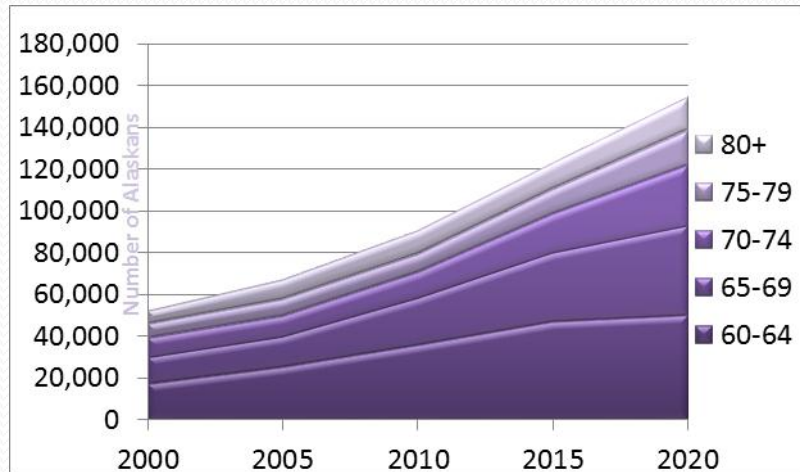
# Assisted Living Services

- **Community-based residence in home-like setting**
- **Full-time staff support**
- **Assistance with Activities of Daily Living (ADL)**
- **Accommodation for Alzheimer's disease and related disorders (ADRD)**
- **Social, recreational and therapeutic services**
- **Age-in-place living and continuity of care**

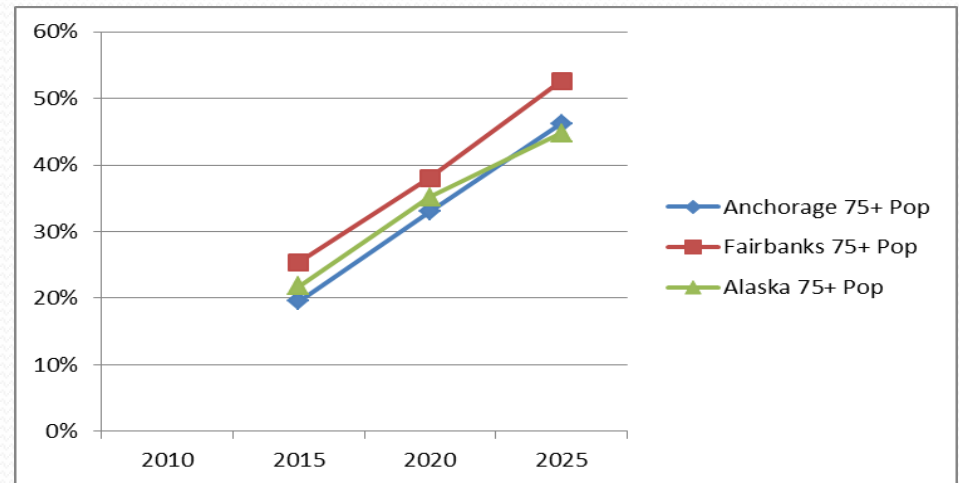
# Senior Population Facts

*Alaska Senior Population Rates Increasing Four Times  
Rest of Nation*

**Projected Senior-Alaskan  
Population By Age**



**Comparing Fairbanks, Anchorage, and Alaska  
Projected Population Growth by Percentage  
for Ages 75+**



# Alaska Regional Data

## **Anchorage/Mat-Su Region**

Anchorage Borough  
Matanuska-Susitna Borough

## **Gulf Coast Region**

Kenai Peninsula Borough  
Kodiak Island Borough  
Valdez-Cordova Census Area

## **Interior Region**

Denali Borough  
Fairbanks North Star Borough  
Southeast Fairbanks Census Area  
Yukon-Koyukuk Census Area

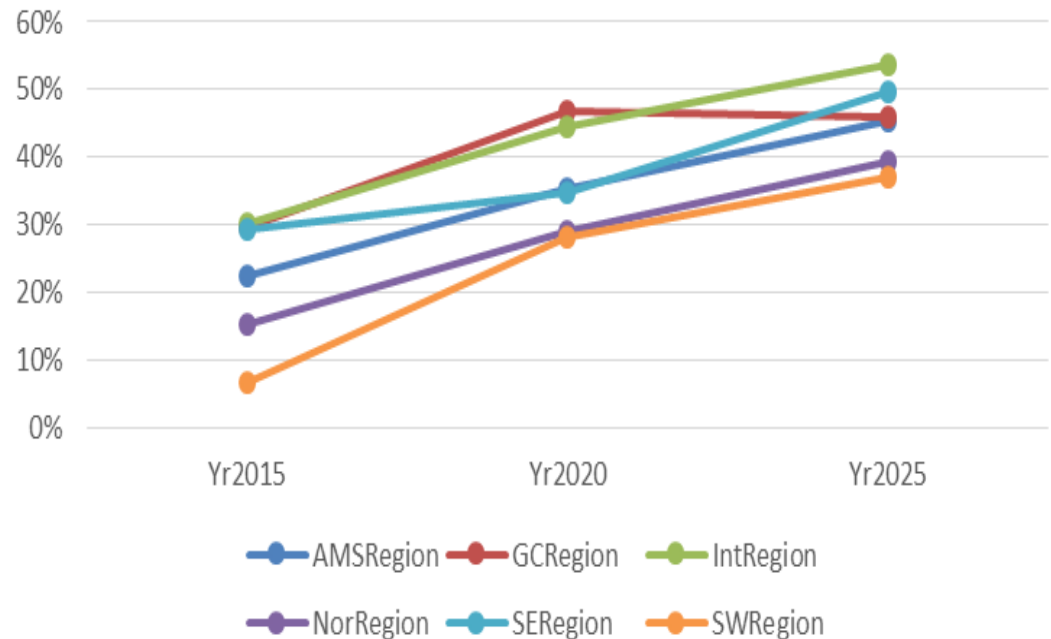
## **Northern Region**

Nome Census Area  
North Slope Borough  
Northwest Arctic Borough

## **Southeast Region**

Haines Borough  
Hoonah-Angoon Census Area  
Juneau Borough  
Ketchikan Gateway Borough  
Petersburg Census Area  
Prince of Wales-Hyder Census Area  
Sitka Borough  
Skagway Borough  
Wrangell Borough  
Yakutat Borough

Comparing Alaska's Six Regions Projected Population Growth by Percentage for Ages 75+





# Alaska Regional Data

	YEAR 2015	YEAR 2020	YEAR 2025
<b>AMS Region</b>	<b>23%</b>	<b>35%</b>	<b>45%</b>
<b>GC Region</b>	<b>30%</b>	<b>47%</b>	<b>46%</b>
<b>Int Region</b>	<b>30%</b>	<b>45%</b>	<b>54%</b>
<b>Nor Region</b>	<b>15%</b>	<b>29%</b>	<b>39%</b>
<b>SE Region</b>	<b>29%</b>	<b>35%</b>	<b>50%</b>
<b>SW Region</b>	<b>7%</b>	<b>28%</b>	<b>37%</b>
<b>Fairbanks</b>	<b>31%</b>	<b>44%</b>	<b>57%</b>

*Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section*



# The Fairbanks Area Picture

- 2012 est. seniors needing assisted living: **1,100**
- 2020 est. seniors needing assisted living: **2,000**



## Fairbanks Assisted Living Residences

RESIDENCES	CAPACITY	OCCUPANCY**
Pioneers' Home	93	full
Caring Bridges	16	15
Eagles Wings LLC	15	14
Hope Haven	10	8
Let Us Care	5	full
Lilley Lodge	5	4
Rocking Years I	5	4
Rocking Years II	10	9
Wild Iris Comfort Care	5	4
	<b>164</b>	
Borealis Assisted Living Home    NEWLY OPENED NOT LICENSED	10	0
Agewise Alaska    NEWLY OPENED NOT LICENSED	8	0
**majority of vacancies are private pay <b>Total Available</b>	<b>182</b>	

# Challenges to Assisted Living Development

- **Economic risks to developers / owners**
- **High cost of construction and renovation**
- **Workforce shortages**
- **State public rates are considered inadequate**
- **Private pay costs are extremely high**
- **Careful mix of private and public funding is essential**

# The Solution

***FRA has the solution to address our senior housing needs and public health crisis!***

- Facility design
- Development strategy
- Sustainable operational plan
- Model that can be replicated across the state





# Added Community Benefit

- **Economic boost to our community**
- **New jobs**
- **Purchasing power**
- **Families and seniors remain in Fairbanks**



# Next Steps

- Let's have a conversation!
- Where do we go from here?
- What are the next steps?



**“THERE ARE ONLY FOUR KINDS OF PEOPLE IN THIS  
WORLD.**

**THOSE WHO HAVE BEEN CAREGIVERS,  
THOSE WHO ARE CAREGIVERS,  
THOSE WHO WILL BE CAREGIVERS,  
AND THOSE WHO WILL NEED CAREGIVERS.”**

**ROSALYNN CARTER, FORMER FIRST LADY**